

Come on in!

Quality, value, and freshness guaranteed.



FARM BOY



LOCAL

**Fresh Whole Chicken**  
Canada grade A, product of Canada

SAVE \$1.50  
**2.99** /lb  
6.59/kg



**Fresh Pork Tenderloin**  
product of Canada

HALF PRICE!  
**3.99** /lb  
8.80/kg



1 lb PKG

**Sweet & Juicy Strawberries**  
no. 1 grade, product of USA, 454 g

**2.99** /pkg



**Green Ocean Basa Fillets**  
frozen, 907 g

HOT DEAL!  
**4.99** /pkg



**Farm Boy™ Frozen Vegetables**  
all varieties, including organic, 500 g

SAVE \$1.00-\$1.50  
**3.99** /pkg



LOCAL

**Mini Cucumbers or Rainbow Sweet Bell Peppers**  
Canada no. 1 grade, product of Canada, Mini Cucumbers: 2 lb pkg, Rainbow Sweet Bell Peppers: pkg of 4

2 lb PKG  
**3.99** /pkg



**From the Bake Shop New York-Style Bagels**  
\$4.99/pkg, all varieties, pkg of 6, 648-768 g

GREAT DEAL!  
BUY ONE, GET ONE FREE!



**Hayter's Farm Montreal-Style or Oven Roasted Turkey Breast Roast**  
sliced fresh at our Deli Counter

LOCAL  
SAVE \$1.00  
**2.99** /100 g



**Farm Boy™ Halloumi**  
all varieties, 200 g

SAVE \$1.50  
**5.99** ea



**Farm Boy™ Hamburger or Hot Dog Rolls**  
all varieties, pkg of 8

SAVE \$1.00  
**2.99** /pkg



**Liberté Greek Yogurt**  
all varieties, 4x100 g

SAVE \$1.50  
**3.99** /pkg



**Farm Boy™ Himalayan Pink Salt Popcorn**  
320 g

JUMBO BAG  
SAVE \$1.00  
**4.99** /pkg



**Dempster's 10" Tortillas**  
all varieties, 426-610 g

SAVE \$2.50  
**3.49** /pkg



**Silk Plant-Based Beverages**  
all varieties, 1.74-1.89 L

Vegan  
SAVE \$1.50-\$2.00  
**3.99** ea



**Hardbite Handcrafted-Style Potato Chips**  
all varieties, 150 g

HOT DEAL!  
**2/6.00**

SPRING INTO FRESHNESS

FRESH SPECIALS IN EFFECT  
Thursday, May 2 to Wednesday, May 8, 2024.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store addresses and hours. Not all products available at all stores.



Scan here for our full digital flyer  
farmboy.ca  
@officialfarmboy

## Meat & Seafood Market



**Farm Boy™ Jumbo Raw Shrimp**  
16-20 shrimp per bag, frozen, 21-27/lb raw count, 340 g

SAVE \$3.00  
**8.99** /pkg



**Hayter's Farm Extra Lean Turkey Burgers**  
all varieties, pkg of 4, product of Ontario, 450 g

SAVE \$1.00  
**5.99** /pkg



**Cut from Canada AAA Beef Striploin Grilling Steaks**  
aged a minimum of 21 days

SAVE \$4.00  
**16.99** /lb  
37.48/kg



**Marinated Maple BBQ Salmon Skewers**  
140 g

SAVE \$1.00  
**4.99** ea

## Chef's Market

### Let the Flavours Dance

Crafted fresh from the Farm Boy Kitchen, our salsas are made with simple ingredients –no artificial colours or flavours! Available in Hot or Mild, enjoy them as a trusty afternoon snack with chips, a go-to for taco Tuesday, or spooned over grilled meats.



