

**MAY**

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
\$2.50 EA.**



**\$1<sup>50</sup>**

**CHEEZ-IT BAKED  
SNACK CRACKERS  
SELECTED VARIETIES  
191/200 G  
CRAQUELINS CUIVS CHEEZ-IT  
21214560\_EA/21350253\_EA**

**LIMIT 6  
AFTER LIMIT  
\$4.50 EA.**



**\$3**

**PLANTERS DELUXE  
WHOLE CASHEWS  
SALTED OR UNSALTED  
200 G  
NOIX DE CAJOU DE LUXE  
PLANTERS  
21021617\_EA/21021618\_EA**



**\$3<sup>50</sup>**

**NEW TREASURE LONG GRAIN  
WHITE RICE  
2 KG  
RIZ BLANC À LONG GRAIN  
NEW TREASURE  
21590582\_EA**

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*\*Must be a registered PC Optimum® member to get this offer.  
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.



Insiders Report™

# Make summer an on-budget breeze

Click or Scan to Discover More



Members save \$3



Optimum

Members-Only Price™

13<sup>99</sup>

Non-members

16<sup>99</sup>

PC® WINGS 700-907 G OR  
BBQ PORK BACK RIBS 680 G  
SELECTED VARIETIES  
FROZEN  
AILES OU CÔTES DE DOS DE  
PORC BARBECUE PC®  
20708932\_EA/20071715\_EA

Optimum

2,000<sup>pt</sup>

when you buy 2

\$2 Value



TEXAS HAMBURGER OR  
HOT DOG BUNS  
WHITE OR SESAME  
8'S  
PAINS À HAMBURGER  
OU HOT DOG TEXAS  
20711614\_EA/20711617\_EA

3<sup>50</sup>



Members save \$12



Optimum

Members-Only Price™

12<sup>99</sup>

Non-members

24<sup>99</sup>

ROYALE BATHROOM TISSUE  
30=60 ROLLS OR  
TIGER TOWELS 6=12 ROLLS  
PAPIER HYGIÉNIQUE OU  
ESSUIE-TOUT TIGER ROYALE  
21378233\_EA/21484732\_EA

**PRICE  
DROP**



**PC® TORTILLA CHIPS**  
SELECTED VARIETIES  
320-350 G  
**CROUSTILLES DE  
TORTILLA PC®**  
20302765\_EA/20305180\_EA

**\$2<sup>†</sup>**

**PRICE  
DROP**



**PC® SALSA**  
SELECTED VARIETIES  
430 ML  
**SALSA PC®**  
20323181001\_EA/20431884001\_EA

**\$2<sup>†</sup>**

**PRICE  
DROP**



**NONGSHIM NOODLE CUPS**  
SELECTED VARIETIES  
75 G  
**CONTENANTS DE  
NOUILLES NONGSHIM**  
20032441005\_EA

**\$1<sup>†</sup>**

**PRICE  
DROP**



**PUREX LAUNDRY  
DETERGENT**  
SELECTED VARIETIES  
1.92-2.03 L  
**DÉTERGENT À LESSIVE  
PUREX**  
20856516005\_EA

**\$5<sup>†</sup>**

†Offer valid in-store at participating locations between May 16 - June 12, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



**APP EXCLUSIVE OFFER\***

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$8**  
VALUE

**Up to**  
**8,000<sup>pts</sup>**  
are up for grabs

**Collect**  
**5,000<sup>pts</sup>**  
(1,000 points  
per participating  
product)

**+**

**BONUS**  
**3,000<sup>pts</sup>**  
for buying all five!



Click to open the  
PC Optimum™ app



Ends June 12



Scan to see  
our complete  
digital flyer



**Independent**  
Your Independent Grocer

**Happy Victoria Day**

**SALE**  
**SAVE \$2<sup>50</sup>LB**

**3<sup>99</sup>**  
LB

**MUST BUY**  
May 16 - 19  
**SAVE \$6<sup>11</sup>LB**

**7<sup>88</sup>**  
LB

**PORK BACK RIBS**  
CRYOVAC PKG 2'S  
8.80/KG  
CÔTES DE DOS DE PORC  
20289672\_KG

**STRIPLOIN GRILLING STEAK**  
BONE-IN, FAMILY SIZE, CUT FROM  
CANADA AA OR USDA SELECT GRADE  
BEEF OR HIGHER  
17.37/KG  
BIFTECK DE CONTRE-FILET À GRILLER  
20959377\_KG

CUT BY OUR BUTCHERS

**SALE**  
**SAVE \$3<sup>50</sup>LB**

**9<sup>99</sup>**  
LB

**2<sup>49</sup>**  
LB

**FRESH ATLANTIC SALMON FILLETS**  
FAMILY SIZE  
22.02/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY.  
FILETS DE SAUMON DE  
L'ATLANTIQUE FRAIS  
20720065\_KG

**STRAWBERRIES**  
PRODUCT OF U.S.A. OR MEXICO  
NO. 1 GRADE  
1 LB  
FRAISES  
20049778001\_EA

**SALE**  
**SAVE \$1<sup>00</sup>LB**

**3<sup>99</sup>**  
LB

**SALE**  
**SAVE \$3<sup>00</sup>LB**

**2<sup>99</sup>**  
LB

**GRADE A DUCK**  
FROZEN  
8.80/KG  
CANARD CATÉGORIE A  
20078881\_KG

**ONTARIO ASPARAGUS**  
PRODUCT OF ONTARIO NO. 1 GRADE  
6.59/KG  
ASPERGES  
20174581001\_KG

**BUY 2 OR MORE**  
**\$3<sup>00</sup>**  
EA.  
LESS THAN 2 \$3.49 EA.

**SALE**  
**SAVE \$1<sup>00</sup>**  
AT LEAST \$1

**2<sup>99</sup>**

**SALE**  
**SAVE \$2<sup>00</sup>**

**\$3<sup>00</sup>**

**WONDER BREAD OR BUNS**  
SELECTED VARIETIES AND SIZES  
PAIN OU PETITS PAINS WONDER  
20276296\_EA  
20297455\_EA  
20305135\_EA

**CAVENDISH FARMS PREMIUM FRIES**  
400-750 G FROZEN OR PC<sup>®</sup> OR BLUE MENU<sup>®</sup>  
KETCHUP 750 ML/1 L  
SELECTED VARIETIES  
FRITES DE QUALITÉ SUPÉRIEURE LES FERMES  
CAVENDISH OU KETCHUP  
PC<sup>®</sup> OU MENU BLEU<sup>™</sup>  
20090124\_EA/20729779\_EA

**BREYERS CLASSIC FROZEN DESSERT 1.66 L OR CHAPMAN'S COLLECTION 6/8'S**  
SELECTED VARIETIES FROZEN DESSERT GLACÉ CLASSIQUE  
BREYERS OU FRIANDISES GLACÉES  
COLLECTION CHAPMAN'S  
20301305006\_EA/20323757001\_EA

**WHEN YOU BUY 2**  
**SAVE 98¢**

**11<sup>49</sup>**

**COCA-COLA OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
24X355 ML  
BOISSONS GAZEUSES  
COCA-COLA OU PEPSI  
20308197001\_C24  
20306687002\_C24

**WHEN YOU BUY 2**  
**SAVE 98¢**

**2/\$5**  
LESS THAN 2 \$2.99 EA.

**PC<sup>®</sup> NATURAL SPRING WATER**  
24X500 ML  
EAU DE SOURCE NATURELLE PC<sup>®</sup>  
20137898\_C24

**WHEN YOU BUY 2**  
**SAVE 98¢**

**2/\$6**  
LESS THAN 2 \$3.49 EA.

**LAY'S POTATO CHIPS, POPPABLES**  
130-235 G OR PRINGLES, SUPER STACKS 148-156 G  
SELECTED VARIETIES  
CROUSTILLES, POPPABLES LAY'S  
OU SUPER STACK PRINGLES  
21003823\_EA/21241032\_EA

See in-store or visit [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for holiday store hours.

Flyer prices effective from Thursday, May 16th to Wednesday, May 22nd, 2024. SEE BACK PAGE FOR DETAILS.



