

DEALS DEALS DEALS DEALS FOR DAYS EVENT



SAVE 41%
.88

GREEN ONIONS
product of Mexico
bunch
oignons verts
20107300001 EA



.88

LEMONS
product of South Africa
each
citrons
2002893001 EA



**GRAVES
APPLE JUICE**
1 L
jus de pomme
20222509 EA

SAVE 55%
.88



SAVE UP TO 73%
.88

**GLAD CLING WRAP 30 m or
TITAN ALUMINUM FOIL or
WAX PAPER 25 ft**
pellicule plastique ou papier d'aluminium ou papier cire
20002818 EA/21408422 EA

EARTH DAY

is April 22, 2024



SAVE 33%

9.99

TIDE PODS 31/23/18's
**LAUNDRY DETERGENT,
DOWNY FABRIC
SOFTENER** 1.89-2.63 L, **DOWNY** or
GAIN SCENT BOOSTERS 379 g or
BOUNCE DRYER SHEETS 120/200's
selected varieties
détergent ou assouplissant ou
réhausseurs de parfum ou feuilles
21530428 EA/20880113 EA



SAVE 38%

7.99

15=30 ROLLS

ROYALE BATHROOM TISSUE
selected varieties
papier hygiénique
21572802 EA



7.99

2/3=6 ROLLS

ROYALE TIGER TOWELS
selected varieties
essuie-tout
21484702 EA



SAVE 20%

3.99

**PC PLANET FIRST
ALL PURPOSE CLEANER**
selected varieties
700 mL
nettoyant tout usage
21543287 EA/21543302 EA

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NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, APRIL 18 TO WEDNESDAY, APRIL 24, 2024.



SAVE 50%
5.99

SCHNEIDERS CHICKEN WINGS
selected varieties, frozen
615 g
ailes de poulet
21372433 EA



SAVE 42%
2.49
LB

CHICKEN DRUMSTICKS
fresh
pilons de poulet
5.47/kg
20004496 EA



4.99

6 LB BAG

NO NAME® NATURALLY IMPERFECT™ APPLES
product of Atlantic Provinces
pommes
20664952001 EA



SAVE 16%
4.99

4 LB BAG

FARMER'S MARKET™ MANDARINS
product of Morocco or Turkey
mandarines
20054022001 EA



SAVE 42%
1.88

CAMPBELL'S CHUNKY 515 mL,
READY TO SERVE 515 mL or
HABITANT 796 mL **SOUP**
selected varieties
soupe
21480519 EA/21480539 EA



SAVE 30%
3.49

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
320-410 g
pizza
20296100001 EA/20296438006 EA



SAVE UP TO 32%
1.88

PC® KETTLE, LOADS OF WORLD OF CHIPS
selected varieties
200 g
croustilles
20840911004 EA



SAVE UP TO 44%
9.87

FINISH DISHWASHER TABS 30-55's or **JET-DRY** 946 mL
selected varieties
capsules de détergent pour lave-vaisselle ou agent de rinçage
21363323 EA

FLYER PRICES EFFECTIVE IN ATLANTIC CANADA STORES ONLY.

nofrills.ca

01 NFA M

DEALS DEALS DEALS FOR DAYS EVENT

1.99
EA/LB

TOMATOES ON THE VINE
4.39/kg product of Canada or Mexico or **BROCCOLI CROWNS**
each product of U.S.A. or Mexico
tomates sur vigne ou couronnes de brocoli
30026703001, X0/21131346001, EA

4.99

1 LB CLAMSHELL

STRAWBERRIES
product of U.S.A., no. 1 grade
framboises
20049778001, EA

GROWN IN CANADA

4.99

10 LB BAG

RUSSET POTATOES
product of Canada, Canada no. 1 grade
pommes de terre
20041020001, EA

3.99
LB/EA

CANTALOUPE, each,
product of Guatemala or Honduras, no. 1 grade
or **RED** or **GREEN SEEDLESS**
GRAPES 8.90/kg
product of South Africa or Chile, no. 1 grade
cantaloup ou raisins rouges ou verts sans pépins
20164917001, EA/20423773001, KG



**If your produce isn't fresh,
we'll replace AND refund it.***



1.49

ENGLISH CUCUMBERS
product of Atlantic Provinces,
Canada no. 1 grade
courcoubons anglais
20041020001, EA