**Farm Boy™ Fresh Salsa**  
Hot or Mild, 450 g

SAVE \$1.00  
**4.99** ea



**Farm Boy™ Non-GMO Beans**  
all varieties, 398 ml

SAVE \$0.50  
**2.49** ea



**Jarritos Mexican Sodas**  
4 varieties, 1.5 L

SAVE \$1.00  
**3.99** ea



**Farm Boy™ Sour Cream**  
14% or 18% M.F., 500 ml

SAVE \$1.00  
**2.99** ea



**Delicious Fresh Cruffies**  
all varieties, made by us, pkg of 6, 335 g

SAVE \$1.00  
**3.99** /pkg



**Balzac's Coffee Roasters Coffee Beans**  
all varieties, 340 g

SAVE \$3.00  
**14.99** ea



**Italpasta Dry Pasta**  
all varieties, 375-900 g

900g PKG  
SAVE \$0.72  
**2.77** /pkg



**Saputo Shredded Cheese Blends**  
all varieties, 320 g

SAVE \$2.50  
**5.99** ea



**Albert's Leap Smoked Cheddar**  
cut fresh at our Cheese Counter, product of Canada

SAVE \$1.00  
**2.59** /100 g

## FRESH produce arriving daily!



**Sweet & Juicy Clementines**  
product of Morocco

2 lb BAG  
**3.88** /bag



**Bartlett Pears**  
extra fancy grade, product of Argentina

**1.99** /lb  
4.39/kg



**Large Lemons**  
product of South Africa

**3/2.00**



**Large Honeydew Melons**  
product of Mexico

**2.99** ea



**Asian Greens**  
Baby Napa Cabbage, Baby Bok Choy, Shanghai Bok Choy, Baby Bok Choy Jr, Shanghai Bok Choy Jr, Yu Choy, Gai Lan, product of Mexico/USA

**2.98** /pkg



**Sweet & Juicy Blueberries**  
no. 1 grade, product of Mexico, 170 g

**3.99** /pkg



**Brown or Cocktail Tomatoes**  
Canada no. 1 grade, product of Canada

LOCAL  
1 lb PKG  
**2.99** /pkg



**Farm Boy™ Foil Baking Potatoes**  
Regular or Mini, Canada no. 1 grade, product of Canada

LOCAL  
**2.99** /pkg



**Sliced or Whole Fresh White Mushrooms**  
product of Canada, 227 g

LOCAL  
**2/5.00**

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

PLEASE VISIT FARMBOY.CA FOR A FULL LIST OF STORE ADDRESSES TO FIND A LOCATION NEAR YOU!

See in store for more great savings!

## Farm Boy™ Mexican-Inspired Fresh Dips

Made fresh from scratch by us, these dips are ready to grace your table with tasty variety! From guacamole crafted with hand-scooped avocados to dips loaded with savoury flavours, add them to your fiesta spread by pairing them with crackers, chips, and fresh veggies.

Fresh Guacamole: \$6.99 ea, 275 g  
Seven Layer Dip: \$9.99 ea, 390 g  
Spicy Black Bean Dip: \$4.99 ea, 265 g



Jumbo Portuguese Buns  
pkg of 6, 528 g

SAVE  
\$0.50

**4.49**  
/pkg



Brandt Oven Roasted Chicken Breast  
sliced fresh at our Deli Counter

LOCAL

SAVE  
\$0.50

**2.99**  
/100 g



Farm Boy™ Feta Cheese  
Organic or Sheep's Milk, product of Greece, 200 g

SAVE  
\$2.00

**5.99**  
ea



Farm Boy™ Chocolate Hazelnut Spread  
350 g

SAVE  
\$1.00

**4.99**  
ea



Farm Boy™ Gourmet BBQ Sauce  
all varieties, 330 ml

SAVE  
\$1.00

**4.99**  
ea



Farm Boy™ Gourmet Olives & Antipasti  
all varieties, 580 ml

SAVE  
\$1.00

**6.99**  
ea



Frankie's Puffs  
BBQ, Jalapeño, or White Cheddar, 120-140 g

SAVE  
\$0.50

**2.99**  
ea



Daryl's Bars Performance Protein Bars  
all varieties, 54-85 g

Case of 12  
**\$27.99**

LOCAL

SAVE  
\$0.49 ea

**2/5.00**



VG Gourmet Artisan Vegan Burgers  
all varieties, frozen, 4x100 g

SAVE  
\$2.00

**7.99**  
/pkg



LOCAL

SAVE  
\$2.00

**7.99**  
/bunch

Farm Boy™ Fresh Cut Tulips  
Locally grown! 10 stems

Hydrangea in Wood Cube  
5" pot

**14.99**  
ea

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# Happy Cinco de Mayo!



