

FORTINOS®

Happy Mother's Day!

dozen Ecuadorian roses assorted colours, with greens
24⁹⁹ 50 cm
21291634_EA

✓ Air Chilled
✓ Canadian grown
✓ Grain fed

PC® Blue Menu® boneless skinless chicken breast Club Pack®
5⁹⁹lb 13.21/kg
20127962_KG

Ontario Pork

pork side ribs "St. Louis Style" or pork tenderloin
3⁹⁹lb 8.80/kg
20874584_KG/21036398_KG

OVATION

✓ 100% Grass Fed
✓ Free Range
✓ NON GMO
✓ Raised without antibiotics & hormones

Ovation New Zealand lamb loin chops
10⁹⁹lb 24.23/kg
21091827_KG

FRESH Salmon

✓ Thick Centre Cut
✓ NO WASTE
✓ Tail, Neck & Belly removed

fresh Atlantic salmon fillet
13⁹⁹lb 30.84/kg
20129990_KG

Foodland ONTARIO

First of the SEASON

asparagus product of Ontario, Canada no. 1 grade
2⁹⁹lb 6.59/kg
20174581001_KG

strawberries product of U.S.A., no. 1 grade
2⁴⁹ 454 g
20049778001_EA

Foodland ONTARIO

large English cucumbers 1.69 ea. or tomatoes on the vine 1.69/lb, 3.73/kg, product of Ontario, Canada no. 1 grade or jumbo fennel 1.69/lb, 3.73/kg, product of U.S.A.
1⁶⁹lb/ea. 3.73/kg
20070132001_EA/20026703001_KG/20003346001_KG

Prepared IN STORE DAILY

chocolate covered strawberries product of U.S.A., no. 1 grade
1¹⁹lb 26.43/kg
20068344_KG

4⁹⁹ 65/375 g
20732366_EA/20772671_EA

Maple Leaf, Ready Crisp or Schneiders bacon selected varieties

16⁹⁹ 500 g
2133557_EA

Toppits snow crab legs and claws frozen

8⁹⁹ 475 g
20130433_EA

Tre Stelle mascarpone

2⁹⁹ each
20038335_EA/20773424_EA

D'Italiano bread 600-675 g, hamburger or sausage buns 8's or PC® English muffins 6's, all varieties



Treat Mom

TO BREAKFAST & DINNER

Breakfast: This Friday - Sunday ONLY! 7 am - 11 am

Dinner: This Saturday & Sunday ONLY!

English Muffin Coffee combo medium sized brewed coffee
4⁹⁹ each
20876166_EA

Prime Rib dinner Certified Angus prime rib with your choice of 2 sides
18⁹⁹ each
20540737_EA

BUY 2 DINNERS GET 2 BOMBOLINI FREE

Additional combos & sandwiches available (available at most locations) - \$4.99 - 6.99 each

Also available: Salmon, Veal or Chicken Parmigiana, Turkey, Porchetta or Butter Chicken (available at most locations) - \$16.49 each

MAY
HIT
OF THE
MONTH

Cheez-It baked snack crackers
191-200 g,
selected varieties
21214560_EA/21214558_EA

\$1.50



Planters Deluxe whole cashews
salted or unsalted
200 g
21021618_EA/21021617_EA

\$3



While quantities last!

\$3.50

New Treasure
Long Grain White Rice | Riz à Grain Long Blanc
2 kg 4.40 lb

New Treasure long grain or parboiled white rice
2 kg
21596582_EA/21599501_EA



18 pk

4.99 each
Gray Ridge large eggs 18 pack or PC® Blue Menu® egg whites 1 kg
20821364001_EA/20822787001_EA



PC® macaroni and cheese selected varieties
21529716_EA/21529753_EA
1.29
200/225 g



Mazola canola or corn oil
20015260_EA/20092556_EA
9.88
2.84 L



4.49
300-600 g
PC® frozen fruit selected varieties, frozen
20312227_EA



3.79 each
Lavazza ground coffee 250 g or Loacker quadratini 220-250 g, selected varieties
21195373_EA/21553695_EA



6.49
1.5 L
Kawartha Dairy ice cream frozen
21591604_EA



5.99 each
Tropicana juice 2.63 L, Liberté Greek 650/750 g or Méditerranée 900 g yogurt selected varieties
20119756001_EA/20642273_EA



6.99
6/8x330 mL
Perrier, Maison Perrier or San Pellegrino sparkling water or fruit drinks selected varieties
21433206_C06/21509060_C08



14.99 each
Charmin bath tissue 12=48, selected varieties or Bounty paper towels 6=12
21515966_EA/21549779_EA



up to **40% OFF**
Webber Naturals vitamins selected varieties and sizes
20609480_EA/20783647_EA



3.99 each
O'Doughs gluten free bagel thins 300 g, Amy's frozen burritos 156/170 g or Violife dairy-free style cheese 200/227 g selected varieties
20042092002_EA/20371439001_EA

Prices effective at Hamilton, Stoney Creek and Ancaster stores only.

Flyer prices effective from Thursday, May 9th, to Wednesday, May 15th, 2024

Visit us at [fortinos.ca](https://www.fortinos.ca). FOLLOW US ON



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit [pcoptimum.ca](https://www.pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.



Fresh Flowers For Mom!

visit flowersbyfortinos.ca



mixed bouquets
assorted sizes and colours
21549447_EA/21159059_EA

\$20-50 each



Fortinos
Signature bouquet
20967578_EA

49⁹⁹ each



12 stem roses
and alstroemeria
bouquet
assorted varieties
21614382_EA

89⁹⁹ each



tinted
dozen roses
assorted colours
21279268_EA

39⁹⁹ each



mom and children
orchid planter
10 inch ceramic pot
21607221_EA

99⁹⁹ each



hydrangea
6.5 inch tin
21186855_EA

23⁹⁹ each

GARDEN CENTRES

NOW OPEN

SUNDAY: 9 AM - 6 PM
MONDAY - SATURDAY: 8 AM - 8 PM



PC® jumbo annual
hanging basket
selected varieties
12 inch
20753924_EA

2/\$55
or \$32 ea.



PC® deluxe annual
hanging basket
selected varieties
11 inch
20753918_EA

2/\$36
or \$20 ea.



annual planter
20582129_EA

\$40 12 inch



PC® Gigantico™
annuals
selected varieties
4.33 inch
21352664_EA

when you buy
5 or more

\$5 or \$5.50 ea.



assorted roses
20756622_EA

\$24 2 gallon



Endless Summer
hydrangea
selected varieties
21217181_EA

\$35 3 gallon

Specialty Pastries



LA ROCCA
CREATIVE CAKES

29⁹⁹ 8" cakes
chocolate fudge torte,
red velvet or raspberry royale
1.4/1.5 kg 21596332_EA



Elite
SWEETS

29⁹⁹ 8" cakes
tiramisu, vanilla mascarpone
or white chocolate raspberry
800 g-1.6 kg 21362974_EA



25⁹⁹ celebration 8" cake
chocolate or vanilla
1.5 kg 21193895_EA



1/4 slab strawberry
shortcake
\$42.99 1.3 kg

29⁹⁹ strawberry
shortcake 8"
1 kg 20592878_EA/20593060_EA



29⁹⁹ mixed fruit 8" flûte
1 kg 20593086_EA

GALA
Bakery

8" mousse cakes
strawberry, chocolate,
mango or tiramisu
20592168_EA

21⁹⁹ 800 g



heart shaped cake
or single layer
8" cake
chocolate or vanilla
20592640_EA

12⁹⁹ 320-650 g



decorated
large chocolate
chip cookie
20018001_EA

10⁹⁹ each



3⁹⁹ zepole pastry
or fresh fruit tart
all varieties
50-110 g 20592677_EA/20592789_EA



6⁹⁹ cupcakes
vanilla, chocolate or assorted
6's 20593078_EA

assorted
bakery desserts
selected varieties
20592874_EA

2⁹⁹ 17-55 g



small: \$1.59
or \$1.39 for 6 or more
medium: \$1.99
or \$1.79 for 6 or more
large: \$3.19
or \$2.89 for 6 or more

