

# FOODLAND

Fresh food. Friendly neighbours.



**FEED THE DREAM**



**7<sup>99</sup>**  
/lb

Top Sirloin Steaks Family Size cut by your meat expert from Canada AAA grade beef 17.61/kg



**6<sup>99</sup>**

COMPLIMENTS Shrimp 31-40 ct raw or fully cooked or Bay Scallops 80-120 ct 340 g

Pork Back Ribs 11.00/kg

**4<sup>99</sup>**  
/lb

Limes product of Mexico or Lemons product of South Africa

**4/\$3**



Members **SAVE \$1**  
**1<sup>29</sup>** ea with Scene+ Card  
**2<sup>29</sup>** ea without Scene+ Card

PRODUCT OF ATLANTIC CANADA Seedless Cucumbers Canada no 1



Members **SAVE \$2**  
**3<sup>99</sup>** with Scene+ Card  
**5<sup>99</sup>** without Scene+ Card

COMPLIMENTS Bacon 375 g



Members **SAVE \$1**  
**99¢** with Scene+ Card  
**1<sup>99</sup>** without Scene+ Card

KRAFT Dinner 58-200 g or HEINZ Pasta or Beans 398 mL

**MEMBERS SAVE MORE**



**2/\$13**

COCA-COLA or PEPSI Soft Drinks 12x355 mL



**5<sup>99</sup>**

RUSTICA Stuffed, Rising Crust or Oven-Fired Pizza 538-866 g



**2<sup>99</sup>**

VILLAGGIO Bread 570-675 g or Buns 6-8 pk



**4<sup>94</sup>**

NESTLÉ Frozen Dessert or Real Dairy Ice Cream 1.5 L or Selected Novelties 4-10 pk Selection may vary by location

Scene+ **DIGITAL EXCLUSIVE**

OFFER AVAILABLE MAY 16-22, 2024



SPEND \$50 OR MORE, GET **500 PTS** WHEN YOU LOAD THIS OFFER in the Foodland app or at mygroceryoffers.ca

Card must be registered. Offer valid and available to be loaded May 16 to May 22, 2024 at all participating Foodland and Co-Op locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Spending \$50 or more awards only one 500 Scene+ points adjustment. Limit 1 offer per Scene+ Card. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, and any other non-discountable product excluded by law. Tim Hortons®, Starbucks®, McCafe® products, and fluid dairy may be excluded in certain regions. Digital Offer has no cash value and cannot be combined with other minimum spend/receive offers. Scene+ registered digital or physical card must be presented. Visit https://www.sceneplus.ca/terms-and-conditions to see Full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



Scan QR code to download or open the app

**HAPPY LONG WEEKEND**  
Please See Local Store or Online for Holiday Hours

SCAN FOR OUR DIGITAL FLYER



MAY 2024 PRICES EFFECTIVE FROM MAY 16-22  
THUR 16 FRI 17 SAT 18 SUN 19 MON 20 TUE 21 WED 22

# MAKE IT A LEGENDARY SUMMER



**BUY 2, GET 1 FREE**  
of equal or lesser value

MAPLE LEAF  
Top Dogs or  
LARSEN Wieners 375 g



**14<sup>99</sup>**

MEAT DISTRICT  
Shaq Beef Burgers, MONTANA'S or  
ST. LOUIS Angus Burgers 851 g-1.13 kg

LIMITED  
TIME  
OFFER



**\$11**

Salami di Primavera  
product of Italy 200 g



CANADA  
**3<sup>49</sup>**  
/lb

PRODUCT OF CANADA  
Sweet Bell Peppers  
red, yellow or orange 1.68/kg



**5<sup>49</sup>**

Blueberries Pint  
product of USA or  
Mexico no 1 grade

PINT

**Scene+ BIG BONUS**

500 PTS when you buy 2

**12<sup>99</sup>**

QUAKER Granola Bars Club Pack 933-960 g

**Scene+ MEMBER PRICING**

Members SAVE 30¢

**5<sup>49</sup>** with Scene+ Card  
**5<sup>79</sup>** without Scene+ Card

Cookies 10 pk 310 g

Baked IN-STORE



**6<sup>99</sup>**

CRACKER BARREL Cheese 340-400 g, Shredded  
Cheese 250-320 g or BLACK DIAMOND Cheestrings 252-336 g



