

MAYNE ISLAND • PENDER ISLAND • QUADRA ISLAND

TRU VALUE FOODS

Where Community & Quality Meet



Have a Safe and Happy Victoria Day Long Weekend

*Prices in effect Date: May 15-21 2024

MEAT

Grimm's Sizzlin Smokies

Harvest Bacon 500g

Island Farmhouse Chicken Legs

\$2.99 LB 6.59kg



\$7.99 EA 450g



\$11.99 EA



PRODUCE

B.C. Asparagus 8.80kg

\$3.99 LB



Mexican Avocados

2/**\$4.00**



B.C. Mixed Peppers 2lb bag

\$3.99 EA



B.C. Butter Lettuce

\$2.99 EA



DELI

Grimm's Sliced Smoked Turkey

\$2.99 /100g



Arbutus Farms Deluxe Potato Salad

\$1.79 /100g



Mastro Charcuterie Trio 150g

\$7.99 EA assorted varieties



Snowdonia Cheese 200g

\$10.49 EA assorted varieties





50 jobs will be created for every 1% increase in island products sold.

Support Island Products.

Keep an eye out for island products in our stores.

- Good for jobs.
- Good for our economy.
- Good for sustainability.
- Good for us all.

Grocery

Santa Cruz Organic Lemonade 946ml

\$3.99 EA +dep assorted varieties



Island Farms Aerosol Whipped Cream 225g

\$3.99 EA



Fernwood Organic Fair Trade Coffee 454g

\$12.99 EA assorted varieties



Paradise Island Cheese 400g

\$8.39 EA assorted varieties



Natrel Mochi Ice Cream 210ml

\$5.49 EA assorted varieties



Bush's Best Baked Beans 398ml

2/**\$4.00** assorted varieties



Heinz Picnic Pack... mustard, ketchup, relish 3 pack

\$5.99 EA



Olympic Organic Yogurt 1.75 kg Tub

\$10.99 EA assorted varieties



Bullseye BBQ Sauce 425ml

\$3.49 assorted varieties



Leclerc Celebration Cookies 240g

2/**\$7.00** assorted varieties



Coke, Sprite, Canada Dry and Flavours 12 pack cans

\$6.99 EA +dep assorted varieties



Old Dutch Potato Chips or Ridgies 200-235g

2/**\$7.00** assorted varieties



Kind Bars 40g

2/**\$3.50** assorted varieties



Dempsters Original Hot Dog or Hamburger Buns doz

2/**\$7.00** assorted varieties



Hundreds of Manager's Specials featured in every location!

Mayne Island - Village Bay
472 Village Bay Road
Phone 250-539-2548

Pender Island - Driftwood Centre
4605 Bedwell Harbour Road
Phone 250-629-8322

Quadra Island - Heriot Bay
1536 Heriot Bay Road
Phone 250-285-2436

Quadra Island - Quathiaski Cove
658 Harper Road
Phone 250-285-3391

We reserve the right to limit quantities. Not all items available at all stores.

www.truvaluefoods.com

