

APRIL

HIT  
OF THE  
MONTH

limit 8  
after limit  
3.99 ea.



MR. BEAST FEASTABLES  
CHOCOLATE BAR  
SELECTED VARIETIES  
60 G  
BARRE DE CHOCOLAT  
MR. BEAST FEASTABLES  
21588617\_EA/21589802\_EA

\$3

limit 6  
after limit  
2.99 ea.



CAVENDISH FRIES  
SELECTED VARIETIES  
FROZEN  
800 G  
FRITES CAVENDISH  
21559837\_EA/21559976\_EA

\$2

limit 6  
after limit  
2.99 ea.



LECLERC GO PURE  
SELECTED VARIETIES  
140-175 G  
BARRES GO PURE LECLERC  
21221434\_EA

Members-Only Price\*

\$2

Non-members

2<sup>99</sup>

LOWEST PRICES  
BEST DEALS

As compared to other major grocery retailers within your local areas.  
\*Must be a registered PC Optimum™ member to get this offer.  
Valid from April 1 - 30, 2024. While quantities last. See in-store for details.



Optimum™

# Members save more.



click or visit  
pc optimum.ca  
to become a member.

See back page for details.



Members save  
**\$5**



Optimum  
Members-Only Price™  
**5<sup>99</sup>**  
Non-members  
**10<sup>99</sup>**

**HIGH LINER FISH OR SHRIMP**  
SELECTED VARIETIES  
FROZEN  
350-700 G  
**POISSON OU CREVETTES**  
**HIGH LINER**  
20303200001\_EA/20572299004\_EA



Members save  
**\$1.50**

Optimum  
Members-Only Price™  
**4<sup>49</sup>**  
Non-members  
**5<sup>99</sup>**

**GOLD SEAL SOCKEYE SALMON**  
213 G  
**SAUMON SOCKEYE**  
**GOLD SEAL**  
21186814\_EA



Members save  
**\$1.99**

Optimum  
Members-Only Price™  
**\$5**  
Non-members  
**6<sup>99</sup>**

**PC® MINI MUFFINS**  
SELECTED VARIETIES  
12'S  
**MINI-MUFFINS PC®**  
21488839\_EA



Members save  
**\$1.11**

Optimum  
Members-Only Price™  
**4<sup>88</sup>**  
Non-members  
**5<sup>99</sup>**

**SOFTSOAP LIQUID HAND SOAP**  
REFILL 1.47 L OR  
**DOVE BAR SOAP** 3X106 G OR  
**BODY WASH** 325/400 ML  
SELECTED VARIETIES  
**RECHARGE DE SAVON LIQUIDE**  
**POUR LES MAINS SOFTSOAP OU**  
**PAIN DE SAVON OU NETTOYANT**  
**POUR LE CORPS DOVE**  
21167194\_EA/21220717\_EA

# PRICE DROP

**LOWERED  
PRICES UNTIL  
MAY 15<sup>th</sup> 2024**



**BEN'S ORIGINAL  
BISTRO EXPRESS RICE  
SELECTED VARIETIES  
240/250 G  
RIZ BISTRO EXPRESS  
BEN'S ORIGINAL  
21404895\_EA/21405242\_EA**

**\$3<sup>#</sup>**



**SUNCHIPS  
MULTIGRAINS  
FLAVOURED SNACKS  
SELECTED VARIETIES  
205 G  
GRIGNOTINES  
DE MULTIGRAINS  
AROMATISÉES  
SUNCHIPS  
21370313\_EA/21370317\_EA**

**2<sup>50</sup><sup>#</sup>**



**SCOPE CLASSIC ORIGINAL  
MINT OR COOL PEPPERMINT  
MOUTHWASH  
SELECTED VARIETIES  
1 L  
RINCE-BOUCHE SCOPE  
MENTHE ORIGINALE  
CLASSIQUE OU MENTHE  
POIVRÉE FRAÎCHE  
20948747\_EA/20948867\_EA**

**\$4<sup>#</sup>**

†PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board



## Digital Coupon



air chilled   
CANADA  
PC® Blue Menu®  
chicken breast  
boneless skinless  
Air Chilled  
3's  
2348952\_1A

Save  
**\$2**  
with digital  
coupon

CLICK FOR THIS  
COUPON AND MORE



Scan to see our complete digital flyer



**SAVE AT LEAST \$2<sup>50</sup>LB**

**5<sup>99</sup> LB**

**CHICKEN BREASTS OR THIGHS**  
BONELESS SKINLESS, FAMILY SIZE  
13.21/KG  
**POITRINES OU HAUTS DE CUISSÉS DE POULET**  
20162170\_KG/20593099\_KG

**CUT BY OUR BUTCHERS**

**SALE SAVE \$3<sup>00</sup>LB**

**5<sup>99</sup> LB**

**INSIDE ROUND OVEN ROAST**  
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER  
13.21/KG  
**RÔTI D'INTÉRIEUR DE RONDE**  
20794590\_KG

**SALE SAVE \$4<sup>50</sup>LB**

**7<sup>99</sup> LB**

**FROZEN BAY SCALLOPS**  
80-120 PER LB  
17.62/KG  
**PÉTONCLES DE BAIE SURGELÉS**  
21093213\_KG

**SALE SAVE \$1<sup>00</sup>LB**

**2<sup>99</sup> LB**

**PORK SIDE RIB PORTION**  
6.59/KG  
**PORTION DE CÔTES DE FLANC DE PORC**  
20836871\_KG

**PC<sup>®</sup> EXTRA LARGE GREEN OR RED SEEDLESS GRAPES**  
PRODUCT OF CHILE OR SOUTH AFRICA, NO. 1 GRADE  
6.59/KG  
**TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC<sup>®</sup>**  
20425775001\_KG / 20159199001\_KG

**2<sup>99</sup> LB**

**SALE SAVE \$4<sup>80</sup>**

**7<sup>99</sup>**

**PC<sup>®</sup> OR BLUE MENU<sup>™</sup> MEAT, VÉGÉTABLE LASAGNA OR MAC & CHEESE ENTRÉES**  
SELECTED VARIETIES FROZEN  
1.13 KG  
**PLATS CUISINÉS DE LASAGNE À LA VIANDE, AUX LÉGUMES OU MACARONI AU FROMAGE PC<sup>®</sup> OU MENU BLEU<sup>™</sup>**  
20314880\_EA/20326534\_EA

**SALE THIS WEEK**

**2<sup>99</sup>**

**CANADA FARMER'S MARKET<sup>™</sup> MINI CUCUMBERS**  
PRODUCT OF CANADA  
6'S  
**MINI CONCOMBRES DÉLICIES DU MARCHÉ<sup>™</sup>**  
20373570001\_EA

**SALE AT LEAST \$3<sup>50</sup>**

**7<sup>99</sup>**

**PC<sup>®</sup> PACIFIC LARGE WHITE SHRIMP**  
RAW ZIPPERBACK<sup>®</sup>  
31-40 PER LB 400 G OR MARINA DEL REY WILD ARGENTINIAN SHRIMP  
RAW EASY PEEL 20-30 PER LB 300 G FROZEN  
**GROSSES CREVETTES BLANCHES DU PACIFIQUE PC<sup>®</sup> OU CREVETTES SAUVAGES D'ARGENTINE MARINE DEL REY**  
20788888\_EA/20907159\_EA

**6<sup>49</sup>**

**OIKOS GREEK**  
650/750 G, **ACTIVIA** YOGURT 12X100 G OR 8X93 ML SELECTED VARIETIES  
**YOGOURT GREC OIKOS, ACTIVIA**  
20303412601\_EA/ 21006634\_EA

