FOOD LION

May 29 - June 4, 2024

Offers valid while supplies last.

Here with hot deals

YOU SAVE $2.50 LB

HOT SALE! MVP

3.99 LB

USDA CHOICE

Beef
TOP ROUND LONDON BROIL

W/O MVP Card $6.49 LB

HOT SALE! MVP

59¢ LB

W/O MVP Card Regular Retail

Sold in 10 Lb. Bag
FRESH CHICKEN LEG QUARTERS

HOT SALE! MVP

2.99 LB

W/O MVP Card Regular Retail

Center Cut, Bone-In
PORK CHOPS

2.25-4.5 Oz. Pkg.
Select Varieties
OSCAR MAYER BASIC LUNCHABLES

HOT SALE! MVP

3/$5

W/O MVP Card Regular Retail

YOU SAVE $3.98 ON 2

HOT SALE! MVP

2/$4

Pint
BLUEBERRIES

W/O MVP Card $3.99 EA

HOT SALE! MVP

2.99 EA

W/O MVP Card $3.99 EA

3 Ct. Pkg.
FOOD LION RAINBOW BELL PEPPERS

HOT SALE! MVP

89¢ LB

W/O MVP Card $1.19 LB

Bulk or Tote Bag
ROMA TOMATOES

HOT SALE! MVP

3.99 EA

W/O MVP Card $4.99 EA

6 Ct. - Made Hot In-Store
HONEY, MILD OR SPICY WINGS
IN THE DELI

HOT SALE! MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

12 Pack
12 Oz. Cans
Select Varieties
PEPSI PRODUCTS
LIMIT 4 FREE

7.5-15 Oz.
Select Varieties
NABISCO RITZ CRACKERS
LIMIT 4 FREE

HOT SALE! MVP

BOGO FREE

W/O MVP Card Regular Retail Single Item Half Price

9.5-16.5 Oz.
Select Varieties
TASTYKAKE BAGGED DONUTS OR SNACK CAKES

HOT SALE! MVP

2/$5

W/O MVP Card Regular Retail

6.5-10 Oz.
Select Varieties
CHEETOS OR FRITOS

HOT SALE! MVP

2/$7

W/O MVP Card Regular Retail

24 Pack - 12 Oz. Cans
Select Varieties
BUD, MILLER, COORS OR YUENGLING

HOT SALE!

19.99 PLUS DEP

8 Ct. - Select Varieties
BALL PARK HOT DOG OR HAMBURGER BUNS

HOT SALE! MVP

2/$6

W/O MVP Card $3.99 EA.

HOT SALE! MVP

2/$5

W/O MVP Card Regular Retail

8.25-12.87 Oz.
Select Varieties
STOUFFER'S OR LEAN CUISINE ENTRÉES

HOT SALE! MVP

2/$4

W/O MVP Card Regular Retail

6 Oz.
Select Varieties
BLUE DIAMOND ALMONDS

HOT SALE! MVP

5.99 LB

W/O MVP Card $6.99 EA.

8 Pack
12 Oz. Bottles
Select Varieties
GATORADE

6 Ultra Mega Rolls or 8 Mega Rolls
4 Double Roll
SPARKLE
Select Varieties

HOT SALE! MVP

5.49 EA

W/O MVP Card Regular Retail

15 Oz.
Select Varieties
WISH-BONE DRESSING

HOT SALE! MVP

2/$5

W/O MVP Card $3.98 EA.

HOT SALE! MVP

5.99 LB

W/O MVP Card $8.99 EA.

6-20 Ct.
Select Varieties
NESTLÉ DRUMSTICK CONES

12-14.9 Oz. - Select Varieties
GENERAL MILLS FLAVORED CHEERIOS CEREAL

HOT SALE! MVP

2/$5

W/O MVP Card $5.99 EA.

MVP Digital Coupons

load on app • web • in-store kiosk

HOT SALE! 2/$7

W/MVP Card $3.99 EA.

MVP Coupon -$1.00 BY2

48 Oz.
Select Varieties
BREYERS ICE CREAM

2/$6

W/ MVP REWARDS SAVINGS

18-31 Ct. Pods or 63 Oz. Liquid
TIDE

31 Ct. Pings or 64 Oz. Liquid
GAIN
Select Varieties

HOT SALE! 9.99 EA

W/MVP Card Regular Retail

MVP Coupon -$3.00 BY1

6.99 EA

W/ MVP REWARDS SAVINGS

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

SAVE MORE WITH MVP HOT SALE! OUR BEST WEEKLY MVP DEALS

1 2NRR 05/29/24

Remember to shop & see your *rewards* stack up

SHOP&EARN MONTHLY REWARDS

Activate Your Offers

Check Your Progress

Did you know you can *donate your rewards?*

Help our neighbors get the food they need to thrive!