**Members save \$1.50**

**Members-Only Price 2.49**

**Non-members 3.99**

**CHRISTIE KID'S COOKIES**  
SELECTED VARIETIES  
180-225 G  
**BISCUITS POUR ENFANTS CHRISTIE**  
20303703002\_EA/20303703003\_EA



**Members save \$2**

**Members-Only Price 2.99**

**Non-members 4.99**

**PC® OR BLUE MENU® ENTRÉES OR BOWLS**  
SELECTED VARIETIES  
FROZEN  
212-365 G  
**PLATS CUISINÉS OU BOLS**  
PC™ OU MENU BLEU™  
20312253001\_EA/20839096\_EA

**10,000<sup>PC</sup> for every \$50 spent on**

**\$10 Value**



**HUGGIES WIPES, DIAPERS, PULL UPS AND GOODNITES TRAINING PANTS**  
SELECTED VARIETIES  
**COUCHES HUGGIES OU PAMPERS**  
20963841\_EA/21456748\_EA

**10,000<sup>PC</sup> for every \$50 spent on**

**\$10 Value**



**PAMPERS, WIPES, TRAINING PANTS OR DIAPERS**  
SELECTED VARIETIES  
**LINGETTES, CULOTTES D'ENTRAÎNEMENT OU COUCHES PAMPERS**  
20304474001\_EA/21370844\_EA

**3,000<sup>PC</sup> Value**

**\$3 Value**



**HUGGIES OR PAMPERS DIAPERS**  
SELECTED VARIETIES  
62-174'S  
**COUCHES HUGGIES OU PAMPERS**  
21456492\_EA/21551525\_EA

**34.99**



**SALE SAVE \$1**

**5.99**

**LACTANTIA BUTTER**  
SELECTED VARIETIES  
454 G  
20296112005\_EA/20639926\_EA



**\$4**

**SHOPSY'S DELI-FRESH WIENERS**  
375 G  
**SAUCISSES FUMÉES DELI-FRESH SHOPSY'S**  
21094890\_EA



**SALE SAVE \$1**

**\$1**

**SHRIMP SKEWERS**  
PLAIN OR MARINATED  
PREVIOUSLY FROZEN  
55 G  
**BROCHETTES DE CREVETTES**  
21204855\_EA

**500<sup>PC</sup>**



**3.99**

**ASTRO OR YOPLAIT PROTEIN YOGURT** 625-750 G, **SIGGIS OR YOPLAIT YOGURT** 4X100 G  
SELECTED VARIETIES  
**YOGOURT AVEC PROTÉINES ASTRO OU YOPLAIT, YOGOURT SIGGIS OU YOPLAIT**  
20165226001\_EA/21587047\_EA

**WHEN YOU BUY 2 SAVE \$1.48**



**2/6.50**

**FERRERO ROCHER TABLET**  
SELECTED VARIETIES  
90 G  
**BARRES FERRERO ROCHER**  
21428863\_EA/21570452\_EA

**LESS THAN 2 \$3.99 EA.**

**SAVE AT LEAST 95¢**



**4.99**

**NESTLÉ DRUMSTICK CONFECTIONERY FROZEN DESSERT** 1.5 L OR BARS 4-10'S  
SELECTED VARIETIES  
FROZEN  
**DRUMSTICK OU DESSERT GLACÉ OU BARRES DE CONFISERIE NESTLÉ**  
20322380001\_EA/20324757003\_EA



**3.49**

**NO NAME® PIZZA**  
SELECTED VARIETIES  
FROZEN  
369-411 G  
**PIZZA SANS NOM®**  
21541429\_EA/21541441\_EA

**SALE SAVE \$1.80**



**2.49**

**CLOVER LEAF WHITE TUNA**  
SELECTED VARIETIES  
170 G  
**THON BLANC CLOVER LEAF**  
20167571\_EA/20326358001\_EA

**WHEN YOU BUY 2 SAVE 98¢**



**2/\$4**

**KETTLE POTATO CHIPS**  
SELECTED VARIETIES  
198 G  
**CROUSTILLES KETTLE**  
21520682\_EA/21589837\_EA

**LESS THAN 2 \$2.49 EA.**



**3.99**

**MADEGOOD GRANOLA OR MORNINGS BARS, SOFT BAKED COOKIES, MINIS OR SQUARES**  
110-150 G  
**GRANOLA OU BARRES MORNINGS, BISCUITS TENDRES, MINI OU CARRÉS MADEGOOD**  
21425468\_EA/20797052001\_EA



**3.99**

**MOTT'S CLAMATO JUICE** 1.89 L OR **OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL** 1.77 L  
SELECTED VARIETIES  
**JUS CLAMATO MOTT'S OU MÉLANGE À JUS 100 % OU COCKTAIL OCEAN SPRAY**  
2030006008\_EA/21575320\_EA



**4.49**

**IRISH SPRING OR IVORY BAR SOAP** 6X10.4 G/ 10X90 G OR **IRISH SPRING, SOFTSOAP OR IVORY BODY WASH** 591/621 ML  
SELECTED VARIETIES  
**PAIN DE SAVON IRISH SPRING OU IVORY OU NETTOYANT POUR LE CORPS IRISH SPRING, SOAFTSOAP OU IVORY**  
20347887002\_EA/21219375\_EA

**20% off**

**BULK FOODS**

Variable weight, selected varieties in the bulk foods department

**BUY 2 5.99**

**GENERAL MILLS CEREAL**  
FAMILY SIZE  
SELECTED VARIETIES  
475-778 G  
**CÉRÉALES GENERAL MILLS**  
21103492\_EA/21103495\_EA

**GET 1 FREE**

**NEILSON MILK**  
1%, 2%, SKIM OR HOMOGENIZED 3.25%  
4 L  
**LAIT NEILSON**  
20047439\_EA/20108873\_EA

CUSTOMER RELATIONS 1-866-541-6315. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

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# Produce



**11 LB AVG**

**SEEDLESS WATERMELONS**  
PRODUCT OF U.S.A. OR MEXICO  
EACH  
**MELONS D'EAU SANS PÉPINS**  
20067326001\_EA

**7<sup>99</sup>**



**PKG OF 3**

**ONTARIO FARMER'S MARKET™ GREENHOUSE PEPPERS**  
PRODUCT OF ONTARIO  
3'S  
**POIVRONS DE SERRE DÉLICÉS DU MARCHÉ™**  
20085851001\_EA

**4<sup>99</sup>**



**CORN**  
PRODUCT OF U.S.A., NO. 1 GRADE  
EACH  
**MAÏS**  
20131170001\_EA

**79¢**



**PKG OF 6**

**FARMER'S MARKET GRAPE TOMATOES**  
283 G PRODUCT OF MEXICO OR  
**MINI CUCUMBERS**  
6'S PRODUCT OF CANADA  
**TOMATES RAISINS OU MINI-CONCOMBRES DÉLICÉS DU MARCHÉ™**  
21367888001\_EA / 20737570001\_EA

**2<sup>99</sup>**



**3 LB BAG**

**ONTARIO FARMER'S MARKET™ SWEET POTATOES**  
5-LB PRODUCT OF ONTARIO OR  
**OR YELLOW ONIONS** 3-LB PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
**PATATES DOUCES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ™**  
20697331001\_EA / 20811934001\_EA

**3<sup>99</sup>**



**HONEYCRISP APPLES**  
PRODUCT OF U.S.A., EXTRA FANCY GRADE  
6.59/KG  
**POMMES HONEYCRISP**  
20132621001\_KG

**2<sup>99</sup> LB**

**RED MANGO**  
PRODUCT OF MEXICO  
EACH  
**MANGUE ROUGE**  
20059635001\_EA

**1<sup>19</sup>**



**JUMBO CHERRIES**  
PRODUCT OF U.S.A.  
19.82/KG  
**CERISES GÉANTES**  
2015690001\_KG

**8<sup>99</sup> LB**



**ARTE SALAD BLEND KITS**  
PRODUCT OF CANADA  
SELECTED VARIETIES  
315-359 G  
**TROUSSES DE SALADE ARTE**  
21560158\_EA / 21560200\_EA

**2/\$11**  
LESS THAN 2 \$5.99 EA.



**ONTARIO GREENHOUSE TOMATOES ON THE VINE**  
PRODUCT OF ONTARIO  
4.39/KG  
**TOMATES DE SERRE SUR VIGNE**  
20026703001\_KG

**1<sup>99</sup> LB**



**PREMIUM SALADS**  
SELECTED VARIETIES  
245-367 G  
**SALADES DE QUALITÉ SUPÉRIEURE FRAÎCHES**  
21237366\_EA / 21237411\_EA

**\$7**

# Butcher



**LEAN GROUND BEEF**  
FAMILY SIZE  
15.41/KG  
**BŒUF HACHÉ MAIGRE**  
20874394\_KG

**6<sup>99</sup> LB**



**CHICKEN LEGS**  
FAMILY SIZE, BACK ATTACHED  
6.59/KG  
**CUISSES DE POULET**  
20153925\_KG

**2<sup>99</sup> LB**



**PC® BLUE MENU™ GROUND CHICKEN OR GROUND TURKEY**  
454 G  
**DINDE OU POULET HACHÉ PC™ MENU BLEU™**  
21100091\_EA / 21100092\_EA

**2/\$14**  
LESS THAN 2 \$10 EA.



**ONTARIO EYE OF ROUND OVEN ROAST**  
CUT FROM CERTIFIED ONTARIO CORN FED CANADA AA GRADE BEEF OR HIGHER  
17.62/KG  
**RÔTI DE NOIX DE RONDE**  
20812793\_KG

