

FORTINOS®



7.99lb
17.61/kg

natural
roasted
pistachios
salted or
unsalted
20664648_KG



2.99lb
6.59/kg

boneless pork loin rib end
or center cut chops or roast
20827787_KG



Ideal for smoking!

CUT FROM CANADA
AAA

4.99lb
11.00/kg

whole beef brisket
boneless cryovac pkg,
cut from Canada AAA or
USDA Choice grade beef
20798405_KG

butcher trimmed
\$6.49/lb \$14.31/kg



✓ Air Chilled
✓ Canadian grown
✓ Grain fed

4.49lb
9.90/kg

PC® chicken breast
bone in, skin on club pack
20187266_EA



JUMBO

2.99
each

jumbo cantaloupe
product of Honduras or
Guatemala, no. 1 grade
20167017001_EA



large ripe avocado
or organic avocado
product of Mexico, 1.69 ea.
or large ripe papaya
product of Costa Rica
or Mexico, 1.69/lb, 3.73/kg
20817066001_EA/20055266001_EA

1.69lb/ea
3.73/kg



large English cucumbers
product of Ontario, Canada
no. 1 grade or PC® coleslaw
product of U.S.A., 397 g
20070132001_EA/21204248_EA

1.49
each



2.99
3's

romaine hearts
product of U.S.A.
or Mexico
20067389001_EA



2-4 lb
AVERAGE

3.49lb
7.69/kg

fresh whole
Atlantic salmon
20083992_KG

PC® smoked
sockeye salmon
150 g or white
cooked shrimp
31/40 per lb,
400 g, frozen
20055009_EA/20791381_EA

9.99
each



2.99
227 g

PC® hummus
or dips
all varieties
20574522_EA



6.99
198 g

Old Croc
aged cheddar
selected varieties
21506072_EA



6.99
600/700 g

Janes Pub Style
breaded chicken or turkey
selected varieties, frozen
21191828_EA/21431735_EA

Maple Leaf
Natural Selections
sliced deli meat
all varieties
20065285_EA

4.99
150/175 g



2.99
each

Dempster's grain bread 600 g,
Dempster's English muffin 6's
or PC® pizza crust or flatbread
220-300 g, selected varieties
20251602_EA/20006502_EA



4.79
280-372 g

plain croissants 6's,
chocolate 4's or
mini croissants 10's
all varieties,
baked in-store
21291173_EA

Administrative
Professionals Day
Wed. April 24

\$20-50 each mixed bouquets
21549451_EA



PC® cheese bars 400 g,
shreds 300/320 g
or Heluva Good!
French onion dip 680 g
selected varieties
20312788001_EA/21060183_EA

4.49
each



Classico TOMATO & BASIL
pasta sauce
all varieties
20323101001_EA/20323101002_EA
3.29
410/650 mL

PC® or
Blue Menu®
sparkling water
or pop
selected varieties
20162061002_EA/20311645012_EA
.99
1/2 L



PC® pancake mix 905 g
or syrup 750 mL
or instant oatmeal 280-364 g
20374908_EA/20175129_EA
1.99
each

Nescafé
or Taster's Choice
instant coffee
100/170 g
or Lavazza
Nespresso-compatible
pods 10's
selected varieties
20661811001_EA/20873036_EA
4.99
each



Chapman's
Original ice cream
selected varieties,
frozen
20315236001_EA/208548431_EA
3.49
2 L



Celebration
cookies 240/350 g
or Nugabar bars 140-175 g
selected varieties
21376778_EA/21529899_EA
2.99
each



PC® frozen fruit
selected varieties
300-600 g
20312227_EA/21377841_EA
3.99



Value Size
4.49
275-480 g
Frito value size snacks
21240828_EA/21370250_EA



Oasis juice
selected varieties,
refrigerated
21376778_EA/21529899_EA
3.49
1.5/1.6 L



Gallo
extra virgin
olive oil
selected varieties
20105368_EA
12.99
1 L

PC® roasted
peanuts 700 g,
Planters cashews
or mixed nuts 200 g
or Jack Links
jerky 74-81 g
selected varieties
20057990003_EA/21021618_EA
4.49
each



Pampers or Huggies
club pack diapers
selected varieties
21456635_EA/21551564_EA
34.99
66-180's

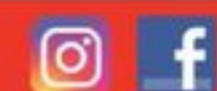


Clif
energy bars
selected varieties
20130914003_C12/20312621_C12
12.99
12x68 g

Prices effective at Hamilton, Stoney Creek and Ancaster stores only.

Flyer prices effective from Thursday, April 18th, to Wednesday, April 24th, 2024

Visit us at [fortinos.ca](https://www.fortinos.ca). FOLLOW US ON



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.

this product is printed using vegetable-based inks



PRODUCE • Nature's Bounty arriving fresh daily!



5.49
5's
bagged avocados
product of Mexico
20142232001_EA



Now in SEASON

6.99 lb
15.41/kg
rhubarb
product of Ontario, Canada
no. 1 grade
20159921001_EA



6 per CASE

19.99
case
Alphonso mangos
product of India
20151701001_EA

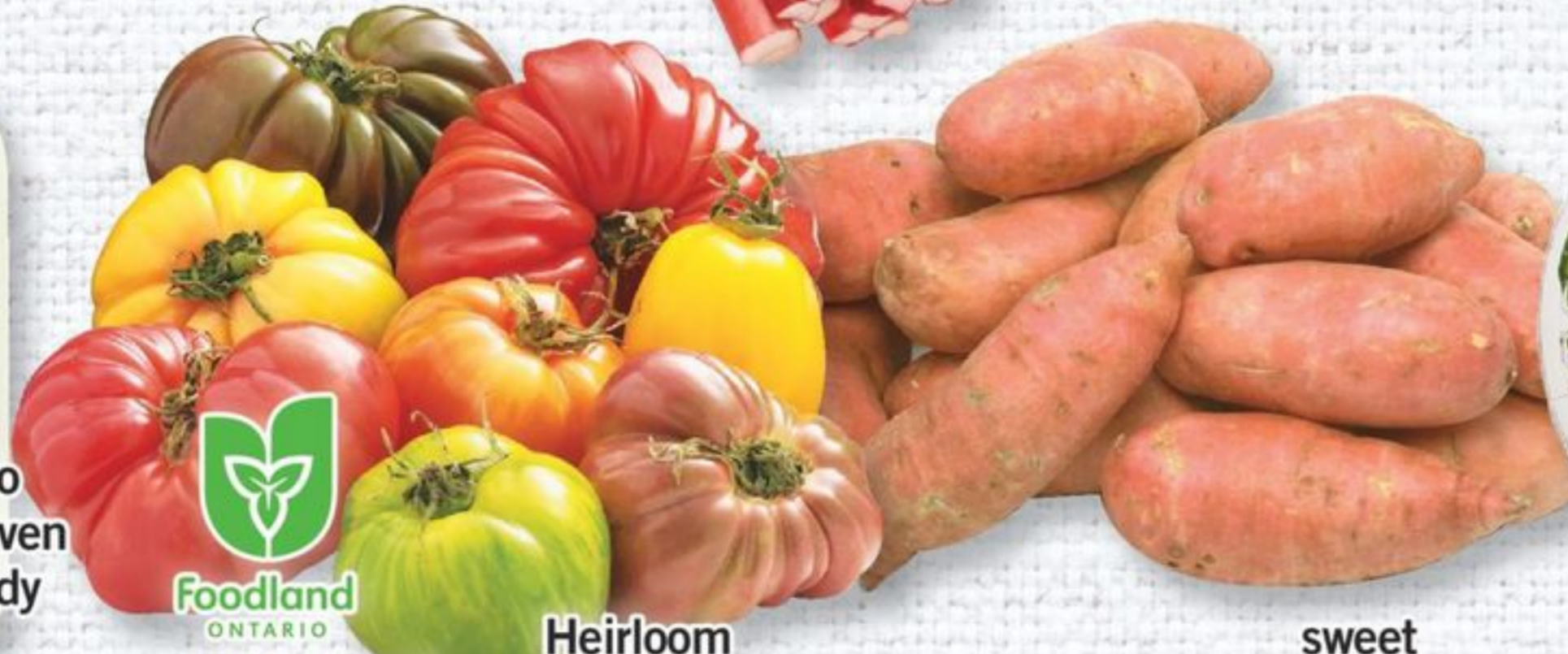
Try Me!
This Saturday & Sunday
11am - 5pm

Air FLOWN
for peak flavour!

