

DEALS DEALS DEALS DEALS FOR DAYS EVENT



WOW!
.88 LB

TOMATOES ON THE VINE
product of Canada or Mexico
1.94/kg
tomatoes sur vigne
20038703001 EA



SAVE 41%
.88

GREEN ONIONS
product of Mexico
bunch
oignons verts
20107300001 EA

**ALLEN'S APPLE JUICE or
FRUIT COCKTAIL**
selected varieties
1 L
jus de pomme
20207458001 EA

SAVE 40%
.88



SAVE UP TO 73%
.88

GLAD CLING WRAP 30 m or
TITAN ALUMINUM FOIL or
WAX PAPER 25 ft
pellicule plastique ou papier d'aluminium ou papier cire
2003818 EA/21408421 EA

BIG DEALS FOR LITTLE ONES



SAVE 20%
19⁹⁹

HUGGIES SUPER BIG PACK DIAPERS
size N-7, selected varieties
32-108's
couches
21456311 EA



ORGANIC
\$1

PC ORGANICS BABY FOOD POUCHES
selected varieties
128 mL
aliments pour bébé en sachets
20651248003 EA/20666147904 EA

Optimum
10,000 pts
when you spend
\$50* or more on



DIAPERS, WIPES, FORMULA, FOOD, NEEDS or ACCESSORIES
all sizes and varieties
couches ou lingettes ou préparation ou aliments ou articles ou accessoires
20323077001 EA/20651248003 EA/21432245 EA/21456311 EA



SAVE UP TO 44%

9⁹⁹

FINISH DISHWASHER TABS 30-55's or **JET-DRY** 946 mL selected varieties capsules de détergent pour lave-vaisselle ou agent de rinçage 21545323 EA

120 LOADS



SAVE 33%

9⁹⁹

TIDE PODS 31/23/18's **LAUNDRY DETERGENT, DOWNY FABRIC SOFTENER** 1.89-2.63 L **DOWNY** or **GAIN SCENT BOOSTERS** 379 g or **BOUNCE DRYER SHEETS** 120/200's selected varieties détergent ou assouplissant ou rehausseurs de parfum ou feuilles 21550428 EA/20680315 EA



SAVE UP TO 11%

7⁹⁹

15=30 ROLLS

ROYALE BATHROOM TISSUE selected varieties papier hygiénique 21172800 EA



SAVE UP TO 12%

7⁹⁹

2/3=6 ROLLS

ROYALE TIGER TOWELS selected varieties essuie-tout 21484702 EA



SAVE 20%

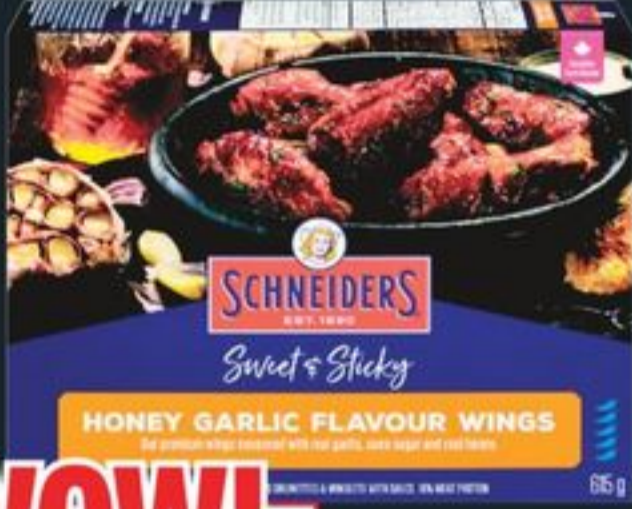
3⁹⁹

PC® PLANET FIRST™ ALL PURPOSE CLEANER selected varieties 700 mL nettoyeur tout usage 21543267 EA/21543302 EA

DEALS DEALS DEALS FOR DAYS EVENT

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, APRIL 18 TO WEDNESDAY, APRIL 24, 2024.



WOW!
5.99

SCHNEIDER'S CHICKEN WINGS
selected varieties, frozen
615 g
ailes de poulet
21372433 EA



HOT DEAL!

