



16 - 20 ct. Wild Caught **Argentina Shrimp**

save big on 3 with your VIC card SAVINGS

Select Varieties Fresh Express Salads

save big with your VIC card

per lb. Small Pack Harris Teeter

Boneless Chicken Breast

each item rings at half price with your VIC card VIC

Fresh Foods Market

Rotisserie Chicken

each save big with your VIC card

1 lb. Bag Farmers Market Baby Carrots, 8 oz. Whole Cremini or **Sliced Bellas Mushrooms**

or Tri-Color **Peppers**



4 ct. Tray Farmers Market Sweet Corn

Offers valid Thursday, May 16 - Sunday, May 19,

48 oz.

12 pk. 12 oz. Cans Coca-Cola

Products BUY 2 GET (2)

save big on 4 with your VIC card

Mayfield Ice Cream or 15 oz. Novelties or 14 - 15 oz. Ben & Jerry's Pints BUY 1 GET()

6 - 8 oz. **Harris Teeter Shredded Cheese** BUY1 GET(1)







Select Varieties 12 oz. Bag or 10 ct. K-Cups **Starbucks** Coffee

each save big with your VIC card



BLACK BOX

Members **ale** Offers valid Thursday, May 16 - Sunday, May 19, 2024

Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.











non e-vic member price low VIC price when you buy 4 All items must be purchased in a single transaction with your VIC card.



non e-vic member price save at least \$2.12 over our already low VIC price when you buy 4 VIC All items must be purchased in a single transaction with your VIC card.

Friday,

save at least \$8.08 over our already

low VIC price when you buy 4

single transaction with your VIC card.

All items must be purchased in a



on all qualifying items

download the digital coupon



Offer valid Friday, May 17th, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. 'Terms and conditions apply.

Prices good through May 21, 2024 WED FRI SAT SUN MON TUE THU 15 **17** 18 19 20 21 16



save at least \$15.96 on 4 with your VIC card

52 oz. Simply Orange Juice



save at least \$2.98 on 2 with your VIC card



SICILIAN

Gatorade or 17 oz. Sparkling Ice

28 oz.







save big with your VIC card

15 pk. Aluminum btls. **Bud Family,** Miller Family

or Coors Family or 18 pk. Yuengling



each

Drink Responsibly - Must be 21 to Purchase





32 - 34 oz. Liquid Tide Laundry Detergent



save at least \$4.08 over our already



non e-vic member price With digital coupon when You Buy Any ONE (1) Tide Laundry Detergent

BGA BGA BGA

Seafood Sale



Shell-On White Shrimp

per lb. save big per lb. with your VIC card



save big with your VIC card

6 oz.



Tail-On Cooked Shrimp

per lb.

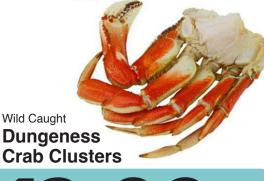




Wild Caught Mahi Mahi Fillets

per lb.

save at least \$2.00 per lb. with your VIC card



per lb. save at least \$2.00 per lb. with your VIC card



Sea Scallops

per lb. save at least \$2.00 per lb. with your VIC card

Senior Discount Thursdays Seniors 60 and older get a

ISCOUNT Please notify your cashier if you qualify

BGB BGB BGB

from our meat department



Boneless New York Strip Steak

per lb. save at least \$5.00 per lb. with your VIC card



18 - 27.2 oz.

Smithfield Boneless Pork Loin Filet





Ground Pork for

with your VIC card save big on 2



save at least \$1.00 each

with your VIC card

'each



save at least \$1.00 per lb.

per lb.

SMART Natural

Boneless

with your VIC card

Chicken Breast

each save at least \$1.00 each with your VIC card



16 oz.

Oscar Mayer Franks

each item rings at half price with your VIC card VIC



with your VIC card 7.5 - 9 oz. Oscar Mayer Lunchmeat save big on 2 with your VIC card

12 oz. Harris Teeter Bacon

save at least \$1.00 each with your VIC card

MEDIL

DRWT 6 02 (170 DLIVES

28 - 32 oz. Bob Evans Sides ave big on 2 with your VIC card

14 oz. Eckrich **Smoked** Sausage **BUY1 GET**

19 oz. Carando **Grilling Sausage BUY1 GET**

Land O'Frost Lunchmeat

save at least \$1.00 each with your VIC card

15 - 20.5 oz. Post

Fresh Farm Raised **Catfish Fillets**

> per lb. save at least \$2.00 per lb. with your VIC card

Join today! Weekly emails_/ with fresh catch specials, great recipes and more!

