

APRIL

HIT  
OF THE  
MONTH



MR. BEAST FEASTABLES CHOCOLATE BAR  
SELECTED VARIETIES  
60 G  
21588617\_EA/21589802\_EA



CAVENDISH FRIES  
SELECTED VARIETIES FROZEN  
800 G  
21559837\_EA/21559976\_EA



LECLERC GO PURE  
SELECTED VARIETIES  
140-175 G  
21221434\_EA

See in-store for retails.

**LOWEST PRICES**  
**BEST DEALS**

As compared to other major grocery retailers within your local areas.

\*\*Must be a registered PC Optimum™ member to get this offer.

Valid from Month April 1 - 30, 2024. While quantities last. See in-store for details.



Optimum™

# Members save more.



click or visit  
pc optimum.ca  
to become a member

See back page for details.

Members save  
**\$7**



Optimum  
Members-Only Price™  
**14<sup>99</sup>**  
Non-members  
**21<sup>99</sup>**

PC® BATHROOM TISSUE  
30=100 ROLLS  
21450946\_EA

Members save  
**\$1<sup>20</sup>**



**BAKED  
IN-STORE**

Optimum  
Members-Only Price™  
**2<sup>79</sup>**  
Non-members  
**3<sup>99</sup>**

TEXAS HAMBURGER OR  
HOT DOG BUNS  
WHITE OR SESAME  
8'S  
20711614\_EA/20711617\_EA

Members save  
**\$1<sup>50</sup>**



Optimum  
Members-Only Price™  
**1<sup>99</sup>**  
Non-members  
**3<sup>49</sup>**

NO NAME® FROZEN FRUIT  
SELECTED VARIETIES  
FROZEN  
300/400 G  
21545097\_EA/21545106\_EA

Optimum  
**10,000** pts  
 for every \$50\*  
 spent in

**\$10**  
 Value



**THE BABY DEPARTMENT**  
 EXCLUSIONS APPLY  
 21102958\_EA/21056742\_EA



Members  
 save  
**\$3**



Optimum  
 Members-Only Price\*  
**4.99**  
 Non-members  
**7.99**

**GIUSEPPE PIZZA**  
 SELECTED VARIETIES  
 FROZEN  
 439-785 G  
 20904584\_EA/21106361\_EA



Members  
 save  
**\$6**



Optimum  
 Members-Only Price\*  
**16.99**  
 Non-members  
**22.99**

**VAN HOUTTE K-CUPS**  
 SELECTED VARIETIES  
 24/30'S  
 20743469\_EA/21588231\_EA



# More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board



## Digital Coupon



air chilled   
CANADA  
PC® Blue Menu®  
chicken breast  
boneless skinless  
Air Chilled  
3's  
2348952\_1A

Save  
**\$2**  
with digital coupon

CLICK FOR THIS COUPON AND MORE



Scan to see  
our complete  
digital flyer



**Independent**  
Your Independent Grocer

**SAVE**  
AT LEAST \$1<sup>50</sup>LB

**4<sup>99</sup>**  
LB

CHICKEN BREASTS  
SKINLESS BONE-IN OR  
SPLIT CHICKEN WINGS  
FAMILY SIZE  
11.00/KG  
20055906\_KG/20761916\_KG

**SALE**  
SAVE \$2<sup>LB</sup>

**4<sup>49</sup>**  
LB

LEAN GROUND BEEF  
FAMILY SIZE  
9.90/KG  
20805731\_KG

**SALE**  
SAVE \$2<sup>LB</sup>

**3<sup>99</sup>**  
LB

PORK TENDERLOIN  
CRYOVAC 2'S  
8.80/KG  
20854535\_KG

**SALE**  
SAVE \$1<sup>LB</sup>

**2<sup>99</sup>**  
LB

PC® EXTRA LARGE GREEN  
OR RED SEEDLESS GRAPES  
PRODUCT OF CHILE OR  
SOUTH AFRICA, NO. 1 GRADE  
6.59/KG  
20425775001\_KG/20159199001\_KG

**89¢**

BULK CORN  
PRODUCT OF U.S.A.  
NO. 1 GRADE  
EACH  
20131170001\_EA

**SAVE 50%**  
**SAVE \$1**

**\$1**

CAMPBELL'S TOMATO, CREAM  
OF MUSHROOM, VEGETABLE OR  
CHICKEN NOODLE SOUP  
284 ML  
20176214001\_EA/20176214004\_EA

**SALE**  
SAVE \$7

**17<sup>99</sup>**

PC® BLUE MENU®  
NOVA SCOTIAN  
JUMBO SEA  
SCALLOPS  
20-40 PER LB  
FROZEN  
400 G  
20038148\_EA

**SAVE**  
THIS WEEK

**3<sup>49</sup>**

ACTIVIA 650 G OR  
OIKOS GREEK YOGURT  
4X100 G  
SELECTED VARIETIES  
20325132001\_EA/20419715004\_EA

**SALE**  
SAVE \$1

**8<sup>49</sup>**

NO NAME® CHEESE  
BARS 700 G OR  
PC® SHREDS 620 G  
SELECTED VARIETIES  
20975773\_EA/21060750\_EA

**SALE**  
SAVE UP TO

**40%**

AVEENO DAILY  
MOISTURIZING LOTION  
OR GARNIER CLEANSING  
MICELLAR WATER  
SELECTED VARIETIES  
AND SIZES  
20102023001\_EA/  
21040515\_EA

**SALE**  
SAVE UP TO

**20<sup>99</sup>**

GATORADE OR  
POWERADE  
SPORTS DRINK  
SELECTED  
VARIETIES  
24X591 ML  
20298835002\_C24/  
20854130\_C24

**BUY 2 OR MORE**

**3<sup>25</sup>**  
EA.

D'ITALIANO  
BREAD OR BUNS  
SELECTED VARIETIES  
AND SIZES  
20038335\_EA/  
20627103\_EA/  
21450788\_EA

LESS  
THAN 2  
\$3.99 EA.

