

metro

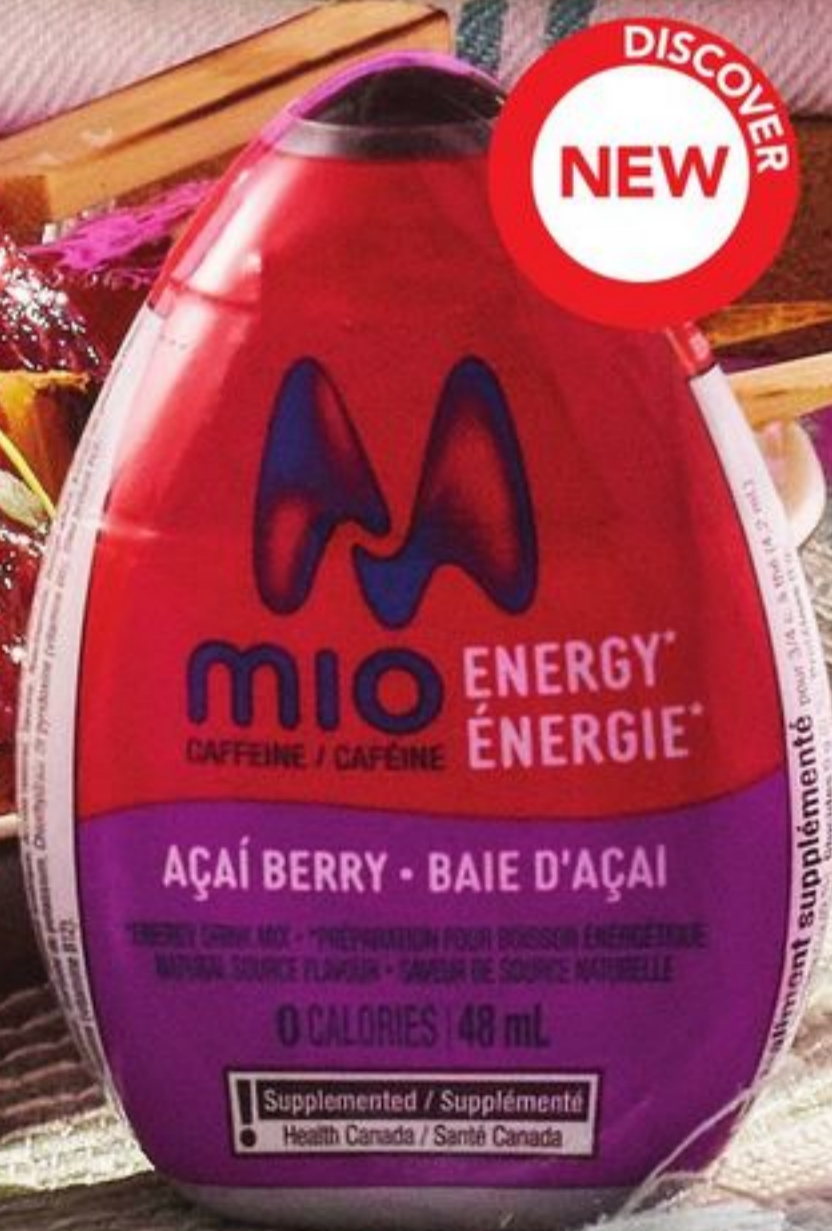


CLICK HERE FOR MORE DETAILS 

BBQ GIVEAWAY!

140 BBQS TO BE WON

DISCOVER
NEW



GET GRILLIN'

Get fired up with 3 easy & delicious recipes brought to you by Heinz and Metro.

EFFECTIVE MAY 16TH TO MAY 29TH, 2024

*This contest is sponsored and administered by Kraft Heinz®

BEST DRY RUB: JUST ADD HEINZ®

Get creative with your Dry Rubbed Burgers by adding Heinz® Ketchup as a base for the Cherry Chipotle BBQ Sauce.



4⁹⁹ ea. HEINZ KETCHUP
750 ml - 1 L
SELECTED VARIETIES

Dry Rubbed Burgers with
Cherry Chipotle BBQ Sauce

**CLICK HERE
FOR RECIPE**

HEINZ® KETCHUP BRINGS OUT THE FLAVOUR OF YOUR FAVOURITE FOODS



GET BRILLIANT!