FOOD LION FEEDS

SHOP&EARN MONTHLY REWARDS

Donate Now

*For each $1 in Shop & Earn rewards you donate, Food Lion will donate $1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

Keeping *prices low* on guaranteed freshness!

HOTSALE! MVP
5.99 LB
93% LEAN FRESH GROUND BEEF
W/O MVP Card Regular Retail

100% fresh or *double* your money back
See foodlion.com for details

HOTSALE! MVP
8.99 LB
W/O MVP Card Regular Retail
BONELESS BEEF SIRLOIN OR SIRLOIN STRIP STEAK
CHOICE

HOTSALE! MVP
6.99 LB
W/O MVP Card Regular Retail
Beef
CUBED STEAK
CHOICE

HOTSALE! MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
22 Oz. Pkg. - All Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! MVP
5.29 LB
W/O MVP Card Regular Retail
FRESH GROUND CHUCK PATTIES

HOTSALE! MVP
6.29 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
FRESH GROUND TURKEY BREAST

16-24 Oz.
Select Varieties
BROOKWOOD FARMS PREMIUM SMOKED MEATS

HOTSALE! MVP
9.99 LB
W/O MVP Card Regular Retail

HOTSALE! MVP
4.99 EA
W/O MVP Card Regular Retail
16-19 Oz. Pkg.
Select Varieties
FRESH TURKEY BURGERS

HOTSALE! MVP
2.49 LB
W/O MVP Card Regular Retail
Assorted, Bone-In
PORK CHOPS

HOTSALE! MVP
4.99 LB
W/O MVP Card Regular Retail
NATURE'S PROMISE CHICKEN TENDERLOINS

14-15 Oz. Pkg. - Select Varieties
Includes Beef
BALL PARK MEAT FRANKS
HOTSALE! MVP
2/$5
W/O MVP Card Regular Retail

18-20 Oz. Pkg. - Select Varieties
LAND O'FROST VARIETY OR SUB KITS
HOTSALE! MVP
6.99 EA
W/O MVP Card Regular Retail

12-16 Oz. Pkg. - Select Varieties
OSCAR MAYER SLICED BACON
HOTSALE! MVP
5.49 EA
W/O MVP Card Regular Retail

24 Oz. Pkg. - Select Varieties
LUMBER JACK SMOKED SAUSAGE
HOTSALE! MVP
3.99 EA
W/O MVP Card Regular Retail

8 Oz. Pkg. - All Varieties
HATFIELD BONELESS HAM STEAK
HOTSALE! MVP
2/$4
W/O MVP Card Regular Retail

SUSTAINABLE SEAFOOD

HOTSALE! MVP
6.99 LB
W/O MVP Card $8.99 EA
10 Oz.
SALMON FILLETS OR WILD CAUGHT TUNA STEAKS

HOTSALE! MVP
5.99 LB
W/O MVP Card Regular Retail
3 Oz.
NATURE'S PROMISE ORGANIC COLD SMOKED ATLANTIC SALMON

HOTSALE! MVP
3.49 LB
W/O MVP Card $3.99 EA
7 Oz.
Select Varieties
SEAFOOD DIPS OR SPREADS

HOTSALE! MVP
5.99 LB
W/O MVP Card Regular Retail
51-60 Ct.
12 Oz. Bag - Frozen
NATURE'S PROMISE RAW SHRIMP

2 ZNCO ZDPH ZDSA ZNGG ZKNA ZKNU ZMBA ZMBL ZMBM ZMBT ZMSA ZNMA ZNMA ZNMX ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSGA ZSGV ZTCA ZTCH ZTNA ZTNA ZTNV ZTTR ZVBL ZVCH ZVGC ZVNA ZVNA ZVNC ZVNG ZVNH ZVNN ZVNO ZVNP ZVNR ZVNS ZVNT ZVNW ZWBL ZWCA ZWCL ZWNA ZWNB 05/29/24

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Don't miss out on DELIcious BOGOs this week!

HOTSALE! BUY BOGO FREE W/O MVP Card $4.49 EA Single Item Half Price
10 Oz. FRESH CRAVINGS HUMMUS

HOTSALE! BUY BOGO FREE W/O MVP Card $3.99 EA Single Item Half Price
8 Ct. MINI CROISSANTS

HOTSALE! BUY BOGO FREE W/O MVP Card $3.99 EA Single Item Half Price
4 Ct. CINNAMON ROLL DONUTS

Save on easy meal and snacking solutions

Available in our Deli & Bakery

HOTSALE! BUY 4.99 EA W/O MVP Card $5.99 EA
11.8-12.7 Oz. LINO FLATBREAD PIZZA

HOTSALE! BUY 3.99 EA W/O MVP Card $4.99 EA
8-10 Oz. RANA FILLED PASTA

HOTSALE! BUY 4.99 EA W/O MVP Card $5.99 EA
16 Oz. All Varieties PANERA SOUPS

HOTSALE! BUY 8.99 LB W/O MVP Card $9.99 LB
Freshly Sliced TASTE OF INSPIRATIONS HAM