2.99
LB

PORK BACK RIBS
fresh, cryovac package
côtes de dos de porc
6.59/kg
20239072 EA

WHILE QUANTITIES LAST



SAVE 22%
3.88

4 LB BAG
FARMER'S MARKET MANDARINS
product of Morocco or Turkey
mandarines
30054023001 EA



\$1
value

APP EXCLUSIVE OFFER*
Optimum
1,000 pts

6 LB BAG
NO NAME NATURALLY IMPERFECT APPLES
product of Ontario
pommes
3084993001 EA

3.99



SAVE 14%
2.99

POST CEREAL
selected varieties
311-525 g
céréales
21427214 EA/21313492 EA



SAVE 30%
3.49

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
320-410 g
pizza
20296100001 EA/20296424006 EA



Optimum
Members-Only Price*
17.88
Non-members
22.88

7 KG
OX HEAD BRAND JASMINE RICE
Riz au Jasmin
21368401



SAVE UP TO 16%
1.25

GRACE COCONUT MILK 400 mL or **COCONUT WATER** 500 mL
selected varieties
lait de noix de coco ou eau de noix de coco
30047774 EA/20423671 EA



SAVE 24%
1.88

PC KETTLE, LOADS OF or WORLD OF CHIPS
selected varieties
200 g
croustilles
30849911004 EA



SAVE 37%
1.88

CAMPBELL'S CHUNKY 515 mL, **READY TO SERVE** 515 mL or **HABITANT SOUP** 796 mL
selected varieties
soupe
21679030 EA/21490447 EA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY. (excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario) [nofrills.ca](https://www.nofrills.ca)

DEALS DEALS DEALS FOR DAYS EVENT



3⁹⁹

PKG OF 5 OR 6

AVOCADOS product of Mexico or **CAULIFLOWER** product of U.S.A., no. 1 grade
20142233001 EA/20133379001 EA



.99

ATAULFO or RED MANGO
product of Mexico
mango
20121509001 EA/20099633001 EA



3 LB BAG

1 LB CLAMSHELL

FARMER'S MARKET™ NAVEL ORANGES
product of Morocco, Turkey or Egypt or **STRAWBERRIES** product of U.S.A., no. 1 grade
20102945001 EA/20049778001 EA

3⁹⁹



If your produce isn't fresh, we'll replace AND refund it.*



1⁹⁹

BROCCOLI CROWNS each product of Mexico or U.S.A. or **BUNCH SPINACH** product of U.S.A.
21121040001 EA/20102388001 EA



1⁹⁹

POMEGRANATES
product of Peru
pomegranate
20134707001 EA



2⁹⁹

6 OZ CLAMSHELL BLACKBERRIES product of Mexico or **RASPBERRIES** product of U.S.A., no. 1 grade
20001013001 EA/20139108001 EA



1²⁹

ENGLISH CUCUMBERS
product of Ontario, Canada no. 1 grade each
20079133001 EA



2⁹⁹

ASPARAGUS, product of Mexico, no. 1 grade, or **CELERY,** product of U.S.A., no. 1 grade
201310801 EA/20102118001 EA

325 G



1⁹⁹

BARTLETT PEARS product of Argentina, extra heavy grade or **FORELLE PEARS** product of South Africa, extra heavy grade
4.79 kg
20121026001 EA/20140210001 EA



1⁶⁹

COCONUTS
product of Dominican Republic
each
20080774001 EA



2⁹⁹

CANTALOUPE each, product of Guatemala or Honduras, no. 1 grade or **BLACK PLUMS** each, no. 1 grade
20102945001 EA/20102945001 EA

EA/LB



4⁹⁹

425 G MANN'S SNAP PEAS
product of U.S.A.
20443328 EA



2⁹⁹

GREEN BEANS
product of U.S.A.
4.59 kg
2013420001 EA



3⁹⁹

454 G PC™ WHOLE CREMINI or WHITE MUSHROOMS
product of Ontario
20099633001 EA/20099633001 EA



3⁹⁹

PKG OF 11 FARMER'S MARKET™ MINI CUCUMBERS
product of Ontario, Canada no. 1 grade
21121040001 EA



4⁹⁹

681 G PC™ VARIETY TOMATOES
product of Canada or Mexico
20099633001 EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.



