BUY-LOW FOODS

THE LOWEST BUY

Beef Rib Eye Steak
or Roast, Imported, Fresh, Grass Fed, 24.23/kg

10.99 lb

BIG PACK
5.89 lb
Chicken Breast
Fresh, Boneless, Skinless, 12.00kg

1 lb Clamshell
2.79
Strawberries
California or Mexico

5.99 ea
Faith Farms Cheese
Selected Varieties, 280g

Broccoli Crowns
USA, 4.39kg
1.99 lb

General Mills Honey Nut Cheerios
Lidl Or Cinnamon Toast Crunch 350g/ Selected Varieties
3.49 ea

SunRype Juice Blend
Selected Varieties, 960 mL
1.69 ea

Western Family Potato Chips
Selected Varieties, 200g
1.99 ea

Danone Oikos Yogurt
Selected Varieties, 750g
5.49 ea

THE LOWEST BUY | LOW PRICE EVERY DAY | THE LOW DOWN | PRICE MATCH

NOW WITH EVEN MORE WAYS TO SAVE.

PRICES EFFECTIVE THURSDAY TO WEDNESDAY, APRIL 18 - 24, 2024

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO SALES TO DEALERS. PRICES EFFECTIVE UNTIL SUPPLIES LAST. SOME ITEMS MAY NOT BE AVAILABLE IN ALL STORES. PRICE MATCH ITEMS MUST BE IDENTICAL IN BRAND, SIZE, QUALITY AND QUANTITY. PRICE MATCH ITEMS MUST BE IN STOCK AT COMPETITOR'S STORE.

FRESH TASTE OF SAVINGS

HOT BUY

1.29 lb — Ambrosia Apples
Ex. 0.84/kg

HOT BUY

1 lb Bag **.99** — Baby Carrots
Steam, Jiffy

2 lb Bag **5.99** — Sweet Mandarins
Clementine

3.99 lb — Green Seedless Grapes
Imported, 8.80/kg

1.99 lb — Tomatoes On The Vine
Ex. 4.38/kg

3 lb Bag **2.99** — Carrots
Cut

4.99 ea — Fresh Express Salad Kit
Selected Varieties, Lett. 198g or 400g

4.99 ea — Gold Pineapple
Costa Rica

2 for **$4** — Haden Mango
Imported

LARGE PACKS

2 lb Bag **5.99** — Tricolored Bell Peppers
Canada

2.99 ea — Fresh Express Salad Kit
Selected Varieties, Lett. 397g

Pack of 4 **4.49** — Western Family Avocados
Imported

QUALITY MEATS FOR LESS

Western Family Chicken Drumsticks
Uncooked, Seasoned, Frozen, 3 kg

$14 ea

Pork Side Ribs
Regular or Sweet & Sour Cut, Fresh, 8.80/kg

3.99 lb

7.99 lb

Sirloin Tip Roast
Fresh, 17.62/kg

SEAFOOD

OCEAN WISE

3.29 100g

Sockeye Salmon Fillet
Wild, Previously Frozen

Western Family White Prawns
Cooked, Peeled & Deveined, Peeled & Deveined, 340g

9.99 ea

OCEAN WISE

Western Family Fish Portions
Wild Sole Fillets, Frozen, 540g or 400g

BUY 2 GET 1 FREE

OCEAN WISE

Western Family Seafood Medley
Snack-Size, 85g

7.99 ea

OCEAN WISE

DELI

ONLY AVAILABLE IN STORES WITH FULL SERVICE DELI DEPARTMENTS

2.99 /100g — Schneiders Pepper Ham

3.49 /100g — Smoked Turkey Breast
Or Slice Roasted

1.99 /100g — Broccoli Broth Salad
With Bacon & Cheese, Cran-n-Nuts

2.99 /100g — Boulnoir Sliced Cheese
Cheddar or Mexico, Low Sodium

.99 /100g — Macaroni Salad
Or Potato, Selected Varieties

6.99 ea — Gourmet Wrap
Selected Varieties, Cheddar Potato or Greek

Freybe Sliced Salami
Selected Varieties, 125g

6.99 ea

4.99 ea — Western Family Guacamole
Mild or Spicy, 227g

3.99 ea — Western Family Hummus
Selected Varieties, 227g

PACKAGED MEAT

BUY 1 GET 1 **FREE**
Buy 1 at regular price, get 1 free

Citoyen Filled Pasta
Selected Varieties, 250g

Freybe Sliced Meat
Selected Varieties, 175g

4.99 ea

10.99 ea — Western Family Pork Back Ribs
Fully Cooked, Selected Varieties, 650g

12.99 ea — Western Family Beef Pot Roast
Or Ribs, Fully Cooked, 454g

11.99 ea — Western Family Stuffed Chicken
Broccoli & Cheese, Frozen, 907g

11.99 ea — Western Family Breaded Chicken
Fully Cooked, Selected Varieties, Frozen, 907g

