

EST. 1963

# Bidgood's

YOUR LOCAL GROCER

*Bidgood's Customer Loyalty Program*  
You can now use your unique 50/50 number to accumulate reward points!!

Need a number?  
Visit our website to register!

**SWEET CRUNCHY  
RED AND GREEN GRAPES**  
South Africa or Mexico #1  
8.80 kg



**3<sup>99</sup>**  
lb

**FRESH  
CHICKEN WINGS**  
8.80 kg  
Family Pack



**3<sup>99</sup>**  
lb  
SAVE \$2.13/lb

**BABY BELL PEPPERS**  
Ontario #1  
4 pk



**3<sup>99</sup>**



**FROZEN  
RIB & TENDERLOIN  
PORK LOIN CHOPS**  
5.49 kg • Family Pack  
Combination

**2<sup>49</sup>**  
lb  
SAVE \$2.95/lb



**3<sup>99</sup>**

**SWEET JUICY CLEMENTINES**  
Morocco #1  
2 lb bags

**2 KG  
SIZE!**



**12<sup>99</sup>**  
SAVE \$7.00

**FROZEN BREADED CHICKEN STRIPS or PIECES**  
2 kg • Reg. 19.99

*Don't forget the ice cream!*

**HOT DEAL** **8" PECAN PIE** Seconds • Reg. 6.99 **2<sup>99</sup>** **HOT DEAL**

**SAVE \$2.50** **SCOTSBURN PREMIUM ICE CREAM** 1.5L • Assorted • Reg. 7.99 **5<sup>49</sup>**

**HOT DEAL** **KRAFT CHEEZ WHIZ** 450g • Assorted • Reg. 7.49 **3<sup>97</sup>**

**BEN'S HOLSUM BREAD** 570g White or Whole Wheat **2/\$6**

**30% MORE FIBRE** **KELLOGG'S CEREALS** 320-425g • Selected **3<sup>99</sup>**

**Favorite** **BREAD & ROLL MIX** 3 lb **4<sup>49</sup>**

**SAVE \$2.00** **BLACK DIAMOND CHEESE SLICES** 410g • Assorted • Reg. 5.99 **3<sup>99</sup>**

**COKE or PEPSI PRODUCTS** 6x710mL • Assorted **3<sup>99</sup>**

**SAVE \$1.72** **CATELLI PASTA** 375-500g • Selected • Reg. 3.49 **1<sup>77</sup>**

**SAVE \$1.70** **DAINTY FRIED RICE** 350g • Assorted • Reg. 3.69 **1<sup>99</sup>**

**CRUNCH INTO CHAOS**

**2/\$7.50** (198 g = 288 g any flavour / variety)

**HAVOC** FRESH LIME & MENTHOL

McMaster's

# Fresh Produce



**SWEET CRUNCHY  
RED DELICIOUS, CORTLAND, GALA  
or MCINTOSH APPLES**  
Nova Scotia #1  
3 lb bags

**6<sup>99</sup>**



**SWEET CRUNCHY  
HONEYCRISP APPLES**  
Washington #1  
6.59 kg

**2<sup>99</sup>**  
lb



**WHOLE BROWN  
MUSHROOMS**  
Ontario #1 • 8 oz cello

**3<sup>49</sup>**



**PLUMP RIPE  
TOMATOES  
ON THE VINE**  
Ontario #1 • 6.59 kg

**2<sup>99</sup>**  
lb

**SWEET JUICY  
SEEDLESS  
WATERMELON**  
Mexico #1  
½'s and ¼'s  
4.39 kg

**1<sup>99</sup>**  
lb



**WHOLE BROWN  
MUSHROOMS**  
Ontario #1 • 8 oz cello

**3<sup>49</sup>**



**ORGANIC CARROTS**  
US #1 • 2 lb bag

**4<sup>99</sup>**



**FRESH  
CAULIFLOWER**  
US #1

**4<sup>99</sup>**



**SWEET RIPE  
CANTALOUPE**  
Imported #1

**3<sup>99</sup>**

**HOT  
DEAL**  