19⁹⁹ 12 pack, mediums



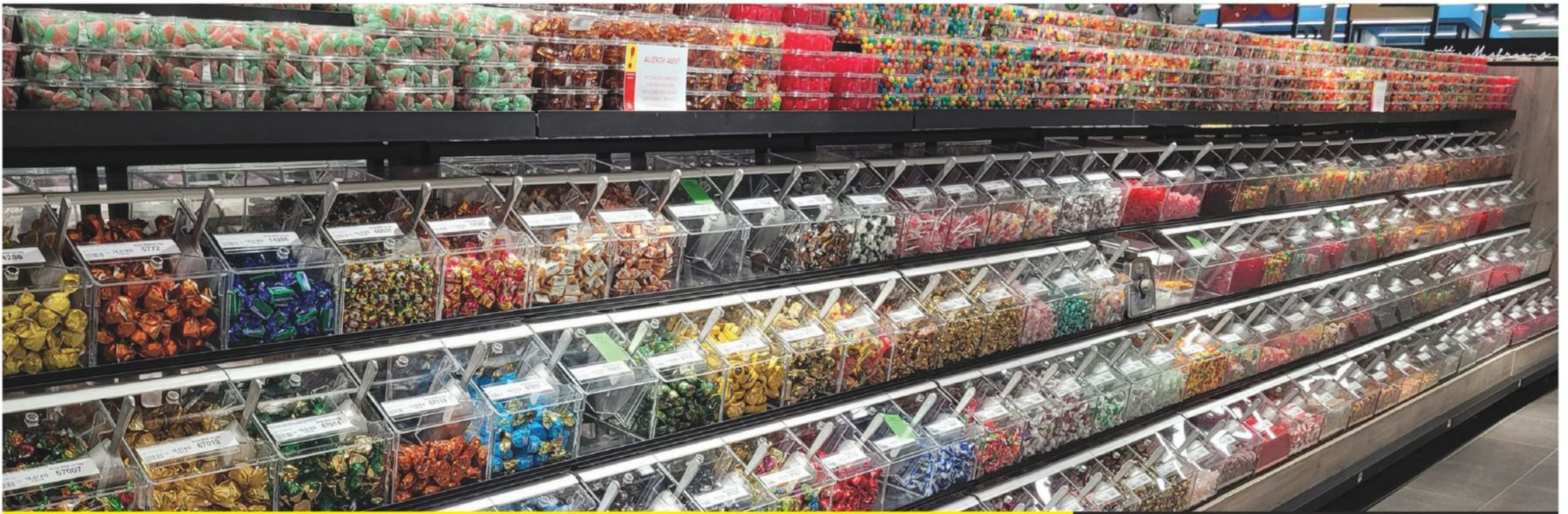
Sicilian cannoli
choice of shell and filling,
filled fresh on demand
21046134_EA

PRODUCE • Nature's Bounty arriving fresh daily!

 <p>Orri 3.99 lb 8.80/kg</p> <p>seedless Orri mandarins product of Israel 20072482001_KG</p>	<p><i>First of the SEASON</i></p>  <p>6.99 lb 15.41/kg</p> <p>apricots product of U.S.A., no. 1 grade 20092504001_KG</p>	 <p>2.49 lb 5.49/kg</p> <p>Forelle pears product of South Africa Extra Fancy grade 20143210001_KG</p>	 <p>7.99 140 g</p> <p>While quantities last!</p> <p>raspberry heart product of Mexico 21473549001_EA</p>	 <p>3.49 170 g</p> <p>blueberries product of U.S.A., no. 1 grade 20080137001_EA</p>
 <p><i>First of the SEASON</i></p> <p>6.99 lb 15.41/kg</p> <p>fiddleheads product of Ontario 20072179001_KG</p>	 <p>2.99 lb 6.59/kg</p> <p>large green peppers product of U.S.A. or Mexico 20425893001_KG</p>	 <p>3.49 3 lb</p> <p>yellow onions product of Ontario, Canada no. 1 grade 20811994001_EA</p>	 <p>3.29 each</p> <p>Iceberg lettuce product of U.S.A. or Mexico, no. 1 grade 20135326001_KG</p>	 <p>2.99 lb 6.59/kg</p> <p>Heirloom tomatoes product of Ontario, Canada no. 1 grade 20154799001_KG</p>
 <p><i>Prepared IN STORE DAILY</i></p> <p>1.49 lb 3.28/kg</p> <p>seedless watermelon cuts product of U.S.A. or Mexico 20503182_KG</p>	 <p><i>Prepared IN STORE DAILY</i></p> <p>4.99 350 g</p> <p>vegetable kebobs made in store 21451044_EA</p>	 <p><i>Prepared IN STORE DAILY</i></p> <p>11.99 2.4 kg</p> <p>family size sliced watermelon product of U.S.A. or Mexico 21546178_EA</p>	 <p>6.49 946 mL</p> <p>Bolthouse smoothies product of U.S.A. 20280429_EA/20325816_EA</p>	 <p>7.99 425 g</p> <p>Mann's snap peas product of U.S.A. 20645558_EA</p>

PICK ORGANIC • Over 150 items available every day!

 <p>2.99 340 g</p> <p>organic carrot chips product of U.S.A., no. 1 grade 21350453001_EA</p>	 <p>4.99 142 g</p> <p>Greenbelt organic salad greens product of Ontario 21469982_EA/21469983_EA</p>	 <p>4.49 255 g</p> <p>PC® Organics Axiany or Mixiany tomatoes product of Ontario, Canada no. 1 grade 21284821001_EA/21285892001_EA</p>	 <p>4.99 454 g</p> <p>organic lemons product of U.S.A. or Mexico 20972626001_EA</p>	 <p>6.99 9.8 oz</p> <p>PC® Organics blueberries product of Argentina, no. 1 grade 21179969001_EA</p>
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**20%
OFF**

ALL LOOSE BULK FOODS
Entire Department

Your savings of 20% off will be deducted at cash.

- ✓ Over 175 varieties of chocolate, candy & dried fruit!
- ✓ Over 125 varieties of nuts, seeds & snacking mixes!
- ✓ Over 150 varieties of spices & baking needs!



Fire up the Grill



4.99 lb
11.00/kg
pork center cut ribs
for sweet & sour
20836826_KG



**100%
Ground
CHUCK**

4.99
227 g
Fortinos fresh burgers
salt & pepper,
garlic & worcestershire,
bacon, cheddar
or Frank's RedHot
20969944_EA



frenched rib steak
Certified Angus Beef®
Brand, cut from Canada
AAA or USDA Choice
grade beef or higher
20877746_KG

22.99 lb
50.68/kg



6.99
260 g
beef, chicken or turkey
kebabs with vegetables
unseasoned or seasoned,
selected varieties
20986419_EA/20986595_EA



5.99 lb
13.21/kg
fresh turkey or
chicken sausage
selected varieties
21201360_KG



9.99
500 g
Fortinos classic
seasoned beef burgers
selected varieties,
classic beef, homestyle BBQ,
turkey and beef sliders
20694945_EA



14.99 lb
33.05/kg
Yorkshire Valley
Farms organic
chicken breasts
boneless skinless
20342993_KG



11.99
454 g
Yorkshire Valley
Farms organic extra
lean ground chicken
21100070_EA



Marcangelo
souvlaki/kabobs
selected varieties
21041735_EA/21098855_EA

14.99
480/640 g



6.99
375 g
Johnsonville
breakfast sausages
selected varieties
20143858_EA/20878286_EA



7.99
375-800 g
Lou's peameal bacon
sliced, smoked or chub
20133609_EA/20285088_EA



Marcangelo
bacon wrapped
beef medallions
21290654_EA

25.99
678 g



FRESH Salmon
✓ Thick Centre Cut
✓ NO WASTE
✓ Tail, Neck & Belly removed
Skinless!

15.99 lb
35.25/kg
fresh Atlantic
salmon fillet
21176902_KG



4.99
6 oz
fresh Atlantic
salmon burger
21188901_EA

**Made
FRESH DAILY**



6.99
each
Atlantic salmon
or shrimp kebobs
20851516_EA

**Made
FRESH DAILY**



7.99
each
swordfish
or previously frozen
tuna kebobs
21461175_EA



10.99 lb
24.23/kg
fresh whole
seabream (orata)
or European
seabass
20039553_KG/20115567_KG



PC® smoked
sockeye salmon
150 g or Pacific
white raw
peeled shrimp
31/40 per lb,
400 g, frozen
20055009_EA/20789931_EA

10.99
each



9.99
227 g
True North Seafood Co.
crab dip frozen
21598705_EA



BOS smoked
Atlantic salmon
selected varieties
21192437_EA/21192708_EA

7.99
125 g

GROCERY



3.99
6x222 mL
Coca-Cola, Pepsi
or Canada Dry
soft drinks
selected varieties
20354288002_C06/20857560004_C06



1.99
132 g
Ben's Original
Fast & Fancy rice
selected varieties
21397290_EA/21397499_EA



