FOOD LION

May 15 - May 21, 2024

Offers valid while supplies last.

Our best weekly deals

YOU SAVE $5.00 LB

HOTSALE! MVP

8.99 LB USDA CHOICE

Ask For Your Preferred Thickness

BONELESS NEW YORK STRIP STEAK

W/O MVP Card $13.99 LB

HOTSALE! MVP

1.29 LB

W/O MVP Card Regular Retail

FOOD LION WHOLE CHICKEN

HOTSALE! MVP

3.99 EA

W/O MVP Card Regular Retail

11-14 Oz. Pkg. Select Varieties

NATHAN'S FAMOUS FRANKS

HOTSALE! MVP

2.49 LB

W/O MVP Card Regular Retail

BONELESS PORK LOIN ROAST

Boneless, Center Cut

PORK CHOPS

HOTSALE! MVP

3.99 LB

W/O MVP Card Regular Retail

YOU SAVE $3.98 ON 2

HOTSALE! MVP

2/$4

Pint

BLUEBERRIES

W/O MVP Card $3.99 EA

HOTSALE! MVP

2.99 EA

W/O MVP Card $3.79 EA

3 Lb. Bag

FOOD LION GALA APPLES

HOTSALE! MVP

1.29 LB

W/O MVP Card $1.99 LB

RED VINE CLUSTER TOMATOES

MVP $6 Deal of the Week

HOTSALE! MVP

6.00 EA

W/O MVP Card $7.98 EA

1 Lb. Meat and 1/2 Lb. Cheese

FOOD LION COOKED HAM & WHITE AMERICAN CHEESE

IN THE DELI

HOTSALE! MVP

BOGO FREE

W/O MVP Card $4.89 EA

Single Item Half Price

7-13 Oz. Select Varieties

NABISCO CHIPS AHOY! COOKIES

LIMIT 4 FREE

HOTSALE! MVP

BOGO FREE

W/O MVP Card $5.29 EA

Single Item Half Price

11-20.5 Oz. Select Varieties

THOMAS' ENGLISH MUFFINS

9-13.8 Oz. - Select Varieties

KELLOGG'S TOWN HOUSE OR CLUB CRACKERS

LIMIT 4 FREE

HOTSALE! MVP

BOGO FREE

W/O MVP Card $5.99 EA

Single Item Half Price

6-10.75 Oz. Select Varieties

DORITOS TORTILLA CHIPS

LIMIT 4 FREE

HOTSALE! MVP

BOGO FREE

W/O MVP Card $6.29 EA

Single Item Half Price

12 Pack 12 Oz. Bottles or Cans Select Varieties

SAMUEL ADAMS, BLUE MOON OR NEW BELGIUM

HOTSALE! MVP

16.99 EA

22-24 Oz. Select Varieties

PREGO PASTA SAUCE

MVP PRICED LOW EVERY DAY

2.39 EA

W/O MVP Card $3.29 EA

6-8 Oz. - Select Varieties

FOOD LION SHREDDED OR NATURAL CHEESE SLICES

HOTSALE! MVP

2/$4

W/O MVP Card Regular Retail

52 Oz. Select Varieties

SIMPLY ADES OR PUNCHES

HOTSALE! MVP

2/$5

W/O MVP Card $3.68 EA

8 Ct.

KELLOGG'S POP-TARTS

MVP PRICED LOW EVERY DAY

2/$5

W/O MVP Card $3.18 EA

HOTSALE! MVP

Limit 8

4/$12

W/O MVP Card Regular Retail

6 Pack 16-16.9 Oz. Bottles Select Varieties

PEPSI PRODUCTS

MVP Digital Coupons load on app • web • in-store kiosk

HOT SALE! 2/$5 W/O MVP Card Regular Retail

MVP Coupon -1.00 OFF 2

2/$4 MVP NO MFR. DISCOUNT SAVINGS (LIMIT 1)

10-12 Oz. Select Varieties

POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL

HOT SALE! 2/$8 W/O MVP Card $4.99 EA

MVP Coupon -2.00 OFF 2

2/$6 MVP NO MFR. DISCOUNT SAVINGS (LIMIT 1)

48 Oz. Select Varieties

BREYERS ICE CREAM

HOT SALE! 6.99 EA W/O MVP Card Regular Retail

MVP Coupon -1.00 OFF 1

5.99 EA MVP NO MFR. DISCOUNT SAVINGS (LIMIT 1)

20-22 Oz. Select Varieties

BERTOLLI BAGS OR P.F. CHANG'S MEALS

HOTSALE! MVP

5.99 EA

W/O MVP Card Regular Retail

6 Mega Rolls

QUILTED NORTHERN 4 Double Rolls

BRAWNY Select Varieties

HOTSALE! MVP

6.99 EA

W/O MVP Card Regular Retail

21-42 Ct. Paks or 49.5-105 Oz. Liquid Select Varieties

ARM & HAMMER

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNGB ZNGR ZNHP ZNNB ZNNL ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZSCT 05/15/24