**7<sup>99</sup> LB**



**LEAN BEEF MEATBALLS**  
425 G  
**BOULETTES DE BŒUF MAIGRE**  
21587897\_EA

**\$8**



**MAPLE LODGE FARMS ULTIMATE CHICKEN SAUSAGES**  
SELECTED VARIETIES  
500 G  
**SAUCISSES DE POULET ULTIMATE MAPLE LODGE**  
21100091\_EA / 21100092\_EA

**6<sup>99</sup>**



**SUFRA® HALAL CHICKEN LEGS**  
BACK ATTACHED  
1.28 KG  
**CUISSES DE POULET HALAL SUFRA™**  
21430676\_EA

**\$10**



**PC® NATURALLY SMOKED BACON**  
375-500 G OR  
**PC® STREET CART SAUSAGE** 500 G  
SELECTED VARIETIES  
**BACON FUMÉ NATURELLEMENT PC™ OU SAUCISSES CLASSIQUES KIOSQUE DE RUE PC™**  
20152629\_EA / 21525048\_EA

**5<sup>99</sup>**



**PC® PIES** 300/300 G OR  
**JANES PUB STYLE BREADED** 700 G  
**CHICKEN**  
SELECTED VARIETIES  
FROZEN  
**PÂTES PC™ OU POULET PANÉ STYLE PUB JANES**  
20003749\_EA / 21191828\_EA

**14<sup>99</sup>**



**Mix and Mate PC® HORS D'OEUVRES COLLECTION**  
SELECTED VARIETIES™  
FROZEN  
225-300 G  
**COLLECTION DE HORS-D'OEUVRE PC™**  
20698133\_EA / 21116020\_EA

**2/\$20**  
LESS THAN 2 \$10.99 EA.

# Seafood

Fresh seafood items subject to availability.



**TUNA STEAKS**  
FROZEN OR PREVIOUSLY FROZEN  
29.74/KG  
**DARNES DE THON**  
20753134\_KG

**13<sup>49</sup> LB**

**FRESH ASC TILAPIA FILLETS**  
22.02/KG  
**FILLETS DE TILAPIA FRAIS ASC**  
20897812\_KG

**9<sup>99</sup> LB**



**SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP**  
RAW-ZIPPERBACK™  
16-20 PER LB 300 G OR  
**CALAMARI RINGS**  
UNCOOKED 340 G FROZEN  
**CREVETTES BLANCHES COLOSSALES DU PACIFIQUE OU RONDELLES DE CALMAR SEAQUEST®**  
20027170\_EA / 21043887\_EA

**7<sup>99</sup>**



**SEAQUEST® FISH FILLETS** 400 G OR  
**PC® SHRIMP OR FISH CAKES** 170/290 G  
SELECTED VARIETIES  
FROZEN  
**FILLETS DE POISSON SEAQUEST® OU GALETTES DE CREVETTES OU POISSON PC™**  
20153570\_EA / 21001233\_EA

**6<sup>99</sup>**

# Bakery



FARMER'S MARKET™ COOKIES  
SELECTED VARIETIES  
12'S  
BISCUITS DÉLICÉS DU MARCHÉ™  
20566774\_EA

**5<sup>99</sup>**



PC® S'MORES CREAM PIE  
FROZEN  
730 G  
TARTE À LA CRÈME S'MORES PC™  
21574358\_EA

**10<sup>99</sup>**



FARMER'S MARKET™ BUTTER CROISSANTS  
SELECTED VARIETIES  
6'S  
CROISSANTS AU BEURRE  
DÉLICÉS DU MARCHÉ™  
20975943\_EA

**\$5**



MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH  
SELECTED VARIETIES  
4'S  
MINI-CHAUSSON TRESSÉ OU DANOISÉ ÉRABLE ET PACANAS  
21464142\_EA/21464199\_EA

**4<sup>49</sup>**



BAGUETTE  
WHITE OR WHOLE WHEAT  
255 G  
BAGUETTE  
21529211\_EA

**1<sup>50</sup>**



PC® FLATBREAD 220/300 G OR SURAJ® NAAN 5'S  
SELECTED VARIETIES  
PAIN PLAT PC™ OU NAAN SURAJ®  
20910042\_EA/21051353\_EA

**\$3**



FURLANI TEXAS TOAST, GARLIC OR GARLIC PARM. 698 G OR KING'S HAWAIIAN ROLLS 312/340 G  
SELECTED VARIETIES  
TEXAS TOAST À L'AIL OU AIL ET PARMESAN FURLANI OU PETITS PAINS KING'S HAWAIIAN  
20041579\_EA/21475970\_EA

**4<sup>49</sup>**



D'ITALIANO BREAD OR BUNS  
SELECTED VARIETIES AND SIZES  
PAIN OU PETITS PAINS D'ITALIANO  
20038335\_EA/20627101\_EA/20587369\_EA

**BUY 2 OR MORE  
3<sup>50</sup>  
EA.**

# Great to go

Great to go items plus applicable taxes.



CHICKEN, FAJITA, TANDOORI OR GYRO  
TACO TRAYS  
SELECTED VARIETIES  
1-1.1 KG  
PLATEAUX DE TACOS AU POULET, FAJITA, TANDOORI OU GYRO  
21395977\_EA/21595419\_EA

**\$20**



CHICKEN WINGS AND WEDGES BUCKET  
1.2-2.12 KG  
SEAU DE 36 AILES DE POULET ET FRITES EN QUARTIERS  
21541872\_EA/21541877\_EA

**\$28**



PARTY PLATTERS  
SELECTED VARIETIES  
696 G/1.8 KG  
PLATEAUX DE CÉLÉBRATION  
21217521\_EA/21217522\_EA

**\$25**



PC® NATURAL CHOICE™ OR BLUE MENU™ SLICED DELI MEATS 175 G OR PC® CHEESE SLICES 140-170 G  
SELECTED VARIETIES  
CHARCUTERIES TRANCHÉES PC™ LE CHOIX NATUREL™ OU MENU BLEU™ OU TRANCHES DE FROMAGE PC™  
20216643\_EA/20310580\_EA

**6<sup>49</sup>**



PREMIUM SALADS  
425-454 G  
SALADES DE QUALITÉ SUPÉRIEURE  
21544608\_EA/21544611\_EA

**\$5**



ZIGGY'S PASTA  
SELECTED VARIETIES  
1 KG  
PÂTES ZIGGY'S®  
21521156\_EA

**10<sup>29</sup>**



SCHNEIDERS PEPPERETTES  
SELECTED VARIETIES  
250-375 G  
PEPPERETTES SCHNEIDERS  
20976093\_EA/20976110\_EA

**7<sup>99</sup>  
11<sup>99</sup>**



PC® CHICKEN SERVICE CASE MEATS  
SELECTED VARIETIES  
POULET PC™ POUR LE COMPTOIR DE SERVICE  
20301114\_KG

**2<sup>99</sup>  
/100 G**

**BUY**  
RAW SALMON OR CHICKEN ENTRÉES  
472-637 G  
SAUMON CRU OU PLATS CUISINÉS DE POULET  
21533960\_EA/1595451\_EA



**FROM \$12**

**GET 1 50% OFF**  
RAW SIDE  
545-865 G  
PLATS D'ACCOMPAGNEMENT NON CUITS  
21595452\_EA



NORWEGIAN JARLSBERG CHEESE  
FROMAGE JARLSBERG NORVÉGIEN  
21388103\_KG

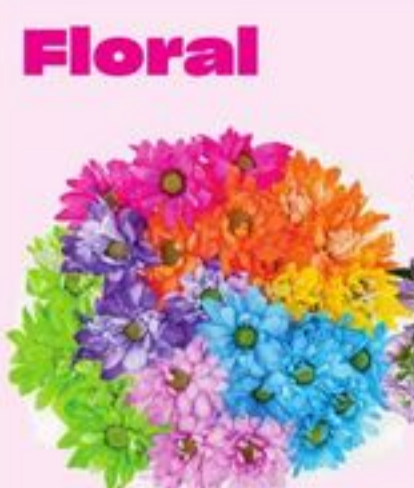
**2<sup>99</sup>  
/100 G**



BABYBEL 6'S OR THE LAUGHING COW 8'S  
SELECTED VARIETIES  
BABYBEL OU LA VACHE QUI RIT  
20319107\_EA/20574332\_EA

**2/<sup>99</sup>  
LESS THAN 2 \$4.99 EA.**

# Floral



COLOUR POP DAISIES MARGUERITES  
COLOUR POP  
21437439\_EA

**3/<sup>30</sup>  
LESS THAN 3 \$12 EA.**



SIGNATURE GIFT BOUQUETS  
SELECTED VARIETIES  
BOUQUETS-CADEAUX SIGNATURE  
21436377\_EA/21436378\_EA

**\$25**



ALOE VERA  
4 INCH POT  
ALÔES  
21047366\_EA

**\$8**



DOUBLE SPIKE ORCHID IN CERAMIC  
SELECTED VARIETIES  
ORCHIDÉE À DEUX TIGES DANS UN POT EN CÉRAMIQUE  
20293541\_EA

**\$28**



# Garden Centre Open Victoria Day

7AM - 6PM



## Freeman Herbs

Specializing in potted organic herb production year-round, Freeman Herbs began in 1947 as a tender fruit and vegetable farm. In 2004, the neighbouring Hendriks family bought the herb operation located in Beamsville, Ont. and now employ over 140 people. Built on core values which include sustainability and integrity, innovation and technology have been the cornerstone of their growth. Spring production includes proudly certified organic potted herbs, veggies, lavender, Boston ferns and value added live garden products.



