

FROM THURSDAY, APRIL 25TH
TO WEDNESDAY, MAY 1ST, 2024

Freshmart[®]

Super Valu[®]
value and freshness

SHOP EASY[®]
F · O · O · D · S



See our flyer online
visit freshmart.ca



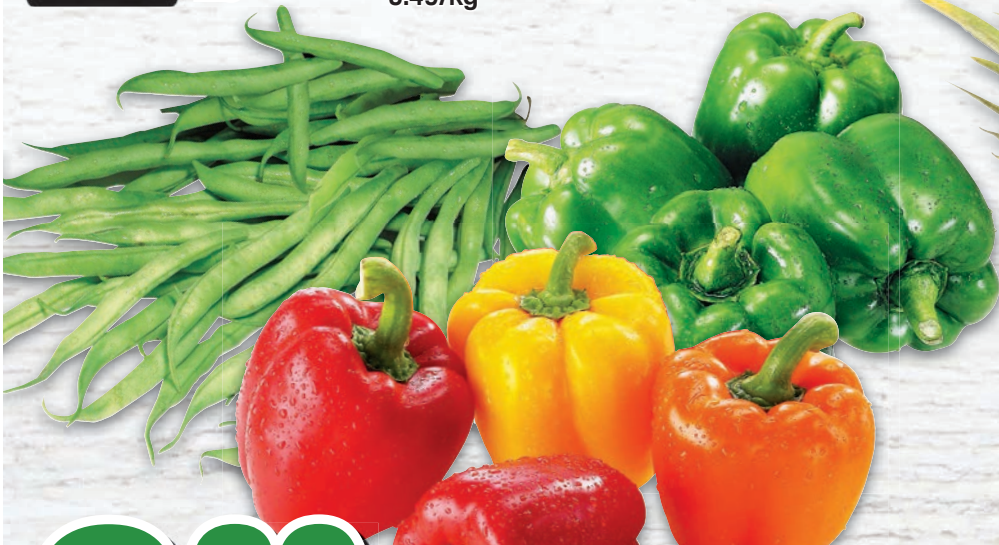
2.49
lb

pork loin, rib & sirloin
or sirloin chops
club size
5.49/kg



6.99
lb

fresh beef top sirloin
steak or roast*
club size
15.41/kg



2.29
lb

red, orange or yellow peppers,
product of Canada or green peppers
or beans, product of U.S.A.
5.05/kg



3.99

cantaloupe,
product of Guatemala
or pineapple,
product of Costa Rica
each



Grimm's
kolbassa ring
selected varieties
300 g

5.99



Farmer's Market™ muffins
selected varieties
6's

5.49



13.49

Coca-Cola or Pepsi
soft drinks
selected varieties
24 x 355 mL



3.49

Pure Life water
24 x 500 mL



PC® orange juice
selected varieties,
refrigerated
2.5 L

5.99



7.99

no name® ice cream
sandwiches or bars
Club Size
selected varieties,
frozen, 24/30's



3/\$8
or \$2.67 ea.

Lay's potato chips
177-235 g or
Poppables snacks
130 g
selected varieties



2/\$5
or \$2.50 ea.

Kraft BBQ
sauce 455 mL
or PC® salad
dressing
475 mL
selected varieties



2/\$7
or \$3.50 ea.

Ristorante or
Casa di Mama
pizza, selected
varieties, frozen
320-410 g

*cut from Canada AA grade beef or higher

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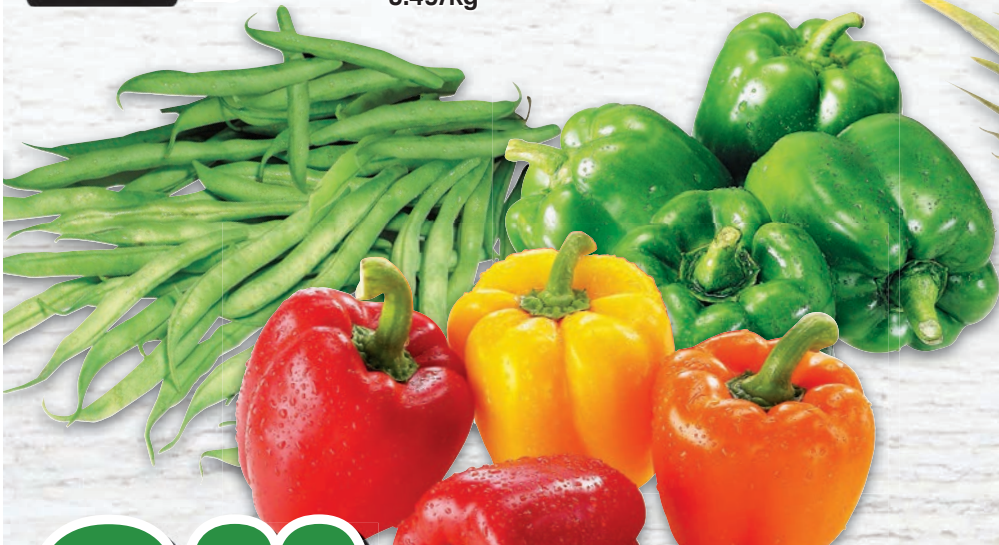
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Meat & Seafood