3.29
145 g
Bits & Bites
or Crispers
selected varieties
21395350_EA/21433256_EA



5.99
141/170 g
PAM
cooking spray
selected varieties
20178204001_EA



2.29
796 mL
Unico canned
tomatoes
selected varieties
20314629004_EA



9.99
4x250 mL
Red Bull
energy drinks
selected varieties
20166737001_C04



4.99
340/445 mL
Hellmann's
Real
mayonnaise
selected varieties
21518017_EA/21518387_EA



5.49
each
Orville
microwave
popcorn
285-492 g
or kernels 850 g
selected varieties
20308686_EA/20629532002_EA



4.49
500 mL
Colavita
red or white
vinegar
20734806_EA/20734981_EA



2.79
900 g
Unico pasta
selected varieties
20311358001_EA



3.99
10x200 mL
PC® 100%
juice boxes
selected varieties
21061913_EA



5.99
350 mL
Wildly Delicious
BBQ sauce
selected varieties
21021737_EA/21517299_EA



4.29
275/290 g
Old Dutch
Restaurante
tortilla chips
selected varieties
21367510_EA



14.99
300/340 g, 18's
Balzac ground,
whole bean
or K-Cup coffee
selected varieties
20987612_EA/21363822_EA



2.79
680 mL
Hunt's
pasta sauce
20296852001_EA



4.99
80/100 g
Ferrero
chocolate
bags
21358719_EA



4.99
430 mL
Wildly Delicious
salsa
selected varieties
21568187_EA/21568322_EA



5.99
306-525 g
Kellogg's Mini Wheats,
Raisin Bran or Special K
cereal selected varieties
20545264_EA/20695732_EA



2.49
4 L
no name®
pure white
vinegar
20102756_EA



4.79
160 g
Clover Leaf
tuna salads
21587679_EA



NATURE'S TREASURE

by **FORTINOS**

It's Spring at Nature's Treasure

Welcome the arrival of warmer weather with foods & supplements to keep you feeling healthy and energized.

De-stress and enjoy spending time with loved ones, getting outdoors, being active and engaged in life.

Explore Nature's Treasure family health-focused products and discover better and healthier versions of your favourite foods.

24⁹⁹ each

CanPrev magnesium bis-glycinate 120's, synergy B 60's or D3K2 softgels 120's

20776243_EA/20776245_EA



Naturopath formulated!

Great support for respiratory health!

19⁹⁹ 60's

Suku gummy vitamins selected varieties

21310256_EA/21311636_EA



29⁹⁹ each

NOW vitamin C 250's or NAC extra strength 120's

21418529_EA/21418543_EA



23⁹⁹ each

NutraSea Omega-3 liquid 200 mL, soft gels 30-60's or kids Omega gummy chew 30's, selected varieties

21566820_EA/20923836_EA



49⁹⁹ each

Iron Vegan protein powder or athlete's blend 1 kg or Progressive VegEssentials protein powders 840-850 g

20700876001_EA/21391726_EA



29⁹⁹ each

North Coast Naturals whey isolate 680 g or PVL sport whey or plant-based protein powder 840-908 g

20306852001_EA/20650127001_EA



249 33 g
Mid-Day Squares selected varieties

21487220_EA/21487247_EA

Gluten Free!

399 156-350 g

Que Pasa organic tortilla chips selected varieties

21031315_EA/21031316_EA



249 500-1000 mL

Flow alkaline spring water or vitamin water selected varieties

20987454_EA/21521432_EA



LOCALLY RAISED

8²⁹ 12's
Alderwood Farms pasture raised eggs

21434214001_EA



9⁹⁹ 284 g

Kicking Horse organic ground coffee selected varieties

20982074_EA



5⁹⁹ 325-400 g

Jordan's Morning Crisp cereal or granola selected varieties

21522230_EA/21522267_EA



Flyer prices effective from Thursday April 18 to Wednesday May 15, 2024



Celiac & Food Allergy Awareness

Nature's Treasure takes gluten allergies seriously – that's why we have an entire section dedicated to Gluten & Wheat Free Products. Recognizing the increasing prevalence of this auto-immune disease, we provide the product range that is free of Gluten & other top-allergens to meet any dietary need!

Our Certified Practitioners are in stores daily to help you navigate the best gluten-free choices for anyone new to this diagnosis, or looking for different, tastier options!



9.99

227-907 g
Bob's Red Mill gluten free oats or hemp seeds selected varieties

21127426_EA/21380047_EA



7.99

295 g
Little Creek organic dressing all varieties

21484650_EA/21484656_EA

No emulsifiers,
No added sugars,
No GMOs!



4.99

200-400 g
Liviva gluten free noodles selected varieties

21102192_EA/21154073_EA

Non-GMO!



5.99

64.5-180 g

Schar cookies or crackers selected varieties

21051334_EA/21403645_EA

Made with cassava flour!



9.99

425 g

Quesava gluten free perogies, samosas, ravioli or 3-cheese poppers frozen

21455982_EA/21455984_EA

7.99

241 g

Lucky gluten free Thai spring rolls frozen

21497038_EA/21497039_EA

6.99

180 g

RW Garcia sweet potato or beetroot crackers selected varieties

20898753002_EA/21561018_EA



6.99

140 g

Walkers gluten-free shortbread selected varieties

21505216_EA/21508151_EA



Keto!

4.49

64 g

Unbun gluten free almond flour crackers

21529822_EA/21529824_EA



5.49

300 g

Prana Granolove granola selected varieties

21393188_EA/21475909_EA



4.99

135/154 g

FreeYumm gluten free soft baked cookies or bars selected varieties

21048233_EA/21048242_EA



Only 3g of sugar per bag!

2.99

50 g

Better Bears vegan gummy candy

21428804_EA/21496367_EA



Gluten & refined sugar free!

19⁹⁹
100/125 g

Blume
superfood latte
or hot cacao
selected varieties
21499653_EA/21530842_EA



Enjoy High Tea With Mom!



On May 12th, celebrate in style with afternoon tea. A relaxed occasion that allows everyone to slow down and unwind, it's a perfect time for moms, grandmothers and even moms-to-be.

Delicious, elegant finger foods can be prepared in advance, leaving lots of time to chat and enjoy being together. Considering we don't do this every day, there's a special sense of fun and occasion. Wear hats, dress up and create a day to remember!

Gluten free!



12⁹⁹
266-357 g

Stellar Eats baking mix
21500871_EA/21568692_EA

Gluten, nut & dairy free!



LOCALLY MADE

6⁹⁹
116-500 g

Queen St. Bakery
bread or bagels
selected varieties, frozen
21411425_EA/21529684_EA

Small batch, made without palm oil!

14⁹⁹
240 g

NutJar spread
selected varieties
21550500_EA/21550503_EA



5⁹⁹
1.4 L

Califia Farms
dairy-free beverage
refrigerated,
selected varieties
21030981_EA/21397053_EA



Dairy free!

5⁹⁹
200-227 g

Violife
dairy-free cheese
selected varieties
21339312_EA/21433755_EA



Perfect for
vegan appetizers
or tea sandwiches!

7⁹⁹
100 g

Save da Sea
plant-based
smoked salmon
or tuna salad
21450747_EA



3⁹⁹
235 mL

PC® Organics
fruit spread
selected varieties
21085953_EA/21086014_EA



5⁷⁹
400 g

PC® gluten free
pancake mix
20796973_EA



5⁹⁹
250 g

PC® Organics salted
or unsalted butter
21588696_EA/21588708_EA



2⁴⁹
120 g

PC® Organics
rice cakes
21408855_EA/21408859_EA



5⁷⁹
113 g

PC® cauliflower
or butternut squash
mini crackers
selected varieties
21471630_EA/21471638_EA

Gluten free!



6⁹⁹
600 g

PC® Organics
frozen fruit
selected varieties
20149390_EA/20431483003_EA



Outdoor BBQ

Backyard BBQ season means food, friends and family plus lots of healthy sunshine and Vitamin D. Explore delicious BBQ choices for everyone, from vegetarians & vegans to traditional meat loving carnivores.

Grilled spring vegetables, vegan kabobs, plant based burgers and lots of salads ensure everyone is happy. Get outside!