1.99
LB

BARTLETT PEARS
product of Argentina,
extra heavy grade
poires
2017220001, KG



GROWN IN CANADA
2.99

3 LB BAG

**FARMER'S MARKET™
CARROTS &
YELLOW ONIONS**
product of Canada,
Canada no. 1 grade
carottes et oignons jaunes
20041020001, EA, 20041020001, EA



GROWN IN CANADA
5.99

**PC® AXIANY
= MIXIANY
TOMATOES**
product of Canada
tomates
20041020001, EA/21041020001, EA



GROWN IN CANADA
3.99

454 G

**PC® WHOLE WHITE
or CREAMINI
MUSHROOMS**
product of Canada
champignons entiers ou blancs
20041020001, EA



4.99

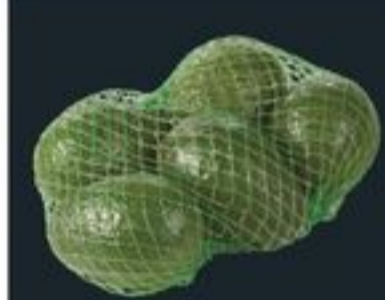
**FARMER'S MARKET™
MINI CUCUMBERS** product of
Canada, Canada no. 1 grade or
SWEET PEPPERS
product of Mexico
mini courcoubons et poivrons
20041020001, EA, 20041020001, EA



4.99

3 LB BAG

**FARMER'S MARKET™
NAVEL ORANGES**
product of Spain, Morocco,
Turkey or Egypt
orange navel
20041020001, EA



4.99

**PKG OF
5 OR 6**

AVOCADOS
product of Mexico
avocat
20041020001, EA



\$6

**SEAQUEST® COD,
SOLE, TILAPIA,
HADDOCK, WILD
POLLOCK = PINK
SALMON FILLETS**
400 g
filets de poisson
20041020001, EA



5.99
LB

**PORK CENTRE
CHOPS**
boned, fresh
chicouettes de porc
13.21 kg
20041020001, EA



\$14

**PC® BLUE MENU™
THICK & JUICY™
FREE FROM®
BURGERS**
selected varieties, frozen
1.02, 1.26 kg
burgers
20041020001, EA



20.99

2 KG BOX

PINEHILL CHICKEN BREAST
bone-in, frozen
poitrine de poulet
20041020001, EA



2.99

WONDER BREAD 300-473 g or
BUNS 2x, or
**COUNTRY HARVEST
BREAD** 400-500 g or
BAOGL 2x
selected varieties
pain ou petits pains ou bagels
20041020001, EA/21041020001, EA



\$4

**PC® ALL-BUTTER
CROISSANTS**
ready to bake
selected varieties, frozen
213-360 g
croissants
20041020001, EA



4.50

PC® MINI MUFFINS
selected varieties
334 g
mini-muffins
20041020001, EA



4.99

SAPUTO CHEESE
selected varieties
170-200 g
fromage
20041020001, EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

DEALS DEALS DEALS FOR DAYS EVENT

**CRACKER BARREL
CHEESE SHREDS**
selected varieties
320 g
Fromage
212906 SA, EA

SAVE 25%

5⁷⁷



**SIMPLY
ORANGE JUICE,
LEMONADE or
GOLD PEAK
ICED TEA**
selected varieties,
refrigerated
2.63 L
jus ou thé glacé
21592193 SA, 21592203 EA

6⁴⁹



SAVE 33%

7⁹⁹

POGO
selected varieties, frozen
8/10's
source sur bâtonnets
2001320001 EA

2⁹⁹

**KELLOGG'S
RICE KRISPIES
POP TARTS 384 g,
SPECIAL K
NUTRI-GRAIN
295 g
selected varieties
collection ou barres
2012656793 EA, 2012694001 EA**

3⁴⁹

**SCOTSBURN
COTTAGE CHEESE**
selected varieties
500 g
Fromage cottage
20073636 EA

5⁹⁹

**NUTELLA
HAZELNUT SPREAD**
725 g
Nutella
20441592 EA

3⁴⁹

**CHAPMAN'S
COLLECTION
LOLLY**
selected varieties, frozen
friandises glacées
2012375707 EA, 2012381109 EA

\$4

**PC® BLACK LABEL
ICE CREAM 500 mL or
ICE CREAM SHOP
ICE CREAM 946 mL**
selected varieties, frozen
crème glacée
2000434304 EA, 20004143001 EA

13⁹⁹

**KRISPY KREME,
TIMOTHY'S or
DONUT HOUSE COFFEE**
PODS 39's or
PC® WHOLE BEAN
COFFEE 907 g
selected varieties
capsules de café ou café en grains
21507280 EA, 215192334 EA