- Steaks aged for a minimum of 28 days
- Raised without added hormones
- Raised without antibiotics
- Free range
- Grass fed

10⁹⁹ ea. LIFE SMART NATURALIA
GRASS-FED LEAN
GROUND BEEF
454 g

SELECTION
RED WINE VINEGAR
500 ml
SELECTED VARIETIES

1⁹⁹ ea.



MAKE A MARINADE WITH KRAFT® PURE®

Marinating your Grilled Eggplant Steaks with Kraft® Pure Dressing adds the perfect punch of flavour.

Grilled Eggplant Steaks and Halloumi Salad

[CLICK HERE FOR RECIPE](#)

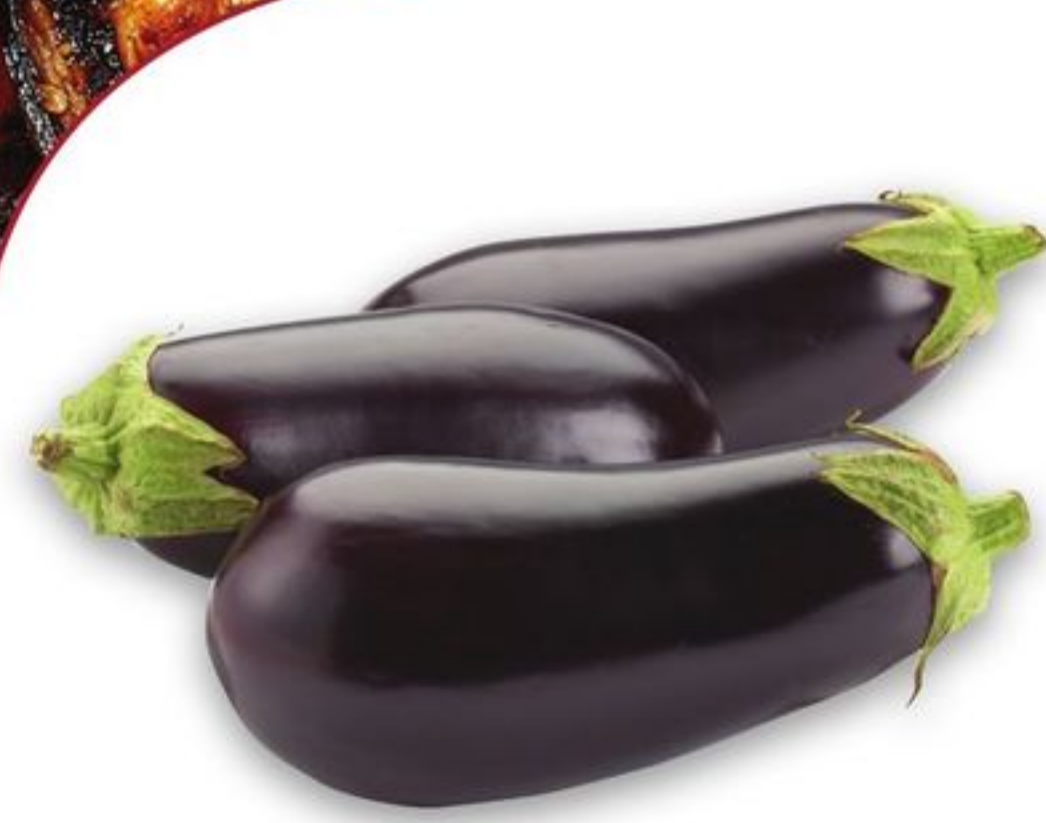
GET BRIGHT



DISCOVER NEW

KRAFT® PURE DRESSINGS ARE THE MISSING INGREDIENT FOR A MARINADE MASTERPIECE.

4.99 ea.
KRAFT PURE DRESSING
355 ml
SELECTED VARIETIES



2.49 /lb
EGGPLANTS
PRODUCT OF MEXICO
5.49/kg



1.69 ea.
SELECTION CANNED TOMATOES
796 ml
SELECTED VARIETIES

FAB & FRUITY GLAZE: MIX IN MIO®

For a sweet twist, add a splash of Mio® to your Balsamic Glazed Grilled Fruit. Enjoy as a dessert or side dish.

GET GRILLIN'!



