

**MAY**

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
\$2.50 EA.**



**\$1<sup>50</sup>**

**CHEEZ-IT BAKED  
SNACK CRACKERS  
SELECTED VARIETIES  
191/200 G  
21214560\_EA/21350253\_EA**

**LIMIT 6  
AFTER LIMIT  
\$4.50 EA.**



**\$3**

**PLANTERS DELUXE  
WHOLE CASHEWS  
SALTED OR UNSALTED  
200 G  
21021617\_EA/21021618\_EA**



**\$3<sup>50</sup>**

**NEW TREASURE LONG GRAIN  
WHITE RICE  
2 KG  
21596582\_EA**

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*\*Must be a registered PC Optimum® member to get this offer.  
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.

# Mother's Day well spent

Give the best to mom.

**4 DAYS ONLY!**  
May 9th TO 12th

**Optimum**  
**10,000**<sup>pts</sup>  
for every \$50<sup>+</sup>  
spent

**\$10**  
Value

**ON LAWN & GARDEN**  
21357792\_EA/20753918\_EA



**PC<sup>®</sup> DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753918\_EA

**2/\$40**  
LESS THAN 2  
\$23 EA.

**Optimum**  
**7,000**<sup>pts</sup>

**\$7**  
Value



**PREMIUM & ELITE MOTHER'S DAY BOUQUETS**  
SELECTED VARIETIES  
EACH  
21087827\_EA

**FROM \$35**

**Optimum**  
**5,000**<sup>pts</sup>

**\$5**  
Value



**LA ROCCA OCCASION CAKES**  
8 INCH  
SELECTED VARIETIES  
1.1-1.7 KG  
21496166\_EA

**6 VARIETIES**  
**29<sup>99</sup>**



Optimum™

# Members save more.



click or visit  
pcoptimum.ca  
to become a member

See back page for details.



Members save  
**\$3**

Optimum  
Members-Only Price™  
**\$12**  
Non-members  
**\$15**

**SMALL VEGETABLE PLATTER**  
872-962 G OR  
**FRUIT PLATTER 1.17-1.2 KG**  
PREPARED FRESH  
IN-STORE DAILY  
20079394\_EA/20171929\_EA



Members save  
**\$2.30**

Optimum  
Members-Only Price™  
**3.49**  
Non-members  
**5.79**

**PC®, BLUE MENU®**  
**THIN AND CRISPY, LOADS OF,**  
**FOCACCIA OR FLAT BREAD**  
**PIZZAS**  
SELECTED VARIETIES  
FROZEN  
330-455 G  
20971494\_EA/21013867\_EA



## APP EXCLUSIVE OFFER

Open your PC Optimum® app or visit pcoptimum.ca to get the offer



Members save  
**\$2.50**

Optimum  
Members-Only Price™  
**2.99**  
Non-members  
**5.49**

**PC® SALSA**  
SELECTED VARIETIES  
650 ML  
20309646002\_EA/20309646003\_EA



# More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board



Scan to see our complete digital flyer



**Dominion**

**WHOLE CHICKEN**  
6.59/KG  
20707744\_KG

**SAVE THIS WEEK**  
**2<sup>99</sup>**  
LB

**STRIPLOIN GRILLING STEAK**  
FAMILY SIZE, CUT FROM UNGRADED BEEF  
21.78/KG  
21564957\_KG

**MUST BUY**  
May 9 - 12

**SAVE THIS WEEK**  
**9<sup>88</sup>**  
LB

**CUT BY OUR BUTCHERS**

**PORK BACK RIBS**  
CRYOVAC PKG 2'S  
9.90/KG  
20289672\_KG

**SALE**  
**SAVE \$2**  
**4<sup>49</sup>**  
LB

**1 LB**

**STRAWBERRIES**  
PRODUCT OF U.S.A. NO. 1 GRADE  
1 LB  
20049778001\_EA

**3<sup>99</sup>**

**CANADIAN SNOW CRAB CLUSTERS LEG AND CLAW**  
FROZEN OR PREVIOUSLY FROZEN  
17.61/KG  
21534626\_KG

**7<sup>99</sup>**  
LB

**PC\* PACIFIC LARGE WHITE SHRIMP**  
RAW OR COOKED  
PEELED 31-40 PER LB  
FROZEN  
400 G  
20789931\_EA/20791381\_EA

**7<sup>99</sup>**

**FARMER'S MARKET™ ENGLISH CUCUMBERS**  
PRODUCT OF ATLANTIC CANADA OR CANADA OR  
**GREENHOUSE PEPPERS**  
PRODUCT OF CANADA  
3'S  
20828461001\_EA/  
20085851001\_EA

**4<sup>99</sup>**

**SALE**  
**SAVE \$2**

**PKG OF 3**

**PC\* SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN  
150 G  
20055009\_EA/21047088\_EA

**8<sup>99</sup>**

**BLACK DIAMOND CHEESE BARS** 400 G,  
SHREDS 300-320 G  
OR **PC\* CHEESE SHREDS** 250-320 G  
SELECTED VARIETIES  
21278839\_EA/21279221\_EA

**4<sup>88</sup>**

**WONDER BREAD OR BUNS**  
SELECTED VARIETIES AND SIZES  
20305674\_EA  
20297455\_EA  
20305135\_EA

**BUY 2 OR MORE**  
**\$3<sup>EA.</sup>**  
LESS THAN 2 \$3.49 EA.

**PRICE DROP**

**SALE**  
**SAVE \$2**

**SAVE THIS WEEK**

**BANANA BOAT, COPPERTONE OR NEUTROGENA SUNSCREEN**  
SELECTED VARIETIES AND SIZES  
21352122\_EA  
21524980\_EA

**30%**

**COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
20318694002\_C12  
20322361002\_C12

**6<sup>49</sup>**

**CASHMERE BATHROOM TISSUE** 12 DOUBLE ROLLS, SPONGETOWELS  
**PAPER TOWELS** 6 ROLLS OR **SCOTTIES FACIAL TISSUE** 6'S  
SELECTED VARIETIES  
21189812\_EA/21204739\_EA

**6<sup>99</sup>**

**TETLEY 216'S OR KING COLE TEA**  
120/216'S  
SELECTED VARIETIES  
20025699\_EA/21250568\_EA

**8<sup>99</sup>**

**SALE**  
**SAVE UP TO**

**SAVE THIS WEEK**

Flyer prices effective from Thursday, May 9th to Wednesday, May 15th, 2024. SEE BACK PAGE FOR DETAILS.



**NEW TREASURE LONG GRAIN WHITE RICE**  
2 KG  
21596582\_EA/21599501\_EA

**\$3<sup>50</sup>**



**PLANTERS DELUXE WHOLE CASHEWS**  
SALTED OR UNSALTED  
200 G  
21922167\_EA/21022168\_EA

**\$3**



**CHEEZ-IT BAKED SNACK CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214560\_EA/21350253\_EA

**\$1<sup>50</sup>**

As compared to other major grocery retailers within your local areas. \*Must be a registered PC Optimum™ member to get this offer. Valid from May 1st - 31st, 2024. While quantities last. See in-store for details.