MAPLE LEAF

Real food for real families

10.99

Maple Leaf® Pork Tenderloin or Rotisserie Chicken Legs 400g-600g

5.99

Maple Leaf® Natural Top Dogs™ 375g

5.99

Maple Leaf® Natural Bacon 375g

FRESH BAKERY ONLY AVAILABLE IN STORES WITH FULL SERVICE BAKERY DEPARTMENTS

Pack of 6

4.99

Braided Mini Strudels
Assorted Varieties, Select In Store

4.99 ea

Homestyle Half Loaf
Assorted Varieties, 350g

Pack of 4

3.29

Brioche Hamburger Buns

14.99 ea

Mango Passion Cake
Assorted Varieties, 6 inch, 660g

2.99 ea

Western Family Garlic Baguette
250g

Pack of 6

3.49

Sourdough Rolls
Assorted Sizes, Select In Store

4.99 ea

Old Fashioned Mini Donuts
Assorted Varieties, Prepackaged Pack of 20

BAKERY AVAILABLE IN ALL LOCATIONS

Dempster's Signature Bread
Assorted Varieties, 675g

4.29 ea

Natural Bakery Canadian Rye Bread
675g

3.49 ea

Silver Hill's Sprouted Power Organic Bread
Assorted Varieties, 454g, Select In Store

4.99 ea

BUY MORE BUY-LOW

STOCK UP AND SAVE

BUY MORE of your favourite products and varieties and SAVE BIG

BUY 2+ 2.49 ea

Western Family Whole Grain Tortilla Wraps
Also Selected Varieties, 270g

BUY 3+ 4.29 ea

Babybel Mini Cheese
Selected Varieties, 120g

Sparkling Ice Water Beverage
Selected Varieties, 500 mL

BUY 3+ 1.19 ea

Hawkins Cheezies
Selected Varieties, 200g

BUY 3+ 3.49 ea

BUY 3+ .99 ea

Hershey's Chocolate Bar
Selected Varieties, 40g or 58g

Western Family Soft Drink
Selected Varieties, 2 Litres

BUY 3+ .99 ea

Western Family Canned Beans
Selected Varieties, 540 mL

BUY 3+ 1.69 ea

Western Family Canned Tomatoes
Selected Varieties, 398 mL

BUY 3+ 1.29 ea

The specified quantity of the advertised product must be purchased to receive the discount.

western family

Trusted for over 50 years, Western Family is a proud Western Canadian brand, offering an assortment of reliable, affordable and high quality products.

Western Family Coffee
Selected Varieties, 121 or 300g
6.49 ea

Nabob Coffee
Selected Varieties, 340g
7.99 ea

Western Family Tortilla Chips
Selected Varieties, 500g
2.99 ea

Tostitos Tortilla Chips
Selected Varieties, 270g or 295g
3.99 ea

Western Family Sparkling Water
Selected Varieties, 12 x 355 mL
2 for $9

Western Family Juice Boxes
Selected Varieties, 5 x 200 mL
2 for $5

Western Family Lemonade
Or Iced Tea, Selected Varieties, 1.89 Litres
2.99 ea

Western Family Cranberry Juice Blend
Selected Varieties, 1.89 Litres
2 for $7

Western Family Peanuts
Kettle Cooked, Selected Varieties, 450g
3.99 ea

Western Family Swiss Chocolate Bar
Selected Varieties, 100g
1.99 ea

Western Family Rice Chips
Selected Varieties, 200g
2 for $5

Western Family Rice Cakes
Selected Varieties, 140g or 145g
2 for $5

LOW PRICES ✓ QUALITY ✓ SELECTION

We reserve the right to limit quantities, some items may not be exactly as illustrated or not available at all locations. Prices do not include applicable taxes, bottle deposits, eco fees or recycling fees where applicable.

western family

Trusted for over 50 years, Western Family is a proud Western Canadian brand, offering an assortment of reliable, affordable and high quality products.

