

MAY

**HIT
OF THE
MONTH**

**LIMIT 6
AFTER LIMIT
\$2.50 EA.**



\$1⁵⁰

**CHEEZ-IT BAKED
SNACK CRACKERS
SELECTED VARIETIES
191/200 G
CRAQUELINS CUIVS CHEEZ-IT
21214560_EA/21350253_EA**

**LIMIT 6
AFTER LIMIT
\$4.50 EA.**



\$3

**PLANTERS DELUXE
WHOLE CASHEWS
SALTED OR UNSALTED
200 G
NOIX DE CAJOU DE LUXE
PLANTERS
21021617_EA/21021618_EA**



\$3⁵⁰

**NEW TREASURE LONG GRAIN
WHITE RICE
2 KG
RIZ BLANC À LONG GRAIN
NEW TREASURE
21590582_EA**

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
**Must be a registered PC Optimum® member to get this offer.
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.



Insiders Report™

Make summer an on-budget breeze

Click or Scan to Discover More



Members save \$3



Optimum

Members-Only Price™

13⁹⁹

Non-members

16⁹⁹

PC® WINGS 700-907 G OR
BBQ PORK BACK RIBS 680 G
SELECTED VARIETIES
FROZEN
AILES OU CÔTES DE DOS DE
PORC BARBECUE PC®
20708932_EA/20071715_EA

Optimum

2,000^(pt)

when you buy 2

\$2 Value



TEXAS HAMBURGER OR
HOT DOG BUNS
WHITE OR SESAME
8'S
PAINS À HAMBURGER
OU HOT DOG TEXAS
20711614_EA/20711617_EA

3⁵⁰



Members save \$12



Optimum

Members-Only Price™

12⁹⁹

Non-members

24⁹⁹

ROYALE BATHROOM TISSUE
30=60 ROLLS OR
TIGER TOWELS 6=12 ROLLS
PAPIER HYGIÉNIQUE OU
ESSUIE-TOUT TIGER ROYALE
21378233_EA/21484732_EA

**PRICE
DROP**



PC® TORTILLA CHIPS
SELECTED VARIETIES
320-350 G
**CROUSTILLES DE
TORTILLA PC®**

20302765_EA/20305180_EA

\$2[#]

**PRICE
DROP**



PC® SALSA
SELECTED VARIETIES
430 ML
SALSA PC®

20323181001_EA/20431884001_EA

\$2[#]

**PRICE
DROP**



NONGSHIM NOODLE CUPS
SELECTED VARIETIES
75 G

**CONTENANTS DE
NOUILLES NONGSHIM**

20032441005_EA

\$1[#]

**PRICE
DROP**



**PUREX LAUNDRY
DETERGENT**
SELECTED VARIETIES
1.92-2.03 L
**DÉTERGENT À LESSIVE
PUREX**

20856516005_EA

\$5[#]

#Offer valid in-store at participating locations between May 16 - June 12, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



APP EXCLUSIVE OFFER*

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$8
VALUE

Up to
8,000^{pts}
are up for grabs

Collect
5,000^{pts}
(1,000 points
per participating
product)

+

BONUS
3,000^{pts}
for buying all five!



Click to open the
PC Optimum™ app



Ends June 12



Scan to see
our complete
digital flyer



Atlantic
Superstore

Happy Victoria Day

PREPARED IN-STORE

BURGERS
PREPARED IN-STORE
SELECTED VARIETIES
17.62/KG
BURGERS
21550474_KG

CUT BY OUR BUTCHERS

T-BONE OR WING GRILLING STEAK
FAMILY SIZE, CUT FROM
UNGRADED BEEF
19.58/KG
BIFTECK D'ALOYAU OU DE CÔTE
D'ALOYAU À GRILLER
21497208_KG/21497212_KG

MUST BUY
May 16 - 19

7⁹⁹
LB

8⁸⁸
LB

SALE
SAVE \$2⁵⁰LB

PORK TENDERLOIN
CRYOVAC PKG 2'S
7.69/KG
FILET DE PORC
20520970_KG

3⁴⁹
LB

SALE
SAVE \$2

SEEDLESS WATERMELON
PRODUCT OF U.S.A. OR MEXICO
11 LB AVERAGE
MELON D'EAU SANS PÉPINS
20067326001_EA

6⁹⁹
11 LB AVG

SALE
SAVE \$2⁵⁰LB

FRESH ATLANTIC SALMON FILLETS
FAMILY SIZE
24.23/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY.
FILETS DE SAUMON DE
L'ATLANTIQUE FRAIS
20720665_KG

10⁹⁹
LB

SALE
SAVE \$2

BULK CORN
PRODUCT OF U.S.A. NO. 1 GRADE
MAÏS EN VRAC
20131170001_EA

69¢

BUY 2 OR MORE

WONDER BREAD OR BUNS
SELECTED VARIETIES
AND SIZES
PAIN OU PETITS
PAINS WONDER
20305674_EA
20297455_EA
20305135_EA

\$3^{EA.}
LESS THAN 2 \$3.49 EA.

SAVE
AT LEAST \$1

CAVENDISH FARMS
PREMIUM FRIES
400-750 G FROZEN
OR PC[®] OR BLUE MENU[®]
KETCHUP 750 ML/1 L
SELECTED VARIETIES
Frites de Qualité
Supérieure Les
Fermes Cavendish
OU **KETCHUP PC[®]** OU
MENU BLEU[™]
20090124_EA/20729779_EA

2⁹⁹

SAVE
\$3

SCOTSBURN FAMILY
FAVOURITES ICE CREAM
1.5 L OR **CHAPMAN'S**
COLLECTION 6/8'S SELECTED
VARIETIES FROZEN
CRÈME GLACÉE FAVORIS
DE LA FAMILLE OU
COLLECTION CHAPMAN'S
20660078001_EA/20323757001_EA

\$3

SAVE
THIS WEEK

COCA-COLA OR
PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
BOISSONS GAZEUSES
COCA-COLA OU PEPSI
20308197001_C24
20306687002_C24

11⁴⁹

WHEN YOU BUY 2
SAVE 98¢

PC[®] NATURAL
SPRING WATER
24X500 ML
EAU DE SOURCE
NATURELLE PC[®]
20137898_C24

2/\$5
LESS THAN 2 \$2.99 EA.

WHEN YOU BUY 2
SAVE 98¢

LAY'S POTATO
POPPABLES
130-235 G OR
PRINGLES, SUPER
STACKS 148-156 G
SELECTED
VARIETIES
CROUSTILLES,
POPPABLES LAY'S
OU SUPER STACK
PRINGLES
21003823_EA/21241032_EA

2/\$6
LESS THAN 2 \$3.49 EA.

Flyer prices effective from Thursday, May 16th to Wednesday, May 22nd, 2024. SEE BACK PAGE FOR DETAILS.

RA NSP 1



CHRISTIE KID'S COOKIES
SELECTED VARIETIES
180-225 G
BISCUITS POUR ENFANTS CHRISTIE
20303703002_EA/20303703003_EA

Members save
\$1.50

Optimum
Members-Only Price
2.49
Non-members
3.99



PC® OR BLUE MENU®
ENTRÉES OR BOWLS
SELECTED VARIETIES
FROZEN
212-365 G
PLATS CUISINÉS OU BOLS
PC™ OU MENU BLEU™
20312253001_EA/20839096_EA

Members save
\$2

Optimum
Members-Only Price
2.99
Non-members
4.99



HUGGIES WIPES, DIAPERS,
PULL UPS AND GOODNITES
TRAINING PANTS
SELECTED VARIETIES
COUCHES HUGGIES
OU PAMPERS
20963841_EA/21456748_EA

Optimum
10,000
for every '50'
spent on

\$10
Value



PAMPERS, WIPES, TRAINING PANTS OR DIAPERS
SELECTED VARIETIES
LINGETTES, CULOTTES D'ENTRAÎNEMENT
OU COUCHES PAMPERS
20304474001_EA/21370844_EA