1⁶⁹

UNICO TUNA
198 g
thon
20113743 EA

2⁹⁹

**UNICO OLIVES or
HOT PEPPERS or
PICKLED
VEGETABLES 750 mL**
selected varieties
olives ou piments forts ou
légumes marinés
20120443 EA, 21102532 EA

3⁹⁹

PEPSI SOFT DRINKS
selected varieties
6x710 mL
boissons gazeuses
2012544002, 201251054005, 201251054006

8⁹⁹

**PALMOLIVE
DISHWASHING
LIQUID**
selected varieties
4.27 L
détergent liquide à vaisselle
21116487 EA

13⁹⁹

**ARM & HAMMER
LAUNDRY
DETERGENT**
4.92 L
détergent à lessive
21117287 EA

14⁹⁹

**GAIN LIQUID 4.55 L or
FLINGS 42, LAUNDRY
DETERGENT**
selected varieties
détergent à lessive
20099427 EA, 21403174 EA

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GREEN GIANT FROZEN VEGETABLES
selected varieties
400-750 g
légumes surgelés
21022303, EA/21022305, EA

SAVE UP TO 27%

349



KRAFT DINNER
original
200 g
macaroni au fromage
21549535, EA

SAVE 20%

\$1



DANONE ACTIVIA YOGURT TUB
selected varieties
650 g
contenant de yogourt
2022512201, EA/2022512203, EA

SAVE UP TO 34%

299



349

PC FROZEN VEGETABLES
400-750 g or
PREMIUM FROZEN VEGETABLES
selected varieties
350-500 g
légumes surgelés
20218915, EA/21042302, EA



350

NO NAME PIZZA
selected varieties, frozen
350-411 g
pizza
21548229, EA



449

CHOCOLATE MILK
brand varies by region
2 L
lait au chocolat
2011027902, EA



169

CHEF BOYARDEE PASTA
selected varieties
418/423 g
pâtes
2021200005, EA



189

AYLMER ACCENTS TOMATOES
selected varieties
540 mL
tomatoes
21207187, EA



349

EGGO WAFFLES
selected varieties, frozen
8 1/2
gâufres
20202779, EA



249

DARE COOKIES
selected varieties
199 213 g
biscuits
20202022, EA/21020771, EA



249

DARE CRACKERS
selected varieties
199 230 g
biscuits
21202626, EA/21020771, EA



500th **50¢ Value**

299

TETLEY HERBAL TEA
selected varieties
20/24's
96
20711152, EA



1149

NO NAME ALL PURPOSE FLOUR
11.4 kg
farine
202224, EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

BIG DEALS FOR LITTLE ONES



SAVE 20%
19⁹⁹

HUGGIES SUPER BIG PACK DIAPERS
size N-7, selected varieties
22-108's
couches
31456311 EA



ORGANIC
\$1

PC ORGANICS BABY FOOD POUCHES
selected varieties
128 mL
aliments pour bébé en sachets
20631249023 EA/20664147004 EA

Optimum
10,000 pts
when you spend
\$50 or more on



DIAPERS, WIPES, FORMULA, FOOD, NEEDS or ACCESSORIES
all sizes and varieties
couches ou lingettes ou préparation ou aliments ou articles ou accessoires
21097185 EA/20323077001 EA/21101577 EA



financial®

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Avid points collector

Life-long partner

Sign up

*Limited time offer. Conditions apply. ©/™All trademarks property of their respective owners. PC Money™ Account is provided by President's Choice Bank.



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Fast forward to FREE groceries.

Get **\$100** in welcome points*



APPLY NOW

*Offer available until May 13, 2024; conditions apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONLINE NF MKT 1

BETTER AS A MEMBER * Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing.

Apr 18-24, 2024

Get 10% off all WestJet gift cards



* Valid April 18-24, 2024. Purchase any one WestJet gift card and get 10% off, while quantities last. See gift card for full details, terms & conditions. Offer valid in-store only at participating Loblaw banner store locations; offer not available at Shoppers Drug Mart® locations. Subject to availability; selection may vary by store. We reserve the right to limit quantities. Cannot be combined with any other gift card offers. Not valid on prior purchases. Trademarks © are the property of their respective owners. PC Optimum™ points cannot be redeemed toward the purchase of gift cards. The Gift of Choice gift card selection is available at participating Loblaw banner stores where President's Choice® products are sold.

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The  **NOFRILLS** thing to do.