Blush Lane ORGANIC MARKET

May 12 - 18 / 2024



Fire up the grill and be the host with the most this long weekend

Shop BBQ favourites in store

Weekly Deals



Pierogerie Polish Foods Assorted Pierogies Reg. \$10.99/330g



Organic **Green Beans** Reg. \$6.99/lb (\$15.39/kg) Product of MEX



Organic **Strawberries** Reg. \$8.99/1lb (454g) Box Product of MEX/USA



Spud Sustainable Seafood Pacific Cod Portions Reg. \$6.19/170g

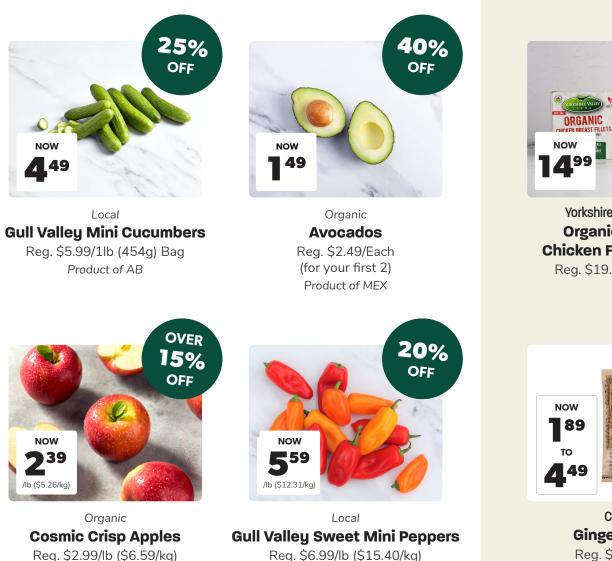
Featured Deal



FOUR O'CLOCK Fair Trade Organic Teas Reg. \$6.99/16 bags

Fueled by a mother-daughter passion for tea, Four O'Clock is based in Saint-Bruno-de-Montarville, in the Greater Montreal area, where they dream up and taste the herb and spice blends that are the essence of Four O'Clock teas. Explore their extensive range of teas and herbal teas; organic, fair trade and proudly Canadian.

Produce



Product of USA

Reg. \$6.99/lb (\$15.40/kg) Product of AB

Monthly Savings



Yorkshire Valley Farms **Organic Breaded Chicken Fillets or Bites** Reg. \$19.99/454-480g



Ginger Chews Reg. \$2.79-4.49 /assorted sizes

TOOL PLANT BARES + DOG FREE 0 22 0

Sales valid from May 12 - 18 / 2024



A-May-zing Savings

Shop this month's unbeatable deals

SHOP IN STORE

*product availability may vary

Grocery



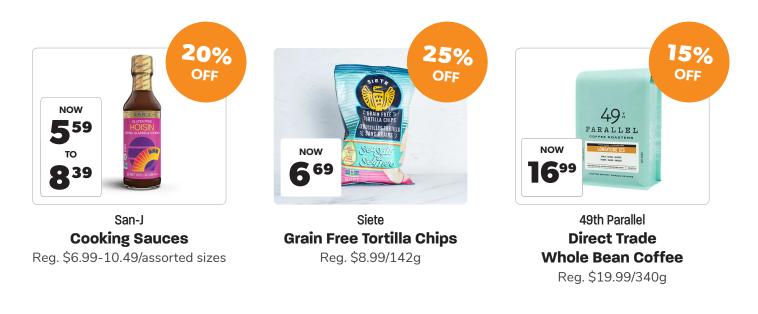
Canadian Heritage Organics Line Drive Reg. \$6.49-36.99/assorted sizes

