

You're at home here.



SALE
14⁹⁹
/lb

33.05 kg

Co-op Beef T-Bone Grilling Steaks
Cut by Your Local Butcher
Aged 14 Days
Value Pack

raised in **WESTERN CANADA**

BUTCHER'S SALE

SALE
5⁹⁹
/lb

13.21 kg

Co-op Boneless Beef Eye of Round Oven Roast
Cut by Your Local Butcher
Aged 14 Days
Value Pack

raised in **WESTERN CANADA**

SALE
3⁹⁹
/lb

8.80 kg

Co-op Boneless Pork Loin Centre Roast
Prepared by Your Local Butcher
Selected Varieties

raised in **WESTERN CANADA**

SALE
2⁴⁹
/ea

Blackberries
Imported
170 g

SALE
6⁹⁹
/ea

Co-op Gold Raw Pacific White Shrimp
Frozen
340 g

SALE
1⁹⁹
/ea

Iceberg Lettuce
Produce of U.S.A.
No. 1 Grade

SALE
9⁹⁹
/ea

Big Slab Pizza
Made In-store
12" x 16"

SALE
2⁹⁹
/ea

Hamburger or Hot Dog Buns
Baked In-store
Package of 8

SALE
5⁹⁹
/ea

Imperial Margarine
1/4 Squares 1.36 kg or Soft 1.28 kg

SALE
3⁹⁹
/ea

Co-op Gold Fruit
Frozen
Selected Varieties
500 - 600 g

SALE
10⁹⁹
/ea

Coca-Cola or Canada Dry Products
Selected Varieties
20 x 355 mL

SALE
3⁹⁹
/ea

Simply Juice or Beverages
1.54L

BUTCHER'S SALE

SALE
8⁹⁹ /lb
19.82/kg

Co-op Boneless Skinless Chicken Thighs
Also Available Glazed, Grain Fed, Free Run, Air Chilled Selected Varieties



raised in WESTERN CANADA

Your **Co-op Butcher** takes pride in **custom-cutting** your in-store meat, just the way you like it.

SALE
\$22 /ea

Maple Leaf Prime Boneless Skinless Chicken Breasts
Grain Fed, Free Run, Air Chilled Club Packages of 2



raised in WESTERN CANADA

SALE
1⁹⁹ /lb
4.39/kg

Co-op Chicken Legs
Rack Attached, Grain Fed, Free Run, Air Chilled Value Pack



raised in WESTERN CANADA

SALE
WORKS OUT TO 4⁹⁹ /lb
11.00/kg

Our Certified Lean Ground Chuck Beef
Sold in a 2.27 kg Tube - \$25.00 each



SALE
8⁹⁹ /lb
19.82/kg

Co-op Boneless Beef Tri-Tip Bottom Sirloin Steak or Roast
Killed by Your Local Butcher Aged 14 Days



SALE
2⁹⁹ /lb
6.59/kg

Maple Leaf Boneless Pork Loin Halves
Rib & Centre or Sirloin & Centre Random/Cryovac Wrapped



SALE
3⁴⁹ /lb
7.69/kg

Co-op Pork Shoulder Blade Steak
Also Available Greek Seasoned Cut and Prepared by Your Local Butcher



SALE
WORKS OUT TO 4⁴⁹ /lb
9.09/kg

Co-op Centsibles Boneless Skinless Chicken Breasts
Seasoned From Sold in a 4 kg Case - \$39.60 each



SALE
46⁹⁹ /ea
4 kg

Co-op Gold Beef Burgers
Frozen Box of 40 Burgers



buy one get one FREE

Schneiders Regular Wieners
375 g BOGO (\$6.48) Works out to \$3.24 each



SALE
6⁹⁹ /ea
500 g

Mitchell's Smokies



2 FOR \$7

Villaggio Buns
Package of 6 - 8 or Bread \$10 - \$40 g Selected Varieties



4 FOR \$5

Heinz Beans or Pasta
or Co-op Gold Tomatoes 398 mL



2 FOR \$6

Kraft Dressing
425 - 475 mL or Bull's-Eye BBQ Sauce 425 mL or Diana BBQ Sauce 500 mL



CO-OP VIEW OUR GREAT SAVINGS FOR YOUR PET ON PAGE 10

FOR YOUR PETS

BRING MORE

SAVINGS HOME *with*
VALUE PRICED
EVERY DAY!