DEALS DEALS DEALS FOR DAYS EVENT

2.99
LB

PORK COMBO CHOP
bone-in, fresh
côtelettes de porc

6.59/kg
20623470 KG
WHILE QUANTITIES LAST



**MAPLE LEAF PRIME
EXTRA LEAN GROUND CHICKEN or
TURKEY or SUFRA® HALAL
LEAN GROUND CHICKEN**

454 g
poulet haché ou hachis de dinde
20704483 EA/2081190 EA

\$8



**CLUB
SIZE**

**EXTRA LEAN
GROUND BEEF**
fresh
boeuf haché extra maigre

13.21/kg
20337910 KG

5.99
LB



**SEAQUEST® PINK SALMON, COD,
SOLE, TILAPIA, BASA, HADDOCK or
WILD POLLOCK FILLET**
selected varieties, frozen
400 g
filet de poisson

5.99

21314740 EA

**SEAQUEST®
RAW SHELL ON
SHRIMP or COOKED
PEELED SHRIMP
or
BAY SCALLOPS**
400 g
frozen
crevettes ou pétoncles

5.99

21043483 EA



**SCHNEIDERS
REDHOTS
WIENERS
LUNCH KITS or
STACKERS**
375 g or
90-120 g
selected varieties
saucisses fumées ou
trousses-repas

3.49

21310034 EA

**MARCANGELO
ITALIAN
SAUSAGES or
MEATBALLS**
selected varieties
1 kg
saucisses italiennes ou
boulettes de viande

10.99

20667488 EA



**PC®, BLUE MENU®,
THICK & JUICY™ or
FREE FROM®
BURGERS**
selected varieties, frozen
1.02-1.36 kg
burgers

\$14

20941230 EA



**PC® ALL BUTTER
CROISSANTS
READY TO BAKE**
selected varieties, frozen
312-340 g
croissants

\$4

21548122 EA



**PILLER'S
KOLBASSA or
SLICED
PEPPERONI**
selected varieties
250-375 g
kolbassa ou pepperoni

\$6

20942323 EA/20208409 EA



**ZIGGY'S®
FETA CHEESE**
selected varieties
400 g
feta

\$8

20392952 EA



**NO NAME®
BAGELS or
ENGLISH
MUFFINS
TORTILLAS
or BUNS**
6 1/2" or
8 1/2"
selected varieties
muffins anglais ou tortillas
ou petits pains

1.75

21297831 EA/21509434 EA



**WONDER
BREAD 675 g or
BUNS 8 1/2" or
DEMPSTER
BREAD 675 g or
BUNS 8 1/2"**
selected varieties
pain ou petits pains

2.49

20274294 EA/21317479 EA



**FARMER'S MARKET®
MINI DOUGHNUTS**
selected varieties
600 g
mini-beignes

4.50

21539343 EA

\$1
each

**DEALS
DEALS
DEALS
FOR DAYS
EVENT**



\$1

YOPLAIT YOP DRINKABLE YOGURT
selected varieties
200 mL
yogourt à boire
21478178 SA/21478300 SA



SAVE 32%

\$1

NEILSON CHOCOLATE MILK 750 mL or **SHAKES** 310 mL or **M2GO FLAVOURED MILK** 310 mL
selected varieties
lait ou chocolat ou lait aromatisé ou boissons frappées
20764719 SA



SAVE 40%

\$1

CAMPBELL'S CREAM OF MUSHROOM, CHICKEN, NOODLE, VEGETABLE or TOMATO SOUP 254 mL soup
30176214004 SA



\$1

CLUB HOUSE GRAVY or DRY SAUCE MIXES
selected varieties
21-47 g
sauce brune ou sauces déshydratées
20202814001 SA/20202814004 SA



UNICO TOMATO PASTE
selected varieties
156 mL
pâte de tomate
20060337 SA

\$1



KRAFT DINNER
original
200 g
macaroni au fromage
21549526 SA

\$1



\$1

SAPPRO ICHIBAN NOODLES
selected varieties
100 g
nouilles
20237397001 SA



\$1

BEN'S ORIGINAL FAST & FANCY RICE
selected varieties, 132 g
riz
21247330 SA



PC FREE & CLEAR or BLUE MENU SPARKLING WATER
selected varieties
1 L
eau pétillante
20143281003 SA/
20120423004 SA

\$1



\$1

CARNABY SWEET FREEZE POP 18x20 mL
bonbons glacés
21163330 SA
WHILE QUANTITIES LAST



\$1

NO NAME CHOCOLATE BAR 100 g or **CARNABY SWEET CANDY** 125 g
selected varieties
chocolat ou bonbons
20046727 SA/21217409 SA