3.99
each
Palmer mango
product of Brazil
20025410001_EA



4.69
454 g
Little Potato Company oven or BBQ ready potato kit
selected varieties, product of Canada, Canada no. 1 grade
21401334_EA/21400126_EA



2.99 lb
6.59/kg
Heirloom tomatoes
product of Ontario, Canada no. 1 grade
20154799001_EA

1.89 lb
4.17/kg
sweet potatoes
product of Canada
20127708001_EA



2.99
each
PC® Boston living lettuce
product of Ontario
21212489_EA



4.99
5 lb
PC® yellow, russet, white or red potatoes
product of Ontario, Canada no. 1 grade
20600999001_EA/20616206001_EA



3.99
each
honeydew halves
product of Guatemala or Mexico
20636826_EA

Prepared IN STORE DAILY

seedless watermelon slices
product of U.S.A. or Mexico
20021359_EA

2.79 lb
6.16/kg



Bolthouse smoothies
selected varieties, product of U.S.A.
20280429_EA/20325816_EA

6.49
946 mL



Taylor Farms salad kits
selected varieties, product of U.S.A.
21381584_EA/21381575_EA

5.69
267-383 g



PC® spring mix, baby spinach or 50/50 blend
selected varieties, product of U.S.A.
21204253_EA/21204386_EA

6.49
283-312 g



PICK ORGANIC • Over 150 items available every day!



4.99
2 pack
PC® Organics portobello caps
product of Ontario
20626950_EA



5.69
2's
PC® Organics sweet peppers
product of Canada or Mexico
20690699001_EA



5.49
350 g
organic French beans
product of Mexico or Guatemala
21126944001_EA



3.29
454 g
PC® Organics mini carrots
product of U.S.A., no. 1 grade
20185409_EA



3.49
each
organic red mango
product of Mexico
20084654001_EA

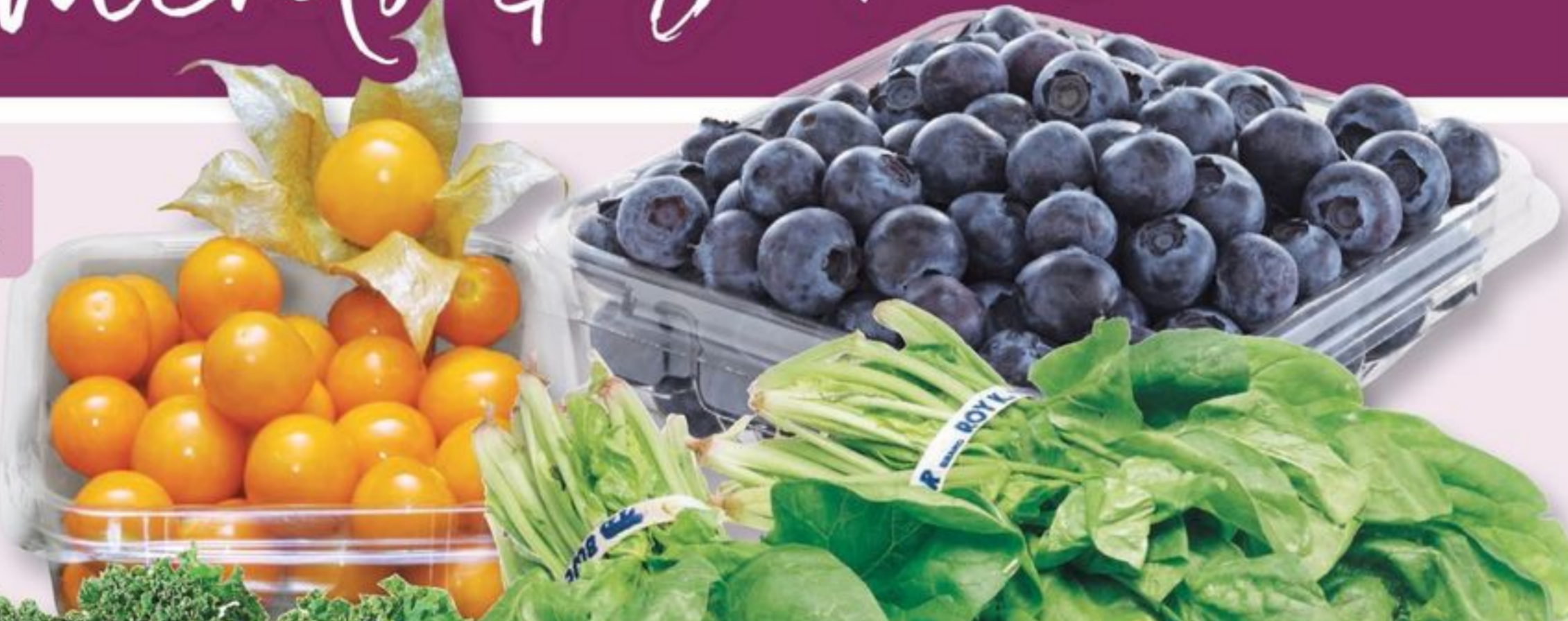
Love Your Gut Ferments & Superfoods!

Fermentation is the process by which a substance is broken down naturally by enzymes or microorganisms creating easily digestible foods as yogurt, sauerkraut, kimchi. These foods are high in healthy bacteria resulting in less bloating, reduced brain fog and higher energy for our bodies. For optimal gut loving health, add a fermented food or drink to your next meal!

Rich in antioxidants and vitamins A & C.

blueberries or golden gooseberry
6 oz

20152465001_EA/20972906_EA



One of the richest vegetable source nutrients like vitamins A, B and C and minerals like Calcium, Magnesium and Potassium. A high source of insoluble fibre or "roughage", promoting a healthy functioning digestive tract.

