

**MAY**

**HIT  
OF THE  
MONTH**



**Cheez-It Baked  
Snack Crackers**  
191-200g, selected varieties  
Limit: 6, over limit retail \$2.50



**New Treasure  
Long Grain White Rice**  
2kg, Limit: 4, over limit retail \$4.50

**WHILE QUANTITIES LAST**



**Planters Deluxe Whole Cashews,  
Salted or Unsalted**  
200g, Limit: 6, over limit retail \$4.50

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. \*Must be a registered PC Optimum™ member to get this offer. Valid from May 1st - 31st, 2024.



Always



Set low prices on select items.



ALWAYS

\$3

**NO NAME® FROZEN FRUIT**  
selected varieties  
200/400 g  
Fruits surgelés  
21543097\_SA/21545106\_EA



ALWAYS

\$6

**NO NAME® CHICKEN NUGGETS, BURGERS or STRIPS**  
frozen, 908 g  
pépites ou burgers ou lanieres de poulet  
21178744\_EA



ALWAYS

\$10

**BREADED CHICKEN, MEATBALLS, LEAN GROUND BEEF or HOR D'OEUVRES**  
selected varieties, frozen  
800 g / 1.81 kg  
poulet pané ou boulettes ou bœuf haché maigre ou hors-d'œuvre  
21372892\_EA



ALWAYS

\$10

**BUTCHER'S CHOICE® SAUSAGE**  
selected varieties  
1.2 kg  
saucisses  
21560790\_EA

**CANADA'S MOST TRUSTED GROCERY STORE FOR LOW PRICES!**



\*Rated by Canadian shoppers based on the 2024 BrandSpark® Canadian Trust Study.



FLYER PRICES EFFECTIVE THURSDAY, MAY 2 TO WEDNESDAY, MAY 8, 2024.



**WOW!**  
**\$3**

**GROUND CHICKEN**  
454 g  
poulet haché  
11551582 EA  
WHILE QUANTITIES LAST



**WOW!**  
**1.91**  
LB

**PORK HALF LOIN**  
fresh, boneless, cryovac package  
4.23 /kg  
demi-longe de porc  
30534767 KG  
WHILE QUANTITIES LAST



**WOW!**  
**6.99**

**APPROX. 9 LB CASE**  
**RED MANGOES**  
product of Mexico  
caisse de mangues rouges  
21047547 EA  
WHILE QUANTITIES LAST



**WOW!**  
**3.88**  
EA

**9 LB AVERAGE**  
**WHOLE SEEDLESS WATERMELON**  
product of U.S.A. or Mexico  
melon d'eau entier sans pépins  
3006733001 EA



**WOW!**  
**4.44**

**ARMSTRONG or PC® SHREDDED CHEESE** 250-320 g or  
**ARMSTRONG CHEESE BAR** 400 g  
selected varieties  
fromage râpé ou barres de fromage  
21286240 EA/21346749 EA



**APP EXCLUSIVE OFFER\***  
if Optimum  
**1,000** <sup>pts</sup>  
**10.99**

**PC®, BLUE MENU®, THICK & JUICY™ or FREE FROM® BURGERS**  
selected varieties, frozen  
568 g / 1.26 kg  
burgers  
30941443 EA



**SAVE UP TO 20%**  
**\$4**

**FARMER'S MARKET™ BUTTER CROISSANTS or LOAF CAKES** 240-400 g or  
**LA BAGUETTERIE MICHE SLICED** 400/900 g  
selected varieties  
croissants ou gâteaux quatre-quarts ou miches  
20972942 EA/21346749 EA



**OASIS JUICE, DEL MONTE NECTAR or ARIZONA ICED TEA**  
selected varieties  
940 mL  
jus ou nectar  
3024722098 EA/3094117096 EA  
**SAVE 26%**  
**1.25**



**SAVE UP TO 30%**  
**1.25**

**UNICO BEANS, CHICK PEAS or LENTILS** 540 mL or  
**TOMATOES** 790 mL  
selected varieties  
Légumineuses ou tomates  
201346749 EA/201346749 EA



**SAVE UP TO 50%**  
**8.99**

**SUNLIGHT 4.1 L or PUREX 4.20-4.43 L LAUNDRY DETERGENT, FLEECY FABRIC SOFTENER 3.5 L or DRYER SHEETS** 200's  
selected varieties  
détergent ou assouplissant  
3004222097 EA/21346749 EA  
**100 LOADS**  
**Purex**  
**110 LOADS**  
**Sunlight**



