

You're at home here.



**SALE**

**9<sup>99</sup>**  
/lb

**Boneless Beef Striploin Halves**

Cut from Canada AA Grade or Higher  
Aged 14 Days  
Random Cryovac Wrapped



22.02/kg

raised in WESTERN CANADA

HAPPY  
*Mother's*  
DAY

**SALE**

**\$22**  
/ea

**Maple Leaf Prime Boneless Skinless Chicken Breasts**

Grain Fed, Free Run, Air Chilled  
Club Package of 7



**SALE**  
**2<sup>99</sup>**  
/ea

**Strawberries**

Produce of U.S.A. / Imported  
No. 1 Grade  
1 lb (454 g)



**SALE**

**3<sup>99</sup>**  
/ea

**Tricolour Peppers**

Greenhouse Grown  
Produce of Western Canada  
Package of 3



**SALE**  
**9<sup>99</sup>**  
/lb

**Wild Caught Canadian Crab Clusters**

22.02/kg



**SALE**

**2<sup>99</sup>**  
/ea

**Romaine Hearts**

Produce of U.S.A.  
No. 1 Grade  
Package of 3



**SALE**  
**2<sup>99</sup>**  
/ea

**Natural Bakery Canadian Rye Bread**

500 g



**SALE**

**6<sup>99</sup>**  
/ea

**Kraft Singles**

825 g or Cheez Whiz 900 g



**SALE**  
**2<sup>99</sup>**  
/ea

**Activia Yogurt**

625 - 650 g, Danone Danino Drinkable Yogurt  
6 x 93 mL or Two Good Greek Yogurt 4 x 95 g



**SALE**

**4<sup>99</sup>**  
/ea

**Nestlé Real Dairy Ice Cream or Frozen Dessert**

1.5 L, Novelties Package of 4 - 12  
or Del Monte Novelties Package of 10



**SALE**  
**1<sup>99</sup>**  
/ea

**Co-op Gold Natural Spring Water**

12 x 500 mL



Find Inspiration at: [food.crs](http://food.crs)

PRICING IN EFFECT MAY 8 - 15, 2024

09 10 11 12 13 14 15  
TOP 10 11 12 13 14 15  
WKS

CO-OP IS A TRADE NAME

SALE DATES AND STORE HOURS VARY BY LOCATION. CHECK ON LINE OR IN-STORE FOR DETAILS.

# HAPPY Mother's DAY

**2 FOR \$8**  
Co-op Gold Extra Large or Brown Large Eggs  
Package of 12

**2 FOR \$9**  
Tropicana or Pure Leaf Beverages  
Selected Varieties  
1.5L-1.75L

**SALE \$3.99 /ea**

**McCain Specialty Potatoes**  
or Bites, Breakfast or Superfries  
Frozen  
454-800 g

**SALE \$12.99 /ea**

**Co-op Gold Thick Sliced Bacon**  
1 kg

**SALE \$11.99 /ea**

**Mother's Day Cake**  
Made In-store  
8-inch

**SALE \$12.99 /ea**

**Nabob Coffee**  
915-930 g Pods Package of 30  
or Maxwell House  
Package of 30

**SALE \$16.99 /ea**

**Strawberry Shortcake**  
Made In-store  
8-inch

**SALE \$19.99 /ea**

**Premium Rose or Lily Bouquet**  
Vase not included

**SALE \$23.99 /ea**

**Blooming Magic Bouquet**  
Vase not included

**SALE \$39.99 /ea**

**Waterfall Orchid**  
5-inch

**SALE \$11.99 /ea**

**Potted Rose**  
6-inch Pot  
Grown in Western Canada

**SALE \$32.99 /ea**

**Mother's Day Arrangement**  
Vase not included

## Thanks Mom

FREE \$10 CO-OP GOLD GIFT CARD WITH PURCHASE OF HAPPY HER, HAPPY THANK YOU, OR HAPPY ACTIVE! (MINIMUM \$50 VALUE)

The perfect gift: flowers, greeting card and a gift card.