**PC\* VEGETABLES IN CAGE**  
SELECTED VARIETIES  
12 INCH  
20753922\_EA/20753957\_EA

**\$18**



**PC\* HERB IN WHISKEY BARREL**  
SELECTED VARIETIES  
10 INCH  
20753949\_EA

**\$20**



**PC\* WINDOW BOX PLANTER**  
SELECTED VARIETIES  
24 INCH  
20753920\_EA

**\$32**



**MIX AND MATCH**  
**PC\* GIGANTICO\* ANNUALS, HERBS OR VEGETABLES**  
SELECTED VARIETIES  
4.33 INCH  
21350302\_EA/21350301\_EA/21352664\_EA  
21350306\_EA/21350305\_EA

**5/\$25**  
LESS THAN 5 \$5.50 EA.



**PC\* JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
20753924\_EA

**2/\$55**  
LESS THAN 2 \$32 EA.



**MIX AND MATCH**  
**PC\* DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753924\_EA

**2/\$36**  
LESS THAN 2 \$20 EA.



**PC\* COMBO PLANTER**  
SELECTED VARIETIES  
10 INCH  
20753963\_EA

**\$23**



**PC\* SUPER GIGANTICO\* ANNUALS**  
SELECTED VARIETIES  
6 INCH  
21352513\_EA

**\$9**



**PC\* 4-SEASON TROPICALS**  
SELECTED VARIETIES  
6 INCH  
21347083\_EA

**\$12**



**TROPICAL PLANTS**  
SELECTED VARIETIES  
10 INCH  
21518651\_EA  
21214925\_EA

**\$30-45**



**CAT PALM**  
SELECTED VARIETIES  
10 INCH  
2157215\_EA  
21518651\_EA

**\$30**



**HIBISCUS**  
SELECTED VARIETIES  
6 INCH  
21346532\_EA

**\$10**



**PC\* LILIUM COLLECTION**  
SELECTED VARIETIES  
8 INCH  
21350466\_EA

**2/\$25**  
LESS THAN 2 \$13 EA.



**PC\* CAMPANULA**  
4 INCH  
20642640\_EA

**\$5.50**



**PC\* PERENNIALS**  
SELECTED VARIETIES  
9 CM EACH  
21350463\_EA

**2/\$9**  
LESS THAN 2 \$5 EA.



**PC\* PERENNIALS**  
SELECTED VARIETIES  
13 CM  
21350465\_EA

**2/\$18**  
LESS THAN 2 \$10 EA.



**PC\* PERENNIALS**  
SELECTED VARIETIES  
15 CM EACH  
21350466\_EA

**2/\$26**  
LESS THAN 2 \$15 EA.

## Our plant guarantee

Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

**100% Canadian grown**

**How do we recycle?**

Empty Pots are shipped back to the greenhouse where they are compacted/ crushed.

Plastic is shredded to make pellets, which are used to make new pots and flats.

Established in 2008.

May 2 - June 19  
bring back your empty pots/flats and you can earn

**100 pts**

for each pot or flat you return



BURPEE OR MCKENZIE SEEDS  
SELECTED VARIETIES  
EACH  
20752992\_EA  
20752876\_EA

**1<sup>89</sup>-5<sup>49</sup>**

SPRING BULBS  
PLANT NOW FOR  
SUMMER BLOOMS,  
SELECTED  
VARIETIES  
EACH  
21423977\_EA  
21426050\_EA

**\$8-17**



SHRUBS OR EVERGREENS  
SELECTED VARIETIES  
2 GALLON  
20217146\_EA  
20217255\_EA

**\$18-40**

GROW YOUR OWN  
SELECTION OF  
FRUITS AND  
VEGETABLES  
SELECTED  
VARIETIES  
EACH  
21430587\_EA  
21430596\_EA

**4<sup>99</sup>-9<sup>99</sup>**

PC<sup>®</sup> FLOWER & GARDEN BED SOIL  
50 L  
21363856\_EA

**2/\$20**  
LESS THAN 2 \$11.50 EA.



PLANT FOOD FERTILIZER OR GRASS SEED  
SELECTED VARIETIES AND SIZES  
21567431\_EA  
21359480\_EA

**\$8-25**

NO NAME<sup>®</sup> ALL PURPOSE SOIL  
50 L  
21358664\_EA

**2/\$20**  
LESS THAN 2 \$11.50 EA.



PC<sup>®</sup> POTTING SOIL  
25 L  
21349090\_EA

**2/\$12**  
LESS THAN 2 \$7 EA.

PC<sup>®</sup> VEGETABLE & HERB SOIL  
25 L  
21349109\_EA

**2/\$12**  
LESS THAN 2 \$7 EA.

PC<sup>®</sup> MOISTURE LOCK POTTING SOIL  
25 L  
21349077\_EA

**\$10**



GARDEN DÉCOR AND POTS  
SELECTED SIZES  
EACH  
21570488\_EA  
21570439\_EA

SEE GARDEN CENTRE FOR RETAILS

GARDEN TOOLS AND WATERING ACCESSORIES  
SELECTED VARIETIES AND STYLES  
EACH  
21570571\_EA  
21570637\_EA

SEE GARDEN CENTRE FOR RETAILS

PC<sup>®</sup> YARD WASTE BAGS  
5'S  
20429880\_EA

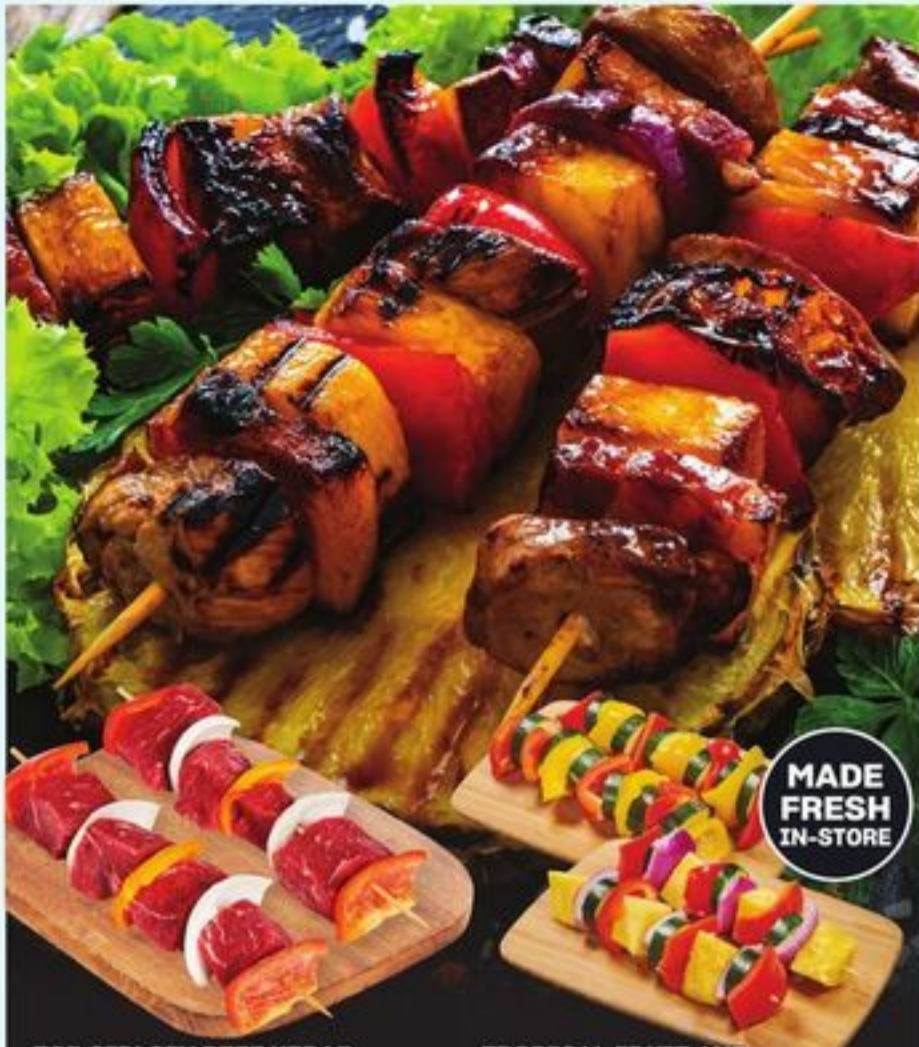
**2/\$8**  
LESS THAN 2 \$4.99 EA.