Optimum
10,000
for every '50'
spent on

\$10
Value



HUGGIES OR PAMPERS DIAPERS
SELECTED VARIETIES
62-174'S
COUCHES HUGGIES
OU PAMPERS
21456492_EA/21551525_EA

Optimum
3,000

Members save
\$3

34.99



LACTANTIA BUTTER
SELECTED VARIETIES
454 G
BEURRE LACTANTIA
20296112005_EA/2063926_EA

SALE
SAVE \$1
5.99



SHOPSY'S DELI-FRESH WIENERS
375 G
SAUCISSES FUMÉES
DELI-FRESH SHOPSY'S
21094890_EA

\$4



SHRIMP SKEWERS
PLAIN OR MARINATED
PREVIOUSLY FROZEN
55 G
BROCHETTES DE CREVETTES
21204855_EA

SALE
SAVE \$1
\$1



ASTRO OR YOPLAIT PROTEIN
YOGURT 625/750 G,
SIGGIS OR YOPLAIT
YOGURT 4X100 G
SELECTED VARIETIES
YOGOURT AVEC PROTÉINES
ASTRO OU YOPLAIT, YOGOURT
SIGGIS OU YOPLAIT
20165226001_EA/21587047_EA

3.99



FERRERO ROCHER
TABLET
SELECTED VARIETIES
90 G
BARRES
FERRERO ROCHER
21428863_EA/21570452_EA

2/6.50
LESS THAN 2
\$3.99 EA.



NESTLÉ DRUMSTICK 4'S OR
CONFECTIONERY FROZEN
DESSERT 1.5 L OR BARS 4-10'S
SELECTED VARIETIES
FROZEN
DRUMSTICK OU DESSERT GLACÉ
OU BARRES DE CONFISERIE
NESTLÉ
20322380001_EA/20324757003_EA

SAVE
AT LEAST 95¢
4.99



NO NAME® PIZZA
SELECTED VARIETIES
FROZEN
369-411 G
PIZZA SANS NOM®
21541429_EA/21541441_EA

3.49



CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
THON BLANC CLOVER LEAF
20167571_EA/20326358001_EA

SALE
SAVE \$1.80
2.49



KETTLE POTATO CHIPS
SELECTED VARIETIES
198 G
CROUSTILLES KETTLE
21520692_EA/21589837_EA

WHEN YOU BUY 2
SAVE 98¢
2/\$4
LESS THAN 2
\$2.49 EA.



MADEGOOD GRANOLA
OR MORNINGS BARS,
SOFT BAKED COOKIES,
MINIS OR SQUARES
SELECTED VARIETIES
110-150 G
GRANOLA OU BARRES
MORNINGS, BISCUITS
TENDRES, MINI OU
CARRÉS MADEGOOD
21425468_EA/20797052001_EA

3.99



MOTT'S CLAMATO
JUICE 1.89 L OR
OCEAN SPRAY
100% JUICE BLEND
OR COCKTAIL 1.77 L/1.89 L
SELECTED VARIETIES
JUS CLAMATO MOTT'S OU
MÉLANGE À JUS 100 % OU
COCKTAIL OCEAN SPRAY
20300006008_EA/21575328_EA

3.99



IRISH SPRING OR IVORY BAR
SOAP 6X104 G/ 10X90 G OR
IRISH SPRING, SOFTSOAP OR
IVORY BODY WASH 591/621 ML
SELECTED VARIETIES
PAIN DE SAVON IRISH SPRING OU
IVORY OU NETTOYANT POUR
LE CORPS IRISH SPRING,
SOAFTSOAP OU IVORY
20347887002_EA/21219375_EA

4.49

20% off
BULK FOODS
Variable weight, selected varieties
in the bulk foods department

BUY 2
GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
475-778 G
CÉRÉALES GENERAL MILLS
21103492_EA/21103495_EA **5.99**

GET 1 FREE
LIBERTÉ KEFIR OR CLASSIQUE DRINK
SELECTED VARIETIES
1 L
KEFIR OU BOISSON CLASSIQUE LIBERTÉ
VALUE OF \$6.99
21216416_EA/21431052_EA

CUSTOMER RELATIONS 1-866-727-0771. VISIT atlanticsuperstore.ca FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements are subject to change without notice. Prices are subject to change without notice. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. †PRICE DROP offer valid in-store at participating locations between May 16 - June 12, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



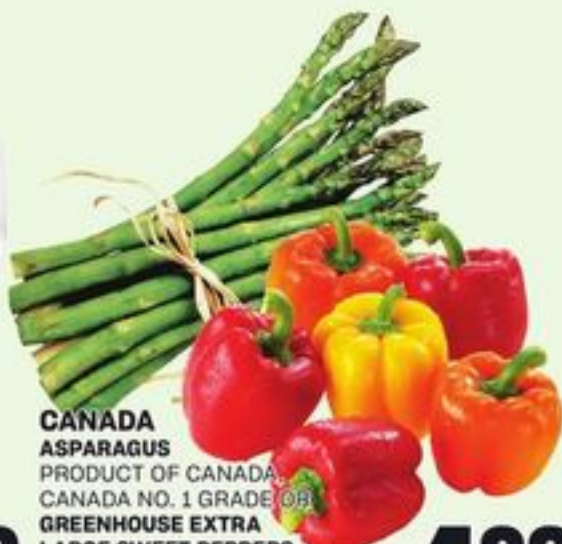
RA BACK

Produce



PC[®] EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF CHILE,
NO. 1 GRADE
8.80/KG
TRES GROS RAISINS ROUGES SANS PÉPINS PC[™]
20159195001_KG

3⁹⁹
LB



CANADA ASPARAGUS
PRODUCT OF CANADA
CANADA NO. 1 GRADE OR
GREENHOUSE EXTRA LARGE SWEET PEPPERS
PRODUCT OF CANADA
11.00/KG
ASPERGES OU TRES GROS POIVRONS DE SERRE
20174581001_KG/20007535001_KG

4⁹⁹
LB



RED MANGO
PRODUCT OF MEXICO
EACH
MANGUE ROUGE
20059635001_EA

Optimum
Members-Only Price
1⁴⁹
Non-members
1⁹⁹



FARMER'S MARKET[™] GRAPE TOMATOES 283 G
PRODUCT OF MEXICO OR
MINI CUCUMBERS 6'S
PRODUCT OF CANADA
TOMATES RAISINS OU MINI-CONCOMBRES DÉLICÉS DU MARCHÉ[™]
21367888001_EA/20737570001_EA

3⁴⁹



FARMER'S MARKET[™] MINI CARROTS
PRODUCT OF U.S.A.,
NO. 1 GRADE
2 LB
CAROTTES MINIATURES DÉLICÉS DU MARCHÉ[™]
20031454001_EA

4⁹⁹



ATEMOYA
PRODUCT OF BRAZIL OR
BLUEBERRIES
PRODUCT OF MEXICO
PINT
ATEMOYA OU BLEUETS
20965690001_EA/20080137001_EA

3⁹⁹



JUMBO CHERRIES
PRODUCT OF U.S.A.
22.02/KG
CERISES GÉANTES
20159690001_KG

9⁹⁹
LB



MARZETTI DIPS
PRODUCT OF U.S.A.,
SELECTED VARIETIES
254-340 G
TREMPETTES MARZETTI
20080394_EA/
20322970_EA

2/\$11
LESS THAN 2 \$5.99 EA.



CANADA GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF CANADA
4.39/KG
TOMATES DE SERRE SUR VIGNE
20026703001_KG

1⁹⁹
LB



PREMIUM SALADS
SELECTED VARIETIES
245-367 G
SALADES DE QUALITÉ SUPÉRIEURE FRAÎCHES
21237366_EA/21237411_EA

MADE FRESH IN-STORE
\$7

Butcher



CANADA TOP SIRLOIN OVEN ROAST
CUT FROM CANADA AA GRADE BEEF OR HIGHER
26.43/KG
RÔTI DE HAUT DE SURLONGE
20796098_KG

11⁹⁹
LB



CANADA PC[®] BLUE MENU[™] CHICKEN BREAST
BONELESS SKINLESS AIR CHILLED 3'S
POITRINE DE POULET PC[™] MENU BLEU[™]
21340952_EA

air chilled
\$13



PC[®] BLUE MENU[™] GROUND CHICKEN OR GROUND TURKEY
454 G
DINDE OU POULET HACHÉ PC[™] MENU BLEU[™]
21100091_EA/21100092_EA

2/\$14
LESS THAN 2 \$10 EA.



