

food Basic

WOW

***\$1 BURGER**



1/4 LB

\$ WOWZA!
\$4 EACH

FRESH 100% QUARTER POUND LEAN GROUND BEEF BURGERS PKG OF 4



\$1 EACH

DEL MONTE NECTAR OR OASIS HYDRA FRUIT 945 ML ALLEN'S APPLE JUICE 1 L SELECTED VARIETIES



\$ WOWZA!
\$1 EACH

SELECTION BBQ SAUCE 330 ML YELLOW MUSTARD 400 ML SELECTED VARIETIES



\$ WOWZA!
\$1 EACH

IRRESISTIBLES POTATO CHIPS 130 - 150 G SELECTED VARIETIES

HAPPY

GET READY TO SAVE! GREAT PRICES IN MOST STORES CLOSED ON MONDAY M

JUST LOW PRICES

No gimmicks. Easy to understand prices.



2.99 EACH

IRRESISTIBLES BREAD 500 - 600 G ROLLS 6-12Z SELECTED VARIETIES



4.97 EACH

SELECTION SOFT DRINKS OR SPARKLING WATER 12 X 355 ML SELECTED VARIETIES



19.99 EACH

SELECTION QUARTER POUND BEEF BURGERS VALUE PACK 2.26 KG FROZEN SELECTED VARIETIES



12.98 EACH

10" HANGING BASKETS SELECT STORES & VARIETIES WHILE QUANTITIES LAST

food Basics

THE GROCER WITH THE BEST COMPETITIVE PRICES* wQW Leger



WOWZA!

Fresh Florida

WOWZA!
298
EACH

SWEET ASSORTED PEPPERS
PRODUCT OF MEXICO OR HONDURAS, PKG OF 4
SWEET CORN
PRODUCT OF U.S.A., NO. 1 GRADE, PKG OF 4

FRESH BONE-IN PORK COMBINATION CHOPS
INCLUDING CENTRE-CUT CHOPS
4.37/KG

WOWZA!
198
/LB

NATURAL Top Dogs ORIGINAL
SCHNEIDERS RedHots
ALL PORK
TOUT PORC

WOWZA!
298
EACH

SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS
375 G SELECTED VARIETIES

STRAWBERRIES
PRODUCT OF U.S.A.
424 G

WOWZA!
167
EACH

8 PRE-SLICED BUNS
HOT DOG
8 PRE-SLICED BUNS
HAMBURGER

WOWZA!
177
EACH

SELECTION BUNS
25 SELECTED VARIETIES

WE LOVE LOCAL
Ontario

WOWZA!
198
/LB

ASPARAGUS
PRODUCT OF ONTARIO,
CANADA NO. 1 GRADE
4.37/KG

Lay's
Magic Masala
Masala magique

Lay's
Classic
Classique

WOWZA!
275
EACH

LAY'S POTATO CHIPS
130 - 235 G
SELECTED VARIETIES

Black Diamond
GENEVE
CHEDDAR SLICES
STYLE
made with Calcium

WOWZA!
245
EACH

BLACK DIAMOND SLICES
410 G
SELECTED VARIETIES

OLD CHEDDAR FORT

HELUYA GOOD!
French Onion
Oignon à l'français

TEX MEX

WOWZA!
444
EACH

SELECTION CHEESE SHREDS 400 G
HELUYA GOOD! DIP 680 G
SELECTED VARIETIES

Honey Nut Cheerios
MADE WITH REAL HONEY

Cinnamon Toast Crunch

WOWZA!
547
EACH

GENERAL MILLS FAMILY SIZE CEREAL
475 - 725 G
SELECTED VARIETIES

PEPSI, 7UP, COCA-COLA OR CANADA DRY
12 X 355 ML
SELECTED VARIETIES

WOWZA!
625
EACH

HAPPY VICTORIA DAY!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MAY 16TH TO WEDNESDAY, MAY 22ND, 2024
MOST STORES CLOSED ON MONDAY MAY 20TH. SEE LOCAL STORE OR FOODBASICS.CA FOR DETAILS.

*Food Basics ranked first for competitive pricing among food retailers in Ontario according to the 2024 WOW Report based on an in-store customer experience study conducted by Leger among 12,000 respondents from October 12th to November 22nd, 2023.

WOWZA!



