Fresh. Friendly.
Colemans

shop.colemans.ca

SAVE $2.36/lb
3.99 lb

FRESH BONE-IN CHICKEN BREAST
Family Pack
8.80 kg

RED RIPE STRAWBERRIES
California #1
1 lb clamshell

3.99

FRESH SHOULDER PICNIC PORK ROAST
Family Pack
5.93 kg

2.69 lb

SWEET JUICY ORANGES
California #1
3 lb bags
Reg. 8.99

SAVE $3.00
5.99

4.99

GOLDEN RIPE PINEAPPLES
Costa Rica #1

HOT DEAL

7.99 HOT DEAL

MAPLE LEAF PRIME POPCORN CHICKEN or **DINO NUGGETS**
560g
Reg. 15.99

SAVE $3.00

CHAPMAN'S PREMIUM ICE CREAM 2 L
or **YUKON NOVELTIES** 5-8 pk • Assorted • **Reg. 7.99**

4.99

SAVE $5.00

11.99

LA PERLA OIL
3 L • Vegetable or Canola • **Reg. 16.99**

1.99

AYLMER TOMATOES or **ACCENTS**
540-796mL • Assorted

2/$4

HUNT'S PUDDING or **GELS**
4 pk • Assorted

MINUTE MAID or **FIVE ALIVE JUICE**
1 L
Assorted

3/$5

LAY'S POTATO CHIPS
235g
Family size
Assorted

3.99

HOT DEALS

3/$5

BURNS FLAKES OF MEAT
156g • Assorted

WOW!

BECEL MARGARINE
850g • **Reg. 9.49**

5.99 HOT DEAL

COKE or **PEPSI PRODUCTS**
12x355mL • Assorted

6.49 HOT DEAL

18 Mega = 72 Singles

HOT DEAL
13.99

COTTONELLE ULTRA CLEAN BATHROOM TISSUE
18 Mega Roll • **Reg. 28.99**

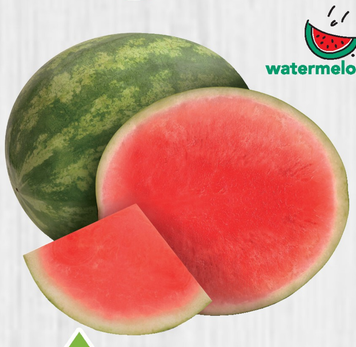
PRICES IN EFFECT MAY 2 3 4 5 6 7 8 2024

Fresh Produce

SWEET BELL RAINBOW PEPPERS
Ontario #1 • 3 pk
5.99

PLUMP RIPE BLUEBERRIES
Mexico #1 • 6 oz clamshell
3.99

watermelon.org



1.69 lb
SWEET JUICY SEEDLESS WATERMELON
US #1 • 3.73 kg
½'s and ¼'s

2.99 lb
PLUMP RIPE HOT HOUSE TOMATOES
Ontario #1
6.59 kg

GREEN PEPPERS
Florida #1
6.59 kg
2.99 lb

Fresh from Florida

SWEET PEACHES AND CREAM CORN
Florida #1
4/$5

Fresh from Florida

HOT DEAL

WHOLE WHITE MUSHROOMS
Ontario #1
8 oz cello
2/$6

SWEET CRUNCHY COSMIC CRISP APPLES
Washington #1 • 5.49 kg
2.49 lb

2.99 lb

SWEET JUICY BLACK PLUMS
Chile #1 • 8.80 kg
3.99 lb

FRESH BROCCOLI CROWNS
Mexico #1
6.59 kg

Organic

SWEET SUCCULENT MANGOES
Mexico #1
2.99

2.99
MINI SEEDLESS CUCUMBERS
Ontario #1
6 pk tray

4.49
CLASSIC BRAND ORGANIC SALADS
US #1
5 oz clamshell

Breakfast

SAVE $1.00
3.99
LACTANTIA HEALTHY ATTITUDE MARGARINE 427g • **Reg. 4.99**

2/6.50
DEMPSTER'S ENGLISH MUFFINS
6 pk • Plain

4.99
PHILADELPHIA CREAM CHEESE SPREAD
227g • Assorted

2/4.44
SPRAGUE BAKED BEANS
398mL cans • Assorted

SAVE $1.80

3.99
TIM HORTONS SPECIALTY TEA
20 ct • Assorted • **Reg. 5.79**

SAVE $1.00
3.99
DEL MONTE CHILLED JUICE
1.6 L • Assorted • **Reg. 4.99**

SAVE $1.50
5.99
CAMP 100% PURE MAPLE SYRUP 250mL • **Reg. 7.49**

10.49
BILLY BEE HONEY
500g

4.99
DANONE OIKOS GREEK YOGURT 4 pk • Assorted

6.49
SMUCKER'S DOUBLE FRUIT or **PURE JAMS** and **MARMALADES**
500mL • *Excluding Raspberry*
or **JIF PEANUT BUTTER** 1 kg • Assorted