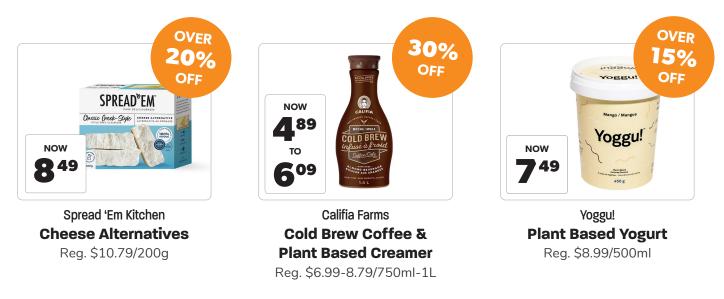


CLIF Builder Protein Bars Reg. \$2.99/68g



Kettle Potato Chips Reg. \$4.79/198g





Grocery



Harmless Harvest Organic Coconut Water Reg. \$6.79-15.99/296-946ml

Adventure Ready Meals

Shop your favourite long weekend essentials in store

Meat & Deli



Selva Shrimp Half Ring w/Sauce Reg. \$14.99/255g



Divina Selected Olive Deli Cups Reg. \$9.29/320ml



Dine In

Bluebird Provisions Assorted Broth Reg. \$11.29/420ml



Grimm's Fine Foods Deli Sausage Rings Reg. \$9.29/300g

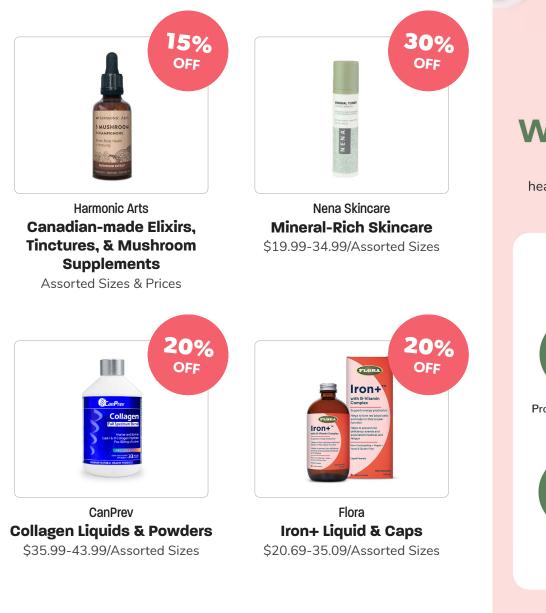


Selva Raw or Cooked Black Tiger Shrimp 21/25 Count Reg. \$17.49-17.99/340g



Amy's Kitchen Assorted Pizza Reg. \$14.49/368g

Health & Beauty





The Blush Lane Wellness Club

Sign up for \$30 and save on health and body care all year long!







Protein & Herbal Powders

Cosmetics





Body Care

Homeopathy



Sales valid from May 12 - 18 / 2024

ASPEN WOODS, CALGARY #3000 - 10 Aspen Stone

Mon - Sun | 8 am - 9 pm

Blvd SW

t: 403 210 1247

MARDA LOOP, CALGARY 2044 33rd Ave SW t: 587 535 6713 Free 1 hour parking! Mon - Sun | 9 am - 9 pm BRIDGELAND, CALGARY 617 Meredith Rd NE t: 587 393 4041 Free 45 min parking! Mon - Sun | 9 am - 9 pm WHYTE AVE, EDMONTON 8135 - 102nd Street NW t: 780 988 5655 Sun - Fri | 9 am - 9 pm Saturday | 8 am - 9 pm

All items are available on sale at all Blush Lane Organic Markets between May 12-18/2024. All sales are valid while quantities last and are subject to availability. The sales in this flyer are exclusive to only Blush Lane Organic Market locations and may or may not be reflected as the regular or sale price between these dates at SPUD.ca. Blush Lane reserves the right to cancel these promotions at any time. Blush Lane Whyte Ave Edmonton does not carry all products shown in this flyer. All meat and seafood products mentioned in this flyer will only be available frozen, not fresh at the Blush Lane Whyte Ave location.