HOTSALE! BUY 3.99 EA W/O MVP Card $4.49 EA
5-7.2 Oz. Select Varieties SNACK FACTORY PRETZEL CRISPS

HOTSALE! BUY 3.99 EA W/O MVP Card $5.49 EA
8 Oz. PRESIDENT FETA CHUNK

HOTSALE! BUY 4.99 EA W/O MVP Card $5.49 EA
4-6 Ct. BULKIE OR HOAGIE ROLLS

HOTSALE! BUY 5/$5 W/O MVP Card $5.29 EA.
3.25-4 Oz. SNACK PIES

Our BRANDS

DOUBLE MONEY BACK GUARANTEE See foodlion.com for details

FOOD LION · COMPANION · taste of inspirations · CARE one

Cookout essentials for less!

HOTSALE! BUY 4.99 EA W/O MVP Card $5.99 EA
12 Oz. TASTE OF INSPIRATIONS PROTEIN SALADS IN THE DELI

12 Oz. Select Varieties FOOD LION BROWN MUSTARD

HOTSALE! BUY 1.29 W/O MVP Card $1.59 EA.

HOTSALE! BUY 3.99 EA W/O MVP Card (Regular Retail)
16 Oz. Pkg. Select Varieties FOOD LION FRESH DINNER SAUSAGE

36 Ct. FOOD LION FREEZE POPS

HOTSALE! BUY 2/$5 W/O MVP Card $2.99 EA.

HOTSALE! BUY 4.49 EA W/O MVP Card $4.99 EA.
10-10.5 Oz. FOOD LION TWO-BITE CUPCAKES IN THE BAKERY

16 Oz. Select Varieties FOOD LION BAKED BEANS

HOTSALE! BUY 1.18 EA W/O MVP Card $1.39 EA.

HOTSALE! BUY 4.49 EA W/O MVP Card $5.99 EA.
12 Ct. FOOD LION MINI SWEET CORN

New offers ADDED WEEKLY!

Here with a *new* week of *digital coupon savings*

Sign in at foodlion.com, our app or the in-store kiosk

1-2NCO 2DPH 2E6A 2GAH 2GAL 2GAP 2GAU 2GCH 2GCR 2GCT 2GHW 2GHY 2G5A 2N9G 2N9A 2N9V 2N8A 2N8L 2N8M 2N8T 2N6A 2N9A 2N9K 2N9S 2NCA 2NCD 2NCE 2NCN 2NCL 2NCR 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NLE 2NKB 2NNF 2NNL 2NNO 2NNA 2NNE 2NNG 2NNH 2NNK 2NNL 2NRR 2NTT 2N8A 2N9H 2N9L 2N9M 2N9N 2N9R 2N9T 2PNL 2PNA 2PNH 2QAA 2QAU 2QCH 2QCL 2QCU 2QCT 2DFR 2DFL 2DFY 2DGL 2GGA 2GGH 2GGV 2TCA 2TCH 2TNN 2TNH 2TNY 2TTR 2VBL 2VCH 2VGC 2VHA 2VNK 2VNO 2VNR 2VNA 2VNG 2VNS 2VNL 2VPR 2VPN 2VRG 2VTJ 2VTR 2VNH 2VNR 2VNW 2VNS 2VNT 2VNA 2WBL 2WCA 2WCL 2WNN 2WNS 0G5N3X

Quick meals
under $15
Get Meals

BUY 3 OR MORE — MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

10.3-16 Oz. - Select Varieties
TALENTI GELATO OR GELATO LAYERS
W/O MVP Card Regular Retail
HOT SALE! 3.99 EA
MIX & MATCH 3 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 3 OR MORE

8.62-18 Oz. - Select Varieties
MAGNUM OR GOOD HUMOR BARS
W/O MVP Card Regular Retail
HOT SALE! 3.99 EA
MIX & MATCH 3 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 3 OR MORE

24-30 Oz. - Select Varieties
HELLMANN'S MAYONNAISE
W/O MVP Card $6.99 EA
HOT SALE! 5.99 EA
MIX & MATCH 3 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 3 OR MORE

18 Oz.
Select Varieties
BREYER'S CARB SMART BARS
W/O MVP Card $5.29 EA
HOT SALE! 3.99 EA
MIX & MATCH 3 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 3 OR MORE

2.6 Oz.
Select Varieties
KNORR RICE CUPS
W/O MVP Card $3.29 EA
HOT SALE! 2.49 EA
MIX & MATCH 3 OR MORE -1.00
1.49 EA MVP
WHEN YOU BUY 3 OR MORE

11.5 Oz. - Select Varieties
HELLMANN'S MAYONNAISE DRESSING
W/O MVP Card $4.99 EA
HOT SALE! 4.29 EA
MIX & MATCH 3 OR MORE -1.00
3.29 EA MVP
WHEN YOU BUY 3 OR MORE

PRICED LOW EVERY DAY

20 Oz.
NATURE'S OWN WHITEWHEAT BREAD
MVP 2/$6
W/O MVP Card $4.29 EA

9.7 Oz.
SPLENDA GRANULAR SWEETENER
7.29 EA MVP
W/O MVP Card $8.99 EA

MVP HOTSALE!