5.99
KELLOGG'S CEREAL 306-525g • Assorted

SAVE $2.00

6.99
TETLEY TEA
40-48 ct • Assorted • **Reg. 8.99**

SAVE $2.00

6.49
NESCAFÉ INSTANT COFFEE
170g • Assorted • **Reg. 8.49**

SAVE $4.00

12.99
BALZAC'S COFFEE 300-340g or 18 pk pods • Assorted • **Reg. 16.99**

Choice Cuts

4.99 lb
SAVE $2.26/lb

FRESH
CRYOVAC PORK BACK RIBS
11.00 kg

FRESH
LEAN GROUND BEEF
13.21 kg • Family Pack

5.99 lb

Spring is in the air!

CANADIAN BEEF

CANADIAN AA OR HIGHER
STRIPLOIN GRILLING STEAK
37.46 kg

CANADIAN BEEF

6.99 lb

FRESH
LEAN ALL BEEF PATTIES
15.41 kg
Store made

TIME TO THAW OUT THE GRILL

16.99 lb

BELMONT MEATS PRIME RIB BURGERS
or **BUTTERBALL TURKEY BURGERS**
852g

12.99

3.99

LARSEN COACHMAN WIENERS 375g

6.49

SCHNEIDERS SMOKED SAUSAGES
375g • Assorted

SAVE $2.00

6.99

SCHNEIDERS BREAKFAST ROUNDS
375g • **Reg. 8.99**

SAVE $2.00

7.99

MAPLE LEAF PREPPED & READY NATURAL MEATS
250g • Assorted • **Reg. 9.99**

SAVE $2.00

4.99

SWIFT PREMIUM SLICED BACON
375g • **Reg. 6.99**

HOT DEAL

2/$6

CHRIS BROTHERS PIZZA VARIETY PACK
175g

From the Sea

FRESH
WHOLE STEELHEAD TROUT
13.20 kg
Product of Newfoundland

5.99 lb
SAVE $2.00/lb

SOFINA BREADED FISH FILLETS
1 kg

8.99

25.99

WILD ARGENTINIAN SHRIMP
2 lb • 13/15

2/$7

LAND & SEA FISH CAKES 380g

Frozen

CAVENDISH GARLIC AND ROSEMARY WEDGES
5 lb

8.99

Les Fermes Cavendish Farms

CAVENDISH SHOESTRING FRIES
4.5 lb

7.99

WONG WING EGG ROLLS
1.25 kg
Assorted

12.99

4.99

MCCAIN FRIES
650-800g • Assorted

Alasko

8.99

ALASKO STRAWBERRIES
1 kg

5.77

FURLANI TEXAS TOAST
288g • 3 Cheese

5.79

GREEN GIANT NIBBLERS CORN ON THE COB 12 ct

5.99

SMUCKER'S UNCRUSTABLES
208-232g • Assorted

Grocery

2/$4

HUNT'S MANWICH SAUCE
398mL

10.99

KRAFT MIRACLE WHIP
1.5 L • Assorted

2/$7

CLOVER LEAF ALBACORE WHITE TUNA
170g • Flaked or Chunk

6.49

CARNATION HOT CHOCOLATE
450g • Assorted

3.29

DARE BEAR PAWS 140-270g or **VIVA PUFFS** 300g • Assorted

2.79

HUNT'S THICK & RICH PASTA SAUCE 680mL • Assorted

2/$4

SWISS CHALET GRAVY AND DIPPING SAUCE 284mL • Assorted

2.49

DEL MONTE DICED BEETS
398mL

2/$5

CHEETOS MAC 'N CHEESE
170g • Assorted

SAVE $1.50

3.49

FIBRE 1 BARS
125-175g • Assorted • **Reg. 4.99**

2/$6

PURITAN BEANS AND WIENERS
425g

2/$3

PRIMO PIZZA SAUCE
213g

SAVE $1.50

5.99

KRAFT SINGLES
410g • Assorted • **Reg. 7.49**

5.49

CLASSICO PASTA SAUCE
410-650mL • Assorted

2.99

STOVE TOP STUFFING
120g • Assorted

SAVE $1.50

3.99

STUBB'S BBQ SAUCE
450mL • Assorted • **Reg. 5.49**

5.99

HEINZ 57 SAUCE
500mL

22.99

TIM HORTONS K-CUPS
30 ct • Assorted

4.49

