

FRESH CO

Lowering food prices



SAVE \$4
\$10

Boneless Skinless
Chicken Breasts
4 Pieces
reg 14.00



3.47

Blueberries Pint
Product of Mexico or USA
No. 1 Grade



100 PTS
when you buy 1
That's like
\$1
toward your
groceries

SAVE \$2.54
7.97

Compliments
Smoked Sausages 900 g
reg 10.47



SAVE \$2.83
4.44

Armstrong
Cheese Bars 400 g
Armstrong
Shreds 320 g
reg 6.77-7.27



BUY MORE SAVE MORE
50¢

OR BUY 1.67¢
Sweet Corn
Product of USA
No. 1 Grade



SAVE \$1.10
97¢

Lucerne Chocolate Milk 750 mL
Neilson Milkshakes 310 mL
reg 2.57



SAVE \$3.92
5.97

Sorbelicious Sorbet Bars 8 pk
reg 8.99



100 PTS
when you buy 2
That's like
\$1
toward your
groceries

\$13

10" Premium
Hanging Baskets

Scene+ MEMBER PRICING

Swipe your Scene+ Card and Save



8.97
with Scene+ Card

9.97
without Scene+ Card

High Liner Pan-Sear
Frozen 500-540 g
Catch of the Day Fish Fillets
Frozen 580-600 g
reg 12.00-15.99



2.47
with Scene+ Card

3.47
without Scene+ Card

Doritos 210-280 g
Ruffles 180-200 g

HAPPY MOTHER'S DAY!



Flyer in effect
May 2024
Prices in Effect by
Western Canada, Excludes BC

THUR 9 FRI 10 SAT 11 **SUN 12** MON 13 TUES 14 WED 15

 <p>4.94 ↓</p> <p>Nestlé Real Dairy or Confectionery Frozen Dessert 1.5 L or Novelties 4-10 pk</p>	 <p>SAVE \$1.98 ON 2</p> <p>2/\$6 ↓</p> <p>Tostitos 205-300 g reg 3.99</p>	 <p>SAVE \$2.02</p> <p>4.47 ↓</p> <p>Dr. Oetker Ristorante or Casa di Mama Pizza 320-410 g reg 6.49</p>
 <p>SAVE 52¢</p> <p>1.27 ↓</p> <p>Dare Breaktime Cookies 250 g reg 1.79</p>	 <p>SAVE \$1.04</p> <p>3.47 ↓</p> <p>Silk Beverage 1.75-1.89 L Selected Varieties reg 4.77</p>	 <p>SAVE 15¢ \$4.92</p> <p>8.97 ↓</p> <p>Whiskas Dry Dog Food 2 kg Purina Cat Chow 1.5-2 kg reg 9.49-12.99</p>
 <p>SAVE 15¢ \$3.92</p> <p>4.97 ↓</p> <p>Colgate Sensitive or Total Advanced Selected 73-120 mL or Toothbrush Charcoal 1 pk Irish Spring Body Wash 591 mL or Soap 6 pk Softsoap Body Wash 591 mL reg 5.69-7.99</p>		