**3<sup>49</sup>**

CLASSICO  
Pasta Sauce 218-650 mL



**2<sup>99</sup>**

KRAFT Salad Dressing, BULL'S-EYE BBQ Sauce  
425 mL or DIANA Sauce 500 mL or Marinade 375 mL



**3<sup>99</sup>**

TROPICANA Premium Orange Juice, Tropics, Lemonade  
or PURE LEAF Iced Tea 1.54-1.75 L selected



**4<sup>49</sup>**

KELLOGG'S Cereal  
selected varieties 306-525 g



**2/\$5**

CHRISTIE Cookies  
selected 224-303 g



**2/7<sup>50</sup>**

LAY'S Potato Chips 220-235 g,  
Baked 177 g or Poppables 130 g



**4<sup>49</sup>**

HEALTHY CHOICE Simply Steamers Entrées or  
MARIE CALLENDER'S Bowls selected 255-349 g



**3<sup>79</sup>**

DANONE Oikos Yogurt 4 pk or EARTH'S OWN  
Non-Dairy Beverages 1.75-1.89 L or Creamers 473 mL

The Scene+ Loyalty Program is available at all participating Foodland CO-OP locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, Red Dots products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe™/Tim Hortons™/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,800 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobey's Capital Incorporated.

We reserve the right to limit quantities to normal family requirements. Photographs are for illustration purposes only. Text will prevail at all times. Advertised prices do not include any applicable taxes or deposits.



PRICES IN EFFECT AT THE FOLLOWING LOCATIONS:  
Amqui • Bathurst • Berwick • Bible Hill • Blackville • Bloomfield  
• Charlottetown (Walker Drive) • Chester • Colbrook • Dalhousie • Eskasoni • Glace Bay • Grand Bay • Grand Falls • Kentville  
• Lunenburg • Middleton • Miramichi • Pictou • Pictouville • Reston • Sackville • Sackville • Sackville • Sheet Harbour  
• Springhill • St. John's • St. Peter's • Sydney Mines • Tatamagouche • Westville • Weymouth



# PRODUCE

**4pk**  
**349** with Scene+ Card  
**399** without Scene+ Card  
**PRODUCT OF ATLANTIC CANADA**  
**Foil Wrapped Potatoes**  
 Canada no 1, 4 pk

**349**  
**COMPLIMENTS**  
**Coleslaw**  
 product of USA 297 g

**299**  
**Red Mangoes**  
 product of Mexico

**100 PTS**  
 when you buy 2  
**499**  
**COMPLIMENTS**  
**Salads Baby Spinach,**  
**Spring Mix or Baby Arugula**  
 product of USA 142 g

**5/\$5**  
**Corn**  
 product of USA  
 no 1 grade

**299**  
**Eggplant**  
 product of USA or  
 Mexico 6.59/kg

**249**  
**Zucchini**  
 product of USA or  
 Mexico 5.49/kg

**1199**  
**Prepared Fresh Daily In-Store**  
**Fruit or Vegetable Celebration**  
 Trays 1-1.3 kg

# MEAT

**BUY 3 AT \$7.99**  
**599**  
**50 PTS**  
 when you buy 1  
**COMPLIMENTS**  
**Meat Sticks** 300 g

**699**  
**COMPLIMENTS Fully Cooked Beef,**  
**Chicken or Turkey Strips** 150-200 g

**1099**  
**100 PTS**  
 when you buy 1 package  
**Top Sirloin Medallions**  
 cut by your meat expert from  
 Canada AAA grade beef 24.23/kg

**599**  
**100 PTS**  
 when you buy 2  
**COMPLIMENTS Marinated Souvlaki**  
**Sticks or Pork Chops** 250-300 g or  
**JOHNSONVILLE Sausage, Breakfast, Dinner,**  
**Smoked or Recipe Starters** 250-500 g

**699**  
**Extra Lean Ground Beef**  
 Family Size 15.41/kg

**799** without Scene+ Card  
**699** with Scene+ Card  
**COMPLIMENTS**  
**Boxed & Breaded Poultry** 700 g  
 selected varieties

**1599**  
**COMPLIMENTS**  
**Chicken Wings** 800 g

**2299**  
**LOBSTER CLAWS**  
**PIECES DE HOMARD**

**799**  
**50 PTS**  
 when you buy 1  
**COMPLIMENTS Breaded Fish**  
**Burgers or Boxed & Breaded Seafood**  
 selected varieties 454-700 g