CROSBY'S MOLASSES
675g

5.49

KRAFT TARTAR SAUCE
355mL

3.69

CHRISTIE SNACKING CRACKERS
175-200g •Assorted

3.79

MIO, CRYSTAL LIGHT, KOOL-AID, COUNTRY TIME or **TANG DRINK ENHANCERS** 48mL

6.29

OCEAN SPRAY COCKTAILS
6 pk • Assorted

5.49

BICK'S SLICED BEETS
750mL

2/$8

POPCORNERS
142g • Assorted

Around *the* Home

2/4.44

WHITE SWAN NAPKINS
100 ct

SAVE $3.22

SPONGE TOWELS
6 Roll
Reg. 11.99

8.77

SAVE $3.30

7.99

SCOTTIES FACIAL TISSUES
6 pk • **Reg. 11.29**

MR. CLEAN DISINFECTANT
1.2 L
Assorted

5.49

SAVE $1.50

SCRUB FREE BATHROOM CLEANER
950mL • Assorted
Reg. 5.99

4.49

SUNLIGHT ORANGE ANTIBACTERIAL DISH LIQUID
562mL

2/$6

SAVE $2.00

OLD DUTCH CONCENTRATED BLEACH 2.4 L
Reg. 6.49

4.49

SAVE $2.22

6.77

PUREX LAUNDRY DETERGENT
1.47-2.04 L • Assorted• **Reg. 8.99**

ARTHUR JAMES CLOTHING COMPANY

VIP EVENT

one day! **Sunday, May 5** *In-store and Online!*

Buy more, SAVE MORE!

Buy 2 items get 10% off
Buy 3 items get 15% off
Buy 4 or more items get 20% off

In-store hours: 12-5pm. Includes regular price and sale items. Some exceptions may apply.

Plus $20 coupon for purchases over $99 *In-store only!*

26 CARIBOU RD., CORNER BROOK • 6 CENTENNIAL SQUARE, MOUNT PEARL • 370 NEWFOUNDLAND DR., ST. JOHN'S

Bakery & Deli

Available at select locations

NEW YORK BAGEL CRISPS
170g
Assorted

4.99

PAPILLE ROSETTE DE LYON
300g
Assorted

11.99

WOOLWICH GOAT CHEESE
113g
Assorted

4.49

3 PK FRUIT TURNOVERS
Assorted

FANCY POKKET BAGELS
540g • Assorted

4.49

QUINN'S SWISS ROLLS
400g • Assorted

5.99

OZERY MORNING ROUNDS
450g • Assorted

4.99

Baking

LOW-FAT CHERRY-ALMOND ANGEL CAKE

3.99

LACTANTIA CREAM CHEESE
250g • Original or Light • **Reg. 4.99**

5.99

GHIRARDELLI CHOCOLATE CHIPS
250-326g • Assorted

5.49

KRAFT DREAM WHIP
170g

4.49

BETTY CROCKER ANGEL FOOD CAKE 430g

1 box Betty Crocker™ Angel Food Cake Mix
1 1/3 cups cold water
1 1/2 teaspoons almond extract
1/2 cup chopped maraschino cherries, drained
2 tablespoons butter or margarine, melted
2 cups powdered sugar
2 tablespoons maraschino cherry juice

Move oven rack to lowest position. Heat oven to 350°F. In extra-large glass or metal bowl, beat cake mix, cold water and extract on low speed 30 seconds. Beat on medium speed 1 minute. Carefully fold in cherries. Pour into ungreased 10-inch angel food cake pan.

Bake 37 to 47 minutes or until top is dark golden brown and cracks feel very dry and not sticky. Do not underbake. Immediately turn pan upside down until cake is completely cooled, about 2 hours. Run knife around edge of cake; remove from pan.

