



Simple Goodness™



Save 47% off regular price

Fresh Pork Side Ribs

no breast bone attached
family pack 8.80/kg

3.99 lb



Local

BC Fresh Chicken Legs
back attached
family pack 6.15/kg

2.79 lb

Save 40% off regular price



MEXICO
Fresh Haden Mangoes

2.49 ea



1 lb

CALIFORNIA
Fresh Strawberries
454 g weather permitting

4.99 ea

EAT WHOLESOME FOOD CO.
Organic Soup 398 mL

NEW

organic



2/\$4



CATELLI Assorted Pasta
225g - 500g

2/\$4

STARBUCKS Frappuccino
doubleshot or tripleshot
405 mL - 444 mL
plus deposit & recycle fee

2/\$4



Ground Beef Guarantee
if we are selling it today,
it's ground FRESH today

Fresh Lean Ground Beef
family pack 12.10/kg

5.49 lb

Friday, April 26 - Thursday, May 2

CUT FROM WESTERN CANADIAN AAA CERTIFIED ANGUS BEEF aged minimum 21 days

WESTERN CANADIAN Fresh AAA Certified Angus Beef® T-Bone Steaks family pack 38.56/kg

17.49 lb

SINCE 1978 CERTIFIED ANGUS BEEF® BRAND

Local

BC Fresh Chicken Wings family pack 12.10/kg **5.49** lb

Local

BC Fresh Whole Fryer Chicken grade A 7.69/kg **3.49** lb

Fresh Pork Loin Centre Cut Chops family pack 9.90/kg **4.49** lb

GRIMM'S FINE FOODS Bavarian Smokies or European Wieners 375 g - 450 g **7.49** ea

JOHNSONVILLE Pure Pork Sausages 375 g **5.99** ea

Gluten free

MAPLE LODGE FARMS Chicken Bacon Style 375 g **5.49** ea

Gluten free

OCEAN WISE Wild Pacific Sockeye Salmon Fillets previously frozen **3.29**/100g

OCEAN WISE

OCEAN WISE Wild BC Sockeye Salmon Lox Trim previously frozen **5.29**/100g

OCEAN WISE

Fresh Sole Fillets **2.09**/100g

Imitation Crab salad style **1.39**/100g

MITCHELL'S Bun Size Wieners 600g - 675g **8.99** ea

MITCHELL'S Bacon 375g **5.99** ea

Available in the Deli Department

SCHNEIDERS Snack Kits 75g - 80g **5.49** ea

OUTLAW Beef Burgers 16's **24.99** ea

DAIRYLAND Organic Milk 1.89 L plus deposit & recycle fee **5.99** ea

Organic

MELT ORGANIC Dairy Free Salted Buttery Sticks made from plants 4's **5.99** ea

Organic

MELT ORGANIC Dairy Free Unsalted Buttery Sticks made from plants 2's **4.49** ea

Organic

MAISON RIVIERA Petit Pot Organic Yogourt 120g **6.29** 4 pk

Organic

ORGANIC MEADOW Organic Butter **13.49** ea

Organic

OLYMPIC Crema Yogurt 500g **3.99** ea

Local

MAISON RIVIERA Coconut Milk Vegan Delight 120g **5.49** 4 pk

NON GMO Project VERIFIED

DAIRYLAND Sour Cream 450 mL - 500 mL **3.39** ea

Local

NESTLÉ OR CHRISTIE Frozen Novelties or del monte fruit bars selected 4's - 10's **7.49** ea

BREYERS Family Classic Frozen Dessert 1.66 L **5.99** ea



Simply Organic

SAVÖR
Organic Fruit Spread
235 mL
3.99^{ea}

SAVÖR
MOUTARDE DE FRUITS
FRAISE
STRAWBERRY
FRUIT SPREAD

EARTH'S CHOICE
Organic Peanut Butter 500 g
4.99^{ea}

earth's choice
no salt smooth
crèmeux et non salé
500g

Local

Organic

REAL FOODS
Organic Corn Thins 150 g
2.99^{ea}

Organic

ANNIE'S
ORGANIC / BIOLOGIQUE
Cinnamon Crunch
Croquant à la cannelle
260 g
5.69^{ea}

