


BAY ROBERTS 709.786.2101
 CARBONEAR 709.596.6644

Fresh, Friendly and Local - Since 1948
Powell's
 Supermarket

VISIT US ON FACEBOOK  @PowellsNL

 View our flyer online at www.powellsnl.ca

HAPPY
Mother's Day ♥

\$3²⁹
 PER LB.
 \$7.25/KG.

Frozen Value Pack Sirloin End
Pork Chops

\$2⁷⁷
 PER LB.
 \$6.11/KG.

Fresh Country Ribbon Value Pack
Chicken Thighs or Drumsticks

\$11⁹⁹
 PER LB.
 \$26.43/KG.

Cut From Canada AA or USDA Select Grades Beef Value Pack
T-Bone Grilling Steak

\$19⁹⁹

16ct Outlaw
Beef Burgers

2/\$4



375-404g Betty Crocker
Cake Mix

\$3⁷⁷



1lb Product of U.S.
Strawberries

\$3⁷⁷



300-350g Purity
Cream Crackers

3/\$5



250g Dare
Breaktime Cookies

\$2⁹⁹



427-454g Becel Plant Based
Brick, Sticks or Tub Butter

\$4⁸⁸



510g McCain Deep & Delicious
Cakes

\$11⁸⁸



24x355ml Assorted
Coke & Flavours

\$4⁹⁹



1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent

\$2⁷⁷
 PER LB.
 \$6.11/KG.



Product of Canada
Hot House Tomatoes

2/\$6⁵⁰



675g Dempster's Xtra
Sandwich Bread or 6-8pk Hotdog or Hamburger Buns

2/\$5



10x180ml Kool-Aid
Jammers

PRICES ARE IN EFFECT MAY 9-15, 2024

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
9	10	11	12	13	14	15

\$3.44



250g Lactantia Cream Cheese

\$3.88



905g Pearl Milling Company Pancake Mix or 710ml Syrup

\$1.88



58g Kraft Dinner Cups

2/\$4.44



796ml Primo Tomatoes

\$7.44



320-400g Cracker Barrel Cheese Bars or Shreds

\$11.99



8 Roll Charmin Triple Roll Bathroom Tissue

\$4.77



250g Hershey Milk Chocolate Chipits

2/\$4



170g Clover Leaf Skipjack Tuna

\$3.99



3lb Golden Crust Bread & Roll Mix

\$3.49



340g Mario's Chopped Ham

2/\$5



680ml Hunt's Thick & Rich Pasta Sauce

\$3.99




300g Hamilton Milk Lunch

2/\$4



398ml Bush's Baked Beans

\$2.88



170ml Fussell's Cream

2/\$4.44



354ml Dairy Isle Regular or 2% Evaporated Milk

\$3.88



10pk Dempster's 7" Tortilla Wraps

\$1.88




1lt Allen's Juice

2/\$4.88




350g Dainty Fried Rice

\$4.99



473ml Crisco Canola Oil

\$9.88



3pk Sponge Ultra Pro Paper Towels

2/\$4.44



340-450g Betty Crocker Frostings

\$1.77



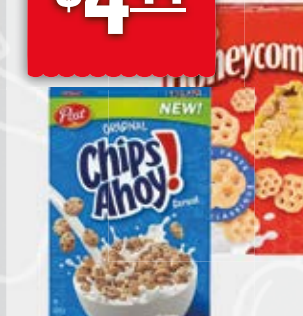
199-284ml Green Giant Tin Corn

\$5.99



200g Folgers Instant Coffee

\$4.44



500g Jif Peanut Butter
340-440g Selected Post Cereals



Have you heard about our... **JR SHOPPER PASSPORT**

Each week in our flyer, Pepper will pop up by one of her favourite items & that's our new **STICKER OF THE WEEK**. Collect them **ALL** to earn a **PEPPER STUFFIE!**

STICKER OF THE WEEK

• Passports & stickers available at the checkout. Full promo details in store or on our Facebook page.

\$1.88



156g Burns Flakes of Meat



Your Newfoundland Butcher

\$6.99
PER LB.
\$15.41/KG.