*Everyday prices you can trust
on items you buy most often.*

[Click for more
WAYS TO SAVE](#)

Pricing available at participating Co-op Food Stores

✓ VALUE
PRICED
EVERY
DAY
1⁰⁸
/ea

Friskies Canned Cat Food
156 g or Fancy Feast Cat Food 85 g



✓ VALUE
PRICED
EVERY
DAY
5⁴⁸
/ea

Christie Cookies
Selected Varieties
408 - 488 g



✓ VALUE
PRICED
EVERY
DAY
2⁹⁸
/ea

**Co-op Gold
Frozen Vegetables**
Selected Varieties
750 g



BUTCHER SHOP

SALE
4⁹⁹
/lb

11.00/kg

Co-op Glazed Boneless Pork Loin Centre Chops
Cubed, Prepared by Your Local Butcher
Selected Varieties

raised in **WESTERN CANADA**

WE ARE BUTCHERS

When you stop at the meat counter at your local Co-op, you can expect a level of expertise second-to-none. Our in-store butchers are happy to assist you in selecting the right type of meat for your needs and can even offer custom cuts.

<p>SALE 3⁹⁹ /lb</p> <p>Maple Leaf Pork Back Ribs Random Cryovac Wrapped</p> <p>raised in WESTERN CANADA</p> <p>8.80/kg</p>	<p>SALE 7⁹⁹ /ea</p> <p>Co-op Premium Berkshire Pork Sausage Bangers</p> <p>Thawed Selected Varieties 450 g</p> <p>made in WESTERN CANADA</p>	
<p>SALE \$15⁹⁹ /ea</p> <p>Maple Leaf Prime Boneless Skinless Chicken Breast Fillets, Slices or Boneless Thighs</p> <p>Grain Fed, Free Run, Air Chilled Family Pack</p> <p>raised in WESTERN CANADA RAISED WITHOUT ANTIBIOTICS</p> <p>7.69/kg</p>	<p>SALE 3⁴⁹ /lb</p> <p>Co-op Whole Chickens Grain Fed, Free Run, Air Chilled Value Pack</p> <p>raised in WESTERN CANADA</p> <p>7.69/kg</p>	<p>SALE 4⁹⁹ /lb</p> <p>Co-op Berkshire Sired Premium Pork Belly or Boneless Pork Sirloin</p> <p>100% Traceable to the Farm Renowned for its Exceptional Marbling and Tenderness Random Cryovac Wrapped</p> <p>raised in WESTERN CANADA</p> <p>11.00/kg</p>
<p>SALE 5⁹⁹ /lb</p> <p>Co-op Lean Ground Chuck Burgers Prepared by Your Local Butcher Selected Varieties</p> <p>raised in WESTERN CANADA</p> <p>13.21/kg</p>	<p>SALE 11⁹⁹ /lb</p> <p>Sungold Premium Alberta Lamb Boneless Sirloin or Lamb Loin Chops</p> <p>Rosemary and Garlic Certified Halal Random Cryovac Wrapped</p> <p>raised in WESTERN CANADA</p> <p>26.43/kg</p>	<p>SALE 4⁹⁹ /ea</p> <p>Johnsonville Breakfast Sausage or Italian Sausage Meat</p> <p>Selected Varieties 375 g</p>

FISH SHOP

<p>SALE 3⁹⁹ /100 g</p> <p>Wild Caught Icelandic Cod Fillets Bay Pack</p>	<p>SALE 3⁴⁹ /100 g</p> <p>Farmed Atlantic Salmon Fillets Value Pack</p> <p>ALSO AVAILABLE AT FULL SERVICE MEAT COUNTERS</p>	
<p>SALE 19⁹⁹ /lb</p> <p>Co-op Gold PURE Walleye Fillets Frozen</p> <p>raised in WESTERN CANADA</p> <p>44.06/kg</p>	<p>SALE 15⁹⁹ /ea</p> <p>Mirabel Raw Pacific White Shrimp Frozen 907 g</p>	<p>SALE 10⁹⁹ /ea</p> <p>Co-op Gold Herb & Garlic Butterfly Shrimp Frozen 340 g</p>

NEW
AT CO-OP

Check out the many
new products we have
in-store at your local
Co-op.

