



HAPPY Vaisakhi

CELEBRATE NEW HOPE



SALE
69¢
/ea

Garlic
Imported
Package of 3



SALE EFFECTIVE MARCH 28 - APRIL 17, 2024

PRODUCE

SALE
4⁹⁹
/ea

Red Onions

Produce of U.S.A.
No. 1 Grade
10 lb (4.54 kg)



SALE
99¢
/lb

2.18/kg

Blood Oranges

Produce of U.S.A.

Ginger Root

Imported

Roma Tomatoes

Imported
No. 1 Grade



SALE
99¢
/ea

Bunch Mint

Imported



SALE
7⁹⁹
/ea

Ataulfo Mangoes

Imported
5 lb (2.27 kg)



Celebrate SAVINGS

BAKERY

SALE

3⁴⁹
/ea

Vadiya Naan Bread

Original or Garlic
Package of 6



SALE

7⁹⁹
/ea

The Original Cakerie Tiramisu

384 g



SALE

5⁹⁹
/ea

Two-Bite Unicorn Cupcakes

Package of 12



SALE

6⁹⁹
/ea

Kimberley's Unicorn Cookies

Package of 10



Celebrate SAVINGS

GROCERY

SALE
5²⁸
/ea

Co-op Gold Mixed Nuts 40% Cashews
200 g



SALE
8⁹⁹
/ea

Co-op Gold Pecan Clusters
400 g



SALE
1⁹⁹
/ea

Co-op Gold Chili Powder
155 g



3 FOR
4⁹⁸

Co-op Gold or Co-op Gold PURE Beans
or Chick Peas, Lentils or Six Bean Mix
540 mL