**WOW!**  
**11.49**

**COCA-COLA or CANADA DRY SOFT DRINKS** 34x333 mL or  
**NESTLE ICED TEA**  
20x241 mL  
selected varieties  
boissons gazeuses ou thé glacé  
3004222097 EA/21346749 EA



**SAVE 28%**  
**1.77**

**DARE CRACKERS**  
selected varieties, 100-225 g  
croûtons  
21520646 EA/20972368 EA

Deals from the past on select items. †



**SAVE 27%**  
**\$2**

**RED BULL ENERGY DRINKS**  
selected varieties, 250 mL  
boissons énergisantes  
30792446 EA/21341822 EA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.  
(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

[nofrills.ca](https://www.nofrills.ca)

01 NFO



**1.99**  
LB

**TOMATOES ON THE VINE** product of Canada or Mexico or **GREEN BEANS** product of U.S.A.  
tomates sur vigne ou haricots verts  
4.29/kg  
30142683001 SA/30024703001 SA



**1.99**

**BROCCOLI CROWNS** product of U.S.A. or Mexico each  
couronnes de brocoli  
31121500001 SA



**6 OZ CLAMSHELL**

**2.99**

**PINEAPPLE** product of Costa Rica.  
**BLACKBERRIES** product of U.S.A. or **RASPBERRIES** product of U.S.A.  
ananas, mûres ou framboises  
30051013001 SA/30129936001 SA/30140992001 SA



**1 LB CLAMSHELL**

**PINT**

**3.99**

**BLUEBERRIES** product of Mexico, no. 1 grade or **STRAWBERRIES** product of U.S.A., no. 1 grade  
bleuets ou fraises  
30080137001 SA/30049778001 SA



**If your produce isn't fresh, we'll replace AND refund it.\***



**GROWN IN CANADA**

**1.99**

**5 LB BAG**

**NO NAME® NATURALLY IMPERFECT™ SMALL POTATOES** product of Canada, Canada no. 1 grade  
30047200001 SA



**3 LB BAG**

**2.99**

**CELERY** product of U.S.A., no. 1 grade, **FARMER'S MARKET™ YELLOW ONIONS** product of Ontario, Canada no. 1 grade or **GRAPE TOMATOES** 283 g product of Mexico  
céleri ou céleris jaunes ou tomates raisins  
30142119001 SA/30011194001 SA/31247880001 SA



**4.99**

**PKG OF 5 OR 6**

**AVOCADOS** product of Mexico  
avocats  
30140220001 SA



**1.29**

**COLLARDS** product of U.S.A., **ENGLISH CUCUMBERS** product of Ontario, Canada no. 1 grade or **KALE** product of U.S.A.  
chou cavallier ou chou cavalier anglais ou chou frisé  
30132320001 SA/30019130001 SA/30138030001 SA



**2.99**  
LB

**BLACK PLUMS** product of Chile, no. 1 grade  
prunes noires  
30164760001 SA



**4.99**

**681 G**

**PC® VARIETY TOMATOES** product of Canada or Mexico  
tomates  
30048440001 SA



**2.99**

**BROCCOLINI or RAPINI** product of U.S.A.  
each  
broccolini ou rapini  
301348001 SA/30048070001 SA



**3.99**

**PC®, BLUE MENU® or WONDERFUL PISTACHIOS** selected varieties, product of U.S.A.  
200/225 g pistaches  
3103109 SA/30721383 SA



**4.99**

**EAT SMART or TAYLOR FARMS CHOPPED SALAD KITS** selected varieties, product of U.S.A.  
315-383 g salades  
3104098 SA/30047418 SA



**GROWN IN CANADA**

**3.49**

**680 G BAG**

**PC® LITTLE GEMS™ MIXED, RED or YELLOW MINI POTATOES** product of Canada, Canada no. 1 grade  
petits pommes de terre  
311400001 SA/311400001 SA



**PKG OF 4**

**454 G**

**PC® WHOLE WHITE or CREMINI MUSHROOMS** product of Ontario or **RED PEPPERS** product of U.S.A.  
champignons blancs ou champignons blancs entiers ou poivrons rouges  
3001291 SA/3001291 SA/3001291 SA



**3.99**

**PKG OF 11**

**FARMER'S MARKET™ MINI CUCUMBERS** product of Ontario, Canada no. 1 grade  
courgettes mini  
3001291 SA



**3.99**

**3 LB BAG**

**FARMER'S MARKET™ GRAPEFRUIT or NAVEL ORANGES** product of Turkey, Honduras, Turkey or Egypt  
pomelo ou mandarine  
3001291 SA

\* Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.