NON GMO Project VERIFIED

Organic

ELAN
ORGANIC RAW
Walnuts 150 g
7.99^{ea}

Organic

ELAN
Organic Raw
Cashews
raw brazil nuts or
sea salted pistachios
145 g - 185 g
6.29^{ea}

Organic

DUMET
Organic Greek Olives kalamata or
amphisis 375 mL
4.49^{ea}

Organic

CLIF
Organic Nut Butter Bar plant based 50g
2/\$4

Organic

YUMEARTH
Organic Giggles
chewy candy bites 142 g
7.99^{ea}

Organic

GREEN & BLACK'S
Organic Fairtrade Chocolate 90g
2/\$9

Organic

MADE GOOD
Organic Granola Bars or minis 5's
3.99^{ea}

Organic

EDEN
Organic Popcorn
Kernels 566 g
6.99^{ea}

49TH PARALLEL
COFFEE ROASTERS
Organic Coffee Beans
340 g
12.99^{ea}

Local

Organic

WAISAMAMA
Organic Guayusa Cold Brew 355 mL
plus deposit & recycle fee
2.89^{ea}

Organic

SPERRI
Organic Complete Plant-Based Meal Replacement
vegan 330 mL
21.49^{pk}

Organic

HILARY'S
Organic Veggie Burgers plant based
2's
4.49^{ea}

Organic

NOBLE BEAN
Organic Tempeh
240g
4.49^{ea}

Organic

PACIFIC FOODS
Organic Soups
946 mL - 1L
6.99^{ea}

Organic

PACIFIC FOODS
Plant-Based Organic Chili
468 g
4.99^{ea}

Organic

SAN REMO
Organic Corn 341 mL
2.99^{ea}

Organic

CULLEN'S
Organic Beans
chick peas or lentils
540 mL
2.99^{ea}

Organic

CLUB HOUSE
Organic Spices & Seasonings 10g - 57g
2.79^{ea}

Organic

IMAGINE
Organic Broth
selected 1L
4.99^{ea}

Contains Organic Ingredients

Organic

SQUAMISH
Sparkling Water
Kefir 355 mL
plus deposit & recycle fee
2.59^{ea}

Organic

TREAT HAUS
Whole Dog Liver Snaps 380g
8.99^{ea}



Gluten free
BODY ARMOR
Superdrink
hydration beverage
473 mL plus deposit & recycle fee

2.49 ea



HEALTHY CHOICE
Power Bowls
269 g - 276 g

5.99 ea



PANDA
Licorice
made with natural
ingredients 170 g

2/\$7



RUFFLES
Potato Chips
180 g - 200 g

2/\$9



2/\$8
(190 g - 280 g, any flavour / variety)



LITTLE NORTHERN BAKEHOUSE
Gluten Free
Millet & Chia
Plant Based
Buns 4's

6.49 ea



SWEET BABY RAY'S
Barbecue Sauces
425 mL

3.39 ea



COCA-COLA
Soft Drinks
canada dry, a&w, sprite,
fresca, barq's or nestea
355 mL plus deposit & recycle fee

7.99 12 pk



PRINGLES
Potato Chips
156 g

2/\$6



HIGH LINER
Wild Caught
English Style Fillets
beer or tempura battered
or crispy breaded fish sticks
500 g - 700 g