SAVE WITH THE CO-OP APP

# BRING MORE

SAVINGS HOME *with*  
VALUE PRICED  
EVERY DAY!

*Everyday prices you can trust  
on items you buy most often.*

[Click for more  
WAYS TO SAVE](#)

Pricing available at participating Co-op Food Stores

✓ VALUE  
PRICED  
EVERY  
DAY  
**41**<sup>98</sup>  
/ea

## Pampers Swaddlers Diapers

Huge Pack of 100 - 160

WORKS OUT TO  
**36¢**  
PER SIZE 4 DIAPER



✓ VALUE  
PRICED  
EVERY  
DAY  
**36**<sup>98</sup>  
/ea

Similac  
Powder  
Go & Grow  
850 g



✓ VALUE  
PRICED  
EVERY  
DAY  
**4**<sup>98</sup>  
/ea

Q-Tips Cotton  
Swabs  
Package of 400



**FARM FRESH PRODUCE**

**SALE \$5.99 / ea**

**Heirloom Navel Oranges**  
Produce of U.S.A.  
4 lb (1.81 kg)

King River Packing Heirloom Navel Oranges are a slice of history, carefully nurtured to retain the authentic flavours and characteristics of their ancestors. Grown on trees over 150 years old, each fruit is hand-picked, embodying a legacy of superior taste and unparalleled quality.

**SALE \$3.49 / ea**

**Mini Cucumbers**  
Greenhouse Grown  
Produce of Western Canada  
Package of 6

grown in **WESTERN CANADA**

**SALE \$2.99 / ea**

**Inspired Greens Living Lettuce**  
Red or Green Batavia  
Romaine Trio or Multi Leaf  
Greenhouse Grown  
Produce of Western Canada  
Canada No. 1

grown in **WESTERN CANADA**

**2 FOR \$5**

**Carrots**  
Produce of U.S.A.  
No. 1 Grade  
2 lb (907 g)

**Mann's Green Beans**  
Produce of U.S.A.  
340 g

**SALE \$3.99 / ea**

**Mann's Green Beans**  
Produce of U.S.A.  
340 g

**2 FOR \$11**

**Taylor Farms Chopped Salad Kits**  
Produce of U.S.A.  
Selected Varieties  
316 - 396 g

**SALE \$4.99 / ea**

**Cauliflower**  
Produce of U.S.A.  
No. 1 Grade

**2 FOR \$7**

**Snacking Tomatoes**  
Assorted Varieties  
Produce of Western Canada  
1 Dry Pint (571 mL)

grown in **WESTERN CANADA**

**SALE \$1.99 / ea**

**Mangoes**  
Imported

**SALE \$5.99 / ea**

**Key Limes**  
Imported  
1 lb (454 g)

**SALE \$5.99 / ea**

**Pink Lady or Granny Smith Apples**  
Imported  
Extra Fancy  
3 lb (1.36 kg)

**SALE \$3.49 / ea**

**Organic Celery Stalk**  
Produce of U.S.A.  
No. 1 Grade

**ORGANIC**

**2 FOR \$6**

**Organic Mini Peeled Carrots**  
Produce of U.S.A.  
No. 1 Grade  
1 lb (454 g)

**ORGANIC**

**2 FOR \$6**

**Organic Whole White or Mini Bella Mushrooms**  
Produce of Western Canada  
227 g

**ORGANIC**

**ORGANIC**

2 ♡ HAPPY mother's DAY ♡

CO-OP 93 West 20 Ave

**NEW**  
AT CO-OP

Check out the many  
new products we have  
in-store at your local  
Co-op.

**SALE**  
**19<sup>99</sup>**  
/ea

 **GLUTEN-FREE**

## The Keg Chuck, Prime Rib and Brisket Beef Burgers

Frozen  
680 g



The great flavour of our Classic Keg  
all beef burger – for the ultimate grilling  
experience ...it simply doesn't get any better!

