



Optimum™

# Members save more.



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pc optimum.ca  
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See back page for details.



Members save  
**\$4.80**



PC® OR BLUE MENU® MEAT OR VEGETABLE LASAGNA OR MACARONI & CHEESE ENTRÉES SELECTED VARIETIES FROZEN 1.13 KG LASAGNE À LA VIANDE OU AUX LÉGUMES OU PLATS CUISINÉS DE MACARONI AU FROMAGE PC® OU MENU BLEU™  
20314880\_EA/20326534\_EA

Optimum

Members-Only Price™

**7.99**

Non-members

**12.79**

Members save  
**70¢**



OCEAN'S LIGHT TUNA SELECTED VARIETIES 170 G THON PÂLE OCEAN'S  
21004270\_EA

Optimum

Members-Only Price™

**1.29**

Non-members

**1.99**

Members save  
**\$1.29**



PC® MINI MUFFINS SELECTED VARIETIES 12'S MINI-MUFFINS PC®  
21488839\_EA

Optimum

Members-Only Price™

**\$5**

Non-members

**6.29**



# PRICE DROP

**LOWERED  
PRICES UNTIL  
MAY 15<sup>th</sup> 2024**



**BEN'S ORIGINAL  
BISTRO EXPRESS RICE  
SELECTED VARIETIES  
240/250 G  
RIZ BISTRO EXPRESS  
BEN'S ORIGINAL  
21404900\_EA/21405242\_EA**

**\$3<sup>#</sup>**



**SUNCHIPS  
MULTIGRAIN  
FLAVOURED SNACKS  
SELECTED VARIETIES  
205 G  
GRIGNOTINES  
DE MULTIGRAINS  
AROMATISÉES  
SUNCHIPS  
21370313\_EA/21370317\_EA**

**2<sup>50</sup><sup>#</sup>**



**SCOPE CLASSIC ORIGINAL  
MINT OR COOL PEPPERMINT  
MOUTHWASH  
SELECTED VARIETIES  
1 L  
RINCE-BOUCHE SCOPE  
MENTHE ORIGINALE  
CLASSIQUE OU MENTHE  
POIVRÉE FRAÎCHE  
20948747\_EA/20948867\_EA**

**\$4<sup>#</sup>**

<sup>#</sup>PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



**APRIL**  
**HIT OF THE MONTH**

limit 8  
after limit  
3.99 ea.



**MR. BEAST FEASTABLES CHOCOLATE BAR**  
SELECTED VARIETIES  
60 G  
BARRE DE CHOCOLAT  
MR. BEAST FEASTABLES  
21588617\_EA/21589802\_EA

**\$3**

limit 6  
after limit  
2.99 ea.



**CAVENDISH FRIES**  
SELECTED VARIETIES  
FROZEN  
800 G  
FRITES CAVENDISH  
21559837\_EA/21559976\_EA

**\$2**

limit 6  
after limit  
2.99 ea.



**LECLERC GO PURE**  
SELECTED VARIETIES  
140-175 G  
BARRES GO PURE LECLERC  
21221434\_EA

Members-Only Price\*  
**\$2**  
Non-members  
**2<sup>99</sup>**

**LOWEST PRICES**  
**BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*Must be a registered PC Optimum® member to get this offer.  
Valid from April 1 - 30, 2024. While quantities last. See in-store for details.





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1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board



CLICK FOR THIS COUPON AND MORE



Scan to see our complete digital flyer



**valu-mart**



CUT BY OUR BUTCHERS



air chilled **SAVE**  
**AT LEAST \$2<sup>70</sup>/LB**

**SALE**  
**SAVE \$1<sup>00</sup>/LB**

**CANADA**  
**PC® FREE FROM™ SPLIT CHICKEN WINGS TIPS REMOVED, CLUB PACK® OR BONE-IN SPLIT BREASTS AIR CHILLED, 11.00/KG**  
**AILES DE POULET SÉPARÉES OU POITRINES SÉPARÉES AVEC OS PC™ SIMPLEMENT BON™**  
20141372\_KG/20821170\_KG

**4<sup>99</sup>**  
**LB**

**CANADA**  
**SIRLOIN TIP OVEN ROAST CUT FROM CANADA AAA GRADE BEEF OR HIGHER 13.21/KG**  
**RÔTI DE POINTE DE SURLONGE**  
20812306\_KG