3 FOR
9⁹⁹

Quaker Crispy Minis Rice Cakes or Chips

Selected Varieties
90 - 199 g



Enjoy a perfect touch of flavour in a
crunchy snack sensation. These puffed rice
snacks will brighten your day.

3 FOR
7⁹⁸

Monster, Reign, NOS or Full Throttle Energy Drinks

355 - 473 mL

PLUS DEPOSIT & ENVIRONMENTAL
LEVIES WHERE APPLICABLE



Clean Energy.
Plant-based Energy & Zero Sugar.

FARM FRESH
PRODUCE

SALE
6⁹⁹
/ea

Red or Russet Potatoes
Produce of Western Canada
Canada No. 1
10 lb (4.54 kg)

10 lb BAG

grown in WESTERN CANADA

TWICE-BAKED CHILI-STUFFED POTATOES

VIEW THE RECIPE ONLINE AT FOOD.CRS

SALE
5⁹⁹
/ea

Carrots or Yellow Onions
Produce of U.S.A. / Imported
No. 1 Grade
5 lb (2.27 kg)

5 lbs

SALE
3⁴⁹
/ea

Radishes
Produce of U.S.A.
No. 1 Grade
1 lb (454 g)

SALE
2⁹⁹
/ea

Celery Stalk
Produce of U.S.A.
No. 1 Grade

SALE
3⁹⁹
/ea

Cauliflower
Produce of U.S.A.
No. 1 Grade

SALE
2⁹⁹
/lb

Green Peppers
Greenhouse Grown
Grown in Western Canada

6.59 lb

AB

SALE
2⁹⁹
/ea

Inspired Greens
Living Lettuce
Red or Green Batavia
Romaine, Tost or Multi Leaf
Greenhouse Grown
Produce of Western Canada
Canada No. 1

2 FOR \$7

Grape Tomatoes
Produce of Western Canada
1 Dry Pint (551 mL)

grown in WESTERN CANADA

SALE
5⁹⁹
/ea

Clementine Mandarins
Produce of U.S.A.
2 lb (907 g)

SALE
5⁹⁹
/ea

Red Mini Seedless Watermelon
Produce of U.S.A.

2 FOR \$11

Taylor Farms Chopped Salad Kits
Produce of U.S.A.
Selected Varieties
316 - 396 g

SALE
4⁹⁹
/ea

Organic Gala, Pink Lady or Granny Smith Apples
Produce of U.S.A.
2 lb (907 g)

ORGANIC

SALE
5⁹⁹
/ea

Organic Hot House Peppers
Imported
Package of 2

ORGANIC

2 FOR \$6

Organic Sliced White Mushrooms
Produce of Western Canada
227 g

ORGANIC



No Artificial Flavours, Colours, or Preservatives
 sans arômes, ni colorants, ni agent de conservation artificiels

pure
 J.L. KRAFT

Miso Lime Ginger
 Gingembre, lime et miso
 Dressing & Marinade et vinaigrette

PREPARED IN CANADA
 PRÉPARÉ AU CANADA

NEW

pure[®]
 J.L. KRAFT

Simple ingredients.
 Just like *homemade.*

NO Artificial Colours | NO Artificial Flavours | NO Preservatives



2 FOR 9⁹⁸

Pure J.L. Kraft Dressing & Marinade
 355 mL

DELICIOUSLY SMART CHOICES MADE EASY

ALL THE FLAVOUR WITH **310 CALORIES OR LESS**

CONVENIENCE THAT SATISFIES

SMART Ones
 Three Cheese Ziti Marinara
 Zitis aux trois fromages et à la sauce marinara

SMART Ones
 Slow Roasted Turkey Breast with Mashed Potatoes & Gravy
 Poitrine de dinde rôtie lentement en sauce avec purée de pommes de terre

18g OF PROTEIN PER SERVING (255 g)
 18g DE PROTÉINES PAR PORTION (255 g)