spinach, black Tuscan, red or green kale

20162840001_EA/20138805001_EA

avocado

20055266001_EA

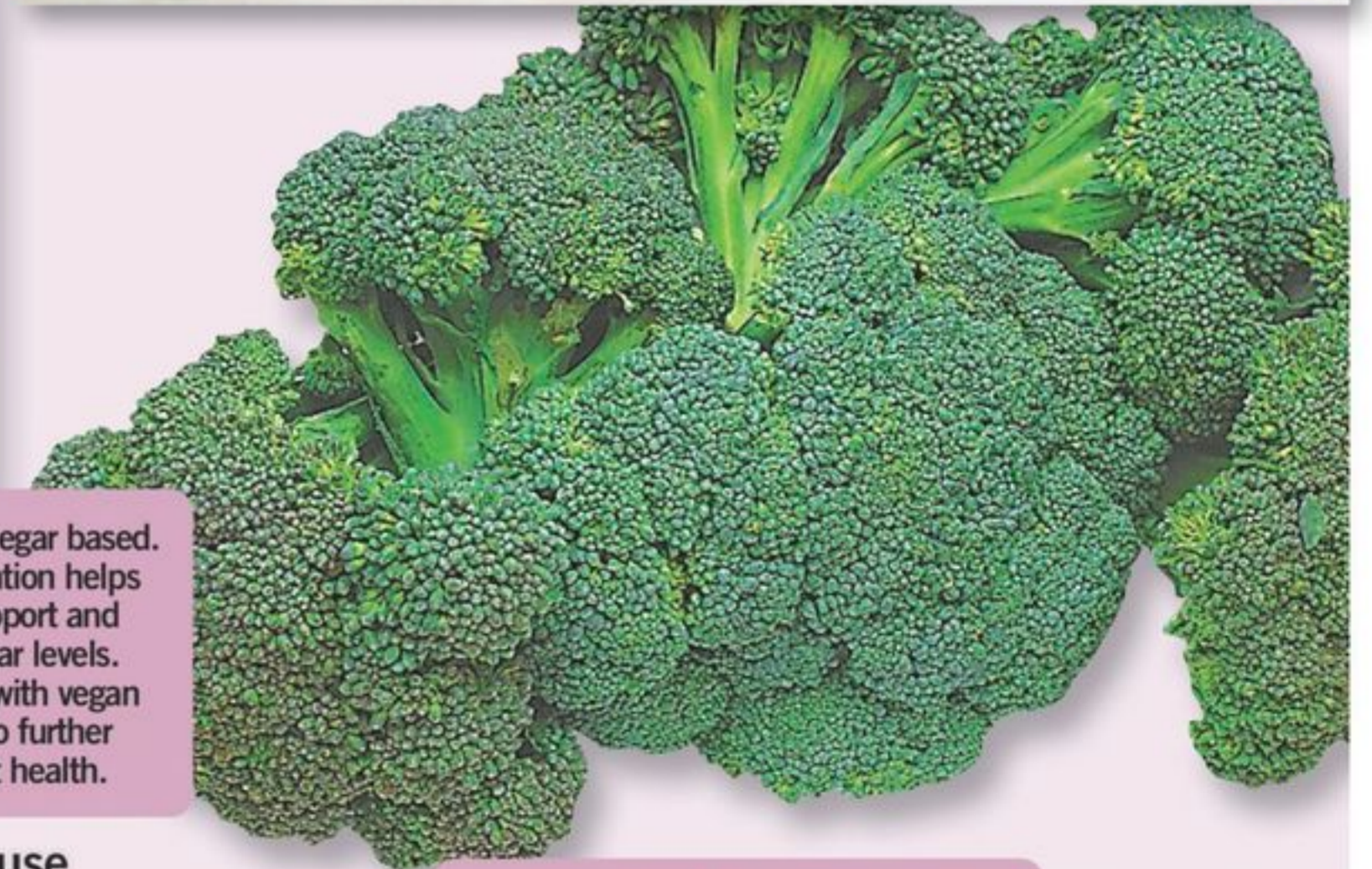
High in healthy saturated fat as well as fibre. Add to salads or spread on gluten-free toast!



Apple cider vinegar based. This fermentation helps with gut support and reduces sugar levels. Also infused with vegan probiotics to further support gut health.

Greenhouse inside job boosters
4x60 mL

21404621_EA/21372874_EA



A great food for cleansing the digestive tract - not only a rich source of fibre, but also high in cancer-fighting Indole-3-carbinol.

broccoli crowns

20026161001_EA

Bulk Foods



Great source of soluble fibre.

psyllium seed husks

20655446_KG



High in plant based omegas and fibre.

chia seeds

20655499_KG



10 g of plant based protein per 2 tbsps! High in fibre.

hulled hemp seeds

20977592_KG



Supports lowering LDL cholesterol levels.

rolled oats

20146120_KG

FULL SERVICE BUTCHER • Custom cuts your way!



4.99 lb
11.00/kg
boneless centre-cut
pork loin cutlet
20826455_KG



9.99 lb
22.02/kg
veal loin chop
20843510_KG



5.99 lb
13.21/kg
lean ground beef,
veal and pork
combination mince
20874641_KG



9.99 lb
22.02/kg
boneless blade
steak or roast
cut from Canada AA
or USDA Select grade
beef or higher
20818547_KG



Yorkshire Valley
Farms organic
chicken wings
frozen
20940328_EA

15.99
1 kg



Yorkshire Valley
Farms boneless
chicken breast
frozen
20940326_EA

24.99
1 kg



21.99 lb
48.48/kg
PC® Free From®
strip loin steak
21219108_KG



9.99
454 g



Johnsonville
smoked sausages
selected varieties
20355614_EA

6.49
375 g



15.99
680 g
PC® pork back ribs
selected varieties,
frozen
20071715_EA



13.99
340 g
Marcangelo
bacon wrapped sirloin
beef medallions
21025464_EA



5.99
65 g
PC® Free From®
fully cooked bacon slices
regular or thick
20905021_EA

SEAFOOD • We'll Clean & Scale Your Fish at No Charge... just ask!



12.99 lb
28.64 /kg
fresh rainbow
trout fillet
20990494_KG



14.99 lb
33.05/kg
fresh
pickerel fillet
20138948_KG



4.99
141 g
Atlantic salmon
pinwheels
21219758_EA



14.99 lb
33.05/kg
tuna loin
centre-cut
previously frozen
20693117_KG



Wild!
Marina Del Rey
wild Argentinian
raw shrimp
20-30 per lb, frozen
20907159_EA

10.99
300 g



Northern King
seafood
mix 600 g
or Triple Crown
salad shrimp
400 g, frozen
20573063_EA/21576332_EA

8.99
each



PC® Zipperback®
raw Pacific
white shrimp
31-40 per lb,
frozen
20788888_EA

10.99
400 g



PC® shrimp
appetizers
selected varieties,
frozen
20080117_EA/20135874_EA

10.99
340-454 g

BUY ANY 1, GET 1 FREE

Olivieri
fresh filled
pasta or
family sized
skillet gnocchi
selected varieties
20311584_EA

BUY



9.99
500-700 g

**GET
FREE**



Olivieri
Skillet gnocchi
280-350 g
value \$6.99
21022065_EA



8.99
298 g
California
sushi roll
20335472_EA

✓ Fairtrade organic
✓ roasted in-store
✓ 20 varieties

14.99 lb
33.05/kg
bean roast
coffee beans
20101583_KG

DELI • Always freshly sliced or shaved your way!



8.99 lb
1.98/100 g
Ziggy's®
Black Forest
or honey maple ham
deli sliced
20323392_KG



14.99 lb
3.31/100 g
PC®
Natural Choice®
turkey or chicken
breast
selected varieties,
deli sliced
20302980_KG



14.99 lb
3.31/100 g
PC®
Natural Choice®
Angus roast beef
deli sliced
20155374_KG



12.99 lb
2.86/100 g
Venetian
genoa salami
regular or hot,
deli sliced
or shaved
20303649_KG



12.99 lb
28.64/kg
Arla Havarti cheese
all varieties
20180982_KG



8.99
240 g
Babybel cheese
all varieties
20167537_EA/20300620_EA



11.99
300/375 g
PC®
Natural Choice®
strips
all varieties
20786418_EA/207873941_EA



6.99
140-170 g
PC® cheese slices
all varieties
20219790_EA



BAKERY • Baked fresh by Bakers with passion!