**2/\$5**

**GRAPE TOMATOES**  
Mexico #1 • Pint baskets



**FRESH EXPRESS  
GARDEN SALAD**  
US #1  
12 oz bag

**2<sup>99</sup>**

**SWEET JUICY  
BARTLETT PEARS**  
Argentina #1 • 6.59 kg

**2<sup>99</sup>**  
lb



**FRESH EXPRESS  
COLESLAW**  
US #1  
14 oz bag

**3<sup>49</sup>**



**FRESH LIMES**  
Mexico #1

**.99**

## Breakfast



**BECEL MARGARINE**  
427g • Assorted

**4<sup>99</sup>**



**FOLGER'S INSTANT COFFEE**  
200g

**BUY 1  
GET 500  
BONUS  
POINTS**

**8<sup>49</sup>**



**KRAFT PEANUT BUTTER**  
750g • 1 kg • Assorted • Reg. 8.99

**6<sup>99</sup>**

**SAVE  
\$2.00**



**BONNE MAMAN MARMALADE  
OR JAM** 250-290mL • Assorted

**6<sup>49</sup>**



**SUNRYPE SLIM JUICES**  
1.36 L • Assorted

**3<sup>99</sup>**



**BERNARD PURE MAPLE SYRUP**  
375mL

**7<sup>49</sup>**



**RED ROSE TEA BAGS**  
216 ct

**12<sup>99</sup>**



**INTERNATIONAL DELIGHT COFFEE  
CREAMERS** 473mL • Assorted

**4<sup>49</sup>**



**KRAFT HAZELNUT SPREAD**  
725g • Assorted

**7<sup>99</sup>**



**PILLSBURY CINNAMON ROLLS**  
351g

**3<sup>99</sup>**



**BETTY CROCKER BISQUICK**  
454g • Reg. 7.99

**5<sup>99</sup>**

**Gluten  
Free**

**SAVE  
\$2.00**



**ASTRO YOGURT**  
12x100g • Assorted

**6<sup>99</sup>**



**ASTRO YOGURT**  
750g • Assorted • Reg. 4.99

**3<sup>99</sup>**

**SAVE  
\$1.00**



**BOB'S RED MILL CHIA SEEDS**  
340g

**8<sup>99</sup>**



**GRAVES APPLE JUICE**  
1L

**2/\$4**



# ChoiceCuts



**4<sup>99</sup>**  
lb  
SAVE \$2.26/lb

FRESH WHOLE CRYOVAC PORK TENDERLOIN 11.00 kg



CANADIAN AA OR HIGHER STIRLOIN GRILLING STEAK 37.46 kg Family Pack



**16<sup>99</sup>**  
lb

CANADIAN AA OR HIGHER TRIMMED LEAN STEWING BEEF 15.41 kg Family Pack



**6<sup>99</sup>**  
lb  
SAVE \$4.35/lb



CANADIAN AA OR HIGHER FRESH SIRLOIN TIP or EYE OF ROUND ROASTS 17.61 kg



**7<sup>99</sup>**  
lb

## HOT DEALS



**3<sup>99</sup>**  
HOT DEAL  
MAPLE LEAF WIENERS 375g • Assorted Reg. 5.99



**2<sup>99</sup>**  
HOT DEAL  
BONELESS SLICED FRYING HAM 6.59 kg



**2/\$6**  
CHRIS BROTHERS COMBO PACK 250g • Assorted



SUNRISE BOLOGNA 2 kg average

**15<sup>99</sup>**



LEADBETTERS SMOKED SLICED BACON 375g

**5<sup>99</sup>**



JOHNSONVILLE ROUND BREAKFAST SAUSAGES 250g • Reg. 7.49

SAVE \$1.50

**5<sup>99</sup>**



CHRIS BROTHERS DONAIR DIPPERS 633g

**12<sup>99</sup>**



GOLDEN MAPLE CHICKEN BALLS 1 kg

**9<sup>99</sup>**

BUY 2 GET 500 BONUS POINTS



BELMONT MEATS HOMESTYLE ANGUS BEEF BURGERS 852g