Here with *fresh savings* you can count on

HOTSALE! MVP
5.49 LB
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail

HOTSALE! MVP
9.99 EA
W/O MVP Card Regular Retail
21.28 Oz. Pkg.
FRESH PRIME RIB BURGERS

HOTSALE! MVP
8.49 LB
W/O MVP Card Regular Retail
BONE-IN BEEF FLANKEN STYLE OR SHORT RIBS
USDA CHOICE

Small Pack
FOOD LION BONELESS CHICKEN BREAST

HOTSALE! MVP
2.99 LB
W/O MVP Card Regular Retail

PERDUE OVEN STUFFER ROASTER

HOTSALE! MVP
1.79 LB
W/O MVP Card Regular Retail

16-24 Oz.
Select Varieties
BROOKWOOD FARMS PREMIUM SMOKED MEATS

HOTSALE! MVP
9.99 EA
W/O MVP Card Regular Retail

40 Oz.
Fully Cooked
CACKALACKY CHEERWINE BBQ RIBS

HOTSALE! MVP
9.99 EA
W/O MVP Card Regular Retail

Budget-friendly *grillers*

HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
23-27.2 Oz. Pkg. - All Varieties
SMITHFIELD MARINATED PORK LOIN FILETS

HOTSALE! MVP
2.99 LB
W/O MVP Card Regular Retail
Family Pack
BONELESS, SKINLESS CHICKEN THIGHS

Smoked
SMITHFIELD CENTER CUT HAM STEAK

HOTSALE! MVP
3.79 LB
W/O MVP Card Regular Retail

100% fresh or *double* your money back

See foodlion.com for details

ALWAYS AFFORDABLY PRICED • QUALITY • FRESH • GUARANTEED

16 Oz. Pkg. - Select Varieties
SMITHFIELD BACON
HOTSALE! MVP
4.99 EA
W/O MVP Card Regular Retail

12 Oz. Pkg. - Select Varieties
JOHNSONVILLE BREAKFAST SAUSAGE LINKS
HOTSALE! MVP
3.49 EA
W/O MVP Card Regular Retail

12-14 Oz. Pkg. - Select Varieties
JOHNSONVILLE FULLY COOKED DINNER SAUSAGE
HOTSALE! MVP
3.49 EA
W/O MVP Card Regular Retail

2-2.84 Oz. Pkg. - Select Varieties
ARMOUR LUNCHMAKERS
HOTSALE! MVP
4/$5
W/O MVP Card Regular Retail

40 Oz. Bag - Frozen
FOOD LION CHICKEN BREASTS
HOTSALE! MVP
6.99 EA
W/O MVP Card Regular Retail

SUSTAINABLE SEAFOOD

HOTSALE! MVP
7.99 EA
W/O MVP Card Regular Retail
10 Oz.
INLAND MARKET CEDAR PLANK SEA SALT & ROASTED GARLIC MAHI

HOTSALE! MVP
5.99 EA
W/O MVP Card Regular Retail
12 Oz. Bag - Frozen
Select Varieties
FOOD LION TUNA FILLETS

HOTSALE! MVP
6.99 EA
W/O MVP Card Regular Retail
26-30 Ct.
16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP

HOTSALE! MVP
7.99 EA
W/O MVP Card Regular Retail
26-30 Ct.
16 Oz. Bag - Frozen
FOOD LION COOKED SHRIMP

2 ZNCO ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBL ZMBM ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNPA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKA ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVRQ ZVRS ZVRT ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWHA ZWWS 05/15/24

Don't miss out on DELIcious BOGOs this week!

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
13.5 Oz. - Pink or Yellow
FROSTED SUGAR COOKIES

HOT SALE! MVP BOGO FREE
W/O MVP Card $5.49 EA Single Item Half Price
FOOD LION CLASSIC MINI SUB BUNS

HOT SALE! MVP BOGO FREE
W/O MVP Card $5.49 EA Single Item Half Price
4 Oz.
VERMONT CREAMERY GOAT CHEESE LOG

Save on easy meal and snacking solutions

Available in our Deli & Bakery

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
Assorted Made Hot In-Store
4 PIECE FRIED CHICKEN

PRICED LOW EVERY DAY 3.49 EA
15-16 Oz. Select Varieties
FOOD LION DELI SALADS

HOT SALE! MVP 6.99 EA
W/O MVP Card $7.99 EA
20 Oz.
RANA FAMILY SIZE FILLED PASTA

HOT SALE! MVP 8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced
TASTE OF INSPIRATIONS TURKEY BREAST