**2 FOR**  
**\$9**

## Nestlé Snacks or Chocolate Bars

Package of 4 or Bags  
135 - 203 g



Get Poppin!  
Indulge in a burst of crunchy delight  
with Kit Kat Smarties POPS.

**BUTCHER SHOP**

TREAT MOM WITH

*Surf & Turf*

**SALE 9<sup>99</sup> /ea**

**Wild Caught Canadian Lobster Tail**  
3-4 oz.

**SALE 18<sup>99</sup> /lb**

**Co-op AAA Boneless Beef Striploin Grilling Steak**  
Cut by Your Local Butcher  
Aged 21 Days

41.87/kg

raised in WESTERN CANADA

**SALE 7<sup>99</sup> /lb**

**Co-op Boneless Beef Outside Round Oven Roast**  
Cut by Your Local Butcher  
Aged 14 Days

17.61/kg

**SALE 2<sup>29</sup> /lb**

**Co-op Whole Chickens**  
Grain Fed, Free Run, Air Chilled  
Value Pack

5.05/kg

raised in WESTERN CANADA

**SALE 16<sup>99</sup> /lb**

**Co-op Beef Prime Rib Grilling Steaks**  
Cut by Your Local Butcher  
Aged 14 Days  
Value Pack

37.46/kg

**SALE 8<sup>99</sup> /lb**

**Co-op Glazed Boneless Skinless Chicken Breasts**  
Prepared by Your Local Butcher  
Selected Varieties

19.82/kg

**SALE 9<sup>99</sup> /lb**

**Co-op Gourmet Stuffed Mushroom Caps**  
Prepared by Your Local Butcher  
Selected Varieties

22.02/kg

**SALE 3<sup>49</sup> /lb**

**Co-op Pork Side Ribs**  
Breast Bone-off  
Cut by Your Local Butcher  
Value Pack

7.69/kg

**SALE 4<sup>99</sup> /lb**

**Co-op Boneless Pork Loin Centre Chops**  
Also Available Glazed  
Cut and Prepared by Your Local Butcher  
Value Pack

11.00/kg

**SALE 7<sup>99</sup> /lb**

**Co-op Premium Berkshire Sired Pork Loin Frenched Rack**  
100% Traceable to the Farm  
Renowned for its Exceptional Marbling and Tenderness  
Random Cryovac Wrapped

17.61/kg

MB

**FISH SHOP**

**SALE 9<sup>99</sup> /ea**

**Co-op Gold All Natural Cod Fillets**  
Frozen  
400 g

**SALE 2<sup>99</sup> /100 g**

**Locally Sourced Steelhead Trout Fillets**  
Product of Saskatchewan

also available at full service meat counters

SK

raised in WESTERN CANADA

**SALE 9<sup>99</sup> /ea**

**Co-op Gold Shrimp**  
Frozen  
340 g

**SALE 9<sup>99</sup> /ea**

**Co-op Gold Shrimp Appetizers**  
Frozen  
Selected Varieties  
310 - 340 g

**SALE 19<sup>99</sup> /ea**

**Marina Del Rey Snow Crab Legs**  
Frozen  
454 g

GRANDS SAUMURES WILD CAUGHT CRAB

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Coca-Cola **MARVEL**

# A NEW ALLIANCE ASSEMBLES

COLLECT YOUR MARVEL FAVOURITES FOR A LIMITED TIME



**2 FOR  
\$14**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

## Coca-Cola or Canada Dry Products

Selected Varieties  
12 x 355 mL or  
Nestea or Peace Tea  
12 x 341 mL



**3 FOR  
7<sup>98</sup>**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

## Glaceau Vitamin Water

591 mL or Smartwater  
1 L



**3 FOR  
7<sup>98</sup>**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

## Monster, Reign, NOS or Full Throttle Energy Drinks

355 - 473 mL



PREPARED FOODS

<p><b>SALE</b> <b>1</b><sup>29</sup> /100 g</p> <p><b>Loaded Baked Potato Salad</b></p> 	<p><b>SALE</b> <b>1</b><sup>99</sup> /100 g</p> <p><b>Seafood Surprise Dip</b> Made In-store</p> 
<p><b>SALE</b> <b>6</b><sup>99</sup> /ea</p> <p><b>Submarine Sandwiches</b> Made In-store</p> 	