**12<sup>99</sup>**

## Bidgood's Cove

## Get Hooked ON quality



FROZEN NEWFOUNDLAND HALIBUT STEAKS 30.84 kg Product of Newfoundland

**13<sup>99</sup>**  
lb  
SAVE \$4.00/lb



MOOSE PEPPERETTES 27.99 kg

**12<sup>69</sup>**  
lb



NEWFOUNDLAND BOTTLED RABBIT

**13<sup>99</sup>**



AQUA STAR WILD PINK SALMON FILLETS 440g

**9<sup>99</sup>**

## Frozen

HEALTHY CHOICE GOURMET STEAMERS 283-306g • Assorted Reg. 5.99

SAVE \$1.50  
**4<sup>49</sup>**



**8<sup>99</sup>**  
CAVENDISH STRAIGHT CUT FRIES 5 lb



CAVENDISH CRISPY ONION RINGS 1 kg

**9<sup>99</sup>**



**3<sup>99</sup>**

GREEN GIANT VALLEY SELECTIONS 300-500g • Assorted



**6<sup>99</sup>**

MCCAIN OVAL HASH BROWNS 3.5 lb



**14<sup>99</sup>**

OXFORD FROZEN BLUEBERRIES 1.5 kg



BUY 2 GET 300 BONUS POINTS  
**3<sup>99</sup>**

CAVENDISH FRIES 600g • Assorted



**14<sup>99</sup>**

MCCAIN PIZZA POCKETS 12 pk • Assorted

# Grocery



**4.49**

PURITY CREAM CRACKERS  
350g or JAM JAMS 425-470g  
Assorted



SAVE \$1.50  
**4.99**

BLACK DIAMOND CHEESTRINGS  
168g • Assorted • Reg. 6.49



**2/\$4**

DEL MONTE VEGETABLES  
341-398mL • Assorted



**2/4.50**

HEINZ BEANS OR PASTA  
398mL • Assorted



**4.99**

DEMPSTER'S TORTILLAS  
10 inch • Assorted



**6.99**

HELLMANN'S MAYONNAISE  
890mL • Assorted



**4.49**

BULL'S-EYE BBQ SAUCE  
425mL • Assorted



SAVE \$2.00

**4.49**

MAPLE LEAF KLIK OR KAM  
340g • Reg. 6.49



BUY 1 GET 500 BONUS POINTS

**3.49**

HEINZ SEAFOOD SAUCE  
285mL



**6.99**

STEFANO SOUP OR SAUCES  
605-648mL • Assorted



**4.99**

FRANK'S RED HOT SAUCE  
354mL • Assorted



**6.49**

SHAKE 'N BAKE  
283g • Original



**2.99**

JOHN WEST KIPPERS  
190g



**2/\$6**

PURITAN MEATBALL, IRISH OR  
BEEF STEW 410g



**3.99**

LIPTON/KNORR CHICKEN  
NOODLE SOUP 4 pk • Assorted



**2.69**

HEINZ MUSTARD  
380mL



BUY 1 GET 1000 BONUS POINTS

**4.99**

KOOL-AID JAMMERS  
10 pk • Assorted



**4.99**

KRAFT VELVEETA  
250g



**7.99**

EVERSWEET MARGARINE  
850g



SAVE \$1.50

**3.49**

BERTOLLI WINE VINEGAR  
500mL • Assorted • Reg. 4.99



**7.49**

OCEAN SPRAY COCKTAILS  
3L • Assorted



**4.49**

KRAFT COOL WHIP  
225g • Assorted



SAVE \$1.00

**3.49**

MOTT'S FRUITSACTIONS  
6 pk • Assorted • Reg. 4.49



**4.99**

DOLE PINEAPPLE JUICE  
4x250mL • Assorted



**6.99**

NESTLE PURE LIFE WATER  
24x500mL

## Around the Home



3 DOUBLE = 6 REGULAR

9 MEGA DOUBLE = 24 REGULAR

12 DOUBLE = 24 REGULAR



ROYALE TIGER TOWELS  
3 Double Rolls  
ROYALE BATHROOM TISSUE  
9 Mega Roll or 12 Double Roll  
ROYALE FACIAL TISSUES 6 pk