**5<sup>99</sup>**  
**LB**



CUT BY OUR BUTCHERS

1 LB

**SAVE 50%**  
**SAVE \$3<sup>00</sup>/LB**

**SALE**  
**SAVE \$2<sup>50</sup>**

**2<sup>99</sup>**  
**LB**

**2<sup>99</sup>**

**PORK SIRLOIN CHOPS OR ROAST BONELESS, FAMILY SIZE 6.59/KG**  
**CÔTELETTES OU RÔTI DE SURLONGE DE PORC**  
20835855\_KG/20836762\_KG

**STRAWBERRIES**  
PRODUCT OF U.S.A., NO. 1 GRADE  
1 LB  
**FRAISES**  
20049778001\_EA



**SAVE**  
**AT LEAST \$1<sup>75</sup>**

**SALE**  
**SAVE \$3<sup>50</sup>/LB**

**3<sup>49</sup>**

**10<sup>99</sup>**  
**LB**

**DR. OETKER RISTORANTE OR CASA DI MAMA PIZZA**  
SELECTED VARIETIES FROZEN  
320-410 G  
**PIZZA RISTORANTE OU CASA DI MAMA DR. OETKER**  
20296100001\_EA/20296424006\_EA

**FRESH ATLANTIC SALMON FILLETS**  
FAMILY SIZE  
24.23/KG  
**FRESH SEAFOOD ITEMS SUBJECT TO AVAILABILITY.**  
**FILETS DE SAUMON DE L'ATLANTIQUE FRAIS**  
20720065\_KG



**SAVE**  
**THIS WEEK**

**SALE**  
**SAVE \$1**

**SAVE**  
**THIS WEEK**

**6<sup>49</sup>**

**1<sup>99</sup>**

**3/\$5**  
**LESS THAN 3 \$1.99 EA.**

**DANONE ACTIVIA**  
12X100 G, OIKOS 650/750 G OR SOURCE CREAMY 16X100 G  
SELECTED VARIETIES  
**YOGOURT ACTIVIA, OIKOS OU SOURCE DANONE**  
20608924\_EA/21006885\_EA

**HUNT'S PASTA OR TOMATO SAUCE**  
SELECTED VARIETIES  
369-680 ML  
**PÂTES OU SAUCE TOMATE HUNT'S**  
20008721\_EA/20296852001\_EA

**BARILLA PASTA**  
SELECTED VARIETIES  
340/410 G  
**PÂTES BARILLA**  
21404812\_EA/21515800\_EA



**2,000<sup>00</sup>**

**\$2 Value**

**SALE**  
**SAVE \$2**

**SAVE**  
**AT LEAST \$2**

**3<sup>75</sup>**  
**EA**

**12<sup>99</sup>**

**6<sup>99</sup>**

**MIX & MATCH COUNTRY HARVEST BREAD OR BAGELS**  
SELECTED VARIETIES AND SIZES  
**PAIN OU BAGELS COUNTRY HARVEST**  
21178597\_EA  
21178640\_EA  
21178642\_EA  
**LESS THAN 2 \$4.49 EA.**

**PC® ROAST AND GROUND COFFEE**  
SELECTED VARIETIES  
875/930 G  
**CAFÉ TORRÉFIÉ ET MOULU PC™**  
21393374\_EA  
21393573\_EA

**CASHMERE BATHROOM TISSUE** 12 DOUBLE ROLLS, SPONGETOWELS PAPER TOWELS 6 ROLLS OR SCOTTIES FACIAL TISSUE 6'S  
SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE, ESSUIE-TOUT SPONGETOWELS OU MOUCHOIRS SCOTTIES**  
21189812\_EA/21294739\_EA

Flyer prices effective from Thursday, April 25th to Wednesday, May 1st, 2024. SEE BACK PAGE FOR DETAILS.





**PC\* BACON-WRAPPED WILD SEA SCALLOPS**  
FROZEN 260 G  
**PÉTONCLES SAUVAGES BARDÉS DE BACON PC™**  
21220644\_EA

Members save **\$1.50**

5,000<sup>+</sup> for every \*10 spent on

**\$5 Value**

Y-Optimum

Members-Only Price\*

**13<sup>50</sup>**

Non-members **\$15**



**QUAKER CEREAL**  
SELECTED VARIETIES  
298-500 G  
**CÉRÉALES QUAKER**  
20637355\_EA/21082500\_EA



**STARBUCKS FRAPPUCCINO, TRIPLESHOT OR DOUBLESHOT**  
SELECTED VARIETIES  
405/444 ML  
**FRAPPUCCINO, TRIPLESHOT OU DOUBLESHOT STARBUCKS**  
20867771\_EA/20640857\_EA