\$ 5.49 EACH

ACTIVIA YOGOURT 125
OIKOS GREEK YOGURT 650 - 750 G
PHILADELPHIA CREAM CHEESE
PRODUCT 340 G SELECTED VARIETIES



\$ 2.49 EACH

IRRESISTIBLES HUMMUS OR DIPS
200 - 227 G
SELECTED VARIETIES



\$ 3.99 EACH

LACTANTIA PURIFILTRE MILK OR
BEATRICE CHOCOLATE MILK 2 L
ASTRO ORIGINAL YOGURT 125
SELECTED VARIETIES



\$ 2.99 EACH

SMART ONES OR
IRRESISTIBLES MEALS
230 - 320 G FROZEN SELECTED VARIETIES



\$ 2.99 EACH

TROPHY CASHEW HALVES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



\$ 4.49 EACH

DR. OETKER
RISTORANTE PIZZA 320 - 390 G
CASA DI MAMA 395 - 410 G FROZEN
SELECTED VARIETIES



\$ 5.49 EACH

GATORADE SPORT DRINKS
6 x 501 ML, 6 x 355 ML
SELECTED VARIETIES



\$ 2.99 EACH

McCAIN FRENCH FRIES
454 - 650 G FROZEN
SELECTED VARIETIES



\$ 7.49 EACH

CASHMERE BATHROOM TISSUE 12 - 24
SPONGE TOWELS ULTRA OR
SCOTTIES FACIAL TISSUE 65
SELECTED VARIETIES



\$ 8.99 EACH

MAXWELL HOUSE
GROUND COFFEE
900 - 925 G
TETLEY TEA 245
SELECTED VARIETIES



\$ 21.99 EACH

TIDE LAUNDRY DETERGENT
94 - 100 LOADS, 3.9 L
TIDE PODS OR GAIN FLINGS
65 - 75 G
CASCADE DISHWASHER DETERGENT
90 - 110'S SELECTED VARIETIES



\$ 34.99 EACH

PAMPERS BABY-DRY OR SWADDLERS
DIAPERS
108 - 160'S
SELECTED VARIETIES

***IN STOCK POLICY:** Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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DOUBLE THE DIGITAL DEALS WITH YOUR FOOD BASICS APP

DIGITAL DEAL OF THE WEEK
SAVE 50¢



DIGITAL DEAL Food Basics
349
EACH
\$3.99 WITHOUT COUPON

CHRISTIE PREMIUM PLUS CRACKERS*
450 - 500 G
SELECTED VARIETIES

DIGITAL DEAL OF THE WEEK
SAVE 50¢



CHRISTIE
BITS & BITES OR
CRISPERS
SNACKS*
145 G
SELECTED VARIETIES

DIGITAL DEAL Food Basics
199
EACH
\$2.49 WITHOUT COUPON

food
Basics

Download on the
App Store

GET IT ON
Google Play

Visit our app for details.

*Limit one per customer, per transaction.



✓ ALWAYS FRESH

✓ ALWAYS GREAT PRICES

✓ ALWAYS IN STOCK

ALWAYS Save Every Day



SELECTION BREAD
875 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.99
EACH



SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
4.44
EACH



SELECTION CHICKEN WIENERS
450 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.49
EACH



SELECTION OR LIFE SMART TOMATOES
540 - 796 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.77
EACH

**ALWAYS
MORE
FOR LESS**

**MEANS
MORE**

Ways to Save



**OVER 3000
WEEKLY DEALS
IN STORE**

ALWAYS GREAT PRICE
249
EACH

**EVERYDAY
LOW PRICES**



DIGITAL DEAL
399
EACH
\$4.99 WITHOUT COUPON

**EXCLUSIVE
APP
OFFERS**



**LOCKED
DOWN**

Inevitables
Selection

**PRIVATE LABEL
SAVINGS**

V.I.P.
\$ \$ \$
**VERY INCREDIBLE
PRICE EVENT**

**CRAZY
SALE 8**

**WOW
ZA!**
\$ \$

W
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W
Z
A
!