**7.99**



SAVE \$1.50

**3.99**

OLD DUTCH LAUNDRY DETERGENT  
2L • Assorted  
Reg. 5.49



SAVE \$1.50

**5.49**

SNUGGLE FABRIC SOFTENER  
SHEETS 120 ct • Reg. 6.99



GLADE AIR FRESHENERS  
235g  
Assorted

**4.49**



CLOROX BLEACH  
2.4L

**5.49**



**7.49**

SIMPLY BABY WIPES  
192-216 ct • Assorted



**1.29**

PHILIPS CLEAR APPLIANCE BULB  
2 pk • 40 Watt



SAVE \$2.00

**7.99**

CARINO OMEGA 3 SEAL OIL  
CAPSULES 120 ct • Reg. 9.99



**2/\$7**

BILLY BOOT RECYCLING BAGS  
20 pk • Assorted



**3.99**

PALMOLIVE DISH LIQUID  
591mL • Assorted



**2/\$5**

SOS SOAP PADS  
10 pk



# Bakery & Deli



**BIDGOOD'S  
BATTERED WINGS**  
22.02 kg  
Store made

**9<sup>99</sup>**  
lb



**MEXICAN  
DIP**  
18.50 kg  
Store made

**8<sup>39</sup>**  
lb

**CABBAGE  
ROLLS**  
16.51 kg  
Store made



**7<sup>49</sup>**  
lb

**BIDGOOD'S  
RED PEPPER JELLY**  
250mL  
Store made

**5<sup>29</sup>**



**BUY 1  
GET 500  
BONUS  
POINTS**

**8 PK  
CRANBERRY  
TEA BISCUITS**  
Store made



**3<sup>29</sup>**



**6 PK PAN ROLLS**  
Store made

**2<sup>49</sup>**



**BUY 1  
GET 500  
BONUS  
POINTS**

½ TUXEDO BAR CAKE

**9<sup>99</sup>**



**COCONUT CREAM PIE**  
700g • Store made

**6<sup>49</sup>**

## Baking



**7<sup>99</sup>**

**PARKAY MARGARINE**  
3 lb • 1/2 cup squares



**SAVE \$1.30**  
**3<sup>99</sup>**

**MAGIC BAKING POWDER**  
225g • Reg. 5.29



**3/\$5**

**JELL-O PUDDING MIX**  
30-113g • Assorted



**SAVE \$1.00**

**3<sup>99</sup>**

**KRAFT CARAMELS**  
269g • Reg. 4.99



**Gluten Free**

**4<sup>99</sup>**

**MI-DEL GRAHAM FLAVOURED  
PIE CRUST 200g**



**6<sup>99</sup>**

**ROBIN HOOD FLOUR**  
2.5 kg • Assorted



**4<sup>99</sup>**

**QUAKER OATS**  
900g • 1 kg • Assorted



**2<sup>99</sup>**

**KRAFT JET-PUFFED  
MARSHMALLOWS**  
400g • Assorted



**4<sup>99</sup>**

**KRAFT COOL WHIP**  
1 L • Assorted



**SAVE \$1.00**

**2<sup>99</sup>**

**GRUMPERTS READY TO USE  
GRAHAM PIE CRUST 200g**

## Pet Supplies

**PUP OF THE WEEK**



**9<sup>99</sup>**

**PURINA CAT CHOW**  
1.6 - 2 kg • Assorted



**HOT DEAL**  
**2<sup>99</sup>**  
**HOT DEAL**

**MEOW MIX CAT FOOD**  
500g Original • Reg. 4.49



**18<sup>99</sup>**

**NATURE'S RECIPE VARIETY PACK  
DOG FOOD 12 pk**