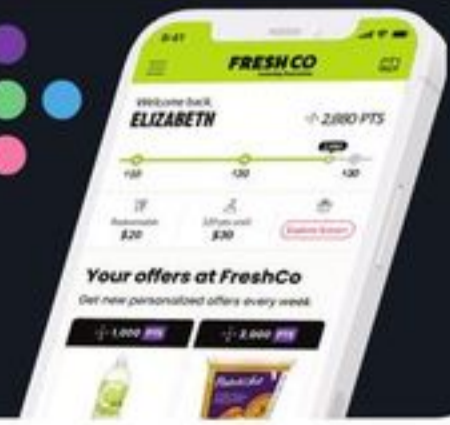
Scene+ TURN POINTS INTO GROCERIES

 <p>200 PTS when you buy 4</p> <p>That's like \$2 toward your groceries</p> <p>SAVE UP TO 82¢</p> <p>2.47 ↓</p> <p>Quaker Crispy Minis 100 g or Rice Cakes 127-199 g reg 2.97-3.29</p>	 <p>100 PTS when you buy 3</p> <p>That's like \$1 toward your groceries</p> <p>SAVE UP TO \$1</p> <p>3.27 ↓</p> <p>lōgo Nanō Drinks 6 pk Sigg's Yogourt 4 pk reg 3.97-4.27</p>	
 <p>150 PTS when you buy 3</p> <p>That's like \$1.50 toward your groceries</p> <p>SAVE \$3.92</p> <p>3.97 ↓</p> <p>Kellogg's Cereal Selected 210-525 g reg 6.99</p>	 <p>100 PTS when you buy 2</p> <p>That's like \$1 toward your groceries</p> <p>SAVE 15¢ \$2.22</p> <p>5.97 ↓</p> <p>Nescafé Gold Instant Coffee 90-100 g, Sweet & Creamy 18 pk or Taster's Choice Instant Coffee 100 g reg 7.99-8.29</p>	 <p>150 PTS when you buy 3</p> <p>That's like \$1.50 toward your groceries</p> <p>SAVE 52¢</p> <p>2.97 ↓</p> <p>Ben's Original Bistrot Express Basmati Rice 250 g reg 3.49</p>
 <p>100 PTS when you buy 4</p> <p>That's like \$1 toward your groceries</p> <p>SAVE 15¢ 62¢</p> <p>1.97 ↓</p> <p>Hunt's Tomato Sauce 680 mL Manwich 398 mL reg 2.49-2.59</p>	 <p>200 PTS when you buy 2</p> <p>That's like \$2 toward your groceries</p> <p>SAVE 15¢ \$3.92</p> <p>5.47 ↓</p> <p>Purex Bathroom Tissue 8-16 Rolls Bonterra Paper Products reg 6.99-8.49</p>	 <p>200 PTS when you buy 1</p> <p>That's like \$2 toward your groceries</p> <p>39.99 ↓</p> <p>Lifesource Basic Blood Pressure Monitor UA651 1 pk Pharmacy Locations Only.</p>

Scene+ 1000 PTS = \$10 OF FREE GROCERIES

Scene+ MORE POINTS. MORE OFFERS. GET MORE FROM SCENE+ WITH THE FRESHCO APP

Earn points and save with personalized offers and digital-only exclusives. Download the app and link your card today.



The Scene+ Loyalty Program is available at all participating FRESHCO locations within WESTERN CANADA. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.freshco.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers include taxes, delivery charges, lift services, service fees, rental fees, event tickets, gift cards, fuel cards, food products, pet products, alcohol, tobacco, cigars, tobacco products, and services. Western Union, McAfee/True Home/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, other goods including, but not limited to, pet products, and other goods and services which are non-deductible or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.freshco.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Scene Plus IP Corporation. © 2024 Scene Plus IP Corporation.

Offers valid Thursday, May 9, 2024 to Wednesday, May 15, 2024. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Quantities shown apply to in-store purchases. Offers are sponsored or franchised by Scene Plus IP Corporation. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowest prices" or "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Scene Plus IP Corporation. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are subject to our disclaimer. We reserve the right to reserve the right to limit quantities, but this is combined with other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). **LOWEST PRICE GUARANTEE:** Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the applicable trade area offers a lower price on an identical item by the time we carry this item, we will set our price to be 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario: No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart Canadian Superstore; Alberta: Supercentres and Maximals; No Frills, Real Canadian Superstore, Wal-Mart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Some offers apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet our expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in this store's current flyer, we will provide you with a rain check that can be used to purchase the item for 50% off the current advertised price while the item is back in stock. **PRICES IN EFFECT IN WESTERN CANADA.**

