# Blush Lane ORGANIC MARKET

May 5 - 11 2024



# **Weekly Deals**



# Free2B Vegan, Gluten Free & Allergy Friendly Snacks

Reg. \$3.99-10.49/Assorted Sizes



Organic

#### **Asparagus**

Reg. \$9.99/lb (\$22.00/kg) Product of MEX



# Organic **Tommy Atkins Mangos**

Reg. \$2.99/Each Product of MEX



Platinum Alberta

Ground Beef &

Pork Bolognese

Reg. \$9.99/454g

# **Featured Deal**



# New Earth Organics Natural Health Supplements

Assorted Sizes & Prices

New Earth Organics is the vision of Alberta-based Master Herbalist Derek Fleming. With intent on bringing to market the most powerful collection of herbs they can find from all of the Kingdoms of Nature. New Earth Organics is doing their part to help nourish you in the most effective way possible, through the magic and harmony of real foods.

# **Produce**



Local

#### **Gull Valley Mini Cucumbers**

Reg. \$5.99/1lb (454g) Bag Product of AB



Organic

#### **Avocados**

Reg. \$2.49/Each (for your first 2) Product of MEX



Organic

#### **Strawberries**

Reg. \$8.99/1lb (454g) Box Product of MEX



#### **Sweet Orin Apples**

Reg. \$9.99/5lb (2.27kg) Bag Product of BC

Sales valid from May 5 - 11 / 2024

**OVER** 

20%

OFF

# **Monthly Savings**



Ocean Wise

#### 7 Seas

#### **Wild Pink Salmon Portions**

Reg. \$4.49/4oz



Earth's Own
Fresh Almond Milk

Reg. \$5.99/1.75L-1.89L



# Grocery



Gluten Free
Jovial
Brown Rice Pasta

Reg. \$7.99-9.49/255-340g



**Popcorn** Reg. \$5.99/125g



Chosen Foods
Avocado Oil
Reg. \$23.49/750ml



Clever Mocktails
Non-Alcoholic Mocktails
Reg. \$3.49-22.99/355ml & 8x355ml



Endangered Species

Fair Trade Chocolate Bars

Reg. \$5.99/85g



FreeYumm

Dairy & Gluten Free Snacks

Reg. \$5.49/120-154q



Karthein's
Unpasteurized Sauerkraut
Reg. \$7.99-16.99/375-750ml



L'Ancêtre

Organic Cheddar

Reg. \$15.99/325g



Soya Nova
Organic Tofu
Reg. \$8.49/200-400g

# Grocery



Tree Island

Cream Top Yogurt

Reg. \$5.99/500g

# **Meat & Deli**



Simply Westcoast

Sockeye Salmon Portions

Reg. \$16.99/340g





**OVER** 

Simply Westcoast Smoked Salmon Reg. \$6.99/85g



Springbank Cheese Canadian Brie Reg. \$4.99/100g



Grimm's Fine Foods **Assorted Smokies**Reg. \$9.69/450g

# **Dine In**



Calgary Only!
High Vibe Health
Assorted Broths & Tallow
Reg. \$10.49-16.99/185-710ml



Edmonton Only!

Caulipower

Assorted Pizza

Reg. \$11.99-12.49/310-330g



Alkeme **GF Sourdough Bagels**Reg. \$15.99/6 Pack

# **Health & Beauty**



Giovanni **Castor Oil Hair Care Collection** 

Assorted Sizes & Prices



**Botanica Protein Powders** 

Reg. \$42.99-62.99/390-840g



ANNEMARIE BÖRLIND Skincare & Beauty Products

Assorted Sizes & Prices



MegaFood **Vitamins & Supplements** 

Assorted Sizes & Prices



# The Blush Lane Wellness Club

Sign up for \$30 and save on health and body care all year long!

#### **MEMBERS RECEIVE 15% OFF ON**



Protein & Herbal **Powders** 



Cosmetics



**Body Care** 



Homeopathy

Sales valid from May 5 - 11 / 2024

#### ASPEN WOODS, **CALGARY**

#3000 - 10 Aspen Stone Blvd SW t: 403 210 1247 Mon - Sun | 8 am - 9 pm

#### MARDA LOOP, **CALGARY**

2044 33rd Ave SW t: 587 535 6713 Free 1 hour parking! Mon - Sun | 9 am - 9 pm

#### BRIDGELAND, **CALGARY**

617 Meredith Rd NE t: 587 393 4041 Free 45 min parking! Mon - Sun | 9 am - 9 pm

#### WHYTE AVE, **EDMONTON**

8135 - 102nd Street NW t: 780 988 5655 Sun - Fri | 9 am - 9 pm Saturday | 8 am - 9 pm

All items are available on sale at all Blush Lane Organic Markets between May 5 - 11 / 2024. All sales are valid while quantities last and are subject to availability. The sales in this flyer are exclusive to only Blush Lane Organic Market locations and may or may not be reflected as the regular or sale price between these dates at SPUD.ca. Blush Lane reserves the right to cancel these promotions at any time. Blush Lane Whyte Ave Edmonton does not carry all products shown in this flyer. All meat and seafood products mentioned in this flyer will only be available frozen, not fresh at the Blush Lane Whyte Ave location.