**SUNCHIPS MULTIGRAIN FLAVOURED SNACKS**  
SELECTED VARIETIES  
205 G  
21370313\_EA/21370317\_EA

**2<sup>50</sup>**



**ACTIVIA OR OIKOS SMOOTHIE**  
SELECTED VARIETIES 190 ML  
21396076\_EA/21348503\_EA

**\$1**



**SCOPE CLASSIC ORIGINAL MINT OR COOL PEPPERMINT MOUTHWASH**  
1 L  
20948747\_EA/20948867\_EA

**\$4**



**STARBUCKS GROUND OR WHOLE BEAN COFFEE**  
311-340 G, K-CUPS 10'S, COLD BREW 946 ML OR INSTANT COFFEE 90 G  
SELECTED VARIETIES  
2054862002\_EA/20547343003\_EA

**9<sup>99</sup>**



**FRIED TORTILLA CHIPS**  
450 G  
21534615\_EA

**2/\$8**  
LESS THAN 2 \$5 EA.



**MAPLE LEAF BACON, READY CRISP BACON OR SCHNEIDERS BACON**  
SELECTED VARIETIES  
65-375 G  
20732366\_EA/20164959\_EA

**5<sup>99</sup>**



**NO NAME MARSHMALLOW**  
SELECTED VARIETIES  
400 G  
20304672001\_EA/210223141\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**STOK COLD BREW COFFEE**  
1.42 L, SIMPLY JUICE OR GOLD PEAK ICED TEA 2.63 L  
SELECTED VARIETIES  
20151025001\_EA/21203739\_EA

**6<sup>99</sup>**



**SCOTSBURN OR BAXTER CREAM**  
SELECTED VARIETIES  
1 L  
21025932\_EA

**3<sup>49</sup>**



**DORITOS FLAVOURED TORTILLA CHIP OR TOSTITOS TORTILLA CHIPS**  
SELECTED VARIETIES  
205-295 G  
21369118\_EA/21050575\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**CHAPMAN'S HARKDALE CREAMERY ICE CREAM 2 L OR HALO TOP FROZEN DESSERT 473 ML**  
SELECTED VARIETIES  
FROZEN  
20315236001\_EA/21087007\_EA

**3<sup>99</sup>**



**NESTLÉ DRUMSTICK 4'S OR HÄAGEN-DAZS 414-450 ML OR BARS 3/4'S**  
SELECTED VARIETIES  
FROZEN  
20322380001\_EA/21513578\_EA

**5<sup>44</sup>**



**CLOVER LEAF SOCKEYE SALMON**  
213 G  
21314811\_EA

**4<sup>29</sup>**



**BLUEWATER FISH, SHRIMP OR AIR FRIED 210-600 G OR GIUSEPPE STUFFED CRUST PIZZA 685-771 G**  
SELECTED VARIETIES  
FROZEN  
20310745004\_EA/21555844\_EA

**6<sup>99</sup>**



**SMART SWEETS CANDY**  
SELECTED VARIETIES  
50 G  
21154474\_EA/21199935\_EA

**3<sup>49</sup>**



**GATORADE OR POWERADE SPORTS DRINK**  
SELECTED VARIETIES  
24X591 ML  
20298835002\_C24  
20854130\_C24

**21<sup>99</sup>**



**PC PAPER TOWELS CLUB SIZE**  
12 ROLLS  
21558605\_EA

**21<sup>99</sup>**



**FINISH 40-55'S, CASCADE 39-48'S OR CASCADE ACTION PACS 60'S, GAIN FLINGS 42'S, GAIN/DOWNY FABRIC SOFTENER 2.4-3.29 L, BEADS 515 G OR BOUNCE SHEETS 250'S**  
SELECTED VARIETIES  
20660832001\_EA  
20959627\_EA

**14<sup>99</sup>**



**TIDE LAUNDRY DETERGENT**  
SELECTED VARIETIES  
1.09 L  
20751974\_EA/20752014\_EA

**4<sup>99</sup>**

CUSTOMER RELATIONS 1-866-727-0771. VISIT [newfoundlandgrocerystores.ca](http://newfoundlandgrocerystores.ca) FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone numbers. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements, pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [newfoundlandgrocerystores.ca](http://newfoundlandgrocerystores.ca) for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. #PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# Produce



**BLACKBERRIES**  
PRODUCT OF MEXICO  
170 G  
20051015001\_EA

**4<sup>49</sup>**



**FARMER'S MARKET™ LEMONS**  
PRODUCT OF SOUTH AFRICA  
2 LB BAG  
20795315001\_EA

**3<sup>99</sup>**



**AVOCADO**  
PRODUCT OF MEXICO  
EACH  
21097012001\_EA

**2<sup>29</sup>**



**CANADA PC™ MIXIANY CHERRY TOMATOES**  
PRODUCT OF CANADA  
680 G  
2128588001\_EA

**7<sup>99</sup>**



**ATLANTIC FARMER'S MARKET™ RUSSET POTATOES**  
PRODUCT OF ATLANTIC CANADA, CANADA NO. 1 GRADE  
10 LB BAG  
20601020001\_EA

**7<sup>49</sup>**



**BROCCOLI CROWNS**  
PRODUCT OF MEXICO OR U.S.A.  
EACH  
21121560001\_EA

**3<sup>49</sup>**



**PC™ CHOPPED SALAD KITS**  
PRODUCT OF U.S.A., SELECTED VARIETIES  
285-369 G  
21378071\_EA/  
21378098\_EA

**2/\$11**  
LESS THAN 2 \$5.99 EA.



**CANADA WELL COLD-PRESSED JUICE**  
PRODUCT OF CANADA, SELECTED VARIETIES  
333 ML  
21186483\_EA/  
21186518\_EA

**2/\$11**  
LESS THAN 2 \$5.99 EA.



**FARMER'S MARKET™ GRAPEFRUIT OR NAVEL ORANGES**  
PRODUCT OF SPAIN, MOROCCO OR TURKEY  
3 LB  
20118409001\_EA/  
20162945001\_EA

**7<sup>99</sup>**



**CORED PINEAPPLE**  
MADE IN-STORE DAILY  
600 G  
20503143\_EA

**6<sup>99</sup>**

# Butcher



**LEAN GROUND BEEF**  
FAMILY SIZE  
15.41/KG  
20782821\_KG

**6<sup>99</sup>**  
LB



**CHICKEN LEGS**  
FAMILY SIZE  
6.59/KG  
20707114\_KG

**2<sup>99</sup>**  
LB



**EXTRA LEAN GROUND CHICKEN OR TURKEY**  
TRAY PACK  
14.31/KG  
20107226\_KG/20707719\_KG

**6<sup>49</sup>**  
LB



**SUFRA™ HALAL LEAN GROUND BEEF**  
454 G  
21397283\_EA

**8<sup>99</sup>**



**BEEF STIR FRY STRIPS**  
250 G  
21588067\_EA

**\$7**



**MARINATED PORK BACK RIBS**  
13.21/KG  
21418296\_KG

**5<sup>99</sup>**  
LB



**BEYOND MEAT PLANT BASED BURGER OR BREAKFAST SAUSAGES**  
226-400 G  
21193815\_EA/21399630\_EA

**7<sup>49</sup>**



**PC™ NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375-500 G  
20057892\_EA/20152629\_EA

**6<sup>99</sup>**



**PC™ BURGERS**  
SELECTED VARIETIES, FROZEN  
568 G-1.36 KG  
20941230\_EA/  
20941443\_EA

**2/\$30**  
LESS THAN 2 \$16.99 EA.



**PC™ BBQ PORK BACK RIBS**  
FULLY COOKED, SELECTED VARIETIES  
500 G  
21284538\_EA/21284542\_EA

**\$12**



**ST-HUBERT OR SWISS CHALET SINGLE PIES**  
FROZEN  
470 G  
21047000\_EA/21047192\_EA

**7<sup>49</sup>**

# Seafood

Fresh seafood items subject to availability.