Western Family Pasta
Selected Varieties, 900g
2.79 ea

Primo Pasta
Selected Varieties, 500g
3.49 ea

Western Family Orange Juice
Selected Varieties, 1.54 Litres
3.99 ea

Simply Orange Juice
Selected Varieties, 1.54 Litres
4.49 ea

Western Family Instant Oatmeal
Selected Varieties, 204g or 340g
2 for $6

Western Family Pasta Sauce
Selected Varieties, 700 mL
2 for $6

Western Family Broth
Selected Varieties, 946 mL
1.79 ea

Western Family Cream Cheese
Selected Varieties, 250g
2 for $7

Western Family Shredded Cheese
Selected Varieties, 320g
5.49 ea

Western Family Vegetables
Selected Varieties, Frozen, 300g or 500g
2.99 ea

Western Family Booster Meal Bowl
Selected Varieties, Frozen, 200g or 300g
3.99 ea

Western Family Ice Cream
Selected Varieties, 1.42 Litre
4.49 ea

LOW PRICES QUALITY SELECTION

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SNACKS & BEVERAGES

2 for $8 — **Old Dutch Ridgies Potato Chips**
Assorted varieties, 200g or 220g

Pepsi Soft Drink
Assorted Varieties, 2 Litres
2 for $5

Leclerc Celebration Cookies
Assorted varieties, 300g
2 for $7

Christie Ritz Crackers
Assorted varieties, 200g or 300g
2 for $6

Kashi Granola Bars
Assorted varieties, 6-7 ea
3.49 ea

Coca-Cola Soft Drinks
Assorted varieties, 8 x 355 ml
4.49 ea

Tazo Tea
Assorted varieties, 20 ea
4.49 ea

Montellier Natural Spring Water
Assorted Sparkling or Still Varieties, 1 Litre
4 for $5

DAIRY, CHILLED & FROZEN

6.99 ea — **Becel Margarine**
Assorted varieties, 850g

3.99 ea — **Breyers Family Classic Frozen Dessert**
Assorted varieties, 1.5 Litres

3.99 ea — **Kraft Singles Cheese Slices**
Assorted varieties, 500g

Tropicana Fruit Juice
Assorted varieties
2 for $9

Yoplait Source Yogurt
Assorted flavours, 750g
3.49 ea

2 for $6 — **Cheemo Perogies**
Assorted varieties, frozen, 907g

7.49 ea — **Bassil's Best Lasagna**
Assorted varieties, frozen, 907g

4.99 ea — **Swanson Hungry-Man Entrée**
Assorted varieties, frozen, 13 oz or 30 oz

STORE WIDE SAVINGS

2 for $5 — Campbell's Ready to Serve Soup
Selected varieties, 510 mL

Kraft Miracle Whip
Selected varieties, 950 mL
4.99 ea

Prego Pasta Sauce
Selected varieties, 650 mL
3 for $10

Golden Dragon Sauce
Selected varieties, 500 mL
2 for $6

2 for $6 — Old El Paso Soft Tortillas
Selected varieties, 326 mL–454 g, 20g–30g

Adams 100% Natural Peanut Butter
Selected Blends
7.99 ea

Western Family Pancake Mix
Selected varieties, 907 g–1.36 kg
3.49 ea

Nature's Path Organic Cereal
Selected varieties, 284 g–750 g
5.49 ea

HOUSEHOLD & PERSONAL

Western Family Ultra Laundry Detergent
Liquid, Selected varieties, 2.72 litres
10.99 ea

Scrubbing Bubbles Cleaning Product
Selected varieties, 946 mL
4.99 ea

Dawn Ultra Dish Soap
Liquid, 946 mL or 65 mL
2 for $6

Glad Garbage Bags
Selected Styles, 10 or 40 L
11.99 ea

19.99 ea — Western Family Pet Food
Selected Varieties, 7 kg

Herbal Essences Hair Care
Selected Varieties, 400 mL
3.99 ea

Dove Deodorant
Selected Varieties, 76g–175g
6.49 ea

37.99 ea — Huggies Little Movers Diapers
Selected Sizes, 160–264 Count

We'll match competitor's prices on any items in our flyer. See Buy-Low.com for details