29.99
960 g-1.4 kg
LA ROCCA
CREATIVE CAKES
8" cakes
raspberry royale,
banana chocolate chip
or super caramel crunch
21596332_EA



29.99
1 kg
mixed fruit
8" flan
20593086_EA



6.99
4x75 g
Portuguese tarts
20695415_EA



.99
150 g
assorted 6 pack
buns \$5.49
pane fresco
piccolo ciabatta
21116815_EA



11.49
600 g
PC® cheesecake
all varieties, frozen
20147627_EA



4.49
each
Dempster's
bagels 6's or
King's Hawaiian
rolls 340 g
20563221_EA



3.99
420-568 g
D'Italiano hamburger
or sausage buns
all varieties
20626949_EA/20627101_EA



4.99
384/640 g
Casa Mendosa
large tortillas
all varieties
20276307_EA/20318788_EA

GROCERY



649 Coca-Cola, Canada Dry or Pepsi soft drinks selected varieties
8x300/355 mL 21181173_C08/21362875_C08



500^{PH}

Loacker wafers selected varieties
20321447001_EA/20325908_EA

379 150/175 g



329 Crispers or Bits & Bites selected varieties
21395350_EA/21433256_EA 145 g



279 Molisana pasta selected varieties
20303498013_EA 450 g



179 Primo canned tomatoes selected varieties
21187403_EA 796 mL



Lindor chocolate bag selected varieties
21390291_EA

749 142-151 g



Tilda basmati rice
20065191_EA

599 907 g



Christie cookies
21358407_EA/21361508_EA

399 251-303 g



Pam avocado or organic extra virgin olive oil spray
21361501_EA/21361505_EA

679 141 g



499 P.F. Chang's sauce selected varieties
21557057_EA/21557144_EA 350 mL



Skittles or Starburst candy selected varieties
20307863001_EA

349 151-191 g



349 Dole fruit selected varieties
21484246_EA/21484248_EA 540 mL



449 Cheetos snacks or popcorn selected varieties
21370169_EA/21434295_EA 180-285 g



379 Finn Crisp dry bread selected varieties
20073201_EA/20130264_EA 175/250 g



DeCecco pasta sauce all varieties
21170608_EA

479 400 g



349 Ritter Sport chocolate selected varieties
20609816001_EA/21167994_EA 100 g



Club House one step seasoning blends selected varieties
2030806001_EA/2030806002_EA

649 111-181 g



629 Pringles snack stacks
21069445_EA 12x19 g



Nonna Pia's balsamic glaze
20839367_EA

899 250 mL



429 Gold Seal pink salmon
21186867_EA 213 g

Interesting Finds for the FOODIE



Rachel's beef bacon

21598462_EA

9.99
300 g

Premium breakfast strips from Ontario-based St. Helen's. Made with Halal beef and smoked giving each strip a crisp texture and rich flavour. A classic twist on bacon.



Stonemill artisan 12 grain or San Francisco style sourdough bread

21556097_EA

4.49
550 g

Honouring 100-year-old family baking traditions, Toronto based Stonemill breads still start with a unique sourdough starter flown in from Germany every month. These crusty breads are naturally fermented, with no artificial flavours, colours or preservatives.



Tocco d'Oro Italian risotto or soup selected varieties

21542079_EA

11.99
270 g

Imported from Italy, these premium risottos are from the Lombardy region. Made with butter, white wine, vegetables and olive oil, they're an easy meal, ready to eat in 4-5 minutes. 7 varieties! You'll also find their heat & serve soups delicious too with 3 varieties.



The Fentiman family has crafted botanical, non-alcoholic sodas in Northumberland, UK since 1905. These award winning beverages are brewed traditionally and made with premium ingredients.

9.99 Fentimans cherry cola,
rose lemonade or ginger beer
4x275 mL 21051263_C04/21051337_C04



BeaverTails spreads

21548221_EA/21549780_EA

4.49
375/425 g

These irresistible spreads are proudly Canadian. The perfect companion for your favourite treat or snack. Creamy & delicious, these spreads are palm oil and gluten-free.

Produced in Ontario for 35 years, Crofters use sustainable farming methods and best tasting fruits sourced from organic farms. Sweetened with fair trade cane sugar, every jar has 33% less sugar than traditional preserves.

5.99 Crofter's
premium organic
fruit spread
selected varieties
383 mL 20987211_EA/21345291_EA



Available in
Nature's Treasure!



NATURE'S TREASURE

by **FORTINOS**

It's Spring at Nature's Treasure

Welcome the arrival of warmer weather with foods & supplements to keep you feeling healthy and energized.

De-stress and enjoy spending time with loved ones, getting outdoors, being active and engaged in life.

Explore Nature's Treasure family health-focused products and discover better and healthier versions of your favourite foods.

24⁹⁹ each

CanPrev magnesium bis-glycinate 120's, synergy B 60's or D3K2 softgels 120's

20776243_EA/20776245_EA



Naturopath formulated!

Great support for respiratory health!

19⁹⁹ 60's

Suku gummy vitamins selected varieties

21310256_EA/21311636_EA



29⁹⁹ each

NOW vitamin C 250's or NAC extra strength 120's

21418529_EA/21418543_EA



23⁹⁹ each

NutraSea Omega-3 liquid 200 mL, soft gels 30-60's or kids Omega gummy chew 30's, selected varieties

21566820_EA/20923836_EA



49⁹⁹ each

Iron Vegan protein powder or athlete's blend 1 kg or Progressive VegEssentials protein powders 840-850 g

20700876001_EA/21391726_EA



29⁹⁹ each

North Coast Naturals whey isolate 680 g or PVL sport whey or plant-based protein powder 840-908 g

20306852001_EA/20650127001_EA



249 33 g
Mid-Day Squares selected varieties

21487220_EA/21487247_EA

Gluten Free!

399 156-350 g

Que Pasa organic tortilla chips selected varieties

21031315_EA/21031316_EA



249 500-1000 mL

Flow alkaline spring water or vitamin water selected varieties

20987454_EA/21521432_EA



LOCALLY RAISED

8²⁹ 12's
Alderwood Farms pasture raised eggs

21434214001_EA



999 284 g

Kicking Horse organic ground coffee selected varieties

20982074_EA



599 325-400 g

Jordan's Morning Crisp cereal or granola selected varieties

21522230_EA/21522267_EA



Flyer prices effective from Thursday April 18 to Wednesday May 15, 2024



Celiac & Food Allergy Awareness

Nature's Treasure takes gluten allergies seriously – that's why we have an entire section dedicated to Gluten & Wheat Free Products. Recognizing the increasing prevalence of this auto-immune disease, we provide the product range that is free of Gluten & other top-allergens to meet any dietary need!

Our Certified Practitioners are in stores daily to help you navigate the best gluten-free choices for anyone new to this diagnosis, or looking for different, tastier options!



9.99

227-907 g
Bob's Red Mill gluten free oats or hemp seeds selected varieties

21127426_EA/21380047_EA



7.99

295 g
Little Creek organic dressing all varieties

21484650_EA/21484656_EA

No emulsifiers,
No added sugars,
No GMOs!



4.99

200-400 g
Liviva gluten free noodles selected varieties

21102192_EA/21154073_EA

Non-GMO!



5.99

64.5-180 g

Schar cookies or crackers selected varieties

21051334_EA/21403645_EA

Made with cassava flour!



9.99

425 g

Quesava gluten free perogies, samosas, ravioli or 3-cheese poppers frozen

21455982_EA/21455984_EA

7.99

241 g

Lucky gluten free Thai spring rolls frozen

21497038_EA/21497039_EA

6.99

180 g

RW Garcia sweet potato or beetroot crackers selected varieties

20898753002_EA/21561018_EA



6.99

140 g

Walkers gluten-free shortbread selected varieties

21505216_EA/21508151_EA



Keto!

4.49

64 g

Unbun gluten free almond flour crackers

21529822_EA/21529824_EA



5.49

300 g

Prana Granolove granola selected varieties

21393188_EA/21475909_EA



4.99

135/154 g

FreeYumm gluten free soft baked cookies or bars selected varieties

21048233_EA/21048242_EA



Only 3g of sugar per bag!

2.99

50 g

Better Bears vegan gummy candy

21428804_EA/21496367_EA



Gluten & refined sugar free!

19⁹⁹
100/125 g

Blume
superfood latte
or hot cacao
selected varieties
21499653_EA/21530842_EA



Enjoy High Tea
With Mom!



On May 12th, celebrate in style with afternoon tea. A relaxed occasion that allows everyone to slow down and unwind, it's a perfect time for moms, grandmothers and even moms-to-be.