TONS OF NEW DEALS EVERY WEEK

Kraft

pure Fig Balsamic 355 mL | BALSAMIQUE AUX FIGUES 355 mL

HEINZ TOMATO KETCHUP AUX TOMATES 500 mL

Miracle Whip original 499 EACH

KRAFT MIRACLE WHIP 499 EACH

Caesar 299 EACH | **Ranch** 299 EACH

KRAFT SALAD DRESSING 299 EACH

Diana Sauce 299 EACH | **BULL'S-EYE** BBQ SAUCE 299 EACH

MIO CRYSTAL LIGHT OR KOOL-AID WATER ENHANCER 299 EACH

4.99 EACH

4.99 EACH

2.99 EACH

2.99 EACH

2.99 EACH

2.99 EACH

Mondelez International

triscuit ORIGINAL 249 EACH

RITZ original 249 EACH

Chips Ahoy! 399 EACH

CADBURY DAIRY MILK 399 EACH

RITZ bits 249 EACH

Dad's 222 EACH

DIGESTIVE 2/\$6

PEEK FREANS OR DAD'S OATMEAL COOKIES 2/\$6

CADBURY DAIRY MILK 222 EACH

CHRISTIE FAMILY SIZE COOKIES 399 EACH

CADBURY CELLOS 399 EACH

CHRISTIE ANINI OR SNAK PAK COOKIES OR CRACKERS 249 EACH

Kellanova

CHEEZ-IT SNAP'D 299 EACH

TOWN HOUSE ORIGINAL 299 EACH

KELLOGG'S NUTRI HOUSE OR CHEEZ-IT SNAP'D CRACKERS 299 EACH

RICE KRISPIES 299 EACH

KELLOGG'S NUTRI GRAIN BARS, RICE KRISPIES SQUARES OR POP-TARTS 299 EACH

NUTRI GRAIN 299 EACH

Kashi 299 EACH

SPECIAL K OR **KASHI** CEREAL BARS 299 EACH

PRINGLES ORIGINAL 249 EACH

PRINGLES SOUR CREAM & ONION 249 EACH

PRINGLES POTATO CHIPS 249 EACH

KELLOGG'S EGGO WAFFLES 549 EACH

EGGO original 549 EACH

ADVANTAGE SOLUTIONS

Dole Mixed Fruit in Cherry Gel 299 EACH

DOLE FRUIT CUPS 299 EACH

ORIGIN ORGANIC PEACH SPARKLING WATER 499 EACH

ORIGIN ORGANIC SPARKLING WATER 499 EACH

Tim Hortons ORIGINAL BLEND MELANGE ORIGINAL 899 EACH

TIM HORTONS GROUND COFFEE 899 EACH

Pure Life NATURAL SPRING WATER 349 EACH

Pure Life 349 EACH

SELECTION NUTS 1999 EACH

SELECTION NUTS 1.13 KG 1999 EACH

Jamieson NATURAL SOURCES Since 1922

Jamieson Iron/Fer 28 mg 1199 EACH

Jamieson Calcium Magnesium + D3 1199 EACH

Jamieson Melatonin 1199 EACH

Jamieson Vitamin B12 1299 EACH

Jamieson Magnesium 1299 EACH

Jamieson D3 1000 IU 849 EACH

Jamieson Chewable Vitamin C 500 mg 849 EACH

Jamieson Omega-3 Select 1799 EACH

Jamieson Curcumin Turmeric 550 mg 1799 EACH

Jamieson Multi 100% COMPLETE MEN 1999 EACH

Jamieson Multi 100% COMPLETE WOMEN 1999 EACH

Nestlé

perrier CARBONATED NATURAL SPRING WATER 899 EACH

perrier 899 EACH

SAN PELLEGRINO NATURAL OR MOMENTI SPARKLING DRINKS 599 EACH

SAN PELLEGRINO 599 EACH

perrier CARBONATED NATURAL SPRING WATER 199 EACH

perrier 199 EACH

MAISON perrier SPARKLING WATER BEVERAGE 699 EACH

MAISON perrier 699 EACH

STARBUCKS TORREFACTÉ PIKÉ 771 ROAST NESPRESSO VERTUO CAPSULES 1147 EACH

STARBUCKS NESPRESSO VERTUO COFFEE CAPSULES 1147 EACH

DANONE
ONE PLANET. ONE HEALTH

DANONE GO!
DRINKABLE YOGURT
150 mL
SELECTED VARIETIES
75¢ EACH

DANONE DANINO
DRINKABLE YOGURT
1.5 L
SELECTED VARIETIES
2.99 EACH

DANONE TWO GOOD
GREEK YOGURT
1.5 L
SELECTED VARIETIES
3.99 EACH

ACTIVIA
YOGURT
500 G
SELECTED VARIETIES
3.33 EACH

SILK
ALMOND BEVERAGE
UNSWEETENED
REGULARLY MOTTY
30 CALORIES
HIGH CALCIUM
946 mL
SELECTED VARIETIES
2/\$5

BIMBO
CANADA'S

Dempster's
ENGLISH MUFFINS
ANGLAIS
WHOLE GRAIN
GRAINS ENRICHED
SELECTED VARIETIES
1.99 EACH

THOMAS'S
