



Family Foods

Fresh Produce

3⁹⁹ Each

Fresh Apples

Select Varieties.
3 lb/1.36 kg bag.
Product of
Canada/U.S.A.



Fresh Meat

11¹⁹ lb
24.67/kg

Beef Prime Rib Grilling Steak

Bone In. Cut From
Canada AA or Higher.
Limits or Larger Pack
Sizes May Apply.



4⁹⁹ Armstrong Cheese
Select Varieties. Shredded 300 - 320 g.
Blocks 400 g.

6⁹⁹ Coca-Cola 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL.

2/\$6⁵⁰ Lay's Potato Chips
Select Varieties. 220 - 235 g. Poppables 130 g.



1⁴⁹ Long English Cucumbers
or Beefsteak Tomatoes
Product of Canada. Beefsteak
Tomatoes \$1.49/lb, 3.28/kg.

6⁴⁹ Compliments
Muffins
Select Varieties. 600 g.

2⁹⁹ Burns Wieners
Regular. 375 g.

5⁹⁹ Nestle Ice Cream
or Novelties
Select Varieties. Frozen. 1.5 Litre.
Novelties 330 - 650 mL.

3⁹⁹ Kraft Cheez Whiz
or Cheese Singles
Or Velveeta Slices. Select Varieties.
410 g. Cheez Whiz 450 g.

VICTORIA DAY is Monday May 20th

For store hours and locations see back page or visit familyfoods.ca

Sale Prices in Effect

MAY 2024	thu 16	fri 17	sat 18	sun 19	mon 20	tues 21	wed 22
----------	--------	--------	--------	--------	--------	---------	--------

This symbol denotes Plus deposit and/or environmental levies where applicable.



Bringing FRESH - to your - GRILL



4.99 Each
Red, Yellow and Orange Bell Peppers
3 Pack. Product of Mexico.



1.99 lb
4.39/kg
Green Zucchini Squash
Product of Mexico.



1.49 lb
3.28/kg
Eggplant
Product of Mexico.



6.99 Each
Compliments Potatoes
Red, Russet or Yellow. Product of Canada.
10 lb/4.54 kg.



2.99 Each
Compliments Organic Whole White or Cremini Mushrooms
Product of Canada. 227 g.



1.99 lb
4.39/kg
Vidalia Onions
Product of U.S.A.



8.99 Each
Fresh Strawberries
Product of U.S.A. 908 g.



8.99 Each
Whole Seedless Watermelon
Product of U.S.A.



2/\$4
Ataulfo Mangoes
Product of Mexico.



5.99 Each
Mann's Sugar Snap Peas
Product of U.S.A. 425 g.

Deli



6.49 Each
Mastro Salami
Select Varieties. 125 - 150 g.



6.99 Each
Quality Multipack Sandwiches
Select Varieties. 375 - 495 g. Works out to only \$2.33 per Sandwich or \$3.50 per Burger!



1.69 100g
Compliments Roasted Chicken Breast
Select Varieties. Sliced or Shaved.



9.99 Each
Compliments Brie or Camembert Cheese
350 g.



Bringing FRESH - to your - GRILL



1²⁹ Harvest Bulk Wieners
100 g



4⁹⁹ lb Fresh Pork Belly
11.00/kg Boneless.



4²⁹ lb
9.46/kg
Fresh Pork
Shoulder Blade
Roast or Steak
Boneless.



8⁹⁹ lb Beef Top Sirloin Roast
19.82/kg Boneless. Cut From Canada AA or Higher.



9⁴⁹ lb Beef Top Sirloin Grilling
20.92/kg Kabobs with Vegetables
Boneless. Cut From Canada AA or Higher.



5⁹⁹ lb Fresh Split
13.21/kg Chicken Breasts
Back Attached.



4⁹⁹ lb Fresh Whole Chicken Wings
11.00/kg

Packaged Meat



2²⁹ Each Maple Lodge Farms Chicken Wieners
Or Zabiha Halal. 450 g.