**STEELHEAD TROUT FILLETS**  
FROZEN OR PREVIOUSLY FROZEN  
24.23/KG  
21478771\_KG

**10<sup>99</sup>**  
LB

**FRESH SALMON STEAKS**  
30.84/KG  
20850605\_KG

**13<sup>99</sup>**  
LB



**PC™ PACIFIC LARGE WHITE**  
31-40 PER LB 400 G OR  
**JUMBO WILD ARGENTINIAN SHRIMP**  
RAW ZIPPERBACK™  
21-30 PER LB 340 G  
FROZEN  
20788888\_EA/21332386\_EA

**9<sup>99</sup>**



**AQUASTAR WILD CAUGHT KING CRAB LEGS OR CLAWS**  
FROZEN  
500 G  
21012170\_EA

**34<sup>99</sup>**

# Bakery

**BAKED IN-STORE**



**\$6**

**CINNAMON BUNS**  
DANISH OR CREAM CHEESE ICED  
10'S  
21467583\_EA



**15<sup>99</sup>**

**FARMER'S MARKET™  
BAR CAKES**  
SELECTED VARIETIES  
675-770 G  
21500612\_EA

**1,500<sup>00</sup>** **\$150 Value**



**7<sup>99</sup>**

**PC® MERINGATA**  
ORIGINAL OR SALTED CARAMEL  
FROZEN  
260 G  
21549377\_EA

**BAKED IN-STORE**



**\$4**

**CHOCOLATE CROISSANTS, 4'S  
OR PLAIN CROISSANTS 6'S**  
21030153\_EA/21527027\_EA



**6<sup>99</sup>**

**FARMER'S MARKET™  
HOMESTYLE TARTS**  
SELECTED VARIETIES  
6/12'S  
20308897\_EA

**BAKED IN-STORE**



**8/\$4**  
LESS THAN 87c EA.

**PREMIUM BULK BAGELS**  
20038964\_EA



**3<sup>50</sup>**  
EA.

**D'ITALIANO BREAD OR BUNS**  
SELECTED SIZES AND VARIETIES  
20038335\_EA/20627101\_EA/  
20627103\_EA

BUY 2 OR MORE  
LESS THAN 75c EA.



**6<sup>49</sup>**

**PC® CLUB SIZE NAAN DIPPERS TRADITIONAL**  
400 G OR PROMISE GLUTEN-FREE LOAF & BUNS 260-480 G  
SELECTED VARIETIES  
20999700\_EA/21414753\_EA



**\$3**

**PC® OR BLUE MENU® ENGLISH MUFFINS**  
SELECTED VARIETIES  
6'S  
20810728\_EA/20810793\_EA

# Great to go

Great to go items plus applicable taxes.

**3,000<sup>00</sup>** **\$3 Value**  
when you buy 2

**MADE FRESH IN-STORE**



**\$15**

**PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS**  
728 G  
21532556\_EA/21532557\_EA

**5,000<sup>00</sup>** **\$5 Value**



**\$9**

**PIZZAS**  
510-720 G  
21456401\_EA/21456254\_EA



**\$25**

**PARTY PLATTERS**  
SELECTED VARIETIES  
696 G 1.8 KG  
21217521\_EA/21217522\_EA

**1<sup>99</sup>**  
/100 G

**ZIGGY'S® SERVICE CASE HAMS**  
SELECTED VARIETIES  
20313480\_KG



**\$17**

**BENTO SUSHI FAMILY PACK**  
SELECTED VARIETIES  
580-675 G  
20793972\_EA/20793974\_EA



**2/\$11**  
LESS THAN 2 \$6.79 EA.

**OLIVERI SAUCES**  
160 G/300 ML OR SMALL PASTAS OR SKILLET GNOCCHI  
250-350 G  
20093406\_EA/  
21022065\_EA



**25%**

**MASTRO GENOA CHUBS**  
SELECTED VARIETIES  
600 G  
20181136\_EA

**DOUBLE CREAM/CREME BRIE**  
200 g | 30% | 50%  
20787327\_EA

**6<sup>99</sup>**

**MADE FRESH IN-STORE**



**\$7**

**BAGUETTE SANDWICHES**  
SELECTED VARIETIES  
269-325 G  
21362121\_EA/21496893\_EA



**11<sup>29</sup>**

**FROM OUR CHEFS PIES**  
590-600 G  
21579901\_EA/  
21583326\_EA



**2/\$7**  
LESS THAN 2 \$4 EA.

**PC® HUMMUS OR DIPS**  
SELECTED VARIETIES  
227 G  
20584012\_EA/  
20584212\_EA

**BOURSIN SOFT CHEESE 150 G, CUISINE 220 G OR MARCANGELO SLICED MEATS 100 G**  
SELECTED VARIETIES  
20116794\_EA/20864839\_EA

**5<sup>99</sup>**

# Floral



**\$16**

**MORE THAN A DOZEN TULIPS**  
SELECTED VARIETIES  
20547093\_EA



**\$25**

**DOZEN ROSES**  
ASSORTED COLOURS  
20581781\_EA/20581749\_EA



**\$45**

**MOTHER'S DAY ARRANGEMENT**  
21526879\_EA



**\$28**

**DOUBLE SPIKE ORCHID IN CERAMIC**  
SELECTED VARIETIES  
EACH  
20293541\_EA



# East Coast meets the world



**蝦餃**  
Shrimp Dumplings  
Dumplings aux crevettes  
1.04 kg (26 g x 40)

**蝦餃**  
Shrimp Dumplings  
Dumplings aux crevettes  
1.04 kg (26 g x 40)

T&T SHRIMP DUMPLINGS  
FROZEN  
1.04 KG  
21471210\_EA

Members  
save  
**\$3**

Optimum  
Members-Only Price™  
**12<sup>99</sup>**  
Non-members  
**15<sup>99</sup>**