\$1

DARE BREAKTIME COOKIES
selected varieties, 250 g
biscuits
21130214 SA



\$1

COLGATE or CREST TOOTHPASTE 50-100 mL or **MANUAL TOOTHBRUSH** 1 set
selected varieties
brosse à dents ou dentifrice
20228731002 SA/20213362 SA



\$1

NO NAME FACIAL TISSUE
1x126 sheets
mouchoirs
20210999 SA



\$1

COMET POWDER CLEANER 400 g or **NO NAME GEL AIR CONES** 170 g
selected varieties
nettoyant ou assainisseur d'air
21162096 SA/2140448 SA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details.

APRIL

**HIT
OF THE
MONTH**



\$2

Cavendish Farms Fries
800g, selected varieties, frozen
Limit: 6, over limit retail \$2.99

Optimum
Members-Only Price
\$2
Non-Members
\$2.99



Lederer Go Pure
140-175g, selected varieties
Limit: 6, over limit retail \$2.99

\$3



Feastables
Mr. Beast Chocolate Bars
60g, selected varieties
Limit: 8, over limit retail \$3.99
While quantities last.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from April 1st - 30th, 2024.

DEALS DEALS DEALS DEALS FOR DAYS EVENT



5⁷⁹

NEILSON TRUTASTE 1%, 2%, SKIM or CHOCOLATE 4L or LACTOSE FREE 2L MILK
selected varieties
lait
30148477_EA/20188053001_EA



SAVE 23%

5⁷⁷

CRACKER BARREL CHEESE SHREDS
selected varieties
320 g
fromage râpé
3179016_EA



2⁹⁹

DANONE ACTIVIA YOGURT TUB
selected varieties
650 g
contenant de yogourt
3022512091_EA/20223122002_EA



500⁺

2⁹⁹

TETLEY HERBAL TEA
selected varieties
30/34 g
thé
3017118_EA



2⁹⁹

KELLOGG'S RICE KRISPIES POP TARTS SPECIAL K MULTI-GRAIN BARS
selected varieties
barres
301704001_EA



4⁷⁹

SMUCKER'S JAM, MARMALADE or JELLY
selected varieties
310-500 mL
confiture ou marmelade ou gelée
30180401_EA/301274901_EA



5⁹⁹

NUTELLA HAZELNUT SPREAD
720 g
confiture de noisettes
3018101_EA



3⁴⁹

PC THE DECADENT CHOCOLATE CHIPS
selected varieties
224-300 g
chipses de chocolat
3018073_EA



3⁹⁹

LAVAZZA ROAST AND GROUND COFFEE or TAZO TEA CONCENTRATE
selected varieties
150 mL
café torréfié et moulu ou concentré de thé
30180401_EA/30180401_EA



5⁴⁹

GENERAL MILLS FAMILY SIZE CEREAL
selected varieties
473-778 g
céréales
30180401_EA/30180401_EA



8⁹⁹

KELLOGG'S JUMBO CEREAL
selected varieties
750 g / 1.7 kg
céréales
3018073_EA



2⁹⁹

MINUTE MAID, FIVE ALIVE NECTRA ICED TEA DRINK BOXES
selected varieties
8/10/20/40 mL
boîtes de boisson
30180401_EA/30180401_EA



3⁹⁹

PEPSI SOFT DRINKS
selected varieties
44/710 mL
boissons gazeuses
30180401_EA/30180401_EA



6⁹⁹

KRAFT CHEEZ WHIZ
900 g
produit de fromage fondu
30180401_EA



13⁹⁹

KRISPY KREME, TIMOTHY'S or DONUT HOUSE COFFEE PODS or PC WHOLE BEAN COFFEE
selected varieties
café de café en grains
30180401_EA/30180401_EA

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Get*
3,000^{pts}

for every \$9* spent on Danone yogurt

all varieties and sizes
yogourt
20325384002_EA/20419715004_EA

\$3
value



DEALS DEALS DEALS DEALS DEALS FOR DAYS EVENT



SAVE UP TO 21%
8⁹⁹

PC[®] ENTRÉES 600 g-1.13 kg SWANSON OVEN EASY MEALS 879/992 g or SWANSON FAMILY SKILLETS 1.19 kg
selected varieties, frozen
plats cuisinés
30226534 EA/21559264 EA