12⁷⁹ Each Compliments Pork Sausage
Select Varieties. 1 - 1.4 kg.

value size



6²⁹ Each Compliments
Cooked Ham
375 g.



7⁹⁹ Each Grimm's Bavarian Smokies
Select Varieties. 450 g.



6⁹⁹ Each Harvest Garlic Sausage Rings
Select Varieties. 300 g.



10²⁹ Each Schneiders Pepperettes
Select Varieties. 250 - 375 g.



4⁴⁹ Each Compliments Ham Slices
375 g.



\$12 Each Marc Angelo Family Sized Prosciutto
Or Antipasto. Select Varieties. 175 - 200 g.



12⁴⁹ Each Laughing Cow
Regular or Light. 535 g.



5⁹⁹ Each Harvest Garlic
Sausage
300 g.

*Excludes Mountain Creek Farms Beef and Pork Products

This symbol denotes Plus deposit and/or environmental levies where applicable.

Chilled & Frozen



1.49 Milk 2 Go or Nestlé Milk Shakes
Select Varieties. 473 mL. 🌱



6.49 Liberté Greek Yogourt
Select Varieties. 650 - 750 g.



2.99 Liberté Mediterranean Yogourt
Or Greek Yogourt 4 x 100 g.
Crunch 2 x 130 g. Select Varieties.
Mediterranean 500 g.



6.49
Compliments Butter
Salted. 454 g.



3.49 Heluva Good Dips
Select Varieties. 250 g.



3.49 Black Diamond Processed Cheese Slices
Select Varieties. 410 g.



4.99 Cracker Barrel Cheese
Select Varieties. 270 g.



1.99 I Can't Believe It's Not Butter
427 g.



3.99 Best Buy Orange Juice
No Pulp. 1.6 Litre. 🌱



4.49 Healthy Choice Steamers or Entrees
Or Marie Callender's Bowls.
Select Varieties. 255 - 349 g.
Frozen.



4.49 Boston Market Home Style Meals
Or Michelina's Pizza Snacks.
Select Varieties. 369 - 496 g.
Frozen.



3.49 Green Giant Vegetables
Select Varieties. 400 - 750 g.
Frozen.



5.99
Compliments Classic Pizza
Select Varieties. Frozen.
352 - 446 g.



4.99 Dr. Oetker Pizza
Select Varieties. Easy Pizza 560 - 600 g.
Tradizionale 385 - 415 g.
The Good Baker 300 - 390 g. Frozen.



7.99 Compliments Organic Frozen Fruit
Select Varieties. 450 - 600 g.



8.49 McCain Potato Products
Select Varieties.
Frozen. 1.4 - 1.8 kg.



4.99
Ben & Jerry's Ice Cream or
Magnum Bars
Select Varieties.
Ben & Jerry's 473 mL.
Magnum 3's - 4's. Frozen.

Meat & Seafood



9.99 Maple Lodge Farms Zabiha Halal Chicken
Select Varieties. 800 g. Frozen.



5.49 Asian Inspirations Entrees
Select Varieties. 400 g.
Frozen.



12.29 Janes Chicken
Select Varieties.
700 g. Frozen.



value size



15.99 Compliments Naturally Simple Fish Fillets
Select Varieties. 908 g. Frozen.



8.99 Compliments Pacific White Shrimp
Cooked or Raw. Frozen.
31/40 Count. 340 g.

Grocery



2/\$7 Clover Leaf Pink Salmon
Select Varieties. 150 - 213 g.



2.49 Compliments White Albacore Tuna
Select Varieties. 170 g.



7.99 Maple Leaf Canned Ham
454 g.



1.79
Compliments Flaked Meat
Chicken, Ham or Turkey Flakes. 156 g.



1.69 Unico Beans
Select Varieties. 540 mL.



3/\$5 Money's Mushrooms
Pieces & Stems. Regular or No Salt. 284 mL.



