

Come on in!

Quality, value, and freshness guaranteed.



FARM BOY



Fresh Whole Chicken
Canada grade A, product of Canada

SAVE \$1.50
2.99 /lb
6.59/kg



Fresh Pork Tenderloin
product of Canada

HALF PRICE!
3.99 /lb
8.80/kg



Sweet & Juicy Strawberries
no. 1 grade, product of USA, 454 g

2.99 /pkg



Green Ocean Basa Fillets
frozen, 907 g

4.99 /pkg



Farm Boy™ Frozen Vegetables
all varieties, including organic, 500 g

SAVE \$1.00-\$1.50
3.99 /pkg



Mini Cucumbers or Rainbow Sweet Bell Peppers
Canada no. 1 grade, product of Canada, Mini Cucumbers: 2 lb pkg, Rainbow Sweet Bell Peppers: pkg of 4

3.99 /pkg



From the Bake Shop New York-Style Bagels

\$4.99/pkg, all varieties, pkg of 6, 648-768 g

GREAT DEAL!
BUY ONE, GET ONE FREE!



Hayter's Farm Montreal-Style or Oven Roasted Turkey Breast Roast
sliced fresh at our Deli Counter

SAVE \$1.00
2.99 /100 g



Farm Boy™ Halloumi
all varieties, 200 g

SAVE \$1.50
5.99 ea



Farm Boy™ Hamburger or Hot Dog Rolls
all varieties, pkg of 8

SAVE \$1.00
2.99 /pkg



Liberté Greek Yogurt
all varieties, 4x100 g

SAVE \$1.50
3.99 /pkg



Farm Boy™ Himalayan Pink Salt Popcorn
320 g

SAVE \$1.00
4.99 /pkg



Dempster's 10" Tortillas
all varieties, 426-610 g

SAVE \$2.50
3.49 /pkg



Silk Plant-Based Beverages
all varieties, 1.74-1.89 L

SAVE \$1.50-\$2.00
3.99 ea



Hardbite Handcrafted-Style Potato Chips
all varieties, 150 g

2/6.00

SPRING INTO FRESHNESS

FRESH SPECIALS IN EFFECT
Thursday, May 2 to Wednesday, May 8, 2024.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store addresses and hours. Not all products available at all stores.



Scan here for our full digital flyer
farmboy.ca
@officialfarmboy

Meat & Seafood Market



Farm Boy™ Jumbo Raw Shrimp
16-20 shrimp per bag, frozen, 21-27/lb raw count, 340 g

SAVE \$3.00
8.99 /pkg



Hayter's Farm Extra Lean Turkey Burgers
all varieties, pkg of 4, product of Ontario, 450 g

SAVE \$1.00
5.99 /pkg



Cut from Canada AAA Beef Striploin Grilling Steaks
aged a minimum of 21 days

SAVE \$4.00
16.99 /lb
37.48/kg



Marinated Maple BBQ Salmon Skewers
140 g

SAVE \$1.00
4.99 ea

Chef's Market

Let the Flavours Dance

Crafted fresh from the Farm Boy Kitchen, our salsas are made with simple ingredients –no artificial colours or flavours! Available in Hot or Mild, enjoy them as a trusty afternoon snack with chips, a go-to for taco Tuesday, or spooned over grilled meats.



Farm Boy™ Fresh Salsa
Hot or Mild, 450 g

SAVE \$1.00
4.99 ea



Farm Boy™ Non-GMO Beans
all varieties, 398 ml

SAVE \$0.50
2.49 ea



Jarritos Mexican Sodas
4 varieties, 1.5 L

SAVE \$1.00
3.99 ea



Farm Boy™ Sour Cream
14% or 18% M.F., 500 ml

SAVE \$1.00
2.99 ea



Delicious Fresh Cruffies
all varieties, made by us, pkg of 6, 335 g

SAVE \$1.00
3.99 /pkg



Balzac's Coffee Roasters Coffee Beans
all varieties, 340 g

SAVE \$3.00
14.99 ea



Italpasta Dry Pasta
all varieties, 375-900 g

900g PKG
SAVE \$0.72
2.77 /pkg



Saputo Shredded Cheese Blends
all varieties, 320 g

SAVE \$2.50
5.99 ea



Albert's Leap Smoked Cheddar
cut fresh at our Cheese Counter, product of Canada

SAVE \$1.00
2.59 /100 g

FRESH produce arriving daily!



Sweet & Juicy Clementines
product of Morocco

2 lb BAG
3.88 /bag



Bartlett Pears
extra fancy grade, product of Argentina

1.99 /lb
4.39/kg



Large Lemons
product of South Africa

3/2.00



Large Honeydew Melons
product of Mexico

2.99 ea



Asian Greens
Baby Napa Cabbage, Baby Bok Choy, Shanghai Bok Choy, Baby Bok Choy Jr, Shanghai Bok Choy Jr, Yu Choy, Gai Lan, product of Mexico/USA

2.98 /pkg



Sweet & Juicy Blueberries
no. 1 grade, product of Mexico, 170 g

3.99 /pkg



Brown or Cocktail Tomatoes
Canada no. 1 grade, product of Canada

LOCAL
1 lb PKG
2.99 /pkg



Farm Boy™ Foil Baking Potatoes
Regular or Mini, Canada no. 1 grade, product of Canada

LOCAL
2.99 /pkg



Sliced or Whole Fresh White Mushrooms
product of Canada, 227 g

LOCAL
2/5.00

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

PLEASE VISIT FARMBOY.CA FOR A FULL LIST OF STORE ADDRESSES TO FIND A LOCATION NEAR YOU!