HALDIRAM SNACKS 150 G OR  
MTR READY TO EAT MEALS 300 G  
SELECTED VARIETIES  
20769717008\_EA/20769717011\_EA

**1<sup>79</sup>**

KNORR CHICKEN BOUILLON MIX  
1 KG  
20154074\_EA

**12<sup>99</sup>**



GRACE COCONUT MILK  
400 ML  
20047774\_EA

**1<sup>49</sup>**



RUBICON JUICE  
AND BLENDS  
SELECTED VARIETIES  
1 L  
20029236001\_EA/21557723\_EA



**2/\$5**  
LESS THAN 2  
\$3.79 EA.



O'TASTY DUMPLINGS  
SELECTED VARIETIES  
FROZEN  
567 G  
20319243001\_EA/20319243004\_EA

**4<sup>99</sup>**



M.Y. SAN SKY FLAKES  
CRACKERS  
800 G  
21176798\_EA

**5<sup>99</sup>**



ROOSTER FRAGRANT  
JASMINE RICE  
2 KG  
20144395\_EA

**4<sup>99</sup>**



SURAJ DAAL  
SELECTED VARIETIES  
907 G  
20902123\_EA/20902524\_EA

**3<sup>99</sup>**



LAY'S INTERNATIONAL  
FLAVOURS  
SELECTED VARIETIES  
185 G  
21365049\_EA/21533620\_EA

**2/\$6**  
LESS THAN 2  
\$3.99 EA.



LA COSTEÑA SAUCE  
OR SALSA DIP  
SELECTED VARIETIES  
436-455 ML  
20318656001\_EA/20322953001\_EA

**4<sup>49</sup>**



KRITI GOLD  
OLIVE OIL  
750 ML  
20572876\_EA



**13<sup>99</sup>**

**MAKE EVERY MEAL MEMORABLE**  
WITH *Tilda*

**Tilda® Steamed Rice Assorted Flavours | 250 g**  
21009178\_EA/21009160\_EA

**Tilda® Jasmine Rice | 907 g**  
21576625\_EA

**Tilda® Pure Basmati Rice | 1.81 kg**  
20013920\_EA

**Tilda® Golden Sella Rice | 4.54 kg**  
21594605\_EA

**T&T 大統華**

The home dim sum experience has never been easier

**T&T Shrimp Dumplings**

**T&T BBQ Pork Buns**

**Danisa**  
TRADITIONAL BUTTER COOKIES

WORLD'S LEADING BUTTER COOKIES  
AUTHENTIC DANISH RECIPE • GUARANTEED QUALITY

**Danisa**

THE LUXURY OF TASTE

**UFC Refresh**

100% THAI COCONUT, NATURALLY REFRESHING

**UFC Refresh 100% Coconut Water 500 mL x 6**

**UFC Refresh 100% Coconut Water 1 L**

**UFC Refresh 100% Coconut Water 500 mL**

SETTING THE **GOLD** STANDARD

Extra Virgin Olive Oil  
750 mL

**KRITI Gold**

HUILE D'OLIVE EXTRA VIERGE DE LA GRÈCE

EXTRA VIRGIN OLIVE OIL FROM GREECE

# Garden Centre OPENING SOON

## 100% Canadian grown. Eh.

**10,000** pts  
for every \$50\* spent  
in the Garden Center

**\$10**  
Value

**4 DAYS ONLY!**

**THURSDAY MAY 9th  
TO SUNDAY MAY 12th**



SPRING BULBS  
PLANT NOW  
FOR SUMMER BLOOMS!  
SELECTED VARIETIES  
21423977\_EA/21426050\_EA

**\$8-17**



BURPEE OR MCKENZIE SEEDS  
SELECTED VARIETIES AND SIZES  
20752592\_EA/20752876\_EA



**1.89-5.49**

## How do we recycle?

**Empty Pots**  
are shipped back  
to the greenhouse  
where they are  
compacted/  
crushed.

**Plastic**  
is shredded to  
make pellets,  
which are used to  
make new pots  
and flats.

Established in 2008.

May 2 - June 19  
bring back your empty  
pots/flats and you can earn

**100** pts

for each pot or flat you return



PC® BLACK EARTH SOIL  
25 L  
21357792\_EA

**4/\$11**  
LESS THAN 4  
\$3 EA.



NO NAME®  
ALL-PURPOSE  
SOIL  
50 L  
21358664\_EA

**2/\$20**  
LESS THAN 2  
\$11.50 EA.



## Know your mulch

Mulch like no name® cedar mulch protects the soil from extreme temperatures, controls weeds and beautifies the landscape! Whether you're planting a tree, shrub or flower or vegetable garden, all bare soil should be covered with at least three inches of mulch. Simply place it on top of the finished planting bed for best results.



NO NAME®  
CEDAR MULCH  
AVAILABLE IN  
NATURAL, BLACK OR RED  
42.5 L  
21358531\_EA/21358573\_EA

**3/\$12**  
LESS THAN 3  
\$4.50 EA.

## Our plant guarantee

**Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.**

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

# Greenhouse Grown

From the greenhouse to your house...