1.99 Del Monte Vegetables
Select Varieties. 341 - 398 mL.
Excluding Asparagus.



2/\$3 Compliments Stewed Tomatoes
Select Varieties. 540 mL.



3/\$5 Compliments Beans In Sauce
Select Varieties. 398 mL.



3.49 Del Monte Fruit Cups
Select Varieties. 428 - 450 mL.



2.49 Del Monte Fruit
Select Varieties. 398 mL.



3.49 Betty Crocker Fruit Snacks
Select Varieties. 226 g.



4.99 Compliments Granola Bars
Select Varieties. 560 - 630 g.



3.49 Smucker's Sundae Syrup
Select Varieties. 428 mL.



2/\$5 Catelli Pasta
Bistro, Healthy Harvest, Ancient Grains or Smart.
340 - 375 g.



1.99 Hunt's Thick & Rich Pasta Sauce
Or Tomato Sauce.
Select Varieties. 680 mL.



4.99 Compliments Long Grain Rice
Or Parboiled White Rice.
Select Varieties. 2 kg.



3.99 China Lily Soya Sauce
483 mL.



2.49 Compliments Coating Mix
Select Varieties. 142 g.



1.99 Cheetos Mac 'N Cheese
Select Varieties. 164 - 170 g.



1.99 Quaker Pasta or Rice A Roni
Select Varieties. 130 - 227 g.



1.29 Compliments Baking Soda
500 g.



2.99 Compliments Chocolate Chips or Chunks
Select Varieties. 250 - 300 g.



3.99 Compliments Pie Filling
Select Varieties. 540 mL.

Beverages & Snacks



3⁹⁹ Ocean Spray 100% Juices Or Cocktails. Select Varieties. 1.89 Litre. ♻️



3⁹⁹ Oasis Juices Or Arizona Iced Tea. Select Varieties. 8 x 200 mL. ♻️



2/\$5 Fruite Beverages Select Varieties. 2 Litre. ♻️



3⁷⁹ Nestle Pure Life Spring Water Select Varieties. 12 x 500 mL. ♻️



2⁹⁹ Coca-Cola or Pepsi 2 Litre Soft Drinks Select Varieties. ♻️



2/\$7 Compliments Pretzels Sticks or Twists. 400 g.



2/\$6 Compliments Kettle Chips Select Varieties. 200 g.



2/\$8⁵⁰ Tostitos Tortilla Chips Select Varieties. 205 - 300 g.



2/\$7

Pringles Mega Potato Crisps Select Varieties. 194 - 203 g.



2/\$7 Bigs Sunflower Seeds Select Varieties. 140 g.



3⁹⁹ Orville Redenbacher's Ready to Eat Popcorn Select Varieties. 116 - 220 g.



2/\$6 Leclerc Celebration Cookies Select Varieties. 240 - 350 g.



2/\$7 Kellogg's Cheez-It Snap'd Crackers Select Varieties. 213 g. Cheez-it Original 352 g.



3⁷⁹ Compliments Honey Graham Wafers 408 g.



2/\$3 Twizzlers Soft Licorice Or Jolly Ranchers. Select Varieties. 58 - 90 g.



2/\$4 Tic Tac Mints Select Varieties. 29 g.



2/\$9 Trident or Dentyne Gum Select Varieties. 40's - 60's.



2/\$10⁵⁰ Mars Multipacks or Pouches Or Skittles & Starburst 235 - 320 g. Select Varieties. 155 - 208 g.



4²⁹ Twizzlers or Nibs Licorice Select Varieties. 311 - 454 g.

Household & Pet



8⁴⁹ SpongeTowels Select Varieties. 72 - 110 Sheets. 3 - 6 Roll.



3⁴⁹ Glad Cling Wrap 60 Metres.



3⁹⁹ Lysol Cleaners Select Varieties. 650 mL - 1.2 Litre or 100 - 680 g.



5⁴⁹ Pine-Sol Liquid Cleaner Select Varieties. 1.41 Litre.