8⁹⁹
250-296 mL

Naked & Saucy
soy-free sauce
or nooch dressing
selected varieties

20984039_EA/21454574_EA



6⁹⁹
250 mL

Good Food For Good
ketchup
or BBQ sauce

21172444_EA/21172451_EA



5⁹⁹
296 mL

San-J tamari
or cooking sauce
selected varieties

20028533_EA/2029886001_EA



3⁹⁹
227 g

Sunflower Kitchen dips
selected varieties

21100651_EA/21100664_EA



3⁹⁹
135 g

humble potato chips

21524167_EA/21524235_EA



6⁹⁹
125-185 g

elan organic nuts
selected varieties

21306310_EA/21306368_EA

1⁹⁹
398 mL

PC® Organics
canned beans
selected varieties

21403943_EA/21403992_EA



4⁹⁹
325-473 mL

PC® Organics
mustard or
sauerkraut

20959827_EA/21355242_EA



5⁹⁹
575 mL

PC® Organics
ketchup

20021787_EA



3⁹⁹
946 mL

PC® Organics
lemonade
selected varieties

20936902_EA/21022888_EA



6⁹⁹
each

PC® Organics
apple cider
vinegar 1 L or
olive oil spray 140 g
selected varieties

21080770_EA/21102225_EA



4⁴⁹
227 g

PC® Organics
gluten-free pasta
selected varieties

21358020_EA/21358056_EA



Rich in naturally occurring probiotics!

349
355 mL

Tonica kombucha
selected varieties

20818822001_EA/20818822006_EA



Stay Hydrated!

Staying properly hydrated is key to living an active & energized lifestyle. Hydration benefits our bodies by supporting nutrient transportation to cells, protecting joints and organs, and promoting removal of waste.

More beverages with reduced or no sugar, artificial flavours or colours make it easier to than ever to stay healthy and hydrated. Nature's Treasure also offers electrolyte infused drinks, plus probiotic and prebiotic beverages that help keep our gut healthy.

Talk to our Certified Practitioners for more information and choose the beverages that work for you.

Zero sugar!

249
355 mL

Cove organic probiotic soda
selected varieties

21496787_EA/21496788_EA



199
355 mL

WakeWater zero sugar, caffeinated sparkling water
selected varieties

21404358_EA/21404371_EA



Natural caffeine plus L-theanine from green tea!

NEW

High in electrolytes & minerals!

399
1 L

Maple3 pure organic maple water

21559596_EA



Up to 2 million vegan probiotics per pop!

699
320 mL

Squamish Water Kefir Company probiotic popsicles

21527516_EA/21527524_EA



With hidden veggies!

899
5x50 mL

Eville smoothie cubes or pops
selected varieties, frozen

21122023_EA/21122182_EA



Electrolytes & Hydration Support

Infused with minerals & fulvic acid!

199
500 mL

blk alkaline water

21561019_EA/21561074_EA



249
532 mL

Roar organic electrolyte drink
all varieties

21106394_EA/21160578_EA



Made from coconut water, a natural source of potassium!

249
330 mL

Thirsty Buddha sparkling coconut water
selected varieties

21014419_EA/21068404_EA



UP TO
20% OFF

Nuun electrolyte tablets
10-12's
all varieties

21393717_EA/21393748_EA



Organika electrolyte powder 70 g or sticks 360 g
all varieties

21414684_EA/21546545_EA



Water retention support for balanced hydration levels & reducing excess water!

Aeryon Wellness supplements
all varieties & sizes

21537231_EA



Nutritious Organic Avocados

Avocados contain:

- ✓ 80 calories per 50 gram serving (approximately 1/3 medium avocado)
- and...
- ✓ 3 grams of fibre
- ✓ 0 grams of sugar
- ✓ 5 grams of monounsaturated fat
- ✓ 1 gram of polyunsaturated fat
- ✓ 1 gram of saturated fat



249 each
organic avocado
 product of Mexico or Peru
 20146327001_EA

Jackfruit Pods

Available year round, jackfruit has a musky aroma with sweet and mellow flavours of banana and pineapple.

Often used as a meat substitute, typically jackfruit is peeled and eaten out of hand, added to desserts or shredded for stews.

We've done the work for you in preparing these bright yellow chunks, ready to enjoy. Full of phytonutrients and antioxidants.

Potassium-packed snack!



TIP: Try freezing.
 Then thaw when ready to eat to soften the pods for an even juicier texture!



- Certified Organic
- 7 varieties

Salads



Baby Spinach
 142 g
 203052770_EA / 21020920_EA



Baby Arugula
 142 g
 20314039_EA



Romaine Hearts
 3 pk
 20599776001_EA

The perfect salad topper!



Blueberries
 Product of Argentina,
 no. 1 grade, 277 g
 21179969001_EA

Try Something **NEW** This Spring

2⁹⁹
355 mL

Poppi
pre-biotic soda
selected varieties

21564497_EA/21564498_EA

Bringing soda back. The twist? It's better for you this time. Poppi brings you that mouth-watering swirl of flavours and bubbles without feeling bad about it! Get all the soda feels with 5g sugar and 25 calories, or less, and prebiotics for your gut.

6⁹⁹
227 g

Lotus Foods organic
traditional noodles
selected varieties

21562606_EA/21562629_EA

Discover the delicious world of Lotus Foods! These rice & noodles are your ticket to guilt-free dining—certified organic, gluten-free, vegan, and non-GMO. With a focus on quality, the ingredients list is short, pure and simple, ensuring you get nothing but the best!

Fermented side dishes for a probiotic boost to any meal!

9⁹⁹
500 mL

Naturally Amped kraut
selected varieties

21561594_EA/21561631_EA

Carefully crafted krauts and kimchi with innovative flavour profiles. Curated from whole ingredients sourced locally to ensure maximum freshness and packed with probiotics and enzymes to support a flourishing microbiome. Indulge in a culinary experience that nourishes your body & soul.

4⁹⁹
120 g

Pokko rice & chickpea chips

21590759_EA/21590916_EA

Guilt-free rice and chickpea chips, deliciously infused with authentic South Asian flavours. Packed with protein-rich chickpeas and nutritious rice for a great source of fibre, bursting with flavour from authentic spices like turmeric & Kashmiri chili. Pokko is sure to become your favourite go-to snack!

6⁹⁹
946 mL

Better Moo(d)
plant-based gluten free
oat beverage

21585760_EA

What truly differentiates Moodrink plant based oat beverage, is that it achieves outstanding nutrition while providing milk-like neutral taste and great texture. Enjoy 8g plant based protein and 4g fibre in every 250 mL serving!

Naturally lactose free!

12⁹⁹
325 g

L'Ancetre organic cheese
selected varieties

21551880_EA/21551978_EA

Our Canadian butters and cheeses offer you a whole new world of flavour. They are simply delicious and are sure to add a distinctive touch to all your gourmet dishes and healthy meals. Not only is organic food better for you—it also tastes fantastic!

UP TO 20% OFF

NutraMeltz
sublingual
supplements

60's
selected varieties

21578837_EA/21578909_EA

A 100% Canadian and family owned company with a modern approach to natural health products. Nutrameltz Inc. was born to make taking supplements as easy as possible for everyone. Utilizing their new Quick Dissolving Tablets (QDT) technology, you just drop one on your tongue and go.

Alterra Herbasante
homeopathic and
herbal-based remedies

all varieties & sizes

21542211_EA/21542184_EA

Established in 1984 in Montreal, Alterra & Herbasante are a family-owned and operated company, with all products manufactured entirely in Canada. They offer a comprehensive line of herbal and homeopathic products tailored to specifically meet the different needs of men, women & children.

New line extension!

Prairie Naturals
supplements

all varieties & sizes

21209168_EA/21592686_EA

A privately owned family business headquartered near Vancouver, BC, Prairie Naturals makes products designed to help you "Live the Healthy Life". They are dedicated to your health success & design products based on current nutritional research – so you get the results you need and want.

New all-in-one formula!

Genuine Health
all-in-one shakes
643-675g or BCAAs
with creatine 440g

21564778_EA/21565340_EA

A Toronto based family-owned company and for over 30 years have been designing sophisticated gut friendly formulations backed by science and research. Their promise is to provide pure, powerful and proven ingredients for genuine living.

UP TO **20% OFF**

ALL Vitamins, Supplements & Protein Powders in our Nature's Treasure department!

Genuine Health greens+ all varieties & sizes
20008157_EA
20317697_EA



AOR professional supplements all varieties & sizes
21302192_EA/21309840_EA



Platinum Naturals supplements all varieties & sizes
20026988001_EA
20026988002_EA



St. Francis herbal tinctures & supplements all varieties & sizes
20731316_EA/21192044_EA



Orange Naturals supplements all varieties & sizes
21190140_EA/21190744_EA



A.Vogel premium natural supplements all varieties & sizes
21235725_EA/21235730_EA



249
50 g

Clifbar nut butter filled snack all varieties

21012470001_EA/21012470003_EA



4g of sugar or less per serving!

499
98/100 g

ChocXO organic chocolate all varieties

21335526_EA/21411801_EA



399
100-150 g

Made Good granola snacks selected varieties

20797052001_EA/21352121_EA



299
4x200 mL or 1 L

Kiju organic juice selected varieties

20312710001_EA/20333714004_EA



549
220 g

Snyder's of Hanover gluten free pretzels all varieties

21082616_EA/21082619_EA



649
234-284 g

Amy's frozen entrées selected varieties

20819961_EA/20820314_EA



Sweetened with Stevia, 0g of sugar!