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# Long weekend essentials



**TOP SIRLOIN BEEF KEBAB**  
CUT FROM CANADA AA  
GRADE BEEF OR HIGHER  
30.84/KG  
21462765\_EA

**13<sup>99</sup>**  
LB

**TROPICAL FRUIT AND  
VEGETABLE KEBABS**  
SELECTED VARIETIES  
2'S  
21456957\_EA/21456947\_EA

**\$6**



**Mix and match**  
**PC® BURGERS**  
SELECTED VARIETIES, FROZEN  
568 G-1.36 KG  
20941230\_EA/20941443\_EA

**2/\$30**  
LESS THAN 2  
\$16.99 EA.



**PC® GRILLING RAW  
SHRIMP SKEWERS**  
SELECTED VARIETIES  
FROZEN  
360 G  
21283307\_EA/21517019\_EA

**11<sup>99</sup>**



**DEMPSTER'S  
HAMBURGER OR  
HOT DOG BUNS**  
8'S  
21311477\_EA/21311479\_EA

**3<sup>49</sup>**



**MADE  
FRESH  
IN-STORE**

**40 WINGS  
NAKED OR BREADED**  
AVAILABLE UN-SAUCE  
OR YOUR CHOICE OF SAUCE  
(INCLUDES CELERY &  
CARROTS)  
21558990\_EA

**\$45**



**MADE  
FRESH  
IN-STORE**

**IN-STORE PREPARED  
CLASSIC ITALIAN  
STYLE OR PULLED PORK  
SLIDERS**  
716/853 G  
21562105\_EA/21595416\_EA

**\$15**



**MADE  
FRESH  
IN-STORE**

**SANDWICH  
OR WRAP  
PLATTERS**  
1.1-3.4 KG  
21557919\_EA/  
21558137\_EA

**\$20-25**



**VEGETABLE SAMOSA  
PLATTERS**  
12 PACK  
21558737\_EA

**\$12**



**PREPARED  
IN-STORE**

**12-PIECE CHILLED  
PACK OUT WINGS  
WITH ANY PIZZA  
OR FLATBREAD**  
21532556\_EA/21456401\_EA

**\$20**



**MEDIUM CLASSIC  
SERVICE CASE SALADS**  
SELECTED VARIETIES  
400 G  
20096760\_EA/21595710\_EA

**2/\$8**  
LESS THAN 2  
\$5 EA.



**MADE  
FRESH  
IN-STORE**

**GOURMET  
BAGUETTE,  
DELUXE SUB  
OR WRAPS  
LARGE  
PLATTER**  
21558211\_EA/  
21558212\_EA

**\$55-65**



**MADE  
FRESH  
IN-STORE**

**FRIED TORTILLA CHIPS**  
450 G OR FRESH  
GUACAMOLE 320 G  
21534615\_EA/21525868\_EA

**\$5**



**PC® SMOKIN'®  
STAMPEDE® BBQ  
SAUCE**  
SELECTED VARIETIES  
500 ML  
21021473\_EA/21021521\_EA

**3<sup>49</sup>**



**PC® MEMORIES OF®  
SAUCE**  
SELECTED VARIETIES  
350 ML  
20311313001\_EA/  
20311313008\_EA

**4<sup>99</sup>**



**PC® CROUTONS**  
SELECTED  
VARIETIES  
140 G  
20796248001\_EA

**2/\$7**  
LESS THAN 2  
\$3.99 EA.



**STONE FIRE NAAN  
CRISPS 170 G OR PC®  
MINI HUMMUS 228 G**  
SELECTED VARIETIES  
20754856\_EA/21569500\_EA

**2/\$7**  
LESS THAN 2  
\$4 EA.



**PC® READY TO EAT  
POPCORN OR KETTLE  
COOKED, LOADS OF  
FLAVOUR OR WORLD  
OF FLAVOUR POTATO  
CHIPS OR PC®  
GARDEN STIX**  
SELECTED VARIETIES  
142-250 G  
20910769\_EA/21422931\_EA

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**PC® MINI CANS**  
SELECTED VARIETIES  
6X222 ML  
21093763\_C06/21094147\_C06

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**PC® BLUE MENU  
OR PC® SPARKLING  
WATER**  
SELECTED  
VARIETIES  
12X365 ML  
20668034002\_C01  
21518575\_C01

**2/\$9**  
LESS THAN 2  
\$4.99 EA.

# Long weekend treats

**PC® ICE CREAM SHOP ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
946 ML  
21575127\_EA/21575303\_EA

**\$4**

**PC® BLACK LABEL ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
500 ML  
20604543004\_EA/20604543004\_EA

**\$4**

**PC® COOKIE DOUGH ICECREAM BITES**  
SELECTED VARIETIES FROZEN  
6'S  
21506998\_EA/21507016\_EA

**\$5**

**PC® MOCHI FROZEN DESSERT**  
SELECTED VARIETIES  
6'S  
21166581\_EA/21167338\_EA

**5<sup>49</sup>**

**PC® WAFFLE BOWLS OR CONES**  
SELECTED VARIETIES  
135/205 G  
21263795\_EA/21263798\_EA

**4<sup>49</sup>**

**PC® SYRUP SQUEEZABLE BOTTLE**  
SELECTED VARIETIES  
428 ML  
20338077\_EA/20339669\_EA

**5<sup>49</sup>**

**NO NAME® ICE CREAM SANDWICHES OR BARS**  
CLUB SIZE  
SELECTED VARIETIES  
FROZEN  
24/30'S  
2034740002\_EA/21013432\_EA

**\$10**

**NO NAME® ICE MILK**  
SELECTED VARIETIES  
FROZEN  
4 L  
20015284002\_EA

**7<sup>99</sup>**

**NO NAME® ICE CREAM CONES OR CUPS**  
SELECTED VARIETIES  
75-80 G  
21203830\_EA/21203883\_EA

**\$2**

**CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
500 ML  
21511147\_EA/21511200\_EA

**4<sup>99</sup>**

**CHAPMAN'S SUPER NOVELTIES**  
SELECTED VARIETIES  
FROZEN  
20072328002\_EA/20111532\_EA

**5<sup>99</sup>**

**MAGNUM BARS**  
SELECTED VARIETIES  
FROZEN  
4'S  
20342005003\_EA/20950739\_EA

**4<sup>99</sup>**

**NO NAME® WHIPPED TOPPING**  
SELECTED VARIETIES  
FROZEN  
1 L  
20113422001\_EA

**3<sup>99</sup>**

**NO NAME® MARSHMALLOW**  
SELECTED VARIETIES  
400 G  
20304672001\_EA/21023141\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.

**PC® CHOCOLATE BARS**  
SELECTED VARIETIES  
90-100 G  
20024823\_EA/20313501\_EA

**2/\$4.50**  
LESS THAN 2 \$2.79 EA.



Insiders Report™

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Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

2,000<sup>pts</sup> \$2 Value



PC<sup>®</sup> FLAVOURED ICE POPS  
SELECTED VARIETIES  
FROZEN  
6X60 ML  
21575381\_EA

\$5



new

APP EXCLUSIVE OFFER  
\*Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

\$8 VALUE

Up to 8,000<sup>pts</sup> are up for grabs

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+ BONUS 3,000<sup>pts</sup> for buying all five!



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Ends June 12



APP EXCLUSIVE OFFER  
Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

2,000<sup>pts</sup> \$2 Value



PC<sup>®</sup> CHOPPED SALAD KITS  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
285-369 G  
21378085\_EA

5<sup>99</sup>



Must Try



PC<sup>®</sup> PORK BELLY BURNT ENDS  
FROZEN  
500 G  
21565531\_EA

\$14

Must Try



PC<sup>®</sup> BARESE SAUSAGE  
250 G  
21576127\_EA

\$6

Must Try



PC<sup>®</sup> CHICKEN YAKITORI  
480 G  
21575909\_EA

\$17

Must Try



PC<sup>®</sup> CINNAMON SUGAR OR CHILI LIME PINEAPPLE SKEWERS  
FROZEN  
300 G  
21560146\_EA/21560219\_EA

\$5

Must Try



PC<sup>®</sup> SWEET & SMOKY BARBECUE BUTTERFLIED BLACK TIGER SHRIMP  
FROZEN  
360 G  
21559382\_EA

\$15

Must Try



PC<sup>®</sup> CHEESE OR MUSHROOM FRUSTA  
FROZEN  
2X165 G  
21549514\_EA/21549100\_EA

\$6

\$5

Must Try



PC<sup>®</sup> CHICKEN MASALA ON RICE, CHICKEN YELLOW CURRY ON RICE OR CHICKEN BUN CHA  
FROZEN  
300 G  
21565933\_EA/21565869\_EA/21566111\_EA