FRESH FROM OUR DELI

<p><b>SALE</b> <b>2</b><sup>99</sup> /100 g</p> <p><b>Grimm's Smoked Deli Ham</b> Fresh Sliced In-store</p> 	<p><b>SALE</b> <b>4</b><sup>99</sup> /ea</p> <p><b>Duso's Pasta</b> 230 - 300 g or Boursin 150 g</p>  <p><b>SALE</b> <b>3</b><sup>99</sup> /ea</p> <p><b>Summer Fresh Dips or Hummus</b> 227 g</p> 
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<p><b>SALE</b> <b>5</b><sup>99</sup> /ea</p> <p><b>Co-op Gold Feta</b> 200 g</p> 	<p><b>SALE</b> <b>8</b><sup>99</sup> /ea</p> <p><b>Co-op Gold Cheese Blocks</b> Selected Varieties 250 - 320 g</p> 	<p><b>2 FOR</b> <b>10</b><sup>98</sup></p> <p><b>Castello Cheese Slices</b> 145 - 165 g</p> 
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PACKAGED MEATS

<p><b>SALE</b> <b>46</b><sup>99</sup> /ea</p> <p><b>Co-op Gold Beef Burgers</b> Frozen 4 kg</p> 	<p><b>SALE</b> <b>17</b><sup>99</sup> /ea</p> <p><b>Co-op Gold Boneless Ham</b> 1.5 kg</p> 	<p><b>SALE</b> <b>12</b><sup>99</sup> /ea</p> <p><b>Montana's Fully Cooked Pork Back Ribs</b> 650 g</p> 
<p><b>SALE</b> <b>8</b><sup>99</sup> /ea</p> <p><b>Co-op Centsibles Wieners</b> 675 g - 1 kg or Schneiders Thüringer Sausage 500 g</p> 	<p><b>SALE</b> <b>13</b><sup>99</sup> /ea</p> <p><b>Co-op Gold Smokies</b> 575 g - 1 kg or Co-op Centsibles Garlic Sausage Coil 1 kg</p> 	<p><b>SALE</b> <b>4</b><sup>99</sup> /ea</p> <p><b>Co-op Centsibles Sliced Side Bacon</b> 375 g</p> 
<p><b>SALE</b> <b>7</b><sup>49</sup> /ea</p> <p><b>Harvest Shelf Stable Meat Snack Sticks or Mini Stix</b> 250 - 375 g or Sliced Back Bacon 250 g</p> 	<p><b>SALE</b> <b>7</b><sup>99</sup> /ea</p> <p><b>Drake Farmer Sausage</b> 500 g</p> 	<p><b>3 FOR</b> <b>\$9</b></p> <p><b>Schneiders Lunchmate Stackers, Kits or Adult Snack Kits</b> 75 - 120 g or Main Street Deli Sliced Deli Meats 100 - 150 g</p> 

