

ADONIS

Mediterranean market
محلات أدونيس



ADONIS
Trio grilled flat chicken with
spicy potatoes (M) or rice (M),
salad (M) and sauce Halal

\$22

LEMONS
Spain
South Africa

10/299



LARGE FORMAT

BLUEBERRY
PINT
U.S.A.
Mexico

299



RED, ORANGE, YELLOW
OR GREEN PEPPERS
Canada
U.S.A.

199
/lb
4.39 kg



RED VINE TOMATOES
Canada and/or Mexico

149
/lb
3.28 kg



BONELESS STRIP LOIN
STEAK HALAL

1299
/lb
28.64 kg



BEEF KAFTA
HALAL

699
/lb
15.41 kg



WHOLE CHICKEN HALAL

299
/lb
6.59 kg



ROYAL SEA BREAM

588
/lb
12.96 kg



1099
/lb
24.23 kg



CANADIAN LEG OF LAMB
HALAL

1399



BLUE TIDE
Raw white shrimps 26-30
Easy peel
907 g

UNICO
Vegetable oil
3 L

799



CEDAR
Semolina
See variety in store
4 kg

ASTRO
Yogurt
Assorted choice
625 - 750 g

2/\$5



QUICK LEMON
Lemon juice
750 ml

477



99¢



CEDAR
Vine leaves
1 L

2/\$7



BLACK DIAMOND
Bloc cheese
Assorted choice
400 g

488



499



CEDAR
Walnuts
454 g

599



LINDT
Chocolate
spread
Assorted
choice
200 g

L'ERABELLE
Maple Syrup
540 ml

1799



BASQUES
Hardwood charcoal
8 kg

FROM THURSDAY, APRIL 25TH TO WEDNESDAY, MAY 1ST, 2024

Fruits and vegetables

NEW ARRIVAL

SEE PRICE IN STORE

JANERYK GREEN PLUMS
Turkey

FRESH ALMONDS
U.S.A.

6⁹⁹
/lb
15⁴¹ kg

YELLOW DATES
Peru

1⁹⁹
/lb
4³⁹ kg

EGGPLANTS, GREEN ZUCCHINIS OR BALADI SQUASH
Mexico

2⁹⁹
/lb
6⁵⁹ kg

LEBANESE CUCUMBERS
Canada

BARTLETT PEARS
Argentina

1⁹⁹
/lb
4²⁹ kg

ROYAL GALA APPLES
U.S.A.

3⁹⁹
/lb

STRAWBERRIES
U.S.A.

3⁹⁹
/lb

CAULIFLOWER
U.S.A.

2/\$5

NANTES CARROTS
454 g
Canada

LARGE

ANISE
Canada
U.S.A.

ORANGES
Bag 3 lb
Spain

4⁹⁹

ORANGE

ROMAINE HEARTS LETTUCE
3 un
U.S.A. or Mexico

4⁹⁹

3 Hearts of Romaine

ITALIAN, CURLY PARSLEY OR CORIANDER
U.S.A.
Mexico

3/\$5

RED OR GREEN SEEDLESS GRAPES
Chile

3⁹⁹
/lb
8⁶⁰ kg

KIMBO
Espresso ground coffee
350 g

2⁹⁹

KIMBO
TRADIZIONE
EXPORT

5⁹⁹

Samosa
Assorted choice
42.8 g

12⁹⁹

FETOS
1 KG

7⁹⁹

BURNBRAE
Medium white egg
30 UN

Bakery pastry

ADONIS
Coffee chocolate cake
8" (10 servings)