**PC\* ORANGE JUICE**  
SELECTED VARIETIES  
2.5 L  
**JUS D'ORANGE PC™**  
21531644\_EA/21531646\_EA



**BLACK DIAMOND CHEESE BARS**  
400 G, SHREDS 300-320 G OR SAUCE TUBS 300 ML  
SELECTED VARIETIES  
**BARRES DE FROMAGE, FROMAGE RÂPÉ OU CONTENANTS DE SAUCE BLACK DIAMOND**  
21208649\_EA/21278845\_EA



**KELLOGG'S EGGO WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8'S  
**GAUFRES EGGO KELLOGG'S**  
20302779\_EA/20323436001\_EA

WHEN YOU BUY 2  
**SAVE \$1.98**

**2/\$7**  
LESS THAN 2 \$4.49 EA.



**GAY LEA BUTTER**  
SALTED OR UNSALTED  
454 G  
**BEURRE GAY LEA**  
20559408\_EA/20559466\_EA

SALE  
**SAVE \$2.50**

**5<sup>99</sup>**



**NEILSON CREAM**  
SELECTED VARIETIES  
473 ML/1 L  
**CRÈME NEILSON**  
20123609\_EA/20174431\_EA

SALE  
**SAVE 50¢**

**3<sup>49</sup>**



**MCCAIN SUPERFRIES, BREAKFAST OR SPECIALTY POTATOES**  
SELECTED VARIETIES  
FROZEN, 397-800 G  
**SUPERFRIES, POMMES DE TERRE DE JEUNER OU DE SPÉCIALITÉ**  
**MCCAIN**  
2032432802\_EA  
20798979\_EA

WHEN YOU BUY 2  
**SAVE 98¢**

**2/\$10**  
LESS THAN 2 \$5.49 EA.



**NESTLÉ DRUMSTICK**  
SELECTED VARIETIES  
FROZEN  
4'S  
**FRIANDISES GLACÉES DRUMSTICK NESTLÉ**  
20322380001\_EA

SAVE THIS WEEK

**5<sup>99</sup>**



**DORITOS FLAVOURED TORTILLA CHIPS OR CHEETOS CHEESE FLAVOURED SNACKS**  
SELECTED VARIETIES  
155-300 G  
**CROUSTILLES DE TORTILLA AROMATISÉES DORITOS OU GRIGNOTINES AROMATISÉES AU FROMAGE CHEETOS**  
21369118\_EA/21370169\_EA

WHEN YOU BUY 2  
**SAVE 98¢**

**2/\$8**  
LESS THAN 2 \$4.49 EA.



**VH SAUCES**  
SELECTED VARIETIES  
341/355 ML  
**SAUCES VH**  
20984013\_EA/21127164\_EA

WHEN YOU BUY 2  
**SAVE \$1.58**

**2/\$8**  
LESS THAN 2 \$4.79 EA.



**KRAFT SALAD DRESSING**  
SELECTED VARIETIES  
425 ML  
**VINAIGRETTE KRAFT**  
21584850\_EA/21583672\_EA

**3<sup>49</sup>**



**NATURE VALLEY GRANOLA BARS**  
120-230 G, BETTY CROCKER OR MOTT'S FRUIT SNACKS 129-226 G  
**PILLSBURY SOFT BAKED BARS**  
150 G OR CEREAL TREAT BARS 120-150 G, SELECTED VARIETIES  
**BARRES GRANOLA VAL NATURE, COLLATIONS AUX FRUITS BETTY CROCKER OU MOTT'S, BARRES MOELLEUSES OU BARRES DE CÉRÉALES PILLSBURY**  
2031552002\_EA  
20318474001\_EA

WHEN YOU BUY 2  
**SAVE \$1.48**

**2/\$6<sup>50</sup>**  
LESS THAN 2 \$3.99 EA.



**AYLMER TOMATOES ORIGINAL OR ACCENTS**  
796/540 ML OR CHEF BOYARDEE 418/425 ML  
SELECTED VARIETIES  
**TOMATES AYLMER ORIGINALES OU ACCENTS OU CHEF BOYARDEE**  
20312500005\_EA/21207587\_EA

SAVE AT LEAST 25¢

**1<sup>99</sup>**



**COCA-COLA OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
6X710 ML  
**BOISSONS GAZEUSES COCA-COLA OU PEPSI**  
20313741002\_C06  
20310546002\_C06