**399**  
**Boneless Pork Sirloin Chops**  
 Family Size 8.80/kg

**499**  
**COMPLIMENTS AIR-CHILLED**  
**Split Chicken Breasts Family Size**  
 11.80/kg

**349**  
**COMPLIMENTS AIR-CHILLED**  
**Chicken Leg Quarters**  
 7.89/kg

# DELI

Available at most stores

**1399** with Scene+ Card  
**1549** without Scene+ Card  
**COMPLIMENTS Sliced Cheese** 440 g

**FREE**  
**BUY 3, GET 3<sup>rd</sup>**  
**TRE STELLE Feta, Boccconcini or**  
**Halloumi 200 g, Crumbled Feta 150 g,**  
**Mascarpone 275 g or Ricotta 475 g**

**399** with Scene+ Card  
**499** without Scene+ Card  
**Garlic Bread**  
 540 g

**899**  
**COMPLIMENTS**  
**Peach or Jumbleberry Pie** 680 g

**1499**  
**MAPLE LEAF Natural Selections**  
**Sliced Deli Meats Family Size**  
 selected 375-400 g

**100 PTS**  
 when you buy 2  
**BALDERSON**  
**CHEDDAR**  
 250-280 g  
**\$1 off**

**1399**  
**Rainbow Torte**  
 Half Cake 800 g

**449**  
**Baked IN-STORE**  
**Danish**  
 4 pk 375 g

# KITCHEN

Available at most stores

**599** with Scene+ Card  
**649** without Scene+ Card  
**Flatbreads**  
 selected varieties 230-360 g

**150 PTS**  
 when you buy 2  
**899**  
**SUMMER FRESH**  
**Salad Bowls**  
 750-800 g

**449**  
**COMPLIMENTS**  
**Candies** selected  
 350-450 g

2 | Scene+ 1000 PTS = \$10 OF FREE GROCERIES

# Local LEGENDS

Crafted in-store by local experts



**100 PTS**  
when you buy  
1 package

MADE IN-STORE  
Beef, Chicken or  
Pork Kabobs



**SAUSAGE  
OF THE  
MONTH**

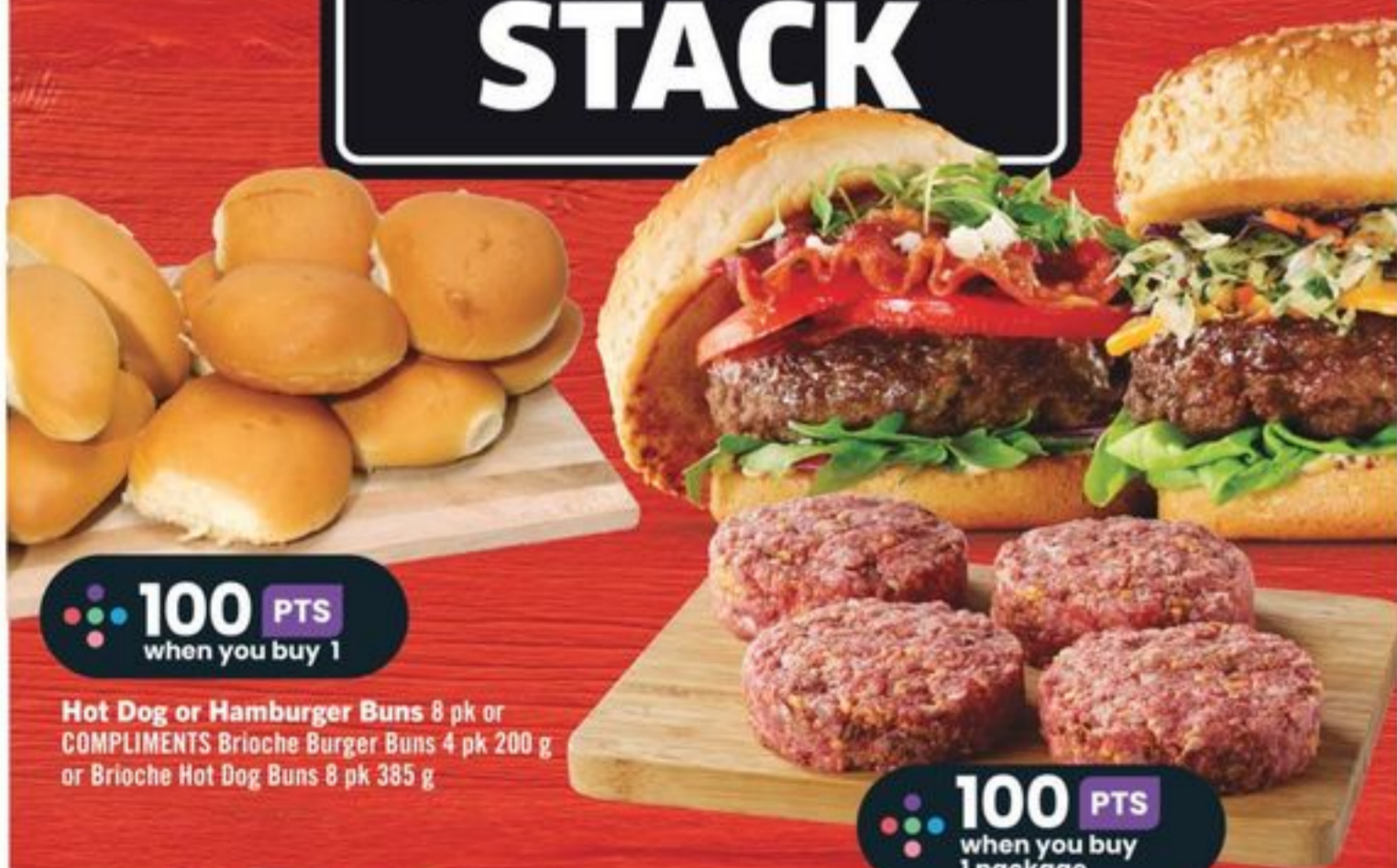
Honey Heat  
Flavour

**4<sup>99</sup>**  
/lb

MADE IN-STORE  
Honey Heat Sausage 11.00/kg

Scene<sup>+</sup>