Flyer prices effective from Thursday, April 18th to Wednesday, April 24th, 2024. SEE BACK PAGE FOR DETAILS.

WB WW WY 1

# Independent™

Your Independent Grocer



Members save **50¢**

Optimum  
Members-Only Price  
**4.79**  
Non-members  
**5.29**

**ZIGGY'S® PASTA**  
SELECTED VARIETIES  
350 G  
21302270\_EA



Members save **\$1**

Optimum  
Members-Only Price  
**3.49**  
Non-members  
**4.49**

**SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS**  
SELECTED VARIETIES  
READY-TO-EAT  
227 G  
20699832\_EA/20749798\_EA

5,000<sup>®</sup>  
for every '15<sup>®</sup>  
spent on

**\$5 Value**



**PC®, BLUE MENU® THIN AND CRISPY, LOADS OF OR FLAT BREAD PIZZAS**  
SELECTED VARIETIES FROZEN  
330-455 G  
20971494\_EA/21540352\_EA



1,000<sup>®</sup>

**\$1 Value**

**FARMER'S MARKET™ LOAF CAKES**  
WHOLE OR SLICED  
SELECTED VARIETIES  
344-400 G  
21488954\_EA



1,000<sup>®</sup>

**\$1 Value**

**MARCANGELO SLICED MEATS**  
SELECTED VARIETIES  
100-125 G  
20864839\_EA



4,000<sup>®</sup>

**\$4 Value**

**SMALL VEGETABLE PLATTER**  
872-962 G OR  
**FRUIT PLATTER 1.17-1.2 KG**  
20075394\_EA/20171929\_EA

**\$15**



**SIMPLY JUICE OR DRINKS**  
SELECTED VARIETIES  
1.54 L  
21170793\_EA/21086068\_EA

**4.49**



**CHAPMAN'S MARKDALE ICE CREAM 2 L OR COLLECTIONS NOVELTIES 8'S**  
SELECTED VARIETIES  
FROZEN  
20315236001\_EA  
20323757001\_EA

**3.99**



**PC® PACIFIC LARGE WHITE SHRIMP RAW OR COOKED PEELED**  
31-40 PER LB  
FROZEN  
400 G  
20789931\_EA  
20791381\_EA

**8.99**



**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375-500 G  
20057892\_EA/20152629\_EA

**5.99**



**KELLOGG'S CEREALS**  
FAMILY SIZE,  
SELECTED VARIETIES  
480-650 G  
21430738\_EA/21430755\_EA

**5.99**



**ITALPASTA**  
SELECTED VARIETIES  
900 G  
20081342003\_EA  
20081342007\_EA

**2.49**



**DARE ULTIMATE OR WHIPPET COOKIES**  
SELECTED VARIETIES  
230-300 G  
20025850002\_EA  
20419986001\_EA

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**LACTANTIA LACTOSE FREE MILK**  
SELECTED VARIETIES  
2 L  
20301822001\_EA  
20301822002\_EA

**5.49**



**MCCAIN CLASSIC POCKETS 6'S OR UNCRUSTABLES 4'S**  
SELECTED VARIETIES  
FROZEN  
21543057\_EA/21047833\_EA

**5.99**



**BECHEL MARGARINE 637/850 G OR PC® BUTTER FRESH QUARTERS 454 G**  
SELECTED VARIETIES  
20297818002\_EA  
20313456001\_EA

**6.99**



**CAMPBELL'S CHUNKY, READY TO SERVE 515 ML OR HABITANT 796 ML SOUP**  
SELECTED VARIETIES  
21479030\_EA/21480479\_EA

**2.49**



**KETTLE CHIPS OR PC® VEGGIE PUFFS**  
SELECTED VARIETIES  
142-198 G  
21520654\_EA  
21358684\_EA

**2/\$5**  
LESS THAN 2  
\$2.99 EA.



**NO NAME® OLIVE OIL**  
SELECTED VARIETIES  
750 ML  
20047715\_EA  
20160496002\_EA

**8.99**



**TIDE PODS 18-31'S, DOWNY, GAIN FABRIC SOFTENER 2.63 L OR BEADS 379 G**  
SELECTED VARIETIES  
21283276\_EA  
21550428\_EA

**10.99**



**PC® OR DIESEL WHEY PROTEIN OR HIGH PROTEIN BARS, SIX STAR DIET SUPPLEMENTS OR LEANFIT ISOLATE WHEY**  
SELECTED VARIETIES  
AND SIZES  
20719036\_EA  
21068329\_EA

**20% OFF**



**HUGGIES OR PAMPERS DIAPERS**  
SELECTED VARIETIES  
62-174'S  
21456748\_EA  
21551653\_EA

**34.99**

CUSTOMER RELATIONS 1-800-296-2332. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

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# Produce



**BLACKBERRIES** PRODUCT OF MEXICO OR **RASPBERRIES** PRODUCT OF U.S.A.  
170 G  
20051015001\_EA/20128938001\_EA

**3<sup>49</sup>**



**2 LB BAG**  
**PC\* ORRI MANDARINS** PRODUCT OF ISRAEL  
2 LB  
20907647001\_EA

**7<sup>99</sup>**



**AVOCADO** PRODUCT OF MEXICO  
EACH  
21097012001\_EA

**1<sup>99</sup>**



**FARMER'S MARKET GRAPE TOMATOES** 283 G, PRODUCT OF MEXICO OR CANADA OR **MINI CUCUMBERS** 6'S, PRODUCT OF CANADA  
21367888001\_EA/  
20737570001\_EA