HOT SALE! MVP 5.99 EA
W/O MVP Card $6.99 EA
16 Oz.
EL TERRIFICO CHEESE DIP

HOT SALE! MVP 4.49 EA
W/O MVP Card $4.99 EA
6 Oz.
SNACKIOS PITA OR BAGEL CHIPS

HOT SALE! MVP 3.99 EA
W/O MVP Card $4.49 EA
4 Ct.
FOOD LION CREME TWIRLS

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.49 EA
14-16 Oz. Select Varieties
FOOD LION SLICED LOAF CAKES

OUR BRANDS

FOOD LION · Nature's Promise · Taste of Inspirations · Ola Cuisine · COMPANION · Taste of Inspirations · CARE one

Save on a family favorite with our brand of quality ingredients.

30-Minute Chicken Parmesan Sliders
foodlion.com/recipes

DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

FOOD LION SWEET HAWAIIAN ROLLS
IN THE BAKERY
HOT SALE! MVP 3.29 EA
W/O MVP Card $3.99 EA

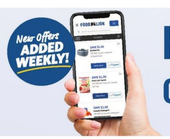
8 Oz.
NATURE'S PROMISE MINCED GARLIC
IN PRODUCE
HOT SALE! MVP 1.99 EA
W/O MVP Card $2.49 EA

16-24 Oz. Select Varieties
FOOD LION PASTA SAUCE
HOT SALE! MVP 1.59 EA
W/O MVP Card $1.79 EA

10-12 Oz. - Bag
TASTE OF INSPIRATIONS ITALIAN CHEESES
IN THE DELI
HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

28 Oz. Made Hot In-Store
ROTISSERIE CHICKEN
IN THE DELI
PRICED LOW EVERY DAY 6.99 EA

16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS
PRICED LOW EVERY DAY 3.99 EA



New Offers ADDED WEEKLY!

Here with a *new* week of *digital coupon savings*

Sign in at foodlion.com, our app or the in-store kiosk

3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCT ZSGL ZSGV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVDC ZVRA ZVRC ZVRD ZVRi ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/15/24

BUY 5 OR MORE — MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

Oscar Mayer · Kraft Singles Deluxe · Velveeta · Miracle Whip · Kool-Aid

16 Oz. Pkg. Excludes Beef
OSCAR MAYER MEAT FRANKS
W/O MVP Card Regular Retail
HOT SALE! 3.79 EA
MIX & MATCH 5 OR MORE −1.00
2.79 EA MVP
WHEN YOU BUY 5 OR MORE

16 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
W/O MVP Card Regular Retail
HOT SALE! 6.99 EA
MIX & MATCH 5 OR MORE −1.00
5.99 EA MVP
WHEN YOU BUY 5 OR MORE

16 Oz. Select Varieties
KRAFT SINGLES
4.99 EA
MIX & MATCH 5 OR MORE −1.00
3.99 EA MVP
WHEN YOU BUY 5 OR MORE

3 Pack - 36-42 Oz. Select Varieties
KRAFT MAC & CHEESE OR VELVEETA DINNER
8.99 EA
MIX & MATCH 5 OR MORE −1.00
7.99 EA MVP
WHEN YOU BUY 5 OR MORE

30 Oz. Select Varieties
KRAFT MIRACLE WHIP
W/O MVP Card $5.99 EA
HOT SALE! 5.39 EA
MIX & MATCH 5 OR MORE −1.00
4.39 EA MVP
WHEN YOU BUY 5 OR MORE

10 Pack - 6 Oz. Pouches Select Varieties
KOOL-AID JAMMERS
W/O MVP Card $3.19 EA
PRICED LOW EVERY DAY 2.49 EA
MIX & MATCH 5 OR MORE −1.00
1.49 EA MVP
WHEN YOU BUY 5 OR MORE

PRICED LOW EVERY DAY

5.9-8.3 Oz. Select Varieties
BETTY CROCKER SUDDENLY SALAD
MVP 2/$5
W/O MVP Card $3.09 EA

7.5-10 Oz. Select Varieties
HORMEL DINTY MOORE OR COMPLEATS
2.29 EA MVP
W/O MVP Card $2.79 EA

MVP HOTSALE!