ORGANIC ENGLISH CUCUMBER  
PRODUCT OF ATLANTIC CANADA  
EACH  
20080489001\_EA

**2<sup>99</sup>**



FARMER'S MARKET<sup>SM</sup> MINI CUCUMBERS  
PRODUCT OF ATLANTIC CANADA  
11'S  
21070679001\_EA

**7<sup>49</sup>**



PC<sup>®</sup> ORGANICS  
TOMATOES ON THE VINE  
PRODUCT OF CANADA  
11.00/KG  
20127917001\_KG

**4<sup>99</sup>**  
LB



PC<sup>®</sup> MINI PEPPERS  
PRODUCT OF CANADA  
454 G  
20920821001\_EA

**6<sup>99</sup>**



GREENHOUSE  
ROMA TOMATOES  
PRODUCT OF MEXICO  
6.15/KG  
20143381001\_KG

**2<sup>79</sup>**  
LB



PC<sup>®</sup> LIVE LETTUCE RED OR TRIO  
PRODUCT OF CANADA  
1'S  
21506580\_EA/21178850\_EA

**3<sup>99</sup>**

# Celebrating Mom



10 STEM TULIPS  
EACH  
21521853\_EA

**\$12**



MOTHER'S DAY  
PLANTER  
SELECTED  
VARIETIES  
EACH  
20963750\_EA

**\$28**



CARNATION BUNCH  
IN ASSORTED COLOURS  
21087795\_EA

**\$9**



3.5 INCH  
ORCHID  
EACH  
21065625\_EA

**\$22**



PC® BAR DESSERT  
COLLECTION 145 G OR  
CHOCOLATE SALTED  
CARAMELS 158 G  
21197993\_EA  
21200083\_EA

**3<sup>99</sup>**



FERRERO ROCHER  
TABLETS  
SELECTED VARIETIES  
90 G  
21428863\_EA  
21570452\_EA

**2/6<sup>50</sup>**  
LESS  
THAN 2  
\$3.99 EA.



LINDOR OR  
GHIRARDELLI  
CHOCOLATE BAGS  
SELECTED VARIETIES  
116-151 G  
21390291\_EA  
21390363\_EA

**5<sup>99</sup>**



COCO BAKERY MACARON  
SELECTED VARIETIES  
206 G  
21587432\_EA

**14<sup>99</sup>**



MINI MOTHER'S DAY  
DONUTS  
6'S  
21355442\_EA

**5<sup>99</sup>**



BAKED MOTHER'S DAY  
MESSAGE COOKIE CAKE  
612 G  
20966119\_C10

**11<sup>99</sup>**



BACK TO BASICS  
CHEESE BOARD  
SELECTED VARIETIES  
412-432 G  
21405571\_EA/21405538\_EA

**\$12**



PIN WHEELS  
WRAP OR SMALL  
GAME NIGHT PLATTER  
EACH  
21558135\_EA/21557919\_EA

**\$25**



CHEESECAKE TRAY  
108 G  
2096282\_EA

**\$25**

# Natural foods



PC\* GLUTEN-FREE COUSCOUS  
SELECTED VARIETIES  
375 G  
20749043\_EA

3<sup>99</sup>



PC\* ORGANICS GLUTEN-FREE CAKE  
MIX OR FLOUR  
SELECTED VARIETIES  
400/800 G  
20689979001\_EA/20809079\_EA



5<sup>99</sup>



PC\* GLUTEN-FREE PIE CRUST OR  
CAULIFLOWER FLATBREAD  
SELECTED VARIETIES  
342-380 G  
21311742\_EA/21395544\_EA



7<sup>99</sup>



PC\* GLUTEN-FREE WAFFLES OR  
PC\* ORGANICS VEGAN PUFFS  
SELECTED VARIETIES  
142-198 G  
21358684\_EA/21419163\_EA



2<sup>49</sup>



PC\* GLUTEN-FREE PANCAKE MIX  
600 G OR CRACKERS 113 G  
SELECTED VARIETIES  
20898499\_EA/21471630\_EA



5<sup>49</sup>



NEILSON ORGANIC MILK  
SELECTED VARIETIES  
4 L  
20711395\_EA

11<sup>99</sup>



PC\* GLUTEN-FREE  
PIZZA OR PRETZEL  
SELECTED VARIETIES  
340-400 G  
21077582\_EA/21092257\_EA  
21092293\_EA

6<sup>99</sup>



PC\* ORGANICS  
ALMOND FLOUR  
454 G  
21411809\_EA



12<sup>99</sup>



GOGO QUINOA  
MAC & VEGAN CHEESE  
SELECTED VARIETIES  
170 G  
21380709\_EA

3<sup>99</sup>



NEAL BROTHERS  
ORGANIC PASTA SAUCE  
SELECTED VARIETIES  
680 ML  
21306298\_EA/21306341\_EA

7<sup>99</sup>



NATURES PATH SUNRISE  
CEREAL 300 G OR  
PC\* ORGANICS GLUTEN-FREE  
ROLLED OATS 900 G  
SELECTED VARIETIES  
20043938002\_EA/21396198\_EA



5<sup>49</sup>



NATURE CLEAN  
LAUNDRY LIQUID 3 L,  
PLASTIC FREE  
LAUNDRY OR CLEANER  
STRIPS 32/36'S  
SELECTED VARIETIES  
20067905\_EA/20757371001\_EA

13<sup>99</sup>



LEANFIT ORGANIC  
PLANT-BASED  
PROTEIN  
715 G OR  
WHEY PROTEIN  
517-579 G  
SELECTED  
VARIETIES  
21395716\_EA/21403978\_EA

39<sup>99</sup>



AMYS KITCHEN  
SELECTED VARIETIES  
AND SIZES  
20042092002\_EA/20371439001\_EA

20%



SENSIBLE PORTIONS  
VEGGIE STRAWS  
SELECTED VARIETIES  
120-142 G  
20377204001\_EA/21380091\_EA

\$2

# Grocery

5,000<sup>PC</sup> \$5 Value



roasted peanuts  
arachides grillées

**15<sup>99</sup>**

NO NAME<sup>®</sup> PEANUTS  
PRODUCT OF U.S.A.  
2 KG  
20847582\_EA/21359366\_EA

1,000<sup>PC</sup> \$1 Value



Milk Chocolate  
Chocolat au lait

**5<sup>49</sup>**

PC<sup>®</sup> CHOCOLATE COVERED FRUIT  
SELECTED VARIETIES  
FROZEN  
200 G  
21544051\_EA/21544055\_EA

4,000<sup>PC</sup> for every \$15 spent on \$4 Value



Ben's Original  
JASMINE RICE  
RIZ JASMIN

**21397275\_EA/21397537\_EA**



QUAKER DIPPES AND CHEWY GRANOLA BARS  
SELECTED VARIETIES  
120-156 G  
20847582\_EA/21359366\_EA

**2<sup>79</sup>**



PC<sup>®</sup> BLUE MENU<sup>®</sup> MARGARINE  
907 G OR HELUVA GOOD! 680 G  
SELECTED VARIETIES  
20312788001\_EA/20604565\_EA

**4<sup>99</sup>**



NO NAME<sup>®</sup> MUSHROOMS OR PC<sup>®</sup> BLUE MENU<sup>®</sup> NSA MUSHROOMS  
SELECTED VARIETIES  
284 ML  
20097492\_EA/21386702\_EA

**2/\$3**  
LESS THAN 2 \$1.69 EA.



PC<sup>®</sup> BBQ SAUCE  
SELECTED VARIETIES  
500 ML  
21021473\_EA/21021521\_EA

**3<sup>79</sup>**



PC<sup>®</sup> MAYONNAISE SPREAD  
SELECTED VARIETIES  
300 ML  
20320456001\_EA/21551335\_EA

**2/\$8**  
LESS THAN 2 \$4.49 EA.



HELLMANN'S MAYONNAISE  
710-890 ML OR KRAFT MIRACLE WHIP  
650-890 ML  
SELECTED VARIETIES  
20298681001\_EA/20618579001\_EA

**5<sup>99</sup>**



PC<sup>®</sup> OR BLUE MENU<sup>®</sup> COCKTAILS, 100% JUICE BLENDS OR CLAMATO JUICE  
SELECTED VARIETIES  
1.89 L  
20307025001\_EA/20506849003\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



COCA-COLA OR CANADA DRY SOFT DRINKS  
SELECTED VARIETIES  
2 L  
20311362001\_EA/20316026002\_EA

**2<sup>99</sup>**

500<sup>PC</sup>



PATAK'S COOKING SAUCE  
400 ML OR BLUE DRAGON SAUCE  
270 ML  
SELECTED VARIETIES  
20217180002\_EA/20712586\_EA

**3<sup>99</sup>**

MINUTE RICE OR TILDA READY TO SERVE  
SELECTED VARIETIES  
250 G  
20110052001\_EA/21009160\_EA

**2/\$5**  
LESS THAN 2 \$2.99 EA.



GREEN GIANT SPECIALTY VEGGIES  
283-454 G OR MCCAIN FRIES 1.5 KG  
SELECTED VARIETIES  
FROZEN  
20799763\_EA/21438731\_EA