**3<sup>99</sup>**



**CANADA PC\* LITTLE GEMS™ MIXED, RED OR YELLOW MINI POTATOES** PRODUCT OF CANADA, CANADA NO. 1 GRADE  
680 G  
21247301001\_EA/21247300001\_EA

**4<sup>49</sup>**



**ROMAINE HEARTS** PRODUCT OF U.S.A.  
3'S  
20067389001\_EA

**5<sup>99</sup>**



**FRESH JUICE** AVAILABLE IN THE SALAD BAR  
1 L  
21205533\_EA  
21358632\_EA

**\$12-13**



**BOLTHOUSE FARMS SMOOTHIES OR JUICE** PRODUCT OF U.S.A., SELECTED VARIETIES  
946 ML  
20316397\_EA/  
20325816\_EA

**2/\$12** LESS THAN 2 \$6.99 EA.



**PC\* GARDEN SALADS** PRODUCT OF U.S.A. SELECTED VARIETIES  
255/340 G  
21204034\_EA/  
21204304\_EA

**3<sup>99</sup>**



**FARMER'S MARKET LEMONS** PRODUCT OF U.S.A.  
3 LB BAG  
20758811001\_EA

**6<sup>99</sup>**



**FRUIT PARFAITS** SELECTED VARIETIES, PREPARED FRESH IN-STORE DAILY IN THE SALAD BAR  
250-300 G  
20051469\_EA/20139618\_EA

**\$5**

# Butcher



**WEST CAP-OFF PRIME RIB PREMIUM OVEN ROAST** CUT FROM CANADA AAA WESTERN GRADE BEEF OR HIGHER  
44.07/KG  
20822139\_KG

**19<sup>99</sup>** LB



**CHICKEN LEGS** FAMILY SIZE, BACK ATTACHED  
6.59/KG  
20153925\_KG

**2<sup>99</sup>** LB



**LEAN BEEF MEATBALLS**  
425 G  
21587897\_EA

**\$8**



**WEST EYE OF ROUND OVEN ROAST** CUT FROM CANADA AAA WESTERN GRADE BEEF OR HIGHER  
16.51/KG  
20836734\_KG

**7<sup>49</sup>** LB



**MARANGOLO FROZEN JUMBO PORK SAUSAGE** SELECTED VARIETIES  
500-675 G  
21289731\_EA/21289868\_EA

**7<sup>99</sup>**



**PC\* BLUE MENU® GROUND CHICKEN OR TURKEY**  
454 G  
21100091\_EA/21100092\_EA

**2/\$12** LESS THAN 2 \$8 EA.



**HALAL LEAN GROUND BEEF**  
17.62/KG  
20936905\_KG

**7<sup>99</sup>** LB



**PC\* SMOKIES™** SELECTED VARIETIES  
1 KG  
20732535\_EA/20733617\_EA

**\$14**



**LOU'S ENTRÉES** SELECTED VARIETIES, FULLY COOKED  
375-700 G  
20078077\_EA/20182404\_EA

**\$10**



**PC\* PIES** 800/800 G OR **JANES PUB STYLE BREADED CHICKEN** 700 G SELECTED VARIETIES, FROZEN  
20003749\_EA/  
21191828\_EA

**14<sup>99</sup>**

# Seafood

Fresh seafood items subject to availability.



**COD FILLETS** FROZEN OR PREVIOUSLY FROZEN  
29.74/KG  
21210093\_KG

**13<sup>49</sup>** LB

**SHRIMP SKEWERS** PLAIN OR MARINATED, PREVIOUSLY FROZEN  
55 G  
21538781\_EA

**1<sup>60</sup>**



**BLUE TIDE SALMON OR TUNA SASHIMI** FROZEN  
100 G  
21562810\_EA/21563038\_EA

**7<sup>99</sup>**



**WATERVIEW MARKET CRISPY CALAMARI UNCOOKED** 300 G OR **PREMIER MARINE CANADA SEAFOOD MIX** 340 G FROZEN  
21433078\_EA/21454797\_EA

**5<sup>99</sup>**

# Bakery



**CÉLÉBRATION CUPCAKES**  
CHOCOLATE OR WHITE  
6'S  
20379763\_EA

**5<sup>99</sup>**

**PRICE DROP**



**PC® ALL BUTTER CROISSANTS**  
SELECTED VARIETIES, FROZEN  
312-360 G  
21545086\_EA/21545111\_EA



**\$4**

**BAKED IN-STORE**



**PREMIUM BAGELS**  
SELECTED VARIETIES  
6'S  
21016648\_EA

**4<sup>49</sup>**



**TURNOVERS**  
SELECTED VARIETIES  
4'S  
21469196\_EA

**4<sup>49</sup>**



**FARMER'S MARKET®**  
**COOKIES**  
SELECTED VARIETIES  
12'S  
20566294\_EA

**5<sup>99</sup>**



**PC® NAAN ROUNDS**  
ORIGINAL OR WHOLE  
WHEAT  
8'S  
20757871\_EA/20866020\_EA

**BUY 2 OR MORE**  
**\$4**  
EA.



**CASA MENDOSA OR WONDER TORTILLAS**  
SELECTED VARIETIES  
10 INCH  
20318788\_EA/20976626\_EA



**BUY 2 OR MORE**  
**3<sup>75</sup>**  
EA.



**VACHON SNACK CAKE**  
SELECTED SIZES  
AND VARIETIES  
252-336 G  
20005728\_EA/20963606\_EA

**Members save \$1**  
**Members-Only Price**  
**3<sup>49</sup>**  
Non-members  
**4<sup>49</sup>**

# Great to go

Great to go items plus applicable taxes.