4 HAPPY mother's DAY

CO-OP 04/Week 20 14pp





4 FOR  
\$ 5

### Hershey's Chocolate Bars

34 - 58 g, Jolly Rancher Misfits  
60 g or Twizzlers  
60 - 90 g



NEW



2 FOR  
\$ 4

### Hershey's King Size Chocolate Bars

62 - 85 g

I ♥  
**Reese's**  
DAY  
MAY 18<sup>TH</sup>



2 FOR  
9<sup>98</sup>

### Hershey's or Brookside Chocolate Snacks

160 - 290 g or Twizzlers Press'd  
100 g

FRESH FROM OUR BAKERY

**SALE**  
**5<sup>99</sup>**  
/ea

**Two-Bite Donuts or Cupcakes**  
Package of 12 or Kimberley's Cookies  
Package of 10  
Selected Varieties

**SALE**  
**16<sup>49</sup>**  
/ea

**Fruit Topped Cheesecake**  
Prepared in-store  
7-inch

**SALE**  
**6<sup>99</sup>**  
/ea

**Apple Valley Pies**  
Selected Varieties  
600 - 620 g

**SALE**  
**3<sup>99</sup>**  
/ea

**All Butter Croissants**  
Baked in-store  
Package of 6

**SALE**  
**5<sup>99</sup>**  
/ea

**Cinnamon Buns**  
Baked in-store  
Sticky or Cream  
Cheese Iced  
Package of 6

**SALE**  
**5<sup>99</sup>**  
/ea

**Co-op Gold Loaf Cake**  
Baked in-store  
454 g

**NEW**

**SALE**  
**2<sup>99</sup>**  
/ea

**Co-op Centsibles English Muffins**  
Package of 6

**SALE**  
**2<sup>49</sup>**  
/ea

**Co-op Gold PURE Artisan Baguette**  
Baked in-store  
Selected Varieties  
285 - 330 g

**SALE**  
**3<sup>99</sup>**  
/ea

**Dempster's Tortillas**  
10-inch  
Package of 6 - 10

CHARCUTERIE FOR MOTHER'S DAY

**SALE**  
**9<sup>99</sup>**  
/ea

**Balderson Canadian Cheddar Cheese**  
Selected Varieties  
250 - 280 g

**SALE**  
**8<sup>99</sup>**  
/ea

**Co-op Gold Charcuterie Trio Packs**  
200 g

**SALE**  
**9<sup>99</sup>**  
/ea

**Co-op Gold Double Crème Brie or Camembert**  
100 g

**SALE**  
**8<sup>49</sup>**  
/ea

**Divina Olive Cups**  
Selected Varieties  
198 - 320 mL

**SALE**  
**5<sup>49</sup>**  
/ea

**Lesley Stowe Raincoat Crisps**  
150 g

FOR YOUR HOME

**SALE**  
**1<sup>99</sup>**  
/ea

**Bamboo Skewers**  
Package of 100

**SALE**  
**2<sup>99</sup>**  
/ea

**Fiesta Taco Plate**

**SALE**  
**6<sup>99</sup>**  
/ea

**Frostware Pitcher**  
2.25 Quart

**SALE**  
**7<sup>99</sup>**  
/ea

**BBQ King Grill Pan**  
Package of 7

HAPPY MOTHER'S DAY 5

CO-OP IS A TRADE MARK



**HEINZ**  
ESTD 1869



**FREE\***  
**CO-OP® GOLD NATURAL  
SPRING WATER (12 X 500 ML)**

**3 FOR  
9<sup>99</sup>**

**Liquid or Powder  
Water Enhancers**  
Selected Varieties  
48 mL or Package of 4 - 10



**WHEN YOU  
BUY ANY 3  
PARTICIPATING  
PRODUCTS**



**UP YOUR  
water  
GAME**

**NEW ENERGY WITH *caffeine***

**EXCLUSIVE TO  
CO-OP® TGP®  
OFFER EXPIRES: May 22, 2024**

*\*See in-store coupon for a  
complete list of participating  
products and offer details.*