**SAVE AT LEAST 80¢**

**1<sup>99</sup>**

**HUNT'S PASTA OR TOMATO SAUCE**  
SELECTED VARIETIES  
369-680 ML  
**PÂTES OU SAUCE TOMATE HUNT'S**  
20008721\_EA/20296852001\_EA

**WHEN YOU BUY 3 SAVE 97¢**

**3/\$5**

**BARILLA PASTA**  
SELECTED VARIETIES  
340/410 G  
**PÂTES BARILLA**  
21404912\_EA/21515800\_EA

**BUY 2 OR MORE 3<sup>50</sup> EA.**

**PC<sup>®</sup> ROAST AND GROUND COFFEE**  
SELECTED VARIETIES  
875/930 G  
**CAFÉ TORRÉFIÉ ET MOULU PC<sup>®</sup>**  
21393374\_EA/21393573\_EA

**SALE THIS WEEK**

**2<sup>99</sup>**

**GREEN GIANT VEGETABLES**  
SELECTED VARIETIES FROZEN  
400-750 G  
**LÉGUMES GÉANT VERT**  
21022302\_EA/21022355\_EA

**6<sup>99</sup>**

**CASHMERE BATHROOM TISSUE**  
12 DOUBLE ROLLS, SPONGETOWELS  
PAPER TOWELS  
6 ROLLS OR SCOTTIES  
**FACIAL TISSUE**  
6'S SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE OU ESSUIE-TOUT SPONGE TOWELS OU MOUCHOIRS SCOTTIES**  
21189812\_EA/21294739\_EA



**Members save \$1**

**PC\* BACON-WRAPPED WILD SEA SCALLOPS FROZEN**  
260 G  
PÉTONCLES SAUVAGES GÉANTS BARDÉS DE BACON PC™  
21220644\_EA

**Members save \$2**

**Members-Only Price**  
**6<sup>50</sup>**  
Non-members **7<sup>50</sup>**

**BENTO SUSHI CALIFORNIA ROLLS**  
SELECTED VARIETIES  
200 G  
**ROULEAUX CALIFORNIENS DE SUSHI BENTO**  
20089577\_EA/20184852\_EA



**Members-Only Price**  
**15<sup>99</sup>**  
Non-members **17<sup>99</sup>**

**5,000<sup>PC</sup> for every \$15 spent on**

**\$5 Value**



**QUAKER CEREAL**  
SELECTED VARIETIES  
288-500 G  
**CÉRÉALES QUAKER**  
20637355\_EA/21082500\_EA

**1,000<sup>PC</sup> \$1 Value**



**SAPUTO BARI RICOTTA**  
SELECTED VARIETIES  
500 G  
**RICOTTA BARI SAPUTO**  
20537931\_EA

**6<sup>99</sup>**



**SALE SAVE \$6**

**SUNRISE BOLOGNA**  
2 KG  
**BOLOGNE SUNRISE**  
20997095\_EA

**13<sup>99</sup>**



**PC\* ORANGE JUICE 2.5 L OR CREAMY YOGURT 16X100 G**  
SELECTED VARIETIES  
**JUS D'ORANGE OU YOGOURT CRÉMEUX PC™**  
20699925002\_EA/21531644\_EA

**5<sup>99</sup>**



**LACTANTIA BUTTER**  
SELECTED VARIETIES  
454 G  
**BEURRE LACTANTIA**  
20639926\_EA

**6<sup>99</sup>**



**BLACK DIAMOND CHEESE BARS 400 G, SHREDS 300-320 G OR SAUCE TUBS 300 ML**  
SELECTED VARIETIES  
**BARRES DE FROMAGE, FROMAGE RÂPÉ OU CONTENANTS DE SAUCE BLACK DIAMOND**  
21278845\_EA/21279221\_EA

**6<sup>99</sup>**



**PC\* TEA**  
SELECTED VARIETIES  
20'S  
**THÉ PC™**  
20381067\_EA/21105270\_EA

**2<sup>99</sup>**



**NO NAME® ICE CREAM SANDWICHES OR BARS**  
CLUB SIZE  
SELECTED VARIETIES  
FROZEN 24/30'S  
**SANDWICHS OU BARRES À LA CRÈME GLACÉE SANS NOM®**  
20347400001\_EA/21013432\_EA

**SALE SAVE \$1<sup>99</sup>**

**\$10**



**DR. OETKER RISTORANTE OR CASA DI MAMA PIZZA**  
SELECTED VARIETIES  
FROZEN  
320-410 G  
**PIZZA RISTORANTE OU CASA DI MAMA DR. OETKER**  
20296100001\_EA  
20296424006\_EA

**WHEN YOU BUY 2 SAVE \$2<sup>98</sup>**

**2/\$11**  
LESS THAN 2 \$6.99 EA.



**DORITOS FLAVOURED TORTILLA CHIPS OR CHEETOS CHEESE FLAVOURED SNACKS**  
SELECTED VARIETIES  
155-300 G  
**CROUSTILLES DE TORTILLA AROMATISÉES DORITOS OU GRIGNOTINES AROMATISÉES AU FROMAGE CHEETOS**  
21369118\_EA/21370169\_EA

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$8**  
LESS THAN 2 \$4.49 EA.



**KRAFT SALAD DRESSING**  
SELECTED VARIETIES  
425 ML  
**VINAIGRETTE KRAFT**  
21584850\_EA/21583672\_EA

**3<sup>49</sup>**



**AYLMER TOMATOES ORIGINAL OR ACCENTS**  
796/540 ML OR  
**CHEF BOYARDEE**  
418/425 ML  
SELECTED VARIETIES  
**TOMATES AYLMEER ORIGINALES OU ACCENTS OU CHEF BOYARDEE**  
20312500005\_EA/21206804\_EA

**SAVE AT LEAST 25¢**

**1<sup>99</sup>**



**NATURE VALLEY GRANOLA BARS**  
120-230 G, BETTY CROCKER OR MOTT'S FRUIT SNACKS 128-226 G, PILLSBURY SOFT BAKED BARS 150 G OR CEREAL TREAT BARS 120-150 G  
SELECTED VARIETIES  
**BARRES GRANOLA VAL NATURE, COLLATIONS AUX FRUITS BETTY CROCKER OU MOTT'S, BARRES MOELLEUSES OU BARRES DE CÉRÉALES PILLSBURY**  
20315520002\_EA  
20318474001\_EA

**WHEN YOU BUY 2 SAVE \$1<sup>49</sup>**

**2/6<sup>50</sup>**  
LESS THAN 2 \$3.99 EA.



**PC\* NATURAL SPRING WATER**  
24X500 ML  
**EAU DE SOURCE NATURELLE PC™**  
20137898\_C24

**WHEN YOU BUY 2 SAVE 98¢**

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**VEGA PROTEIN & GREENS DRINK MIX**  
SELECTED VARIETIES  
510-526 G  
**PROTÉINES EN POUDRE POUR FRAPPÉ À BASE DE PLANTES VEGA**  
20830386001\_EA  
20830386002\_EA

**SAVE THIS WEEK**

**24<sup>99</sup>**



**ENSURE 6X236 ML OR GLUCERNA 6X237 ML REPLENISH DRINKS, PREMIER PROTEIN SHAKES**  
4X325 ML OR  
**MUSCLE MILK PROTEIN SHAKE 4X330 ML**  
SELECTED VARIETIES  
**BOISSONS DE SUBSTITUT DE REPAS ENSURE OU GLUCERNA, BOISSONS FRAPPÉES PROTÉINÉES PREMIER OU BOISSON FRAPPÉE MUSCLE MILK**  
20308731001\_C06  
21031114\_EA

**12<sup>99</sup>**



**FINISH AUTO DISH 56-78'S, CASCADE PLATINUM 60'S AUTO DISH OR CASCADE 72-90'S**  
SELECTED VARIETIES  
**CAPSULES DE DÉTERGENT POUR LAVE-VAISSELLE FINISH, PLATINUM CASCADE OU CASCADE**  
21367612\_EA  
21518479\_EA

**19<sup>99</sup>**

CUSTOMER RELATIONS 1-866-727-0771. VISIT atlanticsuperstore.ca FOR STORE HOURS.