**MADE FRESH IN-STORE**



**FRESH PIZZA**  
335-730 G  
21456393\_EA/21456401\_EA

**FROM \$9**

**MADE FRESH IN-STORE**



**GOURMET FLATBREAD**  
340-382 G  
21487152\_EA/21487153\_EA

**\$6**

# The Deli



**ZIGGY'S® SERVICE CASE HAMS**  
SELECTED VARIETIES  
20313480\_KG

**1<sup>99</sup>**  
/100 G



**GRIMM'S KOLBASSA**  
SELECTED VARIETIES  
300 G  
21531418\_EA

**7<sup>99</sup>**

**PREPARED IN-STORE**



**SUB SANDWICHES**  
BEEF, HAM, TURKEY OR ASSORTED  
331/364 G  
21362145\_EA

**\$6**



**FROM OUR CHEFS' PIES**  
590-600 G  
21579901\_EA/  
21583326\_EA

**11<sup>99</sup>**



**GARDEN FRESH TORTILLA CHIPS**  
397 G OR SALSA  
473 ML  
SELECTED VARIETIES  
20325398\_EA/  
20565699\_EA

**2/\$10**  
LESS THAN 2 \$6 EA.



**PARTY PLATTERS**  
SELECTED VARIETIES  
696 G-1.15 KG  
21217521\_EA/21217522\_EA

**\$25**



**18 PIECE BONELESS BITES**  
684 G  
21566451\_EA

**\$15**



**GENERAL TAO CHICKEN, TERIYAKI CHICKEN, SZECHUAN BEEF OR BUTTER CHICKEN WITH RICE**  
ENTRÉES  
900 G  
21533950\_EA/21533951\_EA

**\$16**



**OKA SOFT CHEESE**  
SELECTED VARIETIES  
CUT IN-STORE  
21162370\_KG

**3<sup>49</sup>**  
/100 G



**PC® CHEESE BLOCKS**  
SELECTED VARIETIES  
250 G  
20770652\_EA

**7<sup>99</sup>**

# Floral



**SIGNATURE BOUQUETS**  
SELECTED VARIETIES  
21436377\_EA/21436378\_EA

**\$25**



**5 STEM TULIPS**  
ASSORTED COLOURS  
21525035\_EA

**\$5**



**CALLA LILY ASSORTED COLOURS**  
4 INCH  
21105494\_EA

**\$12**



**PREMIUM FOLIAGE 6 INCH**  
ASSORTED VARIETIES  
21388951\_EA

**\$15**



# Spring Blooms!

**\$16**

Farmer's Market®  
8 inch early  
annual planter  
21214982\_EA



**\$22**

PC® 10.8 inch early  
annual planter  
selected varieties  
20753967\_EA



**\$20**

PC® 8.5 inch  
senetti planter  
20926885\_EA



## Know your garden soil

All Purpose soil like PC® black earth soil is great for top dressing, planting and seeding. Find an enriched soil to give your plants extra nutrients to help them thrive.



**4/\$13**  
less than 4  
\$3.50 ea.

PC® black earth soil  
25 L  
21357792\_EA



**2/\$14**  
less than 2  
\$8 ea.

PC® vegetable & herb soil  
25 L  
21349109\_EA



**2/\$22**  
less than 2  
\$13 ea.

no name® all purpose soil  
50 L  
21358664\_EA



**1<sup>89</sup> - 5<sup>49</sup>**

Burpee or McKenzie seeds  
selected varieties  
20752952\_EA/20752876\_EA



## Our plant guarantee

Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

# Greenhouse Grown

From the greenhouse to your house...

**2<sup>49</sup>**  
lb

greenhouse tomatoes on the vine  
product of Canada  
5.49/kg  
20026703001\_KG



**7<sup>49</sup>**

PC<sup>®</sup> Axiany tomatoes  
681 g product of Canada or mixiany tomatoes  
454 g product of U.S.A.  
21090447001\_EA/21215367001\_EA



**5<sup>99</sup>**

peppers mini  
product of Canada  
454 g  
20889400001\_EA



**3<sup>99</sup>**  
lb

greenhouse extra large orange, red or yellow sweet peppers  
product of Canada  
8.80/kg  
20166800001\_KG/20007535001\_KG



**1<sup>99</sup>**

English cucumbers  
product of Ontario  
each  
20070132001\_EA



**3<sup>99</sup>**

PC<sup>®</sup> live lettuce red, green or trio  
product of Canada  
1's  
21178855\_EA/21506580\_EA



**6<sup>99</sup>**

PC<sup>®</sup> greenhouse strawberries  
product of Canada  
340 g  
21027142001\_EA



# Earth day cleaning

**19<sup>99</sup>**

Finish auto dish 56-78's, Cascade auto dish Platinum plus 51's or Cascade Platinum 67's selected varieties  
21217949\_EA/21511471\_EA



**2/\$12**  
less than 2 \$6.99 ea.

Method or Mrs. Meyers all-purpose cleaners or liquid dish detergent 473-828 mL  
21046898\_EA/21046908\_EA