**2 FOR  
\$9**

**Renée's  
Dressing or Dip**  
Selected Varieties  
350 - 355 mL



**SALE  
29<sup>99</sup>  
/ea**

**Maxwell House  
or Nabob Coffee**  
Package of 56 - 60



FROM THE FREEZER

**3 FOR 12<sup>99</sup>**  
**Crave or KD Deluxe Frozen Entrées**  
 200 - 340 g

**3 FOR 9<sup>75</sup>**  
**Cheemo Perogies**  
 Frozen 815 - 907 g

**SALE 5<sup>99</sup> /ea**

**Dr. Oetker Pizza**  
 Ristorante or Casa di Mama  
 Frozen 320 - 410 g

**SALE 9<sup>99</sup> /ea**

**Bertolli, Swanson Skillet or P.F. Chang's Meals**  
 Frozen Selected Varieties & Sizes

**SALE 14<sup>99</sup> /ea**

**High Liner Fish**  
 Signature Packs or Pan Seared Selects  
 Frozen Selected Varieties 425 - 540 g

**SALE 5<sup>49</sup> /ea**

**Häagen-Dazs Ice Cream**  
 Frozen 400 - 450 mL

FOR YOUR PANTRY

**SALE 16<sup>99</sup> /ea**

**Co-operative Coffee**  
 Package of 30 - 40

**SALE 7<sup>99</sup> /ea**

**Co-op Gold Peanut Butter**  
 2 kg

**2 FOR 9<sup>98</sup>**

**Co-op Gold PURE Spread**  
 340 - 360 mL

**SALE 3<sup>98</sup> /ea**

**Hellmann's Mayonnaise**  
 340 - 445 mL

**3 FOR 9<sup>99</sup>**

**Betty Crocker Snacks**  
 128 - 138 g, Nature Valley Bars 130 - 230 g,  
 Pillsbury Snacks 139 - 150 g  
 or General Mills Snacks 120 - 175 g  
 or Mott's FruitSnacks 226 g

**2 FOR \$9**

**Hershey's Chipits**  
 180 - 270 g

**2 FOR \$5**

**Del Monte Fruit**  
 398 mL

**2 FOR \$8**

**Quaker Cereal**  
 Selected Varieties 350 - 510 g

**SALE 12<sup>99</sup> /ea**

**Quaker Bars**  
 Selected Varieties 935 - 960 g

**SALE 4<sup>49</sup> /ea**

**Pearl Milling Company Pancake Mix**  
 905 g or Syrup 710 mL

**SALE 19<sup>99</sup> /ea**

**Tim Hortons Coffee**  
 875 - 930 g

**SALE 29<sup>99</sup> /ea**

**Tim Hortons Coffee**  
 Package of 48

**3 FOR 7<sup>98</sup>**

**Tim Hortons Soup**  
 400 - 540 mL

CO-OP 98 West 20 Spring

FRESH DAIRY

**2 FOR \$8** Dairyland Sour Cream 750 mL or Cottage Cheese 500 g

**3 FOR \$10.98** Philadelphia Dips 227 g

**SALE \$4.99/ea** Co-op Gold Cheese Selected Varieties 220 - 250 g

**SALE \$5.69/ea** Natrel Plus or Lactose Free Milk 2 L or Creamer 1 L

**SALE \$9.99/ea** Oikos Greek Yogurt 12 x 100 g

**SALE \$5.99/ea** Oikos Greek Yogurt 650 - 750 g or Activia 12 x 100 g

**2 FOR \$6** International Delight Coffee Creamer 473 mL

FOR YOUR PANTRY

**4 FOR \$8** Knorr Sidekicks 120 - 153 g

**2 FOR \$5** Annie's Pasta 170 g or Betty Crocker Potatoes 141 - 215 g

**2 FOR \$6.98** Co-op Gold Pickles 500 mL or 1 L, Pickled Beets or Hot Pepper Rings 750 mL

**4 FOR \$7** Clover Leaf Skipjack or Flavoured Tuna 85 - 120 g, Salmon Salad 78 g or Brunswick Sardines or Seafood Snacks 92 - 100 g

**2 FOR \$6** Gold Seal Pink Salmon 213 g or Ocean's Albacore White Tuna 120 g

**4 FOR \$5** Co-op Gold Mushrooms Pieces and Stems 284 mL

**2 FOR \$4.98** Co-op Gold Dressing Selected Varieties 475 mL

**2 FOR \$4** Catelli Pasta 375 - 500 g or Co-op Centisibles Pasta Sauce 650 mL

**WAKE UP TO SAVINGS** Smucker's Jam or Fruit Spread 250 - 500 mL, Adams Peanut Butter 500 g or Jif Peanut Butter 375 - 500 g

**SALE \$9.99/ea** Jif Peanut Butter 1 kg

**SALE \$10.99/ea** Folgers Coffee 544 - 865 g

for your baby!