19 Oz. Select Varieties
RIB RACK BBQ SAUCE
MVP BOGO FREE
W/O MVP Card $4.69 EA
Single Item Half Price

14 Oz. Select Varieties
SWEET BABY RAY'S DIPPING SAUCE
MVP BOGO FREE
W/O MVP Card $2.59 EA
Single Item Half Price

.87 Oz. Select Varieties
MCCORMICK BROWN GRAVY MIX
MVP PRICED LOW EVERY DAY 99¢ EA
W/O MVP Card $1.38 EA

10.6 Oz. Select Varieties
VOORTMAN WAFERS
HOTSALE! MVP 2/$5
W/O MVP Card $3.89 EA

11.6-15.23 Oz. All Varieties
HOSTESS SNACK CAKES OR TWINKIES
HOTSALE! MVP 2/$6
W/O MVP Card $4.29 EA

101 Oz. Twin Pack
HEINZ KETCHUP
HOTSALE! MVP 9.89 EA
W/O MVP Card $10.99 EA

3.62-5.13 Oz. Select Varieties
FRITO LAY MINI STACK CANS
HOTSALE! MVP 2/$5
W/O MVP Card $3.19 EA

4.25 Oz. Select Varieties
BLUE DIAMOND NUT THINS
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

20 Pack Select Varieties
GOGO SQUEEZ APPLESAUCE
HOTSALE! MVP 11.89 EA
W/O MVP Card $13.49 EA

14.5-15.25 Oz. Select Varieties
GLORY VEG
HOTSALE! MVP 2/$3
W/O MVP Card $1.69 EA

12-14 Oz. Select Varieties
SUCCESS BOIL-IN-BAG RICE
HOTSALE! MVP 2/$5
W/O MVP Card $2.89 EA

6 Oz. Select Varieties
PEARLS OLIVES
HOTSALE! MVP 2/$4
W/O MVP Card $2.79 EA

7.4-11 Oz. Select Varieties
LATE JULY TORTILLA CHIPS
HOTSALE! MVP 2/$6
W/O MVP Card $4.79 EA

12.3-16.9 Oz. Select Varieties
BETTY CROCKER MUFFIN MIX
HOTSALE! MVP 2.79 EA
W/O MVP Card $3.88 EA

16 Oz. Select Varieties
MATEO'S GOURMET SALSA
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

22.5 Oz.
LA BANDERITA FLOUR
HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

8.4-14 Oz. Select Varieties
OLD EL PASO TACO OR FAJITA DINNER KIT
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

5.5-15.75 Oz. Select Varieties
RUFFLES POTATO CHIPS OR FRITO LAY DIPS
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

20 Oz. Select Varieties
SARA LEE WHOLE GRAIN BREAD
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.69 EA

18.75-20.50 Oz. Select Varieties
PANDA EXPRESS SAUCE
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

9 Oz.
TAJIN CLASSICO SEASONING
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

11.5 Oz. Select Varieties
HELLMANN'S REAL MAYONNAISE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

4 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGRY ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGL ZNGS ZNGV ZNLE ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/15/24

Snackin' Deals

Get stocked up and ready for all your springtime celebrations.

HOTSALE! MVP 5.99 EA
W/O MVP Card $7.99 EA
8-8.88 Oz. - 12 Pack
PRINGLES SNACK STACKS

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA
30 Pack - 6 Oz. Pouches
CAPRI SUN

HOTSALE! MVP 19.49 EA
W/O MVP Card $20.49 EA
42 Ct. - Select Varieties
FRITO LAY VARIETY MIX MEGA SIZE

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.89 EA
12 Pack - Select Varieties
DOLE CUP

HOTSALE! MVP 6.49 EA
W/O MVP Card $7.79 EA
8 Pack - 11.15 Oz.
Select Varieties
SAN PELLEGRINO SPARKLING MINERAL WATER

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
9.2-18.4 Oz.
Select Varieties
SO DELICIOUS ICE CREAM OR NOVELTIES

BEVERAGE CENTER

2 Liter
Select Varieties
COKE PRODUCTS
LIMIT 4 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

HOTSALE! MVP 7.49 EA
W/O MVP Card $8.49 EA
4 Pack - 16 Oz. Cans
Select Varieties
MONSTER ENERGY DRINKS

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
12 Pack - 12 Oz. Cans
Select Varieties
7-UP OR CANADA DRY PRODUCTS
LIMIT 4 FREE

64 Oz.
Select Varieties
WELCH'S JUICE COCKTAIL

HOTSALE! MVP 2.89 EA
W/O MVP Card $3.29 EA

HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA
6-8 Quart
Select Varieties
COUNTRY TIME OR KOOL AID MIX

HOTSALE! MVP 3/$12
W/O MVP Card Regular Retail
6 Pack
16-16.9 Oz. Bottles
Select Varieties
COKE PRODUCTS

HOTSALE! MVP 5.99 EA
W/O MVP Card $8.99 EA
6 Pack - 20 Oz.
Select Varieties
BODYARMOR

HOT SALE! 7.99 EA
MIX & MATCH ANY 12 -20%
6.39 EA
WHEN YOU BUY ANY 12
750 mL - Select Varieties
LES FLORETS LUBERON ROSE OR DUPLIN WINE