**4<sup>99</sup>**



NO NAME<sup>®</sup> VEGETABLES  
SELECTED VARIETIES  
FROZEN  
750 G  
20306375\_EA/20312260\_EA

**2<sup>99</sup>**



CAVENDISH FRIES, ONION RINGS, WEDGES OR HASHBROWNS  
1-2.25 KG OR JANES ULTIMATES OR PAN-SEAR FISH  
450-615 G  
SELECTED VARIETIES  
FROZEN  
20827761\_EA/21594894\_EA

**10<sup>99</sup>**

QUAKER MUFFIN MIX  
SELECTED VARIETIES  
900 G  
20301064001\_EA/20301064003\_EA

**6<sup>49</sup>**



SCOTSBURN PREMIUM ICE CREAM 1.5 L OR CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT OR SORBET  
SELECTED VARIETIES  
FROZEN  
20314434005\_EA/20323573001\_EA

**6<sup>99</sup>**



KELLOGG'S EGGO WAFFLES 16'S OR MCCAIN DEEP 'N' DELICIOUS CAKES OR PIES 400-680 G OR MINI CAKES 4'S  
SELECTED VARIETIES,  
FROZEN  
20099730004\_EA/20310132002\_EA

**5<sup>99</sup>**



RIGHTEOUS SORBET OR GELATO  
SELECTED VARIETIES  
FROZEN  
473 ML  
21577481\_EA/21577531\_EA

**7<sup>99</sup>**

MERCI FINEST CHOCOLATE SELECTION  
250 G  
21221352\_EA

**5<sup>99</sup>**



COTTONELLE BATHROOM TISSUE  
6-24 ROLLS OR FLUSHABLE WIPES 2'S  
SELECTED VARIETIES  
20688530\_EA/21554641\_EA

**9<sup>99</sup>**



CASHMERE BATHROOM TISSUE  
SELECTED VARIETIES  
24-72 ROLLS  
21188845\_EA/21443648\_EA

**19<sup>99</sup>**



HUGGIES PULL UPS OR GOODNITES CLUB PACK TRAINING PANTS  
SELECTED VARIETIES  
28-74'S  
20952483\_EA/20963841\_EA

**26<sup>99</sup>**

PAMPERS EASY UPS ECONO PACK TRAINING PANTS  
SELECTED VARIETIES  
86-112'S  
21089297\_EA/21089300\_EA

**36<sup>99</sup>**

# For your family



**PANTENE, HERBAL ESSENCES, HERBAL BIO, HAIR EXPERTISE HAIR CARE OR OLD SPICE HAIR STYLERS**  
SELECTED VARIETIES AND SIZES  
21424214\_EA/21428992\_EA

**6<sup>99</sup>**



**SPEED STICK BASE ANTIPERSPIRANT 45-70 G OR SOFTSOAP LIQUID HAND SOAP PUMP 221 ML**  
SELECTED VARIETIES, EXCLUDES FOAMING  
20145312002\_EA/21073176\_EA

**1<sup>99</sup>**



**COLGATE PREMIUM ADULT OR KIDS TOOTH PASTE 70-150 ML, OR COLGATE MANUAL TOOTHBRUSH**  
SELECTED VARIETIES  
20306410001\_EA/21166612\_EA

**2<sup>99</sup>**



**SENSODYNE OR PRONAMEL TOOTH PASTE 75-100 ML, POLIDENT OR POLIGRIP, CREST 3D WHITE OR PRO-HEALTH TOOTH PASTE, SCOPE PRO HEALTH OR KIDS RINSE 500 ML, ORAL-B MANUAL TOOTHBRUSH OR FLOSS**  
SELECTED VARIETIES AND SIZES  
20301179001\_EA/21354700\_EA

**4<sup>99</sup>**



**LIFE BRAND® OR VASELINE HAND OR BODY LOTION**  
SELECTED VARIETIES AND SIZES  
21085011\_EA/21102172\_EA

**SALE SAVE UP TO 20%**



**ALWAYS PADS 28-48'S, LINERS 96-162'S, TAMPAX PEARL 32-40'S, BASE TAMPONS 54'S, U BY KOTEX TAMPONS 31-34'S, PADS 26-34'S, OR LINERS 64-100'S**  
SELECTED VARIETIES  
20319562001\_EA/21518239\_EA

**9<sup>99</sup>**



**GARNIER FRUCTIS, HERBAL ESSENCES OR AUSSIE HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21007198\_EA/21247055\_EA

**3<sup>99</sup>**



**DOVE BAR SOAP 3X106 G, BODY WASH 354/400 ML, BASE DEODORANT/ANTIPERSPIRANT 45-85 G OR DEGREE MOTION SENSE ANTIPERSPIRANT 74 G**  
SELECTED VARIETIES  
20329036001\_EA/21220515\_EA

**4<sup>99</sup>**



**SIMILAC PRO-ADVANCE STEP 1 & 2 BABY FORMULA POWDER**  
SELECTED VARIETIES 859 G  
21436985\_EA/21437126\_EA

**46<sup>99</sup>**



**REACTINE 24-36'S, CLARITIN 15-30'S, OR BENADRYL 25 MG 100'S CAPLETS, TABLETS, OR GELS**  
SELECTED VARIETIES  
20308018001\_EA 20550172\_EA

**21<sup>99</sup>**



**CENTRUM MULTIVITAMINS, EMERGEN-C OR CALTRATE SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20997357\_EA 21283427\_EA

**SALE SAVE UP TO 20%**



**2,000<sup>00</sup> when you buy 2 \$2 Value**  
**WEBBER NATURALS VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES EACH  
20860422\_EA



**1,000<sup>00</sup> \$1 Value**  
**OGX, AVEENO OR MAUI HAIR CARE**  
SELECTED VARIETIES AND SIZES  
20340206004\_EA 21165324\_EA

**7<sup>99</sup>**



**BATISTE DRY SHAMPOO**  
SELECTED VARIETIES AND SIZES 200 ML  
20848082\_EA/20850398\_EA

**8<sup>99</sup>**



**GARNIER WHOLE BLENDS HAIR CARE 370 ML OR SHAMPOO BARS 60 G**  
SELECTED VARIETIES AND SIZES  
20941723\_EA/21424783\_EA

**4<sup>99</sup>**



**TRESEMME HAIR CARE OR STYLING**  
SELECTED VARIETIES AND SIZES  
20315303001\_EA/21169718\_EA

**5<sup>99</sup>**



**CETAPHIL GENTLE SKIN CLEANSER OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
20432313001\_EA 20432313002\_EA

**SALE SAVE UP TO 25%**



**ST. IVES SKIN CLEANSERS AND MOISTURIZERS OR DOVE HAND AND BODY LOTION**  
SELECTED VARIETIES AND SIZES  
21006101\_EA/21428038\_EA

**SALE SAVE UP TO 25%**



**1,000<sup>00</sup> \$1 Value**  
**L'ORÉAL PARIS REVITALIFT RETINOL NIGHT SERUM OR GARNIER SKINACTIVE MICELLAR WATER**  
SELECTED VARIETIES AND SIZES  
21347222\_EA 21040515\_EA