Farm Boy™

## Flavoured Salsas and Tortilla Chips

The perfect combo! Enjoy our authentically crafted chips, available in six varieties, with a selection of fresh salsas made by our chefs daily with wholesome ingredients like tomatoes, corn, bell peppers, and black beans.



Farm Boy™

## Corn Tortillas

Made in Ontario with 100% stone-ground corn and no artificial colours! Pan-fry or heat over an open flame and fill with fresh toppings to make delicious tacos, quesadillas, enchiladas, and more! They're gluten-free, and available in Blue, Yellow, or White Corn.



Farm Boy™

## Mexican-Style Cheese

Expertly crafted using traditional recipes and techniques, our cow's milk cheeses come from a family-run business in Québec! Try our Cotija crumbled atop tacos, nachos, and quesadillas, or grill-up the Panela cheese for a smoky side dish served with vibrant salsa.

**SAVE \$1.00 THIS WEEK!**

Farm Boy™

## Tres Leches Cake

Did you know "Tres Leches" means three milks? Fit for any occasion, ours is made in-house with milk, cream, and sweet condensed milk, topped with light whipped cream, and dusted with cinnamon for a rich, decadent bite!



**Monthly Hot Bar Menu**



# CINCO DE MAYO

Celebrate Cinco de Mayo all month long with made-from-scratch dishes prepared fresh daily by our chefs for your convenience. From spicy mains to savoury sides, they're guaranteed to satisfy!

**Fiesta Chicken**

**Mexican Street Corn**

**Papas a la Mexicana**

**Pork Carnitas in Red Salsa**



# Mother's Day Brunch

GENEROUSLY SERVES 4

## Gazpacho Salad

Pepper Medley, Mini Bocconcini,  
Balsamic Vinaigrette

## Eggs Benedict Bake

English Muffins, Peameal Bacon,  
Sauce Choron

## Slow Roasted Tomatoes and Breakfast Sausages

## Cheesy Shredded Potato Hash

Fiesta Cheese,  
Mesquite Roasted Potatoes and Peppers

## Lemon Ricotta Cake

Lemon Whipped Cream and Mixed Berries

25 MINUTES REHEATING

**\$119<sup>99</sup>**

**ORDERS CLOSE:**

Wednesday, May 8<sup>th</sup>

**PICK-UP DATE:**

Sunday, May 12<sup>th</sup>

Order In-Store & Online  
**WHILE QUANTITIES LAST!**

**FARMBOY.CA**



**LONG WEEKEND**  
***Picnic Feast***

**GENEROUSLY SERVES 4**

**Tex-Mex Chicken Wings with  
Farm Boy™ Smokehouse  
BBQ Sauce**

**BBQ Monterey Jack  
Chicken Sausage with  
House-made Sausage Buns**

**Garden Salad with  
Lemon-Lime Dressing**

**Picnic Pasta Salad**

**Banoffee Pie**

**20 MINUTES REHEATING**

**\$99.99**

**ORDERS  
CLOSE:  
Wednesday,  
May 15<sup>th</sup>**

**PICK-UP  
DATE:  
Saturday,  
May 18<sup>th</sup>**

**Order In-Store & Online  
WHILE QUANTITIES LAST!**

**FARMBOY.CA**



# *in*Season

Spring Edition 2024



The Spring Edition of our  
Digital Magazine is out now!

[View Online](#)