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RA BACK



# Produce



**BLACKBERRIES**  
PRODUCT OF MEXICO OR  
**RASPBERRIES**  
PRODUCT OF U.S.A.  
170 G  
MÛRES OU FRAMBOISES  
20051015001\_EA/20128938001\_EA

**3<sup>99</sup>**



**FARMER'S MARKET™  
GRAPEFRUIT**  
PRODUCT OF TURKEY  
OR **NAVEL ORANGES**  
PRODUCT OF SPAIN,  
MOROCCO OR TURKEY  
3 LB  
**PAMPLEMOUSSE OU  
ORANGES NAVEL**  
DÉLICIES DU MARCHÉ™  
20118409001\_EA/20162945001\_EA

**6<sup>99</sup>**



**LARGE CANTALOUPE**  
PRODUCT OF GUATEMALA  
OR HONDURAS EACH OR  
**PLUMS** PRODUCT OF CHILE,  
NO. 1 GRADE 2 LB  
**GROS CANTALOUPS  
OU PRUNES**  
20594316001\_EA/20167017001\_EA

**5<sup>99</sup>**



**CANADA**  
**FARMER'S MARKET™  
ENGLISH CUCUMBERS 3'S OR  
PC® COCKTAIL TOMATOES 340 G**  
PRODUCT OF CANADA  
**CONCOMBRES ANGLAIS  
DÉLICIES DU MARCHÉ™ OU  
TOMATES COCKTAIL PC™**  
20828461001\_EA/20779176001\_EA

**4<sup>49</sup>**



**CANADA**  
**FARMER'S MARKET™  
RUSSET POTATOES**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
10 LB  
**POMMES DE TERRE RUSSET**  
DÉLICIES DU MARCHÉ™  
20601020001\_EA

**4<sup>99</sup>**



**BROCCOLI CROWNS**  
PRODUCT OF U.S.A.  
OR MEXICO  
EACH  
**COURONNES DE BROCOLI**  
21121560001\_EA

**2<sup>99</sup>**



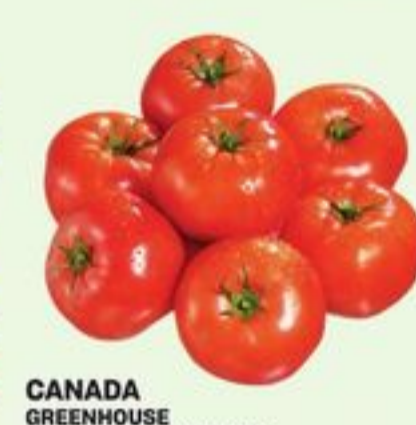
**AVOCADOS**  
PRODUCT OF MEXICO  
5'S  
**AVOCATS**  
20142232001\_EA

**4<sup>99</sup>**



**TAYLOR FARMS  
CHOPPED SALAD KITS**  
PRODUCT OF U.S.A.,  
SELECTED VARIETIES  
319-383 G  
**SALADES  
HACHÉES**  
**TAYLOR FARMS**  
21335159\_EA/  
21381584\_EA

**2/\$12**  
LESS THAN 2  
\$6.99 EA.



**CANADA  
GREENHOUSE  
BEEFSTEAK TOMATOES**  
PRODUCT OF CANADA  
4.39/KG  
**TOMATES BEEFSTEAK  
DE SERRE**  
20426141001\_KG

**1<sup>99</sup>**  
LB



**CORED PINEAPPLE**  
PREPARED FRESH  
IN-STORE DAILY  
600 G  
**ANANAS ÉVITÉ FRAIS**  
20503143\_EA

**6<sup>99</sup>**

# Butcher



**LEAN GROUND BEEF**  
FAMILY SIZE  
15.41/KG  
**BŒUF HACHÉ MAIGRE**  
20798281\_KG

**6<sup>99</sup>**  
LB



**CHICKEN LEGS**  
FAMILY SIZE,  
BACK ATTACHED  
5.49/KG  
**CUISSES DE POULET**  
20153925\_KG

**2<sup>49</sup>**  
LB



**PORK LOIN CENTRE-CUT  
CHOPS OR ROAST**  
BONELESS, FAMILY SIZE  
13.21/KG  
**CÔTELETTES OU RÔTI DE  
LONGE DE PORC,  
COUPE DU CENTRE**  
20826506\_KG/20827785\_KG

**5<sup>99</sup>**  
LB



**INSIDE ROUND  
MARINATING STEAK**  
FAMILY SIZE, CUT  
FROM CANADA AA OR  
USDA SELECT GRADE  
BEEF OR HIGHER  
15.41/KG  
**BIFTECK  
D'INTÉRIEUR DE  
RONDE À MARINER**  
20794583\_KG

**6<sup>99</sup>**  
LB



**JOHNSONVILLE  
PORK SAUSAGE**  
SELECTED VARIETIES  
250-500 G  
**SAUCISSES DE PORC  
JOHNSONVILLE**  
20003902\_EA/20303844\_EA

**6<sup>99</sup>**



**PC® BLUE MENU  
GROUND CHICKEN  
OR TURKEY**  
454 G  
**DINDE OU  
POULET HACHÉ**  
**PC™ MENU BLEU™**  
21100091\_EA/  
21100092\_EA

**2/\$12**  
LESS THAN 2  
\$8 EA.



**SUFRA® HALAL  
CHICKEN LEGS**  
BACK ATTACHED  
1.6 KG  
**CUISSES DE POULET  
HALAL SUFRA™**  
21430677\_EA

**\$12**



**SCHNEIDERS  
LUNCHMATE  
STACKERS OR KITS**  
SELECTED VARIETIES  
90-132 G  
**LUNCHMATE  
STACKERS OU  
TROUSSES-REPAS**  
**SCHNEIDERS**  
21310034\_EA/  
20770777\_EA

**3/9<sup>99</sup>**  
LESS  
THAN 3  
\$3.99 EA.



**BONTE DONAIR**  
SELECTED VARIETIES  
FROZEN  
550-634 G  
**DONAIR BONTE**  
21183556\_EA

**7<sup>99</sup>**



**PC® BURGERS**  
SELECTED  
VARIETIES  
FROZEN  
568 G-1.36 KG  
**BURGERS PC™**  
20941230\_EA/  
20941443\_EA

**2/\$30**  
LESS  
THAN 2  
\$16.99 EA.



**ST-HUBERT OR  
SWISS CHALET PIES**  
SELECTED VARIETIES  
FROZEN  
650-800 G  
**PÂTES**  
**ST-HUBERT OU  
SWISS CHALET**  
20719334\_EA/  
21047194\_EA

**10<sup>99</sup>**

# Seafood

Fresh seafood items subject to availability.