SAVE UP TO 44%
3⁴⁹

CHAPMAN'S COLLECTION 8¹ or LOLLY NOVELTIES 28¹
selected varieties, frozen
crème glacée ou friandises glacées
20222737001 EA/20248149 EA

POGO
selected varieties, frozen
8/10¹
soudées sur bâtonnets
2005202001 EA

SAVE 20%
7⁹⁹



2⁴⁹
PEPPERIDGE FARM GOLDFISH CRACKERS
selected varieties
136/252 g
craquelins
20222737001 EA

2⁴⁹
DARE CRACKERS
selected varieties
136/252 g
craquelins
20222737001 EA

2⁴⁹
DARE COOKIES
selected varieties
108/213 g
biscuits
20222737001 EA

3⁹⁹
TOSTITOS TORTILLA 300/295 g or MISS VICKIE'S POTATO 190/200 g CHIPS
selected varieties
soudées
20222737001 EA



4⁷⁹
MOTT'S CLAMATO PARTY PAK
selected varieties
1.34 L
jus de poisson des
20222737001 EA

5⁷⁷
BLACK DIAMOND CHEESTRINGS 16¹ or STICKS 10¹
selected varieties
bonbons attachables ou bâtonnets
20222737001 EA

10⁹⁹
NO NAME[®] ALL PURPOSE FLOUR
selected varieties
10/213 g
farine
20222737001 EA

13⁹⁹
ARM & HAMMER LIQUID LAUNDRY DETERGENT
selected varieties
4.0 L
détergent à lessive liquide
20222737001 EA



3⁹⁹
PINE-SOL CLEANER
selected varieties
1.4 L
nettoyant
20222737001 EA

6⁹⁹
HEFTY GARBAGE BAGS
selected varieties
17/40¹
sacs à ordures
20222737001 EA

8⁹⁹
PALMOLIVE LIQUID DISH SOAP
selected varieties
4.37 L
savon liquide à vaisselle
20222737001 EA

14⁹⁹
GAIN LIQUID 4.0 L or FLINGS 2¹ LAUNDRY DETERGENT
selected varieties
détergent à lessive
20222737001 EA

SUMMER SWEET WAVE



\$2
NESTLÉ, MARS or HERSHEY'S KING SIZE BAR
selected varieties
42/92 g
bonbons de chocolat
20222737001 EA

2⁴⁹
TWIZZLERS LICORICE
selected varieties
213/434 g
bonbons
20222737001 EA

\$3
SKITTLES CANDY 230/220 g or EXCEL GUM BOTTLE 81¹
selected varieties
bonbons ou gomme
20222737001 EA

3⁴⁹
MAYNARDS MEDIUM BAG 308/311 g or FERRERO ROCHER TABLET 10¹
selected varieties
chocolat ou bonbons
20222737001 EA

DEALS DEALS DEALS DEALS FOR DAYS EVENT

22⁹⁹

**PAMPERS SUPER
BIG PACK DIAPERS**
size N-8, 38-120's
couches
21370844 EA



2⁹⁹

**HUGGIES or PAMPERS
1X BABY WIPES** 36-72's
selected varieties
couches
20557396 EA/20708133 EA



**HUGGIES PULL UPS or
PAMPERS EASY UPS
CLUB PACK TRAINING PANTS**
selected varieties
couches d'entraînement
46-74's
21087365 EA

26⁹⁹

4⁴⁹

GERBER INFANT CEREAL
selected varieties
227 g
céréales pour bébé
20328329007 EA



9⁹⁹

**PEDIASURE COMPLETE
NUTRITIONAL
SUPPLEMENT** 4x235mL
selected varieties
supplément nutritionnel
2032541481 EA



4⁴⁹

Q-TIPS COTTON SWABS
500's
coton-tiges
20323077001 EA



4⁹⁹

**L'ORÉAL PARIS HAIR
EXPERTISE HAIR CARE**
selected varieties
150-385 mL
soins capillaires
203240308003 EA/2032541481 EA



3⁹⁹

**AXE BODY SPRAY 113 g,
DEODORANT 76/85 g,
BODY WASH or
HAIR CARE 473 mL**
selected varieties
spécialisé pour le corps ou
déodorant ou shampooing pour le corps ou
soins capillaires
2030471901 EA/21424066 EA



10⁹⁹

AVEENO LOTION
selected varieties
532 mL
lotion
2032030301 EA/2032030301 EA



**ALWAYS
\$5**

**LIFE BRAND®
LIQUID HAND
SOAP REFILL**
2 L
recharge de savon liquide pour les mains
2128743002 EA/2128743002 EA



**ALWAYS
\$8**

**LIFE BRAND®
EPSOM SALTS**
4 kg
sels d'Epsom
2128743002 EA



**ALWAYS
\$10**

**LIFE BRAND®
GENTLE CLEANSER**
500 mL
nettoyant
2128743002 EA



DELI DEALS!