**SALE SAVE UP TO 20%**



**2 VISIBLELY FIRMER SKIN IN 2 WEEKS**  
**NIVEA SOFT MOISTURIZING, Q10 ADVANCED NIGHT CREAMS OR EUCERIN LOTIONS**  
SELECTED VARIETIES AND SIZES  
20253595001\_EA 20700027\_EA

**SALE SAVE UP TO 25%**



**BIORÉ CHARCOAL PORE STRIPS 8'S OR CUREL FRAGRANCE FREE LOTION**  
SELECTED VARIETIES AND SIZES  
20213025001\_EA/20853307\_EA

**8<sup>99</sup>**



# For your pet



**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
75 G  
20945097\_EA

**\$1**



**CESAR DOG FOOD**  
SELECTED VARIETIES  
24'S  
21359656\_EA

**36<sup>99</sup>**



**PURINA ONE DOG FOOD**  
SELECTED VARIETIES  
368 G  
21383287\_EA

**2<sup>19</sup>**



**PURINA ONE DRY CAT FOOD**  
SELECTED VARIETIES  
1.45-1.8 KG  
20421881002\_EA

**13<sup>99</sup>**



**PURINA ONE SMARTBLEND DOG FOOD**  
SELECTED VARIETIES  
1.72/1.81 KG  
20912587\_EA

**11<sup>99</sup>**



**PURINA ONE BITES FOR DOGS**  
SELECTED VARIETIES  
198 G  
21165880\_EA

**5<sup>49</sup>**



**TIDY CATS LIGHT WEIGHT LITTER**  
SELECTED VARIETIES  
5.44 KG  
21217951\_C01

**23<sup>99</sup>**



**MILKBONE SOFT & CHEWY TREATS FOR DOGS**  
SELECTED VARIETIES  
708 G  
20018670\_EA

**11<sup>99</sup>**



**NATURE'S RECIPE DOG FOOD**  
SELECTED VARIETIES  
1.8 KG  
21549712\_EA

**16<sup>99</sup>**



**PC<sup>®</sup> NUTRITION FIRST DOG FOOD**  
SELECTED VARIETIES  
7 KG  
21305879\_EA

**31<sup>99</sup>**



**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
12'S  
20548822\_EA

**15<sup>99</sup>**



**ARM & HAMMER CLUMP & SEAL MULTICAT**  
9.1 KG OR  
MULTI CAT CLOUD CONTROL LITTER  
6.35 KG  
21086970\_EA

**18<sup>99</sup>**

**TRUSTED SOFTNESS, BETTER TEAR**  
\*vs. leading US 1-ply bargain brand

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, soft  
21549779\_EA

**Cleans Better So You Can Use Less**  
\*vs. Leading USA 1-Ply Bargain Brand

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, strong  
21484810\_EA

**+50% MORE ABSORBENT**  
\*vs. leading ordinary brand.

**17<sup>99</sup>** Bounty Paper Towel, Select A Size, 6=12 roll  
21515968\_EA

**THICKER AND MORE ABSORBENT**  
\*vs. the leading US 2-ply napkin

**10<sup>99</sup>** Bounty Napkin 400's  
21053171\_EA

## Don't leave any points behind at the pump!

Earn **10<sup>pts</sup>** per litre

Add your phone number to your account on the **PC Optimum™ app**. Enter your phone number on the pump keypad before entering your payment card.

OR

Earn **10<sup>pts</sup>** per litre

Insert your **PC Optimum™ card** into the card reader before entering your payment card.

OR

Earn at least **3c** per litre in points

Pay with your **PC® Mastercard®** and earn points on fuel.<sup>1</sup>



<sup>1</sup> Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional (10 points per litre of premium gasoline) (Octane 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit [pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard/](http://pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard/). PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw's Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee.

# Dragon Boat

click here to shop our full assortment 



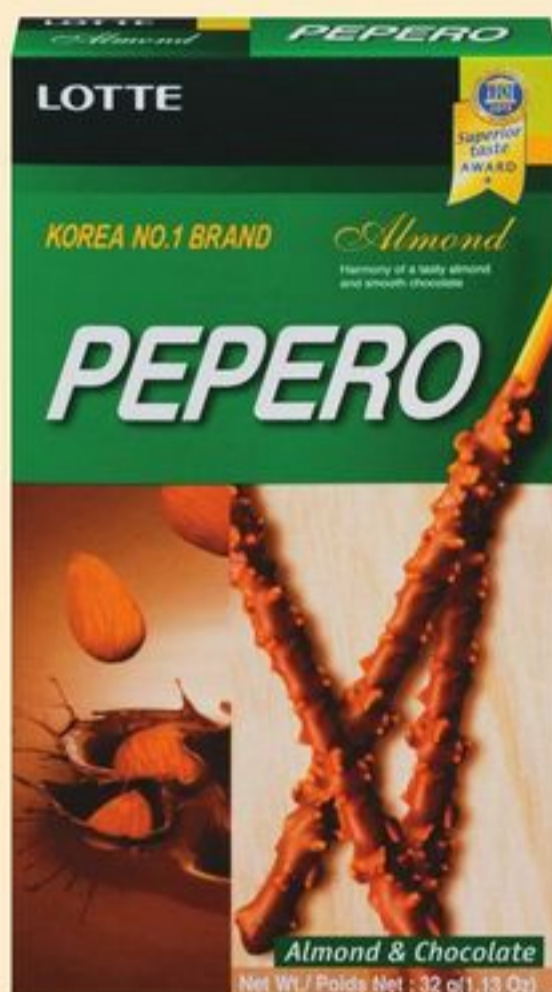
RED POMELO  
PRODUCT OF VIETNAM  
20081390001\_KG