HOT SALE! 9.99 EA
MIX & MATCH ANY 12 -20%
7.99 EA
WHEN YOU BUY ANY 12
750 mL - Select Varieties
CUPCAKE OR JOSEF WEINBERG WINE

HOT SALE! 11.99 EA
MIX & MATCH ANY 12 -20%
9.59 EA
WHEN YOU BUY ANY 12
750 mL - Select Varieties
ARAVAIL OR ECCO DOMANI WINE

4 DAYS ONLY • MAY 16 - 19
20% OFF | A CASE OF WINE
MIX & MATCH • BUILD YOUR OWN
Case includes:
(12) 750 mL Bottles OR
(6) 1.5 L, 3 L, 4 L, or 5 L Containers
All Varieties
Individual Sizes Only

HOTSALE! 15.99 EA
12 Pack
11.2-12 Oz. Bottles or Cans
Select Varieties
HEINEKEN, CORONA, MODELO OR STELLA ARTOIS

HOTSALE! 15.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
NATURAL LIGHT, BUSCH OR KEYSTONE

HOTSALE! 20.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
BUD, MILLER OR COORS

HOTSALE! 21.99 EA
24 Pack - 12 Oz. Cans
Select Varieties
MICHELOB

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Bottles
RED OAK
12 Pack - 12 Oz. Bottles or Cans
SIERRA NEVADA
12 Pack - 12 Oz. Cans
WICKED WEED
Select Varieties

LOCAL GOODNESS

Beer and Wine may not be available in all locations. Check your store for availability.

DAIRY

FILL THE FRIDGE WHILE THE SALE IS HOT

HOT SALE! MVP **2.99 EA**
12 Ct. Large or Extra Large
EGGLAND'S BEST EGGS
W/O MVP Card Regular Retail

52 Oz. Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOT SALE! MVP **2/$6**
W/O MVP Card $3.69 EA

HOT SALE! MVP **3.49 EA**
W/O MVP Card Regular Retail
8-16 Oz. Select Varieties Tub or Spray
I CAN'T BELIEVE IT'S NOT BUTTER!

HOT SALE! MVP **2/$5**
W/O MVP Card $3.29 EA
14-16 Oz. Select Varieties
DAISY COTTAGE CHEESE OR SQUEEZE SOUR CREAM

14-16.5 Oz. Select Varieties
NESTLÉ TOLL HOUSE COOKIES
HOT SALE! MVP **3.49 EA**
W/O MVP Card $4.89 EA

52 Oz. Select Varieties
FAIRLIFE MILK
HOT SALE! MVP **4.49 EA**
W/O MVP Card $4.99 EA

6-7.5 Oz. Select Varieties
CRACKER BARREL CHEESE STICKS OR CUBES
HOT SALE! MVP **2/$6**
W/O MVP Card Regular Retail

32 Oz. - Select Varieties
INTERNATIONAL DELIGHT CREAMERS
MVP PRICED LOW EVERY DAY **3.99 EA**
W/O MVP Card $4.89 EA

32 Oz. - Select Varieties
DANNON TRADITIONAL YOGURT
HOT SALE! MVP **2.99 EA**
W/O MVP Card $3.79 EA

HOT SALE! MVP **4.99 EA**
W/O MVP Card $5.99 EA

2 Pack
PHILADELPHIA CREAM CHEESE BARS

FROZEN

MORE WAYS TO SAVE ON YOUR FAVES

HOT SALE! MVP **2/$5**
7 Oz. Select Varieties
ORE-IDA BAGEL BITES
W/O MVP Card $2.99 EA

HOT SALE! MVP **11.99 EA**
W/O MVP Card Regular Retail
59.2-70.4 Oz. Select Varieties
TYSON FAMILY PACK CHICKEN

10.5-13 Oz. Select Varieties
MARIE CALLENDER'S BOWLS
HOT SALE! MVP **2/$5**
W/O MVP Card $3.99 EA

16 Oz. - Select Varieties
BLUE BUNNY TWIST FROZEN DAIRY DESSERT
NEW ITEM
HOT SALE! MVP **2/$6**
W/O MVP Card $3.99 EA

MVP Digital Coupons load on app • web • in-store kiosk

HOT SALE! 2/$7 W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF 2
14.7-18.4 Oz. Select Varieties
NESTLÉ DRUMSTICK CONES OR OUTSHINE BARS
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

HOT SALE! 4.99 EA W/O MVP Card $6.99 EA
MVP Coupon -1.00 OFF 1
17.65-27.51 Oz. Select Varieties Excludes Gluten Free
FRESCHETTA PIZZA
3.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

HOT SALE! 2/$8 W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF 2
10.3-16 Oz. Select Varieties
TALENTI GELATO OR GELATO LAYERS
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