FC_WK02_WST_OBC_21 Proudly Canadian FreshCo.com

100 PTS when you buy 2

That's like \$1 toward your groceries

397

Raspberries or Blackberries 1.70 g Product of USA or Mexico



PRODUCT OF CANADA

197 /lb

Tomatoes on the Vine Product of Canada 4.34/kg



197 /lb Pink Lady Apples Product of USA Extra Fancy Grade 4.34/kg



177 /lb Navel Oranges Product of USA 3.90/kg



197 /lb Green Zucchini or Eggplant Product of Mexico or USA 4.34/kg



247 Celery Product of Mexico or USA No. 1 Grade



497 Compliments Lemons 2 lb Product of Spain or South Africa 907 g



447 Cantaloupe Product of USA or Mexico No. 1 Grade



497 Sweet Bell Peppers 4 pk Product of Canada or Mexico



497 Taylor Farms Chopped Salad Kit 267-377 g

WEEKLY DEALS EVERYDAY LOW PRICES

Look for these symbols while you shop.



50 PTS when you buy 1
1599 /lb

Value Pack Fresh Atlantic Salmon Fillets 35.25/kg



SAVE \$1.92
397

Butcher's Selection Stampede Hotdog 900 g Harvest Creek Halal Chicken Wieners 900 g reg 5.00



SAVE \$2.92
597

Maple Leaf Bacon or Ready Crisp Bacon 65-375 g Breakfast Sausages 300 g reg 6.99-8.49



100 PTS when you buy 2
That's like \$1 toward your groceries
BUY MORE SAVE MORE
BUY 2 OR MORE
997 ea

OR BUY 1 \$10.99
Grimm's Pepperoni 600 g



100 PTS when you buy 4
That's like \$1 toward your groceries
SAVE \$1.92
197

Maple Lodge Farms or Zabihah Halal Chicken Bologna or Wieners 375-450 g reg 3.49



SAVE \$2
\$11

Marcangelo Souvlaki Chicken Breast or Pork Kabobs 480-640 g reg 13.00



SAVE \$4
1299

Pinty's Eatwell Chicken Breast Fillets or Chicken Wings 750-790 g reg 12.99-16.99



100 PTS when you buy 2
That's like \$1 toward your groceries
1899

Best Buy Beef Burgers Frozen 2.27 kg



SAVE \$2.92
297

Villaggio Bread 510-540 g or Buns 6-8 pk Dempster's English Muffins 6 pk Compliments Bagels 6 pk reg 3.59-3.89



100 PTS when you buy 1
That's like \$1 toward your groceries
SAVE \$1.92
697

Wonderbrands Lemon Meringue Pie 635 g reg 7.99



50 PTS when you buy 1
SAVE \$5.92
347

Fontaine Santé Dips or Hummus 227-260 g Babybel 6 pk reg 4.49-4.99



SAVE \$1.92
497

Main Street Deli Sliced Meat 200-300 g reg 5.99

SPEND \$100 IN BOSTON PIZZA OR UBER GIFT CARDS

AND GET A BONUS \$10

GET CARD FRESHCO GIFT CARD

Offer valid during May 8 - 15, 2024. Sorry no rainchecks or price matching. Offer valid only on over \$25-\$500 VL, Boston Pizza \$25, Boston Pizza \$50, Boston Pizza \$25-\$500 VL. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

100 PTS when you buy 2
That's like \$1 toward your groceries

SAVE \$1.22

4.27

Coca-Cola Soft Drinks
6x710 mL
reg 5.49

SAVE \$1.02

5.97

Bubly 12x355 mL
Montellier 10x355 mL
reg 6.99



SAVE \$2
3.97

Simply Lemonade
1.54 L
reg 5.97



SAVE \$1
2.97

Liberté Greek Yogurt 4 pk
Liberté Méditerranée Yogurt 500 g
reg 3.97



SAVE \$2
6.97

Becel Margarine 637-850 g
reg 8.97



SAVE \$2.52
5.47

General Mills Cereal Selected
475-778 g
reg 7.99



SAVE \$4.82
19.97

McCafé Coffee K-Cup Pods
30 pk
Tim Hortons Ground Coffee
875-930 g or K-Cups 30 pk
reg 23.99