CANADA BEEF STIR FRY STRIPS
CUT FROM CANADA AA GRADE BEEF OR HIGHER
250 G
LANIÈRES DE BŒUF À SAUTER
21588067_EA

\$7



MARINATED PORK TENDERLOIN
11.00/KG
FILET DE PORC MARINÉ
20636671_KG

4⁹⁹
LB



MAPLE LODGE FARMS ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
500 G
SAUCISSES DE POULET ULTIMATE MAPLE LODGE
21378310_EA/21378346_EA

6⁹⁹



SUFRA[®] HALAL CHICKEN LEGS
BACK ATTACHED
1.6 KG
CUISSES DE POULET HALAL SUFRA[™]
21430577_EA

\$12



PC[®] NATURALLY SMOKED BACON
375-500 G OR PC[®] STREET CART SAUSAGE 500 G
SELECTED VARIETIES
BACON FUMÉ NATURELLEMENT PC[™] OU SAUCISSES CLASSIQUES KIOSQUE RUE PC[™]
20152629_EA/21525048_EA

5⁹⁹



PC[®] PIES OR JANES PUB STYLE BREADED CHICKEN 700 G
SELECTED VARIETIES
FROZEN
PÂTES PC[™] OU POULET PANÉ STYLE PUB JANES
20003749_EA/
21191828_EA

13⁹⁹



PC[®] HORS D'OEUVRES COLLECTION
SELECTED VARIETIES[™]
FROZEN
225-800 G
COLLECTION DE HORS-D'OEUVRE PC[™]
20698133_EA/
21116020_EA

2/\$20
LESS THAN 2 \$10.99 EA.

Seafood

Fresh seafood items subject to availability.



HADDOCK FILLETS
FROZEN OR PREVIOUSLY FROZEN
22.02/KG
FILETS D'AIGLEFIN
21093350_KG

9⁹⁹
LB



CANADIAN COVE MUSSELS
FRESH
907 G
MOULES CANADIAN COVE
21556624_EA

5⁹⁹



SEAQUEST[®] COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK[™] 16-20 PER LB
300 G OR CALAMARI RINGS UNCOOKED 340 G FROZEN
CREVETTES BLANCHES DU PACIFIQUE COLOSSALES OU RONDELLES DE CALMAR SEAQUEST[®]
20027170_EA/21043887_EA

7⁴⁹



PC[®] PEI MUSSELS IN SAUCE 907 G
SELECTED VARIETIES OR BATTERED HADDOCK BITES 454 G FROZEN
MOULES DE L'I.-P.-É EN SAUCE OU BOUCHÉES D'AIGLEFIN EN PÂTES
20838560_EA/
21481247_EA

10⁹⁹

Bakery



FARMER'S MARKET™ COOKIES
SELECTED VARIETIES
12'S
BISCUITS DÉLICÉS DU MARCHÉ™
20566774_EA

5⁹⁹



PC® S'MORES CREAM PIE
FROZEN
730 G
TARTE À LA CRÈME S'MORES PC™
21574358_EA

10⁹⁹



FARMER'S MARKET™ BUTTER CROISSANTS
SELECTED VARIETIES
6'S
CROISSANTS AU BEURRE
DÉLICÉS DU MARCHÉ™
20975943_EA

\$5



BAKED IN-STORE
MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH
SELECTED VARIETIES
4'S
MINI-CHAUSSON TRESSÉ OU DANOISÉ ÉRABLE ET PACANES
21464142_EA/21464199_EA

4⁴⁹



BAKED IN-STORE
BAGUETTE
WHITE OR WHOLE WHEAT
255 G
BAGUETTE
21529211_EA

1⁵⁰



PC® FLATBREAD 220/300 G OR SURAJ® NAAN 5'S
SELECTED VARIETIES
PAIN PLAT PC™ OU NAAN SURAJ®
20910042_EA/21051353_EA

\$3



FURLANI TEXAS TOAST, GARLIC OR GARLIC PARM ROLLS 312/340 G
SELECTED VARIETIES
TEXAS TOAST À L'AIL OU AIL ET PARMESAN FURLANI OU PETITS PAINS KING'S HAWAIIAN
20041579_EA/21479970_EA

4⁴⁹



D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
PAIN OU PETITS PAINS D'ITALIANO
20038335_EA/20627101_EA/20627103_EA

BUY 2 OR MORE
3²⁵
LESS THAN 2 \$3.99 EA.

Great to go

Great to go items plus applicable taxes.



CHICKEN, FAJITA OR TANDOORI TACO TRAYS
SELECTED VARIETIES
1-1.1 KG
PLATEAUX DE TACOS AU POULET, FAJITA OU TANDOORI
21395977_EA/21595419_EA

\$20



CHICKEN WINGS AND WEDGES BUCKET
1.2-2.12 KG
SEAU DE 36 AILES DE POULET ET FRITES EN QUARTIERS
21541872_EA/21541877_EA

\$28



PARTY PLATTERS
SELECTED VARIETIES
696 G/1.8 KG
PLATEAUX DE CÉLÉBRATION
21217521_EA/21217522_EA

\$25



PC® NATURAL CHOICE™ OR BLUE MENU™ SLICED DELI MEATS 175 G OR PC® CHEESE SLICES 140-170 G
SELECTED VARIETIES
CHARCUTERIES TRANCHÉES PC™ LE CHOIX NATUREL™ OU MENU BLEU™ OU TRANCHES DE FROMAGE PC™
20216643_EA/20310580_EA

6⁴⁹



PREMIUM SALADS
425-454 G
SALADES DE QUALITÉ SUPÉRIEURE
21544608_EA/21544611_EA

\$5



ZIGGY'S® PASTA
SELECTED VARIETIES
1 KG
PÂTES ZIGGY'S®
21521156_EA

10²⁹



SCHNEIDERS PEPPERETTES
SELECTED VARIETIES
250-375 G
PEPPERETTES SCHNEIDERS
20976093_EA/20976110_EA

7⁹⁹
Non-members **10⁹⁹**



PC® CHICKEN SERVICE CASE MEATS
SELECTED VARIETIES
POULET PC™ POUR LE COMPTOIR DE SERVICE
20301114_KG

2⁹⁹
/100 G

BUY
RAW SALMON OR CHICKEN ENTRÉES 472-637 G
SAUMON CRU OU PLATS CUISINÉS DE POULET
21533960_EA/1595451_EA



FROM \$12

GET 1 50% OFF
RAW SIDE 545-865 G
PLATS D'ACCOMPAGNEMENT NON CUIITS
21595452_EA



NORWEGIAN JARLSBERG CHEESE FROMAGE JARLSBERG NORVÉGIEN
21388103_KG

2⁹⁹
/100 G



BABYBEL 6'S OR THE LAUGHING COW 8'S
SELECTED VARIETIES
BABYBEL OU LA VACHE QUI RIT
20319107_EA/20574332_EA

2/\$9
LESS THAN 2 \$4.99 EA.

Floral



5,000⁹⁹ when you buy 2
\$5 Value

10 STEM TULIPS
ASSORTED VARIETIES
10 TULIPES SUR TIGE
21524898_EA/21523713_EA

FROM \$10



SIGNATURE GIFT BOUQUETS
SELECTED VARIETIES
BOUQUETS-CADEAUX SIGNATURE
21087812_EA/21087813_EA

\$24



ALOE VERA 4 INCH POT ALOËS
21047366_EA

\$10



DOUBLE SPIKE ORCHID IN CERAMIC
SELECTED VARIETIES
EACH
ORCHIDÉE À DEUX TIGES DANS UN POT EN CÉRAMIQUE
20293541_EA

\$28

Garden Centre Open Victoria Day

7AM - 6PM



Forest Glen Greenhouses

Forest Glen Greenhouses was started in 1985 by Lee and Judy Thompson with a small backyard operation located in Brookfield, NS. Now, joined by their daughter, Megan and son in law, Jason, the family business has grown into a seven-acre, gutter connect greenhouse facility. Forest Glen specializes in growing Annuals, Perennials, Vegetables, Herbs, Mums and Poinsettias.