## SUMMER STACK



**100 PTS**  
when you buy 1

Hot Dog or Hamburger Buns 8 pk or  
COMPLIMENTS Brioche Burger Buns 4 pk 200 g  
or Brioche Hot Dog Buns 8 pk 385 g

**100 PTS**  
when you buy  
1 package

MADE IN-STORE Beef Burgers  
plain, seasoned or inclusion



**100 PTS**  
when you spend  
\$10 or more

MADE IN-STORE  
Assorted Cut Fruit or Celebration Trays 1.3 kg



SCAN TO LEARN MORE

MAKE IT A LEGENDARY SUMMER

MAKE IT A LEGENDARY SUMMER

# MAKE YOUR GARDEN LEGENDARY

Blooming deals to start your summer.

BUY 1 AT \$3.79  
BUY 2 OR MORE  
**3.49** ea

BUY 1 AT \$4.79  
BUY 2 OR MORE  
**4.49** ea

GROWN IN NEW BRUNSWICK  
SWEET VALLEY  
Vegetables & Herbs 3.5"

GROWN IN NEW BRUNSWICK  
Flowering Annuals assorted 4"

500 PTS  
when you buy 2

**34.99**

Hanging Basket  
or Planter  
\$44.99

Boston Ferns 10"

100 PTS  
when you buy 1

ATLANTIC  
**14.99**

GROWN IN NEW BRUNSWICK  
Premium Annual  
Planter 5"

BUY 1 AT \$9.99  
BUY 2 OR MORE  
**8.99** ea

GROWN IN NEW BRUNSWICK  
Assorted Annuals 5 pk featuring  
Dianthus, Petunias & Impatiens

BUY 1 AT \$2.99  
BUY 4 OR MORE  
**2.75** ea

compliments  
BLACK EARTH  
TOPSOIL  
TERREAU DE  
TERRE NOIRE

COMPLIMENTS  
Black Earth Topsoil  
25 L

BUY 1 AT \$3.99  
BUY 2 OR MORE  
**3.49** ea

compliments  
SHEEP MANURE  
COMPOST  
COMPOST DE FUMIER  
DE MOUTON

compliments  
COW MANURE  
COMPOST  
COMPOST DE FUMIER  
DE VACHE

COMPLIMENTS  
Sheep or Cow Manure  
25 L

## SUMMER DEALS

**11.99**

CORONA Sunbrew  
0% Non-Alcoholic Bottled Beer  
6x330 mL

Get **250 PTS**  
when you buy any  
COMPLIMENTS Natural  
Ingredients Sliced  
Meats 175 g and one  
PANACHE British Isles  
Cheese 200 g