A story of super value.



\$5

INDIVIDUAL HAND PANNED PIZZA
selected varieties
222-245 g
pizza
21366336 EA



6.49

FANTINO & MONDELLO SPECIALTY DELI MEATS
selected varieties
100-200 g
charcuteries de spécialité
21551383 EA



5.99

GOURMET & GO ENTREE BOWLS
selected varieties
305-338 g
plats cuisinés
21382847 EA/21528202 EA



PC® CHEESE SLICES
selected varieties
140-170 g
tranches de fromage
20219790 EA/20220947 EA

\$6

MAPLE LEAF NATURAL SELECTIONS or SCHNEIDERS SLICED DELI MEAT
selected varieties
125-175 g
charcuterie tranchées
2009282 EA/21510791 EA

6.99



5.99

MASTRO SALAMI or SALAMI WITH PROSCIUTTO or SAN DANIELE PROSCIUTTO
selected varieties
salami ou salami avec prosciutto ou prosciutto
20241648 EA/21061099 EA



BERGERON GOUDA CHEESE CURDS
200 g
fromage en grains
21584444 EA

\$6



\$7

BARI RICOTTA CHEESE
selected varieties
500 g
ricotta
20572911 EA



3.99

PC® NAAN DIPPERS or SABRA HUMMUS
selected varieties
naan ou hummus
2009282 EA/21092822 EA



4.49

SNACK FACTORY PRETZEL CRISPS or SABRA GUACAMOLE
selected varieties
craquelins de bretzel ou guacamole
2009282 EA/21092822 EA



\$5

ZIGGY'S® OLIVES
selected varieties
300 mL
olives
2009282 EA/21092822 EA



BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Get*
3,000 pts

\$3
value

for every \$10* spent on
Oliveri Twin Pack pasta 450-500 g,
Skillet Gnocchi 280/300 g or **fresh sauce** 200 mL
pâtes ou gnocchi ou sauce
20321512 EA/21022065 EA/20114410 EA



ITALIAN FLAVOURS AT LOW PRICES



6⁹⁹

454 G CLAMSHELL

BLACK FIGS
product of Mexico
figues noires
2157374001 EA



2⁴⁹

FENNEL or RAPINI
product of U.S.A.
fenouil ou rapini
20003346001 EA/20048079001 EA



\$10

**SAPUTO MINI
FRIULANO CHEESE**
500 g
fromage
20708141 EA



1,000⁰⁰

\$1 Value

4⁴⁹

SAN DANIELE MORTADELLA 175 g or
MASTRO CAPOCOLLO 125 g
selected varieties
mortadelle ou capocollo
20576743 EA/20577341 EA



2⁴⁹

DE CECCO PASTA
selected varieties
454 g
pâtes
21054284 EA/21054286 EA

UNICO PASSATA
680 mL
passata
20414260 EA

2⁴⁹



1⁴⁹

AURORA SEA SALT
selected varieties
1 kg
sel de mer
20212279001 EA/20212279002 EA

**MARCANGELO
JUMBO SAUSAGES**
selected varieties, frozen
500/675 g
saucissons
21289731 EA

7⁸⁸



\$1

MILANO GIANT LADY FINGERS
150 g
doigts de dame
21344883 EA



\$2

LOCKER WAFERS
selected varieties
150/175 g
gouriettes
20221447001 EA

**SANPELLEGRINO
CARBONATED NATURAL
MINERAL WATER**
selected varieties
750 mL/1 L
eau minérale naturelle gazeifiée
2018294001 EA/21012401 EA