Must Try



PC<sup>®</sup> BLACK LABEL WHITE BARBECUE SAUCE  
350 ML  
21589265\_EA

4<sup>50</sup>

Must Try



PC<sup>®</sup> M'AQUA COCKTAIL FLAVOURED SPARKLING WATER  
SELECTED VARIETIES  
6X355 ML  
21590669\_C06  
21590689\_C06

4<sup>50</sup>

Must Try



PC<sup>®</sup> CHURRO FLAKE OUTS™  
CROISSANT DONUTS  
224 G  
21590246\_EA

\$7



# Insiders Report™ 100+ new items for summer

Pick them up today



new



PC® CREAMY DILL PICKLE SLAW KIT 301 G 21588279\_EA

5<sup>99</sup>

new



PC® TANDORI SEASONED FULLY COOKED WHOLE CHICKEN 900 G 21587735\_EA

12<sup>99</sup>



Insiders Report™

## Make summer an on-budget breeze



Click or Scan to Discover More



new



PC® OAK-SMOKED CITRUS AND GIN SCOTTISH ATLANTIC SALMON 125 G 21576457\_EA

10<sup>99</sup>

new



PC® BRIOCHE SESAME BUNS 300 G 21576538\_EA

4<sup>99</sup>

new



PC® MONTREAL STEAK SPICE SEASONED PIZZA MOZZARELLA AND CHEDDAR CHEESE BLEND 320 G 21575868\_EA

5<sup>99</sup>

new



PC® MILK CHOCOLATE COVERED STRAWBERRIES OR BANANAS SELECTED VARIETIES FROZEN 200 G 21544053\_EA 21520140\_EA

5<sup>49</sup>



PC® STREET CART SAUSAGE CHEDDAR OR ORIGINAL 500 G 21525048\_EA/21525049\_EA

6<sup>99</sup>

new



PC® INBETWEENZ™ DESSERT SQUARE SELECTED VARIETIES 312 G 21592641\_EA

\$8

new



PC® FROSTOVERS™ HAND PIE SELECTED VARIETIES 150 G 21588644\_EA

4<sup>49</sup>



PC® SMOKIN' STAMPEDE FUMÉ CORN RIBS FROZEN 500 G 21520140\_EA

\$5

new



PC® SPARKLING DEALCOHOLIZED APPLE OR PEAR CIDER BEVERAGE SELECTED VARIETIES 4X330 ML 21588266\_C04 21588277\_C04

7<sup>50</sup>

new



PC® DARK ALE OR IPA LOW ALCOHOL BEER (LESS THAN 0.5% ALC./VOL.) 4X355 ML 21588335\_C04 21589408\_C04

\$6



PC® LEMONADE SELECTED VARIETIES 1.89 L 20772870001\_EA 21425929\_EA

2/5<sup>50</sup> LESS THAN 2 \$3.49 EA.

new



PC® SAMOSA LAYERED DIP 350 G 21588729\_EA

5<sup>99</sup>



PC® DIPS OR HUMMUS 190-227 G OR PC® NAAN DIPPERS 200 G SELECTED VARIETIES 20584097\_EA 21092033\_EA

2/\$7 LESS THAN 2 \$4 EA.



PC® MINI NAAN TRADITIONNAL OR GARLIC SELECTED VARIETIES 4'S 21076210\_EA 21076234\_EA

3<sup>49</sup>

# Grocery



BETTY CROCKER DUNKAROOS 168 G,  
NATURE VALLEY MUFFIN BAR 175 G,  
NATURE VALLEY CRUNCHY DIP 132 G OR  
PC® BLUE MENU® PEANUT BUTTER 750 G  
SELECTED VARIETIES  
20057669001\_EA/21449886\_EA

**2/\$9**  
LESS THAN 2  
\$5.49 EA.

QUAKER CEREAL  
SELECTED VARIETIES  
288-500 G  
20637355\_EA/21082500\_EA

**4<sup>29</sup>**



STARBUCKS  
COFFEE ENHANCERS  
SELECTED VARIETIES  
828 ML  
21359473\_EA/21436900\_EA

**6<sup>99</sup>**

KOZY SHACK  
RICE PUDDING  
SELECTED VARIETIES  
452-678 G  
20323829001\_EA/20325154001\_EA

**3<sup>99</sup>**

STARBUCKS ICED  
COFFEE 1.18/1.42 L OR  
IÖGO YOGURT 16X100 G  
SELECTED VARIETIES  
20609583001\_EA/21215530\_EA

**7<sup>99</sup>**



BLACK DIAMOND  
CHEESE BARS  
400 G OR SHREDS  
300-320 G  
SELECTED VARIETIES  
20297818003\_EA/21279221\_EA

**6<sup>99</sup>**

GAY LEA SOUR CREAM  
SELECTED VARIETIES  
500 ML  
20317536001\_EA

**3<sup>49</sup>**

CRACKER BARREL  
CHEESE SLICES  
SELECTED VARIETIES  
220/240 G  
21290705\_EA

**4<sup>99</sup>**



MISS VICKIE'S  
KETTLE COOKED  
POTATO CHIPS  
OR SMARTFOOD  
POPCORN  
SELECTED  
VARIETIES  
150-250 G  
21240703\_EA  
20972859\_EA

**2/\$10**  
LESS  
THAN 2  
\$5.49 EA.

CHRISTIE  
RITZ, WHEAT  
THINS OR  
TRISCUIT  
CRACKERS  
SELECTED  
VARIETIES  
175-454 G  
21030905\_EA  
21547034\_EA

**2/7<sup>50</sup>**  
LESS  
THAN 2  
\$3.99 EA.

PC® CRACKERS  
142-225 G OR  
SWISS STICKS  
100 G  
SELECTED  
VARIETIES  
20538543003\_EA  
20588938003\_EA

**3<sup>49</sup>**

DARE  
ULTIMATE COOKIES,  
VIVA PUFFS, WHIPPET  
OR WAGON WHEELS  
SELECTED VARIETIES  
230-360 G  
20025850002\_EA  
20419986001\_EA

**2/\$7**  
LESS THAN 2  
\$4.29 EA.



TETLEY TEA 80'S OR  
1850 GROUND OR  
BEAN COFFEE 340 G  
SELECTED VARIETIES  
20711164\_EA/21196935\_EA

**8<sup>99</sup>**

BALZAC'S GROUND OR  
WHOLE BEAN COFFEE  
300/340 G OR  
DAVID'S TEA  
MATCHA SINGLE  
SERVE 78 G  
SELECTED  
VARIETIES  
20987612\_EA  
21405691\_EA

**12<sup>99</sup>**

JORDANS CEREAL  
SELECTED VARIETIES  
375-400 G  
21522230\_EA/21522267\_EA

**4<sup>99</sup>**

QUE PASA CHIPS,  
TACO SHELLS  
130/350 G OR  
SALSA 420 ML  
SELECTED VARIETIES  
21031316\_EA/21410537\_EA

**3<sup>49</sup>**



LYSOL TOILET CLEANER  
710-950 ML,  
LYSOL ALL PURPOSE  
CLEANERS  
650 ML/1.2 L OR  
LYSOL GEL 4'S  
SELECTED VARIETIES  
20310677001\_EA  
20309873002\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.

FLEECY FABRIC  
SOFTENER 1.36 L OR  
SHEETS 80'S,  
OXICLEAN STAIN  
REMOVER SPRAYS  
354-636 ML OR  
GEL STICK 183 ML  
SELECTED VARIETIES  
EACH  
20043178\_EA/21311876\_EA

**5<sup>49</sup>**

DOWNY OR GAIN  
FABRIC SOFTENER 2.63 L,  
BOUNCE, BEADS 379 G,  
DOWNY OR GAIN SHEETS  
120-200'S OR  
ZIPLOC MEGA PACK BAGS  
60-260'S  
SELECTED VARIETIES  
21196085\_EA/21549966\_EA

**9<sup>99</sup>**

WHISKAS CAT FOOD  
SELECTED VARIETIES  
1.5/2 KG  
20754051\_EA

**9<sup>99</sup>**

# For your family



JERGENS LOTION, COPPERTONE SUNSCREEN, NIVEA CREAM OR BIORÉ FACE CARE SELECTED VARIETIES AND SIZES 21089622\_EA/21176321\_EA

**SALE**  
**SAVE UP TO**  
**25%**



J.R. WATKINS OR METHOD BODY WASH 532 ML OR J.R. WATKINS OR SOFTSOAP LIQUID HAND SOAP REFILL 828 ML-1.47 L SELECTED VARIETIES 21167194\_EA/21425299\_EA

**6<sup>49</sup>**



DOVE, BATISTE, AVEENO OR GARNIER WHOLE BLENDS HAIR CARE OR STYLING SELECTED VARIETIES AND SIZES 20419882001\_EA/20850398\_EA

**8<sup>99</sup>**



TAMPAX PEARL TAMPONS 18'S, ALWAYS PREMIUM INFINITY FLEX FOAM PADS 16'S OR U BY KOTEX CLICK COMPACT UNSCENTED TAMPONS 16'S SELECTED VARIETIES AND SIZES 21284541\_EA/21287976\_EA