13⁹⁹
lb

T-bone steak*
club size
30.84/kg



3⁴⁹
lb

pork loin chop
center cut, bone-in, club size
7.69/kg



6⁹⁹
lb

extra lean ground beef
club size
15.41/kg



5⁴⁹

Johnsonville fresh pork sausage
selected varieties
375/500 g



12⁹⁹

Marcangelo chicken herb
medallion 452 g or bacon
wrapped sirloin beef medallion
340 g, pork or chicken souvlaki
kabobs, 480/640 g
selected varieties



6⁹⁹

Schneiders
Juicy Jumbos
wiener 375/450 g,
Schneiders or
Maple Leaf bacon
375 g or Maple leaf
bacon 65 g
selected varieties



11⁹⁹

PC® Smokies™
selected varieties
1 kg



9⁹⁹

PC® garlic & herb raw
grilling shrimp 340 g or
PC® wild yellowfin tuna
steaks 280 g, frozen



PC® Blue Menu®
Nova Scotian
jumbo sea scallops
400 g, PC® shrimp
platter with mild
cocktail sauce
568 g or Talley's
New Zealand
greenshell
mussels 907 g
frozen

17⁹⁹



\$15

chicken breast 1.2 kg,
breaded mozzarella
sticks 1 kg or chicken
buttermilk bites 900 g
or breaded chicken
wings 1 kg



14⁹⁹

no name® chicken
thighs, bone-in,
drumsticks or legs
Club Size, frozen
2 kg



34⁹⁹

no name®
chicken breasts
boneless, skinless,
Club Size, frozen
2 kg



23⁹⁹

no name® split
chicken wings or
skinless, boneless
chicken breasts
frozen, Club Size
2 kg

Deli Meat & Cheese



7⁹⁹

PC® Halloom cheese
selected varieties
250 g



1²⁹
/100 g

Ziggy's® ham
deli service sliced
selected varieties



Maple Leaf
Natural Selections
sliced deli meat
selected varieties
175 g

6⁴⁹



4⁴⁹

Yves Veggie Cuisine
selected varieties
155/340 g



11⁹⁹

PC® Natural Choice beef,
chicken or turkey breast strips
seasoned, fully cooked
300/375 g

Fruits & Vegetables



5⁹⁹

Farmer's Market™
red or green seedless grapes
product of Peru
907 g

3⁹⁹

romaine hearts
product of U.S.A.
3's



asparagus,
product of Mexico
3.95/kg

1⁷⁹
lb



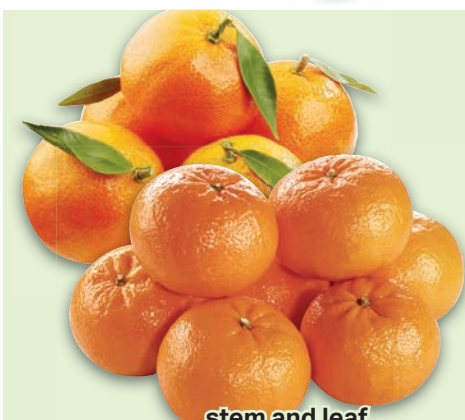
4⁹⁹

mini watermelon
product of Mexico or U.S.A.
each



2⁷⁹

carrots, bunch, product of
Canada or iceberg lettuce, each
product of U.S.A.