699
6x355 mL

Zevia sugar-free soda all varieties

21106231_C06/21544078_C06



Flyer prices effective from Thursday April 18, 2024 to Wednesday May 15, 2024

Visit us at [fortinos.ca](https://www.fortinos.ca)



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaw's Inc. and others. ©2024 Loblaw's Inc. All rights reserved.

MAKE YOUR OWN PIZZA



PANE *Fresco*
personal
pizza dough
21562009_EA
6⁹⁹
4 pack

organic
pizza sauce
20018438_KG

249^{lb}
5.49/kg



pizza mozzarella
20959084_KG

220 /100 g
9.99 lb



Casa Italia
sliced pepperoni
20731474_KG

231 /100 g
10.49/lb



Piller's Chorizo
topping 250 g
or Fantino & Modello
diced pancetta 125 g
20976070_EA/21551779_EA

7⁹⁹
each



PC® Natural Choice®
Italian diced pancetta
150 g or Venetian sliced
cup and char style
pepperoni 175 g
21540009_EA/20049345_EA

6⁹⁹
each

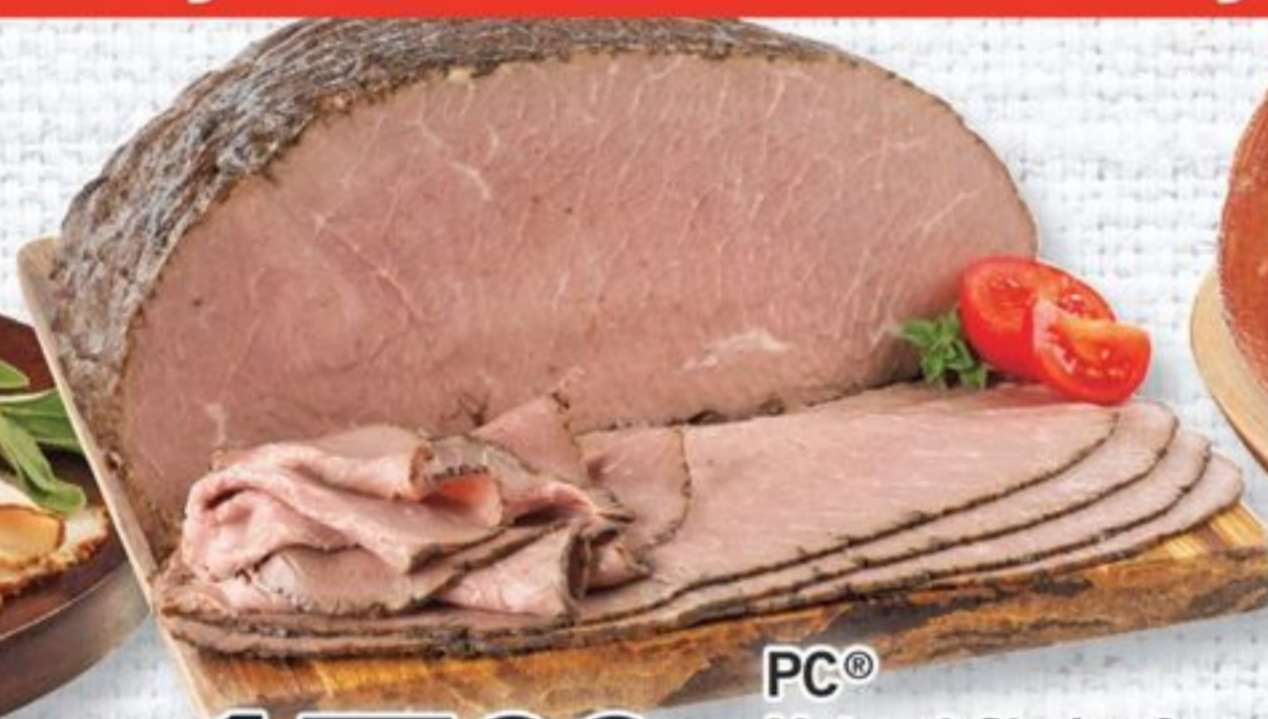


DELI • Always freshly sliced or shaved your way!



- ✓ Antibiotic free
- ✓ Gluten free
- ✓ Dairy free

15⁹⁹lb
3.53/100 g
McLean's
turkey deli meat
selected varieties
20561368_KG/20561619_KG



17⁹⁹lb
3.97/100 g
PC®
Natural Choice®
Angus roast beef
deli sliced
20155374_KG



12⁹⁹lb
2.86/100 g
Schneiders
old fashioned
smoked ham
deli sliced
20315624_KG



12⁹⁹lb
2.86/100 g
Ziggy's®
smoked
or cooked
chicken breast
deli meat
deli sliced
20299046_KG/20311436_KG



OKA or
Jarlsberg cheese
selected varieties,
deli cut
20963094_KG/21388103_KG

17⁹⁹lb
39.66/kg



7⁹⁹
170 g
Bothwell cheese
all varieties
20828823_EA/21060074_EA



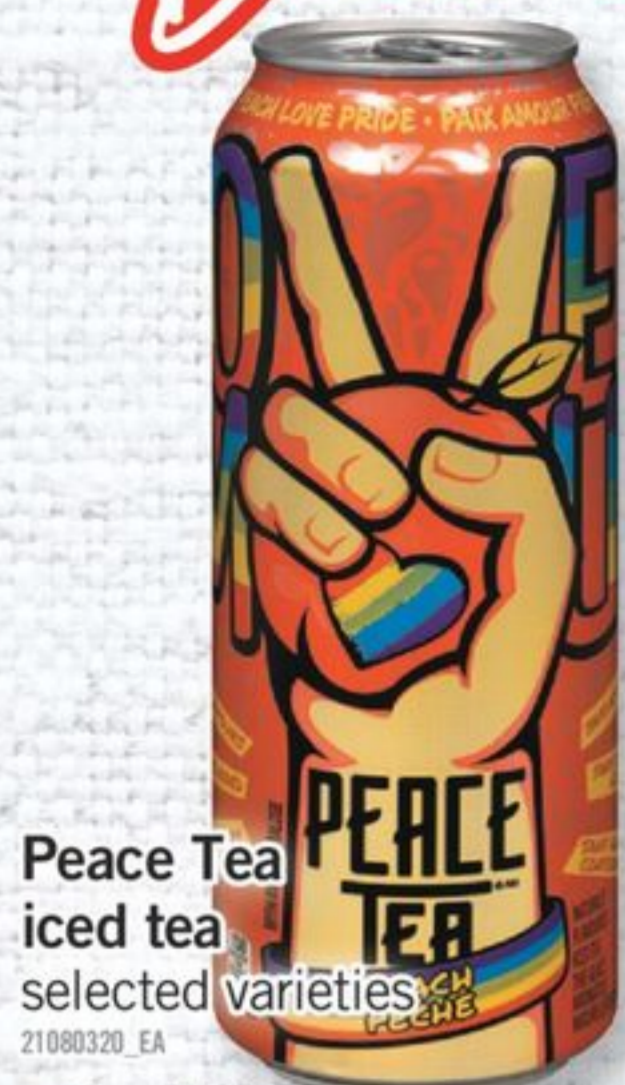
6⁹⁹
each
Marcangelo
sliced deli meat 100 g
or PC® cheese slices
140-170 g, all varieties
20216643_EA/20865352_EA