BREAKFAST BREAD OR SUN-MAID RAISIN BREAD
250-284 G
SELECTED VARIETIES
4.49 EACH

Stonemill
NATURALLY FERMENTED
SPROUTED RYE & 12 GRAINS
454 G
SELECTED VARIETIES
4.49 EACH

Stonemill
NATURALLY FERMENTED
QUINOA & FLAX
454 G
SELECTED VARIETIES
4.49 EACH

Dempster's
ENGLISH MUFFINS
PLAIN NATURE
6 MUFFINS
348 G
SELECTED VARIETIES
1.99 EACH

Dempster's
10" TORTILLAS
PLAIN OR WHOLE GRAIN
6 PK
SELECTED VARIETIES
3.99 EACH

Takis
TORTILLA CHIPS
SELECTED VARIETIES
2/6.50

Keurig DrPepper
Canada

MOTT'S
CLAMATO
Extra Spicy
1.89 L
SELECTED VARIETIES
2/\$7

Budweiser
ZERO ALCOHOL BEER
12 x 355 mL
SELECTED VARIETIES
12.99 EACH

CORONA
SUNBREW ALCOHOL FREE BEER
12 x 355 mL
SELECTED VARIETIES
17.99 EACH

MOTT'S
CLAMATO
The Original
500 mL
SELECTED VARIETIES
2/\$7

KEURIG
VAN HOUTTE
FAMILY BLEND
120 g
SELECTED VARIETIES
8.99 EACH

McCafé
100% ETHICALLY SOURCED
ARABICA BEANS
PREMIUM ROAST
30 CAPSULES
SELECTED VARIETIES
19.99 EACH

KEURIG
VAN HOUTTE
CLASSIC BLACK
NON CLASSIQUE
110 g
SELECTED VARIETIES
8.99 EACH

McCafé
COFFEE CAPSULES
30'S
SELECTED VARIETIES
19.99 EACH

SOFINA

JANES
PUB STYLE
chicken Strips
70g
SELECTED VARIETIES
8.99 EACH

JANES
PUB STYLE
Wings
GARLIC
70g
SELECTED VARIETIES
8.99 EACH

JANES
PUB STYLE
FULLY COOKED BREADED CHICKEN, TURKEY OR CHICKEN WINGS
600 - 700 G FROZEN
SELECTED VARIETIES
8.99 EACH

MASTRO
SALAMETTI
300 g
SELECTED VARIETIES
4.44 EACH

MASTRO
SALAMETTI
300 g
SELECTED VARIETIES
6.49 EACH

MASTRO
BABY GENOA OR SLICED DELI GENOA OR SAN DANIELE MORTADELLA OR SLICED PROSCIUTTO
200 - 250 G
SELECTED VARIETIES
WHILE QUANTITIES LAST
8.99 EACH

JANES
ultimates
Tender & juicy
BURGERS
852g (6 Burgers)
SELECTED VARIETIES
11.99 EACH

JANES
ultimates
UNBREADED CHICKEN BURGERS, FILLETS OR BITES
852g (6 Burgers)
SELECTED VARIETIES
WHILE QUANTITIES LAST
11.99 EACH

MASTRO
CHURROS OR SLICED CHARCUTERIE TRIO
200 - 250 G
SELECTED VARIETIES
6.49 EACH

MASTRO
MORTADELLA
300 g
SELECTED VARIETIES
8.99 EACH

CLOROX

Pine-Sol
ALL PURPOSE CLEANER
1.89 L
SELECTED VARIETIES
3.99 EACH

CLOROX
BLEACH
2.4 L
SELECTED VARIETIES
3.99 EACH

GLAD
ClingWrap
30' x 18"
TIGHT SEAL
FRESHNESS
SELECTED VARIETIES
1.99 EACH

S.O.S.
CLEANER
1.89 L
SELECTED VARIETIES
1.99 EACH

LIQUID-PLUMR
DRAIN CLEANER
800 mL
SELECTED VARIETIES
3.99 EACH

CLOROX
CLEAN-UP
BATHROOM CLEANER
887 - 890 mL
SELECTED VARIETIES
3.99 EACH

GLAD
BLACK
REGULAR 74 L
40 BAGS
80 x 63 cm x 1.76 x 33 in
SELECTED VARIETIES
11.49 EACH

BRITA
WATER JUG OR WATER FILTERS
SELECTED VARIETIES
20.99 EACH

Lou's KITCHEN

Lou's KITCHEN
PHILLY-STYLE SHAVED STEAK
400 g
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BIFTECK ÉMINCE
STYLE PHILLY
400 g
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BEEF POT ROAST
AU JUS
RÔTI DE BOEUF
BRAISÉ AU JUS
400 - 450 G
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
FULLY COOKED ENTRÉES
275 - 400 G
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BBQ PORK BACK RIBS
385 - 810 G
SELECTED VARIETIES
8.99 EACH

MANDARIN
BBQ PORK
PORC AU BBQ
300 g
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
SMOKED PULLED PORK
500 g
SELECTED VARIETIES
12.99 EACH