PC[®] DELUXE ANNUAL HANGING BASKET
SELECTED VARIETIES
11 INCH
20753918_EA

2/\$36
LESS THAN 2 \$20 EA.

PC[®] JUMBO ANNUAL HANGING BASKET
SELECTED VARIETIES
20753924_EA

2/\$55
LESS THAN 2 \$32 EA.

PC[®] WINDOW BOX PLANTER
SELECTED VARIETIES
24 INCH
20753920_EA

\$32

MIX AND MATCH
PC[®] GIGANTICO[™] ANNUALS OR HERBS OR VEGETABLES
SELECTED VARIETIES
4.33 INCH
21352664_EA/21350302_EA/21350301_EA

5/\$25
LESS THAN 5 \$5.50 EA.

PC[®] ANNUAL PLANTER
SELECTED VARIETIES
10.8 INCH
21001606_EA

\$26

PC[®] COMBO PLANTER
SELECTED VARIETIES
10 INCH
20753963_EA

\$23

PC[®] DELUXE ANNUAL PLANTER
SELECTED VARIETIES
12 INCH
20753963_EA

\$30

PC[®] SUPER GIGANTICO[™] ANNUALS
SELECTED VARIETIES
6 INCH
21352513_EA

\$9

PC[®] GIGANTICO[™] ANNUALS
SELECTED VARIETIES
4 PACK
21570281_EA

3/\$15
LESS THAN 3 \$6 EA.

PC[®] VEGETABLES IN CAGE
SELECTED VARIETIES
12 INCH
20753922_EA
20753957_EA

\$18

PERENNIALS
SELECTED VARIETIES
9 CM
21347591_EA

2/\$8
LESS THAN 2 \$4.50 EA.

PERENNIALS
SELECTED VARIETIES
13 CM
21347592_EA

2/\$14
LESS THAN 2 \$8 EA.

Our plant guarantee

Evergreens*, trees, shrubs, rose bushes and perennials* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. *Does not apply to evergreen and perennial planters in decorative containers.

100% Canadian grown



PC® VEGETABLE AND HERB SOIL
25 L
21349109_EA

2/\$12
LESS THAN 2
\$7 EA.

How do we recycle?

Empty Pots are shipped back to the greenhouse where they are compacted/ crushed.

Plastic is shredded to make pellets, which are used to make new pots and flats.

Established in 2008.

May 2 - June 19
bring back your empty pots/flats and you can earn **100 pts** for each pot or flat you return



PC® POTTING SOIL
25 L
21349090_EA

2/\$12
LESS THAN 2
\$7 EA.



PC® ENRICHED LAWN SOIL
25 L
21349080_EA

2/\$12
LESS THAN 2
\$7 EA.



NO NAME® ALL-PURPOSE SOIL
50 L
21358664_EA

2/\$20
LESS THAN 2
\$11.50 EA.



NO NAME® CEDAR MULCH AVAILABLE IN NATURAL, BLACK OR RED
42.5 L
21358531_EA
21358573_EA

3/\$12
LESS THAN 3
\$4.50 EA.



PLANT FOOD FERTILIZER OR GRASS SEED
SELECTED VARIETIES AND SIZES
21567431_EA
21359480_EA



\$8-25



GARDEN DÉCOR AND POTS
SELECTED SIZES
EACH
21570498_EA
21570439_EA



GARDEN TOOLS AND WATERING ACCESSORIES
SELECTED VARIETIES AND STYLES
EACH
21570571_EA
21570637_EA



PC® YARD WASTE BAGS
5'S
20429980_EA

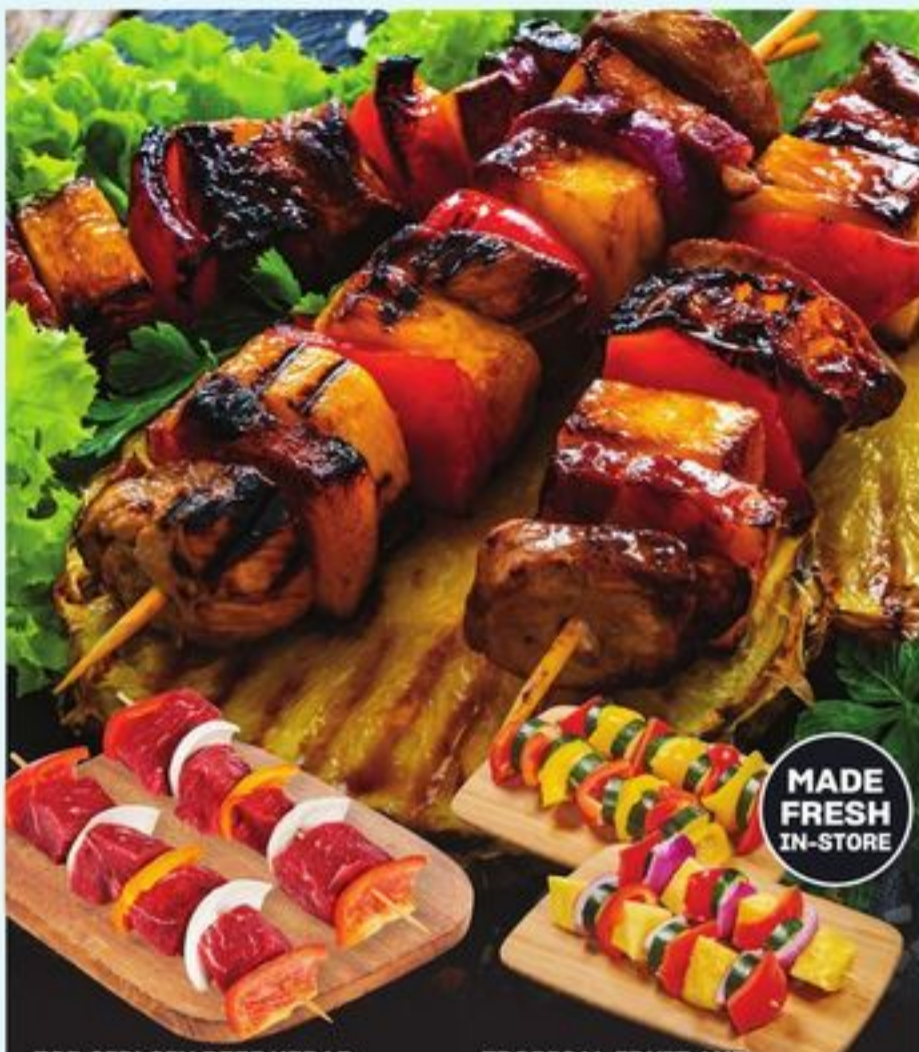
2/\$8
LESS THAN 2
\$4.99 EA.

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Long weekend essentials



TOP SIRLOIN BEEF KEBAB
CUT FROM CANADA AA
GRADE BEEF OR HIGHER
30.84/KG
21462765_KG

13⁹⁹
LB

**TROPICAL FRUIT AND
VEGETABLE KEBABS**
SELECTED VARIETIES
2'S
21456957_EA/21456947_EA

\$6



Mix and match

PC[®] BURGERS
SELECTED VARIETIES, FROZEN
568 G-1.36 KG
20941230_EA/20941443_EA

2/\$30
LESS THAN 2
\$16.99 EA.



**PC[®] GRILLING RAW
SHRIMP SKEWERS**
SELECTED VARIETIES
FROZEN
360 G
21283307_EA/21517019_EA

11⁹⁹



**DEMPSTER'S
HAMBURGER OR
HOT DOG BUNS**
8'S
21418959_EA/21418962_EA

3⁴⁹



**40 WINGS NAKED
OR BREADED**
AVAILABLE UN-SAUCE
OR YOUR CHOICE OF
SAUCE (INCLUDES
CELERY & CARROTS)
21559246_EA

\$45



**IN-STORE PREPARED
CLASSIC ITALIAN
STYLE OR PULLED PORK
SLIDERS**
716/853 G
21562105_EA/21595416_EA

\$15



**SANDWICH
OR WRAP
PLATTERS**
1.1-3.4 KG
21557919_EA/
21558137_EA

\$20-25



**VEGETABLE SAMOSA
PLATTERS**
12 PACK
21558737_EA

\$12



**12-PIECE CHILLED
PACK OUT WINGS
WITH ANY PIZZA
OR FLATBREAD**
21532556_EA/21456401_EA

\$20



**MEDIUM CLASSIC
SERVICE CASE SALADS**
SELECTED VARIETIES
400 G
20096760_EA/21595710_EA

2/\$8
LESS THAN 2
\$5 EA.