**29<sup>99</sup>**

Tide Pods 85/112's or Tide Power Pods 63's selected varieties  
21450151\_EA



**8<sup>99</sup>**

Glad drawstring compost bags 30's, 10 L  
21478747\_EA



**12<sup>99</sup>**

Tru Earth laundry detergent or fabric softener eco-strips selected varieties 32's  
21425514\_EA/21555733\_EA



**4<sup>99</sup>**

Febreze aerosols light 250 g or fabric sprays 500 mL selected varieties  
21164643\_EA/21516687\_EA



**8<sup>99</sup>**

Lysol laundry disinfectant 1.2 L or Resolve in wash powder or sprays 625 g/650 mL selected varieties  
20323370\_EA/21495670\_EA



**11<sup>99</sup>**

Air Wick twin refills 2/20 mL or Essential Mist kits selected varieties  
20342475001\_EA/21555733\_EA



**5<sup>49</sup>**

Ziploc compostable sandwich bags 20's  
21351380\_EA



**5<sup>99</sup>**

Vim cleaners selected varieties 500 mL-1 L  
20831326\_EA/21077841\_EA



**5<sup>49</sup>**

Pine-Sol 1.4 L, Glad bags compost 15's or Clorox Greenworks all purpose cleaner 946 mL selected varieties  
20298679001\_EA/21478752\_EA



**2<sup>99</sup>**

PC® Planet First® dish detergent 740 mL  
21549800\_EA/21549817\_EA



# Summer beverages

**2/\$11**  
less than 2 \$6.99 ea.

PC® soft drinks selected varieties 12x355 mL  
20690671001\_C12/20690671002\_C12



**7<sup>99</sup>**

Maison Perrier sleek cans selected varieties 8x330 mL  
21575772\_C08/21576465\_C08



**3<sup>49</sup>**

Celsius Vibe selected varieties 355 mL  
21576466\_EA/21576458\_EA



**2/\$5**  
less than 2 \$2.99 ea.

BODYARMOR sports drink selected varieties 473 mL  
21582808\_EA/21585195\_EA



**2/\$9**  
less than 2 \$4.99 ea.

PC® Blue Menu® or sparkling water selected varieties 12x355 mL  
206680304002\_C01/21305948\_C01



**4<sup>99</sup>**

Pure Life water 24x500 mL  
20060696\_C24



**2/3<sup>50</sup>**  
less than 2 \$1.99 ea.

PC® soft drinks selected varieties 2 L  
20311645003\_EA/20311645004\_EA



**8<sup>99</sup>**

PC® de-alcoholized beer selected varieties 12x355 mL  
20121729\_C12/20325253\_C12



**9<sup>99</sup>**

Corona Sunbrew 0.0% alcohol beer 6x330 mL  
21433615\_C06



**6<sup>99</sup>**

Partake non-alcoholic beer selected varieties 4x355 mL  
21208552\_C04/21208553\_C04



**7<sup>49</sup>**

PC® de-alcoholized wine selected varieties 750 mL  
21045800\_EA/21043385\_EA





# Natural foods

**4<sup>99</sup>**

PC<sup>®</sup> Organics ketchup 575 mL or mustard 325 mL selected varieties 20221787\_EA/20959827\_EA



**7<sup>49</sup>**

PC<sup>®</sup> Organics extra virgin olive oil 500 mL or Nuttin' But Spreads almond butter 365 g selected varieties 20027043\_EA/21101516\_EA



**4<sup>49</sup>**

PC<sup>®</sup> Organics quick rolled oats or steel cut oats 1 kg or smooth or crunchy peanut butter 500 g selected varieties 20229178\_EA/20705773\_EA



**3<sup>49</sup>**

Earth's Own non-dairy refrigerated beverages selected varieties 1.75/1.89 L 20229698002\_EA/21517729\_EA/21586394\_EA



**5<sup>99</sup>**

Explore Cuisine organic pasta selected varieties 227 g 21191534\_EA/21191538\_EA



**3<sup>49</sup>**

PC<sup>®</sup> Organics kombucha selected varieties 473 mL 21180527\_EA/21182850\_EA



**4<sup>99</sup>**

Olympic organic yogurt or Crema yogurt selected varieties 650 g 20316485005\_EA/20316485006\_EA



**20% SALE SAVE UP TO**

Knudsen or Santa Cruz juice selected varieties and sizes 21157763\_EA/21204125\_EA



**5<sup>99</sup>**

Earth's Own Barista plant based beverage 946 mL 21179478\_EA



**5<sup>99</sup>**

PC<sup>®</sup> Organics gluten-free cake mix or glute free flour selected varieties 400/800 g 20689979001\_EA/20809079\_EA



**3<sup>99</sup>**

Hardbite potato chips selected varieties 128-150 g 21157616\_EA/21483789\_EA



**15% SALE SAVE UP TO**

NutraSea Omega3 softgels selected varieties and sizes 20732224\_EA/20923836\_EA



**11<sup>99</sup>**

Eco-Max natural laundry wash or softener selected varieties 3 L 20347155001\_EA 20347155002\_EA



**3<sup>99</sup>**

Smart Sweets candy selected varieties 50 g 21154474\_EA/21199935\_EA



**27<sup>99</sup>**

RX Bars selected varieties 12x52 g 21189855\_C12/21189858\_C12

**2,000<sup>®</sup>**  
**\$2 Value**



# Grocery

**2/9<sup>50</sup>**  
less than 2  
\$5.49 ea.

Philadelphia cream cheese 227/250 g or dips 227 g selected varieties 2029976001\_EA/20866924010\_EA



**3,500<sup>00</sup>**  
for every \$15 spent on

**\$3<sup>50</sup>**  
Value

Starbucks ground or coffee 311-340 g, K-Cups 10's, cold brew 946 mL or instant coffee 90 g selected varieties 20547343001\_EA/20548682002\_EA