WHEN YOU BUY 2  
**SAVE \$2.98**

**2/\$12**  
LESS THAN 2 \$7.49 EA.



**GAIN LAUNDRY DETERGENT**  
1.36 L/1.4'S TIDE PODS 12-16'S, DOWNY OR TIDE FABRIC SOFTENER .946-1.31 L, BOUNCE SHEETS 40-80'S  
SELECTED VARIETIES  
**DÉTERGENT À LESSIVE GAIN, PÔDS TIDE, ASSOULISSANT TEXTILE DOWNY OU GAIN, FEUILLES OU PERLES BOUNCE**  
21405807\_EA/21549771\_EA

SAVE AT LEAST \$1

**5<sup>99</sup>**

CUSTOMER RELATIONS 1-800-296-2332. VISIT [valumart.ca](http://valumart.ca) FOR STORE HOURS.

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\*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction.

\*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. †PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.





# Produce



**BLACKBERRIES**  
PRODUCT OF MEXICO  
OR **RASPBERRIES**  
PRODUCT OF U.S.A.  
170 G  
**MÛRES OU FRAMBOISES**  
2051015001\_EA/2012833001\_EA

**3.49**



**PC® EXTRA LARGE RED SEEDLESS GRAPES**  
PRODUCT OF SOUTH AFRICA  
OR CHILE, NO. 1 GRADE  
8.80/KG  
**TRES GROS RAISINS ROUGES**  
**SANS PÉPINS PC™**  
20159199001\_KG

**3.99**  
LB



**2 LB**  
**PLUMS**  
PRODUCT OF CHILE,  
NO. 1 GRADE  
2 LB  
**PRUNES**  
20554316001\_EA

**6.99**



**PKG OF 3**  
**ONTARIO FARMER'S MARKET™ ENGLISH CUCUMBERS 3'S OR PC® COCKTAIL TOMATOES**  
340 G  
PRODUCT OF ONTARIO  
**CONCOMBRES ANGLAIS DÉLICÉS DU MARCHÉ™ OU TOMATES COCKTAIL**  
20828461001\_EA/20779176001\_EA

**4.49**



**10 LB**  
**CANADA FARMER'S MARKET™ RUSSET POTATOES**  
PRODUCT OF CANADA,  
CANADA NO.1 GRADE  
10 LB  
**POMMES DE TERRE RUSSET DÉLICÉS DU MARCHÉ™**  
20601020001\_EA

**5.99**



**BROCCOLI CROWNS**  
PRODUCT OF U.S.A.  
8.80/KG  
**COURONNES DE BROCOLI**  
20826161001\_KG

**3.99**  
LB



**LARGE CANTALOUPES**  
PRODUCT OF GUATEMALA OR HONDURAS  
EACH  
**GROS CANTALOUPS**  
20167017001\_EA

**5.99**



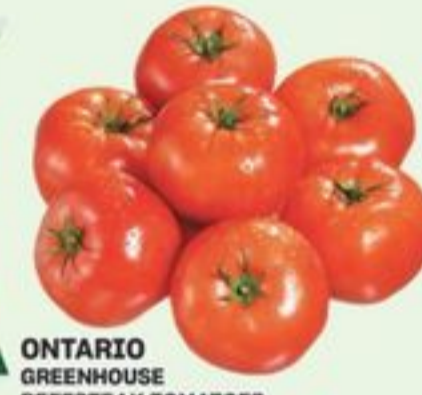
**PKG OF 5**  
**AVOCADOS**  
PRODUCT OF MEXICO  
5'S  
**AVOCATS**  
20142232001\_EA

**4.99**



**TAYLOR FARMS™ CHOPPED SALAD KITS**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
315-383 G  
**SALADES HACHÉES**  
**TAYLOR FARMS**  
21335140\_EA/  
21335159\_EA

**2/\$12**  
LESS THAN 2 \$6.99 EA.



**ONTARIO GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF ONTARIO  
4.39/KG  
**TOMATES BEEFSTEAK DE SERRE**  
20426141001\_KG

**1.99**  
LB



**1,000 Value**  
**CORED PINEAPPLE**  
PREPARED FRESH  
IN-STORE DAILY  
600 G  
**ANANAS ÉVIDÉ FRAIS**  
20503143\_EA

**5.99**

# Butcher



**MEDIUM GROUND BEEF**  
FAMILY SIZE  
13.21/KG  
**BOEUF HACHÉ MI-MAIGRE**  
20865673\_KG

**5.99**  
LB



**PC® WHOLE CHICKEN**  
AIR CHILLED  
7.69/KG  
**POULET ENTIER PC™**  
20089413\_KG

**3.49**  
LB



**ONTARIO BEEF STIR FRY STRIPS**  
CUT FROM CERTIFIED ONTARIO CORN FED CANADA AA GRADE BEEF OR HIGHER  
250 G  
**LANIÈRES DE BOEUF À SAUTER**  
21588067\_EA