Lou's KITCHEN
PORC EFFILOCHÉ
FUME
500 g
SELECTED VARIETIES
12.99 EACH

Lou's KITCHEN
BRISKET BURNT ENDS
POINTES BRÛLÉES
DE POITRINE DE BOEUF
400 - 550 G
SELECTED VARIETIES
12.99 EACH

ROUTE 66
SMOKED HOUSE
STYLE BEEF OR PORK
400 - 550 G
SELECTED VARIETIES
12.99 EACH

Johnsonville

Johnsonville
MAPLE FLAVOR BREAKFAST SAUSAGES
250 - 375 G
SELECTED VARIETIES
WHILE QUANTITIES LAST
3.99 EACH

Johnsonville
DINNER SAUSAGES
300 g
SELECTED VARIETIES
4.99 EACH

Johnsonville
ORIGINAL RECIPE
SMOKED SAUSAGES
375 g
SELECTED VARIETIES
WHILE QUANTITIES LAST
4.99 EACH

Johnsonville
CHEDDAR CHEESE
FRANKFURTERS
375 g
SELECTED VARIETIES
4.99 EACH

PRODUCE

SWEET POTATOES
PRODUCT OF U.S.A.
LARGE SWEET PURPLE POTATOES
PRODUCT OF HONDURAS
2.82/KG

THIS WEEK ONLY

128
/LB

BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY

198
EACH

LIMES
PRODUCT OF MEXICO OR BRAZIL, 1 LB BAG

THIS WEEK ONLY

298
EACH

SEEDLESS WATERMELON
PRODUCT OF U.S.A.

THIS WEEK ONLY

598
EACH

CLEMENTINES
PRODUCT OF MOROCCO
2 LB BAG

THIS WEEK ONLY

398
EACH

BLUEBERRIES
PRODUCT OF U.S.A., NO. 1 GRADE PINT

THIS WEEK ONLY

398
EACH

GREEN GIANT SRAW SALADS
340 G
SELECTED VARIETIES

THIS WEEK ONLY

2/\$5

LEMONS
PRODUCT OF U.S.A. OR SOUTH AFRICA
2 LB BAG

THIS WEEK ONLY

398
EACH

TOMATOES ON THE VINE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
4.37/KG

THIS WEEK ONLY

198
/LB

SEEDLESS CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

THIS WEEK ONLY

2/\$3

PORTABELLINI MUSHROOMS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE 334 G

THIS WEEK ONLY

488
EACH

CHERRIES
PRODUCT OF U.S.A.
NO. 1 GRADE
13.18/KG

THIS WEEK ONLY

598
/LB

AVOCADOS
PRODUCT OF MEXICO OR PERU
BAG OF 5 OR 6

THIS WEEK ONLY

488
EACH

YELLOW VIDALIA ONIONS
PRODUCT OF U.S.A., NO. 1 GRADE 3 LB BAG

THIS WEEK ONLY

398
EACH

CHOPPED KALE
PRODUCT OF U.S.A.
284 G

THIS WEEK ONLY

349
EACH

HEIRLOOM TOMATOES
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
567 G

THIS WEEK ONLY

298
EACH

MEAT

FRESH WHOLE CHICKEN WINGS
BAGGED INCLUDING ZARBA MARGAL
8.80/KG

THIS WEEK ONLY

399
/LB

PRIME RAISED WITHOUT ANTIBIOTICS FRESH CHICKEN DRUMSTICKS OR THIGHS FAMILY PACK
AIR CHILLED 8.80/KG

THIS WEEK ONLY

399
/LB

COHO SALMON FILLET
PREVIOUSLY FROZEN
26.43/KG

THIS WEEK ONLY

1199
/LB

FRESH BONELESS SKINLESS CHICKEN THIGHS FAMILY PACK
15.41/KG

THIS WEEK ONLY

699
/LB

SELECTION BACON
375 G SELECTED VARIETIES

THIS WEEK ONLY

399
EACH

FRESH BONELESS SIRLOIN TIP ROASTS OR FAMILY PACK STEAKS
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF
22.02/KG

THIS WEEK ONLY

999
/LB

SCHNEIDERS MEAT PIES
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

399
EACH

LEGACY MARINATED BONE-IN PORK CHOPS OR FLATTENED PORK TENDERLOIN
400 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY

699
EACH

BALDERSON CHEDDAR
200 G
SELECTED VARIETIES

THIS WEEK ONLY

749
EACH

BEYOND MEAT BURGERS, SAUSAGES OR BREADED STRIPS
200 G
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH

IRRESISTIBLES SLICED DELI CHEESE
200 G
SELECTED VARIETIES

THIS WEEK ONLY

499
EACH

ANCHOR'S BAY WHOLE TILAPIA OR COOKED SHRIMP
31 - 40 CT
400 G - 1.34 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