BUY 1 AT \$3.99  
BUY 2 OR MORE  
**3.49** ea

TWIZZLERS  
Licorice Candy 311-454 g

Scene+  
MEMBER  
VIEW

**9.99** with  
Scene+  
Card

**10.99** without  
Scene+  
Card

HUER Food Candy Camp  
selected 700 g

## FROZEN & DAIRY



**9.99**  
BEST BUY Cheese 700 g or  
COMPLIMENTS Shredded Cheese 820 g or  
Natural Slices 480 g



**5.49** +100 PTS  
when you buy 2  
OASIS  
Health Break or  
Smoothie Blends  
1.5 L selected



**4.99**  
SCOTSBURN, BAXTER or  
NORTHUMBERLAND Cottage Cheese  
500 g Brands vary by province



**7.49** with Scene+  
Card  
**7.99** without  
Scene+  
Card  
STARBUCKS  
Coffee Creamers  
828 mL includes  
non-dairy varieties



**2.49**  
BUY 1 at \$3.19  
BUY 2 OR MORE  
SWIFT Pot Pies  
selected 150 g



**6.99** +300 PTS  
when you buy 3  
P.F. CHANG'S  
Frozen Bowls 312 g



**3.99** +100 PTS  
when you buy 2  
MCCAIN Fries  
selected 800 g or  
Pizza Pockets 300 g



**1.49**  
COMPLIMENTS  
Frozen Fruit Punch  
283 mL

## DRINKS, SNACKS & PANTRY



**2/\$9** +150 PTS  
when you buy 2  
MOTT'S  
Clamato 1.89 L



**10.99** +150 PTS  
when you buy 2  
MONSTER  
Energy Drinks  
4x473 mL



**2.99** +50 PTS  
when you buy 2  
BODYARMOR  
Drink 473 mL



**4.29** with Scene+  
Card  
**4.79** without  
Scene+  
Card  
PEPSI Mini Cans  
6x222 mL



**2/\$7**  
KETTLE BRAND  
Chips 156-188 g or  
SNYDER'S OF HANOVER  
Pretzels 240 g



**3/\$10**  
PEPPERIDGE FARM  
Goldfish Crackers or  
Crisps 156-227 g



**8.99** +200 PTS  
when you buy 2  
NABOB Roast & Ground Coffee 340 g or  
MAXWELL HOUSE Tassimo T Discs 14-16 pk or  
Single Serve Pods 12 pk



**3.99**  
COMPLIMENTS  
Lemonade or  
Iced Tea 2.84 L



**3.49** +50 PTS  
when you buy 1  
COMPLIMENTS  
Ready-to-Eat  
Popcorn 190-250 g



**5.49** +50 PTS  
when you buy 2  
MAYNARDS  
Large Bag Candy  
308-355 g



**7.99**  
BEEMAID  
Honey 500 g or 500 mL



**4.88** with Scene+  
Card  
**5.49** without  
Scene+  
Card  
COMPLIMENTS Jam 375-500 mL,  
Peanut Butter or Hazelnut Spread  
375 g-1 kg selected varieties



**5.99**  
BICK'S Pickles 1 L  
selected varieties



**2.99**  
KRAFT Jet-Puffed  
Marshmallows 400 g



**5.99**  
CLUB HOUSE  
La Grille Spices or  
Seasoning Blends  
selected 65-203 g



**4.49**  
SMUCKER'S  
Ice Cream Toppings  
assorted 428 mL



**3.99** +100 PTS  
when you buy 2  
COMPLIMENTS  
Ketchup 100%  
Canadian Tomatoes  
750 mL-1 L



**2.49**  
FRENCH'S  
Mustard 400 mL



**3.49**  
COMPLIMENTS  
Flavoured Spreads  
300 mL



**3.79**  
GOLDEN DRAGON  
Sauce 455 mL  
selected varieties

## HOUSEHOLD



**2.50** +250 PTS  
when you buy 2  
OFF! Insect Repellent or  
RAID Insect Control



**6.99** +100 PTS  
when you buy 2  
ARM & HAMMER  
Laundry 1.42-1.63 L



**8.99**  
ZIPLOC Freezer  
Bags Medium or  
Large 10-38 pk, Storage  
Bags Large 38 pk or  
Sandwich Bags 180 pk



**26.99** with Scene+  
Card  
**31.99** without  
Scene+  
Card  
PURINA Beneful Dry Dog Food 7 kg



# EARN UP TO **7,500** WELCOME BONUS SCENE+ POINTS<sup>1</sup>

with the Scotiabank<sup>®</sup> Scene+<sup>™</sup> Visa<sup>\*</sup> Card.  
That's \$75 in groceries.<sup>^</sup>

**APPLY NOW**

<sup>1</sup>With minimum spend on everyday purchases in the first year. Other conditions apply. Offer subject to change.