**CUT BY OUR BUTCHERS**

**\$7**



**PC® FREE FROM™ BONELESS STEWING BEEF**  
454 G  
**BOEUF À RAGOÛT DÉOSSÉ PC™ SIMPLEMENT BON™**  
21219169\_EA

**12.99**



**JOHNSONVILLE PORK SAUSAGE**  
SELECTED VARIETIES  
250-500 G  
**SAUCISSES DE PORC JOHNSONVILLE**  
20003902\_EA/20303844\_EA

**6.99**



**CHICKEN LEGS**  
FAMILY SIZE,  
BACK ATTACHED  
6.59/KG  
**CUISSES DE POULET**  
20153925\_KG

**2.99**  
LB



**SUFRA™ HALAL CHICKEN BREAST**  
BONELESS,  
SKINLESS  
3'S  
**POITRINES DE POULET HALAL SUFRA™**  
21430678\_EA

**\$12**



**SCHNEIDERS LUNCHMATE STACKERS OR KITS**  
SELECTED VARIETIES  
90-132 G  
**LUNCHMATE STACKERS OU TROUSSES-REPAS SCHNEIDERS**  
20770777\_EA/  
21310034\_EA

**3/9.99**  
LESS THAN 3 \$3.99 EA.



**PINTY'S CHICKEN WINGS**  
SELECTED VARIETIES,  
FROZEN  
780 G  
**AILES DE POULET PINTY'S**  
21507493\_EA

**17.99**



**PC® BURGERS**  
SELECTED VARIETIES,  
FROZEN  
568 G-1.36 KG  
**BURGERS PC™**  
20941230\_EA/  
20941443\_EA

**2/\$30**  
LESS THAN 2 \$16.99 EA.



**ST-HUBERT OR SWISS CHALET PIÉS**  
SELECTED VARIETIES  
FROZEN  
650-800 G  
**PÂTES ST-HUBERT OU SWISS CHALET**  
21047194\_EA/  
20719334\_EA

**10.99**

# Seafood

Fresh seafood items subject to availability.



**SHRIMP SKEWERS**  
PLAIN OR MARINATED,  
PREVIOUSLY FROZEN  
55 G  
**BROCHETTES DE CREVETTES**  
21119692\_EA

**1.70**



**FRESH ASC TILAPIA FILLETS**  
22.02/KG  
**FILETS DE TILAPIA FRAIS ASC**  
20121576\_KG

**9.99**  
LB



**SEAQUEST™ COLOSSAL PACIFIC WHITE SHRIMP**  
RAW ZIPPERBACK®  
16-20 PER LB,  
FROZEN  
300 G  
**CREVETTES BLANCHES COLOSSALES DU PACIFIQUE SEAQUEST™**  
21043887\_EA

**7.99**



**PC® BLUE MENU™ WILD ARGENTINIAN SCALLOPS**  
80-150 PER LB 400 G  
OR **CATCH OF THE DAY FISH FILLETS** 580 G-1.32 KG  
FROZEN  
**PÉTONCLES ARGENTINS SAUVAGES PC™ MENU BLEU™ OU FILETS DE POISSON PRISE DU JOUR**  
20976343\_EA/  
21124287\_EA

**13.99**



# Bakery



**FARMER'S MARKET BAR CAKES**  
ASSORTED VARIETIES  
675-770 G  
GÂTEAUX  
RECTANGULAIRES  
DÉLICIES DU MARCHÉ™  
21500612\_EA

**13<sup>99</sup>**



**GARLIC LOAF**  
330 G  
PAIN À L'AIL  
21020061\_EA

Members save \$1

Optimum  
Members-Only Price  
**2<sup>99</sup>**  
Non-members  
**3<sup>99</sup>**



**FARMER'S MARKET SQUARES**  
SELECTED VARIETIES  
400/450 G  
CARRÉS DÉLICIES DU MARCHÉ™  
21216499\_EA

**6<sup>49</sup>**



**ELITE SWEETS SCOOP & SERVE DESSERTS**  
SELECTED VARIETIES,  
FROZEN  
500-600 G  
DESSERTS SCOOP & SERVE  
ELITE SWEETS  
21299181\_EA/21392700\_EA



**8<sup>99</sup>**



**SILVER HILLS SPROUTED GRAINS BREAD**  
SELECTED VARIETIES  
430-680 G  
PAIN DE GRAINS  
GERMÉS SILVER HILLS  
20711960\_EA/21047070\_EA

BUY 2 OR MORE  
**5<sup>50</sup>**  
EA.