Delicious, elegant finger foods can be prepared in advance, leaving lots of time to chat and enjoy being together. Considering we don't do this every day, there's a special sense of fun and occasion. Wear hats, dress up and create a day to remember!

Gluten free!



12⁹⁹
266-357 g

Stellar Eats baking mix
21500871_EA/21568692_EA

Gluten, nut & dairy free!



LOCALLY MADE

6⁹⁹
116-500 g

Queen St. Bakery
bread or bagels
selected varieties, frozen
21411425_EA/21529684_EA

Small batch, made without palm oil!

14⁹⁹
240 g

NutJar spread
selected varieties
21550500_EA/21550503_EA



5⁹⁹
1.4 L

Califia Farms
dairy-free beverage
refrigerated,
selected varieties
21030981_EA/21397053_EA



Dairy free!

5⁹⁹
200-227 g

Violife
dairy-free cheese
selected varieties
21339312_EA/21433755_EA



Perfect for
vegan appetizers
or tea sandwiches!

7⁹⁹
100 g

Save da Sea
plant-based
smoked salmon
or tuna salad
21450747_EA



3⁹⁹
235 mL

PC® Organics
fruit spread
selected varieties
21085953_EA/21086014_EA



5⁷⁹
400 g

PC® gluten free
pancake mix
20796973_EA



5⁹⁹
250 g

PC® Organics salted
or unsalted butter
21588696_EA/21588708_EA



2⁴⁹
120 g

PC® Organics
rice cakes
21408855_EA/21408859_EA



5⁷⁹
113 g

PC® cauliflower
or butternut squash
mini crackers
selected varieties
21471630_EA/21471638_EA

Gluten free!



6⁹⁹
600 g

PC® Organics
frozen fruit
selected varieties
20149390_EA/20431483003_EA



Outdoor BBQ

Backyard BBQ season means food, friends and family plus lots of healthy sunshine and Vitamin D. Explore delicious BBQ choices for everyone, from vegetarians & vegans to traditional meat loving carnivores.

Grilled spring vegetables, vegan kabobs, plant based burgers and lots of salads ensure everyone is happy. Get outside!

8⁹⁹
250-296 mL

Naked & Saucy
soy-free sauce
or nooch dressing
selected varieties

20984039_EA/21454574_EA



6⁹⁹
250 mL

Good Food For Good
ketchup
or BBQ sauce

21172444_EA/21172451_EA



5⁹⁹
296 mL

San-J tamari
or cooking sauce
selected varieties

20028533_EA/2029886001_EA



3⁹⁹
227 g

Sunflower Kitchen dips
selected varieties

21100651_EA/21100664_EA



3⁹⁹
135 g

humble potato chips

21524167_EA/21524235_EA



6⁹⁹
125-185 g

elan organic nuts
selected varieties

21306310_EA/21306368_EA

1⁹⁹
398 mL

PC® Organics
canned beans
selected varieties

21403943_EA/21403992_EA



4⁹⁹
325-473 mL

PC® Organics
mustard or
sauerkraut

20959827_EA/21355242_EA



5⁹⁹
575 mL

PC® Organics
ketchup

20021787_EA



3⁹⁹
946 mL

PC® Organics
lemonade
selected varieties

20936902_EA/21022888_EA



6⁹⁹
each

PC® Organics
apple cider
vinegar 1 L or
olive oil spray 140 g
selected varieties

21080770_EA/21102225_EA



4⁴⁹
227 g

PC® Organics
gluten-free pasta
selected varieties

21358020_EA/21358056_EA



Rich in naturally occurring probiotics!

349
355 mL

Tonica kombucha
selected varieties

20818822001_EA/20818822006_EA



Stay Hydrated!

Staying properly hydrated is key to living an active & energized lifestyle. Hydration benefits our bodies by supporting nutrient transportation to cells, protecting joints and organs, and promoting removal of waste.

More beverages with reduced or no sugar, artificial flavours or colours make it easier to than ever to stay healthy and hydrated. Nature's Treasure also offers electrolyte infused drinks, plus probiotic and prebiotic beverages that help keep our gut healthy.

Talk to our Certified Practitioners for more information and choose the beverages that work for you.

Zero sugar!

249
355 mL

Cove organic probiotic soda
selected varieties

21496787_EA/21496788_EA



199
355 mL

WakeWater zero sugar, caffeinated sparkling water
selected varieties

21404358_EA/21404371_EA



Natural caffeine plus L-theanine from green tea!

NEW

High in electrolytes & minerals!

399
1 L

Maple3 pure organic maple water

21559596_EA



Up to 2 million vegan probiotics per pop!

699
320 mL

Squamish Water Kefir Company probiotic popsicles

21527516_EA/21527524_EA



With hidden veggies!

899
5x50 mL

Eville smoothie cubes or pops
selected varieties, frozen

21122023_EA/21122182_EA



Electrolytes & Hydration Support

Infused with minerals & fulvic acid!

199
500 mL

blk alkaline water

21561019_EA/21561074_EA



249
532 mL

Roar organic electrolyte drink
all varieties

21106394_EA/21160578_EA



Made from coconut water, a natural source of potassium!

249
330 mL

Thirsty Buddha sparkling coconut water
selected varieties

21014419_EA/21068404_EA



UP TO
20% OFF

Nuun electrolyte tablets
10-12's
all varieties

21393717_EA/21393748_EA



Organika electrolyte powder 70 g or sticks 360 g
all varieties

21414684_EA/21546545_EA



Water retention support for balanced hydration levels & reducing excess water!

Aeryon Wellness supplements
all varieties & sizes

21537231_EA



Nutritious Organic Avocados

Avocados contain:

- ✓ 80 calories per 50 gram serving (approximately 1/3 medium avocado)
- and...
- ✓ 3 grams of fibre
- ✓ 0 grams of sugar
- ✓ 5 grams of monounsaturated fat
- ✓ 1 gram of polyunsaturated fat
- ✓ 1 gram of saturated fat



249 each
organic avocado
 product of Mexico or Peru
 20146327001_EA

Jackfruit Pods

Available year round, jackfruit has a musky aroma with sweet and mellow flavours of banana and pineapple.

Often used as a meat substitute, typically jackfruit is peeled and eaten out of hand, added to desserts or shredded for stews.

We've done the work for you in preparing these bright yellow chunks, ready to enjoy. Full of phytonutrients and antioxidants.

Potassium-packed snack!



TIP: Try freezing.
 Then thaw when ready to eat to soften the pods for an even juicier texture!



- Certified Organic
- 7 varieties

Salads



Baby Spinach
 142 g
 203052770_EA / 21020920_EA



Baby Arugula
 142 g
 20314039_EA



Romaine Hearts
 3 pk
 20599776001_EA

The perfect salad topper!



Blueberries
 Product of Argentina,
 no. 1 grade, 277 g
 21179969001_EA

Try Something **NEW** This Spring

2⁹⁹
355 mL

Poppi
pre-biotic soda
selected varieties

21564497_EA/21564498_EA



Bringing soda back. The twist? It's better for you this time. Poppi brings you that mouth-watering swirl of flavours and bubbles without feeling bad about it! Get all the soda feels with 5g sugar and 25 calories, or less, and prebiotics for your gut.

6⁹⁹
227 g

Lotus Foods organic
traditional noodles
selected varieties

21562606_EA/21562629_EA



Discover the delicious world of Lotus Foods! These rice & noodles are your ticket to guilt-free dining—certified organic, gluten-free, vegan, and non-GMO. With a focus on quality, the ingredients list is short, pure and simple, ensuring you get nothing but the best!

Fermented side dishes for a probiotic boost to any meal!

9⁹⁹
500 mL

Naturally Amped kraut
selected varieties

21561594_EA/21561631_EA



Carefully crafted krauts and kimchi with innovative flavour profiles. Curated from whole ingredients sourced locally to ensure maximum freshness and packed with probiotics and enzymes to support a flourishing microbiome. Indulge in a culinary experience that nourishes your body & soul.