**GOURMET
BAGUETTE,
DELUXE SUB
OR WRAPS
LARGE
PLATTER**
21558211_EA/
21558212_EA

\$55-65



FRIED TORTILLA CHIPS
450 G OR FRESH
GUACAMOLE 320 G
21534615_EA/21525868_EA

\$5



**PC[®] SMOKIN'
STAMPEDE[®] BBQ
SAUCE**
SELECTED VARIETIES
500 ML
21021473_EA/21021521_EA

3⁴⁹



**PC[®] MEMORIES OF[®]
SAUCE**
SELECTED VARIETIES
350 ML
20311313001_EA/
20311313008_EA

4⁹⁹



PC[®] CROUTONS
SELECTED
VARIETIES
140 G
20796248001_EA

2/\$7
LESS THAN 2
\$3.99 EA.



**STONE FIRE NAAN
CRISPS 170 G OR PC[®]
MINI HUMMUS 228 G**
SELECTED VARIETIES
20754856_EA/21565050_EA

2/\$7
LESS THAN 2
\$4 EA.



**PC[®] READY TO EAT
POPCORN OR KETTLE
COOKED, LOADS OF
FLAVOUR OR WORLD
OF FLAVOUR POTATO
CHIPS OR PC[®]
GARDEN STIX**
SELECTED VARIETIES
142-250 G
20910769_EA/21422931_EA

2/\$6
LESS THAN 2
\$3.49 EA.



PC[®] MINI CANS
SELECTED VARIETIES
6X222 ML
21093763_C06/21094147_C06

2/\$6
LESS THAN 2
\$3.49 EA.



**PC[®] BLUE MENU
OR PC[®] SPARKLING
WATER**
SELECTED
VARIETIES
12X365 ML
20668034002_C01
21518575_C01

2/\$9
LESS THAN 2
\$4.99 EA.

Long weekend treats

PC® ICE CREAM SHOP
ICE CREAM
SELECTED VARIETIES
FROZEN
946 ML
21575127_EA/21575303_EA

\$4

PC® BLACK LABEL
ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
20604543004_EA/20604543004_EA

\$4

PC® COOKIE DOUGH
ICE CREAM BITES
SELECTED VARIETIES FROZEN
6'S
21506998_EA/21507016_EA

\$5

PC® MOCHI
FROZEN DESSERT
SELECTED VARIETIES
6'S
21166581_EA/21167338_EA

5⁴⁹

PC® WAFFLE BOWLS
OR CONES
SELECTED VARIETIES
135/205 G
21263795_EA/21263798_EA

4⁴⁹

PC® SYRUP
SQUEEZABLE BOTTLE
SELECTED VARIETIES
428 ML
20338077_EA/20339669_EA

5⁴⁹

NO NAME®
ICE CREAM
SANDWICHES OR BARS
CLUB SIZE
SELECTED VARIETIES
FROZEN
24/30'S
2034740002_EA/21013432_EA

\$10

NO NAME® ICE MILK
SELECTED VARIETIES
FROZEN
4 L
20015284003_EA

7⁹⁹

NO NAME® ICE CREAM
CONES OR CUPS
SELECTED VARIETIES
75-80 G
21203830_EA/21203883_EA

\$2

CHAPMAN'S SUPER PREMIUM PLUS
ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
21511147_EA/21511200_EA

4⁹⁹

CHAPMAN'S SUPER NOVELTIES
SELECTED VARIETIES
FROZEN
20072328002_EA/20111532_EA

5⁹⁹

MAGNUM BARS
SELECTED VARIETIES
FROZEN
4'S
20342005003_EA/20950739_EA

4⁹⁹

NO NAME® WHIPPED TOPPING
SELECTED VARIETIES
FROZEN
1 L
20113422001_EA

3⁹⁹

NO NAME® MARSHMALLOW
SELECTED VARIETIES
400 G
20304672001_EA/21023141_EA

2/\$7
LESS THAN 2 \$3.99 EA.

PC® CHOCOLATE BARS
SELECTED VARIETIES
90-100 G
20024823_EA/20313501_EA

2/\$4.50
LESS THAN 2 \$2.79 EA.



Insiders Report™

Must Try

Welcome to our Best Summer Yet!

APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

2,000^{pts} \$2 Value



PC[®] FLAVOURED ICE POPS
SELECTED VARIETIES
FROZEN
6X60 ML
21575381_EA

\$5



6 x 60 mL 6 FLAVOURED ICE POPS
KEEP FROZEN
✓ NO ARTIFICIAL FLAVOURS
NO ARTIFICIAL COLOURS

new

APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

\$8 VALUE

Up to 8,000^{pts} are up for grabs

Collect 5,000^{pts} (1,000 points per participating product)

+ BONUS 3,000^{pts} for buying all five!



Click to open the PC Optimum™ app

Ends June 12

pts pts pts pts pts pts pts pts pts pts pts pts

APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

2,000^{pts} \$2 Value



PC[®] CHOPPED SALAD KITS
PRODUCT OF U.S.A.
SELECTED VARIETIES
285-369 G
21378085_EA

5⁹⁹



285 g 333 g 68 mL SALAD KIT DE SALADE

Must Try



PC[®] PORK BELLY BURNT ENDS
FROZEN
500 G
21565531_EA

\$14

Must Try



PC[®] BARESE SAUSAGE
250 G
21576127_EA

\$6

Must Try



PC[®] CHICKEN YAKITORI
480 G
21575909_EA

\$17

Must Try



PC[®] CINNAMON SUGAR OR CHILI LIME PINEAPPLE SKEWERS
FROZEN
300 G
21560146_EA/21560219_EA

\$5

Must Try



PC[®] SWEET & SMOKY BARBECUE BUTTERFLIED BLACK TIGER SHRIMP
FROZEN
360 G
21559382_EA

\$15

Must Try



PC[®] CHEESE OR MUSHROOM FRUSTA
FROZEN
2X165 G
21549514_EA/21549100_EA

\$6

\$5

Must Try



PC[®] CHICKEN MASALA ON RICE, CHICKEN YELLOW CURRY ON RICE OR CHICKEN BUN CHA
FROZEN
300 G
21565933_EA/21565869_EA/21566111_EA



Must Try



PC[®] BLACK LABEL WHITE BARBECUE SAUCE
350 ML
21589265_EA

4⁵⁰

Must Try



PC[®] M'AQUA COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21590669_C06
21590689_C06

4⁵⁰

Must Try



PC[®] CHURRO FLAKE OUTS[™] CROISSANT DONUTS
224 G
21590246_EA

\$7



Insiders Report™ 100+ new items for summer

Pick them up today



new



PC® CREAMY DILL PICKLE SLAW KIT 301 G 21588279_EA

5⁹⁹

new



PC® TANDORI SEASONED FULLY COOKED WHOLE CHICKEN 900 G 21587735_EA

12⁹⁹



Insiders Report™

Make summer an on-budget breeze



Click or Scan to Discover More



new



PC® OAK-SMOKED CITRUS AND GIN SCOTTISH ATLANTIC SALMON 125 G 21576457_EA

10⁹⁹

new



PC® BRIOCHE SESAME BUNS 300 G 21576538_EA

4⁹⁹

new



PC® MONTREAL STEAK SPICE SEASONED PIZZA MOZZARELLA AND CHEDDAR CHEESE BLEND 320 G 21575868_EA

5⁹⁹

new



PC® MILK CHOCOLATE COVERED STRAWBERRIES OR BANANAS SELECTED VARIETIES FROZEN 200 G 21544053_EA 21544055_EA

5⁴⁹



PC® STREET CART SAUSAGE CHEDDAR OR ORIGINAL 500 G 21525048_EA/21525049_EA

6⁹⁹

new



PC® INBETWEENZ™ DESSERT SQUARE SELECTED VARIETIES 312 G 21592641_EA

\$8

new



PC® FROSTOVERS™ HAND PIE SELECTED VARIETIES 150 G 21588644_EA

4⁴⁹



PC® SMOKIN' STAMPEDE FUMÉ CORN RIBS FROZEN 500 G 21520140_EA

\$5

new



PC® SPARKLING DEALCOHOLIZED APPLE OR PEAR CIDER BEVERAGE SELECTED VARIETIES 4X330 ML 21588266_C04 21588277_C04

7⁵⁰

new



PC® DARK ALE OR IPA LOW ALCOHOL BEER (LESS THAN 0.5% ALC./VOL.) 4X355 ML 21588335_C04 21589408_C04

\$6



PC® LEMONADE SELECTED VARIETIES 1.89 L 20772870001_EA 21425929_EA

2/5⁵⁰ LESS THAN 2 \$3.49 EA.