Fresh Catch Seafood from Your **Local and Regional Neighbors**

this week's fresh catch items

LOCAL North Carolina

Visit harristeeter.com for full details on the Fresh Catch Club and information on responsibly sourced seafood at Harris Teeter.

Fresh Wild Caught East Coast Head-On Shrimp per lb. save at least \$6.00 per lb.

with your VIC card 6 oz. Gochujang Salmon Portions

each save at least \$1.00 each with your VIC card

Charleston Style Crab Cakes

3.5 oz.

with your VIC card 4 oz. Blue Circle Norwegian Smoked Salmon

Wild Caught 16 - 20 ct

save big per lb. with your VIC card

save at least \$2.00 on 2

VIC

save at least \$2.00 each with your VIC card

Peeled & Deveined Argentine Shrimp per lb.

Haddock **Fillets** per lb. save at least \$2.00 per lb. with your VIC card

Wild Caught

10 oz. Fresh Farm Raised Mediterranean, Boubon or Cedar Plank Salmon

with your VIC card

from our grocery department

24 ct. Family Size Lipton

save big on 2 with your VIC card

4 pk. Dole **Fruit Bowls**

tor save big on 2 with your VIC card



8 pk. 12 oz. Btls.



save big with your VIC card 12 pk. 12 oz.

Waterloo Sparkling Water



VIC save big with your VIC card 33 - 36 oz.

Party Size Chocolate



VIC

5.75 - 6 oz. Harris Teeter Black Olives save big with your VIC card



Kraft Mac & Cheese Cups







Honey Bunches of Oats or Grape Nuts save big on 2 with your VIC card NATURE VALLEY 11 oz. Nature Valley Prot MUREWALLY Granola tor save big on 2 with your VIC card

40 oz. Harris Teeter **Peanut Butter** or 13 oz. Private Selection **Preserves** VIC save big with your VIC card

6.5 - 8.4 oz. BOBO'S Bobo's CHIP BOBOS Oat Bites or PB&J's VIC

CRUNCH Catalina CRUNCH Crunch Cereal VIC save big with your VIC card

16 oz. Nudges by Nudge Blue Buffalo Jerky Treats

save big with your VIC card

Nudges. VIC save big with your VIC card



120 ct. Harris Teeter **Dryer Sheets**

save at least 80¢ each with your VIC card 160 - 200 ct. vanilyfair Vanity Fair **Napkins** vanityfair save big with your VIC card

4 Double Roll Harris Teeter Ultra Paper Towels

save at least 90¢ each with your VIC card

GLAD 25 - 80 ct. Glad Trash Bags VIC save big with your VIC card

5 lb. Bag Blue Buffalo Dry Dog Food

save big with your VIC card

beverages

12 pk. 12 oz. Cans **Canada Dry** or **7.UP**

save big on 3 with your VIC card

8 pk. 12 oz. **Powerade** save at least \$1.98 on 2 with your VIC card

13.7 oz. Starbucks Frappuccino or 14 oz. Pink Drink

save at least \$3.98 on 2 with your VIC card

6 pk. 6 oz. Cans Dole Juice save big on 2 with your VIC card

24 pk. 16.9 oz. **Purelife** Water

save big on 2 with your VIC card

6 pk. 16.9 oz. Propel **Fitness** Water

for save at least \$4.98 on 2 with your VIC card

Canada Dry or **7·UP** Mini Cans

VIC save at least 80¢ each with your VIC card

6 pk. 11.15 oz. SanPellegrino Sparkling ANPELLEGRINO save at least \$2.00 each with your VIC

6 pk. .5 ltr. **Smartwater** or Vitaminwater smart save big with your VIC card

6 pk. 1 ltr. Fiji Water FIJ save at least \$4.00 each with your VIC card 3 pk. Orville Redenbacher's Popcorn BUY 1 GET()

Orville

EU17

Thi SUTZ

snacks

7.75 - 16 oz. **Utz Family Size** Chips, Pretzels or Kettle Chips BUY 1 GET

DunkAroos VIC save at least 74¢ on 4 with your VIC card

8 - 9 oz. Voortman Wafers or Cookies for

5.9 - 6.6 oz.

save at least 99¢ on 2 with your VIC card

Farm Goldfish for

Pepperidge

save at least 69¢ on 2 with your VIC card

Goldfis

Goldfish.

OLD BAY.