4⁹⁹
120 g

Pokko rice & chickpea chips

21590759_EA/21590916_EA



Guilt-free rice and chickpea chips, deliciously infused with authentic South Asian flavours. Packed with protein-rich chickpeas and nutritious rice for a great source of fibre, bursting with flavour from authentic spices like turmeric & Kashmiri chili. Pokko is sure to become your favourite go-to snack!

6⁹⁹
946 mL

Better Moo(d)
plant-based gluten free
oat beverage

21585760_EA

Infused with organic herbs & flowers!



What truly differentiates Moodrink plant based oat beverage, is that it achieves outstanding nutrition while providing milk-like neutral taste and great texture. Enjoy 8g plant based protein and 4g fibre in every 250 mL serving!

Naturally lactose free!

12⁹⁹
325 g

L'Ancêtre organic cheese
selected varieties

21551880_EA/21551978_EA



Our Canadian butters and cheeses offer you a whole new world of flavour. They are simply delicious and are sure to add a distinctive touch to all your gourmet dishes and healthy meals. Not only is organic food better for you—it also tastes fantastic!

UP TO 20% OFF

NutraMeltz
sublingual
supplements

60's
selected varieties

21578837_EA/21578909_EA



A 100% Canadian and family owned company with a modern approach to natural health products. Nutrameltz Inc. was born to make taking supplements as easy as possible for everyone. Utilizing their new Quick Dissolving Tablets (QDT) technology, you just drop one on your tongue and go.

Alterra Herbasante
homeopathic and
herbal-based remedies

all varieties & sizes

21542211_EA/21542184_EA



Established in 1984 in Montreal, Alterra & Herbasante are a family-owned and operated company, with all products manufactured entirely in Canada. They offer a comprehensive line of herbal and homeopathic products tailored to specifically meet the different needs of men, women & children.

New line extension!

Prairie Naturals
supplements

all varieties & sizes

21209168_EA/21592686_EA



A privately owned family business headquartered near Vancouver, BC, Prairie Naturals makes products designed to help you "Live the Healthy Life". They are dedicated to your health success & design products based on current nutritional research – so you get the results you need and want.

New all-in-one formula!

Genuine Health
all-in-one shakes
643-675g or BCAAs
with creatine 440g

21564778_EA/21565340_EA



A Toronto based family-owned company and for over 30 years have been designing sophisticated gut friendly formulations backed by science and research. Their promise is to provide pure, powerful and proven ingredients for genuine living.

UP TO 20% OFF

ALL Vitamins, Supplements & Protein Powders in our Nature's Treasure department!

Genuine Health greens+
all varieties & sizes
20008157_EA
20317697_EA



AOR professional supplements
all varieties & sizes
21302192_EA/21309840_EA



Platinum Naturals supplements
all varieties & sizes
20026988001_EA
20026988002_EA



St. Francis herbal tinctures & supplements
all varieties & sizes
20731316_EA/21192044_EA



Orange Naturals supplements
all varieties & sizes
21190140_EA/21190744_EA



A.Vogel premium natural supplements
all varieties & sizes
21235725_EA/21235730_EA



249
50 g
Clifbar nut butter filled snack
all varieties
21012470001_EA/21012470003_EA



4g of sugar or less per serving!
499
98/100 g

ChocXO organic chocolate
all varieties
21335526_EA/21411801_EA



399
100-150 g
Made Good granola snacks
selected varieties
20797052001_EA/21352121_EA



299
4x200 mL or 1 L
Kiju organic juice
selected varieties
20312710001_EA/20333714004_EA



549
220 g
Snyder's of Hanover gluten free pretzels
all varieties
21082616_EA/21082619_EA



649
234-284 g
Amy's frozen entrées
selected varieties
20819961_EA/20820314_EA



Sweetened with Stevia, 0g of sugar!
699
6x355 mL
Zevia sugar-free soda
all varieties
21106231_C06/21544078_C06



Flyer prices effective from Thursday April 18, 2024 to Wednesday May 15, 2024

Visit us at [fortinos.ca](https://www.fortinos.ca)



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Try It, You'll Love It. Guaranteed™!

If you are not completely satisfied with the quality of any President's Choice® food products, simply return it along with receipt or original package for an exchange or refund.



PC® lemonade selected varieties
20773870001_EA

2.99
1.89 L



PC® plum sauce club size
20124925_EA

5.49
750 mL



PC® pita crackers selected varieties
20588938003_EA

2.99
142 g



PC® K-Cup coffee selected varieties
20585365_EA

7.99
12's



PC® albacore tuna selected varieties
21081491_EA

3.49
170 g



PC® chocolate covered nuts or fruit selected varieties
20984524_EA

8.99
700/908 g



PC® mustard selected varieties
20050452001_EA/20050452002_EA

2.49
325 mL



PC® fruit jam selected varieties
20180006_EA

4.99
500 mL



PC® Splendido® olive oil selected varieties
20081865_EA

16.99
1 L



PC® pasta sauce selected varieties
20131344009_EA

4.29
410/650 mL



PC® de-alcoholized beer selected varieties
20121729_C12

7.99
12x355 mL



PC® sea salt, peppercorns or Himalayan rock salt
20064552_EA/20319194001_EA

3.99
45-100 g



PC® mini granola bars selected varieties, Club Pack®
20038723_EA

11.49
745 g



PC® tea
21403494_EA/21404537_EA

4.79
48's



PC® pickles selected varieties
20433826001_EA

3.79
500 mL



PC® Loads Of™ ice cream selected varieties, frozen
20746245004_EA

6.99
1.5 L



PC® Ice Cream Shop ice cream selected varieties, frozen
2029983011_EA

4.49
946 mL



PC® raspberry hibiscus or lavender lemonade ice pops selected varieties, frozen
21432016_EA

5.99
6's



PC® Cream First™ ice cream selected varieties, frozen
2075157002_EA

6.99
1.5 L



PC® Mochi frozen dessert selected varieties
21167338_EA

5.99
6's

DAIRY & FROZEN



349 Gay Lea sour cream selected varieties
425/500 mL 20317536001_EA



399 Kellogg's Eggo waffles selected varieties, frozen
8's 20302779_EA/20323436001_EA



399 Heluva Good! dips selected varieties
250 g 20179979002_EA



179 MILK2GO chocolate or strawberry 1% milk
310 mL 21062620_EA



649 Dr. Oetker Ristorante or Casa Di Mama pizza selected varieties, frozen
320-390 g 20296100001_EA/20852957_EA



349 Cheemo perogies selected varieties, frozen
815/907 g 20527369_EA



449 Danone Oikos Greek yogurt selected varieties
4's 20419715001_EA



499 Black Diamond Slices processed cheese product selected varieties
410 g 21252564_EA



549 Natrel fine filtered milk selected varieties
2 L 20301315004_EA

Italian Favourites



249 Barilla pasta selected varieties
21404912_EA
340/410 g



199 Unico tuna
198 g 20113745_EA



649 Bibi Bitter
4x237 mL 21508903_EA



449 nutella hazelnut spread
20435988_EA
375 g



899 Autentico gelato selected varieties, frozen
21214832_EA
1 L



379 Garofalo passata
21524271_EA
680 mL



1099 illy K-Cup coffee
10's 21507632_EA/21507666_EA



549 Molisana regina arborio rice
20124911_EA
1 kg



329 Vita Sana taralli
20803259_EA
225 g



2799 Mama Yolanda's lasagna selected varieties, frozen
21217142_EA
2.72 kg



optimum™

More offers. More points.