new



PC® SAMOSA LAYERED DIP 350 G 21588729_EA

5⁹⁹



PC® DIPS OR HUMMUS 190-227 G OR PC® NAAN DIPPERS 200 G SELECTED VARIETIES 20584097_EA 21092033_EA

2/\$7 LESS THAN 2 \$4 EA.



PC® MINI NAAN TRADITIONNAL OR GARLIC SELECTED VARIETIES 4'S 21076210_EA 21076234_EA

3⁴⁹

Grocery



2/\$9
LESS THAN 2
\$5.49 EA.

BETTY CROCKER DUNKAROOS 168 G,
NATURE VALLEY MUFFIN BAR 175 G,
NATURE VALLEY CRUNCHY DIP 132 G OR
PC® BLUE MENU® PEANUT BUTTER 750 G
SELECTED VARIETIES
20057669001_EA/21449886_EA



4²⁹

QUAKER CEREAL
SELECTED VARIETIES
288-500 G
20637355_EA/21082500_EA



6⁹⁹

STARBUCKS
COFFEE ENHANCERS
SELECTED VARIETIES
828 ML
21359473_EA/21436900_EA



3⁹⁹

KOZY SHACK
RICE PUDDING
SELECTED VARIETIES
452-678 G
20323829001_EA/20325154001_EA



7⁹⁹

STARBUCKS ICED
COFFEE 1.18/1.42 L OR
IÖGO YOGURT 16X100 G
SELECTED VARIETIES
20609583001_EA/21215530_EA



6⁹⁹

BLACK DIAMOND
CHEESE BARS
400 G OR SHREDS
300-320 G
SELECTED VARIETIES
20297818003_EA/21279221_EA



3⁹⁹

BAXTER OR
SCOTSBURN SOUR CREAM
SELECTED VARIETIES
500 ML
21381063_EA/21381251_EA



4⁹⁹

CRACKER BARREL
CHEESE SLICES
SELECTED VARIETIES
220/240 G
21290705_EA



2/\$10
LESS THAN 2
\$5.49 EA.

MISS VICKIE'S
KETTLE COOKED
POTATO CHIPS
OR SMARTFOOD
POPCORN
SELECTED
VARIETIES
150-250 G
21240703_EA
20972859_EA



2/7⁵⁰
LESS THAN 2
\$3.99 EA.

CHRISTIE
RITZ, WHEAT
THINS OR
TRISCUIT
CRACKERS
SELECTED
VARIETIES
175-454 G
21030905_EA
21547034_EA



3⁴⁹

PC® CRACKERS
142-225 G OR
SWISS STICKS 100 G
SELECTED VARIETIES
20538543003_EA/20588938003_EA



2/\$7
LESS THAN 2
\$4.29 EA.

DARE
ULTIMATE COOKIES,
VIVA PUFFS, WHIPPET
OR WAGON WHEELS
SELECTED VARIETIES
230-360 G
20025850002_EA
20419986001_EA



8⁹⁹

TETLEY TEA 80'S OR
1850 GROUND OR
BEAN COFFEE 340 G
SELECTED VARIETIES
20711164_EA/21196935_EA



12⁹⁹

BALZAC'S GROUND OR
WHOLE BEAN COFFEE
300/340 G OR
DAVID'S TEA
MATCHA SINGLE
SERVE 78 G
SELECTED
VARIETIES
20987612_EA
21405691_EA



4⁹⁹

JORDAN'S CEREAL
SELECTED VARIETIES
375-400 G
21522230_EA/21522267_EA



3⁴⁹

QUE PASA CHIPS,
TACO SHELLS
130/350 G OR
SALSA 420 ML
SELECTED VARIETIES
21031316_EA/21410537_EA



2/\$8
LESS THAN 2
\$4.49 EA.

LYSOL TOILET CLEANER
710 ML-950 ML,
LYSOL ALL PURPOSE
CLEANERS
650 ML/1.2 L OR
LYSOL GEL 4'S
SELECTED VARIETIES
20310677001_EA
20309873002_EA



5⁴⁹

FLEECY FABRIC
SOFTENER 1.36 L OR
SHEETS 80'S,
OXICLEAN STAIN
REMOVER SPRAYS
354-636 ML OR
GEL STICK 183 ML
SELECTED VARIETIES
EACH
20043178_EA/21311876_EA



9⁹⁹

DOWNY OR GAIN
FABRIC SOFTENER 2.63 L,
BOUNCE, BEADS 379 G,
DOWNY OR GAIN SHEETS
120-200'S OR
ZIPLOC MEGA PACK BAGS
60-280'S
SELECTED VARIETIES
21196085_EA/21549966_EA



9⁹⁹

WHISKAS CAT FOOD
SELECTED VARIETIES
1.5/2 KG
20754051_EA

For your family



JERGENS LOTION, COPPERTONE SUNSCREEN, NIVEA CREAM OR BIORÉ FACE CARE SELECTED VARIETIES AND SIZES 21089622_EA/21176321_EA

SALE
SAVE UP TO
25%



J.R. WATKINS OR METHOD BODY WASH 532 ML OR J.R. WATKINS OR SOFTSOAP LIQUID HAND SOAP REFILL 828 ML-1.47 L SELECTED VARIETIES 21167194_EA/21425299_EA

6⁴⁹



DOVE, BATISTE, AVEENO OR GARNIER WHOLE BLENDS HAIR CARE OR STYLING SELECTED VARIETIES AND SIZES 20419882001_EA/20850398_EA

8⁹⁹



TAMPAX PEARL TAMPONS 18'S, ALWAYS PREMIUM INFINITY FLEX FOAM PADS 16'S OR U BY KOTEX CLICK COMPACT UNSCENTED TAMPONS 16'S SELECTED VARIETIES AND SIZES 21284541_EA/21287976_EA

2/\$8
LESS THAN 2
\$4.99 EA.



ASPIRIN 100/120'S, ALEVE 40-100'S, ALEVE-X 72 G, TYLENOL 72-150'S, MOTRIN 60/150'S OR ADVIL 40-72'S PAIN RELIEF TABLETS, CAPLETS, GELS OR RUB SELECTED VARIETIES 20077169001_EA/20328051_EA

15⁹⁹



HEAD & SHOULDERS 370 ML, OLD SPICE 400 ML OR HERBAL ESSENCE 400-600 ML HAIR CARE SELECTED VARIETIES AND SIZES 21505016_EA

5⁹⁹



DIAL BODY WASH 473 ML, FOAMING LIQUID HAND SOAP 221 ML OR LIFE BRAND LIQUID HAND SOAP 950 ML SELECTED VARIETIES 21311819_EA/21357582001_EA

2⁹⁹



ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES 20814896_EA/210333778_EA

16⁹⁹



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE, POLIDENT TABLETS 84-96'S, ORAL-B BATTERY TOOTHBRUSH, CREST PRO HEALTH OR SCOPE MOUTHWASH OR CREST GUM DETOXIFY TOOTHPASTE SELECTED VARIETIES AND SIZES 20437569002_EA/20558749_EA

7⁴⁹



SIX STAR WHEY PROTEIN SELECTED VARIETIES 821/907 G 21559849_EA/21559977_EA

\$5 Value
5,000⁰⁰



COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSHES, MANUAL TOOTHBRUSHES, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES 21220587_EA/21517424_EA

5⁹⁹

For your baby



PC® CLUB PACK® BABY WIPES 1200'S,
HUGGIES, PAMPERS 6, 9, 10'S
OR BABY WIPES 336-720'S
SELECTED VARIETIES
21432245_EA

\$20



HELLO BELLO OR
MILLIE MOON DIAPERS
SELECTED VARIETIES, CLUB SIZE
21280046_EA/21520459_EA

24⁹⁹



ENFAMIL A+ BABY FORMULA
POWDER REFILL
STAGE 1 & STAGE 2
SELECTED VARIETIES
992 G
20435527002_EA/20435527003_EA

54⁹⁹



PC® ORGANICS
BABY FOOD POUCHES
SELECTED VARIETIES
128 ML
20651248004_EA/210651270002_EA

5/\$7
LESS THAN 5
\$1.79 EA.