**2/\$7**  
less than 2  
\$4.49 ea.

Kellogg's Rice Krispies bars 160-200 g, Pop Tarts 384 g, Special K bars 125 g or Nutri-Grain bars 175-295 g selected varieties 20126567001\_EA/20313984001\_EA



**3<sup>99</sup>**

Liberté Méditerranée yogurt 500 g, Kozy Shack rice pudding 624 g or 4x113 g selected varieties 20322829001\_EA/21473714\_EA



**10<sup>99</sup>**

YOP drinkable yogurt 12x200 mL, iöGO 2 kg or Liberté yogurt 16x100 g selected varieties 206360952\_EA/21481820\_EA



**4/\$5**  
less than 4  
\$1.49 ea.

Neilson milkshakes selected varieties 310 mL 21040942\_EA/21040956\_EA



**4<sup>99</sup>**

Heluva Good! French onion dip 680 g 20312788001\_EA



**2/\$9**  
less than 2  
\$4.99 ea.

PC® or no name® cheese slices selected varieties 210/230 g 20742315\_EA/21406184\_EA



**4<sup>99</sup>**

Quaker Harvest Crunch 400-510 g or Protein Crunch cereal 325 g selected varieties 21219824\_EA/21576104\_EA



**2/\$7**  
less than 2  
\$4.49 ea.

Dare Bear Paws cookie or crunchy selected varieties 150-240 g 20642323002\_EA/21080775\_EA



**3<sup>49</sup>**

Christie Ritz, Wheat Thins or Triscuit crackers selected varieties 175-454 g 21030905\_EA/21547034\_EA



**2/\$7**  
less than 2  
\$3.99 ea.

Pepperidge Farm Goldfish crackers selected varieties 156-227/6x28 g 20306994003\_EA/20320900\_EA



**4<sup>99</sup>**

PC® instant coffee 80-100 g or Celestial tea 20's selected varieties 20296925001\_EA/21499826\_EA



**17<sup>99</sup>**

Lavazza K-cup 30's or Hatch whole bean coffee 300 g selected varieties 21523818\_EA/21589700\_EA



**8<sup>99</sup>**

Nature's Path organic eco-pack cereal selected varieties 650-907 g 20312067001\_EA/20319302001\_EA



**6<sup>99</sup>**

Remedy Kombucha selected varieties 4x330 mL 21425885\_C04/21425953\_C04



**2/\$11**  
less than 2  
\$6.49 ea.

Lysol wipes 75-84's, disinfectant spray 350 g or toilet bowl cleaner 946 mL selected varieties 21396969\_EA/21449829\_EA



**8<sup>49</sup>**

Ziploc sandwich snack or freezer value packs selected varieties 30-180's 20869345\_EA/21345300\_EA



**14<sup>99</sup>**

Purex 4.08-4.43 L, Persil 2.21 L or Sunlight 4 L laundry detergent, Snuggly fabric softener 2.8-3.41 L or sheets 200's selected varieties 20683525001\_EA/20952139\_EA



**24<sup>99</sup>**

IAMS cat food selected varieties 3.18 kg 21435868\_EA



# For all your baby needs

Optimum

**10,000** pts



**\$10**  
Value

**FOR EVERY \$50 spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries and gear**

**24<sup>99</sup>** 3,000 when you buy 3

**\$3 Value**

**Millie Moon club size diapers** selected varieties size 1-6  
21520459\_EA  
21520461\_EA



**3/\$9** 3,000 when you buy 3

**less than 3 \$4.49 ea.**

**Gerber snack and meals** selected varieties 28-155 g  
20304618007\_EA  
20304618008\_EA



**19<sup>99</sup>** 2,000

**\$2 Value**

**Huggies 10X wipes** selected varieties 560-704's  
21371309\_EA  
21401195\_EA



**36<sup>99</sup>** 3,000

**\$3 Value**

**Pampers Easy Ups econo training pants** selected varieties 86-112's  
21089297\_EA  
21089300\_EA



**2/\$20** 3,000

**less than 2 \$13.99 ea.**

**PediaSure Complete nutritional supplement** selected varieties 4x235 mL  
20322414001\_EA  
20322414002\_EA



**\$20**

**PC club size baby wipes 1200's or Huggies, Pampers 6-10's or baby wipes 336-720's** selected varieties  
21018026\_EA/21102958\_EA  
21401195\_EA/21432245\_EA



**54<sup>99</sup>**

**Enfamil A+ Baby Formula Powder Refill Stage 1 & 2** selected varieties 992 g  
20435527002\_EA/20435527003\_EA



**1<sup>25</sup>**

**PC Organics baby food pouches** selected varieties 128 mL  
20651248004\_EA/20651270002\_EA



**20%** SALE SAVE UP TO

**Baby Gourmet snacks and bars 40-90 g or jars 113 mL** selected varieties  
21123961\_EA/21414273\_EA



**Pampers**

UP TO **100%** LEAKPROOF PROTECTION



**34<sup>99</sup>**

Swaddlers diapers selected varieties and sizes  
21455869\_EA



**36<sup>99</sup>**

Easy Ups Training Pants selected varieties and sizes  
21089194\_EA



**26<sup>99</sup>**

Ninjamas Nighttime Underwear selected varieties and sizes  
21308929\_EA

**pull-Ups**

SIMPLIFY THE POTTY TRAINING JOURNEY



**\$36<sup>99</sup>**

Pull-Ups® training pants selected varieties 66-104's  
21021427\_EA



**\$8<sup>99</sup>**

Huggies® wipes selected varieties 168-192's  
20558604\_EA

\*vs Pampers Baby Clean Fresh

# Taking care of your family



**5<sup>99</sup>**

Head & Shoulders, Aussie or Herbal Essences hair care selected varieties and sizes  
21505016\_EA