**SALE \$29.99/ea** Pampers Swaddlers Package of 44 - 36, Coisiers Package of 44 - 64, and Easy Ups Package of 46 - 66 Selected Varieties

**5 FOR \$5** Personelle Organic Baby Food Pouches 128 mL

**SALE \$57.99/ea** Similac Concentrate 12 x 385 mL or Ready to Use 16 x 235 mL

DRINKS & SNACKS

**3 FOR 9<sup>99</sup>** Co-op Gold Peanuts  
Selected Varieties  
275 - 300 g

made in WESTERN CANADA

**SALE 2<sup>99</sup> /ea** Co-op Gold Cookies  
250 - 350 g

**NEW AT CO-OP**

**2 FOR 5<sup>50</sup>** Coca-Cola or Pepsi Products  
Selected Varieties  
2L

**4 FOR \$6** Powerade  
710 mL or 946 mL

**3 FOR 11<sup>97</sup>** Kool-Aid Jammers  
10 x 100 mL

**SALE 8<sup>99</sup> /ea** The Great Gentleman Ginger Beer  
Non-Alcoholic  
6 x 250 mL

**HAPPY Mother's Day**  
FROM OLD DUTCH  
70th Anniversary

**2 FOR \$7** Old Dutch Potato Chips  
235 g or Ridges 200 g  
Selected Varieties

**2 FOR \$7** Old Dutch Restaurant Tortilla Chips  
235 - 245 g or Arriba  
235 - 245 g

**2 FOR \$7** Old Dutch Crunch  
200 g

FOR YOUR HOME & PETS

**SALE 11<sup>99</sup> /ea** Purina Tidy Cats  
2.72 kg

**SALE 11<sup>49</sup> /ea** Rollover Dog Food  
2 kg or Purina One SmartBlend  
1.81 kg or True Instinct  
1.72 kg

**SALE 38<sup>99</sup> /ea** Whiskas Dry Cat Food  
9.1 kg or Iams  
7.26 kg

**SALE 18<sup>99</sup> /ea** Cesar Variety Pack  
Package of 12

**SALE 11<sup>99</sup> /ea** Bounce, Gain or Downy Laundry Products  
Selected Varieties & Sizes

**SALE 14<sup>99</sup> /ea** Cascade ActionPacs  
Selected Varieties  
Package of 39 - 60

**SALE 12<sup>99</sup> /ea** Co-op Gold Bathroom Tissue  
Package of 24 Triple Rolls

**SALE 7<sup>49</sup> /ea** Alcan Foil  
100 ft or Ultimate Grill Foil  
35 ft

**OFF!** **SALE 11<sup>99</sup> /ea** OFF! Insect Repellent  
Deepwoods, Botanicals or Lamp Refills  
Selected Varieties & Sizes

**SALE 9<sup>99</sup> /ea** OFF! Insect Repellent  
Deepwoods, Familycare, Active or Outdoor  
Selected Varieties & Sizes