749
EACH

VILLAGGIO BREAD
530 - 675 G
BUNS
6 - 8'S
SELECTED VARIETIES

THIS WEEK ONLY

299
EACH

DEMPSTER'S BAGELS
375 - 510 G
DIMPLMEIER BREAD
454 - 500 G
SELECTED VARIETIES

THIS WEEK ONLY

299
EACH

HOSTESS MINI DONUTS
269 G

THIS WEEK ONLY

379
EACH

SELECTION SNACK TUBS
400 - 500 G
SELECTION COOKIES
73 G
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES. ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

LOCKED DOWN



BECEL MARGARINE OR MARGARINE STICKS
427-454 G
SELECTED VARIETIES



SHAW'S ICE CREAM
1.5 L
SELECTED VARIETIES



LOCKED DOWN **4.49** EACH



LOCKED DOWN **6.99** EACH



DANONE OIKOS GREEK YOGURT
4 X 100 G
SELECTED VARIETIES

LOCKED DOWN **3.49** EACH



GAY LEA NORDICA COTTAGE CHEESE
750 G
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



BEN'S ORIGINAL CONVERTED RICE
2.2 KG

LOCKED DOWN **7.99** EACH



HERSHEY CHOCOLATE BARS
43-58 G
SELECTED VARIETIES

LOCKED DOWN **99¢** EACH



BEN'S ORIGINAL FAST & FANCY RICE
1.2 G
SELECTED VARIETIES

LOCKED DOWN **2/\$3**



SWANSON SKILLET OR OVEN EASY MEALS
879 G - 1.19 KG
FROZEN
SELECTED VARIETIES

LOCKED DOWN **9.99** EACH



NUTELLA
725 G
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH



SAPORITO VEGETABLE, CANOLA OR SUNFLOWER OIL
1 L
CORN OIL
2.84 L
SELECTED VARIETIES

LOCKED DOWN **9.99** EACH



TABASCO SAUCE
97 mL
SELECTED VARIETIES

LOCKED DOWN **2.99** EACH



EARTH'S OWN OAT BEVERAGE
346 mL
SELECTED VARIETIES

LOCKED DOWN **2.99** EACH



McSWEENEY'S BEEF JERKY
70 G
SELECTED VARIETIES

LOCKED DOWN **5.49** EACH



MONSTER ENERGY DRINKS
4 X 473 mL
SELECTED VARIETIES

LOCKED DOWN **8.99** EACH



AIR WICK ESSENTIAL OILS KIT
200 mL
SELECTED VARIETIES

LOCKED DOWN **6.99** EACH



PLEDGE FURNITURE POLISH
275 G
SELECTED VARIETIES

LOCKED DOWN **6.99** EACH



FLEECY FABRIC SOFTENER LIQUID OR SHEETS
1.07 L, 2.8 L
SELECTED VARIETIES

LOCKED DOWN **7.99** EACH



MILK-BONE DOG TREATS
700 G
SELECTED VARIETIES

LOCKED DOWN **9.49** EACH

\$300,000 MASSIVE MONEY YOUR **\$300K** COULD BE A SCRATCH AWAY! PLAY TODAY!

Available at **food Basics**

For more information, 1-800-987-9006

Ticket not exactly as shown. At time of purchase, some prizes may have already been claimed.

ALWAYS GREAT PRICE



SELECTION FLOUR
2.5 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



IRRESISTIBLES ICE CREAM
1.5 L
NOVELTIES
8-15
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



ALWAYS GREAT PRICE 
2.27
EACH

SELECTION SHREDDED COCONUT
200 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.57
EACH

SELECTION VEGETABLES
500 - 750 G FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.97
EACH

SELECTION PASTA
500 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.97
EACH

SELECTION PASTA SAUCE
410 - 450 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.99
EACH

SELECTION SALSA
430 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
4.99
EACH

SELECTION PEANUTS
700 - 800 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
99c
EACH

SELECTION FLAVOURED SPARKLING WATER
1 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.99
EACH

SELECTION JAM
500 ML
LIFE SMART NATURALIA SPREAD
250 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
99c
EACH

SELECTION SPICES
5.5 - 120 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.99
EACH

SELECTION OLIVES
300 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.29
EACH

SELECTION PICKLES
1 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.49
EACH

SELECTION WAFERS
200 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.97
EACH

SELECTION DISHWASHING DETERGENT
500 - 625 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.49
EACH

SELECTION LAUNDRY DETERGENT
1.6 L, 28 - 40 LOADS
SELECTION FABRIC SOFTENER
40 LOADS, 5 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
6.99
EACH

SELECTION SANDWICH BAGS
300'S
SELECTED VARIETIES



ALWAYS GREAT PRICE 
12.99
EACH

SELECTION FACIAL TISSUE
12'S
SELECTED VARIETIES

BBQ ESSENTIALS FOR LESS

SELECTION SMOKED SAUSAGES
900 G
SELECTED VARIETIES

IRRESISTIBLES STUFFED BEEF BURGERS
1.02 KG FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