8 oz. Miss Vickie's **Kettle Chips** or 4.5 - 9 oz. Simply

for save at least \$3.58 on 2 with your VIC card

MissVic

SNYDER'S

SNYDERS

PIECES

VIC

trisčuit

10 - 16 oz. Snyder's Seasoned Pieces or Twists Pretzels

10 - 20.6 oz. Nabisco Family Size Snack Crackers, Ritz or Toasted Chips

save at least \$1.58 on 2 with your VIC card

save at least \$4.58 on 2 with your VIC card 16 - 20.2 oz. Nabisco Family Size Oreo, Chips Ahoy! or Nutter Butter

save at least \$4.58 on 2 with your VIC card 12 - 14 oz.

Second Nature

Trail Mix

save at least \$2.00 each with your VIC card

health & beauty

Select Varieties Vital Proteins Collagen Powders,

Gummies or Greens save big with your VIC card

Select 33.8 oz. **Listerine Ultra** Care, Total Care or **Sensitive Rinses**

save at least \$2.00 each with your VIC card

Select 160 - 200 ct. Tablets, Caplets, Minis or Liqui-Gels Advil Pain

Relievers

O Marian

LISTERINE

save at least \$5.00 each with your VIC card

10 - 12 ct. **BIC Disposable** Razors

save at least \$1.00 each with your VIC card

home essentials Select

Libman Mops, **Brooms** or **Brushes** save big with your VIC card

иктяя МАН

6 ct. AA/AAA Harris Teeter Ultra Max **Batteries**

save big with your VIC card

dairy and frozen

52 oz. airlife fa!rlife **Fairlife** Milk for save big on 2 with your VIC card

32 oz. Silk **Plant Based** Creamer

save big with your VIC card 12 ct. Egg·Land's Best **Grade A Extra** Large Eggs

for save big on 2 with your VIC card 64 oz. Lactaid Lactaid Milk tor save big on 2 with your VIC card

15.5 oz. Jell-O **Pudding** tor save big on 2 with your VIC card

Egg·Land's Best **Organic Pasture** Raised Eggs save big with your VIC card

16 oz. Breakstone's Cottage Cheese tor save big on 2 with your VIC card

3.8 oz. Once Upon a **Farm Organic** Pouches & Bars BUY 1 GET 1

Cracker Barrel 7 - 8 oz. Cracker Barrel Chunk Cheese BUY 1 GET (1)



6 ct. Fat Boy Ice Cream BUY 1 GET 1 each item rings at half price with your VIC card VIC

9.5 - 14 oz. **Healthy Choice** Cafe Steamer or Marie Callender's tor save big on 2 with your VIC card

12 oz. Snickers or **Twix Ice** Cream Bars

save big on 2 with your VIC card 14.54 - 29.04 oz. **Freschetta**

Pizza

for

save big with your VIC card

Freschetta

28 oz. Made in **Idaho Fries**

10 oz. Select Varieties Simple Truth Organic Fruit

save big on 2 with your VIC card

save big on 2 with your VIC card 22 oz. Bertolli's or P.F. Chang's Meals

VIC save big with your VIC card

12.7 oz. Frozen Pillsbury Waffles tor

save big on 2 with your VIC card

* Supplies are limited



Grilling faves

Fresh flavors & fresh air



YELLOW

KETCHUP

save at least \$9.76 on 4 with your VIC card

18 oz. **Harris Teeter** Grilling Sausage Links

save big on 2 with your VIC card

Harris Teeter Pub Burgers

save big per lb. with your VIC card



24 oz. **Harris Teeter** Ketchup or 20 oz. Mustard

with your VIC card



8 oz. **Harris Teeter Natural Sliced Cheese**

save big on 2 with your VIC card



VIC

28 oz. Saucy Spoon **Baked Beans**

save big on 2 with your VIC card

Gallon **Harris Teeter Iced Tea**

save big on 2 with your VIC card

2.50 - 3.50 oz. **McCormick Grill Mates** Seasonings tot

save big on 2 with your VIC card



save at least 99¢ on 2

with your VIC card



50 sq. ft. Heavy Duty or Non-Stick or 75 sq. ft. **Harris Teeter Aluminum Foil**

save big on 2 with your VIC card

16 oz. **Country Crock Plant Butter** with Olive Oil

COUNTRY CROCK

save big on 2 with your VIC card



save big with your VIC card





save big with your VIC card



Freshen up salads

with fun add-ins





SPINACH 6 oz. **Farmers** Market **Baby Spinach**

2.25 oz. Mario MARIO Sliced Black **Ripe Olives**

2.8 - 3 oz. **Harris Teeter** Real Bacon **Bits or Pieces**

save big on 2
with your VIC card



4-40 4-40 4-40 4

4 oz. Mrs. Cubbison's Tortilla or **Wonton Strips** save big on 2 with your VIC card