1⁹⁹



**PC[®] BALSAMIC
VINEGAR**
selected varieties
500 mL
vinaigre balsamique
20022442 EA

3⁴⁹



AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ITAL NFO

EAST ASIAN FLAVOURS AT LOW PRICES



2.49
LB

OKRA
product of U.S.A.
5.49/kg
gombos
20091263001, KG



DAIKON product of U.S.A.,
NAPA CABBAGE product of U.S.A. or Mexico or
TAIWANESE CABBAGE product of Mexico
2.18/kg
daikon ou chou
20082109001, KG/20015023001, KG/20020843001, KG

.99
LB



1.99
LB

BABY NAPA CABBAGE, BABY or SHANGHAI BOK CHOY, YU CHOY or GAI LON product of Mexico
4.39/kg
chou ou pak-choi ou brocoli chinois ou chou cantonnais ou brocoli chinois
20082129001, KG/20003040001, KG/20032454001, KG



JAPANESE SWEET YAMS
product of U.S.A.
4.39/kg
ignames
20082109001, KG/20015023001, KG

1.99
LB



6.88
LB

PORK BELLY SLICES
fresh
15.17/kg
tranches de poitrine de porc
2023421, KG

SEAHORSE COOKED SHRIMP
90/120 per lb or
PMC SEAFOOD MEDLEY 340 g
frozen
crevettes cuites ou mélange de produits de la mer
2023794, EA

6.99



PMC TILAPIA
1.36 kg or
WHOLE GOLDEN POMPANO
700 g
frozen
tilapia entier ou pompano doré entier
2142335, EA

7.99



PRICE DROP

Lowered price for a longer time.

T&T SOY SAUCE
light or dark
500 mL
sauce soja
20699142, EA

PRICE DROP
2.29



KOKUHO RICE
CALIFORNIA PREMIUM
RICE - RIZ

KOKUHO CALROSE RICE
2 kg
riz
21449907, EA

PRICE DROP
7.99

FOCO COCONUT JUICE
520 mL
jus de coco
20180413, EA



PRICE DROP
1.49



PRICE DROP
\$3

CENTURY TUNA
selected varieties
180 g
thon
21289129, EA



PRICE DROP
5.99

O'TASTY DUMPLINGS
selected varieties, frozen
567 g
boulettes
20219343004, EA



PRICE DROP
1.29

PALDO INSTANT NOODLE BOWLS
selected varieties
86 g
bols de nouilles instantanées
20211340001, EA



PRICE DROP
1.49

PALDO ROASTED SEAWEED
15 g
algues rôties
20431251, EA



PRICE DROP
1.99

ERAWAN RICE STICKS
selected varieties
454 g
nouilles de riz
2024344001, EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFO

CHAG SAMEACH

Bring home big deals on your favourite Passover dishes.



FUYU PERSIMMONS
product of Brazil
each
30129437001 EA

1.49



HONEYCRISP APPLES
product of U.S.A.,
extra fancy grade
pommes
4.39/kg
30132621001 KG

1.99
LB



GROWN IN CANADA

4.99

10 LB BAG

FARMER'S MARKET™ YELLOW POTATOES
product of Canada, Canada no. 1 grade
pommes de terre jaunes
30601017001 EA



EGGPLANT
product of Mexico
aubergine
4.39/kg
30155709001 KG

1.99
LB



KOSHER MEHADRIN BEEF SALAMI
275 g
salami de boeuf
3104061 EA

9.99



5.49
LB



SHEFA SMOKED TURKEY DRUMSTICK
pilon de dinde
12.10/kg
303796 EA



32.99
LB

KOSHER MEHADRIN LAMB CHOPS
1st cut
côtelettes d'agneau
72.73/kg
3084124 KG



5.99

FOODFEST LUXURY HERRING SNAX IN WINE MARINADE
220 g
hering en marinade
3060173 EA



8.99

NANUK SMOKE SOCKEYE SALMON
85 g
saumon fumé
3109264 EA

SOCKEYE SALMON SAUMON SOCKEYE
85 g



3.29
LB

MARVID CHICKEN LEGS
super chik pack
cuisse de poulet
7.22/kg
3112470 KG



8.99
LB

MARVID CHICKEN SCALLOPINI
500 g
escalope
19.82/kg
3001179 KG



16.99
LB

KOSHER MEHADRIN BEEF CUBES
cubes de boeuf de boeuf
22.46/kg
3081024 KG



10.99
LB

KOSHER MEHADRIN MEDIUM GROUND BEEF
boeuf haché au moyen
24.23/kg
3081132 KG



7.49

UNGAR'S GEFILTE FISH
saumon farci
567 g
poisson gefilté
3104288 EA



4.99

ARIEL MACAROONS, COOKIES or CAKES
saumon farci
300-450 g
macarons ou biscuits au génoise
3118097 EA, 3118097 EA