26⁹⁹

ADONIS
Finger baklava

12⁹⁹
/lb
28⁶³ kg

ADONIS
Znaoud et sit

3/\$6

ADONIS
Almond, pistachio or chocolate roll

2/\$7

Mediterranean flavors

ADONIS
Hummus, garlic sauce or baba ghanouj
250 g

5⁹⁹

ADONIS
CHICKPEA OR COUSCOUS SALAD
454 - 500 g

3⁹⁹

ADONIS
Spinach pie or mini hot-dog
12 un

10⁹⁹

ADONIS
Meat or vegetarian kebbe
12 un

13⁹⁹

ADONIS
Lamb ouzi
Un

7⁹⁹

ADONIS
Pavla
Medium

15⁹⁹

DEMPSTER'S
BAGELS

2/\$6

DEMPSTER'S
BAGELS

2/\$6

DEMPSTER'S
Sliced breads
Assorted choice
600 g

2/\$6

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905.363.0707

1055, St. Laurent Blvd
Ottawa, ON
613.778.8883

JOIN US ON
MARCHEADONIS



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Halal meats



749
/lb
16⁵¹kg

BEEF EYE OF ROUND HALAL



899
/lb
19⁸¹kg

CANADIAN LAMB SHOULDER HALAL



1099
/lb
24²³kg

BEEF SHORT RIB STEAK HALAL



1199
/lb
26⁴³kg

LAMB SHANK HALAL



699
/lb
15⁴¹kg

EXTRA LEAN GROUND BEEF HALAL



349
/lb
7⁶⁹kg

LEAN GROUND CHICKEN HALAL



299
/lb
6⁵⁹kg

MARINATED CHICKEN DRUMSTICKS HALAL



699
/lb
15⁴¹kg

SOUVLAKI THIGH CHICKEN HALAL



899
/lb
19⁸¹kg

SHAWARMA CHICKEN BREAST HALAL



749
/lb
16⁵¹kg

MAKANEK SAUSAGES HALAL

Refrigerated products



229
/700 g
10³⁹lb

PHOENICIA OR CEDAR AKAWI CHEESE



2/\$5

BEATRICE Cream cheese



229
/700 g
10³⁹lb

BALADI IN BRINE CHEESE



399

TRE STELLE Feta or bocconcini cheese Assorted choice 200 g



229
/700 g
10³⁹lb

BULGARIAN FETA CHEESE DOUBLE CREAM



399

SAPUTO Ricotta di campana cheese Assorted choice 400 g



229
/700 g
10³⁹lb

MAKLER KASHKAVAL cheese



499

SUISSE-SUISSE cheese



199
/700 g
9⁵¹lb

SOLMAZ Montreal style smoked meat Halal



799

TAHSIN Soujouk Halal Assorted choice 350 g



129
/700 g
5⁸⁵lb

ALZAHRAA Beef biogina Halal Assorted choice



599

ALZAHRAA Beef hot-dog Halal 450 g



229
/700 g
10³⁹lb

MASTRO Genoa salami Regular or hot Assorted choice



399

SAN DANIELE Sliced mortadella Assorted choice 175 g



279
/700 g
12⁵⁶lb

OLYMEL Turkey breast Assorted choice



899

MARCANGELO Cold cuts Assorted choice 175 - 200 g

Deli



179
/700 g
8¹³lb

STUFFED GREEN OLIVES



149
/700 g
6⁷⁶lb

ORIENTAL MIX SALTED NUTS



149
/700 g
6⁷⁶lb

WALNUTS



99¢
/700 g
4⁴⁹lb

MARINATED GREEK PEPPERS OR MIXED VEGETABLES

Fruits and vegetables

<p>NEW ARRIVAL SEE PRICE IN STORE JANERYK GREEN PLUMS Turkey</p>	<p>3.99 /lb 8.79 kg FRESH ALMONDS U.S.A.</p>	<p>1.99 /lb 4.39 kg EGGPLANTS, GREEN ZUCCHINIS OR BALADI SQUASH Mexico</p>	<p>2.99 /lb 6.59 kg LEBANESE CUCUMBERS Canada</p>
<p>BARTLETT PEARS Argentina</p>	<p>6.99 /lb 15.41 kg YELLOW DATES Peru</p>	<p>3.99 CAULIFLOWER U.S.A.</p>	<p>2/\$5 NANTES CARROTS 454 g Canada LARGE ANISE Canada U.S.A.</p>
<p>1.99 /lb 4.29 kg ROYAL GALA APPLES U.S.A.</p>	<p>3.99 STRAWBERRIES 454 g U.S.A.</p>	<p>4.99 ROMAINE HEARTS LETTUCE 3 un U.S.A. or Mexico</p>	<p>3/\$5 ITALIAN, CURLY PARSLEY OR CORIANDER U.S.A. Mexico</p>
<p>3.99 /lb 8.60 kg RED OR GREEN SEEDLESS GRAPES Chile</p>	<p>4.99 ORANGE Bag 3 lb Spain</p>	<p>4.99 3 Hearts of Romaine lettuce U.S.A. or Mexico</p>	<p>3.99 /lb 8.60 kg RED OR GREEN SEEDLESS GRAPES Chile</p>

<p>2.99 KIMBO Espresso ground coffee 350 g</p>	<p>5.99 Samosa Assorted choice 42.8 g</p>	<p>12.99 FETOS Shredded cheese Assorted choice 1 kg</p>	<p>7.99 BURNBRAE Medium white egg 30 un</p>
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<p>26.99 ADONIS Coffee chocolate cake 8" (10 servings)</p>	<p>12.99 /lb 28.63 kg ADONIS Finger baklava</p>	<p>5.99 ADONIS CHICKPEA OR COUSCOUS SALAD 454 - 500 g</p>	<p>3.99 ADONIS Hummus, garlic sauce or baba ghanouj 250 g</p>
<p>3/\$6 ADONIS Znoúd et sit</p>	<p>2/\$7 ADONIS Almond, pistachio or chocolate roll</p>	<p>10.99 ADONIS Spinach pie or mini hot-dog 12 un</p>	<p>13.99 ADONIS Meat or vegetarian kebbe 12 un</p>
<p>2/\$6 Dempsters Bagels Assorted choice 6 un</p>	<p>2/\$6 Dempster's Grains Sliced breads Assorted choice 600 g</p>	<p>7.99 ADONIS Lamb ouzi 1 un</p>	<p>15.99 ADONIS Paxia Medium</p>