**8<sup>99</sup>**

**DENTALIFE CHEWS**  
485-595g • Assorted



*Zeus*

# More great Savings



SAVE \$1.30

3.49

LECLERC CELEBRATION COOKIES  
180-270g • Assorted • Reg. 4.79



SAVE \$2.30

3.99

HEINZ TARTAR SAUCE  
354ml • Squeeze • Reg. 6.29



2/\$4

CLOVER LEAF SKIP JACK TUNA  
170g • Chunk or Flaked



1.99

CARNATION EVAPORATED MILK  
354ml • Assorted



SAVE \$3.50

6.99

FOLGERS K-CUPS  
12 ct • Assorted • Reg. 10.49



4.77

PURITAN CORNED BEEF HASH  
425g



BUY 1 GET 500 BONUS POINTS

2.49

CLOVER LEAF CHICKEN or TUNA SNACKS 90-99g



3.99

PILLSBURY EASY ROLL PIE CRUST 400g or CHOCOLATE CHIP COOKIES 428-468g • Assorted



SAVE \$1.50

3.49

LACTANTIA CREAM CHEESE  
250g • Original or Light • Reg. 4.99



3.49

CATELLI GARDEN SELECT PASTA SAUCE 640ml • Assorted



2/\$3

CAMPBELL'S SOUPS  
195ml • Pull Top Assorted



SAVE \$1.30 2.99

HOLIDAY LUNCHEON MEAT  
340g • Reg. 4.29



BUY 2 GET 500 BONUS POINTS

5.99

DR. OETKER PLANK PIZZA  
3 pk • Assorted



SAVE \$3.00

3.99

HUNGRY-MAN DINNERS  
360-455g • Assorted • Reg. 6.99



3/\$5

STONE CREEK TOMATOES  
796ml • Assorted



3.77

SWISS CHALET SOUPS  
540ml • Assorted



SAVE \$1.00 3.99

IOGO NANO YOGURT DRINKS  
6 pk • Assorted • Reg. 4.99



SAVE \$1.10

3.79

DEMPSTER'S WHOLE GRAIN BREADS  
600g Assorted Reg. 4.89



SAVE \$1.50

5.99

LACTANTIA HEALTHY ATTITUDE MARGARINE 850g  
Reg. 7.99



5.69

CHRISTIE COOKIES  
345-498g • Large pack • Assorted



5.44

HEINZ KETCHUP  
1L • Squeeze



4.99

HELLMANN'S SPICY CHIPOTLE or CLASSIC BURGER SAUCE 325ml



7.99

SELECT BEEF GRAVY  
1.36L • Reg. 10.49



SAVE \$1.50

4.99

DR. OETKER PIZZAIOLO KIT  
700g • Reg. 6.49



3/\$5

MR. NOODLES SOUP BOWLS  
110g • Assorted



3/\$5

KRAFT KD CUPS  
58g Assorted



SAVE \$1.80

4.99

BLACK DIAMOND COMBOS 129g or NATURAL SLICES 220-280g Assorted • Reg. 6.79



Lactose Free Options!

6.99

BLACK DIAMOND CHEESE BLOCKS 400g or SHREDS 300-320g • Assorted



SAVE \$1.50 4.99

TIM HORTONS HOT CHOCOLATE  
500g • Reg. 6.49



3.49

ALLEN'S PEACH or FRUIT PUNCH JUICE BOXES 8x200ml • Assorted



2/\$7

HOSTESS SNACKS  
202-360g • Assorted



2/\$14

PEPSI PRODUCTS  
12x355ml • Assorted



2/\$9

DORITOS 230-235g or CHEETOS 170g • Assorted