COOK THOROUGHLY BIEN CUIRE | SEE COOKING INSTRUCTIONS VOIR LE MODE D'EMPLOI | KEEP FROZEN GARDER CONGELÉ | 255 g

CRAVE
 BUFFALO CHICKEN MACARONI & CHEESE | MACARONI ET FROMAGE POULET BUFFALO

KD Deluxe
 Creamy Cheddar Cheddar crémeux

340 g

3 FOR 9⁹⁹

Smart Ones Entrées Frozen
 241 - 262 g

3 FOR 11⁹⁷

Crave or KD Deluxe Frozen Entrées
 200 - 340 g

PREPARED FOODS

SALE
1⁹⁹
/100 g

Chicken Salad Supreme
Made in-store



SALE
7⁴⁹
/ea

Roadhouse Wings
Prepared in-store
Package of 5

10 Pack - \$12.99
20 Pack - \$20.99



SALE
1⁴⁹
/100 g

Spinach Dip



FRESH FROM OUR DELI

SALE
3⁹⁹
/100 g

Grimm's Beef or Canadian Back Bacon Deli Meats
Fresh Sliced In-store



SALE
3⁴⁹
/ea

Co-op Gold Salads
454 g

NEW



SALE
8⁹⁹
/ea

Schneiders Pepperettes or Pepperette Bites
250 - 300 g



SALE
4⁹⁹
/ea

Yucatan Guacamole
227 g



SALE
12⁴⁹
/ea

Jarlsberg Cheese
250 g



SALE
8⁹⁹
/ea

Mini Babybel Snack Cheese Wheels
240 g or
The Laughing Cow Snack Cheese Portions
400 g



PACKAGED MEATS

SALE
7⁹⁹
/ea

Co-op Gold Sausage Sticks
400 - 500 g or
Harvest Refrigerated Meat Snack Sticks
375 g

made in WESTERN CANADA

GLUTEN-FREE



SALE
11⁹⁹
/ea

Maple Leaf Natural Selections Sliced Meats
375-900 g or Top Dogs
900 g



SALE
13⁹⁹
/ea

Co-op Gold Smokies
575 g - 1 kg or Co-op Centisibles Garlic Sausages
1 kg

made in WESTERN CANADA



SALE
6⁴⁹
/ea

Schneiders Sliced Side Bacon
375 g



SALE
14⁹⁹
/ea

Schneiders or Maple Leaf Boneless Ham
600 - 700 g



SALE
14⁹⁹
/ea

Mitchell's Thick Sliced Side Bacon
1 kg



SALE
3⁹⁹
/lb

Harvest Smoked Pork Picnic Shoulder
Random Cuyrac Wrapped
8.80 kg



SALE
5⁹⁹
/ea

Co-op Centisibles Breaded Chicken
Frozen
600 - 800 g



SALE
15⁹⁹
/ea

Co-op Gold Bucket of Chicken Pieces
Drumsticks or Wings
Frozen
1 kg



SIP. SNACK. SCORE!



2 FOR
8⁵⁰

Ruffles
Potato Chips
180 - 220 g

2 FOR
\$9

Miss Vickie's
Potato Chips
190 - 200 g

2 FOR
9⁵⁰

Cheetos
170 - 285 g



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FRESH FROM OUR BAKERY

SALE
7⁹⁹
/ea

Cheesecake
Strawberry or Chocolate Swirl
340 g

2 FOR
\$7

Twisted Croissants
Apple Cinnamon, Raspberry or Lemon
Baked in-store
Package of 6

SALE
3⁹⁹
/ea

Co-op Gold 1/2 Pie
Baked in-store
Selected Varieties

SALE
3⁴⁹
/ea

Co-op Gold PURE Artisan Sourdough or Harvest Grain
Baked in-store
400 g

SALE
5⁹⁹
/ea

Pizza or Cheese Buns
Baked in-store
Package of 6

SALE
3⁴⁹
/ea

Panini Rolls
Baked in-store
Package of 6

SALE
4⁹⁹
/ea

Furlani Garlic Parmesan Knots
250 g

2 FOR
\$8

Dempster's Bagels
Selected Varieties
Package of 5 or 6

SALE
3⁹⁹
/ea

Dempster's Signature Bread
Selected Varieties
600 g

FLORAL

SALE
13⁹⁹
/ea

Blooming Beauty Bouquet

SALE
9⁹⁹
/ea

7 Day Bouquet

SALE
23⁹⁹
/ea

Blooming Magic Bouquet

SALE
4⁹⁹
/ea

African Violet
4-inch Pot
Grown in Western Canada

SALE
10⁹⁹
/ea

Hybrid Lily
6-inch Pot
Grown in Western Canada

for your baby!