antipasto bar
\$15.79/lb 3.48/100 g

10⁸⁸lb
2.40/100 g
olive bar
20062521_KG/20127732_KG

Beverages



Peace Tea
iced tea
selected varieties

21080320_EA

149
695 mL



Minute Maid
or Nestea
beverages
selected varieties

20861170_EA

349
1.89 L



brio soda
selected varieties

21085133_EA/21085705_EA

149
355 mL



Stappi drinks

21595802_C04/21595835_C04

449
4x200 mL



Corona
Sunbrew
0.0% alcohol
beer

21433615_C06

1199
6x330 mL



Stappi
bitter drinks

21609712_C6/21609588_C6

399
6x100 mL



Coca-Cola,
Pepsi or
Canada Dry
soft drinks
selected varieties

21181173_C08/21362875_C08

649
8x300 mL



Fiji water

20122176_EA

299
1.5 L



Eska natural
spring water

20071779_C24

549
24x500 mL



PC®
Blue Menu®
sparkling water
selected varieties

20320832002_EA

119
1 L

Sweet Treats



Mr. Freeze
freeze pops

21014370_C80

499
80x20 mL



PC® sugar
ice cream cones
selected varieties

20340143_EA

299
142 g



PC® toppings
or syrup
selected varieties

20338077_EA/20339669_EA

399
428 mL



Mr. Freeze
freeze pops
selected varieties

21031219_C01

599
48x42 mL



Campside
Super Giant
marshmallows

20570414002_EA

499
700 g



Family Size

Maynards
candy bags

21210257_EA/21210265_EA

999
814/816 g



Poppa Corn
Lucky Elephant
cotton candy

21287186_EA

499
200 g



M&M's
chocolate
pouches
selected varieties

21464560_EA/21464572_EA

1499
650/800 g



PC®
S'mores Kit

20655672_EA

799
600 g



Twizzlers
candy pack
selected
varieties

20022328004_EA

349
311-454 g

DAIRY & FROZEN



4.49 Danone
Activia yogurt
selected varieties
650 g 20325132003_EA



3.49 Gay Lea
sour cream
selected varieties
425/500 mL 20317536001_EA



MILK2GO
chocolate or
strawberry 1% milk
21062620_EA

1.79
310 mL



4.99 PC® orange juice
selected varieties,
refrigerated
1.54 L 21430531_EA



4.99 Cracker Barrel
natural cheese
slices
selected varieties
200-240 g 21290684_EA/21290705_EA



5.49 Danone
Activia yogurt
selected varieties
8's 20325384002_EA



3.79 Cheemo perogies
selected varieties,
frozen
815/907 g 20527369_EA/20527641_EA



9.99 no name®
ice cream
sandwiches
24x120 mL 21013432_EA



2.99 I Can't Believe
It's Not Butter!
margarine
427 g 20061949001_EA



7.99 Giuseppe
stuffed crust
pizza
selected varieties,
frozen
685-771 g 21555844_EA



4.99 Black Diamond
Slices processed
cheese slices
selected varieties
410 g 21252564_EA



4.49 iöGO nano
drinkable yogurt
selected varieties
6x93 mL 20609687001_EA



9.99 Krinos
fillo twisters
selected varieties,
frozen
840 g-1 kg 20755341_EA



Danone Oikos
drinkable yogurt
selected varieties
21396076_EA

1.99
190 mL



3.79 Yoplait
MiniGo yogurt
selected varieties
6x60 g 20275868001_EA



7.99 Lactantia
butter sticks
selected varieties
454 g 20056675_EA



Melona
ice bars
selected varieties,
frozen
21020136_EA

6.49
560 mL



PC® original
lemonade
21430542_EA

4.49
1.54 L



7.49 Pillsbury
Pizza Pops
selected varieties,
frozen
760 g 21439338_EA



4.79 Krinos mini
spinach rolls
454 g 20793248_EA

Interesting Finds for the FOODIE



Rachel's beef bacon

21598462_EA

9.99
300 g

Premium breakfast strips from Ontario-based St. Helen's. Made with Halal beef and smoked giving each strip a crisp texture and rich flavour. A classic twist on bacon.



Stonemill artisan 12 grain or San Francisco style sourdough bread

4.49
550 g

21556097_EA

Honouring 100-year-old family baking traditions, Toronto based Stonemill breads still start with a unique sourdough starter flown in from Germany every month. These crusty breads are naturally fermented, with no artificial flavours, colours or preservatives.



Tocco d'Oro Italian risotto or soup selected varieties

21542079_EA

11.99
270 g

Imported from Italy, these premium risottos are from the Lombardy region. Made with butter, white wine, vegetables and olive oil, they're an easy meal, ready to eat in 4-5 minutes. 7 varieties! You'll also find their heat & serve soups delicious too with 3 varieties.



The Fentiman family has crafted botanical, non-alcoholic sodas in Northumberland, UK since 1905. These award winning beverages are brewed traditionally and made with premium ingredients.

9.99 Fentimans cherry cola, rose lemonade or ginger beer

4x275 mL 21051263_C04/21051337_C04



BeaverTails spreads

21548221_EA/21549780_EA

4.49
375/425 g

These irresistible spreads are proudly Canadian. The perfect companion for your favourite treat or snack. Creamy & delicious, these spreads are palm oil and gluten-free.

Produced in Ontario for 35 years, Crofters use sustainable farming methods and best tasting fruits sourced from organic farms. Sweetened with fair trade cane sugar, every jar has 33% less sugar than traditional preserves.

Crofter's premium organic fruit spread selected varieties

5.99
383 mL

20887211_EA/21345291_EA



Available in
Nature's Treasure!

NEW

a proud
FORTINOS
recipe

MADE FRESH



FRANK'S
RedHot

5 varieties!
1/2 lb each!

100%
Ground
CHUCK

Frank's RedHot burger

Certified Angus Beef seasoned with salt, pepper and Frank's RedHot sauce

21607012_EA

4.99
each



Herb & Garlic chicken breast skewer

Marinated in a herb & garlic sauce

21607011_EA



Souvlaki chicken breast skewer

Seasoned with rosemary, thyme, parsley, fresh lemon juice & garlic

21607001_EA



Herb & Garlic beef skewer

Certified Angus Beef marinated in a herb & garlic sauce

21607011_EA



9.99
4's

Turkey burger
Made with Ontario turkey. Raised without antibiotics.

21606850_EA/21606920_EA



9.99
4's

Homestyle BBQ burger
A blend of Certified Angus Beef and Ontario Pork, gluten free.

21606850_EA/21606920_EA

SEAFOOD



4⁹⁹ Crystal Waters
fresh crab cakes
116 g 21540956_EA

13⁹⁹ PC® bacon-wrapped
wild sea scallops
frozen
260 g 21220644_EA

14⁹⁹ Crystal Waters
salmon skewers
selected varieties, frozen
320/340 g 21547020_EA/21547850_EA

7⁹⁹ BOS smoked
Atlantic salmon
selected varieties
125 g 21192437_EA/21192711_EA

EASY MEALS



7⁹⁹ Schneiders Juicy
Jumbos wieners
selected varieties
375/450 g 20770591_EA



1⁹⁹ Carl Buddig
sliced meat
selected varieties
55 g 20074681_EA



4⁴⁹ Lunchables
selected varieties
89-138 g 21592663_EA



12⁹⁹ each
Marcangelo
bacon wrapped
turkey 340 g
or chicken herb
medallions 452 g
21025498_EA/21378258_EA



15⁹⁹ Royal Meats burgers
pork and beef
or beef and lamb
1.02 kg 21542193_EA



15⁹⁹ PC® Thick & Juicy™
chicken or turkey
burgers frozen
1.13 kg 20155317_EA/20956689_EA



11⁹⁹ Janes Pub Style turkey
strips, nuggets or burgers
frozen
600 g 21431735_EA/21431776_EA



7⁹⁹ Marcangelo
jumbo sausages
selected varieties,
frozen
675 g 21365170_EA



It's all about the dirt!

Ideal for general gardening or top dressing lawns.



4/\$11 PC® Black Earth all-purpose soil 25 L
less than 4 \$3 ea. 21357792_EA

A garden is only as healthy as its soil, this nourishing 4-in-1 soil mix can be used on its own or mix into existing soil for vegetables, for trees and shrubs or flowers. Sphagnum Peat + Composted Manure + Topsoil + Lime.



2/\$12 PC® Vegetable & Herb soil 25 L
less than 2 \$7 ea. 21349109_EA

Enriched lawn soil to help repair and thicken your yard.



2/\$12 PC® Enriched Lawn soil 25 L
less than 2 \$7 ea. 21349080_EA

With added fertilizer for seeds, bulbs and flowers. Ideal soil mix for all garden needs. Great drainage, aeration and moisture retention.



PC® flower and garden bed soil mix 50 L
21363856_EA

2/\$20
less than 2 \$11.50 ea.

Improves soil structure, helps regenerate the soil, and is an effective source of nutrients needed for growing plants of all types.



no name® cow manure compost 12.5 kg
21349331_EA

3/\$12
less than 3 \$4.50 ea.

Mulch not only makes your garden look great, it helps reduce weed growth and helps keep the soil moist and healthy.