**349**  
LB

**PORK SIDE RIBS**  
fresh, cryovac package  
côtes de flanc de porc  
7.69/kg  
20289619 RG  
WHILE QUANTITIES LAST

**BONELESS BEEF STEW**  
cubes de bœuf déossés  
19.82/kg  
2027443 RG

**899**  
LB

**CLUB  
SIZE**



**549**  
LB

**SPLIT CHICKEN BREAST**  
fresh  
poitrines de poulet  
12.10/kg  
20654620 RG



**LILYDALE  
TURKEY DINNER  
SAUSAGES**  
selected varieties  
500 g  
saucisses de dinde  
21064934 EA

**699**



**599**

**PC® or FREE FROM® BACON**  
selected varieties  
275/500 g  
bacon  
20152829 EA



**1099**

**SWISS CHALET PORK BACK RIBS**  
selected varieties, fully cooked  
600 g  
côtes de dos de porc cuites  
21022231 EA



**499**

**SAPUTO CHEESE**  
selected varieties  
125/200 g  
fromage  
20157973 EA/21051214 EA



**599**

**SEAQUEST®  
HADDOCK, COD,  
SOLE, TILAPIA,  
BASA or WILD  
POLLOCK  
FILLET**  
frozen  
400 g  
filet de poisson  
20152570 EA



**1299**

**CHELSEA  
COD FILLETS**  
boned, salted, frozen  
454 g  
filets de morue  
20664434 EA



**144**

**SUNRISE TOFU**  
selected varieties  
150/200 g  
tofu  
20157574 EA/20649354 EA



**479**

**PILLER'S SLICED  
DELI MEAT**  
selected varieties  
150-200 g  
charcuteries  
20963334 EA/21206363 EA



**599**

**BIG MOUNTAIN  
MEAT  
ALTERNATIVE**  
selected varieties  
300-400 g  
solution de rechange à la viande  
21210525 EA/21210529 EA



**299**

**D'ITALIANO  
BREAD 600-675 g  
or  
BUNS 4/8's**  
selected varieties  
pain ou petits pains  
20038333 EA/20627102 EA



**\$3**

**VACHON SNACK  
CAKES 252-336 g or  
CASA MENDOSA  
7/10 INCH  
TORTILLA 204-640 g**  
selected varieties  
petits gâteaux ou tortillas  
20065738 EA/20179158 EA



**\$5**

**QUINN'S  
SWISS ROLLS**  
selected varieties  
400 g  
roulés suisses  
21210526 EA/21210527 EA



**399**

**OLIVIERI  
FRESH PASTA SAUCE**  
selected varieties  
200 mL  
sauce fraîche pour pâtes  
2014442 EA



**499**

**OLIVIERI  
SKILLET  
GNOCCHI**  
selected varieties  
280/200 g  
gnocchi  
2102266 EA



**549**

**OLIVIERI TWIN PACK  
FRESH PASTA**  
selected varieties  
450/200 g  
pâtes fraîches  
2002112 EA

# MOOOORE DEALS



**ASTRO YOGURT**  
selected varieties  
625-750 g  
yogurt  
30143226001 EA/30170933001 EA

**WOW!**  
**2.49**



**NEILSON**  
5/10% 1 L or  
18/35% 473 mL  
**CREAM**  
CRM9  
301236001 EA

**SAVE UP TO 37%**  
**2.99**



**SAVE UP TO 38%**  
**3.99**

**KRAFT SINGLES** 410 g or  
**CHEEZ WHIZ** 450 g  
selected varieties  
fromage  
306396001 EA/21188454 EA



**SAVE UP TO 21%**  
**5.49**

**DANONE OIKOS TUBS**  
650/750 g or  
**ACTIVIA DRINKS 8's**  
**YOGURT**  
selected varieties  
yogurt  
21006634 EA/21108439 EA

**NESTLÉ MILKSHAKES**  
or **M2GO FLAVOURED MILK**  
selected varieties  
473 mL  
lait aromatisé  
3023268001 EA/30232344802 EA