SAVE 82¢
3.97

Mott's Clamato 1.89 L
reg 4.79



BUY 2 OR MORE
2.97

OR BUY 1 \$3.47
Jell-O Desserts 6 pk
Save 80¢



SAVE \$2.52
3.47

Quaker Cereal 350-500 g
reg 4.99-5.99

Love it or it's free*
Great products, incredible value, every day

1000 pts = \$10 in FREE groceries

Reduced pricing for Scene+ members

SAVE UP TO \$1.32

2.47

Kellogg's Cheez-It Crackers 191-200 g
Pringles Super Stacks 148-156 g
reg 3.49-3.79



SAVE UP TO \$1.02

4.77

Bick's Pickles 1 L
reg 5.49-5.79



SAVE 72¢
1.97

Kraft BBQ Sauce 455 mL
reg 2.69



SAVE \$5.92
3.97

Christie Family Crackers Selected Varieties 345-350 g
Christie Premium Plus 450 g
reg 4.49-4.99



SAVE \$1.92
7.97

Frito-Lay Variety Pack 16 pk
reg 9.29



SAVE \$1.92
2.97

Takis 190-280 g
reg 4.29



SAVE \$1.92
3.97

Old El Paso Taco Kits 250-510 g
reg 4.99



SAVE 50¢
3.97

Nestlé Chocolate Multipacks 164-200 g or Pouches 135-203 g
Selected Varieties
reg 4.47



SAVE \$1.92
12.97

Boost High Protein or Plus 6 pk
reg 14.79



SAVE \$2.92
3.97

Pine-Sol 1.41 L Clorox Liquid Bleach 2.4 L
reg 5.99



SAVE \$5.92
13.97

Tide Liquid 2.48 L Tide Pods 25-42 un or Gain Flings! 890 g
reg 14.79-18.99

EARN REWARDS FASTER WITH UP TO 7,500 BONUS SCENE+ POINTS with the Scotiabank Scene+ Visa Card.

Apply now at scotiabank.com/earnpointsfaster

*Take minimum spend on every day purchases in the first year. Conditions apply. Offer limited time only. Offer subject to change. Offer effective 1/1/2024 to 12/31/2024.

Introducing our digital pharmacy service

- ✓ Manage prescriptions
- ✓ Request refills
- ✓ Book appointments & more



Sign up for 360Health in the FreshCo App

360healthpharmacy.ca

See our privacy policy on 360healthpharmacy.ca for more information.

MOM'S DAY DEALS

21⁹⁷

Orchids
5" Deco Plastic Pot



3⁹⁷

Mini Roses
4" Pot



11⁹⁷

Multi Bloom
Hydrangeas
6" Pot



4/\$12

or \$3.47 ea
Assorted Vegetables
4" Pot

16⁹⁷

12" Annual
Bowls



4/\$15

or \$3.97 ea
Flowering Annuals
6 pk

2/\$9

or \$4.97 ea
Assorted
Premium
Annuals
4.3" Pot

16⁹⁷

50 cm Dozen
Long Stem Roses



14⁹⁷

Large Mother's Day
Mixed Bouquet



10⁹⁷

Mother's Day
Mixed Bouquet

DISCOVER NEW

CREATED BY
Maison Perrier
FRANCE

Maison Perrier
Sparkling Water
6x500 mL

200 PTS
when you buy 2

That's like
\$2
toward your
groceries

747



Maison Perrier
Sparkling Water
8x330 mL

200 PTS
when you buy 2

That's like
\$2
toward your
groceries

697



NEW
FLAVOUR

188



Maison Perrier
Sparkling Water
1 L



ALL TRADEMARKS ARE OWNED BY NESTLÉ WATERS,
FRANCE AND USED UNDER LICENCE. ©2024 NESTLÉ.