3,000 pts

for every \$10* spent on any Kellogg's cereals selected varieties

210-650 g
20067427_EA
21430738_EA



3,000 pts

for every \$10* spent on Pearl Milling Co. or Quaker

pancake mix 650-905 g or syrup 710 mL selected varieties
21384609_EA/21391619_EA



2,500 pts

for every \$12* spent on Oasis juice

selected varieties, refrigerated
1.5/1.6 L
3.49
21376778_EA/21529899_EA



2,000 pts

for every \$20* spent on Finish dish products

selected varieties and sizes
21217949_EA/20548797_EA



3,000 pts

for every \$10* spent on Old El Paso products

selected varieties and sizes
20795534_EA/21049495_EA



1,500 pts

for every \$8* spent on Celebration cookies, Nugabar or Go Pure bars

selected varieties
20965372_EA/21430815_EA



Buy 2 get 1,500 pts

Buy 3 get 2,500 pts

Buy 4 get 5,000 pts

on General Mills cereals

all varieties and sizes
21103495_EA/21104055_EA



Buy 2 get 3,000 pts

on V8 vegetable cocktail

936 mL - 1.89 L
20077351002_EA
20077351001_EA



Buy 2 get 5,000 pts

on Quaker baking mixes

900 g
20301064001_EA
20324656002_EA



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optimum™

More offers. More points.

pts pts pts pts

Buy 2 get

2,000 pts

on Rice Krispies Homestyle, Kashi or Special K bars selected varieties

165-200 g
20849832001_EA
21010759_EA



Buy 2 get

3,000 pts

on Goldfish snack crackers family pack, selected varieties

750 g
21163265_EA



Buy 2 get

2,000 pts

on Slim Jim sausage snacks selected varieties

112 g
21586325_EA
21586351_EA



Buy 2 get

2,000 pts

on Miss Vickie's kettle cooked potato chips selected varieties

190/200 g
21369419_EA
21525084_EA



Buy 2 get

2,000 pts

on Ritz, Triscuits, Toppables or Wheat Thins selected varieties

180-386 g
21030647_EA
21449871_EA



Buy 2 get

2,000 pts

on Prego pasta sauce selected varieties

645 mL
20325820001_EA
21340617_EA



Buy 2 get

1,000 pts

on Tre Stelle cream cheese selected varieties

200 g
4.99
21002993_EA
21316018_EA



Buy 2 get

2,000 pts

on Goldfish baked snack crackers selected varieties

167-200 g
20545560_EA
21472373_EA



Buy 2 get

2,000 pts

on Snyder's pretzels selected varieties

240 g
20316052001_EA
20316052003_EA



Buy 2 get

1,000 pts

on Smucker's Uncrustables sandwich

4x52 g/4x58 g
21543055_EA



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optimum™

More offers. More points.

pts pts pts pts

Buy 1 get
2,000 pts

on Tru Earth
laundry
detergent strips

64 Loads

31.99

21554580_EA

21554777_EA



Buy 1 get
2,000 pts

on High Liner
Pan-Sear or
breaded fish

selected varieties,

frozen

425-540 g

14.99

21525916_EA



Buy 1 get
1,000 pts

on Chapman's
Super Premium
ice cream

selected varieties,

frozen

500 mL

3.99

21511200_EA



Buy 1 get
1,500 pts

on Folgers 1850
ground coffee

340 g

10.99

21194208_EA/21392918_EA



Buy 1 get
1,000 pts

on Green Giant
Specialty
vegetables

selected varieties,

269-454 g

21042008_EA

21530406_EA



Buy 1 get
1,000 pts

on Libretto Pizza
selected varieties,

frozen

528/590 g

13.99

21510007_EA



Buy 1 get
1,000 pts

on Tru Earth eco strips,
laundry detergent,
fabric softener
or toilet bowl cleaner

selected varieties

12/32 strips

12.99

21425514_EA/21522020_EA



Buy 1 get
1,000 pts

on Cavendish Farms fries
selected varieties, frozen

400-750 g

4.49

21584147_EA

21584155_EA



Buy 1 get
1,000 pts

on Robin Hood
or Five Roses flour

selected varieties,

2.5 kg

20039497001_EA

20106104_EA



Buy 1 get
500 pts

on Wright's
Liquid Smoke

selected varieties

103 mL

2.99

21333699_EA



Buy 1 get
500 pts

on Adam's
peanut butter

selected varieties

500 g

20367670001_EA

21108127_EA



Buy 1 get
500 pts

on Nano or
Siggi's yogurt

4x100 g

21590027_EA

20609687001_EA



Buy 1 get
500 pts

on Old Dutch
potato chips

selected varieties,

180 g

20689864005_EA



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BODY & HEALTH



6⁹⁹ Dove or Degree deodorant selected varieties
74/107 g 20939262_EA/21078327_EA

1⁴⁹ each Crest toothpaste 50/100 mL or Oral-B toothbrush selected varieties
20077991_EA/20338731001_EA

3⁹⁹ Method hand wash selected varieties
300/354 mL 20432113001_EA/20432113004_EA

5⁴⁹ each Dove bar soap 3x106 g or body wash 325/400 mL selected varieties
20329036001_EA/21220717_EA

L'Oréal hair care or styling selected varieties
20163393_EA/20340308004_EA
5⁹⁹ 180/385 mL

4⁷⁹ Sensodyne toothpaste selected varieties
75/100 mL 20301179003_EA/20301179006_EA

Vaseline lotion selected varieties
20539440003_EA/20539440004_EA
5⁹⁹ 295 mL

L'Oréal Féria, Preference, root cover up or Excellence hair colour selected varieties
20304162028_EA/20306667004_EA
12⁹⁹ each

OGX hair care selected varieties
20846852_EA/21206201_EA
8⁹⁹ 100-350 mL

10⁹⁹ each Always pads, liners or Tampax tampons selected varieties and sizes
21000869_EA/21178847_EA

18⁹⁹ each Depends or Poise 12-60's or liners 114-126's selected varieties
20558843005_EA/21100737_EA

3⁴⁹ 58-60 g Quest or Grenade bars selected varieties
20959040_EA/21210215_EA

Mars protein powder selected varieties
21462849_EA/21463746_EA
39⁹⁹ 875 g

Flintstones or One A Day vitamins selected varieties
21294982_EA/21515167_EA
16⁹⁹ 80-130's

7⁹⁹ each Life Brand epsom salts unscented 4 kg or lavender or eucalyptus 2 kg
21256700_EA/21257468_EA

3⁹⁹ 24-30's Halls lozenge bags selected varieties
20315680001_EA/20315680012_EA

Aerius or Claritin selected varieties
20153318_EA/21172407_EA
29⁹⁹ 30-50's

BABY



10,000 pts

for every \$50 spent on baby diapers, formula, wipes, accessories or food selected varieties and sizes
20962515_EA/21172000_EA



Pampers Easy Ups 56-74's or Ninjamas 34-44's selected varieties
21089367_EA/21308932_EA

24⁹⁹ each



8⁹⁹ Pampers or Huggies wipes selected varieties
168-216's 20304474001_EA/20789372_EA



Johnson and Johnson baby wash or shampoo selected varieties
21112321_EA

5⁴⁹ 400-600 mL



11⁹⁹ PC® pediatric ready to drink selected varieties
20432096001_EA/20432096002_EA



1⁷⁹ Gerber pouches selected varieties
128 mL 21024938_EA/21024943_EA



1⁹⁹ Baby Gourmet pouches all varieties
128 mL 20368074001_EA/20433609002_EA



3⁹⁹ Love Child oaty chomps selected varieties
138 g 20944539_EA/20944548_EA



2⁴⁹ each PC® Organics rice rusks 50 g or Once Upon A Farm refrigerated pouches 85 mL, selected varieties
21092647_EA/21191599_EA



1⁴⁹ Baby Bellies snacks selected varieties
8/12 g 21295883_EA

HOUSEHOLD



Tide Pods 112/85's or Tide Power Pods 63's selected varieties
21450131_EA/21450151_EA