**2/\$8**  
**LESS THAN 2**  
**\$4.99 EA.**



ASPIRIN 100/120'S, ALEVE 40-100'S, ALEVE-X 72 G, TYLENOL 72-150'S, MOTRIN 60/150'S OR ADVIL 40-72'S PAIN RELIEF TABLETS, CAPLETS, GELS OR RUB SELECTED VARIETIES 21532778\_EA/20328051\_EA

**15<sup>99</sup>**



HEAD & SHOULDERS 370 ML, OLD SPICE 400 ML OR HERBAL ESSENCE 400-600 ML HAIR CARE SELECTED VARIETIES AND SIZES 21505016\_EA

**5<sup>99</sup>**



DIAL BODY WASH 473 ML, FOAMING LIQUID HAND SOAP 221 ML OR LIFE BRAND LIQUID HAND SOAP 950 ML SELECTED VARIETIES 21311819\_EA/21357582001\_EA

**2<sup>99</sup>**



ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES 20814896\_EA/210333778\_EA

**16<sup>99</sup>**



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE 84-96'S, ORAL-B BATTERY TOOTHBRUSH, CREST PRO HEALTH OR SCOPE MOUTHWASH OR CREST GUM DETOXIFY TOOTHPASTE SELECTED VARIETIES AND SIZES 20437569002\_EA/205598749\_EA

**7<sup>49</sup>**



SIX STAR WHEY PROTEIN SELECTED VARIETIES 821/907 G 21559849\_EA/21559977\_EA

**\$5 Value**  
**Optimum 5,000<sup>mg</sup>**



COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSHES, MANUAL TOOTHBRUSHES, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES 21220587\_EA/21517424\_EA

**5<sup>99</sup>**



# For your baby



PC® CLUB PACK® BABY WIPES 1200'S,  
HUGGIES, PAMPERS 6, 9, 10'S  
OR BABY WIPES 336-720'S  
SELECTED VARIETIES  
21432245\_EA

**\$20**



HELLO BELLO OR  
MILLIE MOON DIAPERS  
SELECTED VARIETIES, CLUB SIZE  
21280046\_EA/21520459\_EA

**24<sup>99</sup>**



ENFAMIL A+ BABY FORMULA  
POWDER REFILL  
STAGE 1 & STAGE 2  
SELECTED VARIETIES  
992 G  
20435527002\_EA/20435527003\_EA

**54<sup>99</sup>**



PC® ORGANICS  
BABY FOOD POUCHES  
SELECTED VARIETIES  
128 ML  
20651248004\_EA/210651270002\_EA

**5/\$7**  
LESS THAN 5  
\$1.79 EA.



BABY GOURMET SNACKS AND  
BARS 40-90 G OR JARS 113 ML  
SELECTED VARIETIES  
21123961\_EA/21414273\_EA

**SALE**  
SAVE UP TO  
**20%**



Q-TIPS COTTON SWABS  
500'S  
20323077001\_EA

**4<sup>49</sup>**



SIMILAC STAGE 1 & 2  
READY TO FEED  
BABY FORMULA  
SELECTED VARIETIES  
16X235 ML  
21334696\_C01/21334752\_C01

**51<sup>99</sup>**



HELLO BELLO 10X WIPES  
SELECTED VARIETIES  
600'S  
21280051\_EA

**19<sup>99</sup>**

**Pampers**

UP TO **100%** LEAKPROOF PROTECTION

**34<sup>99</sup>** Swaddlers  
diapers  
selected varieties  
and sizes  
21455869\_EA

**36<sup>99</sup>** Easy Ups  
Training Pants  
selected varieties  
and sizes  
21089194\_EA

**26<sup>99</sup>** Ninjamas  
Nighttime Underwear  
selected varieties  
and sizes  
21308929\_EA

**pull-Ups**

SIMPLIFY THE POTTY TRAINING JOURNEY

**\$36<sup>99</sup>**  
Pull-Ups® training pants  
selected varieties 66-104's  
21021427\_EA

**HUGGIES**

natural care

**Thicker & more absorbent**  
for a gentle clean\*

**\$8<sup>99</sup>**  
Huggies® wipes  
selected varieties  
168-192's  
20558604\_EA

# Beer & cider

limited time offer May 16 - 22



## Savvy Buys



COORS ORIGINAL  
6X473 ML CANS  
21294687\_C06

16<sup>95</sup>



STELLA ARTOIS  
473 ML CAN  
21337003\_EA

3<sup>45</sup>



PABST BLUE RIBBON  
473 ML CAN  
20954813\_EA

2<sup>10</sup>



SOMERSBY APPLE CIDER  
4X473 ML CANS  
21313146\_C04

12<sup>55</sup>

## Imports



CORONA EXTRA  
6X330 ML BOTTLES  
21338460\_C06

15<sup>65</sup>



SAPPORO  
6X500 ML CANS  
21014346\_C06

17<sup>95</sup>

## Explore



BALL'S FALLS SESSION IPA  
473 ML CAN  
21009874\_EA

3<sup>25</sup>



GLB OCTOPUS WANTS TO FIGHT IPA  
473 ML CAN  
21185170\_EA

3<sup>35</sup>

Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. Prices include tax and deposit and may be subject to change without notice. No rainchecks or substitutions. See in-store or [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

**MARC ANGELO**

**#1 IMPORTED ITALIAN BRAND**

**MORTADELLA**  
125 g  
21383148\_EA  
**3.99**

**EUROPEAN CHARCUTERIE**  
100 g  
21289363\_EA  
**7.49**

**ANTIPASTO MISTO AND ASSORTED** • 100 g  
20865352\_EA  
**7.49**

**ASSORTED SALAMI CHUBS**  
225 - 300 g  
21362680\_EA/21021493\_EA  
**8.99 - 11.99**

**100% PRODUCT OF ITALY**

\* Refers to the #1 Imported Deli Brand

**yves**  
VEGGIE CUISINE™

**MMMM... PLANTS**

**Great plant-based food.**

**YVES® FAMILY PACK VEGGIE BURGERS**  
20061102\_EA  
**10.99**

**YVES® FAMILY PACK VEGGIE DOGS**  
20032594\_EA  
**6.49**

**YVES® VEGGIE BACON STRIPS**  
20573903\_EA  
**5.49**

Find us in store or online

Yves Veggie Cuisine® is a registered trademark of Hain-Celestial Canada, ULC.

**Sabra**

**SUNNY DAY Snacks**

**SABRA HUMMUS SELECTED VARIETIES**  
283 G  
20103342\_EA  
LESS THAN 2 \$4.49 EA  
**2/\$8**

**SABRA HUMMUS SELECTED VARIETIES**  
482 G  
20103342\_EA  
LESS THAN 2 \$7 EA  
**2/\$12**

**SABRA HUMMUS SELECTED VARIETIES**  
FAMILY SIZE FORMAT FAMILIAL  
ROASTED RED PEPPER POYVIRON ROUGE GRILLÉ HUMMUS

**Johnsonville**

**6.99** Smoked Beef Sausage  
Assorted varieties (375 g)

**5.99** Smoked Pork Sausage  
Assorted flavours (375 g)

**2/\$13** Fresh Sausage  
Assorted varieties (250 - 500 g)

LESS THAN 2 \$6.99 EA.

**Dr. Oetker**

**Pizza for everyone TO ENJOY**

**GIUSEPPE PIZZERIA STUFFED FARCIE**

**\$7.99** Giuseppe Stuffed Crust (685 - 771 g)  
21555844\_EA

**PIZZA TRADIZIONALE SALAME ROMANO**

**\$6.49** Tradizionale (385 - 415 g)  
21561829\_EA

**Armstrong**  
NATURAL CHEESE 1902

Bring the Love. Bring Armstrong Cheese.