HOT SALE! 9.99 EA W/O MVP Card $10.99 EA
MVP Coupon -1.00 OFF 1
100 Ct. Select Varieties
TOTINO'S PIZZA ROLLS
8.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

HOT SALE! 4.49 EA W/O MVP Card $5.99 EA
MVP Coupon -1.00 OFF 1
48 Oz. Select Varieties
TILLAMOOK ICE CREAM
3.49 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

HOT SALE! 5.99 EA W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF 1
25-38 Oz. Select Varieties
MARIE CALLENDER'S DESSERT PIES
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

BREAKFAST

12.5-16 Oz. Select Varieties
POST GREAT GRAINS OR HONEY-COMB CEREAL
HOT SALE! MVP **3.99 EA**
W/O MVP Card Regular Retail

26-32 Oz. Select Varieties
KRUSTEAZ PANCAKE MIX
HOT SALE! MVP **2/$6**
W/O MVP Card $3.39 EA

14.4-15 Oz. Select Varieties
CANYON BAKEHOUSE GLUTEN FREE BREAD
HOT SALE! MVP **6.99 EA**
W/O MVP Card $7.99 EA

HOT SALE! MVP **2/$5**
W/O MVP Card Regular Retail
6.2-8.94 Oz. - Select Varieties
NATURE VALLEY GRANOLA OR GENERAL MILLS TREATS BARS

64 Oz. Select Varieties
SILK MILK
HOT SALE! MVP **2.99 EA**
W/O MVP Card $3.99 EA

10 Ct. K-Cups or 12 Oz. Bag Select Varieties
LAVAZZA COFFEE
HOT SALE! MVP **5.99 EA**
W/O MVP Card Regular Retail

11-12 Oz. Bag Select Varieties
EIGHT O'CLOCK COFFEE
HOT SALE! MVP **5.99 EA**
W/O MVP Card $8.49 EA

32-36 Oz. Select Varieties
WELCH'S FRUIT SNACKS
HOT SALE! MVP **8.29 EA**
W/O MVP Card $9.29 EA

IT'S PET MONTH

Bone-Appétit Savings

2.8-5 Oz.
Select Varieties
CANINE CARRY OUTS DOG TREATS
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.29 EA

16 Oz.
Select Varieties
TEMPTATIONS SURFERS DELIGHT MIX UPS CAT TREATS
HOTSALE! MVP 8.49 EA
W/O MVP Card $9.49 EA

HOTSALE! MVP 7.99 EA
W/O MVP Card $10.49 EA

25-26 Oz.
Select Varieties
THREE DOG BAKERY TREATS

4 Lb. Bag
NATURE'S RECIPE ORIGINAL RECIPE DOG FOOD
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

3-3.5 Lb. Bag
Select Varieties
IAMS DRY CAT FOOD
HOTSALE! MVP 10.99 EA
W/O MVP Card $11.99 EA

7 Lb. Bag
Select Varieties
PURINA ONE DRY CAT FOOD
HOTSALE! MVP 17.99 EA
W/O MVP Card $19.29 EA

10-12 Oz.
Select Varieties
FULL MOON JERKY DOG TREATS
HOTSALE! MVP 12.99 EA
W/O MVP Card $14.69 EA

22 Lb. Bag
Select Varieties
SUPREME SOURCE GRAIN FREE DRY DOG FOOD
HOTSALE! MVP 33.99 EA
W/O MVP Card $39.99 EA

24 Pk. - 3 Oz. Cans
Select Varieties
FANCY FEAST GRILLED VARIETY PACK CANNED CAT FOOD
HOTSALE! MVP 21.19 EA
W/O MVP Card $22.89 EA

35 Lb. Pail
Select Varieties
TIDY CATS CONTROL CAT LITTER
HOTSALE! MVP 19.69 EA
W/O MVP Card $20.69 EA

HEALTH & BABY

HOTSALE! MVP 4.49 EA
W/O MVP Card $5.69 EA

24 Ct.
Select Varieties
TYLENOL EXTRA STRENGTH CAPLETS

HOTSALE! MVP 10.99 EA
W/O MVP Card $12.49 EA

10 Ct.
Select Varieties
CLARITIN ALLERGY

MVP Digital Coupon
load on app • web • in-store kiosk

HOT SALE! 8.99 EA
W/O MVP Card $9.99 EA
MVP Coupon -1.50 OFF 1
7.49 EA
MVP 1¢ MFR. DISCOUNT SAVINGS LIMIT 1
19-38 Ct.
Select Sizes
HUGGIES SNUG & DRY JUMBO PACK

16.8-26.5 Oz.
Select Varieties
JERGENS LOTION
HOTSALE! MVP 7.49 EA
W/O MVP Card $8.99 EA

4-8 Oz.
Select Varieties
NOT YOUR MOTHER'S HAIRSPRAY OR STYLERS
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.69 EA