See in store for more great savings!

**Farm Boy™
Mexican-Inspired
Fresh Dips**

Made fresh from scratch by us, these dips are ready to grace your table with tasty variety! From guacamole crafted with hand-scooped avocados to dips loaded with savoury flavours, add them to your fiesta spread by pairing them with crackers, chips, and fresh veggies.

Fresh Guacamole: \$6.99 ea, 275 g
Seven Layer Dip: \$9.99 ea, 390 g
Spicy Black Bean Dip: \$4.99 ea, 265 g




SAVE \$0.50

4.49 /pkg

Jumbo Portuguese Buns
pkg of 6, 528 g



LOCAL

SAVE \$0.50

2.99 /100 g

Brandt Oven Roasted Chicken Breast
sliced fresh at our Deli Counter



SAVE \$2.00

5.99 ea

Farm Boy™ Feta Cheese
Organic or Sheep's Milk, product of Greece, 200 g



SAVE \$1.00

4.99 ea

Farm Boy™ Chocolate Hazelnut Spread
350 g



SAVE \$1.00

4.99 ea

Farm Boy™ Gourmet BBQ Sauce
all varieties, 330 ml



SAVE \$1.00

6.99 ea

Farm Boy™ Gourmet Olives & Antipasti
all varieties, 580 ml



ORGANIC

SAVE \$0.50

2.99 ea

Frankie's Puffs
BBQ, Jalapeño, or White Cheddar, 120-140 g



LOCAL

Case of 12 \$27.99

SAVE \$0.49 ea

2/5.00

Daryl's Bars Performance Protein Bars
all varieties, 54-85 g



SAVE \$2.00

7.99 /pkg

VG Gourmet Artisan Vegan Burgers
all varieties, frozen, 4x100 g



LOCAL

SAVE \$2.00

7.99 /bunch

14.99 ea

Farm Boy™ Fresh Cut Tulips
Locally grown! 10 stems

Hydrangea in Wood Cube
5" pot

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Happy Cinco de Mayo!



Farm Boy™ Flavoured Salsas and Tortilla Chips

The perfect combo! Enjoy our authentically crafted chips, available in six varieties, with a selection of fresh salsas made by our chefs daily with wholesome ingredients like tomatoes, corn, bell peppers, and black beans.



Farm Boy™ Corn Tortillas

Made in Ontario with 100% stone-ground corn and no artificial colours! Pan-fry or heat over an open flame and fill with fresh toppings to make delicious tacos, quesadillas, enchiladas, and more! They're gluten-free, and available in Blue, Yellow, or White Corn.



Farm Boy™ Mexican-Style Cheese

Expertly crafted using traditional recipes and techniques, our cow's milk cheeses come from a family-run business in Québec! Try our Cotija crumbled atop tacos, nachos, and quesadillas, or grill-up the Panela cheese for a smoky side dish served with vibrant salsa.



SAVE \$1.00 THIS WEEK!

Farm Boy™ Tres Leches Cake

Did you know "Tres Leches" means three milks? Fit for any occasion, ours is made in-house with milk, cream, and sweet condensed milk, topped with light whipped cream, and dusted with cinnamon for a rich, decadent bite!



Monthly Hot Bar Menu



CINCO DE MAYO

Celebrate Cinco de Mayo all month long with made-from-scratch dishes prepared fresh daily by our chefs for your convenience. From spicy mains to savoury sides, they're guaranteed to satisfy!

Fiesta Chicken

Mexican Street Corn

Papas a la Mexicana

Pork Carnitas in Red Salsa



Mother's Day Brunch

GENEROUSLY SERVES 4

Gazpacho Salad

Pepper Medley, Mini Bocconcini,
Balsamic Vinaigrette

Eggs Benedict Bake

English Muffins, Peameal Bacon,
Sauce Choron

Slow Roasted Tomatoes and Breakfast Sausages

Cheesy Shredded Potato Hash

Fiesta Cheese,
Mesquite Roasted Potatoes and Peppers

Lemon Ricotta Cake

Lemon Whipped Cream and Mixed Berries

25 MINUTES REHEATING

\$119⁹⁹

ORDERS CLOSE:

Wednesday, May 8th

PICK-UP DATE:

Sunday, May 12th

Order In-Store & Online
WHILE QUANTITIES LAST!

FARMBOY.CA

For
Mom
with Love

LET'S CELEBRATE MOM

THIS MOTHER'S DAY!

Enter online for your chance to spoil Mom with a Farm Boy Gift Basket full of treats.

Contest runs from
Thursday, May 2nd to Sunday, May 12th.

[CLICK HERE TO ENTER!](#)



5 baskets
to be won!

Each valued at \$200



LONG WEEKEND
Picnic Feast

GENEROUSLY SERVES 4

**Tex-Mex Chicken Wings with
Farm Boy™ Smokehouse
BBQ Sauce**

**BBQ Monterey Jack
Chicken Sausage with
House-made Sausage Buns**

**Garden Salad with
Lemon-Lime Dressing**

Picnic Pasta Salad

Banoffee Pie

20 MINUTES REHEATING

\$99.99

**ORDERS
CLOSE:
Wednesday,
May 15th**

**PICK-UP
DATE:
Saturday,
May 18th**

**Order In-Store & Online
WHILE QUANTITIES LAST!**

FARMBOY.CA



*in*Season

Spring Edition 2024



The Spring Edition of our
Digital Magazine is out now!

[View Online](#)