**1.49**



**BLACK DIAMOND CHEESTRINGS** 16's  
or **STICKS** 12's  
selected varieties  
fromage  
30743641 EA/30946474 EA

**5.77**



**4.49**

**PC® CHEESE SLICES**  
selected varieties  
210 g  
fromage  
21489933 EA

**NATREL LACTOSE FREE MILK**  
selected varieties  
2 L  
lait  
30077874001 EA

**5.29**



**6.49**

**SAPUTO MOZZARELLISSIMA**  
selected varieties  
500 g  
fromage  
307941002 EA

**FRUITOPIA, NESTEA or PEACE TEA DRINKS**  
selected varieties, refrigerated  
1.75 L  
boissons  
3034748001 EA/  
30348231004 EA

**2.29**



**3.49**



**NORDICA COTTAGE CHEESE**  
selected varieties  
450/500 g, 4x113 g  
fromage cottage  
30219458001 EA

**4.99**



**COUNTRY CROCK MARGARINE**  
850 g  
margarine  
21533555 EA

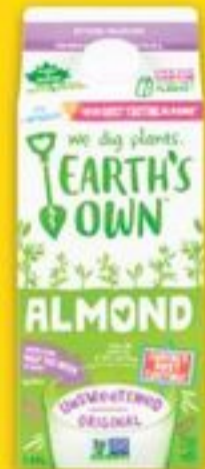


**2.99**

**PILLSBURY REFRIGERATED DOUGH**  
selected varieties  
318-668 g  
pâte réfrigérée  
30187383 EA/30218034001 EA

**3.49**

**EARTH'S OWN ALMOND NON-DAIRY BEVERAGES**  
selected varieties, refrigerated  
1.89 L  
boissons non laitières  
30227447 EA



**4.99**



**CHAPMAN'S YUKON 5.8's or PREMIUM ICE CREAM 2 L**  
selected varieties, frozen  
crème glacée  
3022273001 EA/21012281 EA

**NESTLÉ DRUMSTICKS or NOVELTIES**  
selected varieties, frozen  
4-10's  
friandises glacées  
3022238001 EA

**5.49**



**HÄAGEN-DAZS ICE CREAM**  
selected varieties, frozen  
414/450 mL  
crème glacée  
31513347 EA

**5.49**



**5.49**



**HÄAGEN-DAZS NOVELTIES**  
selected varieties, frozen  
3.74's  
friandises glacées  
30302298005 EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.





**SAVE 25%**  
**4.99**

**PRESTIGE or GRAY RIDGE LARGE WHITE EGGS**  
18's  
brand varies by region  
seals  
20422787001 SA



**WOW!**  
**3.29**

**CLASSICO SAUCE**  
selected varieties  
410/450 mL  
SAUCE  
20323101001 SA

**APP EXCLUSIVE OFFER\***

**Optimum**  
**1,000**

**3.49**

**PC® THE DECADENT® COOKIE**  
selected varieties  
280/300 g  
biscuits  
20412237 SA



**\$1 Value**

**WOW!**  
**12.99**

**GALLO OLIVE OIL**  
selected varieties  
1 L  
huile d'olive  
20105368 SA



**2.99**

**NATURE VALLEY GRANOLA BARS™ MOTT'S® or BETTY CROCKER FRUIT SNACKS**  
selected varieties  
120-230 g  
barres granola ou collations aux fruits  
2011020003 SA/20110474001 SA



**4.49**

**POST FAMILY SIZE CEREAL 550-650 g or HONEY BUNCHES OF OATS GRANOLA 340/368 g**  
selected varieties  
céréales ou granola  
20440227 SA/21070229 SA



**5.99**

**TETLEY or LIPTON YELLOW LABEL TEA**  
selected varieties  
80-144's  
thé  
20079030 SA/21032027 SA



**2.99**

**CRAVE ENTRÉES 300-340 g, KRAFT DELUXE MAC & CHEESE 340 g or SMART ONES ENTRÉES 241-283 g**  
selected varieties, frozen plats cuisinés ou macaroni au fromage  
21048311 SA/21133229 SA



**2.79**

**CATELLI SMART or HEALTHY HARVEST PASTA**  
selected varieties  
340/373 g  
pâtes  
2011243003 SA/201027343 SA



**5.77**

**CRACKER BARREL CHEESE SHREDS**  
selected varieties  
330 g  
fromage râpé  
21290416 SA



**3.79**

**LAY'S POTATO CHIPS 177-235 g, POPPLES 130 g or CHEETOS 170-285 g**  
selected varieties  
craquelins ou pignolis  
21041032 SA/21101049 SA