9.99 ea



OLIVADO
Extra Virgin
Organic
Avocado Oil
or macadamia
nut 250 mL

12.99 ea



HUNT'S
Premium Tomato
Paste 156 mL

1.59 ea



SUN RICE
Basmati Rice
arborio or Jasmine 750 g

6.99 ea



KRINOS
Olives
500 mL

4.59 ea



EVE'S
Seed
Crackers
vegan 108 g

5.99 ea



SPICE IT UP FOODS
Veggie Pakoras
375 g

6.49 ea



SPICE IT UP FOODS
Crazy Good
Meatballs
in sauce 850 g

12.49 ea



OCEAN SPRAY
Cranberry Cocktail
or ruby red grapefruit 3 L
plus deposit & recycle fee

7.99 ea



SIMPLY
Beverages
or gold peak iced tea
1.54 L - 1.75 L
plus deposit & recycle fee

6.59 ea



RAWESOME
Raw Vegan Cakes
95 g

4.99 ea



SNOWCREST
Frozen Fruit
500 g - 600 g

5.49 ea



DANDIES
Vegan
Marshmallows
vanilla flavoured 283 g

4.99 ea



NESTLÉ
Carnation Hot
Chocolate 450 g

6.99 ea



PEARL MILLING COMPANY
Complete Pancake
& Waffle Mix 905 g

4.99 ea



BORN 3
Omega-3 Large
Brown Eggs 12's

5.79 ea



DEMPSTER'S
Signature
Bagels 5's
4.29 ea

DEMPSTER'S
Signature
Bread 600 g

3.99 ea



LITTLE NORTHERN BAKEHOUSE
Gluten Free
Bagels 4's

6.99 ea



JUST EGG
Plant-Based
Liquid Egg 500 g

8.99 ea

ROYALE
Facial Tissues
3-ply 88's or
2-ply 126's
9.49 ⁶pk

ROYALE
Bathroom Tissue mega roll 9's
or double roll 12's
8.99 ea

ECOVER
Toilet Cleaner
plant based ingredients
pine fresh 739 mL **4.49** ea

NATURE CLEAN
100% Natural Oxygen Bleach 1L **5.99** ea

DRÄNO
Clog Remover Foamer 500 mL **5.99** ea

PURINA
Fancy Feast Broths
or petites in gravy
40g - 79.4g **2/1.50**

LECLERC
Nügabar
5's **3.99** ea

LECLERC
Go Pure Bars
5's **3.99** ea

LÄRABAR
Fruit & Nut Energy Bars
45g - 48g **2/\$4**

CHRISTIE
Chips Ahoy
chunks ahoy or oreo
family size 436g - 482g **6.49** ea

SUMMER FRESH
Topped Hummus
255 g **5.99** ea

Gourmet
Cinnamon Buns 2 pack \$5.29
baked fresh in-store
9.99 ⁴pk

Made with Real Butter
true saigon cinnamon &
gourmet cream cheese icing

Chicken
Breast Slices
smoked, cooked,
fajita or cajun **2.29** /100g

Hot
Calabrese **4.29** /100g

UPRISING BAKERY
**Belgian Chocolate
or Peanut Butter
Mini Cookies**
baked fresh in-store **7.99** ²⁴pk

Local

KRINOS
Balsamic Glaze
250 mL **5.49** ea

MARC ANGELO
Sliced Salami
prosciutto, antipasto or
coppa di parma 100 g **8.99** ea

100% Whole
Wheat Bread or
sesame seed white 450 g
baked fresh in-store **2.29** ea