<sup>2</sup>Visa Int/Licensed user

<sup>^</sup>Scene+ points redeemed at any Participating Empire Location must be redeemed in increments of 1,000.

See full list of participating merchants across Canada at [Scotiabank.com/participatingstores](https://www.scotiabank.com/participatingstores).

<sup>2</sup>On all eligible purchases at participating grocery stores. Conditions Apply.



Scene

# SUMMER STACK

**STACK UP POINTS WITH THESE PARTICIPATING SCENE+ SUMMER STACK OFFERS**



**100 PTS**  
when you buy 1

**Hot Dog or Hamburger Buns 8 pk or COMPLIMENTS Brioche Burger Buns 4 pk 200 g or Brioche Hot Dog Buns 8 pk 385 g**

**100 PTS**  
when you buy 1 package

**MADE IN-STORE Beef Burgers**  
plain, seasoned or inclusion

**GET 500 BONUS PTS**  
when you purchase all four of these Scene+ SUMMER STACK offers between May 2-July 3, 2024

**CLICK TO LEARN MORE**

**100 PTS**  
when you spend \$10 or more

**MADE IN-STORE Assorted Cut Fruit or 1.3 kg Celebration Trays**

**200 PTS**  
when you buy 2

**COMPLIMENTS Salads 850-908 g**

Product in store may not be exactly as shown. Excludes made to order party size trays.





Crafted in small batches

ATLANTIC  
**6.99**

MADE IN NOVA SCOTIA  
MR. DONAIR  
Sausages 375 g

Fully cooked sausages  
are ready in just minutes  
from your grill or  
frying pan