8⁴⁹ Compliments Garbage Bags 40's.

Bakery



5⁴⁹ Compliments Mini Angel Food Cakes
270 g.



6⁹⁹ Charlotte's Cakes
Select Varieties. 400 - 475 g.



1⁷⁹ Table Talk Pies
4 Inch. Select Varieties. 114 g.



3⁴⁹
Compliments Whole Grain Bread
Or Raisin Bread. Select Varieties. 600 - 650 g.



2⁹⁹ Oakrun Farm Crumpets
Plain. 6's. 284 g.



2⁹⁹ Santosh Naan Bread
Select Varieties. 500 g.



4⁹⁹ Compliments Texas Garlic Toast
Select Varieties. 638 g.



9⁹⁹ Panache Crisp
Bumbleberry or Honey Crisp Apple. 850 g.

Breakfast



2/\$5 Sun-Rype 100% Pure Apple Juice
Not From Concentrate.
1 Litre.



6⁹⁹ Nabob Coffee
Select Varieties. 340 g.



7⁹⁹ Folgers Gourmet K-Cup Coffee
Select Varieties. 84 - 108 g.



7⁴⁹
Starbucks Coffee Enhancers
Select Varieties. 828 mL.



4⁹⁹ General Mills Cereal
Select Varieties. 297 - 437 g.



4⁷⁹ Pearl Milling Company Pancake Mix
Or Syrup 710 mL. Select Varieties.
Pancake Mix 905 g.



2/\$5 Compliments Instant Oatmeal
Select Varieties. 260 - 344 g.



4⁹⁹ Compliments Jam
Or Jelly and Marmalade.
Select Varieties. 500 mL.



4⁹⁹ Beemaid Honey Bear Liquid. 375 g.



3⁹⁹ Compliments Scoopable Clumping Cat Litter
4 kg.



7⁹⁹ Friskies Party Mix
Select Varieties. 454 g.



10/\$9 Compliments Cat Food
Select Varieties. 156 g.



8/\$10 Compliments Dog Food
Select Varieties. 100 g.



10⁴⁹ Nature's Recipe Dog Treats
Select Varieties. 227 g.

Meal Inspiration & Savings From our Family to Yours



Family Foods



Fresh Meat

2.49 lb
5.49/kg

Fresh Chicken Legs
Back Attached.



Fresh Produce

1.49 lb
3.28/kg

Navel Oranges
Product of U.S.A.



2/\$7 Dempster's Texas Toast
White or 100% Whole Wheat. 675 g.



6.99 Kraft Peanut Butter
Or Hazelnut Spread. Select Varieties. 725 g. - 1 kg.



6.29 Hellmann's Mayonnaise
Select Varieties. 710 - 890 mL.



2/\$7 Mott's Clamato Juice
Select Varieties. 1.89 Litre.



4.99 International Delight
Select Varieties. 946 mL.



2/\$8 Old Dutch Snacks
Select Varieties. 200 - 400 g.

Open Sundays in select locations only. familyfoods.ca

British Columbia McMynn's Family Foods, Midway **Alberta** Breton Family Foods, Breton · Castor Family Foods, Castor · Consort Family Foods, Consort · Coronation Family Foods, Coronation · Redcliff Family Foods, Redcliff · Rimby Family Foods, Rimby
Siksika Trail Market, Siksika · Trochu Family Foods, Trochu · Village Supermarket, Thorsby **Saskatchewan** Assiniboia Family Foods, Assiniboia · Carlyle Family Foods, Carlyle · Esterhazy Family Foods, Esterhazy · Leader Family Foods, Leader · Moosomin Family Foods, Moosomin
Redvers Family Foods, Redvers · Stoughton Meat Market & Family Foods, Stoughton · Wynyard Family Foods, Wynyard **Manitoba** Calderwood's Country Store, Dominion City and Tolstoi · Campbell's, Lac du Bonnet · Cornerview Family Foods, Snow Lake
Cross Lake Family Foods, Cross Lake · Downtown Family Foods, Winnipeg · Lundar Family Foods, Lundar · MacGregor Family Foods, Macgregor · Midway Foods, Pine Falls · Norway House Family Foods, Norway House · Park's Family Foods, Pilot Mound · Peguis Family Foods, Peguis
Plains Family Foods, Gilbert Plains · Portage La Prairie Supermarket, Portage La Prairie · Ray's Family Foods, Holland · Sam's Foods, Manitou · Spud City Food Mart, Carberry · St. Martin Family Foods, St. Martin · Thompson Family Foods, Thompson
Ontario Atikokan Foodland, Atikokan · Costa's, Schreiber · Costa's, Terrace Bay · Cloverleaf Grocery, Emo