4.2 Oz.
Select Varieties
PLUM ORGANICS NUTRITION BARS
HOTSALE! MVP 3.49 EA
W/O MVP Card $4.29 EA

BUY ONE OF THESE

46 Oz.
Select Varieties
DREFT LAUNDRY DETERGENT
12.29 EA

& GET THIS FREE

52-72 Ct.
Select Varieties
PAMPERS BABY WIPES

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

HOUSE & HOME

16 Oz.
Select Varieties
DAWN POWERWASH
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.59 EA

HOTSALE! MVP 4/$5 EA
W/O MVP Card $1.49 EA

64-80 Ct.
Select Varieties
FOOD LION FACIAL TISSUE

18 Oz. Scent Booster or 80-100 Ct. Dryer Sheets
Select Varieties
ARM & HAMMER
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

18-45 Ct.
Select Varieties
FOOD LION KITCHEN BAGS
PRICED LOW EVERY DAY
6.99 EA

3 Ct.
CITRONELLA CANDLE DISH
WHILE SUPPLIES LAST!
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

1 Ct.
SMART LIVING 15 INCH CHIP/DIP TRAY
WHILE SUPPLIES LAST!

1 Ct.
SET SPATULA TONG AND FORK
WHILE SUPPLIES LAST!
HOTSALE! MVP 9.99 EA
W/O MVP Card $12.99 EA

BUY ONE OF THESE

6 Double Plus Rolls
Select Varieties
BOUNTY
HOTSALE! MVP 14.89 EA
W/O MVP Card $17.99 EA

& GET THIS FREE

12.2-14.7 Oz. Ez-Squeeze
Select Varieties
DAWN

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

Keeping *prices low* on guaranteed freshness!

Count on us for affordable organic must-haves and your everyday favorites all in one place. Our produce is guaranteed 100% fresh or double your money back!

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
1 Lb. Container
STRAWBERRIES

HOT SALE! MVP
79¢ EA
W/O MVP Card Regular Retail
LARGE LEMONS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail
2 Lb. Bag
AVOCADOS

HOT SALE! MVP
59¢ EA
W/O MVP Card Regular Retail
CUCUMBERS

HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail
2 Lb. Bag
LIMES

3 Lb. Bag
REALSWEET RUBIES SWEET RED ONIONS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

5 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC SALAD MIX

HOT SALE! MVP
2.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

Red, Green or Romaine
LEAF LETTUCE

HOT SALE! MVP
1.49 EA
W/O MVP Card Regular Retail

BEAUTIFUL BLOSSOMS BOUQUET
While Supplies Last!

10.99 EA

Easy side dish *savings*

Make this your new signature dish for cookouts and picnics.

Sour Cream and Onion Potato Salad
foodlion.com/recipes

HOT SALE! MVP
2/$4
W/O MVP Card Regular Retail
24 Oz.
FRESH SIDES RED OR YELLOW POTATOES

ORGANIC

2 Lb. Bags
NATURE'S PROMISE ORGANIC HONEYCRISP APPLES

HOT SALE! MVP
4.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

3 Lb. Bag
ORGANIC VIDALIA ONIONS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

100% fresh or *double* your money back

See foodlion.com for details

Text CountOnUs to MVPMVP (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)
Find us online: foodlion.com | f | 🐦

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We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Avon, Corolla, Kill Devil Hills, Nags Head, Southern Shores

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

SHOP *Our* BRANDS
DOUBLE MONEY BACK GUARANTEE

Here for the *cookout*

May 15 - May 21, 2024
Offers valid while supplies last.

NATURE'S PROMISE 86% LEAN GROUND BEEF PATTIES

HOTSALE! MVP
6.99 LB
W/O MVP Card Regular Retail

8 Oz.
TASTE OF INSPIRATIONS PRE-SLICED CHEESE
IN THE DELI

HOTSALE! MVP
2.99 EA
W/O MVP Card $3.99 EA

7.05 Oz.
NATURE'S PROMISE BRIOCHE HAMBURGER BUNS
IN THE BAKERY

HOTSALE! MVP
3.49 EA
W/O MVP Card $4.49 EA

20 Oz.
Select Varieties
FOOD LION TOMATO KETCHUP

HOTSALE! MVP
1.29 EA
W/O MVP Card 2/$3

20 Oz.
FOOD LION MUSTARD

HOTSALE! MVP
1.29 EA
W/O MVP Card $1.39 EA

4 Lb.
Select Varieties
SMART LIVING INSTANT CHARCOAL BRIQUETTES

HOTSALE! MVP
3.99 EA
W/O MVP Card $5.49 EA

13.25-13.75 Oz.
Select Varieties
FOOD LION PARTY SIZE POTATO CHIPS

HOTSALE! MVP
2/$6
W/O MVP Card $3.49 EA

24 Oz.
Select Varieties
TASTE OF INSPIRATIONS PICKLES

HOTSALE! MVP
3.49 EA
W/O MVP Card $3.99 EA

COOKOUT CHECKLIST
- ☑ Burgers & Brats
- ☑ Toppings & Sides
- ☑ Drinks & Desserts
- ☑ Charcoal
- ☑ Hot Deals