ATLANTIC  
**4.49**

MADE IN  
NOVA SCOTIA  
GALLOPING COWS  
Pepper Spreads  
100 mL

**local LEGENDS**



ATLANTIC  
**6.99**

MADE IN NOVA SCOTIA  
Mom's Loaves 450-500 g

Delivering quality baked goods  
for over 75 years



ATLANTIC  
**1.99**

MADE IN NOVA SCOTIA  
CHILL STREET Soda 330 mL

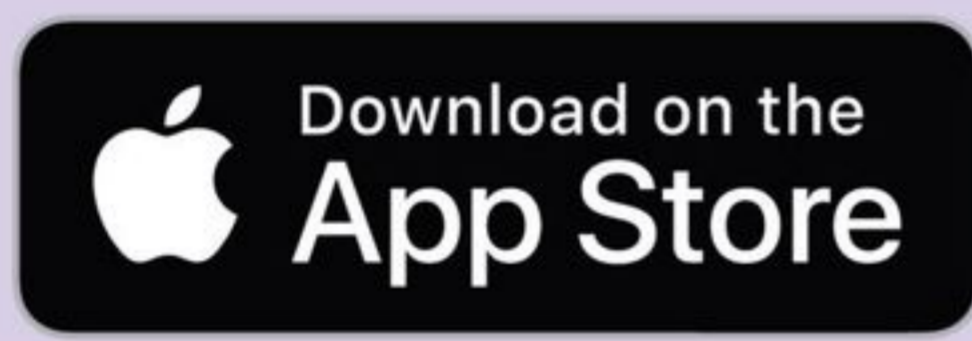
**MAKE IT A LEGENDARY SUMMER**

# LOAD IT TO GET IT!

# Get 500 PTS

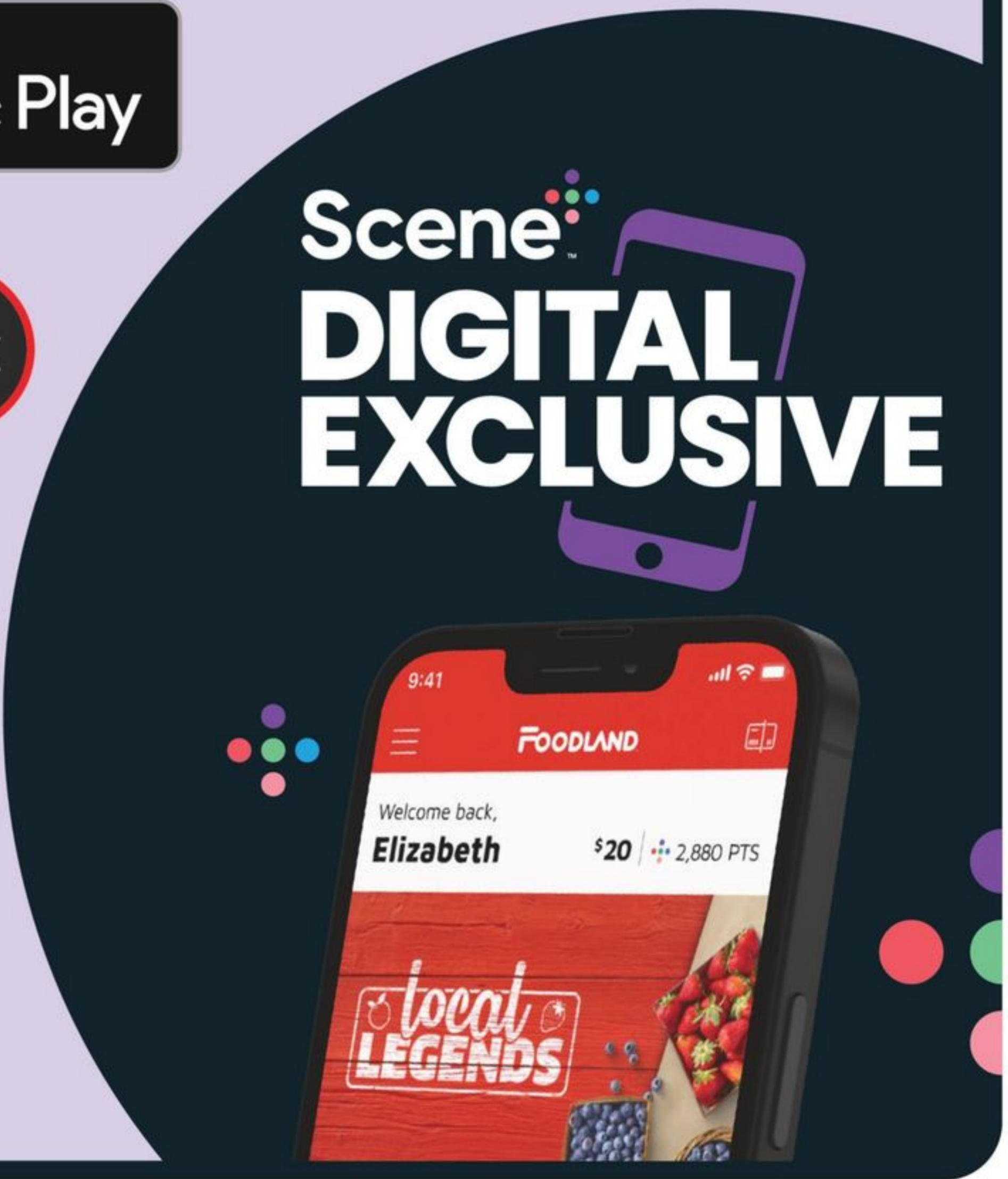
# when you buy 2 packages

and load offer in the **Foodland app** or at **MyGroceryOffers.ca**



**500 PTS**  
when you buy  
2 packages

**Corn Tray product of USA no 1 grade 5 pk**



**Card must be registered.** Offer valid and available to be loaded May 16-22, 2024 at all participating Foodland and Co-Op locations in Ontario and Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

# SUBSCRIBE TO EMAILS FROM FOODLAND & PARTICIPATING CO-OPS TO GET *more*

Get everything you love about  
Foodland & Participating Co-Ops like:

- Access to weekly flyers
- Email exclusive offers
- Recipes plus tips & tricks from our experts
- Important updates about your store

**Sign up today to get your  
first email exclusive offer**

# SAVE \$5

on your next purchase of \$40\*\*

**SUBSCRIBE NOW**

\*\*New subscribers only. Terms and conditions apply.