3/\$12 no name® natural cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358531_EA



3/\$12 no name® red cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358536_EA



3/\$12 no name® black cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358573_EA

BODY & HEALTH



Optimum
6,000^{PS}
for every \$15
spent on

St. Ives
selected varieties
and sizes

21086101_EA/21360961_EA

Optimum
6,000^{PS}
for every \$15
spent on

**Degree,
Axe or Vaseline**
selected varieties
and sizes

21078327_EA/21085011_EA

Aveeno lotion
selected varieties

20102023001_EA/20102023003_EA

11⁹⁹
532 mL

Ivory
bar soap 10's
or body wash 621 mL
selected varieties

20347887001_EA/20860346001_EA

5⁴⁹
each

Herbal Essences
hair care 346 mL
or Nivea or
Chapstick lip care
2's, selected varieties

20143913_EA/20432297002_EA

3⁹⁹
each



Degree
deodorant
selected varieties

20296452001_EA/20303942002_EA

3⁹⁹
48-85 g



Listerine
mouthwash
selected varieties

20348438001_EA/21091207_EA

6⁹⁹
1 L



Native
body wash
or hair care
selected varieties

21435048_EA/21505267_EA

10⁹⁹
487-532 mL



Native
deodorant 75 g
or Cetaphil
cleanser 500 mL
all varieties

20432313001_EA/21346430_EA

14⁹⁹
each



Head & Shoulders
hair care
selected varieties

21435219_EA/21505226_EA

10⁹⁹
400-613 mL



U By Kotex
tampons 30-32's,
liners 80-129's
or pads 22-44's
selected varieties

21288015_EA/21518467_EA

10⁹⁹
each



Tena
protective
underwear
selected varieties

21033614_EA/21033778_EA

17⁹⁹
13-48's



PC®
Ultra Shake
selected varieties

20325953001_C06/20325953002_C06

11⁹⁹
6x237 mL



Diesel
whey 908 g
or vegan 350 g
protein powder
selected varieties

21068329_EA/21461735_EA

up to

15% OFF



ONE 60 g
or **Diesel** 50 g
protein bar
selected varieties

3⁴⁹
each



Life Brand®
epsom salts

21153253_EA

4⁹⁹
2 kg



Life Brand®
vitamins
selected varieties
and sizes

21138915_EA/21150323_EA

up to

15% OFF



Band-Aid
bandages
selected varieties

20315160_EA/20855050_EA

4⁹⁹
10-50's



Claritin
or **Alerius**
allergy relief
selected varieties

20074812_EA/20308018001_EA

19⁹⁹
15-30's



Tums
antacids
selected varieties

20117825002_EA/21235759_EA

9⁹⁹
140/160's

BABY



Pampers or Huggies super big pack diapers
selected varieties
36-112's

26⁹⁹
21455653_EA/21456473_EA

Pampers or Huggies wipes
selected varieties

19⁹⁹
21018026_EA/21371309_EA

Huggies swim diapers
small, medium or large

12⁹⁹
20569789_EA/20570040_EA

PC® baby oil, bubble bath or wash
selected varieties

3⁹⁹
20978100_EA/20978401_EA

Live Clean baby needs 750 mL or PediaSure
4x235 mL
selected varieties

10⁹⁹
20322414002_EA/20607347_EA

Love Child pouches
all varieties

1⁷⁹
20752899001_EA/207528990021_EA

PC® Organics pouches
selected varieties

5⁹⁹
20991023_EA/21183931_EA

Baby Mum-Mum
selected varieties

2⁷⁹
20316680001_EA/21024956_EA

Earth's Best snacks
selected varieties

3⁴⁹
21534883_EA/21534914_EA

Brothers fruit crisps
selected varieties

1²⁹
20549406_EA/20549408_EA

HOUSEHOLD

Fleecy fabric softener 1.36 L or dryer sheets 80's
selected varieties

5⁹⁹
20311072001_EA/21311876_EA

Finish Quantum dishwasher tabs
selected varieties

24⁹⁹
21218875_EA

Lysol Action Gel toilet bowl cleaner
selected varieties

4⁴⁹
21193424_EA

Swiffer Dusters 10's, dry sweeping cloths 32's or wet jet mopping pads 12's
selected varieties

13⁴⁹
20974300_EA/20974373_EA

Vileda Scrunge Multi-Use
selected varieties

4²⁹
21414462_EA/21414468_EA

Air Wick essential oils
selected varieties

13⁹⁹
20761733_EA/20795523_EA

Cottonelle flushable wipes
selected varieties

7⁹⁹
20688530_EA/21121587_EA

Glad plastic Cling Wrap

4²⁹
20043471_EA

no name® facial tissue
selected varieties

12⁹⁹
20174399_EA

Persil liquid laundry detergent
selected varieties

22⁹⁹
20952977_EA

Celebrate NATIONAL PET WEEK



Optimum
1,000 pts
for every \$10 spent on

2.69
368 g
Purina ONE wet dog food selected varieties
21303479_EA/21383287_EA

Optimum
3,000 pts
for every \$15 spent on

3.000 pts
for every \$15 spent on
Meow Mix or Milk-Bone selected varieties and sizes
21586251_EA/21014403_EA

Optimum
1,000 pts

24.99
5.44 kg
Purina Tidy Cats cat litter selected varieties
21206305_C01/21217951_C01

Optimum
3,000 pts

24.99
2.2 kg
Blue Buffalo Tasteful dry cat food selected varieties
21360296_EA/21360315_EA

Optimum
1,000 pts
for every \$10 spent on

1.19
85 g
Fancy Feast® wet cat food selected varieties
20302296012_EA/20302296014_EA

Optimum
1,000 pts
for every \$10 spent on

1.19
156 g
Friskies wet cat food selected varieties
20319657001_EA/20319657005_EA

Optimum
500 pts

7.99
454 g
Whiskas Temptations value size cat treats selected varieties
21105393_EA/21105449_EA

Optimum
3,000 pts

30.99
6.8 kg
IAMS dry dog food selected varieties
20646724003_EA/20646724004_EA

Optimum
3,000 pts

5.49
454 g
Hungry Hunter chicken feet for both cats and dogs
21378255_EA

Optimum
3,000 pts

7.99
454 g
FreshPet Select cat food
20563803_EA/21094629_EA

Optimum
3,000 pts

6.99
148-234 g
Zoë Better Than Rawhide dog treats
21548928_EA/21302219_EA

Optimum
3,000 pts

4.99
each
Arm & Hammer cat litter deodorizer 500 g, or Bounce pet hair and lint guard sheets 40's
20023049_EA/21360153_EA

Optimum
3,000 pts

6.99
283 g
PC® Extra Meaty Trainers dog treats selected varieties
21544772_EA/21544840_EA

Optimum
3,000 pts

11.99
2 kg
PC® Nutrition First® dog food selected varieties
21304456_EA/21307661_EA

Optimum
3,000 pts

14.99
2 kg
PC® Nutrition First® dry cat food selected varieties
21303164_EA/21303268_EA

Optimum
3,000 pts

2.69
320-400 g
PC® Wild Bird suet cakes selected varieties
21302909_EA/21302923_EA