**FRESH ATLANTIC  
SALMON STEAKS**  
30.84/KG  
**DARNES DE SAUMON  
DE L'ATLANTIQUE  
FRAÎCHES**  
20850605\_KG

**13<sup>99</sup>**  
LB

**MSC HADDOCK FILLETS**  
FROZEN OR  
PREVIOUSLY FROZEN  
22.02/KG  
**FILÉTS D'AIGLEFIN  
MSC**  
21093350\_KG

**9<sup>99</sup>**  
LB



**PC® SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN  
150 G  
**SAUMON FUMÉ PC™**  
20108286\_EA/  
21047088\_EA

**10<sup>49</sup>**



**PC® WILD  
YELLOWFIN TUNA  
STEAKS 280 G\*OR\*  
COD CROQUETTES**  
300 G FROZEN  
**DARNES DE THON  
ALBACORE SAUVAGE  
OU CROQUETTES  
DE MORUE PC™**  
21211819\_EA/21480526\_EA

**8<sup>99</sup>**

# Bakery

**DONUTS**  
SELECTED VARIETIES  
6'S  
**BEIGNES**  
21572332\_EA

**6<sup>99</sup>**

**GARLIC LOAF**  
**PAIN À L'AIL**  
HEAT AND SERVE | RÉCHAUFFER ET SERVIR  
GARLIC LOAF | PAIN À L'AIL

Members save **\$1**

Optimum  
Members-Only Price  
**2<sup>99</sup>**  
Non-members  
**3<sup>99</sup>**

**GARLIC LOAF**  
330 G  
**PAIN À L'AIL**  
21020061\_EA

**FARMER'S MARKET<sup>SM</sup>**  
**BAR CAKES**  
SELECTED VARIETIES  
675-770 G  
**GÂTEAUX**  
**RECTANGULAIRES**  
**DÉLICIES DU MARCHÉ<sup>SM</sup>**  
21500612\_EA

**13<sup>99</sup>**

**Elite**  
**TIRAMISU**  
SELECTED VARIETIES  
FROZEN  
500-600 G  
**DESSERTS SCOOP & SERVE**  
**ELITE SWEETS**  
21299181\_EA/21392700\_EA

**Elite**  
**RED VELVET**  
SELECTED VARIETIES  
FROZEN  
500-600 G  
**DESSERTS SCOOP & SERVE**  
**ELITE SWEETS**  
21299181\_EA/21392700\_EA

**8<sup>99</sup>**

**BAKED**  
**IN-STORE**

**FRENCH, ITALIAN,**  
**WHITE OR**  
**WHEAT BREAD**  
450 G  
**PAIN FRANÇAIS,**  
**ITALIEN, BLANC OU BLÉ**  
20345208\_EA/21377237\_EA

**\$2**

**SILVER HILLS**  
**SPROUTED BREAD**  
SELECTED SIZES  
AND VARIETIES  
**PAIN DE GRAINS**  
**GERMÉS**  
**SILVER HILLS**  
20711960\_EA/21047070\_EA

BUY 2 OR MORE  
**5<sup>50</sup>**  
EA.  
LESS THAN 2 \$6.49 EA.

**PC<sup>SM</sup> OR BLUE MENU<sup>SM</sup>**  
**TORTILLAS**  
10 INCH  
SELECTED VARIETIES  
**TORTILLAS PC<sup>SM</sup>**  
**OU MENU BLEU<sup>SM</sup>**  
20182857\_EA/20185659\_EA

**\$4**  
EA.  
LESS THAN 2 \$4.29 EA.

**Hostess**  
**Twinkies**  
SELECTED VARIETIES  
AND SIZES  
**PETITS GÂTEAUX HOSTESS**  
21283746\_EA/21283752\_EA

**Hostess**  
**Cupcakes**  
SELECTED VARIETIES  
AND SIZES  
**PETITS GÂTEAUX HOSTESS**  
21283746\_EA/21283752\_EA

BUY 2 OR MORE  
**\$3**  
EA.  
LESS THAN 2 \$3.49 EA.

# Great to go

Great to go items plus applicable taxes.

**BUY ANY**  
SERVICE OR PREPACK SANDWICH  
SANDWICH DU COMPTOIR  
DE SERVICE OU PRÉEMBALLÉ  
21362145\_EA

**\$5-9**  
**GET \$1 OFF**

**PEPSI**  
SOFT DRINKS 591 ML, AQUAFINA 591 ML,  
ROCKSTAR 473 ML, GURU 355 ML OR CELSIUS 355 ML  
SELECTED VARIETIES  
**BOISSONS GAZEUSES PEPSI, AQUAFINA,**  
**ROCKSTAR, GURU OU CELSIUS**  
20321598002\_EA

# The Deli

**SCHNEIDERS**  
**Pepperettes**  
SELECTED VARIETIES  
300/375 G  
**PEPPERETTES**  
**SCHNEIDERS**  
20976093\_EA

Members save **\$3**

Optimum  
Members-Only Price  
**7<sup>99</sup>**  
Non-members  
**10<sup>99</sup>**

**SERVICE CASE**  
**ZIGGY'S<sup>SM</sup> TURKEY**  
SELECTED VARIETIES  
**DINDE ZIGGY'S<sup>SM</sup>**  
**DU COMPTOIR**  
**DE SERVICE**  
20299196\_KG

**2<sup>99</sup>**  
/100 G

**SWEET SOUR CHICKEN**  
WITH GENERAL TAO,  
GINGER BEEF OR HONEY  
GARLIC PORK WITH  
FRIED RICE OR LO MEIN  
NOODLES AND  
SPRING ROLL  
537 G  
**POULET AIGRE-DOUX**  
AVEC GÉNÉRAL TAO,  
BŒUF AU GINGEMBRE OU  
PORC MIEL ET AIL AVEC  
RIZ FRIT OU NOUILLES  
LO MEIN ET ROULEAU  
DE PRINTEMPS  
21594018\_EA/21594020\_EA

**\$12**

**ASSORTED CHICKEN**  
PLATE WITH SIDES  
CHILLED  
364-481 G  
**PLATS DE POULET**  
**ASSORTIS AVEC**  
**ACCOMPAGNEMENTS**  
21557793\_EA/21560810\_EA

**\$7**

**Daiya**  
**SHREDS,**  
**SLICES**  
**OR BLOCKS**  
SELECTED VARIETIES  
185-227 G  
**SIMILI-FROMAGE**  
**RÂPÉ,**  
**TRANCHES**  
**OU BARRES**  
**DAIYA**  
21070311\_EA/  
21207740\_EA

**2/\$10**  
LESS THAN 2 \$6 EA.

**ROOSTER<sup>SM</sup> TOFU**  
SELECTED VARIETIES  
454 G  
**TOFU ROOSTER<sup>SM</sup>**  
21474765\_EA

**2/\$4**  
LESS THAN 2 \$2.49 EA.

**MADE FRESH**  
**IN-STORE**

**PASTA TRAYS**  
1-1.2 KG  
**PLATEAUX**  
**DE PÂTES**  
21395979\_EA/  
21395980\_EA

**\$12-15**

**INDIVIDUAL COMBO**  
WITH WEDGES  
361-530 G  
**COMBO INDIVIDUEL**  
**AVEC POMMES DE**  
**TERRE EN QUARTIERS**  
21086084\_EA/21022536\_EA

**\$8**

**CASTELLO**  
**HAVARTI, CHEDDAR**  
**OR BLUE CHEESE**  
SELECTED VARIETIES  
125-200 G  
**HAVARTI, CHEDDAR**  
**OU BLEU CASTELLO**  
21150806\_EA/20573932\_EA

**6<sup>99</sup>**

**PC<sup>SM</sup> GOAT**  
**CHEESE LOGS**  
SELECTED VARIETIES  
140 G  
**BŪCHETTES**  
**DE FROMAGE**  
**DE CHÈVRE**  
**PC<sup>SM</sup>**  
20296631\_EA  
20330259\_EA

**2/\$10**  
LESS THAN 2 \$5.99 EA.

# Floral

**10 STEM TULIPS**  
SELECTED VARIETIES  
**10 TULIPES**  
**SUR TIGE**  
21524898\_EA

**FROM**  
**\$10**

**DOZEN ROSES**  
ASSORTED COLOURS  
**DOUZAINE**  
**DE ROSES**  
21529061\_EA

**\$22**

**DOUBLE SPIKE**  
**ORCHID**  
**IN CERAMIC**  
**SELECTED**  
**VARIETIES**  
EACH  
**ORCHIDÉE À**  
**DEUX TIGES**  
**DANS UN POT**  
**EN CÉRAMIQUE**  
20293541\_EA