**SALE 9<sup>99</sup> /ea** Raid Aerosol  
350 g or Airt Bandaid  
Package of 2 Selected Varieties

CO-OP 18th March 2014

# Stock your Pantry



<p><b>PRIME</b> <b>RAISED WITHOUT antibiotics</b></p> <p>WHY RAISED WITHOUT ANTIBIOTICS?</p> <p>100% of our participating farms do not use antibiotics to promote growth or prevent disease.</p>	<p><b>SALE</b> <b>3.49</b> /lb</p> <p>Maple Leaf Pork Tenderloin Random Cryovac Wrapped</p> <p>7.69/kg</p>	<p><b>4 FOR \$20</b></p> <p>Maple Leaf Prime Chicken Drumsticks or Thighs Grain Fed, Free Run, Air Chilled Family Pack</p>
<p><b>SALE</b> <b>5.99</b> /ea</p> <p>Fantino &amp; Mondello Charcuterie 100 - 200 g</p>	<p><b>SALE</b> <b>8.99</b> /ea</p> <p>Schneiders Pepperettes or Pepperette Bites 250 - 300 g</p>	<p><b>SALE</b> <b>3.49</b> /ea</p> <p>Burns Wieners 375 g</p>
<p><b>SALE</b> <b>7.99</b> /ea</p> <p>Mitchell's Wieners or Smoked Sausages 500 - 675 g</p>		

<p><b>2 FOR \$6</b></p> <p>Kraft Dressing 425 - 475 mL, Bull's-Eye BBQ Sauce 425 mL or Diana BBQ Sauce 500 mL</p>	<p><b>2 FOR \$10.98</b></p> <p>Heinz Ketchup 750 mL - 1 L or Kraft Miracle Whip or Mayo 890 mL</p>	<p><b>FREE</b></p> <p>CO-SHOP! <b>BUY ANY 3</b> PARTICIPATING PRODUCTS</p> <p>OFFER EXPIRES: May 21, 2024</p>	<p><b>SAVE \$3</b></p> <p>ON THE BUY ANY 3 PARTICIPATING PRODUCTS</p> <p>OFFER EXPIRES: August 4, 2024</p>
<p><b>3 FOR \$6</b></p> <p>Kraft BBQ Sauce 455 mL or Heinz Mustard 265 mL or 380 mL</p>	<p><b>SALE</b> <b>10.99</b> /ea</p> <p>KD 12 x 200 g or Cups 10 x 58 g</p>	<p><b>6 FOR \$9</b></p> <p>Heinz Beans or Pasta 398 mL</p>	<p><b>2 FOR \$8</b></p> <p>Classico Pasta Sauce 410 - 650 mL, Pesto 218 mL or Shake'n Bake 142 g</p>

<p>Bring On Some Summer Fun with Kellogg's PRINGLES!</p> <p>© 2024. Trademarks of Kellogg and other brands. © 2024. Trademarks of Kellogg Europe Trading Limited and other brands.</p>				<p><b>2 FOR \$6</b></p> <p>Pringles Potato Chips 148 - 156 g</p>	<p><b>2 FOR \$6</b></p> <p>Cheez-It Crackers 191 - 200 g</p>
<p><b>SALE</b> <b>5.99</b> /ea</p> <p>Kellogg's Snacks Selected Varieties 225 - 400 g</p>	<p><b>SALE</b> <b>8.99</b> /ea</p> <p>Kellogg's Snacks Selected Varieties 500 g - 1.15 kg</p>	<p><b>2 FOR \$7</b></p> <p>Kellogg's Snack Bars Selected Varieties 125 - 384 g</p>	<p><b>2 FOR \$8</b></p> <p>Kellogg's Eggo Waffles, French Toast Sticks or Pancakes Frozen 270 - 280 g</p>		

<p><b>2 FOR \$12</b></p> <p>Bubly Sparkling Water 12 x 355 mL</p>	<p><b>SALE</b> <b>13.49</b> /ea</p> <p>Pepsi Products 24 x 355 mL</p>	<p><b>SIP. SNACK. SCORE!</b></p> <p>OFFICIAL PARTNERS OF THE NHL®</p>	
<p><b>3 FOR \$12</b></p> <p>Lay's Potato Chips 220 - 235 g or Poppables 130 g</p>	<p><b>2 FOR \$9.48</b></p> <p>Doritos 210 - 280 g</p>	<p><b>2 FOR \$8.50</b></p> <p>Ruffles Potato Chips 180 - 200 g</p>	<p><b>2 FOR \$8</b></p> <p>Havoc Chips 190 - 200 g</p>

Our Savings will keep your pantry full