**3<sup>99</sup>**

Dove women's base 45/74 g or Degree Motion Sense 74 g antiperspirant or St. Ives body wash 650 mL selected varieties  
20188212003\_EA  
21360951\_EA



**5<sup>99</sup>**

Colgate mega premium toothpaste 70-133 mL, battery toothbrush, manual toothbrush, Hello toothpaste 82-98 mL or Colgate® PerioGard® toothpaste selected varieties  
21220587\_EA/21517424\_EA



**7<sup>49</sup>**

Sensodyne Rapid Relief or Repair and Protect toothpaste, Polident tablets 84-96's, Oral-B battery toothbrush, Crest Pro Health or Scope mouthwash or Crest Gum Detoxify toothpaste selected varieties and sizes  
20437569002\_EA/20598749\_EA



**8<sup>99</sup>**

Marc Anthony, Renpure, John Freida hair care selected varieties and sizes  
20298861001\_EA  
20318284004\_EA



**20%**

Nivea coco butter body lotion, Jergens lotions, Dove hand and body lotions, Vaseline moisturizers or Simple wipes selected varieties and sizes  
20794480\_EA/21085011\_EA



**2/\$8**  
less than 2 \$4.99 ea.

Tampax Pearl tampons 18's, Always premium Infinity Flex Foam pads 16's or U by Kotex Click compact unscented tampons 16's selected varieties  
21284541\_EA/21287976\_EA



**SALE SAVE UP TO**

**15%**

Boost meal replacement drinks selected varieties 6x237 mL/ 4x325 mL  
20304429002\_C06  
20986361\_C06



**13<sup>99</sup>**

Aspirin 100's/120's, Aleve 40-100's, Aleve-X 72 g, Tylenol 72's-150's, Motrin 60's/150's or Advil 40's-72's pain relief tablets, caplets, gels or rub selected varieties  
20077169001\_EA  
20328051\_EA



**SALE SAVE UP TO**

**30%**

Life Brand® vitamins or supplements selected varieties and sizes  
21286185\_EA  
21286510\_EA



**8<sup>99</sup>**

Dove bar soap 6x106 g, body wash 591/695 mL, Naturals 532 mL, foam 400 mL or scrub 298 g selected varieties  
21012492\_EA  
21237519\_EA



**51<sup>99</sup>**

Similac Stage 1 & 2 ready to feed baby formula 16x235 mL  
21334752\_C01



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**Get to FREE 3x faster\***

with the PC Optimum™ app. Open the app and get your offers.

\*Based on our most recent annual data as of December 31, 2022, PC Optimum™ members who load and shop their offers via the PC Optimum™ app or online account primarily (APP users) have more opportunities to optimize on personalized points offers and reaching the "free" (minimum redemption threshold) 3x faster on average than PC Optimum™ members who are not digitally engaged.

**Don't leave any points behind at the pump!**

1. Add your phone number to your account on the PC Optimum™ app. Enter your phone number on the pump keypad before entering your payment card. Earn **10<sup>00</sup>** per litre.

2. Insert your PC Optimum™ card into the card reader before entering your payment card. Earn **10<sup>00</sup>** per litre.

3. Pay with your PC® Mastercard® and earn points on fuel. Earn at least **3c** per litre in points.

**Esso + Optimum™**

\* Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional 10 points per litre of premium gasoline (Octane 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and loading rules, visit [personal.ca/ehgpc-efpco-optimum-mastercard](http://personal.ca/ehgpc-efpco-optimum-mastercard). PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaws Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, Scotiabank.

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Great plant-based food.

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20597294\_EA  
**\$4.49**

**YVES VEGGIE GROUND ROUND**  
20507159\_EA  
**\$5.49**

**YVES JUMBO VEGGIE DOGS**  
20008544\_EA  
**\$5.49**

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**NHL** | **KitKat**

PROUD PARTNER OF THE NHL®

**2/22** NESTLÉ® Single Bars (42 - 50 g), selected varieties  
less than 2 \$1.49 ea.

**2/450** NESTLÉ® Family Bars (95 - 120 g), selected varieties  
less than 2 \$2.99 ea.

**2/5** NESTLÉ® Sharing Bags (135 - 246 g), selected varieties  
less than 2 \$5.99 ea.

**2/5** NESTLÉ® On-the-Go Box (70 g), selected varieties  
less than 2 \$2.79 ea.

**2/450** NESTLÉ® King Bars (63 - 90 g), selected varieties  
less than 2 \$2.99 ea.

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Carte-cadeau

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**MOTT'S CLAMATO**  
*Gesar*

Same Clamato®, hold the calories.

**30% LESS CALORIES.**  
**44% LESS SODIUM.**

**3<sup>99</sup>**

Mott's® Clamato®, selected varieties 1.89 L.

\*Per 330 mL serving of Mott's® Clamato® The Original. Trademark used under license by Canada Dry Mott's Inc. Please enjoy responsibly.

**Budweiser**  
**ZERO**

**GREAT TASTE. ZERO ALCOHOL.**

0.0% ALCOHOL | 50 CALS | 0g SUGAR

**15<sup>99</sup>** Budweiser Zero®  
12 x 355 mL

ENJOY RESPONSIBLY. Must be legal drinking age. \*Per 355 mL serving. ©/MOTT/M&C BREWERY-BUSCH, LLC, ST. LOUIS, MO., U.S.A. / SOUS LIC.