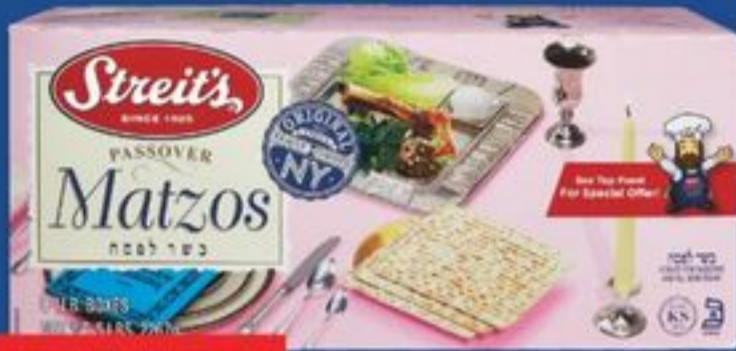
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AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 02 NFO

CHAG SAMEACH

Bring home big deals on your favourite Passover dishes.



9⁶⁹

STREIT'S MATZOS FOR PASSOVER
2267 g
matzo
20067133 EA



B'GAN APPLE JUICE or KEDEM GRAPE JUICE
selected varieties
1.89 L
3014023001 EA/21408633 EA

2⁹⁹

CROWN NATURAL PURE HONEY
375 g
miel
21543932 EA



6⁹⁹



STREIT'S MATZO BALL MIX or MATZO BALL & SOUP MIX
127 g
selected varieties
mélange à boulettes matzo ou mélange à soupe
20103419001 EA

1⁹⁹



LIPTON CONSOMME & RECIPE MIX
400 g
consommé
20069012 EA

5⁷⁹



NORMANT'S TASTE YOGURT
selected varieties
400 g
yogourt
21602114 EA

5⁷⁹



GALIL CORN or RICE CAKES
selected varieties
100 g
galettes de maïs ou de riz
21007012 EA/21007112 EA

1⁵⁹



MANISCHEWITZ, STREIT'S or HOLIDAY CANDY FRUIT SLICES
selected varieties
227 g
bonbons de fruits
20230714 EA/21007112 EA

2⁴⁹



HADDAR SEMI-SWEET DARK CHOCOLATE CHIPS
221 g
bonbons de chocolat
20132473 EA

3⁹⁹



YEHUDA GEFILTE FISH
selected varieties
480 g
poisson gefilte
20249112 EA

5⁹⁹



USHIA RICE STICKS or RICE PAPER
400 g or 300 g
selected varieties
nouilles en feuilles de riz
21602114 EA/21408633 EA

2⁴⁹



GEFEN PASTA SAUCE or PIZZA SAUCE
selected varieties
700/737 g
sauce pour pâtes ou à pizza
2021467002 EA/2021334402 EA

3⁹⁹



ZETA EXTRA VIRGIN OLIVE OIL
250 ml
huile d'olive vierge
21006431 EA

4⁸⁹



WHITE ROCK SELTZER
selected varieties
1 L
soda
20062246 EA

Optimum Members-Only Price
.49

Non-members .79



ELITE INSTANT COFFEE
300 g
café instantané
20041010 EA

7²⁹



AISH TAMID TEALIGHT CANDLES or SHABBO'S 3-HOUR CANDLES
100 or 72
bougies
21002014 EA/21002014 EA

4⁹⁹

AVAILABLE AT: ANTHONY'S NOFRILLS - 1054 CENTRE ST, VAUGHAN | VINCE & FRANCA'S NOFRILLS - 1631 RUTHERFORD RD, VAUGHAN
JOHN & DANIELLE'S NOFRILLS - 270 WILSON AVE, NORTH YORK | CARLO'S NOFRILLS - 6220 YONGE ST, NORTH YORK

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Avid points collector

Life-long partner

Sign up

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*Offer available until May 13, 2024; conditions apply.

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‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONLINE NF MKT 1

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The  **NOFRILLS** thing to do.