BABY GOURMET SNACKS AND
BARS 40-90 G OR JARS 113 ML
SELECTED VARIETIES
21123961_EA/21414273_EA

20%
SALE
SAVE UP TO



Q-TIPS COTTON SWABS
500'S
20323077001_EA

4⁴⁹



SIMILAC STAGE 1 & 2
READY TO FEED
BABY FORMULA
SELECTED VARIETIES
16X235 ML
21334696_C01/21334752_C01

51⁹⁹



HELLO BELLO 10X WIPES
SELECTED VARIETIES
600'S
21280051_EA

19⁹⁹

Pampers

UP TO **100%** LEAKPROOF PROTECTION

34⁹⁹ Swaddlers
diapers
selected varieties
and sizes
21455869_EA

36⁹⁹ Easy Ups
Training Pants
selected varieties
and sizes
21089194_EA

26⁹⁹ Ninjamas
Nighttime Underwear
selected varieties
and sizes
21308929_EA

pull-Ups

SIMPLIFY THE POTTY TRAINING JOURNEY

\$36⁹⁹
Pull-Ups® training pants
selected varieties 66-104's
21021427_EA

HUGGIES

natural care

DO NOT FLUSH

Thicker & more absorbent
for a gentle clean*

\$8⁹⁹
Huggies® wipes
selected varieties
168-192's
20558604_EA

Seasonal

BUY 1 GET 1 50% OFF

LIFE AT HOME OUTDOOR
DINNERWARE, SERVEWARE
AND DRINKWARE
SECOND ITEM MUST BE OF
EQUAL OR LESSER VALUE
\$4-24
21538945_EA/21541068_EA



BUY 1 GET 1 50% OFF

LIFE AT HOME™ ACCENT, SEAT OR
HIGH BACK PATIO CUSHIONS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL
OR LESSER VALUE
\$16-39
21527871_EA/21527880_EA



PAPLUX CAMP CHAIR
SELECTED VARIETIES
21456922_EA

Members
save
\$10

Optimum
Members-Only Price™
\$69
Non-members
\$79

Optimum
6,000 Ⓢ
for every '18'
spent on

\$6
Value

OFF! OR RAID
INSECT REPELLENT
SELECTED VARIETIES
20001279002_EA/20158572_EA



PC® BBQ ACCESSORIES, TOOLS, BBQ COVERS
OR LIGHTERS
SELECTED VARIETIES
21524461_EA/21524356_EA

SALE
SAVE UP TO
30%



LIFE AT HOME™ OUTDOOR
SOLAR OR STRING LIGHTS
SELECTED VARIETIES
21386987_EA

SALE
SAVE UP TO
30%



STAR GRILL LUMP
CHARCOAL
8.8 LB
20773869_EA

\$11

HONEYWELL OR
WESTINGHOUSE FANS
SELECTED VARIETIES
20129684_EA/21449261_EA



SALE
SAVE UP TO
20%

**BIG
SUMMER**
(SMALL PRICES!)

Spend less on the poolside
styles you crave.

SHOP NOW

JOE FRESH

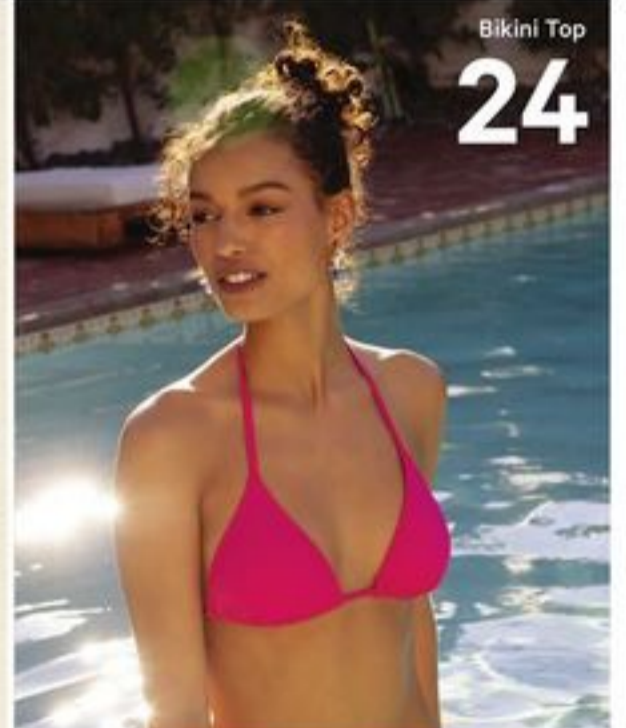
Halter Maxi Dress

35



Bikini Top

24



Linea Dress

35



Our butchers cut quality meat in your store everyday!

pork loin schnitzel
21588055_EA

beef brisket meatballs plain
21587897_EA

beef stir fry strips
cut from Canada AA grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

YVES
VEGGIE CUISINE™

MMMM... PLANTS

Great plant-based food.

YVES™ FAMILY PACK VEGGIE BURGERS
20061102_EA
10.99

YVES™ FAMILY PACK VEGGIE DOGS
20032594_EA
6.49

YVES™ VEGGIE BACON STRIPS
20573903_EA
5.49

Find us in store or online

Yves Veggie Cuisine™ is a registered trademark of Hain-Celestial Canada, ULC.

Sabra
SUNNY DAY Snacks

SABRA HUMMUS SELECTED VARIETIES
283 G
20103342_EA
LESS THAN 2 \$4.49 EA
2/\$8

SABRA HUMMUS SELECTED VARIETIES
482 G
20103342_EA
LESS THAN 2 \$7.99 EA
2/\$12

Johnsonville

6.99 Smoked Beef Sausage
Assorted varieties (375 g)

5.99 Smoked Pork Sausage
Assorted flavours (375 g)

2/\$13 Fresh Sausage
Assorted varieties (250 - 500 g)

Dr. Oetker

Pizza for everyone TO ENJOY

GIUSEPPE PIZZERIA STUFFED FARCIE
\$7.99
Giuseppe Stuffed Crust (685 - 771 g)
21555844_EA

PIZZA TRADIZIONALE SALAME ROMANO
\$6.49
Tradizionale (385 - 415 g)
21561829_EA

Armstrong
1902

Bring the Love. Bring Armstrong Cheese.