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MORE DEALS

مزید من الخصومات

From April 11th to May 8th, 2024



10⁹⁹
/lb
24²³ kg

COHO SALMON FILLETS
Plain or marinated
Previously frozen



8⁹⁹
/lb
19⁸² kg

RAINBOW TROUTS



4⁹⁹
/lb
11⁰⁰ kg

**ALASKA POLLOCK
FILLET**



5⁹⁹

BLUETIDE
Cooked peeled white shrimps
26/30
284 g

BLUETIDE
Crab imitation sushi
500 g

5⁹⁹



BLUETIDE
Haddock fillet
400 g

6⁹⁹



BLUETIDE
Basa steaks
1 kg

6⁹⁹



BLUETIDE
Tuna tartare
227 g

7⁹⁹



BLUETIDE
Raw bt shrimp pdton
21 - 25
454 g

13⁹⁹



22⁹⁹

ROYAL HARBOUR
Smoked salmon
500 g

MORE DEALS

مزید من الخصومات

From April 25th to May 1st, 2024

Our grocery products

<p>PAULANER WEISSBIER Non alcoholic drink 500 ml</p> <p>2/\$4</p> 	<p>COCA COLA, SPRITE OR CANADA DRY Soft drink 8 x 300 ml</p> <p>5.99</p> 	<p>CERES Juice Assorted choice 1 L</p> <p>3.99</p> 	<p>ST-MICHEL Cookies See variety in store 150 g</p> <p>5.29</p> 
<p>TABASCO Sriracha sauce 256 ml</p> <p>4.99</p> 	<p>MENZ & GASSER Jam Assorted choice 250 ml</p> <p>3.79</p> 	<p>COFFEEMATE Coffee whitener 450 g</p> <p>4.99</p> 	<p>POULAIN Cocoa powder 450 g</p> <p>7.99</p> 
<p>NESTLÉ Chocolate bars See variety in store 97 - 120 g</p> <p>2.29</p> 	<p>LOAKER Wafers See variety in store 65 g</p> <p>3.49</p> 	<p>CHRISTIE Cookies See variety in store 345 - 500 g</p> <p>5.49</p> 	<p>EL VALLE Black truffle or Olive oil salt chips 150 g</p> <p>3.99</p> 
<p>ILIOS Broth Assorted choice 946 ml</p> <p>2.99</p> 	<p>M'LORD Hearts of palm Assorted choice 398 ml</p> <p>4.99</p> 	<p>PETIT NAVIRE Mackerel fillet See variety in store 110 - 175 g</p> <p>4.79</p> 	<p>ALESSIA Filet of anchovies 150 g</p> <p>5.99</p> 
<p>AURORA Egg pasta Assorted choice 250 g</p> <p>2/\$5</p> 	<p>CAMEL Mango slice pickle Assorted choice 450 g</p> <p>2.79</p> 	<p>BEN'S ORIGINAL Converted long grain rice 4 kg</p> <p>14.99</p> 	<p>CLUB SUPREME Aluminum sheet 25 - 30 pl F parchment paper 30 cm x 4.5 m</p> <p>4/\$5</p> 

Our refrigerated products

<p>Allegro Cheese bloc Assorted choice 270 g</p> <p>7.99</p> 	<p>AGROPUR Grand cheddar 3 - 6 years 200 g</p> <p>6.99</p> 	<p>ILE DE FRANCE Brie or camembert cheese 250 g</p> <p>6.99</p> 	
<p>SILANI Shredded cheese Assorted choice 140 g</p> <p>6.99</p> 	<p>PRÉSIDENT Shredded cheese Assorted choice 250 g</p> <p>4.99</p> 	<p>YOGO nano Yogurt Assorted choice 8 x 50 g</p> <p>1.99</p> 	<p>SANTA LUCIA Mozzarella Dahi 140 g</p> <p>6.49</p> 

Our bakery

<p>BERLINER Light rye or caraway traditional bread 454 g</p> <p>1.99</p> 	<p>RUDOLPH Bavarian multigrain bread 500 g</p> <p>2.99</p> 	<p>ADONIS Rum Baba cake</p> <p>2/\$7</p> 	<p>THOMAS Breakfast bread 454 g</p> <p>4.99</p> 
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