SALE
27⁹⁹
/ea

Similac Baby Formula Powder
850 g

5 FOR
\$9

Nestlé Gerber Baby Food Pouches or Jars
99 g or 128 - 162 mL

SALE
8⁹⁹
/ea

Tylenol or Motrin
Infant's or Children's
Selected Varieties
24 - 120 mL or
Package of 16 - 20

FROM THE FREEZER

2 FOR 10⁹⁸
Pillsbury Pizza Pops
 Package of 8 or Bites 693 g
 Frozen



SALE 6²⁹ /ea
Cheemo Perogies
 Frozen 2 kg



SALE 7²⁹ /ea
Dr. Oetker Giuseppe Pizza
 Frozen 439 - 785 g



SALE 5⁹⁹ /ea
Wong Wing Appetizers or Entrées
 Frozen 360 - 680 g



2 FOR 5⁵⁰
Co-op Gold Vegetables
 Frozen 750 g



SALE 3⁴⁹ /ea
McCain Fries
 Frozen 800 g




SALE 3⁹⁹ /ea
Chapman's Super Premium Plus Ice Cream
 500 mL or Yukon Ice Cream Bar
 Package of 6 Frozen



SALE 5⁹⁹ /ea
Chapman's Super Sandwich Novelties
 Frozen Selected Varieties
 Package of 8 - 20



SALE 8⁹⁹ /ea
Chapman's Ice Cream
 Frozen 4 L



FOR YOUR PANTRY

SALE 3⁹⁹ /ea
General Mills Cereal
 Selected Varieties 297 - 437 g



SALE 19⁹⁹ /ea
Tim Hortons Coffee
 Package of 30 or Starbucks Coffee 793 - 907 g or Package of 24



SALE 17⁹⁹ /ea
Co-operative Coffee
 737 - 907 g



2 FOR 10⁹⁸
Co-op Gold Oats
 Quick or Cooking 2.25 kg



SALE 7⁹⁹ /ea
Co-op Gold Peanut Butter
 2 kg



2 FOR 10⁹⁸
Co-op Gold PURE Spread
 340 - 360 mL



2 FOR 7⁹⁹
Del Monte Fruit
 540 mL or Cups
 Package of 4



GRILL YOUR WAY TO A **\$10,000 GETAWAY**

BUY ANY HELLMANN'S PRODUCT | SNAP A PICTURE OF YOUR RECEIPT | UPLOAD YOUR RECEIPT FOR A CHANCE TO WIN

Visit unileverpromos.ca/hellmanns-contest-EN/ for full rules and entry details.