4.99 NATURAL CHEESE SLICES
SELECTED VARIETIES
220-240 g
ARMSTRONG
21333850_EA

3.99 COTTAGE CHEESE 500 mL
BAXTER/SCOTSBURN
20372576003_EA
20317595001_EA

3.99 SOUR CREAM 500 mL
BAXTER/SCOTSBURN
21381092_EA

2.49 NACHO QUESO SUPREME & FRENCH ONION 250 g
HELUVA GOOD!
20872654_EA

8.99 MOZZARELISSIMA & LACTOSE FREE MOZZARELISSIMA BLOCKS
SELECTED VARIETIES
500 g
SAPUTO
20759241002_EA

YOUR ESSENTIALS FOR THE BBQ SEASON

SWISS CHALET
PORK BACK RIBS - CÔTES DE DOS DE PORC
FULLY COOKED AND SEASONED - 19% MEAT PROTEIN
AGÉCÉLÉCÉLÉ ET ENTÉRIÈREMENT CUITES - 19 % DE PROTÉINES DE VIANDE

SWISS CHALET
PORK BACK RIBS - CÔTES DE DOS DE PORC
FULLY COOKED AND SEASONED - 19% MEAT PROTEIN
AGÉCÉLÉCÉLÉ ET ENTÉRIÈREMENT CUITES - 19 % DE PROTÉINES DE VIANDE

MONTANA'S
BBQ & BAR
PORK BACK RIBS CÔTES DE DOS DE PORC
FALL OFF THE BONE - DÉTACHE DE L'OS

13.49 Swiss Chalet BBO or Honey & Garlic Pork Back Ribs (Refrigerated)
21022221_EA/21093780_EA

13.49 Montana's Texan BBQ Pork Back Ribs (Refrigerated)
21203458_EA

I ♥ Reese's DAY

MAY 18TH

Hershey Family Bars, selected varieties (90 - 120 g) 2048165_EA
LESS THAN 2 \$3.29 EA. 2/\$5

Hershey King Size Bars, selected varieties (62 - 85 g) 2048165_EA
LESS THAN 2 \$2.49 EA. 2/\$4.50

Hershey Single Bars, selected varieties (34 - 58 g) 2050002_EA
LESS THAN 2 \$1.79 EA. 2/\$2.50

4 Bar / Bars, selected varieties 20525405_EA
LESS THAN 2 \$5.99 EA. 2/\$9

Hershey Multi 4 packs, selected varieties (170 - 198 g) 20525405_EA
LESS THAN 2 \$5.99 EA. 2/\$9

Hershey Packaged Candy, selected varieties (160 - 230 g) 2052597004_EA/21588231_EA
LESS THAN 2 \$5.99 EA. 2/\$9

VAN HOUTTE®

LIVE FLAVOURFULLY™

\$17.99
Van Houtte® 30 K-Cup® pods selected varieties 20743469_EA/21588231_EA

\$13.99
Van Houtte® ground coffee selected varieties 340 g 20973094_EA/20973133_EA

bai

Bai® selected varieties 530 mL 21362966_EA
LESS THAN 2 \$3.29 EA. 2/\$6

NEW

21433571_EA
21362998_EA
21362990_EA
21583389_EA

DrinkBaiCanada.com
Contains Caffeine. Trademark used under license by Canada Dry Mott's Inc.

SNACK INTO Summer

2/\$7 LESS THAN 2 \$3.99 EA.
NEW Pepperidge Farm® Goldfish® Crisps 177 g selected varieties 21575178_EA/21575294_EA

3.99
Snyder's of Hanover® Pretzels 240 g selected varieties 20316052004_EA/20316052002_EA

2/\$4 LESS THAN 2 \$2.49 EA.
NEW Kettle Brand® Kettle Cooked Air Fried Chips 156 g selected varieties 21589837_EA/21589952_EA

2/\$7 LESS THAN 2 \$3.99 EA.
Pepperidge Farm® Goldfish® Crackers 156-227 g, 6x28 g selected varieties 20320900_EA/21574954_EA

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WE'VE GOT THE FLAVOUR

EXPLORE GRILLING RECIPES & TIPS ON OUR FLAVOUR MAKER APP

6.49
CLUB HOUSE® LA GRILLE SEASONING BLENDS AND RUBS SELECTED VARIETIES 120-240 G 20321740001_EA 20321740002_EA
LESS THAN 2 \$2.49 EA. 2/\$4

2.99
FRENCH S® MUSTARDS SELECTED VARIETIES 325 - 400 ML 20083238_EA

7.99
CLUB HOUSE® SEASONING BLENDS SELECTED VARIETIES 111 - 181 G 2030000001_EA 20300177001_EA

4.99
FRANK'S REDHOT® HOT SAUCES SELECTED VARIETIES 354 ML 20187432001_EA 21352012_EA

2.99
FRENCH S® KETCHUP 750 ML / 1 L STUBBS® 800 SAUCE 450 ML SELECTED VARIETIES 20035951_EA 21821218_EA

5.49
FISH CRISP® COATING MIXES SELECTED VARIETIES 230-340 G 20333502_EA

3.49
FRENCH S® CREAMY MUSTARD SELECTED VARIETIES 325 ML 21432829_EA 21432834_EA

Get great recipe ideas at clubhouse.ca frankshredhot.ca

5.99
Rio Mare light tuna selected varieties 3x80 g 20035383_EA

3.99
Rio Mare tuna salad selected varieties 160 g 20971499_EA

Real Italian Taste

SAVE On Your Favourite Household Brands

15.99 Gain laundry detergent 4.55 L/42's, Gain/Downy fabric softener 2.4 L-3.29 L, beads 515 g, Downy/Tide Rinse 48 oz, Bounce Sheets 240's, selected varieties 21405182_EA/20965291_EA

16.99 Tide laundry detergent 3.4 L, Downy fabric softener 2.98-4.16 L, Tide PODS 57/43's, Downy/Gain beads 680 g, selected varieties 21454815_EA/21549792_EA

4.99 Dawn 825 - 982 mL, Dawn EZ Squeeze 535 - 650 mL, Dawn Powerwash Refill 473 mL, selected varieties 21430569_EA/21516486_EA

4.49 Febreze Air 250 g, Car 2 mL, Mr. Clean All Purpose Cleaner 1.2 L, selected varieties 21005017_EA/20976906_EA

12.99 Swiffer Duster Refills 6-10's, Wet Refills 12-24's, Dry Refills 16-32's, selected varieties 21176851_EA/21176876_EA

17.99 Charmin Bath Tissue, 12-48 Rolls, selected varieties 21549779_EA/21484810_EA

17.99 Bounty Paper Towels, 6-12 21515966_EA

10.99 Bounty Napkins 400's 21053171_EA

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Same Size. Less Plastic.

\$2 Value

2,000^{PH}

\$8.99*

SIMPLY ORANGE JUICE
2.63 L
21592119_EA



\$2 Value

2,000^{PH}

\$7.49*

GOLD PEAK ICED TEA
2.63 L
21592193_EA



Made with 12% Less Plastic.

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. ^{PH}The Coca-Cola Company, used under license.

START YOUR ACTIVIA GUT HEALTH CHALLENGE

2 ACTIVIA PER DAY FOR 14 DAYS



\$4.49
ACTIVIA® - 650 g
2068634_EA



\$4.49
ACTIVIA® - 2 x 100 g
2068642_EA



\$11.99
ACTIVIA® - 2 kg
2047289_EA

less than 2 \$2.29 ea.
2/3.50
ACTIVIA® - 100 mL
21348503_EA



\$7.49
ACTIVIA® - 12 x 100 g
2030342929_EA



\$6.49
ACTIVIA® - 8 x 100 mL
2143052_EA



ACTIVIA may help reduce the frequency of minor digestive issues like: bloating, gas, discomfort and rumbling when consumed twice* per day for 2 weeks as part of a balanced diet and healthy lifestyle. *2 servings.

CREAMY TEXTURE, ANYTIME, ANYWHERE

less than 2 \$2.29 ea.
2/3.50
Oikos® - 100 mL
21402298_EA



less than 3 \$4.79 ea.
3/\$12
Oikos® - 4 x 100 g
2049375005_EA
2049375004_EA

\$6.99
Oikos® - 550/750 g
21009880_EA



10-HOUR BREW BOLD AND SMOOTH TASTE



less than 2 \$8.99 ea.
2/14.50
Stok® - 1.42 L
21213739_EA
21213737_EA



LOW IN SUGAR BIG ON TASTE

\$4.49
Two Good® - 4 x 55 g
21475047_EA



\$4.99
Two Good® - 625 g
21475047_EA



DANONE GO!

less than 3 \$1.29 ea.
3/\$3
Danone Go® - 190 mL
21349387_EA/21349323_EA



DANONE Danino

less than 2 \$4.49 ea.
2/\$7
Danino® - 6 x 93 mL
21520245_EA



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