**\$28**

**SUCCULENT**  
**GARDEN**  
**JARDIN DE**  
**PLANTES GRASSES**  
21017339\_EA

**\$24**



**Garden Centre  
NOW OPEN**

**100%  
Canadian grown.  
Eh.**



PC® 10.8 INCH EARLY ANNUAL PLANTER  
SELECTED VARIETIES  
20753967\_EA

**\$22**



SPRING BULBS  
PLANT NOW FOR  
SUMMER BLOOMS  
SELECTED VARIETIES  
21350419\_EA/21357248\_EA

**\$8-17**



PC® 11 INCH LAVENDER SHRUB  
EACH  
20926885\_EA

**\$30**



FARMER'S MARKET™  
10 INCH PANSY BOWL  
SELECTED VARIETIES  
20753921\_EA

**\$15**



9 CM PERENNIALS  
EARLY SEASON  
SELECTED VARIETIES  
21347591\_EA

**2/\$8**  
LESS THAN 2  
\$4.50 EA.



13 CM PERENNIALS  
EARLY SEASON  
SELECTED VARIETIES  
21348244\_EA/21430587\_EA

**2/\$14**  
LESS THAN 2  
\$8 EA.



GROW YOUR OWN  
SELECTION OF FRUITS  
AND VEGETABLES  
SELECTED VARIETIES  
21515163\_EA

**8<sup>99</sup>**



SEED POTATOES,  
ONIONS AND  
SHALLOTS  
SOURCED FROM  
CANADIAN FARMERS  
21515074\_EA/21348211\_EA

**4<sup>99</sup>-9<sup>99</sup>**

**Our plant  
guarantee**

**Evergreens\*, trees, shrubs, rose bushes and perennials\*  
are guaranteed for one full year.**

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money.  
All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

# Garden Centre



PC<sup>®</sup> FLOWER & GARDEN BED SOIL  
50 L  
21363856\_EA

**2/\$20**  
LESS THAN 2  
\$11.50 EA.



PC<sup>®</sup> BLACK EARTH SOIL  
25 L  
21357792\_EA

**4/\$11**  
LESS THAN 4  
\$3 EA.



NO NAME<sup>®</sup> ALL-PURPOSE SOIL  
50 L  
21358664\_EA

**2/\$20**  
LESS THAN 2  
\$11.50 EA.



PC<sup>®</sup> POTTING SOIL  
25 L  
21349090\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.



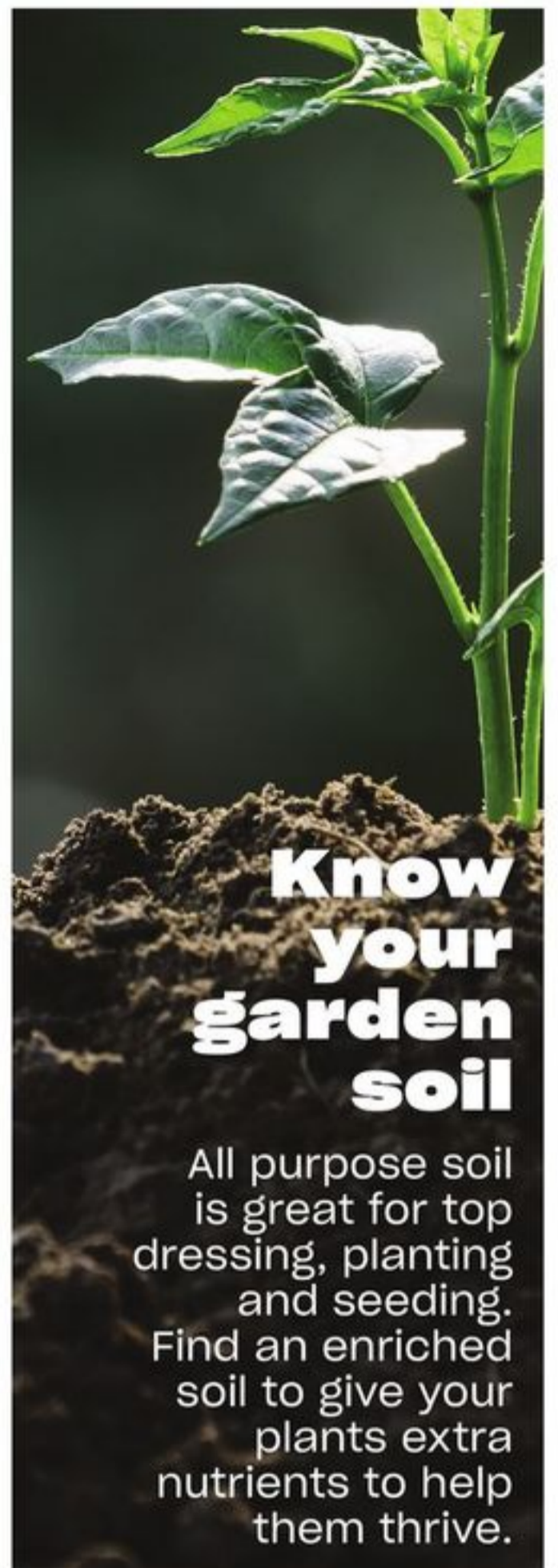
NO NAME<sup>®</sup> CEDAR MULCH AVAILABLE IN NATURAL, BLACK OR RED  
42.5 L  
21358531\_EA  
21358573\_EA

**3/\$12**  
LESS THAN 3  
\$4.50 EA.



NO NAME<sup>®</sup> COW MANURE COMPOST  
12.5 KG  
21349331\_EA

**3/\$12**  
LESS THAN 3  
\$4.50 EA.



**Know your garden soil**

All purpose soil is great for top dressing, planting and seeding. Find an enriched soil to give your plants extra nutrients to help them thrive.



PC<sup>®</sup> ENRICHED LAWN SOIL  
25 L  
21349080\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.



PC<sup>®</sup> GRASS SEED  
1 KG  
21359479\_EA  
21359480\_EA

**2/\$20**  
LESS THAN 2  
\$12 EA.



PC<sup>®</sup> YARD WASTE BAGS  
5'S  
20425980\_EA

**2/\$8**  
LESS THAN 2  
\$4.99 EA.



PLANT FOOD FERTILIZER  
SELECTED TYPES AND SIZES  
21359474\_EA  
21567705\_EA  
21506312\_EA

**\$8-23**



GARDEN DÉCOR  
SELECTED STYLES  
21570523\_EA  
21570553\_EA  
21570365\_EA

**SEE GARDEN CENTRE FOR RETAILS**



GARDEN WATERING ACCESSORIES  
SELECTED STYLES  
21570651\_EA  
20275904\_EA  
21570608\_EA

**SEE GARDEN CENTRE FOR RETAILS**



GARDEN POTS  
SELECTED STYLES  
21570553\_EA  
21570659\_EA  
21570818\_EA

**SEE GARDEN CENTRE FOR RETAILS**



GARDEN TOOLS  
SELECTED STYLES  
21570478\_EA  
21570637\_EA  
21570571\_EA

**SEE GARDEN CENTRE FOR RETAILS**

**Our plant guarantee**

**Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.**

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

# Greenhouse Grown

From the greenhouse to your house...