Cut from Canada AA or
USDA Select Grades Beef
**Outside Round Oven Roast
or Marinating Steak**



\$5.99
PER LB.
\$13.21/KG.

Made From Fresh
or Frozen Portions
Value Pack
**Lean Ground
Beef**

\$11.99

1kg Southern Fried
Bucket Chicken



\$4.99
PER LB.
\$11.00/KG.

Tray Pack Atlantic's Best
**Fresh Homestyle
Puddings**



\$4.99
PER LB.
\$11.00/KG.

Fresh
Pork Tenderloin



\$6.99

250g Maple Leaf Naturals
Prepped & Ready
Chicken or Ham



\$27.99

5kg Frozen
Turkey Drums



\$5.44

375g Mere Michel
Regular or Salt Reduced
Bacon



\$3.99

375g Maple Leaf
Wieners



\$9.99

450g Schneider's
Chicken or Pork Schnitzel



\$34.99

2kg Maple Leaf
Mild Zinger Wings



\$2.99

90-120g JMS
Lunchmates



\$9.99

800g Watson Ridge
**Buttermilk Chicken
Pieces**



\$10.99

680g Stampede
Pork Back Ribs



Deli

\$1.99
PER 100G

Store Sliced Golden Maple
or Harvest Creek
Chicken Breast



\$2.99

175g Chris Brothers
**Pizza Variety
Pack**



\$4.99

200-250g Mainstreet Deli
Sliced Meats



\$21.99

Instore
Rotisserie Chicken Meal



From the Sea

\$8.99

500g High Liner
**English
Style Fish in
Batter**



\$12.99
PER LB.
\$28.64/KG.

Fresh
**Atlantic
Salmon Fillets**



\$8.99
EACH

3-4oz Frozen
**Atlantic
Lobster
Tails**



\$5.99

Salt Fish Bits
Poisson Salée Morceaux



454g Land & Sea
Salt Fish Bits



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FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Fresh Produce



\$5⁹⁹

5lb Product of Canada
Small Turnip



\$2⁹⁹
PER LB.
\$6.59/KG.

Product of U.S.
Zucchini Squash

\$3⁹⁹



6oz Product of U.S.
Blueberries



\$5⁹⁹

3lb Product of Canada
McIntosh Apples



\$4⁹⁹

3lb Product of Canada
Carrots

\$1⁶⁹



6oz Product of Canada
Red Radish



\$5⁹⁹
EACH

Product of U.S.
Honeydew Melon



\$3⁹⁹

280g Product of Canada
Cherry Tomatoes



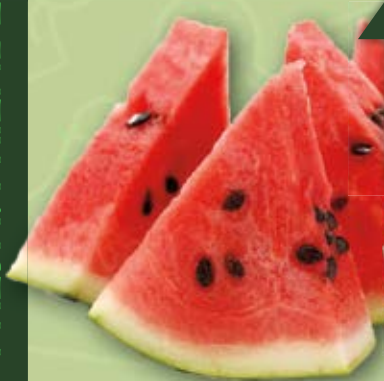
\$1⁹⁹
EACH

Product of Canada
English Cucumber



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Chile
Plums



\$1⁹⁹
PER LB.
\$4.39/KG.