7⁹⁹

EACH

THIS WEEK ONLY

14⁹⁹

EACH

SELECTION DELI SALADS
454 G
SELECTED VARIETIES

IRRESISTIBLES MAMMOTH BUNS & STONEFIRE NAAN ROUNDS
360 G
SELECTED VARIETIES

THIS WEEK ONLY

2⁴⁹

EACH

THIS WEEK ONLY

3⁴⁹

EACH

TOSTITOS TORTILLA CHIPS
205 - 295 G
SALSA
416 - 418 ML
SELECTED VARIETIES

SELECTION LEMONADES
1.75 L
SELECTED VARIETIES

THIS WEEK ONLY

2/\$7

THIS WEEK ONLY

1⁹⁹

EACH

CLUB HOUSE LA GRILLE SPICES
120 - 248 G
SELECTED VARIETIES

SELECTION SLICES
210 - 230 G
SELECTED VARIETIES

LOCKED DOWN

4⁴⁹

EACH

LOCKED DOWN

3⁹⁹

EACH

PAM COOKING SPRAY
341 - 170 G
SELECTED VARIETIES

VH SAUCE
341 - 380 ML
SELECTED VARIETIES

LOCKED DOWN

4⁹⁹

EACH

ALWAYS GREAT PRICE

2/\$6

GRISSOL CROUTONS
135 G
SELECTED VARIETIES

IRRESISTIBLES LEMONADES OR ICED TEAS
1.5 L
SELECTED VARIETIES

LOCKED DOWN

2⁴⁹

EACH

LOCKED DOWN

2⁸⁸

EACH

MAILLE DIJON MUSTARD
500 ML
SELECTED VARIETIES

ORVILLE REDENBACHER POPPING CORN
240 - 300 G
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹

EACH

ALWAYS GREAT PRICE

1⁹⁹

EACH

LOCKED DOWN

4⁹⁹

EACH

ALWAYS GREAT PRICE

7⁴⁹

EACH

SELECTION BOWLS OR PAPER PLATES
24 - 30'S
SELECTED VARIETIES

SELECTION ULTRA PAPER TOWELS
12 X 21'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

4⁹⁹

EACH

ALWAYS GREAT PRICE

4⁹⁹

EACH

ALWAYS GREAT PRICE

19⁹⁹

EACH

ALWAYS GREAT PRICE

21⁹⁹

EACH

ALL AISLES LEAD HOME KITCHENS OF THE WORLD



Prince Edward Island POTATOES
GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE JAUNES GOURMET

GOURMET MINI WHITE POTATOES
PETITES POMMES DE TERRE BLANCHES GOURMET

MINI GOURMET WHITE OR YELLOW POTATOES
PRODUCT OF CANADA; CANADA NO. 1 GRADE
5 LB BAG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.98
EACH



Freybe
EUROPEAN WIENERS
SAUCISSES FUMÉES EUROPÉENNES

Nutrition Facts
Valeur nutritive
Per 1 wiener (56 g)
per 1 saucisse (56 g)

Daily Values	
Calories / Calories	140
Total Lipids / Lipides	12 g
Saturated / saturés	4.5 g
Total Fat / matières O / g	2 g
Cholesterol / Cholestérol	30 mg
Sodium / Sodium	480 mg
Carbohydrate / Glucides	1 g
Fiber / Fibre	0 g
Sugars / Sucres	0 g
Protein / Protéines	8 g
Vitamin A / vitamine A	0%
Vitamin C / vitamine C	0%
Calcium / Calcium	2%
Iron / Fer	0%

FREYBE EUROPEAN WIENERS
375 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



Prens COOKIES
200 G
HAZELNUT CREAM WAFERS
CAJONNETTES AUX CRÈMES DE NOISETTES

Napolitanke WAFERS
187 G
SELECTED VARIETIES

PETIT BEURRE BISCUITS
400 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



Rocosta Weinkraut
454 G

Fritsch EGG NOODLES
454 G
NOWKA OR GLORIA SAUERKRAUT
795 G
RUGEN FISCH HERRING FILLETS
200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



VEGETA
340 G
340 G FROZEN VEGETA SEASONING
500 G
SELECTED VARIETIES

BÖREK BITES
340 G FROZEN VEGETA SEASONING
500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH



SIELSKI'S OR GLORIA DILL PICKLES
500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.49
EACH



Unico PEPPER RINGS
750 ML

ARGETA PATE
375 G
MARQUIS MUSTARD
375 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



JJ WILK PIEROGIES
517 G FROZEN
SELECTED VARIETIES

RITTER SPORT CHOCOLATE BARS
100 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