**3.99**

**OCEAN SPRAY CRANBERRY COCKTAIL 1.29 L or 100% CRANBERRY JUICE 1.77 L**  
selected varieties  
cocktail de cranberges ou jus  
2000000004 SA/20002442 SA



**3.49**

**CHAPMAN'S LOLLY NOVELTIES**  
selected varieties, frozen  
22's  
bonbons glacés  
21141183 SA



**3.99**

**HELLMANN'S REAL MAYONNAISE**  
selected varieties  
340/445 mL  
mayonnaise  
2004823009 SA/21101801 SA



**6.99**

**JAMIESON VITAMIN C or D**  
selected varieties  
75-340's  
vitamines  
20299925 SA/2020210011 SA



**9.99**

**STAR GRILL LUMP CHARCOAL**  
4 kg  
charbon de bois  
20772849 SA



**3.99**

**LYSOL MULTI SURFACE CLEANER or SPRAYS**  
1.2 L  
450-950 mL  
selected varieties  
nettoyants  
2000070002 SA/201007001 SA



**10.99**

**GLAD GARBAGE BAGS**  
selected varieties  
30-40's  
sacs à ordures  
21104277 SA



**13.99**

**CASCADE DISHWASHER TABS**  
selected varieties  
30-40's  
pastilles pour lave-vaisselle  
2000000001 SA/21070701 SA



**20.99**

**TIDE LIQUID 2.9 L or PODS or FLINGS 4.5/5.7/7.6's**  
selected varieties  
détergent à lessive  
21070476 SA/21070476 SA

# PRICE DROP

Lowered price for a longer time.



**SIMPLY JUICE or BEVERAGES or GOLD PEAK ICED TEA**  
selected varieties, refrigerated  
1.54/1.75 L  
boissons au réfrigérateur  
1.54/1.75 L

**PRICE DROP**  
**4.49**



**PRICE DROP**  
**6.99**

**GIUSEPPE STUFFED CRUST PIZZA**  
selected varieties, frozen  
685-771 g  
pizza  
3133844 SA



**PRICE DROP**  
**5.49**

**KELLOGG'S FAMILY SIZE CEREAL**  
selected varieties  
480-650 g  
céréales  
2143048 SA/2143075 SA



**PRICE DROP**  
**2.29**

**QUAKER CRISPY MINIS or RICE CAKES**  
or selected varieties  
90-199 g  
grièrines ou galettes de riz  
3054270802 SA/  
3030002001 SA



**PRICE DROP**  
**3.50**

**PC ORGANICS APPLEREET™ 6x100 g, APPLE SAUCE 650 mL, JUMBO RAISIN PACK 196 g or CHOCOLATE BAR 100 g**  
selected varieties  
gâteries aux pommes ou purée de pommes ou raisins ou chocolat  
3119028 SA



**PRICE DROP**  
**5.99**

**PC COFFEE PODS 12%, NESQUIK SYRUP 510/700 mL or POWDER 540 g**  
selected varieties  
capsules de café ou sirop ou chocolat au poudre  
30320147002 SA/30385345 SA



**PRICE DROP**  
**1.29**

**NO NAME VEGETABLES**  
selected varieties  
243/298 mL  
légumes en conserve  
3050211 SA/  
3030001 SA



**PRICE DROP**  
**1.99**

**369 ML UNICO TOMATO PASTE**  
pâte de tomates  
3011004 SA



**PRICE DROP**  
**2.49**

**PC READY TO SERVE SOUP**  
selected varieties  
540 mL  
soupe  
2130001 SA



**PRICE DROP**  
**5.99**

**PC LONG GRAIN RICE**  
1.4 kg  
riz  
3119000 SA



**PRICE DROP**  
**1.50**

**GRACE COCONUT WATER**  
selected varieties  
500 mL  
eau de noix de coco  
3042011 SA



**PRICE DROP**  
**1.99**

**ROOSTER TOFU**  
selected varieties  
454 g  
tofu  
3147078 SA/3147079 SA



**PRICE DROP**  
**4.49**

**LEA & PERRINS WORCESTERSHIRE SAUCE 254 mL or MATT & STEVE'S THE EXTREME BEAN**  
200 mL  
selected varieties  
sauce au fenouil marinée  
3060002 SA/3047000 SA