Local

NATURAL PASTURES
CHEESE COMPANY
Comox Brie
or camembert **5.99** /100g

Local

WOOLWICH
**Soft Fresh
Goat Cheese**
300g **12.99** ea

Floral

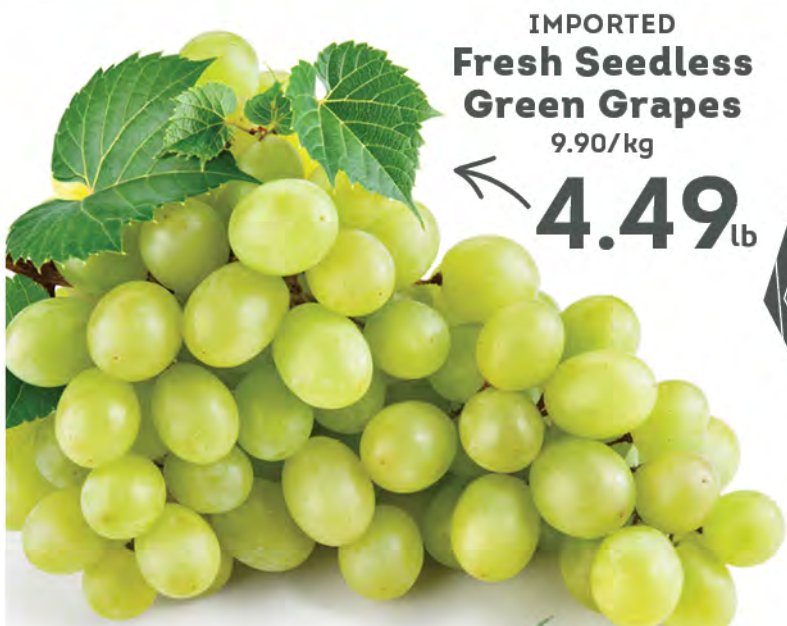
Classic
Medium Bouquet
15.99 ea

Cyclamen
6" pot
9.99 ea

Swiss
Cheese
from Germany
4.49 /100g



MOROCCO
Fresh Juicy Gem Mandarins
 680 g
5.99 ea
 1.5 lb



IMPORTED
Fresh Seedless Green Grapes
 9.90/kg
4.49 lb



MEXICO
Fresh Hass Avocados
5.49 4 pk

BC Fresh
Hot House Tomatoes
 5.49/kg
2.49 lb



Locally GROWN

BC Fresh Dolce
Super Sweet Mini Peppers 454 g
3.99 ea



1 lb

Locally GROWN



2 lb

CALIFORNIA
Fresh Baby-Cut Carrots
 907 g
4.99 ea



MEXICO
Fresh French Green Beans 300 g
4.49 ea

Simply Organic



BC Fresh Organic
Pink Lady Apples
 extra fancy 5.49/kg
2.49 lb

Locally GROWN



CALIFORNIA
Fresh Organic Blueberries 6 oz
 weather permitting
6.49 ea



CALIFORNIA
Fresh Organic Broccoli 7.70/kg
3.49 lb



SIMPLY FRESH
 OR *it's Free**

If you purchase any product in our store from any department and it doesn't meet your standard of freshness, just bring it to our attention within 3 days along with the product and the original receipt. We will replace that same product for **Free** and give you an equivalent value in an IGA gift card.

*This offer applies to products throughout the entire store. Some products are excluded. See staff or visit www.igastoresbc.com for details.

RETURN POLICY FOR EACH DEPARTMENT:

- PRODUCE**
Produce product must be returned in raw condition (uncooked) along with original receipt.
- MEAT & SEAFOOD**
Meat or seafood products must be returned in raw condition (uncooked) along with original package sticker and original receipt.
- BAKERY**
Packaged product or fresh product must be returned in the original packaging along with original receipt.
- DELI**
Packaged product or fresh deli product in raw condition (uncooked) along with original package sticker and original receipt.
- GROCERY**
Product must be returned in original packaging along with original receipt.



WEEKLY SPECIALS ARE AVAILABLE AT PARTICIPATING IGA STORES IN BRITISH COLUMBIA.

Some products may not be available at all stores. Photographs are for illustration purposes only, actual sale items may not be exactly as shown. Some food photographs may illustrate serving suggestions. Prices do not include applicable taxes, eco fees or bottle deposits & recycle fee where applicable. We reserve the right to limit quantities.

TO FIND A STORE NEAR YOU GO TO WWW.IGASTORESBC.COM