JORDANKA MINERAL WATER
1.5 L

3 CROWN TEA
200 G
SELECTED VARIETIES

S&F OR GLORIA CREAM CRACKERS
200 G

CREAM CRACKERS CRAQUELINS
200 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4/\$5



ADRIATIC QUEEN SARDINES
150 G
PODRAVKA PATE
150 G
DROGA SEA SALT
100 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



Biscuits Maria Cookies
NET WEIGHT / POIDS NET 800 g (4 x 200 g)

S&F JAM
375 ML
CUÉTARA MARIA COOKIES
800 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



RIGA SMOKED SPRATS
150 G

S&F SARDINES
150 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



HAPPY SWING WAFERS
150 G

KRAKUS COOKIES
175 G
GOLDEN ALPS CHOCOLATE BAR
100 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



GLORIA HERB TEA
200 G
CREMICA SHORTBREAD COOKIES
170 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
99¢
EACH

CARL JUNG DEALCOHOLIZED WINE
750 ML
MR. GARDEN PEACH HALVES
300 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH

GARDEN BASICS FOR LESS

10" HANGING BASKETS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

ALWAYS GREAT PRICE

12⁹⁸
EACH

12" PLANTERS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

ASSORTED PERENNIALS
1 GALLON
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁸
EACH

ASSORTED TEA, HARDY OR CLIMBER ROSES
2 GALLONS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

ASSORTED FRUIT PLANTS
1 GALLON
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

10⁹⁸
EACH

10" MAJESTY PALMS
SELECT STORES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

6" LAVENDER
SELECT STORES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁸
EACH

8" ASSORTED FOLIAGE
SELECT VARIETIES

THIS WEEK ONLY

14⁸⁸
EACH

5" MONEY TREE

THIS WEEK ONLY

9⁸⁸
EACH

5" PREMIUM ORCHIDS

THIS WEEK ONLY

14⁸⁸
EACH

ASSORTED BULBS GROW KITS

LOCKED DOWN

3⁴⁸
EACH

5 STEM GERBERAS
ASSORTED COLOURS

THIS WEEK ONLY

\$6

5 STEM ROSES
ASSORTED COLOURS

THIS WEEK ONLY

\$7

12 STEM POM BOUQUET

THIS WEEK ONLY

9⁹⁸
EACH

PERSONAL AND BABY CARE FOR LESS

HUGGIES PULL-UPS
64'S
GOODNITES DIAPERS
44'S
SELECTED VARIETIES

29⁹⁹
EACH

HUGGIES
snug & dry
diapers
ABSORBS IN SECONDS

THIS WEEK ONLY

39⁹⁹
EACH

HUGGIES SNUG & DRY DIAPERS
104 - 144'S
LITTLE MOVERS
136 - 168'S
SELECTED VARIETIES

TRESemmé
HAIR CARE
828 ML
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH

LISTERINE
MOUTHWASH
1 L
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH

COLGATE
MAX FRESH
TOOTHPASTE
375
COLGATE
VALUE PACK
TOOTHBRUSHES
4'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

BANANA BOAT
SUNSCREEN
150 - 315 ML, 141 - 226 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁹
EACH

PERSONNELLE
BABY DIAPERS
96 - 144'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

26⁹⁹
EACH

PAMPERS
EASY UPS
56 - 74'S
SELECTED VARIETIES

LOCKED DOWN

26⁹⁹
EACH

PERSONNELLE
BABY PUREE
123 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1¹⁷
EACH

PERSONNELLE
BABY TRAINING PANTS
33'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

12⁹⁹
EACH

POISE
PADS
30
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH

IRISH SPRING
BODY WASH
487 ML
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

Aveeno.
Daily Moisturizing
body wash with natural
hydrating oatmeal

AVEENO
ACTIVE
NATURALS
BODY WASH
537 ML
SELECTED VARIETIES

LOCKED DOWN

9⁹⁹
EACH

Aveeno.
Daily Moisturizing
lotion with natural
hydrating oatmeal

AVEENO
ACTIVE
NATURALS
MOISTURIZING
LOTION
537 ML
SELECTED VARIETIES

LOCKED DOWN

12⁹⁹
EACH

PAMPERS
BABY WIPES
40'S
SELECTED VARIETIES

LOCKED DOWN

3⁹⁹
EACH

Q-TIPS
400
SELECTED VARIETIES

LOCKED DOWN

3⁹⁹
EACH

BABY
GOURMET
PUREE
112 ML
SELECTED VARIETIES

LOCKED DOWN

3/\$6

NESTLÉ
NIDO
NUTRITIONAL
SUPPLEMENT
850 G
SELECTED VARIETIES

LOCKED DOWN

23⁹⁹
EACH