**PRICE DROP**  
**8.99**

**PC SPRING ROLLS**  
selected varieties, frozen  
574 g  
rouleaux de printemps  
3030001 SA



**PRICE DROP**  
**\$2**

**PALMOLIVE DISHWASHING LIQUID**  
selected varieties  
591/628 mL  
détergeant liquide  
à vaisselle  
3060001 SA/  
3060002 SA



**PRICE DROP**  
**5.99**

**TRESEMME HAIR CARE**  
selected varieties  
198-311 g/148-428 mL  
soins capillaires  
3021000 SA/  
3117000 SA



**PRICE DROP**  
**7.99**

**NIVEA BODY LOTION**  
selected varieties  
200-425 mL  
lotion pour le corps  
3060001 SA/3070000 SA



**PRICE DROP**  
**10.99**

**ROYALE FACIAL TISSUE**  
12x100 sheets  
serviettes  
3070001 SA



# SUMMER SWEET WAVE



**\$2**

**NESTLÉ, MARS or  
HERSHEY'S KING SIZE BAR**  
selected varieties  
50-93 g  
bâtes de chocolat  
20374273 EA/21000283 EA



**2.29**

**HERSHEY'S, MARS, NESTLÉ or  
CADBURY JUNIORS**  
selected varieties  
8-10's  
chocolat  
21223468 EA/21271114 EA



**2.49**

**WERTHER'S CANDY** 116-135 g  
**JOLLY RANCHER HARD CANDY** 182/198 g or  
**TWIZZLERS GUMMIES** 170/175 g  
selected varieties  
friandises  
20278129 EA/20289717 EA



**2.49**

**TWIZZLERS LICORICE**  
selected varieties  
311-454 g  
liçôse  
2022228004 EA



**1.29**

**MAYNARDS THEATRE BOX**  
100 g or  
**ICEE FROSTY** 6 oz  
selected varieties  
friandises ou boisson  
20300034002 EA/21219341 EA  
WHILE QUANTITIES LAST



**2.49**

**PEPPERIDGE FARM GOLDFISH  
CRACKERS**  
selected varieties  
156-227 g  
croûtilles  
203000320 EA



**3.99**

**CARNABY SWEET TUB**  
500 g or  
**CADBURY MULTI** 4's  
selected varieties  
friandises ou chocolat  
20490529 EA/21243890 EA



**\$3**

**SKITTLES CANDY** 235-320 g or  
**EXCEL GUM BOTTLE** 83 g  
selected varieties  
friandises ou gomme  
20618330 EA/20210919002 EA



**3.99**

**NESTLÉ STAND UP POUCH**  
135-203 g or  
**MULTI PACK** 4's  
selected varieties  
chocolat  
20222502 EA/21040077 EA



**3.99**

**CARNABY SWEET SYRUP**  
428 mL or  
**PC WAFFLE CONE** 205 g  
selected varieties  
sirop ou cône gâté  
21205793 EA



**4.99**

**HERSHEY'S SYRUP** 462-523 mL,  
**JOLLY RANCHER LARGE BAG** 355 g or  
**MR. FREEZE** 48's  
selected varieties  
sirop ou friandise ou bâtons glacés  
21021219 EA/21494953 EA  
WHILE QUANTITIES LAST



**7.99**

**MONDOUX SWEET SIXTEEN  
CANDY** 1 kg,  
**CADBURY LARGE POUCH** 361/380 g or  
**MAYNARDS CLUB PACK CANDY**  
814/816 g  
selected varieties  
friandises  
21210257 EA/21432286 EA



**9.99**

**HERSHEY'S or NESTLÉ'S LARGE CHOCOLATE POUCH** 800 g/1 kg or  
**AERO S'MORES KIT** 515 g  
selected varieties  
chocolat ou trousse pour s'more  
21214534 EA/21252373 EA

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May 2-8, 2024

Get\*

**10,000** pts

**\$10**  
value

for every \$100\* spent on Happy Active, Happy Her, and Happy Teen gift cards.



\* Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Active, Happy Her, and Happy Teen cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.



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\*New and qualified returning Apple subscribers only. Conditions apply.



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Get **\$100** in welcome points\*



**APPLY NOW**

\*Offer available until May 13, 2024; conditions apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

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