**5<sup>99</sup>**



BABY OR SHANGHAI BOK CHOY  
PRODUCT OF MEXICO  
6.59/KG  
20082279001\_KG/20032454001\_KG

**2<sup>99</sup>**  
LB



LOTTE PEPERO  
SELECTED VARIETIES  
32-50 G  
20876313\_EA

Members save **50¢**

Optimum  
Members-Only Price™  
**99¢**  
Non-members **1<sup>49</sup>**



CHICKEN DRUMSTICKS  
FAMILY SIZE  
8.80/KG  
20707253\_KG

**3<sup>99</sup>**  
LB



LEAN GROUND PORK  
16.29/KG  
20833248\_KG

**7<sup>39</sup>**  
LB



FRESH WHOLE RED TILAPIA  
13.21/KG  
20057884\_KG

**5<sup>99</sup>**  
LB



PC® BLACK TIGER SHRIMP  
ZIPPERBACK®  
16-20 PER LB.  
FROZEN  
400 G  
20801192\_EA

**13<sup>99</sup>**



T&T® BAKERY BUNS  
SELECTED VARIETIES  
90/100 G  
20332833\_EA  
20334565\_EA

**99¢**



EVERGREEN BUBBLE MILK TEA  
SELECTED VARIETIES  
480 ML  
21528465\_EA  
21528467\_EA

**2<sup>29</sup>**



SAMYANG BULDAK RAMEN  
SELECTED VARIETIES  
650-700 G  
21345870\_C05  
21450283\_EA

**6<sup>99</sup>**



T&T® GLUTINOUS RICE  
1.8 KG  
20828956\_EA

**4<sup>99</sup>**



UFC REFRESH COCONUT WATER  
1 L  
20570506\_EA

**2<sup>99</sup>**



BINGGRAE T'AOM ICE BAR, 5'S OR LOTTE MOCHI 270 G  
SELECTED VARIETIES  
FROZEN  
21247111\_EA  
21566306\_EA

**3<sup>99</sup>**



AROY-D COCONUT MILK  
SELECTED VARIETIES  
400 ML  
20063864\_EA

**1<sup>99</sup>**



BILLY BEE HONEY  
500 G  
21001564\_EA

**6<sup>99</sup>**

# MIX & MATCH

## 2 FOR \$11

LESS THAN 2 \$6.49 EA

Fresh Pasta selected varieties 250 - 350 g | 20915838\_EA/20915892\_EA  
 Fresh Sauce selected varieties | 300 mL | 20114410\_EA/20093406\_EA

# Olivieri KIDS LOVE IT!

Fresh Filled Pasta or Skillet Gnocchi selected varieties 500 - 700 g \$11.29  
 20012412\_EA/20915948\_EA

# MAKE YOUR mother's heart melt

- \$6.99** KERRYGOLD Blarney Reserve Cheddar Dubliner 198 g  
20091838\_EA, 20098976\_EA
- \$7.99** ILE DE FRANCE Brie Camembert 250 g  
21337139\_EA, 21337134\_EA
- \$4.99** ILE DE FRANCE Petit Brie 125 g  
21547942\_EA
- \$2.99** JARLSBERG Cheese 100 g  
20169647\_KG
- \$4.99** CAMBOZOLA Cheese 100 g  
20001969\_KG
- \$4.49** MONSIEUR GUSTAV Double Crème Red Red Bloomy Fond 125 g  
21396434\_EA, 21396601\_EA
- \$3.49** L'EXTRA Brie 100 g  
21157608\_KG
- \$6.99** L'EXTRA Brie Double Crème NOTRE-DAME Brie 170 g  
21028319\_EA, 20177183\_EA

# BOTHWELL CHEESE

**6.99** BOTHWELL CHEESE SELECTED VARIETIES 170 G  
 20828823\_EA/20828822\_EA

**BETTER. BEST. BOTHWELL.**

www.bothwellcheese.com

# MAPLE LEAF Natural selections

Our simplest ingredients yet.

New look, same great taste.

- 6.99** Maple Leaf Natural Selections Sliced Deli Meats 125g-175g  
20009282\_EA
- 12.99** Maple Leaf Natural Selections Sliced Deli Meats Family Size 375g-400g  
20772015\_EA
- 6.99** Schneiders Sliced Deli Meats 175g  
21550791\_EA

**100% DELICIOUS TASTE. 25% LESS SODIUM.**

**BEST NEW PRODUCT**

\*Rated the Best New Product for packaged sliced meats by Canadians in a 2024 BrandSpark survey. 25% less sodium than regular turkey/ham/salami.

# MARC ANGELO A feast of variety

- \$14.99 - 15.49** SOUVLAKI CHICKEN BREAST OR PORK SIRLOIN KABOBS VALUE PACK - 480 - 640 g  
21041735\_EA
- \$13.99** MILD, HOT OR HONEY GARLIC PORK SAUSAGES - VALUE PACK 1 kg  
20799825\_EA
- \$7.99** ASSORTED JUMBO SAUSAGES 500 - 675 g  
21289731\_EA
- \$15.49** BACON WRAPPED CHICKEN BREAST MEDALLIONS - 452 g  
21378258\_EA
- \$15.49** BACON WRAPPED BEEF MEDALLIONS 340 g  
21025464\_EA
- \$13.99** MARC ANGELO PORK BREAKFAST PATTIES FROZEN 1.2 kg  
20799699\_EA

# Jamieson HERE FOR YOUR HEALTH AND YOUR WELL-BEING

NATURAL SOURCES | SINCE 1922

Building better health daily.

**SAVE UP TO 40% OFF**

JAMIESON VITAMIN B, C, D OR MULTIVITAMINS SELECTED VARIETIES AND SIZES

21373974\_EA

**Progressive UNLOCK NEXT LEVEL NUTRITION**

**20% OFF** PROGRESSIVE, IRON VEGAN, SMART SOLUTIONS, SELECTED VARIETIES AND SIZES  
21518344\_EA

WHEY PROTEIN, VEGE GREENS, PROBIOTIC 30 BILLION

# TOP OFF YOUR SUMMER

**3.99** **2,000** when you buy 2

**\$2 Value**

**D'ITALIANO GUSTO BUNS** SELECTED VARIETIES 8'S  
21595103\_EA/21596581\_EA

**D'ITALIANO GUSTO! ORIGINAL**

**D'ITALIANO GUSTO! SESAME · SÉSAME**

**NEW**





# Protein made easy.

Smooth creamy texture.  
No added sugar.

**NEW!**

**\$3.49**

21588150\_EA  
21588256\_EA  
Yoplait® Source®  
Protein 4 x 100 g



**\$4.99**

21587047\_EA  
21588406\_EA  
Yoplait® Source®  
Protein 650 g

**NEW!**



**\$6.99**

Liberté Greek®  
650-750 g  
20642273\_EA  
21588110\_EA



**NEW FLAVOUR!**

**\$11.99**

Yoplait® YOP®  
Drinkable Yogurt  
12 x 200 mL  
21481820\_EA



**3,500** LESS THAN 2 4.99 EA.  
for every 12 spent on  
**2/\$8**

5350 Value  
Liberté Greek® 4 x 100 g,  
Liberté Méditerranée® 4 x 100 g or  
Liberté Greek® Crunch 2 x 130 g

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## Mealtime Marketplace

### NEW MEALS FOR SPRING



KOREAN NOODLE SALAD 750 G OR BROCCOLI CRUNCH SALAD 550 G  
21595417\_EA/21597170\_EA

**\$10**



SALMON WITH PESTO 402 G OR HOLLANDAISE BUTTER 422 G  
21595415\_EA/21595452\_EA

**\$14**

PULLED PORK SLIDERS 853 G  
21595416\_EA

**\$15**



SESAME LINGUINI NOODLES WITH CHICKEN 800 G  
21595418\_EA

**\$16**



PREPARED IN-STORE

**2/\$8**  
LESS THAN 2 \$5 EA.

MEDIUM CLASSIC SERVICE SALADS SELECTED VARIETIES 400 G  
21607927\_EA



SPICY TANDOORI CHICKEN KIT 848 G OR CHICKEN KUNG PAO 1.6 KG  
21595419\_EA/21595451\_EA

**\$20**