29⁹⁹ each



Bona hard surface cleaner refills
21431520_EA/21433137_EA

9⁹⁹ 1.89 L



Clorox multi purpose cleaners selected varieties
20168000_EA/20646183_EA

4⁴⁹ 887-946 mL



Palmolive liquid dish soap selected varieties
20861400_EA/21004392_EA

3⁴⁹ 591 mL



Royale facial tissue 2 ply
21361857_EA

23⁹⁹ 18 pk

PET NEEDS



Fancy Feast or Friskies wet cat food selected varieties
20302296001_EA/20319657005_EA

.99 85-156 g



PC® Nutrition First® dry cat food selected varieties
21303028_EA/21303031_EA

27⁹⁹ 4 kg



PC® Wild Bird suet cakes
21302923_EA/21302948_EA

2⁷⁹ 300-320 g



Purina ONE dry dog food selected varieties
20946525_EA

10⁹⁹ 1.72-1.81 kg



Cesar Canine Cuisine selected varieties
20548229_EA/20628583004_EA

19⁹⁹ 12x100 g

Celebrate Administrative Professionals Day

Wed. April 24



store made arrangements
20183189_EA

starting at

34⁹⁹
each



cut tulips
assorted colours
20180973_EA

9⁹⁹
10 stems



petite bouquet
20680462_EA

19⁹⁹
each



Aquatico tulip vase
21565168_EA

22⁹⁹
each



Administrative Professionals arrangement
assorted colours
21590921_EA

from

\$21-35
each



39⁹⁹
each

bonsai tree in 5" pot
21116488_EA

NEW

PW
PROVEN WINNERS
The #1 Plant Brand™

leafjoy™ BRING NATURE INSIDE

Unique hydroponic houseplants.
Easy to care for!

- ✓ Perfect for the novice gardener
- ✓ Place anywhere in your home
- ✓ Add water when needed



H2O Elkhorn planter
21607089_EA

\$22
each



H2O bamboo decor ring
21607156_EA

\$22
each



Proven Winners H2O leafjoy bowl
21599207_EA

\$30
each



Proven Winners H2O Venti bowl
21599329_EA

\$45
each



It's all about the dirt!

Ideal for general gardening or top dressing lawns.



4/\$11 PC® Black Earth all-purpose soil 25 L
less than 4 \$3 ea. 21357792_EA

A garden is only as healthy as its soil, this nourishing 4-in-1 soil mix can be used on its own or mix into existing soil for vegetables, for trees and shrubs or flowers. Sphagnum Peat + Composted Manure + Topsoil + Lime.



2/\$12 PC® Vegetable & Herb soil 25 L
less than 2 \$7 ea. 21349109_EA

Enriched lawn soil to help repair and thicken your yard.



2/\$12 PC® Enriched Lawn soil 25 L
less than 2 \$7 ea. 21349080_EA

With added fertilizer for seeds, bulbs and flowers. Ideal soil mix for all garden needs. Great drainage, aeration and moisture retention.



PC® flower and garden bed soil mix 50 L
21363856_EA

2/\$20
less than 2 \$11.50 ea.

Improves soil structure, helps regenerate the soil, and is an effective source of nutrients needed for growing plants of all types.



no name® cow manure compost 12.5 kg
21349331_EA

3/\$12
less than 3 \$4.50 ea.

Mulch not only makes your garden look great, it helps reduce weed growth and helps keep the soil moist and healthy.



3/\$12 no name® natural cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358531_EA



3/\$12 no name® red cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358536_EA



3/\$12 no name® black cedar mulch 42.5 L
less than 3 \$4.50 ea. 21358573_EA

BULK



.66 /100 g
2.99/lb
roasted sunflower seeds
salted or unsalted
20071873_KG



286 /100 g
12.99/lb
psyllium seeds husks
20655446_KG



331 /100 g
14.99/lb
hulled hemp seeds
20977592_KG



176 /100 g
7.99/lb
chia seeds
20655499_KG



110 /100 g
4.99/lb
rice snack mix
20185491_KG



110 /100 g
4.99/lb
toasted corn nuts
selected varieties
20010434_KG



176 /100 g
7.99/lb
dried mango slices
20116177_KG



.55 /100 g
2.49/lb
pitted cooking dates
20160982_KG



.77 /100 g
3.49/lb
gummi grizzly bears
21127204_KG



.77 /100 g
3.49/lb
jubes
21127264_KG



.77 /100 g
3.49/lb
sour watermelon slices
21127285_KG



.77 /100 g
3.49/lb
wine gums
21127278_KG



.77 /100 g
3.49/lb
peach slices
21206506_KG



176 /100 g
7.99/lb
panda natural licorice
21081341_KG



353 /100 g
15.99/lb
dark or milk caramels with sea salt
21333708_KG



.88 /100 g
3.99/lb
salt water taffy
21577223_KG

SEAFOOD



4⁹⁹ Crystal Waters
fresh crab cakes
116 g 21540956_EA

13⁹⁹ PC® bacon-wrapped
wild sea scallops
frozen
260 g 21220644_EA

14⁹⁹ Crystal Waters
salmon skewers
selected varieties, frozen
320/340 g 21547020_EA/21547850_EA

7⁹⁹ BOS smoked
Atlantic salmon
selected varieties
125 g 21192437_EA/21192711_EA

EASY MEALS



7⁹⁹ Schneiders Juicy
Jumbos wieners
selected varieties
375/450 g 20770591_EA



1⁹⁹ Carl Buddig
sliced meat
selected varieties
55 g 20074681_EA



4⁴⁹ Lunchables
selected varieties
89-138 g 21592663_EA



12⁹⁹ each
Marcangelo
bacon wrapped
turkey 340 g
or chicken herb
medallions 452 g
21025498_EA/21378258_EA



15⁹⁹ Royal Meats burgers
pork and beef
or beef and lamb
1.02 kg 21542193_EA



15⁹⁹ PC® Thick & Juicy™
chicken or turkey
burgers frozen
1.13 kg 20155317_EA/20956689_EA



11⁹⁹ Janes Pub Style turkey
strips, nuggets or burgers
frozen
600 g 21431735_EA/21431776_EA



7⁹⁹ Marcangelo
jumbo sausages
selected varieties,
frozen
675 g 21365170_EA



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and Velour®
6 pack facial tissue**

\$8.99

**Royale® Tiger Towel®
3=6 half sheet
paper towels**

\$11.99

**Royale® Original
and Velour®
15=30 bath tissue**

*Royale® tissue products are manufactured by Irving Consumer Products Limited, an affiliate of J.D. Irving, Limited. J.D. Irving, Limited and affiliated corporations have planted a billion trees since 1957. Each year, forests managed by J.D. Irving, Limited and affiliated corporations remove more carbon than is emitted in the lifecycle of Royale® tissue products. For more information, visit royale.ca/carbon-neutral.

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Detergent 1.58 L**
21432663_EA

\$6.29

**Method
All Purpose
Cleaners 828 mL**
21518332_EA

\$6.29

**Method
Daily Shower
Spray 828 mL**
21518335_EA

\$5.79

**Method
Dish Soap 532 mL**
21432670_EA

method

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selected varieties
20115102001_EA
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Country Time & Crystal Light
Liquid Drink Mix**
selected varieties
\$3.29
48 mL

Kraft Salad Dressings
selected varieties
21584931_EA/21584749_EA
\$3.99
425 - 475 mL

Miracle Whip Spread
selected varieties
20298681001_EA
\$6.49
650 - 890 mL

Diana Sauce 500 mL
Bull's-Eye BBQ Sauce 425 mL
selected varieties
20547834005_EA, 21184617_EA
\$3.49
each

*NO PURCHASE IS NECESSARY TO PARTICIPATE OR WIN. Visit KraftSummer.ca for full contest rules and details.

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Carte-cadeau**

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