SWEET DEALS

SAVE \$1
997

Mr. Freeze
Jumbo Pops
27 pk
reg 10.97



SAVE \$1
597

Compliments
S'mores Kit
500 g reg 6.97



SAVE \$1
997

Hershey's
S'mores Kit
578-651 g
reg 10.97



SAVE \$1
897

Nestlé Aero
S'mores Kit 515 g
reg 9.97



127

Kisko Freezies Bag
18 pk



SAVE 50¢
647

Compliments
Marshmallows
700 g reg 6.97



SAVE \$1
897

Compliments Candy
Selected 800 g reg 9.97



247

Dare Marshmallows
Selected 170 g



SAVE 80¢
247

Kisko Fruit Freezies
480 mL reg 3.27



147

Icee Juice 177 mL



177

Imperial Cotton Candy
60 g



85¢

Panda Licorice 32 g



SAVE 50¢
497

Mr. Freeze Pops
80x20 mL reg 5.47

HAPPY DRAGON BOAT FESTIVAL



100 PTS when you buy 1
That's like **\$1** toward your groceries

SAVE \$2.09
4.88

Kikkoman Teriyaki or Soy Sauce 591 mL
reg 6.97



SAVE \$2.09
3.88

Siwin Dumplings 454-500 g
Selected Varieties
reg 5.97



SAVE \$3.09
4.88

SkyFlakes Saltine Crackers 800 g
reg 7.97



SAVE \$1.09
2.88

Indomie Instant Noodles 425 g
Selected Varieties
reg 3.97



SAVE 97¢
2/\$5

Lay's Chips Chicken & Tomato, Cucumber or Honey Butter 165 g
Selected Varieties
reg 3.47



20 PTS when you buy 1

98¢

Mr. Brown Canned Coffee 240 mL
Selected Varieties
reg 1.27



20 PTS when you buy 1

SAVE 79¢
98¢

CJO O'Food Seaweed Snacks 15 g
Selected Varieties
reg 1.77



SAVE \$1.19
5.48

Mini Crush Fruit Jelly Jars 1.4 kg
reg 6.97



SAVE 99¢
1.48

Suntory 0% Sugar Oolong Tea 500 mL
reg 2.47



SAVE 79¢
1.98

Erawan Rice Sticks 454 g
Selected Varieties
reg 2.77



SAVE \$1.99
4.88

ETE Ice Bars 4x65-75 g
Selected Varieties
reg 6.47



20 PTS when you buy 1

SAVE 77¢
2/\$5

Haital Honey Butter Chip 60 g
reg 3.27



SAVE 97¢
2/\$5

Wai Wai Vermicelli Rice 500 g
reg 3.47

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY.

HAPPY DRAGON BOAT FESTIVAL



SAVE \$1.92 /lb
12.97 /lb

Angus Beef Inside Round Stir Fry
Cut from Canada AA or Higher
28.59/kg reg 14.49/lb