2 FOR
\$9

Patak's Cooking Sauce
400 mL



3 FOR
6⁹⁹

Vadiya Spices
Selected Varieties
50 g



SALE
8⁹⁹
/ea

Vadiya Basmati Rice
3.63 kg



SALE
8⁹⁹
/ea

Co-op Centsibles Canola Oil
3 L



Celebrate SAVINGS

GROCERY

SALE
3⁹⁹
/ea

PLUS DEPOSIT & ENVIRONMENTAL
LEVIES WHERE APPLICABLE



**Frooti
Mango Drink**
Package of 6

SALE
6⁹⁹
/ea

**Lipton Green or
Black Tea**
Package of 100



SALE
6⁹⁹
/ea

Nanak Paneer Pakora
Frozen
454 g



SALE
5⁹⁹
/ea

Nanak Batata Wada
Frozen
600 g



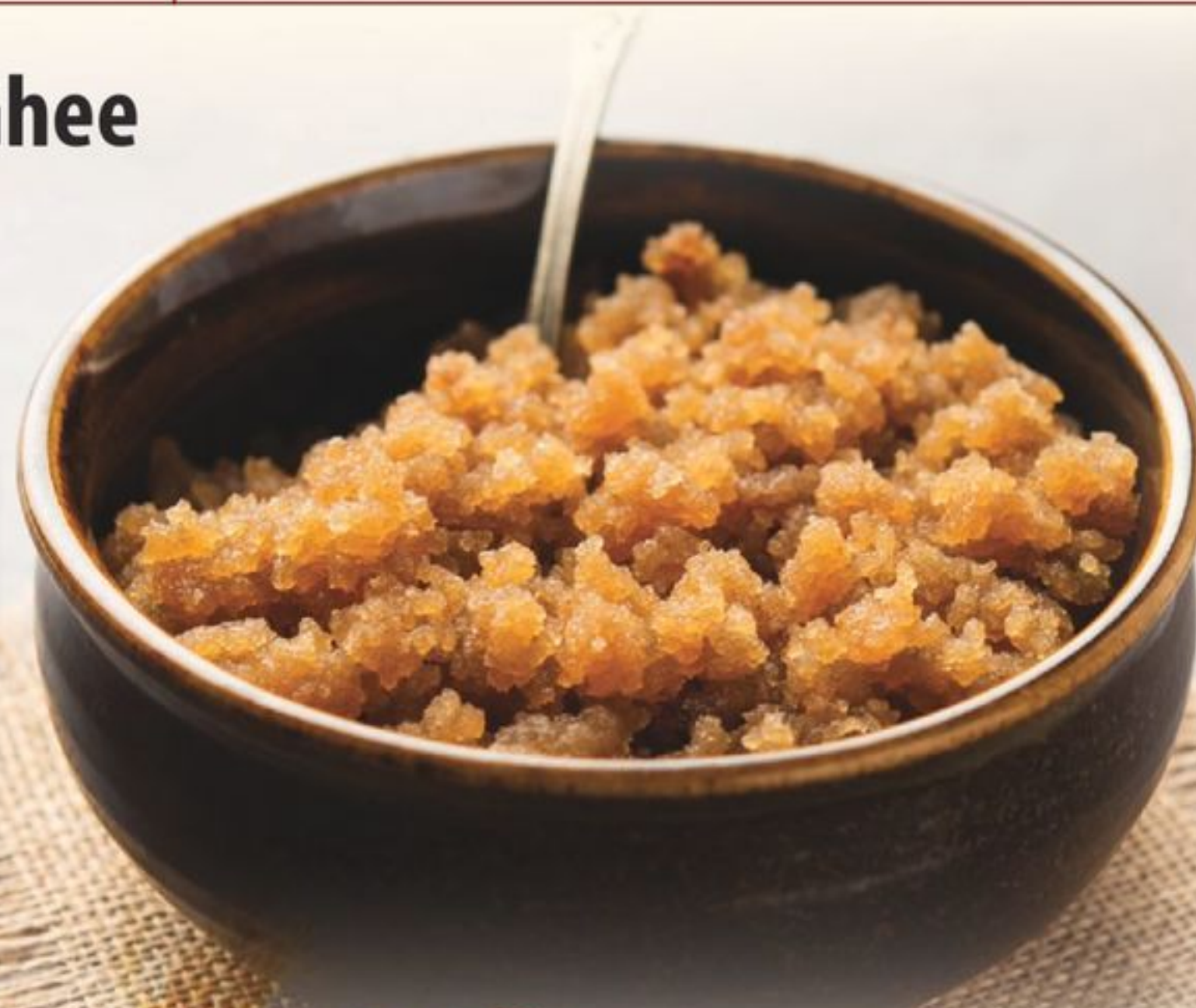
SALE
5⁹⁸
/ea

Melona Novelties
Frozen
Package of 8



SALE
7⁹⁹
/ea

Nanak Desi Ghee
400 g



**2 FOR
\$1**

Parle Kreams Biscuits
66.7 g



Celebrate SAVINGS

HAPPY Vaisakhi

Individual Curry Meal

Made In-store
456 g

SALE
5⁹⁹
/ea



Vadiya Mini Naan Bread

Package of 12

SALE
3⁹⁹
/ea



Nanak Rasmalai

Frozen
850 g

SALE
8⁹⁹
/ea



Celebrate SAVINGS



**BUY ONE,
GET ONE FREE**

Co-op Gold PURE
Traditional Hummus
482 g



Coupon must be presented to the cashier at
the time of purchase, either paper or digital.



PLU 2905

VALID ONLY MARCH 28 - APRIL 17, 2024

This coupon may only be used with a minimum purchase of 1 to receive 1 FREE Co-op Gold PURE Traditional Hummus, 482 g at participating Co-op Food Stores. Maximum retail value of **\$6.79**. Limit one coupon per family purchase per day. No cash value. Coupon must be presented to the cashier at the time of purchase. Cannot be combined with any other coupons or promotional offers. Excludes tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, transit tickets, all third-party operations (post office, gas bar, etc.).

Available at the following participating locations:

Central Alberta Co-op @ Innisfail, Lacombe, Red Deer Park & Timberlands, Cornerstone Co-op @ St. Paul, Discovery Co-op @ North Battleford, Four Rivers Co-op @ Vanderhoof, Heritage Co-op @ Brandon, Homestead Co-op @ Portage la Prairie, Lake Country Co-op @ Prince Albert, LaRonge & Nipawin, Leduc Co-op, Meadow Lake Co-op @ Meadow Lake, New Horizon Co-op @ Grande Prairie & Trader Ridge, North Central Co-op @ Chappelle, Fort Saskatchewan, Hawkstone & Riverside, Otter Co-op @ Mt. Lehman, Parallel & Aldergrove, Peace Country Co-op @ Peace River & Grimshaw, Pincher Creek Co-op, Pioneer Co-op @ Wheatland Mall, Red River Co-op @ Grant Park, Southdale, Seasons & St. Vital, Saskatoon Co-op @ Attridge, Circle Park, Stonebridge & Westview, Sherwood Co-op @ Harbour Landing, Quance & Rochdale, South Country Co-op @ Taber, Swan Valley Co-op @ Swan River, Westview Co-op @ Olds, Wild Rose Co-op @ Camrose, Yellowknife Co-op



Click here for Store Location