In medium bowl, mix butter, powdered sugar and cherry juice. Spread glaze over top of cake, allowing some to drizzle down side. Garnish with whole cherries.

ROBIN HOOD ALL PURPOSE FLOUR
1 kg

4.49

3.99

FLEISCHMANN'S CORN STARCH
454g • **Reg. 4.99**

4.49

PILLSBURY READY TO BAKE COOKIES 454g

4.49

DALTONS RED MARASCHINO CHERRIES 375mL

Pet Supplies

PURINA FANCY FEAST CAT FOOD
85g
Assorted

4/$5

6.99

MEOW MIX ORIGINAL CHOICE
2 kg • **Reg. 10.49**

2/$7

MILK-BONE DOG TREAT BISCUITS 450g • Assorted

10.99

ALPO MOIST & MEATY DOG FOOD
1.53 kg • Lamb or Chicken • **Reg. 13.49**

COLEMANS PUP OF THE WEEK

CINCO DE MAYO

SAVE $1.02

2/$6

1.47

2/$7.50

11.99

OLD EL PASO TACO SHELLS 125-155g, **MEXICAN RICE** 215g, **REFRIED BEANS** 398mL or **SOFT FLOUR TORTILLAS** 297-334g • Assorted

OLD EL PASO SEASONING 24-35g • Assorted • **Reg. 1.02**

OLD DUTCH RESTAURANTE CHIPS 290g or **SALSA** 400-430mL • Assorted

SUN BREW CORONA 6x330mL

6.99

Lactose Free Options!

BLACK DIAMOND CHEESE BLOCKS 400g or **SHREDS** 300-320g • Assorted

SAVE $1.00

3.99

MINUTE MAID NO SUGAR ADDED JUICE 1.54 L • Assorted • **Reg. 4.99**

2/$5

CATELLI HEALTHY HARVEST, SMART or **ANCIENT GRAINS PASTA** 340-375g • Assorted

SAVE $1.30

2.99

FRENCH'S SPECIALTY MUSTARDS 325mL • Assorted • **Reg. 4.29**

1.79

GREEN GIANT VEGETABLES 341-398mL • Assorted

SAVE $1.00

2.99

MARIO'S CHOPPED HAM 340g • **Reg. 3.99**

SAVE $3.00

6.99

IMPERIAL SOFT MARGARINE 1.28 kg • **Reg. 9.99**

SAVE $2.50

6.99

PARKAY MARGARINE 3 lb • 1/2 cup squares • **Reg. 9.49**

3.49

GRAVES APPLE JUICE 1.36 L • Assorted

4.44

RED BARON PIZZA 318-326g • 5" Single Serve • Assorted

SAVE $3.50

11.99

CAVENDISH CRISPY TEMPURA ONION RINGS 1.5 kg • **Reg. 15.49**

2/$7

VILLAGGIO BREAD 675g • White or Whole Wheat

SAVE $1.00

2.99

GRISSOL CROUTONS 135g • Assorted • **Reg. 3.99**

SAVE $2.00

3.99

HIDDEN VALLEY SALAD DRESSING 473mL • Assorted • **Reg. 5.99**

HOT DEAL 3.49

DUNKAROOS 168g • Assorted
While supplies last • **Reg. 5.99**

SAVE $2.00

6.99

BLACK DIAMOND CHEESTRINGS 252-336g • Assorted • **Reg. 8.99**

15.99

DOLE FRUIT BOWLS 20 pk • Assorted

3.49

PEPPERIDGE FARMS GOLD FISH CRACKERS 167-227g • Assorted

SAVE $1.80

2.99

DARE WAGON WHEELS 315-360g • Assorted • **Reg. 4.79**

2/$7.50

VACHON SNACK CAKES 220-410g • Assorted

SAVE $3.50

9.99

BUD ZERO 6x355mL • **Reg. 13.49**

SAVE $1.90

5.99

POWERADE SPORTS DRINK 6x591mL • Assorted • **Reg. 7.39**

4/$5

PEPSI or **COKE PRODUCTS** 1 L • Assorted or **AQUAFINA WATER** 1 L

2/$8.50

RUFFLES or **MISS VICKIE'S CHIPS** 180-220g • Assorted

We reserve the right to limit quantities. Text prevails over photos. Prices do not include sales tax where applicable. Some items may not be available at all locations.