**5<sup>99</sup>** Rio Mare light tuna selected varieties 3x80 g 20035383\_EA

**3/12<sup>99</sup>** less than 3 \$4.99 ea.

Rio Mare tuna salad selected varieties 160 g 20971498\_EA

**Real Italian Taste**

**Temptations**

**EAT SLEEP TREAT REPEAT**

**3<sup>49</sup>** Temptations pures selected varieties 11's 21479803\_EA

**3<sup>99</sup>** Temptations Meaty Bites selected varieties 43 g 21517526\_EA

**2<sup>99</sup>** Temptations cat treats selected varieties 130/180 g 20229151005\_EA

**7<sup>49</sup>** Temptations cat treats selected varieties 454 g 21812108\_EA

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**SIP. SNACK. SCORE!**

**OFFICIAL PARTNERS OF THE NHL®**

**2/\$12** Gatorade® Zero Sports Drink 6 x 591 mL, selected varieties 21584975\_C6

**2/\$12** bubly™ sparkling water 12 x 355 mL, selected varieties 21443732\_C12

**2/\$12** MONTELLIER® Carbonated Natural Spring Water 10 x 355 mL, selected varieties 21096722\_C10

**2/\$8** Pepsi mini cans 6 x 222 mL, selected varieties 20857560004\_C06

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## SCAN HERE TO PARTICIPATE

**WIN A TRIP FOR 2 TO**  
**THE STANLEY CUP® FINAL**

**\$25,000** in prizes  
**OIKOS.CA**



**OFFICIAL YOGURT OF THE NHL®**

**\$1** **PRICE DROP**

Oikos® - 150 mL  
 21431296\_EA

**\$3.49**

Oikos® - 4 x 100 g  
 2048375005\_EA  
 2048375004\_EA

**\$11.99**

Oikos® - 1.5 kg  
 2147261\_EA

**\$6.99**

Oikos®  
 650/750 g  
 21006660\_EA

\*NO PURCHASE NECESSARY. Subject to Official Rules. To view the full Contest rules & no purchase entry details, visit www.oikoswin.ca. Open to legal residents of Canada who are the age of majority in their province/territory of residence at the entry date. Begins 03/16/24 at 12:00:01 AM ET, ends 05/15/24 at 11:59:59 PM ET. Draw 05/10/24 at 2PM ET. There is 1 Grand Prize trip for 2 to a 2024 Stanley Cup® Final game to be won and includes: round-trip airfare, 2 nights' stay in 4-star hotel, SUV ground transportation to & from Stanley Cup® Final, 2 game tickets, and \$500.00 spending money (ANY \$500.00 CAD). 1 First Prize: a 5-night\* travel package consisting of 1 5-night\* travel package & 1 5-night\* travel package. 1 Second Prize: a 3-night\* travel package consisting of 1 3-night\* travel package & 1 3-night\* travel package. 1 Third Prize: a 2-night\* travel package consisting of 1 2-night\* travel package & 1 2-night\* travel package. Odds of winning the Grand or First Prize depend on the total number of eligible entries received, and in addition for an Instant Win-Prize odds of winning depend on the randomly-generated winning lines and the times at which those entries are received. Sponsor: Danone Inc., 100 Rue de Laurier, Boucherville, QC J4B 1A1, Canada. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks, and the Stanley Cup Final logo is a trademark of the National Hockey League NHL, and NHL team marks are the property of the NHL, and its teams. © NHL 2024. All Rights Reserved. gty reserved.

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**\$4.49**

Activia® - 2 x 150 g  
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Activia® - 12 x 100 g  
 2030342001\_EA

**\$3.49**

Activia® - 650 g  
 21598874\_EA

**\$11.99**

Activia® - 2 kg  
 2147229\_EA

**\$6.49**

Activia®  
 6x93 mL  
 21620273\_EA

**\$1** **PRICE DROP**

Activia® - 190 mL  
 21048503\_EA

\*With more than 10<sup>10</sup> CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

**10-HOUR BREW**

**BOLD AND SMOOTH TASTE**

less than 2 \$8.99 ea.

**2/\$14**

Stok®  
 142 L  
 21033739\_EA/21033737\_EA

ENJOY UP TO **8h** OUT OF THE FRIDGE\* NO PRESERVATIVES

**1,000\***

when you buy 2

**\$1 Value**

**2/\$7**

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\*Unopened. See Product for details.

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## NEW chilled combos \$7

**quarter chicken leg with mashed potatoes and green beans combo chilled**  
 374 g  
 21557757\_EA

**fried chicken pieces with coleslaw and mac and cheese combo chilled**  
 400 g  
 21557843\_EA

**original chicken tenders with rigatoni pasta and green beans combo chilled**  
 378 g  
 21557842\_EA

**4 breaded chicken wings with mac and cheese and wedges combo chilled**  
 375 g  
 21557845\_EA

**extra crispy chicken strips with mac and cheese and coleslaw combo chilled**  
 420 g  
 21557793\_EA

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**Bonterra® Paper Towel**  
 3 Mega Rolls = 6 Single Rolls  
 21434658\_EA

**\$1 Value**

**\$6.99**



Plastic-Free Packaging  
 Emballage sans plastique

**Bonterra® Bath Tissue**  
 6 Mega Rolls = 24 Single Rolls  
 21434640\_EA

**\$1 Value**

**\$6.99**

**Bonterra® Facial Tissue**  
 3 Mega Boxes = 6 Single Boxes  
 21434646\_EA

**\$1 Value**

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