**PC® OR BLUE MENU® TORTILLAS**  
10 INCH  
SELECTED VARIETIES  
TORTILLAS PC™  
OU MENU BLEU™  
20182857\_EA/20185659\_EA



**HOSTESS SNACK CAKES OR DONUTS**  
SELECTED VARIETIES  
AND SIZES  
PETITS GÂTEAUX OU  
BEIGNES HOSTESS  
21283746\_EA/21283752\_EA



BUY 2 OR MORE  
**\$3**  
EA.

# Great to go

Great to go items plus applicable taxes.

**BUY ANY**  
SERVICE OR PREPACK SANDWICH  
SANDWICH DU COMPTOIR  
DE SERVICE OU PRÉEMBALLÉ  
21220644\_EA

**\$5-9**

**GET \$1 OFF**

PEPSI SOFT DRINKS 591 ML, AQUALINA 591 ML,  
ROCKSTAR 473 ML, GURU 355 ML OR CELSIUS 355 ML  
SELECTED VARIETIES  
BOISSONS GAZEUSES PEPSI, AQUALINA,  
ROCKSTAR, GURU OU CELSIUS  
20321598002\_EA

# The Deli



**PASTA TRAYS**  
1-1.2 KG  
PLATEAUX DE PÂTES  
21395979\_EA

**\$12-15**



**PC® GOAT CHEESE LOGS**  
SELECTED VARIETIES  
140 G  
BÛCHETTES DE FROMAGE  
DE CHÈVRE PC™  
20000584\_EA/20296631\_EA



**2/\$10**  
LESS THAN 2  
\$5.99 EA.



**ASSORTED CHICKEN PLATE WITH SIDES**  
CHILLED  
364-481 G  
PLATS DE POULET  
ASSORTIS AVEC  
ACCOMPAGNEMENTS  
21557793\_EA/21560810\_EA

**\$7**



**GENERAL TAO FRIED RICE**  
BUTTER CHICKEN,  
TERIYAKI CHICKEN,  
SZECHUAN BEEF,  
OR BURRITO BOWL  
WITH RICE  
400-475 G  
GÉNÉRAL TAO,  
RIZ FRIT, POULET AU  
BEURRE, POULET  
TERIYAKI,  
BŒUF À LA  
SICHUANAISE  
OU BOL BURRITO  
AVEC RIZ  
21460765\_EA

**\$8-10**



**SERVICE CASE CUDDY DELI MEATS**  
CHARCUTERIES  
CUDDY  
DU COMPTOIR  
DE SERVICE  
20323331\_KG

**3<sup>29</sup>**  
/100 G



**PC® BOCCONCINI**  
200 G  
BOCCONCINI PC™  
20219848\_EA

**5<sup>99</sup>**



**SCHNEIDER'S PEPPERETTES**  
SELECTED VARIETIES  
300/375 G  
PEPPERETTES  
SCHNEIDER'S  
20976110\_EA

Members save \$4  
Optimum  
Members-Only Price  
**7<sup>99</sup>**  
Non-members  
**11<sup>99</sup>**



**ROOSTER® TOFU**  
SELECTED VARIETIES  
454 G  
TOFU ROOSTER®  
21474765\_EA

**2/\$4**  
LESS THAN 2  
\$2.49 EA.

# Floral



**MORE THAN A DOZEN TULIPS**  
SELECTED VARIETIES  
TULIPES  
PLUS-D'UNE-DOUZAINE  
20547693\_EA

**12<sup>99</sup>**



**DOZEN ECUADORIAN ROSES**  
ASSORTED COLOURS  
DOUZAINE DE ROSES  
D'ÉQUATEUR  
20581781\_EA/20581749\_EA

**\$25**



**DOUBLE SPIKE ORCHID IN CERAMIC**  
SELECTED VARIETIES  
EACH  
ORCHIDÉE À DEUX TIGES  
DANS UN POT EN CÉRAMIQUE  
20293541\_EA

**\$28**



**SUCCULENT GARDEN**  
JARDIN DE PLANTES  
GRASSES  
21017339\_EA

**\$22**