FARMER'S MARKET™  
GREENHOUSE PEPPERS  
PRODUCT OF CANADA  
3'S  
20085851001\_EA

**4<sup>99</sup>**



FARMER'S MARKET™  
GRAPE TOMATOES  
PRODUCT OF MEXICO  
283 G  
21367888001\_EA

**3<sup>99</sup>**



PC® MIXIANY CHERRY TOMATOES  
PRODUCT OF CANADA  
680 G  
21285888001\_EA

**7<sup>99</sup>**



PC® LIVE LETTUCE GREEN,  
RED OR TRIO  
PRODUCT OF CANADA  
2'S  
21212486\_EA/21212487\_EA

**5<sup>99</sup>**



PC® ORGANICS  
TOMATOES  
ON THE VINE  
PRODUCT  
OF CANADA  
8.80/KG  
20127917001\_KG

**3<sup>99</sup>**  
LB



PC® ORGANICS  
GRAPE TOMATOES  
PRODUCT OF  
CANADA OR MEXICO  
255 G  
20799491001\_EA

**3<sup>99</sup>**



PC® GREENHOUSE  
STRAWBERRIES  
PRODUCT  
OF CANADA  
CANADA NO. 1  
GRADE  
340 G  
21027142001\_EA

**5<sup>99</sup>**

# Grocery



PC® AVOCADO OIL  
500 ML  
20332066\_EA

**12<sup>99</sup>**



OCEAN'S WHITE TUNA  
SELECTED VARIETIES  
170 G  
21005158\_EA

**2<sup>99</sup>**



WHISKAS TEMPTATIONS  
CAT TREATS  
SELECTED VARIETIES  
454 G  
21012108\_EA

Members  
save  
**\$2**

Optimum  
Members-Only Price  
**6<sup>99</sup>**  
Non-members  
**8<sup>99</sup>**



PC® SALAD DRESSING  
SELECTED VARIETIES  
475 ML  
20627618001\_EA/20627618005\_EA

**2/\$7**  
LESS THAN 2  
**\$3.99 EA.**



STAGG CHILI  
SELECTED VARIETIES  
425 G  
20309125004\_EA

**2<sup>49</sup>**



KRAFT DINNER  
FLAVOURED CUPS 58 G  
OR SPECIALTY FLAVOURS  
150-200 G  
SELECTED VARIETIES  
21393426\_EA/21435132\_EA

**4/\$8**  
LESS THAN 4  
**\$2.49 EA.**



MINUTE MAID, FIVE  
ALIVE OR NESTEA ICED  
TEA DRINK BOXES  
SELECTED VARIETIES  
8/10X200 ML  
20327042001\_EA/21092667\_EA

**3<sup>79</sup>**



GATORADE  
6X591 ML OR BUBLY  
SPARKLING WATER  
12X355 ML OR  
MONTELLIER  
10X355 ML  
SELECTED VARIETIES  
20303218003\_C06  
21568926\_C12

**2/\$12**  
LESS THAN 2  
**\$6.99 EA.**



VH SAUCES  
SELECTED VARIETIES  
341/355 ML  
20308726001\_EA/20309693001\_EA

**2/\$8**  
LESS THAN 2  
**\$4.79 EA.**



PC® GNOCCHI  
OR RISOTTO  
350-400 G OR  
PC® ASIAN  
ENTRÉES OR  
SOUPS 300 G  
SELECTED VARIETIES,  
FROZEN  
21546584\_EA  
21546625\_EA

**2/\$10**  
LESS  
THAN 2  
**\$5.99 EA.**



CRAVE OR  
KRAFT  
DINNER  
ENTRÉES  
SELECTED  
VARIETIES  
FROZEN  
200-340 G  
21085515\_EA  
21553329\_EA

**2/\$11**  
LESS  
THAN 2  
**\$6.49 EA.**



PILLSBURY PIZZA  
POPS 760 G OR  
BITES 693 G  
SELECTED VARIETIES  
FROZEN  
20972958\_EA  
21435931\_EA

**2/\$14**  
LESS  
THAN 2  
**\$7.99 EA.**



NO NAME®  
MARSHMALLOWS  
SELECTED VARIETIES  
400 G  
20304672001\_EA  
21008975\_EA

**2/\$7**  
LESS THAN 2  
**\$3.99 EA.**



PILLSBURY TOASTER  
STRUDEL 326 G OR  
SCRAMBLES 204 G  
SELECTED VARIETIES  
FROZEN  
20172664001\_EA/21474507\_EA

**2<sup>99</sup>**



BEN & JERRY'S  
473 ML OR  
MAGNUM BARS 4'S  
SELECTED VARIETIES FROZEN  
20950739\_EA/21568089\_EA

**2/\$11**  
LESS  
THAN 2  
**\$6.99 EA.**



BURNBRAE EGG BAKES  
SELECTED VARIETIES  
FROZEN  
21/4'S  
21060391\_EA/21097732\_EA

**2<sup>99</sup>**



MAYNARDS  
CANDY  
SELECTED VARIETIES  
150-154 G  
21545554\_EA/21545605\_EA

**2/\$5**  
LESS THAN 2  
**\$2.99 EA.**



COTTONELLE  
BATHROOM TISSUE  
6-24 ROLLS OR  
FLUSHABLE WIPES 2'S  
SELECTED VARIETIES  
20688530\_EA/21594641\_EA

**9<sup>99</sup>**



CASHMERE  
BATHROOM  
TISSUE  
SELECTED VARIETIES  
24-72 ROLLS  
21189845\_EA  
21443648\_EA

**19<sup>99</sup>**



HUGGIES  
SUPER BIG PACK  
DIAPERS  
SELECTED VARIETIES  
36-108'S  
21456221\_EA/21456311\_EA

**\$25**



PC®, HUGGIES OR  
PAMPERS 6'S BABY  
WIPES 352-600'S  
SELECTED VARIETIES  
21102958\_EA  
21271645\_EA

**14<sup>99</sup>**

# Taking care of your family



DOVE SHAMPOO OR CONDITIONER OR AXE HAIR STYLING SELECTED VARIETIES AND SIZES  
20338455001\_EA/21018338\_EA

**5<sup>99</sup>**



SPEED STICK PREMIUM ANTIPERSPIRANT 45-85 G OR J.R. WATKINS HAND SOAP 266/325 ML LIQUID HAND SOAP PUMP SELECTED VARIETIES  
20847071\_EA/21432848\_EA

**3<sup>99</sup>**



SENSODYNE OR PRONAMEL TOOTH PASTE 75-100 ML, POLIDENT OR POLIGRIP, COLGATE TOTAL OR SENSITIVE PRO-RELIEF TOOTH PASTE, COLGATE 360° MANUAL TOOTHBRUSH OR COLGATE MOUTH WASH SELECTED VARIETIES AND SIZES  
20301179001\_EA/21156717\_EA

**4<sup>99</sup>**



SENSODYNE OR PRONAMEL TOOTH PASTE 110 ML-135 ML, COLGATE OPTIC WHITE, PRO RELIEF OR PERIOGARD TOOTH PASTE, COLGATE MOUTH WASH, COLGATE BATTERY OR MANUAL TOOTHBRUSH SELECTED VARIETIES  
20247931001\_EA/21220587\_EA

**5<sup>99</sup>**



PANTENE, HAIR EXPERTISE OR WHOLE BLENDS SELECTED VARIETIES AND SIZES  
20340308005\_EA/21431192\_EA

**5<sup>99</sup>**



NIVEA Q10 POWER ANTI-WRINKLE DAY CREAM OR CETAPHIL MOISTURIZERS OR CLEANSERS SELECTED VARIETIES AND SIZES  
20432313001\_EA/20701102\_EA

**20%**



ALWAYS PADS 28-38'S, LINERS 36-40'S, TAMPAX PEARL 32-40'S, BASE TAMPONS 54'S, U BY KOTEX TAMPONS 31-34'S, PADS 26-34'S OR LINERS 64-100'S SELECTED VARIETIES  
20319562001\_EA/21518239\_EA