2 FOR \$6
Bush's Refried Beans
 398 mL or Manny's Burrito Tortillas
 Package of 8



2 FOR \$4
Manny's Tortillas
 Package of 10



SALE 4⁹⁹ /ea
Mrs. Renfro's Salsa
 473 mL or Tajin Seasoning 142 g



2 FOR \$8
Charras Tostadas
 350 g or Fresh is Best Taco Shells 144 g



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FRESH DAIRY

SALE
4⁹⁹
/ea

Cracker Barrel
Natural Slices
200 - 240 g



3 FOR
10⁹⁸

Philadelphia
Dips
227 g



SALE
5⁷⁹
/ea

Co-op Centsibles
Large Eggs
Package of 18



Produced in
WESTERN
CANADA

SALE
6⁹⁹
/ea

Dairyland
Chocolate Milk
4 L



2 FOR
\$6



International Delight
Coffee Creamer
473 ml



SALE
5⁹⁹
/ea

Black Diamond
Cheestrings
252 - 336 g or
Natural Cheese Sticks
252 g



SALE
8⁹⁹
/ea

iögo Yogurt
Pouches
2 kg



SALE
10⁹⁹
/ea

Olympic
Yogurt
Organic or Crema
1.75 kg



FOR YOUR PANTRY

SALE
6¹⁹
/ea

CattleBoyZ Seasoning
375 - 380 g



2 FOR
\$5

Co-op Gold Dressing
Selected Varieties
475 ml



SALE
10⁹⁹
/ea

Co-op Gold Olive Oil
Traditional or Extra Virgin
1 L or Minute Rice
2.6 kg



4 FOR
\$8

Chef Boyardee
418 - 425 g or Snack Pack Pudding
or Gels Package of 4



2 FOR
\$9

Catelli Lasagne
375 - 500 g



2 FOR
\$6

Old El Paso
Selected Varieties & Sizes



2 FOR
\$8

Garofalo Pasta
500 g Co-op Gold PURE Pasta Sauce
425 ml or Martelli Gnocchi
500 g or 1 kg
Selected Varieties



3 FOR
6⁹⁹

Aylmer Tomatoes
796 ml or Ro*Tel Diced Tomatoes
284 ml



SALE
5⁴⁹
/ea

Clover Leaf
Sockeye Salmon
213 g



ZERO SUGAR.
ALL THE TASTE.



2 FOR
\$16

Canada Dry
or Coca-Cola
Products
Selected Varieties
12 x 355 ml



2 FOR
\$9

Canada Dry
or Coca-Cola
Products
Selected Varieties
6 x 222 ml or
6 x 710 ml



SALE
6⁴⁹
/ea

Canada Dry
or Coca-Cola
Products
Selected Varieties
8 x 300 ml



DRINKS & SNACKS

3 FOR \$6 Co-op Gold Potato Chips 180 - 200 g

made in WESTERN CANADA
GLUTEN-FREE

SALE 7⁹⁹ /ea Pure Life Natural Spring Water 35 x 500 mL

3 FOR 3⁹⁹ Minute Maid or Five Alive Juices 1 L

2 FOR 5⁵⁰ BodyArmor Drink 473 mL

2 FOR \$7 Dare Snack Crackers 120 - 225 g or Crisps 100 g Selected Varieties

2 FOR \$9 Dad's Cookies or Peck Freems 275 - 350 g

SALE 3⁹⁹ /ea Co-op Gold Candy 165 - 400 g

2 FOR \$5 Nestlé Chocolate Bars 65.7 - 120 g

FOR YOUR HOME

SALE 20⁹⁹ /ea Finish Dishwasher Detergent Selected Varieties Package of 56 - 78

2 FOR \$12 Mr. Clean Clean Freak or Dawn Powerwash Spray 473 mL

SALE 4⁹⁹ /ea Co-op Gold Napkins Package of 500

SALE 6⁴⁹ /ea Alcan Foil 100 ft or Ultimate Grill Foil 35 ft

CLEAN UP WITH SAVINGS

SALE 11⁹⁹ /ea Sunlight Laundry Detergent 100 Wash Loads or Snuggly 140 Wash Loads

SALE 12⁹⁹ /ea Purex Laundry Detergent 92 - 110 Wash Loads or Pearl 48 Wash Loads

SALE 9⁹⁹ /ea Purex Baby Soft 56 Wash Loads or Snuggly Sheets Package of 200

WIN UP TO \$10,000 VIP EXPERIENCES PLUS DAILY PRIZES

SALE 7⁹⁹ /ea Purex Bathroom Tissue Package of 12 Double or Ultra-Love 8 Triple Rolls

SALE 8²⁹ /ea Scotties Facial Tissue Selected Varieties Package of 6

SALE 7⁹⁹ /ea SpongeTowels Package of 6 Rolls or UltraPRO Package of 3 Double Rolls

FOR YOUR PETS

SALE 29⁹⁹ /ea Co-op Gold Dog Food 15 kg

SALE 12⁹⁹ /ea Purina One Cat Food Selected Varieties 1.45 - 1.8 kg

SALE 7⁹⁹ /ea Greenies Dog Treats 170 g or Caledon Farms Sticks 215 - 220 g

SALE 6⁹⁹ /ea Whiskas Temptations 454 g

Stock your Pantry

SAVE ON YOUR Favourite BRANDS

BBQ GIVEAWAY!