3⁴⁹
lb

stem and leaf
clementines,
product of Spain or
Orri mandarin oranges,
product of Israel
7.69/kg



6⁴⁹

PC® Axiany
cherry tomatoes
or variety tomatoes
product of Canada
680/681 g



5⁹⁹

Farmer's Market™
red grapefruit 3 lb,
product of U.S.A.
or plums 907 g
product of Chile



5⁹⁹

leeks,
product of France
or shallots 750 g,
product of Canada



1⁴⁹

curly or Italian parsley
product of Mexico,
Columbia or U.S.A.
bunch



Bolthouse
smoothies
product of U.S.A.,
selected varieties
946 mL

5⁹⁹



2⁹⁹

PC® live lettuce, each,
selected varieties,
product of Canada
or snow or snap peas,
product of China, 200 g



1²⁹
lb

PC® Organics banana
product of Puerto Rico
2.84/kg

Bakery



4⁴⁹

Farmer's Market™ loaf cakes
whole or sliced, selected varieties
344-390 g



12⁹⁹

Farmer's Market™ round cakes
selected varieties
750-875 g



4⁴⁹

PC® mini key lime pie 244 g
or The Decadent® molten
chocolate lava cake 216 g
frozen



3⁷⁹

Crispy pound cake
selected varieties
368 g



Wonder bread
selected varieties
570 g

3⁴⁹

Dairy & Frozen

Coffeemate
coffee enhancer
selected varieties
946 mL

4.99



2.99

Yoplait Source 630 g, tubes 448 g
or Minigo 6 x 60 g yogurt
selected varieties



Starbucks coffee
enhancer 828 mL
or Starbucks
or Stok coffee
beverage
1.18/1.42 L
selected varieties,
refrigerated

3.49 no name® cheese bar
selected varieties
200 g

7.99



5.99 PC® organic butter 250 g or
PC® Blue Menu® margarine 907 g
selected varieties



2.99 Pillsbury
Toaster Strudel
selected varieties
326 g



3.79 McCain Superfries
or specialty fries
selected varieties,
frozen, 454-750 g



5.99 PC® cupcake filled with
ice cream 4's or Mochi
ice cream dessert 6's
or Trü Frü chocolate
covered fruit 170 g
selected varieties, frozen



3.49 no name®
frozen vegetables
selected varieties
750 g

Summer Essentials



Kingsford
charcoal briquets
8 lb

7.49



3.29

no name® luncheon
paper plates 40's
or red plastic party
cups 50's



3.99

no name® paper towels
6=8 rolls or bathroom
tissue 24 rolls
selected varieties



2.99 Alcan foil wrap 25/50 ft
or Reynolds parchment
paper 35 ft



5.49 no name®
outdoor waste bags
selected varieties
20-40's



8.99 Zip Endurables
pouches
selected varieties



2.79 S.O.S steel wool pads
10's or PC® heavy duty
freezer bags 10-38's
selected varieties



2.99 no name®
foilware roasters
selected varieties



1.79 PC® Planet First™
birch cutlery
selected varieties
24's



Coppertone
adults, kids or
baby sun care
products
selected varieties
13.9/156 g,
88-259 mL

10.99



7.99 Off! insect repellents
selected varieties
and sizes

Summer Starts Here!

French's mustard 325/400 mL or Bick's relish 375 mL selected varieties

2/\$5
or \$2.50 ea.



Bick's pickles selected varieties 500 mL/1 L

4.49



Frank's RedHot or Thick sauce 354 mL or Nando's Perinase sauce 450 mL selected varieties

4.49



Lea & Perrins Worcestershire sauce 142 mL or Unico olives 375 mL selected varieties

2.79



HP steak sauce 400 mL or PC® Memories Of® sauce 350 mL selected varieties

4.79



Club House La Grille seasoning selected varieties 120-248 g

4.99



1.79 Rice-A-Roni fried rice 177/227 g or Hunt's Manwich sauce 398 mL selected varieties



2.99 Windsor sea salt 500 g, selected varieties or PC® Black Label smokey bourbon rub 90 g



3/\$5 no name® ice cream cones 75 g or cups 80 g or \$1.67 ea.



6.99 no name® ice milk selected varieties, frozen, 4 L



2.49 Carnaby ice cream toppers 100 g, selected varieties or Marshmallow Fluff 213 g



4.29 Mr. Freeze 48 x 42 mL



1.79 Bacardi mixers 250 mL, Minute Maid punch, lemonade or Nestea 295 mL selected varieties, frozen



4.29 Smartfood popcorn 150-200 g or Miss Vickie's 190/200 g selected varieties



Spitz sunflower seeds 210 g or no name® peanuts 500 g selected varieties

3/\$8
or \$2.67 ea.