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.



Bringing FRESH — to your — GRILL

Sale Prices in Effect May 16 – 22, 2024



24⁹⁹ Each

Compliments Traditional Beef Burgers
Frozen. 2.27 kg.



value size

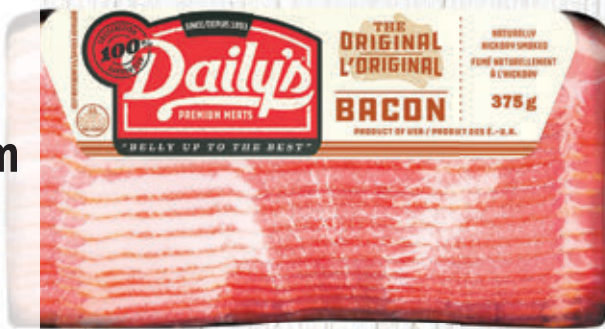
4⁹⁹ Each

Johnsonville Smoked Sausages
Select Varieties. 375 g.



3⁹⁹ Each

Daily's Premium Meats Hickory Smoked Bacon
Original or Thick Cut. 375 g.



12⁹⁹

Compliments Stuffed Burgers
Select Varieties. 1.02 kg. Frozen.



4²⁹

Cracker Barrel Cheese Slices
Select Varieties. 200 - 240 g.



10⁹⁹ Each

Compliments Balance Lean Beef Burger
907 g. Frozen.



9⁹⁹ Each

Compliments Balance Turkey Burgers
Frozen. 852 g.



8⁹⁹ Each

Marc Angelo Sausages
Select Varieties. 500 - 675 g. Frozen.



BARBECUE



2/\$11 Pepsi 6 Pack Soft Drinks
Select Varieties. 6 x 710 mL. ♻️



2/\$4 Gatorade
Select Varieties. 710 mL. ♻️



5.99 Buby Sparkling Water Beverage
Select Varieties. 12 x 355 mL. ♻️



2.99 Minute Maid Beverages
Or Five Alive and Nestea. Select Varieties.
1.54 - 1.75 Litre. ♻️



4/\$5 Compliments Fizzy Flavoured Water
Select Varieties. 1 Litre. ♻️



3/\$5 Minute Maid Juices
Or Five Alive Beverages. Select Varieties. 1 Litre. ♻️



8.99 Perrier Carbonated Water
Select Varieties. 6 x 500 mL. ♻️



4.99 Compliments Dinner Napkins
2 Ply. 100's.



3.99 Compliments Plant Fibre Plates or Bowls
Compostable. Select Varieties. 12's.



2.99 Compliments Compostable Cutlery
Select Varieties. 24's.



2.99 Compliments Compostable Straws
Select Varieties. 50's.



6.49 Compliments Beer Cups
Red or White. 50's. 473 mL.

ESSENTIALS



6⁹⁹ Compliments Peanut Butter Filled Pretzels
680 g.



3⁴⁹ Gay Lea Sour Cream
Select Varieties. 425 - 500 mL.



7⁹⁹ TASTIEZ Appetizers
Select Varieties. 400 - 500 g. Frozen.



5⁹⁹ Panache Ice Cream
Select Varieties. 1.5 Litre. Ice Cream Bars
8 x 55 mL or 6 x 88 mL. Frozen.