**4.99** NATURAL CHEESE SLICES  
SELECTED VARIETIES  
220-240 g  
**ARMSTRONG**  
21333850\_EA

**5.99** COMBOS SNACKS  
SELECTED VARIETIES  
180 g  
**ARMSTRONG**  
21440781\_EA

**5.99** NIBBLERS CHEESE SNACKS  
SELECTED VARIETIES  
200 g  
**ARMSTRONG**  
21539032\_EA

**8.99** MOZZARELLISSIMA & LACTOSE FREE MOZZARELLISSIMA BLOCKS  
SELECTED VARIETIES  
500 g  
**SAPUTO**  
20759241002\_EA

**2.49** NACHO QUESO SUPREME & FRENCH ONION  
**HELLUVA GOOD!**  
20872654\_EA

**YOUR ESSENTIALS FOR THE BBQ SEASON**

**SWISS CHALET** PORK BACK RIBS - CÔTES DE DOS DE PORC  
FULLY COOKED AND SEASONED - 10% MEAT PROTEIN  
AGÉCÉLÉCÉ ET ENTÉRIÈREMENT CUITES - 10 % DE PROTÉINES DE VIANDE

**SWISS CHALET** PORK BACK RIBS - CÔTES DE DOS DE PORC  
FULLY COOKED AND SEASONED - 10% MEAT PROTEIN  
AGÉCÉLÉCÉ ET ENTÉRIÈREMENT CUITES - 10 % DE PROTÉINES DE VIANDE

**MONTANA'S BBQ & BAR** PORK BACK RIBS CÔTES DE DOS DE PORC  
FALL OFF THE BONE - DÉTACHE DE L'OS

**15.99** Swiss Chalet BBO or Honey & Garlic Pork Back Ribs (Refrigerated)  
21022221\_EA/21093780\_EA

**15.99** Montana's Texan BBQ Pork Back Ribs (Refrigerated)  
21203458\_EA

# I ♥ Reese's DAY

MAY 18<sup>TH</sup>

Hershey Family Bars, selected varieties (90 - 120 g) 204845\_EA  
**LESS THAN 2 \$3.29 EA. 2/\$5**

Hershey King Size Bars, selected varieties (62 - 85 g) 206880\_EA/207594\_EA  
**LESS THAN 2 \$2.49 EA. 2/4 50**

Hershey Single Bars, selected varieties (34 - 58 g) 205002\_EA  
**LESS THAN 2 \$1.79 EA. 2/2 50**

4 Bar / Bars, 4.4 Bar (Reese's Peanut Butter Cups) 205240\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

Hershey Multi 4 packs, selected varieties (170 - 198 g) 205240\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

Hershey Packaged Candy, selected varieties (160 - 230 g) 205259/2004\_EA/212328/24\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

Reese's THINS-MINCES

Reese's minis

# VAN HOUTTE®

LIVE FLAVOURFULLY™

**\$17.99**  
Van Houtte® 30 K-Cup® pods selected varieties 20743469\_EA/21588231\_EA

**\$13.99**  
Van Houtte® ground coffee selected varieties 340 g 20973094\_EA/20973133\_EA

# bai

Bai® selected varieties 530 mL 21362966\_EA  
**LESS THAN 2 \$3.29 EA. 2/\$6**

**NEW**

21433571\_EA  
21362998\_EA  
21362990\_EA  
21583389\_EA

DrinkBaiCanada.com  
Contains Caffeine. Trademark used under license by Canada Dry Mott's Inc.

# Campbell's SNACK INTO Summer

**2/\$7** LESS THAN 2 \$3.99 EA.  
NEW Pepperidge Farm® Goldfish® Crisps 177 g selected varieties 21575178\_EA/21575294\_EA

**3.99**  
Snyder's of Hanover® Pretzels 240 g selected varieties 20316052004\_EA/20316052002\_EA

**2/\$4** LESS THAN 2 \$2.49 EA.  
NEW Kettle Brand® Kettle Cooked Air Fried Chips 156 g selected varieties 21589837\_EA/21589952\_EA

**2/\$7** LESS THAN 2 \$3.99 EA.  
Pepperidge Farm® Goldfish® Crackers 156-227 g, 6x28 G selected varieties 20320900\_EA/21574954\_EA

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# WE'VE GOT THE FLAVOUR

EXPLORE GRILLING RECIPES & TIPS ON OUR FLAVOUR MAKER APP

**6.49**  
CLUB HOUSE® LA GRILLE SEASONING BLENDS AND RUBS SELECTED VARIETIES 120-240 G 20321740001\_EA 20321740002\_EA  
**LESS THAN 2 \$2.49 EA. 2/\$4**

**2.99**  
FRENCH S® MUSTARDS SELECTED VARIETIES 325 - 400 ML 20083238\_EA

**7.99**  
CLUB HOUSE® SEASONING BLENDS SELECTED VARIETIES 111 - 181 G 20300000001\_EA 20300177001\_EA

**4.99**  
FRANK'S REDHOT® HOT SAUCES SELECTED VARIETIES 354 ML 20187432001\_EA 21352012\_EA

**2.99**  
FRENCH S® KETCHUP 750 ML / 1 L STUBBS® BBQ SAUCE 450 ML SELECTED VARIETIES 20035951\_EA 21021214\_EA

**5.49**  
FISH CRISP® COATING MIXES SELECTED VARIETIES 230-340 G 20333502\_EA

**3.49**  
FRENCH S® CREAMY MUSTARD SELECTED VARIETIES 325 ML 21432829\_EA 21432834\_EA

Get great recipe ideas at [clubhouse.ca](http://clubhouse.ca) [frankshredhot.ca](http://frankshredhot.ca)

# Real Italian Taste

**5.99**  
Rio Mare light tuna selected varieties 3x80 g 20035383\_EA

**3.99**  
Rio Mare tuna salad selected varieties 160 g 20971498\_EA

Insalatissime

# SAVE On Your Favourite Household Brands

**15.99** Gain laundry detergent 4.55 L/42's, Gain/Downy fabric softener 2.4 L-3.29 L, beads 515 g, Downy/Tide Rinse 48 oz, Bounce Sheets 240's, selected varieties 21405182\_EA/20965291\_EA

**16.99** Tide laundry detergent 3.4 L, Downy fabric softener 2.98-4.16 L, Tide PODS 57/43's, Downy/Gain beads 680 g, selected varieties 21454815\_EA/21549792\_EA

**4.99** Dawn 825 - 982 mL, Dawn EZ Squeeze 535 - 650 mL, Dawn Powerwash Refill 473 mL, selected varieties 21430569\_EA/21516486\_EA

**4.49** Febreze Air 250 g, Car 2 mL, Mr. Clean All Purpose Cleaner 1.2 L, selected varieties 21005017\_EA/20976906\_EA

**12.99** Swiffer Duster Refills 6-10's, Wet Refills 12-24's, Dry Refills 16-32's, selected varieties 21176851\_EA/21176876\_EA

**17.99** Charmin Bath Tissue, 12-48 Rolls, selected varieties 21549779\_EA/21484810\_EA

**17.99** Bounty Paper Towels, 6-12 21515966\_EA

**10.99** Bounty Napkins 400's 21053171\_EA

© 2024 P&G

# Same Size. Less Plastic.

**\$2 Value**

**2,000<sup>PH</sup>**

**\$8.99\***

**SIMPLY ORANGE JUICE**  
2.63 L  
21592119\_EA



**\$2 Value**

**2,000<sup>PH</sup>**

**\$7.49\***

**GOLD PEAK ICED TEA**  
2.63 L  
21592193\_EA



Made with 12% Less Plastic.

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. <sup>PH</sup>The Coca-Cola Company, used under license.

## START YOUR ACTIVIA GUT HEALTH CHALLENGE

**2 ACTIVIA PER DAY FOR 14 DAYS**



**\$4.49**  
ACTIVIA<sup>®</sup> - 650 g  
2088634\_EA



**\$4.49**  
ACTIVIA<sup>®</sup> - 2 x 100 g  
2088642\_EA



**\$11.99**  
ACTIVIA<sup>®</sup> - 2 kg  
2047289\_EA

less than 2 \$2.29 ea.  
**2/3.50**  
ACTIVIA<sup>®</sup> - 100 mL  
21348503\_EA



**\$7.49**  
ACTIVIA<sup>®</sup> - 12 x 100 g  
2030342929\_EA



**\$6.49**  
ACTIVIA<sup>®</sup> - 8 x 100 mL  
21430502\_EA



ACTIVIA may help reduce the frequency of minor digestive issues like: bloating, gas, discomfort and rumbling when consumed twice\* per day for 2 weeks as part of a balanced diet and healthy lifestyle. \*2 servings.

## CREAMY TEXTURE, ANYTIME, ANYWHERE

less than 2 \$2.29 ea.  
**2/3.50**  
Oikos<sup>®</sup> - 100 mL  
21402298\_EA



less than 3 \$4.79 ea.  
**3/\$12**  
Oikos<sup>®</sup> - 4 x 100 g  
2049375005\_EA  
2049375004\_EA

**\$6.99**  
Oikos<sup>®</sup> - 550/750 g  
21009880\_EA



### 10-HOUR BREW BOLD AND SMOOTH TASTE



less than 2 \$8.99 ea.  
**2/14.50**  
Stok<sup>®</sup> - 1.42 L  
21213739\_EA  
21213737\_EA



### LOW IN SUGAR BIG ON TASTE

**\$4.49**  
Two Good<sup>®</sup> - 4 x 55 g  
21475047\_EA



**\$4.99**  
Two Good<sup>®</sup> - 825 g  
21475047\_EA



### DANONE GO!

less than 3 \$1.29 ea.  
**3/\$3**  
Danone Go<sup>®</sup> - 190 mL  
21349387\_EA/21349382\_EA



### DANONE Danino

less than 2 \$4.49 ea.  
**2/\$7**  
Danino<sup>®</sup> - 6 x 93 mL  
21520245\_EA



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