140 BBQS TO BE WON

GET GRILLIN'

BUY 510 of participating products

UPLOAD receipt to HEINZ.CA/SUMMER

WIN a grill or 1 of 400 BBQ accessories

Gift valued Professional 5.5 Burner Gas Grill, \$1,297 value (Maximum \$50 value)

ALL PURCHASES 2013-2014. FROM APRIL 12, 2013 TO SEPTEMBER 30, 2014. PURCHASES MUST BE 20% OR MORE OFF THE REGULAR PRICE. OFFER VALID IN CANADA ONLY. SEE STORE FOR DETAILS. ©2014 HEINZ. (1308000) (04/2014)

3 FOR \$6

Kraft BBQ Sauce
455 mL or Heinz Mustard 265 - 385 mL

2 FOR 10⁹⁸

Heinz Ketchup
750 mL - 1 L or Kraft Miracle Whip or Mayo 890 mL

SALE 5⁴⁹ /ea

Tingly Ted's Hot Sauce
249 g Mayraacha 560 mL or Mayraacha 490 mL

SALE 11⁹⁹ /ea

KD
12 x 200 g or Cups 10 - 12 x 58 g

SALE 5⁹⁹ /ea

Kraft Peanut Butter
1 kg All Natural 750 g or Hazelnut Spread 725 g

2 FOR 8⁵⁰

Maxwell House Coffee
Ground 280 - 300 g or Instant 114 - 264 g

2 FOR 9⁹⁸

HP Sauce
400 mL Lea & Perrins Worcestershire Sauce 284 mL or Heinz Chili Sauce 455 mL

2 FOR \$8

Classico Pasta Sauce
410 - 650 mL Pesto 218 mL or Shake 'n Bake 142 - 184 g

SALE 6⁹⁹ /ea

Kraft Pizza Kit
850 g

SALE 4⁹⁹ /ea

Kraft Singles or Velveeta Slices
410 g or Cheez Whiz 450 g

SALE 9⁹⁹ /ea

Tang
2.2 kg

3 FOR 11⁹⁷

Kool-Aid Jammers
10 x 180 mL

FIND 100+ EASY, CHEESY RECIPES

DOWNLOAD THE APP!