START YOUR ACTIVIA® GUT HEALTH CHALLENGE

2 ACTIVIA PER DAY FOR **14** DAYS

\$10.99
Activia® - 2 kg
20419715005



\$5.49
Activia® - 8 x 100 g
20325384002



\$1.99
Activia® - 190 mL
21348503



\$4.99
Activia® - 2 x 150 g
21588442



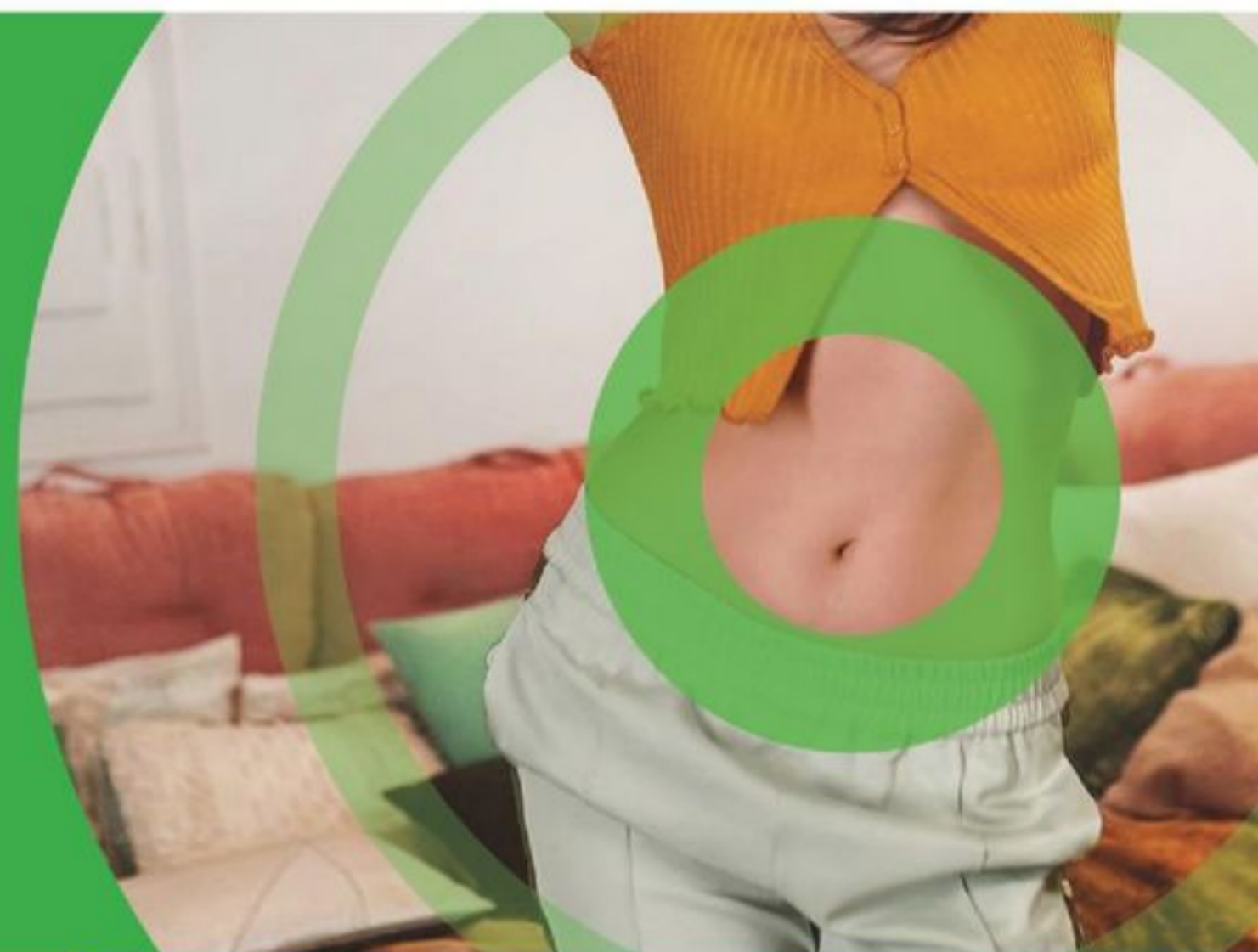
\$6.99
Activia® - 8 x 93 mL
21430512



\$4.49
Activia® - 650 g
21588674



Activia may help reduce the frequency of minor digestive issues like bloating, gas, discomfort and rumbling when consumed twice per day for 2 weeks as part of a balanced diet and healthy lifestyle. *2 servings.



CREAMY TEXTURE, ANYTIME, ANYWHERE

\$4.49

Oikos® - 4 x 100 g
(21006595, 20419715001)



\$10.99

Oikos® - 12 x 100 g
21396062



\$1.99

Oikos® - 190 mL
(21588703, 21588614)



**NEW
HIGH
PROTEIN**

\$6.99

Oikos® - 650 g - 750 g
21305945



LOW IN SUGAR BIG ON TASTE

\$4.49 **\$5.99**
Two Good®
4 x 95 g
21476047



TRY COLD FOAM IN YOUR COFFEE

\$6.49
International
Delight® - 396 g
(21590982, 1590944)



NEW

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Protein made easy. **NEW!**

Smooth creamy texture. No added sugar.



\$3.99

Yoplait® Source®
Protein 4 x 100 g
21588150_EA



\$4.99

Yoplait® Source®
Protein 650 g
21587047_EA



\$5.99
Liberté Greek 3%
Less Sugar
650/750 g
21588110_EA



\$4.99
Liberté Greek
Crunch 2 x 130 g
21588326_EA

**NEW
FLAVOUR!**



\$4.49
Yoplait® Tubes®
8 x 56 g
21547595_EA



\$1.29
Yoplait® YOP®
200 mL
21478227_EA

**NEW
FLAVOURS!**

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Saputo cheese, it changes everything.

\$13⁹⁹

**SAPUTO
FRIULANO**
500g
20708981



\$5⁹⁹

**SAPUTO
FETA ASSORTED
VARIETIES**
200g
21547297



\$13⁹⁹
LB

**SAPUTO
COGRUET**
33.05/KG
20033471



\$7⁹⁹

**SAPUTO
BARI RICOTTA**
ASSORTED VARIETIES
500g
20573933

\$8⁴⁹-9⁹⁹

**SAPUTO
CHEESE FRIES &
CHEESE PATTIES**
200g-250g
21547522_EA/
21547788_EA



Maple Lodge Farms
Wieners 450g
619

\$2.99



Maple Lodge Farms
ULTIMATE™ Original
Frankfurters 900g
671

\$6.99



Zabiha Halal Original
and Spicy Fully Cooked
Sausages 375g
201957, 201958

\$7.99



Zabiha Halal Original and
Spicy Frankfurters 900g
200671, 200651

\$6.99



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to start earning.

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- ✓ Digital Card
- ✓ Flyers
- ✓ And more!



Get the app!



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Get
\$100
in welcome
points*



Apply today
at pcfinancial.ca/fortinos

*Offer available until May 13, 2024; conditions apply.



Optimum™

Pleated Short

35

Get Rewarded*
15,000 pts

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May 9 - 15 | In-Store + Online

That's like
\$15
in points!

*Visit www.joefresh.com/offerdetails for full details



Baby Boys' 2 Piece
Crinkle Set

24



Mens'
Button Down

35



Kid Girls'
Terry Romper

19



JOE FRESH

SHOP NOW

FORTINOS®

KOSHER



3.99 lb Marvid Kosher whole chicken
8.80/kg 20006825_KG



17.99 Shefa beef or chicken burgers frozen
896 g 21289250_EA/21290137_EA



15.99 lb fresh Atlantic salmon fillets tray pack
35.25/kg 21029025_KG



Duda celery sticks product of U.S.A.
20810898_EA

4.99
1 lb



1.49 Ta'ambonne dips or spreads selected varieties
200 g 21396312_EA/21396343_EA



Crown Danish babka all varieties
21417190_EA/21417201_EA

6.99
500 g



4.99 Tuscanini pizza selected varieties, frozen
400/425 g 21026883_EA



MC Dairy pressed cottage cheese
20033213_EA

6.49
500 g



.99 Willi Food noodle cups 70 g, selected varieties
20071580001_EA



White Rock seltzer selected varieties
20042540_EA

.79 1 L



.99 Snappy Snax chocolate wafers or Haddar tea biscuits selected varieties, 175 g
20309526001_EA/21490425_EA



Snappy Snax pretzels selected varieties
20299018001_EA

2.49
425 g

PRICES EFFECTIVE FROM THURSDAY, MAY 2 TO WEDNESDAY, MAY 22, 2024.



5⁹⁹ Chef Tzali
falafel balls
frozen
340 g 21397524_EA



6⁹⁹ Crown borekas
selected varieties,
frozen
600/800 g 20306238004_EA



20⁹⁹ Of Tov chicken
cutlets or nuggets
selected varieties, frozen
907 g 20072963_EA



19⁹⁹ Nature's Best
shredded cheese
selected varieties
800 g 21079671_EA



3⁴⁹ Manischewitz
egg noodles
selected varieties
340 g 20275782001_EA



1⁷⁹ Osem
Israeli couscous
250 g 20132758_EA



2⁴⁹ Streit's
soup mix
selected varieties
170 g 20317622001_EA



4⁴⁹ Pereg
bread crumbs
selected varieties
255/340 g 21436896_EA



5⁹⁹ Tonelli
balsamic vinegar
500 mL 20094337_EA



5⁹⁹ Pure Food
marinades
selected varieties
280 mL 21558688_EA



2⁴⁹ Mehoudar
hearts of palm
398 mL 20024052_EA



3⁴⁹ Crown original
snack n' crackers
300 g 21509524_EA



1⁴⁹ Osem
instant pudding
vanilla or chocolate
80/95 g 20872328001_EA



1⁴⁹ Osem
wheat snacks
selected varieties
70 g 20671260001_EA



4⁹⁹ Bloom's
SnackShots
crunchy
wheat snack
selected varieties
216 g 21220998_EA



1⁹⁹ Shufra chocolate
selected varieties
100 g 20883066_EA

FORTINOS

Prices effective from Thursday, May 2
to Wednesday, May 22, 2024 at:
• 700 Lawrence Ave. W, North York
• 1579 Main St. W, Hamilton

All references to any savings claims (ie. "Save", "was", "1/2 price", etc.) is in comparison to our regular retail. We reserve the right to limit quantities. Product selection may vary and may not be available at all stores. Image prevails when text does not correspond to the description of advertised product. ©/TM trademarks of Loblaw's Inc. © 2024 Loblaw's Inc.