



Organic  
Opal Apples



Product of USA

\$1.49  
/LB

Organic  
Red Bell Peppers



Product of  
Canada/Mexico

\$2.99  
/LB

Organic  
APEROTOMATOES



190-250 g  
Product of Canada

2/\$6

Nature's Emporium  
Beef Lasagna

Made With Grass Fed &  
Grass Finished Beef  
375g



\$9.99





# Fresh Finds of the Week!

## Nature's Emporium Organic Marinated Boneless Chicken Breast



Fresh  
Pesto or Chipotle Lime

**\$4<sup>00</sup>**  
/100g

## Beehive Artisan Cheddars



113g

**\$7<sup>99</sup>**

## Nature's Emporium Organic Blue Majik Lemonade Cold Press Juice



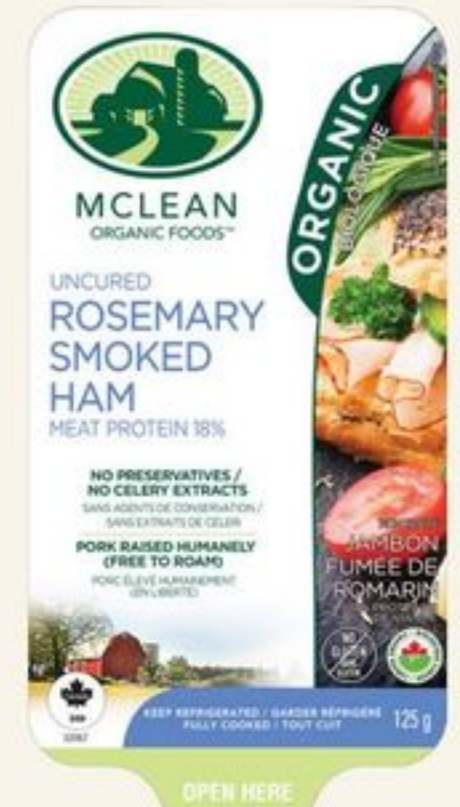
473 ml  
Made With  
Organic Ingredients

**\$6<sup>99</sup>**

## McClean Organic Foods Organic Rosemary Ham Sliced



125g



**\$6<sup>99</sup>**

## Boulart Everything Buns



4 x 100g



**\$3<sup>49</sup>**

## Nature's Emporium Wellness Bar Hercules Smoothie



16 oz Medium  
Made Fresh To Order  
With Organic Ingredients

**\$9<sup>99</sup>**







Nature's  
EMPORIUM | Your Neighbourhood  
Health Food Market

# NAVIGATING PERIMENOPAUSE



## Join Us

For An Exclusive Discussion

**with Aeryon Ashlie**  
*Founder & CEO - Aeryon Wellness*



**Monday, May 6, 2024**

NE Newmarket  
16655 Yonge Street

» REGISTER  
NOW!



**Wednesday, May 8, 2024**

NE Oakville  
210 North Service Rd W

» REGISTER  
NOW!



**MORE INFO**

Visit [www.naturesemporium.com/events/](http://www.naturesemporium.com/events/)



## Always Organic Gluten Free Quinoa Flour



700 g

**\$7.99**

## Always Natural Avocado Oil



750 ml

**\$15.99**

## Always Organic Vegan Mayo



355 ml  
Assorted Varieties

**\$4.99**

## Nature's Emporium Organic Coconut oil



500 ml

**\$7.99**

## Always Organic Instant Coffee



100g

**\$9.99**



Save Water & Plastic With  
4 & 10 L Refill Boxes

The Unscented Co  
Laundry, Dish or Household  
Cleaning Products

**15% off**

HAPPY  
*Earth*  
DAY  
APRIL 22



Recreate Fresh  
Spring Water!

Santevia  
At-Home  
Filtration System **10% off**



Avoid  
Single Use  
Plastic Wraps

Abeego  
Reusable  
Beeswax Wraps  
Assorted Varieties **\$9.99**

## EARTH DAY In-Store Promo

Monday, April 22








Spend \$100 & Get A FREE  
Nature's Emporium  
Reusable Water Bottle Or  
Tea Tumbler

\*Available At All Locations & While Quantities Last  
\*Limit 1 Per Customer