10 oz. **Private Selection** Petite Cherry or **Medley Tomatoes**

save big on 2 with your VIC card

save at least 50¢ each

with your VIC card



or Light Olive Oil

save big with your VIC card



Harris Teeter Money Services

Money Orders, Money Transfers, Bill Pay and Check Cashing *Limits apply



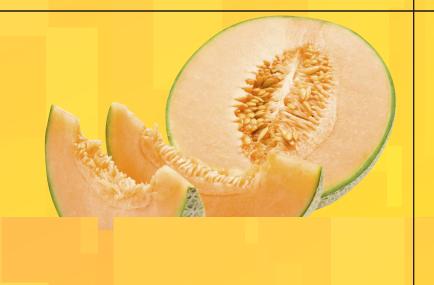


Visit Customer Service or www.harristeeter.com

on essentials















12 oz. Sunshine **Evaporated Milk** T SAVINGS!





Harris Teeter Pineapple Chunks











Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.

9.99 20%

each Final Price each when you buy any 12 - 750 ml. bottles

case purchase during 4 DAY SALE, MAY 16 - 19, 2024.



J Vineyards Pinot Gris or 12 pk. Michelob Ultra



harris teeter fine wines club

Join our fine wines club and get

discounts, learn about recipe pairings and find out about events at our stores.

(Drink Responsibly - Must be 21 to Purchase)

Louis Martini Sonoma Cabernet or 12 pk. Cigar City



case purchase during 4 DAY SALE, MAY 16 - 19, 2024.

750 ml. Root 66 Cabernet or Chardonnay

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.

ALAMOS 750 ml. **Alamos** Malbec

or 6 pk. Sierra Nevada each

SWEET WATER 750 ml. **Grove Mill** Sauvignon Blanc

or 12 pk.

SweetWater

Corona *Modelo*

Corona, Heineken, Stella Artois or Modelo

6.99_{each} 9.99_{each}



Athletic, Heineken 0.0 or Mike's Hard



Victory, Blake's or New Belgium



Smirnoff or Mango Cart or 15 pk. Founders

0.99_{each} 17.99_{each}

save more with the **Harris Teeter** brand



10 oz. **Harris Teeter** Maraschino Cherries save big on 2 with your VIC card



7 oz. **Harris Teeter** Coconut **Flakes**

save big

with your VIC card



11.3 - 13 oz. **Harris Teeter** Chip Blitz Cookies

save big with your VIC card

Harris Teeter Protein Bars

save big with your VIC card



save big with your VIC card

16 oz. **Harris Teeter Dry Roasted Peanuts** save big with your VIC card





save big with your VIC card

digital

coupons



A GREAT WAY TO SAVE!

EVIO COUPONS EXCLUSIVE SAVINGS download

Click online. Clip these offers. Save BIG!

Download savings directly to your VIC card. e-VIC digital coupons





Patisserie Product



When You Buy ONE (1) Delizza Patisserie Product, 14.8 oz.

bourc save When You Buy **ONE (1) Bounce** Fabric Sheets, 120 ct. 4/28/2024 - 5/25/2024

bounce

When You Buy **ONE (1)** Armanino Foods Frozen Meatballs, 32 oz. 5/1/2024 - 5/31/2024

Bounce

Fabric Sheets



Buy more, save more

with fresh ways to save























32 oz. **Harris Teeter Broth**

save at least 58¢ on 2 with your VIC card



12 oz. **Harris Teeter Flavored Mustards**

tor save big on 4 with your VIC card























SARGENTO

thin

SARGENTO



SARGENTO

SARGENTO



save big on 2 with your VIC card SARGENT(SARGENTO



save at least 80¢ each with your VIC card



6 - 8 oz.

Sargento

Sliced Cheese



9 - 12 oz.

Sargento

save big on 2

with your VIC card

Snack Cheese



VIC



2 pk.

Sargento

or 4.5 oz.

Fun! Breaks

Balanced Breaks



Repellents

save at least \$1.50 each save at least 79¢ each with your VIC card with your VIC card with your VIC card

save big on 2 with your VIC card

Heluva Good!

12 oz.

Supplies are limited

save at least \$2.00 each with your VIC card

5-50 5-50 5-50 5-50













12 ct.

Fresh Foods Market

Fresh Baked

save at least \$1.50 each with your VIC card

Cookies

BIG Savings on Produce





1 lb. Farmers Market Campari Tomatoes each item rings at half price with your VIC card SKINGS



Honey Crisp or **Pink Lady Apples**

each with your VIC card SANINGS



save big with your VIC card





11 oz. Driscolls

Blueberries save big with your VIC card Farmers Market **Asparagus** per lb. save big vic with your VIC card





Green Beans

1 lb. Farmers Market **Gold Kiwi**

with your VIC card SAVINGS





save big per lb.
with your VIC card













per lb. VIC save big per lb. with your VIC card

save big per lb. with your VIC card SAVINGS

save at least 98¢ on 2 with your VIC card

each

VIC









Look for quality and value right here!