SAVE \$1
\$9

Compliments
Sea Salt & Cracked
Black Pepper Pork Belly
500 g reg 10.00



SAVE \$1.02
5.97

Eight Treasures
Raw Shrimp
Head-On, Shell-On
Frozen 400 g
reg 6.99



98¢ /lb

Flat Cabbage
Product of China
2.16/kg



888

Mann's Sugar Snap
Peas 680 g
Product of USA



1.98 /lb

Baby Bok Choy or
Shanghai Bok Choy
Product of Mexico or USA
4.37/kg



50 PTS when you buy 1

5.48

Häagen-Dazs or Confectionery
Ice Cream 400-450 mL or
Novelties 3-4 pk



SAVE \$2.11
8.88

Carole's
Japanese Style
Cheesecake 500 g
reg 10.99



SAVE \$2.09
3.88

Hormel Foods Spam 340 g
reg 5.47-5.97



SAVE \$3.09
7.88

Maggi Liquid
Seasoning
800 mL
reg 10.97



SAVE \$2.59
4.88

Huy Fong
Sriracha
Hot Chili Sauce
740 mL
reg 7.47



SAVE \$2.09
5.88

Kewpie
Japanese
Mayonnaise
450 g
reg 7.97



HOUSEHOLD SAVINGS



100 PTS when you buy 2
That's like \$1 toward your groceries

SAVE \$1.72
6.97

Purex Laundry Detergent 2.03 L
Purex Ultra Baby Soft 1.47 L
reg 8.69



50 PTS when you buy 1

SAVE \$4.02
8.97

Palmolive Dish Soap 4.27 L
reg 12.99



SAVE \$3.02
29.97

Tide Pods 63-112 pk
reg 32.99



100 PTS when you buy 2
That's like \$1 toward your groceries

SAVE \$5.52
6.47

Swiffer Wet Cloth 10-12 pk.
Cleaner Solutions 1.25 L or
Power Mop Wet Jet
reg 7.29-7.99



100 PTS when you buy 2
That's like \$1 toward your groceries

SAVE \$2.52
3.97

Lysol All-Purpose Cleaner 650 mL,
Toilet Bowl Cleaner 710 mL or
Multi Purpose Cleaner 1.2 L
reg 4.49



SAVE \$3.02
11.97

Downy Fabric Softener 2.63 L
reg 14.99



4.97

Bounce Dryer Sheets 40-80 pk
Downy Unstopables 141 g
WHILE SUPPLIES LAST



We all deserve compliments
We all deserve savings



100 PTS when you buy 1
That's like \$1 toward your groceries

SAVE \$2.02
5.97

Compliments Facial Tissues 6 pk
reg 7.99



100 PTS when you buy 1
That's like \$1 toward your groceries

SAVE \$1.02
5.97

Compliments Bathroom Tissue 12-24 Rolls
reg 6.99



SAVE \$1.02
3.97

Compliments Disinfecting Wipes 75 pk
reg 4.99



SAVE \$3.52
2.47

Compliments Freezer Bags 40 pk,
Foil Wraps 50 ft or
Parchment Paper 35 ft
reg 3.29-5.49



SAVE \$5.52
1.97

Compliments Dish Soap 828 mL or
Glass Cleaner 950 mL
reg 1.99-2.49



SAVE \$2.52
2.97

Compliments Bleach 2.4 L or
Multi-Surface Cleaner 1.41 L
reg 3.49



EARN UP TO **7,500** WELCOME BONUS SCENE+ POINTS¹

with the Scotiabank[®] Scene+[™] Visa[®] Card.
That's \$75 in groceries.[^]

APPLY NOW

¹With minimum spend on everyday purchases in the first year. Other conditions apply. Offer subject to change.

²Visa Int/Licensed user

[^]Scene+ points redeemed at any Participating Empire Location must be redeemed in increments of 1,000.

See full list of participating merchants across Canada at [Scotiabank.com/participatingstores](https://scotiabank.com/participatingstores).

²On all eligible purchases at participating grocery stores. Conditions Apply.

THE PERFECT PAIRING

\$2.97

CHRISTIE OREO, CHIPS AHOY!, or
FUDGEEO Cookies Selected Varieties
223g-303g



TWIST
LICK
DUNK

CHRISTIE Mini Cookies
Selected Varieties, 150-225g
\$3.27 ea



\$2.47

ea when you
buy 2 or more



McCain Value Sizes

AIR FRYER
OR OVEN
FRITEUSE À AIR
OU AU FOUR

100 PTS
when you buy 1

100 PTS
when you buy 1

NEW



\$10.00 McCain Family Size
Superfries 1.9kg

\$10.00 McCain Bistro
Super Crisp Fries 1.9kg

EXTRA
VALUE!



\$4.77 McCain Value Size
Regular Fries 1.5kg



Extra Fun, Extra Delicious,
EXTRA VALUE!