6⁴⁹ McCain Deep 'n Delicious Cake
Select Varieties. 510 g, Mini Cups 340 g. Frozen.



2⁹⁹ Compliments Margarine
68% Vegetable Oil. 427 g.



Diana Sauce
500 mL
Bull's-Eye BBQ Sauce
425 mL
Marinades
375 mL

2/\$6 Any variety / Each



Classico Pasta Sauce
410 - 650 mL
Pesto
218 mL

\$3⁹⁹ Any variety / Each



Kraft Peanut Butter
750 g - 1 kg

\$6⁹⁹ Any variety / Each



Cool Whip
Whipped Topping
225 g - 1 L

\$3⁹⁹ Any variety / Each



Kraft Salad Dressings
425 mL

2/\$7 Any variety / Each



Philadelphia Dips
227 g

2/\$5 Any variety / Each



Philadelphia Cream
Cheese Product
227 - 250 g

\$3⁹⁹ Any variety / Each



Heinz Ketchup
750 mL - 1 L
Miracle Whip Spread
650 - 890 mL
Kraft Mayo Real Mayonnaise
890 mL

\$4⁹⁹ Any variety / Each



BUY
\$10 of
participating products

UPLOAD
receipt to
HEINZ.CA/SUMMER

WIN
a grill or 1 of 400
BBQ accessories*

*NO PURCHASE IS NECESSARY TO PARTICIPATE OR WIN. Visit HEINZ.CA/SUMMER for full contest rules and details.



SIZZLE — to your — SUMMER



349 Compliments Pickles
Select Varieties. 1 Litre.

349 Compliments Barbecue Sauce
Select Varieties. 425 mL.

399 Compliments Spirited Mickie Barbecue Sauce
Select Varieties. 375 mL.



349 Smucker's Sundae Syrup
Select Varieties. 428 mL.

149 Compliments Ice Cream Cones or Cups
Regular or Rainbow. 18's.

2/\$6 Compliments Waffle Cones
Or Bowls 10's. Cones 12's.



WE'RE DONATING
\$50K
TO YOUTH MENTAL HEALTH
AND GIVING YOU A CHANCE TO
**WIN A JOHNNY ORLANDO
CONCERT EXPERIENCE!**



GO TO
SNACKTO THE BEAT.CA
FOR FULL CONTEST DETAILS
AND TO ENTER!



2/5⁰⁰ CADBURY King Bars
66-90g



2/6⁰⁰ CADBURY DAIRY MILK Bars
95-100g



3/10⁰⁰ CHRISTIE Cookies
223 - 303g



2/9⁰⁰ SOUR PATCH KIDS
or MAYNARDS
Candy Bag
308 - 350g
or CADBURY
Chocolate
147 - 200g



2/7⁰⁰ CHRISTIE Crackers
175-386g



2/7⁰⁰ CHRISTIE Crispers or Bits & Bites
1.45g

* A portion of sales from displayed and online participating Mondelez products (CADBURY, CRISPERS, CHIPS AHOY!, SOUR PATCH KIDS) will be donated to youth mental health organizations, up to \$50,000. † NO PURCHASE NECESSARY. Open to residents of Canada (age of majority). Register and enter online at <https://snacktothebeat.ca> between April 1, 2024 (12:00:00 a.m. ET) and June 10, 2024 (11:59:59 p.m. ET). Three (3) Grand Prizes and approximately one hundred (100) Secondary Prizes available. Total value of Grand Prizes is approximately \$18,000 CAD (\$6,000 per prize). Total value of Secondary Prizes is \$12,500 (approximately \$125 CAD per prize). Limit five (5) entries per person, regardless of type of entry. Odds of winning depend on the number of eligible entries received. Limit one (1) Grand Prize and one (1) Secondary Prize per person and per household. Skill-testing question required. Restrictions apply. Visit <https://snacktothebeat.ca/rules> for full contest rules and prize details.