3.49 PC® ready to eat popcorn 220/250 g or GoGo Squeeze fruit sauce pouches 4 x 90 g selected varieties



4.49 Dole pineapple juice selected varieties 1.36 L, 4 x 240/250 mL



no name® iced tea 3.78 L or Heinz tomato juice 1.36 L selected varieties

4.49



7.99 Maison Perrier sleek cans selected varieties 8 x 330 mL



SunRype juice 1.36 L or V8 Cocktail 6 x 156 mL selected varieties

3.49



PC® original lemonade 1.89 L, selected varieties or ReaLemon lemon juice 945 mL

2.49



8.99 Nestea or Peace Tea iced tea selected varieties 12 x 341 mL

Get set to Savour
SUMMER
with Kraft HEINZ
YOU COULD
WIN UNBELIEVABLE PRIZES



Heinz Picnic Trio 3 x 375 mL
7.29
Selected varieties



Heinz MayoChup Sauce 560 mL
Heinz Aioli Sauce 355 mL
4.99
Selected varieties



Kraft Salad Dressings 425 - 475 mL
3.99
Selected varieties



Diana Sauce 500 mL
Bull's-Eye BBQ Sauce 425 mL
3.79
Selected varieties

*NO PURCHASE IS NECESSARY TO PARTICIPATE OR WIN. Visit KraftSummer.ca for full contest rules and details.

Grocery

Yoplait YOP drinkable yogurt selected varieties 200 mL

.99



4.49

Activa yogurt selected varieties 8 x 100 g



3.99

Hungry-Man entrées 360-455 g, Swanson entrées 280-345 g or Healthy Choice Gourmet steamers 283-298 g selected varieties, frozen



2.99 Kellogg's Rice Krispies bars 176 g, Pop-Tarts 384 g, Special K crisps 125 g or Nutri-Grain bars 295 g selected varieties



2.99 Kellogg's Eggo waffles selected varieties, frozen 8's

Gatorade sport drinks selected varieties 710 mL

1.79



5.49 Christie cookies selected varieties 374-520 g



Bonne Maman jam 250/280 mL or Kraft smooth peanut butter 500 g selected varieties

4.99

Kellogg's cereal selected varieties 247-435 g

3.99



9.99 Starbucks K-Cups 10's, Nespresso pods 53/57 g or ground coffee 340 g selected varieties



2.99 Tetley, Twinings or Celestial tea selected varieties 20's



2.99 PC® oatmeal 264-360 g or cereal 325-475 g selected varieties



2.99 no name® maraschino cherries 375 mL or Jell-O pudding 135/170 g selected varieties



2/\$3 or \$1.50 ea. no name® vegetables selected varieties 341/398 mL



1.79 Knorr Sidekicks selected varieties 120-162 g



3.79 PC® salsa 650 mL, taco or fajita kit 421/427 g selected varieties



PC® family chocolate bars 300 g or chocolate covered fruits and nuts 200-400 g selected varieties

4.49



5.49 Purex 8=16 rolls or PC® 12=24 rolls bathroom tissue selected varieties



10.99 Tide 2.04 L or Gain liquid laundry detergent 2.72 L selected varieties



23.99 Pedigree dog food selected varieties 7/8 kg



7.99 Meow Mix dry cat food selected varieties 1.36/1.6 kg



Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2024 Loblaw's Inc.



It's Grilling Season!



11.99

PC®, Blue Menu®, Thick & Juicy™ or Free From® burgers selected varieties, frozen 1.02 - 1.36 kg



3.99

Singles or Velveeta process cheese product slices selected varieties 410 g



3.49

D'Italiano hamburger or hot dog buns 420-568 g or PC® naan rounds 480 g selected varieties



Heinz ketchup 750 mL/1 L or Miracle Whip 650 mL/890 mL selected varieties

4.99



Get Grilling!



8.99

no name® original wieners club size 1.5 kg



no name® canola or vegetable oil 946 mL or PAM cooking spray 141/170 g selected varieties

4.49



9.99

PC® de-alcoholized beer selected varieties 12 x 355 mL



Monster 4 x 473 mL or Red Bull 4 x 250 mL energy drinks selected varieties

9.99