**20%**



LIFE BRAND® OVERNIGHT MAXI PADS 36'S OR MAXIMUM ABSORBENCY INCONTINENCE UNDERWEAR 18'S SELECTED VARIETIES  
21202823\_EA/21232217\_EA

**25%**



LIFE BRAND® PAIN OR ALLERGY RELIEF TABLETS, CAPLETS, SPRAYS, LIQUIDS, PATCHES OR RUBS SELECTED VARIETIES AND SIZES  
21134305\_EA/21229420\_EA

**25%**



WEBBER NATURALS OR ONE A DAY ADULT MULTIVITAMINS 60-130'S OR FLINTSTONES CHILDREN MULTIVITAMINS 50-180'S SELECTED VARIETIES  
20890422\_EA

**25%**



DEGREE BASE ANTIPERSPIRANT 45/74 G, DIAL ANTIBACTERIAL LIQUID HAND SOAP 325 ML OR BODY WASH 473 ML SELECTED VARIETIES  
20303942001\_EA/21311819\_EA

**3<sup>99</sup>**



ENFAMIL A+ READY-TO-FEED BABY FORMULA STAGE 1 & 2 18X237 ML  
21208370\_C01/21208382\_C01

**59<sup>99</sup>**

## FOR ALL YOUR GROOMING NEEDS



**17<sup>99</sup>** Gillette & Venus razors for Pubic Hair & Skin, ProGlide and ProShield razors selected sizes and varieties  
21356935\_EA



**10%** Gillette Venus 6'S, Mach3, Fusion or ProGlide 12's or Mach3 Billboard pack 15's cartridges selected sizes and varieties  
21436926\_EA



**5<sup>49</sup>** Gillette Series or Satin Care twin pack 2x198 g, Gillette Pro or Fusion shave gel 198 g, selected varieties  
20885350\_EA



**8<sup>99</sup>** Gillette Mach3, Sensor or Venus Disposable razors 1-8's selected varieties  
20179414001\_EA

formulas for good, clean fun



LESS THAN 2 \$4.99 EA  
**2/\$8**

method liquid hand soap pump, selected varieties 300/354 mL  
20432113004\_EA



**500<sup>+</sup>** **50¢** Value  
**\$5<sup>99</sup>**

method liquid hand soap refill, selected varieties 828 mL/1L  
21425039\_EA



**\$6<sup>99</sup>**

method body wash selected varieties 532 mL  
21425299\_EA

method for change

## FOR HEALTHY LOOKING, BEAUTIFUL SMILES!



**4<sup>99</sup>** Crest 3D White Advanced Paste 70 mL, Oral-B Glide or Deep Clean Floss Picks selected varieties  
21506728\_EA/21092358\_EA



**5<sup>99</sup>** Crest Scope mouthwash 1 L or Crest Gum Detoxify Paste 83 mL selected varieties  
20948747\_EA/21354690\_EA



**7<sup>49</sup>** Oral-B Satin Floss 2's or Crest Pro Health mouthwash 1 L selected varieties  
20598749\_EA/20308684001\_EA



**8<sup>99</sup>**

Crest Complete Outlast Paste 3's or Oral-B Battery toothbrush 1's selected varieties  
21354003\_EA/20859494\_EA



**25%**

Oral-B Pro 300 Rechargeable toothbrushes or Oral-B Brush Heads selected varieties  
21475139\_EA/20346231001\_EA

## All Day Protection with Depend



**25%**

DEPEND OR POISE selected varieties and sizes  
21295307\_EA/21100737\_EA

# For your pet

**WHISKAS CAT FOOD**  
SELECTED VARIETIES  
1.5/2 KG  
20754051\_EA



**9<sup>99</sup>**

**PEDIGREE DENTASTIX TREATS FOR DOGS**  
SELECTED VARIETIES  
100 G-1.9 KG  
21081180\_EA



**10<sup>99</sup>**

**PRIME BONES TREATS FOR DOGS**  
SELECTED VARIETIES  
264-320 G  
21357812\_EA



**8<sup>99</sup>**

**TIDY CATS TIDY CARE ALERT COLOUR CHANGING CRYSTALS CAT LITTER**  
3.63 KG  
21581080\_EA



**29<sup>99</sup>**

**BENEFUL DOG FOOD**  
SELECTED VARIETIES  
1.6/1.8 KG  
20295905001\_EA



**11<sup>99</sup>**

**BENEFUL INCREDI BITES**  
85 G  
21576867\_EA



**1<sup>29</sup>**

**PURINA CAT CHOW**  
SELECTED VARIETIES  
1.42-2 KG  
20319556001\_EA



**8<sup>99</sup>**

**MILK BONE DOG TREATS**  
SELECTED VARIETIES  
750-900 G  
21014573\_EA



**5<sup>49</sup>**

**MEOW MIX CAT FOOD**  
SELECTED VARIETIES  
1.36-2 KG  
21565150\_EA



**6<sup>99</sup>**

**CAT'S PRIDE FRESH & LIGHT CAT LITTER**  
SELECTED VARIETIES  
3.86 KG  
21352107\_EA



**13<sup>99</sup>**

**PC<sup>®</sup> NUTRITION FIRST<sup>®</sup> CAT FOOD**  
SELECTED VARIETIES  
2 KG  
21303270\_EA



**13<sup>99</sup>**

**PC<sup>®</sup> NUTRITION FIRST<sup>®</sup> DOG FOOD**  
SELECTED VARIETIES  
2 KG  
21307661\_EA



**10<sup>99</sup>**

# Wine, beer & cider

limited time offer APRIL 25 - MAY 1



## Savvy Buys



ALPINE LAGER BEER  
8 X 355 ML  
21467656\_C08

**18<sup>79</sup>**



MOOSEHEAD LIGHT BEER  
8 X 355 ML  
21468501\_C08

**18<sup>79</sup>**



DOMAINE D'OR RED T. #1 WINE  
4 L  
20136510\_EA

**44<sup>49</sup>**



JACKSON TRIGGS WINE  
WHITE  
1.5 L  
21211466\_EA

**22<sup>39</sup>**

## Imports



GALLO  
CABERNET WINE  
750 ML  
20024652\_EA

**13<sup>59</sup>**



19 CRIMES  
CALI RED WINE  
750 ML  
21377867\_EA

**24<sup>09</sup>**

## Explore



MIKE'S HARD LEMONADE  
6 X 355 ML  
21107868\_C06

**18<sup>04</sup>**



SMIRNOFF ICE LIGHT  
RASPBERRY & SODA  
4 X 355 ML  
20796567\_C04

**14<sup>51</sup>**

Only at the following Your Atlantic Superstore locations (unless otherwise stated) : 25 Savoie Ave., Atholville, 700 St Peter Ave., Bathurst, 2 Johnson St., Chatham, 577 Victoria St., Edmundston, 116 Main St. and 471 Smythe St., Fredericton, 240 Madawaska Rd. Grand Falls, 408 King George Hwy., Miramichi, 89 Trinity Dr. and 165 Main St., Moncton, 1150 Onondago St., Oromocto, 429 Coverdale Rd, Riverview, 115 Campbell Rd., Unit B, Rothesay, 680 Somerset St. and 168 Rothesay Ave., Saint John, 195 King St., St. Stephen, 44 Lower Cove Rd., Sussex, 3455 Rue Principale, Tracadie and 350 Connell St., Woodstock.

We reserve the right to limit quantities. Prices do not include tax or deposit and may be subject to change without notice. No rainchecks or substitutions. See in-store or [youratlanticsuperstore.ca](http://youratlanticsuperstore.ca) for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

**Lindt LINDOR**

Melt into a moment of bliss.