BITES

© Tre Stelle

SALE 8⁴⁹ /ea

Tre Stelle Feta
375 g

SALE 4⁹⁹ /ea

Castello Cream Cheese Rings
125 g

SALE 7⁹⁹ /ea

Tre Stelle Mozzarella
340 g

SALE 3⁹⁹ /100g

Grana Padano Italian Cheese
Imported from Italy

2 FOR 9⁹⁸

Tre Stelle Shredded Cheese
125 - 200 g

SALE 5⁹⁹ /ea

Arla Cheese Snacks
168 g

SALE 7⁴⁹ /ea

Nescafé Instant Coffee
Selected Varieties 100 - 396 g

SALE 4⁹⁹ /ea

Nescafé Cappuccino
Package of 8 or Coffee Mate 425 - 450 g

Nestlé
Good Food, Good Life®

2 FOR \$9

Nestlé Coffee Mate Liquid
828 - 946 mL

SALE 6⁹⁹ /ea

Good Host or Nestea Iced Tea Powder
715 g

2 FOR \$9

Nestlé Chocolate Multipack
Package of 4 or Bags 135 - 203 g Selected Varieties

SALE 6⁴⁹ /ea

Nestlé Drumstick Ice Cream or Del Monte Sorbet
Frozen 946 mL



FUR-TASTIC SAVINGS FOR YOUR PETS



OUR PAW-TNERS



SALE
34.99 /ea

Pedigree Dog Food
14 kg



SALE
22.99 /ea

Friskies Cat Food
7.26 - 7.5 kg



SALE
14.99 /ea

Co-op Centsibles Cat Food
8 kg



SALE
10.99 /ea

Pup-Peroni or Milk-Bone Dog Treats
708 g



PRICING IN EFFECT APRIL 11 - MAY 01, 2024



DOGS

3 FOR
9⁹⁹

Purina
Beggin' Strips



SALE
15⁹⁹
/ea

Co-op Gold
Dog Food



SALE
12⁹⁹
/ea

Co-op Gold PURE
Dog Treats



CATS

2 FOR
\$6

Friskies
Cat Treats

170 g. Fancy Feast Savoury Cravings 28 g
or Savoury Purées 40 g



SALE
17⁹⁹
/ea

Co-op Gold PURE
Cat Food

4 kg



4 FOR
9⁹⁶

Co-op Gold Cat Food

400 g



SALE
5⁹⁹
/ea

Co-op Gold
Cat Litter

6.4 kg





FOR YOUR
PETS

		<p>3 FOR \$9</p> <p>Temptations Cat Treats 180 g</p>	<p>6 FOR \$8</p> <p>Whiskas Cat Food Selected Varieties 75 - 100 g</p>
<p>SALE 10⁹⁹ /ea</p> <p>Pedigree Dentastix 553 - 608 g or Marrobone 1.9 kg</p>	<p>6 FOR 9⁹⁶</p> <p>Cesar Singles Dog Food 100 g</p>	<p>SALE 29⁹⁹ /ea</p> <p>Iams Dog Food 6.8 kg</p>	<p>SALE 17⁹⁹ /ea</p> <p>Whiskas Cat Food 4 kg</p>

<p>SALE 12⁹⁹ /ea</p> <p>Purina Tidy Cats 2.72 kg</p>	<p>SALE 8⁴⁹ /ea</p> <p>Purina Cat or Kitten Chow 1.6 - 2 kg or Beneful Dog Food 1.6 kg</p>	<p>SALE 36⁹⁹ /ea</p> <p>Alpo Cookout Classics Dog Food 16 kg</p>	
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		<p>SALE 11⁹⁹ /ea</p> <p>Good'n Fun Dog Treats 340 g</p>	<p>SALE 11⁹⁹ /ea</p> <p>DreamBone 259 - 280 g</p>
<p>SALE 39⁹⁹ /ea</p> <p>6-Piece Pet Grooming Set</p>	<p>SALE 9⁹⁹ /ea</p> <p>Just for Cats Kitty Caster Toy</p>	<p>SALE 9⁹⁹ /ea</p> <p>Hartz Tuff Stuff Dog Toy</p>	<p>SALE 9⁹⁹ /ea</p> <p>Oinkies Mini Twists Dog Treats 192 g</p>

<p>SALE 8⁹⁹ /ea</p> <p>Meow Mix Cat Food 1.36 - 2 kg</p>	<p>SALE 12⁹⁹ /ea</p> <p>Nature's Recipe Dog Food Grain Free 1.8 kg</p>	<p>2 FOR \$10</p> <p>Milk-Bone Dog Treats 300 - 900 g or Farmer's Medley 280 - 340 g Selected Varieties</p>	<p>MORE DOG. MORE LOVE. MORE...</p> <p>MILK-BONE</p>
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SALE
18⁹⁹
/ea

Co-op Gold Cat Food



SALE
7⁹⁹
/ea

Co-op Gold Cat Litter



SALE
37⁹⁹
/ea

Co-op Gold PURE Dog Food



SALE
28⁹⁹
/ea

Co-op Gold PURE Dog Food



SALE
25⁹⁹
/ea

Co-op Centsibles Dog Food



SALE
45⁹⁹
/ea

Co-op Gold PURE Dog Food



SALE
2⁴⁹
/ea

Co-op Gold Dog Food



SALE
7⁹⁹
/ea

Co-op Gold PURE Dog Treats



OUR BRANDS

CO-OP GOLD PURE
Dog Treats

WESTERN CANADIAN MADE
FAIT DANS L'OUEST CANADIEN

NO ARTIFICIAL COLOURS, FLAVOURS, OR PRESERVATIVES. NO FILLERS ADDED.
SANS COLORANTS OU AROMES ARTIFICIELS NI AGENTS DE CONSERVATION. SANS AGENTS DE REMPLISSAGE AJOUTÉS.

FORMULATED WITHOUT CORN, WHEAT OR SOY.
FORMULE SANS MAÏS, BLÉ OU SOJA