Product of U.S.
Watermelon Pieces

FRESH. FRIENDLY. LOCAL



Dairy



\$3⁴⁹

227g Becel
Plant Based Garlic Butter

\$3⁹⁹

168g Black Diamond
Cheestrings

\$3²⁹

500ml Scotsburn
Coffee Cream



STICKER OF THE WEEK



\$3⁹⁹



6x60g Yoplait
Minigo Yogurt

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Frozen



\$5⁷⁷

360-455g Swanson
Hungryman Dinners

\$3⁷⁷

625g Cavendish All Day
Hashbrown Waffles

\$9⁹⁹



695g Maple Leaf
Prime Chicken Wings

\$3⁴⁴



454g Michelina's
Grande Frozen Entrees



\$5⁴⁴

3pk Dr. Oetker
Plank Pizza

\$3⁷⁷



800g McCain
Red Bag Fries

\$3⁹⁹



340g Green Giant
Cauliflower Medley Riced Veggies

2/\$6



298g Furlani
Garlic Parmesan Breadsticks

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Bakery

\$14⁹⁹

Biscoff
Cheesecake

Baked In-Store

\$4⁴⁹

600g Golden Crust
**Molasses Raisin
Pot Bread**

STARTING AT
\$10⁹⁹

Baked In-Store

Happy
Mothers
Day

Selected Mother's Day
Cakes

\$2⁹⁹

3 Bun Homestyle
White Bread

Baked In-Store

STARTING AT
\$6⁹⁹

Powell's Artisan
**Sourdough
Bread**

Baked In-Store

Powell's Artisan

\$4⁹⁹

10pk Golden Crust
Cake Donuts

\$6⁹⁹

4pk Golden Crust
**Cream
Hornes**

\$6⁴⁹

6pk Assorted
Cupcakes

Baked In-Store

\$7⁷⁹

12pk Golden Crust
Variety Pack Cookies

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PRICES ARE IN EFFECT UNTIL MAY 22, 2024

Smart Shopper

\$2⁷⁷

400g Kraft
**Jet Puffed
Marshmallows**

\$3⁸⁸

454g Fleischmann's
Corn Starch

2/\$6⁵⁰

425g Stagg
Chili

\$4⁸⁸

1.89lt Mott's
Clamato Juice

\$3⁴⁴

300ml Dairy Isle
**Sweetened &
Condensed Milk**

\$1⁸⁸

212g Imperial
Soft Margarine

2/\$4

196g Snausages
**Beef & Cheese
Dog Treats**

2/\$5⁵⁰

128-142g Fresh
**Gourmet
CROUTONS**

\$2⁸⁸

190g Purity
Smoked Kippers

4/\$5

113g Marios
**Mini Vienna
Sausages**

\$8⁹⁹

1.13kg Sno'Flake
Shortening

\$4⁸⁸

946ml Royal Oak
BBQ Lighter Fluid

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Personal
Care

\$3²⁹

150g or 300ml Finesse
Hair Products

77¢

60ml Colgate
Toothpaste

\$4⁹⁹

621ml Ivory
**Lavender
Bodywash**

\$6⁴⁴

16ct Advil
Migraine Liqui-Gels

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Refreshments & Snacks

2/\$6

90g McSweeney's Ped N' Ched Snacks

2/\$6.88

175g Old Dutch Popcorn Twists

\$4.88

210-235g Doritos Snacks

2/\$1.4

12x355ml Pepsi & Flavours

\$3.77

12x500ml Pure Life Spring Water

3/\$5

58.5g Junior Mints or Caramels

\$5.44

456-492g Orville Redenbacher Popcorn Bowls

2/\$6

116-135g Werther's Original Candy

\$4.99

284g Two Bite Chocolate or Vanilla Cupcakes

2/\$7.50

190-280g Havoc Snacks

\$1.44

500ml Sunny D

\$3.44

120-142g Sensible Portions Veggie Straws

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Furry Friends

\$7.44

210g Milk Bone Comfort Chews

2/\$3

78g Meow Mix Tasty Layers Cat Food

\$10.99

1.81kg Smart Blend Lamb & Rice Dog Food

\$8.88

1.42kg Meow Mix Dry Cat Food

\$3.88

630g Pedigree Choice Dog Food

\$3.44

170g Friskies Party Mix

FRESH. FRIENDLY. LOCAL



House and Home

\$3.77

828ml Pine-Sol Cleaner

\$4.44

80ct Fleecy Sheets

\$8.77

16ct Cascade Platinum Fresh Dishwasher Tabs

\$3.88

250g Febreze Air Freshener

\$5.44

10-90ct Ziploc Storage, Freezer or Sandwich Bags

\$6.44

16ct Gain Flings

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More Great Deals

\$8.77

312g Milkbone Comfort Chews Roll

\$4.88

48oz Dole Pineapple Juice

2/\$6

640-700ml Garden Select Pasta Sauce

\$2.88

900g Primo Pasta

\$3.44

70g Mrs. Dash Seasoning

2/\$1

85g Mr. Noodles

\$2.88

325ml Selected French's Mustard

\$17.99

30ct Nescafe Rich Coffee Pods

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