You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.

CHIPUS Try it FREE for 30 days



FREE & 2X
Delivery



Plus, EXCLUSIVE access to over \$100 in savings over a 12-month timeframe

START YOUR FREE TRIAL NOW

New Way to Earn



LINK. SIGN UP. EARN!

- 1 LINK your VIC Card
- 2 SIGN UP for a FREE TRIAL "HTPlus membership!
- 3 EARN \$10 for your school

* Supplies are limited



This Mental Health Awareness Month, P&G is proud to support Pet Partners, whose mission is to improve well-being through the human-animal bond.









save at least \$4.00 each with your VIC card



Nutrient Blends Shampoo or **Conditioner**

8 - 9.6 oz.

Pantene

save at least \$1.00 each with your VIC card



1.7 oz. **Olay Regenerist Multi-Sculpting Cream**

save at least \$8.00 each with your VIC card

63 Tide free & gentle 34 oz. Liquid

or 12 - 16 ct. Pods **Tide Laundry Detergent**

save at least \$1.00 each with your VIC card



save at least \$1.50 each with your VIC card



2 ct. Oral-B Advantage **Toothbrush**

save at least \$1.00 each with your VIC card



24 oz. **Downy Infusions In-Wash Scent Beads**

save at least \$2.00 each with your VIC card



save at least \$5.00 each with your VIC card



18 oz. **Old Spice Body Wash**

save at least \$1.00 each with your VIC card



6.6 oz. **Crest 3D White Twin Pack Toothpaste**

save at least \$1.00 each with your VIC card



save at least \$1.00 each with your VIC card



5.1 oz. **Old Spice Body Spray**

save at least \$1.00 each with your VIC card



Align Probiotic Women's Dual Action

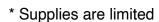
save at least \$2.00 each with your VIC card



Pampers Free & Gentle **Baby Wipes**









Great finds for Feline friends

2.64 oz. **SHEBA Perfect Portions Cuts in Gravy**

save at least 79¢ on 5 with your VIC card



2.64 oz. **SHEBA Perfect Portions** Paté in Natural Juices

save at least 79¢ on 5 with your VIC card





save at least \$3.00 each with your VIC card



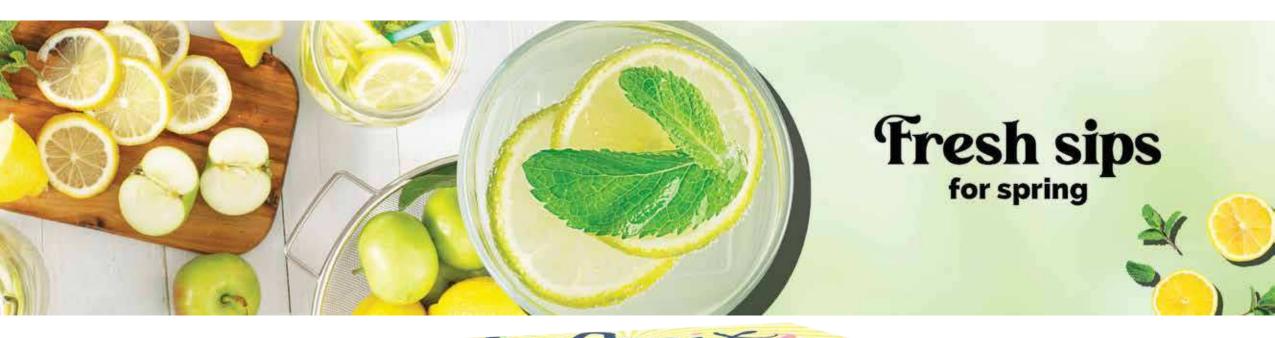
save at least \$3.00 each with your VIC card

Cuts in Gravy Multipacks



save at least \$4.00 each with your VIC card







La Croix Sparkling Water



save at least \$1.39 on 2 with your VIC card





Build a better CCCwith PRANL



save big with your VIC card

save at least 30¢ each with your VIC card



save big on 2 with your VIC card

STEAKHOUSE 32 oz. STEAKHOUSE **Private** Selection **Angus Beef Patties**







VIC

10 oz. **Farmers Market** Romaine Blend or **Hearts of Romaine** save at least 50¢ each with your VIC card





11 oz. **Harris Teeter** Chicken sandwich or Burger Sauce save big on 2 with your VIC card

save big with your VIC card

VIC





