**75 Years**

**Lindt GHIRARDELLI Bars** SELECTED VARIETIES 100 g  
21521197\_EA  
**3/10<sup>50</sup>** LESS THAN 2 \$3.99 EA.

**Lindt LINDOR Bars** 100 g  
**Lindt SWISS CLASSIC Bars** 100 g SELECTED VARIETIES  
20296856001\_EA  
**3/\$9** LESS THAN 2 \$3.49 EA.

**Lindt EXCELLENCE Bars** SELECTED VARIETIES 100 g  
20312527005\_EA  
**3/10<sup>50</sup>** LESS THAN 2 \$3.99 EA.

**Lindt LINDOR Bags** SELECTED VARIETIES 150 g  
21390291\_EA  
**6<sup>99</sup>**

**Lindt GHIRARDELLI Bags** SELECTED VARIETIES 151 g  
21332689\_EA  
**2/\$14** LESS THAN 2 \$8.49 EA.

**Mobile**

**Get 25GB for \$29/mo.**

when you register for Automatic Top-up.

**20,000** <sup>pts</sup>  
after 2 months of service

\* New activations only. Conditions and SIM Card charges apply. Offer is subject to change without notice. Ask us for details.

**MAPLE LEAF**

**Natural selections**

— Our simplest ingredients yet. —

New look, same great taste.

**6<sup>99</sup>** Maple Leaf® Natural Selections® Sliced Deli Meats 125–175 g  
20009282\_EA/20065285\_EA

**SCHNEIDERS**

**100% DELICIOUS TASTE.**

**25% LESS SODIUM.**

**6<sup>99</sup>** Schneiders® Sliced Deli Meats 175 g  
21500791\_EA

\*Rated the Best New Product for packaged sliced meats by Canadians in a 2024 BrandSpark™ survey. 25% less sodium than regular turkey/ham/salami.

**Get set to Savour**

**SUMMER**

**WIN 20,000,000** <sup>pts</sup>  
PC Optimum® Points

**Heinz Ketchup** 750 mL – 1 L  
**Miracle Whip Spread** 650 – 690 mL  
Selected varieties  
20069080\_EA/20298681001\_EA  
**\$5<sup>99</sup>**

**Kraft Singles Process Cheese Product**  
Selected varieties 410 g  
21188654\_EA  
**\$5<sup>99</sup>**

**MiO, Tang, Kool-Aid, Country Time & Crystal Light Liquid Drink Mix**  
Selected varieties 48 mL  
20663423\_EA/20749494001\_EA  
**2/\$7** LESS THAN 2 \$4.29 EA.

**Pure by J.L. Kraft Dressings**  
Selected varieties 355 mL  
21581429\_EA/21581659\_EA  
**\$6<sup>49</sup>**

**Kraft Salad Dressings**  
Selected varieties 425 – 475 mL  
21584850\_EA  
**\$4<sup>49</sup>**

**Diana Sauce** 600 mL  
**Bull's-Eye BBQ Sauce** 425 mL  
Selected varieties  
20647834005\_EA/21184617\_EA  
**2/\$8** LESS THAN 2 \$5.49 EA.

\*NO PURCHASE IS NECESSARY TO PARTICIPATE OR WIN. Visit KraftSummer.ca for full contest rules and details.

Easy to digest with all the goodness

**5<sup>79</sup>** NELSON LACTOSE FREE MILK SELECTED VARIETIES 2 L  
20150089\_EA

**4<sup>49</sup>** BAXTER/SCOTSBURN CHOCOLATE MILK 2 L  
20092109\_EA

**4<sup>29</sup>** BAXTER/SCOTSBURN 18% COFFEE CREAM SELECTED VARIETIES 1 L  
20010107\_EA

**6<sup>49</sup>** BAXTER/SCOTSBURN 35% WHIPPING CREAM 1 L  
20007231\_EA

**Our butchers cut quality meat in your store everyday!**

**pork loin schnitzel**  
215880651\_EA

**beef brisket meatballs plain**  
21587897\_EA

**beef stir fry strips**  
cut from Canada AA grade beef or higher  
21588067\_EA

**pork stir fry strips**  
21588095\_EA

**chicken stir fry strips**  
21588091\_EA

**Baking with Betty Crocker**

**2/\$8** LESS THAN 2 \$4.49 EA. Cinnamon Toast Crunch™ Cookies or Cinnamon Toast Crunch™ Cake 367-453 g  
21547849\_EA/21508362\_EA

**2/\$8** LESS THAN 2 \$4.49 EA. Betty Crocker™ Reese's Cookie Mix 337 g  
21546952\_EA

**2/\$8** LESS THAN 2 \$4.49 EA. Betty Crocker™ Brownie of the Year 521 g  
21016700\_EA

**\$6<sup>99</sup>** Betty Crocker™ Gluten Free Golden Cake Mix 425 g  
20379076002\_EA

**\$6<sup>99</sup>** Betty Crocker™ Brownie Gluten Free 454 g  
20794706\_EA

**2/\$8** LESS THAN 2 \$4.49 EA. Betty Crocker™ Mug Cake with frosting Selected Varieties 266/294 g  
21096607\_EA

**2/\$8** LESS THAN 2 \$4.49 EA. Betty Crocker™ Red Velvet Cupcakes with Cream Cheese Flavoured Frosting 465 g  
20694464001\_EA





# Protein made easy.

Smooth creamy texture. No added sugar.

**NEW!**

**\$3.69**

21588150\_EA  
21588256\_EA  
Yoplait® Source® Protein 4x100 g



**NEW!**

**\$4.49**

21587047\_EA  
21588406\_EA  
Yoplait® Source® Protein 650 g



**NEW!**

**\$6.99**

Liberté Greek® 650-750 g  
21588248\_EA  
21547533\_EA



**4/\$5**  
LESS THAN 4 \$1.49 EA.

Yoplait® YOP® 200 mL  
21478096\_EA  
21478186\_EA  
21478178\_EA



**\$3.69**

Yoplait® Tubes® 8x56 g  
21547595\_EA  
21547629\_EA



**NEW!**

**\$6.99**

Liberté Greek 3% Less Sugar Blueberry, Raspberry 650 g  
21588110\_EA  
21588215\_EA



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**TRUSTED SOFTNESS, BETTER TEAR**  
\*vs. leading US 1-ply bargain brand

**17.99** Charmin Bath Tissue, 12=48 roll, soft 21549779\_EA

**Cleans Better So You Can Use Less\***

**17.99** Charmin Bath Tissue, 12=48 roll, strong 21484810\_EA

\*vs. Leading USA 1-Ply Bargain Brand

**+50% MORE ABSORBENT**  
\*vs. leading ordinary brand.

**17.99** Bounty Paper Towel, Select A Size, 6=12 roll 21515966\_EA

**THICKER AND MORE ABSORBENT**  
\*vs. the leading US 2-ply napkin

**10.99** Bounty Napkin 400's 21053171\_EA

**\$12.99 each**

PUREX 4.08-4.43 L, PERSIL 2.21 L OR SUNLIGHT 4 L LAUNDRY DETERGENT SELECTED VARIETIES  
21427042\_EA/20083525002\_EA

**A BOOST OF FRESHNESS**

\*#1 claim based on Nielsen 3 Channel Market Share period ending June 3, 2023  
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**Get to FREE 3x faster\***

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**10,501** points

Your weekly offers:

- 200 points for every \$1 spent on groceries
- 200 points for every \$1 spent on groceries
- 100 points for every \$1 spent on groceries

\*Based on our most recent annual data as of December 31, 2022, PC Optimum™ members who load and shop their offers via the PC Optimum™ app or online account primarily (APP users) have more opportunities to optimize on personalized points offers and reaching the "free" (minimum redemption threshold) 3x faster on average than PC Optimum™ members who are not digitally engaged.