FOOD LION

Nature's Promise

taste of Inspirations®

W-1 ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGR ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRI ZNRL ZNTT ZNWA ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSSA ZSSV ZVBL ZVCH ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVRO ZVWR ZWBL 05/15/24

SHOP *Our* BRANDS

DOUBLE MONEY BACK GUARANTEE

16 Oz.
Select Varieties
FOOD LION BAKED BEANS

HOTSALE! MVP
1.18 EA
W/O MVP Card $1.39 EA

HOTSALE! MVP
89¢ LB
W/O MVP Card $1.29 LB

Bulk
YELLOW ONIONS

5.5-7.25 Oz.
Select Varieties
FOOD LION MACARONI & CHEESE DINNER

99¢ EA

HOTSALE! MVP
3.49 EA
W/O MVP Card $3.99 EA

3 Ct. Pkg.
FOOD LION RAINBOW BELL PEPPERS

HOTSALE! MVP
3.49 EA
W/O MVP Card Regular Retail

16-24 Oz.
Select Varieties
FOOD LION SIDE DISHES

16 Oz. Pkg.
Select Varieties
FOOD LION FRESH DINNER SAUSAGE

HOTSALE! MVP
3.99 EA
W/O MVP Card Regular Retail

12 Oz.
Select Varieties
FOOD LION BROWN MUSTARD

HOTSALE! MVP
1.29 EA
W/O MVP Card $1.59 EA

HOTSALE! MVP
69¢ LB
W/O MVP Card 89¢ LB

GREEN CABBAGE

12-16 Oz.
Select Varieties
FOOD LION PASTA

99¢ EA

W-2 ZNCA ZNCD ZNCE ZNCR ZNCT ZNGB ZNGR ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZVBL ZVRA ZVRO ZWBL 05/15/24

SHOP *Our* BRANDS

DOUBLE MONEY BACK GUARANTEE

36 Count
FOOD LION FREEZE POPS

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA

12 Pack
8 Oz. Bottles
NATURE'S PROMISE SPRING WATER

HOT SALE! MVP
2/$5
W/O MVP Card $2.79 EA

128 Oz.
Select Varieties
FOOD LION BREWED TEA

PRICED LOW EVERY DAY
2.99 EA

1 Ct.
FOOD LION PARTY COOLER

HOT SALE! MVP
9.99 EA
W/O MVP Card $10.99 EA

20 Ct.
Select Varieties
FOOD LION PARTY CUPS

HOT SALE! MVP
1.49 EA
W/O MVP Card $2.49 EA

64 Oz.
NATURE'S PROMISE ORGANIC LEMONADE

2.89 EA

2 Liter
Select Varieties
FOOD LION SODA

PRICED LOW EVERY DAY
1.48 EA

1 Double Roll
Select Varieties
FOOD LION PAPER TOWELS

HOT SALE! MVP
1.00 EA
W/O MVP Card $1.59 EA

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGRY ZMBA ZMBT ZMSA ZMWA ZMWK ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZWBL ZWCA ZWCL ZWWA ZWWS 05/15/24

SHOP *Our* BRANDS
DOUBLE MONEY BACK GUARANTEE

HOTSALE! MVP
7.99 EA
W/O MVP Card $8.99 EA

9 INCH CHOCOLATE CHIP MESSAGE COOKIE
IN THE BAKERY

6 Ct.
CUPCAKES
IN THE BAKERY

HOTSALE! MVP
4.49 EA
W/O MVP Card $5.49 EA

10-10.5 Oz.
FOOD LION TWO-BITE BROWNIES
IN THE BAKERY

HOTSALE! MVP
4.49 EA
W/O MVP Card $4.99 EA

13.2-14.8 Oz.
Select Varieties
TASTE OF INSPIRATIONS FROZEN PASTRIES

HOTSALE! MVP
5.99 EA
W/O MVP Card $6.49 EA

HOTSALE! MVP
2/$5
W/O MVP Card Regular Retail

36-48 Oz.
Select Varieties
FOOD LION ICE CREAM SANDWICHES OR ICE CREAM

3.29 EA

11.75-13 Oz.
Select Varieties
FOOD LION CHIPS DELIGHT COOKIES

HOTSALE! MVP
2/$1
W/O MVP Card 99¢ EA

3 Oz.
Select Varieties
FOOD LION GELATIN MIX