2 for **700**
or pay 3.99 ea.
MIO LIQUID WATER ENHANCER
48 ml
SELECTED VARIETIES

MIO® ADDS A BURST OF FRUITY FLAVOUR WITH ZERO CALORIES

[CLICK HERE FOR RECIPE](#)

Balsamic Glazed Grilled Fruit



12⁹⁹ ea.
STORE MADE CAROUSELS
FRESH FRUIT 1.4 kg
FRESH VEGETABLE 955 g

IRRESISTIBLES
GLAZE WITH
BALSAMIC VINEGAR
250 ml
SELECTED VARIETIES

3⁴⁹ ea.





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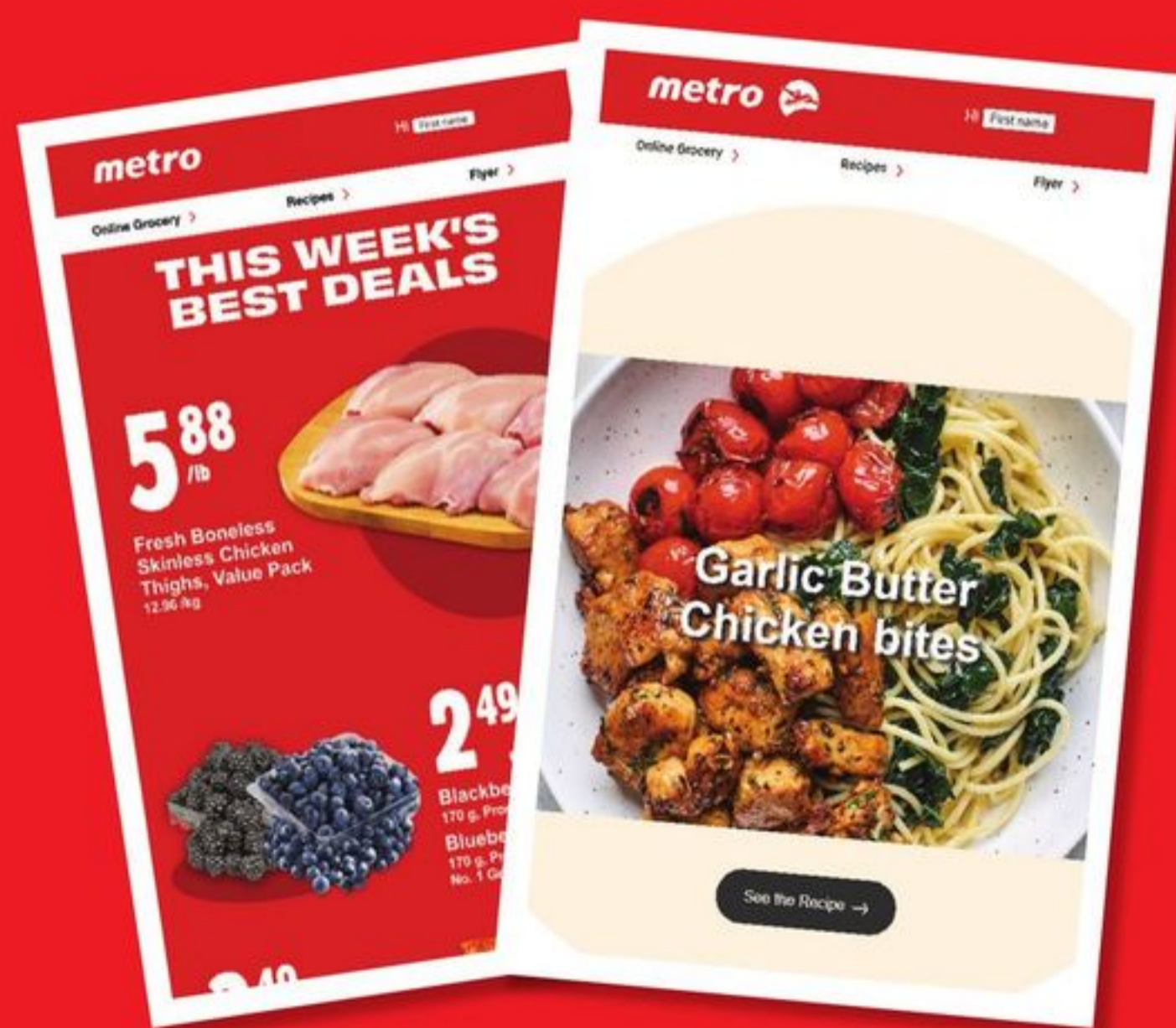


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