24 Oz.
Select Varieties
HIDDEN VALLEY RANCH SALAD DRESSING
4.99 EA MVP
W/O MVP Card $5.99 EA

6.5-8 Oz.
Select Varieties
CAPE COD POTATO CHIPS
MVP 2/$7
W/O MVP Card Regular Retail

14.16 Oz.
Select Varieties
DUNCAN HINES FROSTING
MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.48 EA

15.25 Oz.
Select Varieties
DUNCAN HINES CAKE MIX
MVP PRICED LOW EVERY DAY 1.39 EA
W/O MVP Card $1.69 EA

HOTSALE! 6.99 EA MVP
W/O MVP Card $7.89 EA
20 Oz.
Select Varieties
BUMBLE BEE SOLID WHITE TUNA IN WATER

1.75 Oz.
Select Varieties
PARM CRISPS CHEESE SNACK
HOTSALE! 2/$4
W/O MVP Card Regular Retail

4.7-8.7 Oz.
Select Varieties
HAMBURGER HELPER
MVP PRICED LOW EVERY DAY 3/$5
W/O MVP Card $2.09 EA

MVP PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.69 EA
4 Pack
Select Varieties
DOLE FRUIT BOWLS

27.9 Oz.
KELLOGG'S RICE KRISPIES TREATS HOMESTYLE
HOTSALE! 11.99 EA MVP
W/O MVP Card $13.69 EA

10 Pack - 9.2-28.8 Oz.
Select Varieties
HANDI-SNACKS OR NABISCO MINI PACKS
HOTSALE! 5.49 EA MVP
W/O MVP Card Regular Retail

13.5-20 Oz.
Select Varieties
PEPPERIDGE HEARTY BUNS
HOTSALE! 3.99 EA MVP
W/O MVP Card $4.49 EA

8 Oz.
Select Varieties
NABISCO MINI SNACK-SAKS
HOTSALE! 2/$5 MVP
W/O MVP Card Regular Retail

16 Oz.
LA BANDERITA SOFT TACO LARGE FLOUR TORTILLAS
HOTSALE! 2.99 EA MVP
W/O MVP Card Regular Retail

12 Oz.
Select Varieties
BUFFALO WILD WINGS SAUCE
HOTSALE! 3.49 EA MVP
W/O MVP Card $3.99 EA

HOTSALE! 2.69 EA MVP
W/O MVP Card $3.19 EA
14 Oz.
Select Varieties
SMARTIES

18 Oz.
Select Varieties
STUBB'S BARBECUE SAUCE
HOTSALE! 3.79 EA MVP
W/O MVP Card $4.58 EA

2.6 Oz.
Select Varieties
STARKIST CHICKEN CREATIONS
HOTSALE! 3/$5 MVP
W/O MVP Card $3.59 EA

17.98-19.74 Oz.
Select Varieties
ORVILLE REDENBACHER'S GOURMET POPCORN
HOTSALE! 3.79 EA MVP
W/O MVP Card Regular Retail

12.5-14 Oz.
Select Varieties
UTZ POTATO CHIPS
HOTSALE! 4.49 EA MVP
W/O MVP Card $4.99 EA

7.8-1 Oz.
Select Varieties
RITZ TOASTED CHIPS
HOTSALE! 2/$6 MVP
W/O MVP Card Regular Retail

14 Oz.
Select Varieties
MINUTE RICE INSTANT RICE
HOTSALE! 2/$5 MVP
W/O MVP Card $2.89 EA

MVP Digital Coupon

load on app • web • in-store kiosk

PRICED LOW EVERY DAY 2/$3
W/ MVP CARD $7.99 EA
MVP Coupon -50¢ EA
10.5 Oz. - Select Varieties
CAMPBELL'S CREAM OF CHICKEN OR MUSHROOM SOUP
2/2.50 MVP
W/ MVP, DIGITAL SAVINGS CARD

4 ZGHW ZGSA ZNLE ZNRH ZNRR ZVRA 05/29/24

Billie Starter Kit Razor

SHOP NOW

In-Store Location:
Available in your front end razor section

BEST OF BEAUTY
allure
THE BEAUTY EXPERT
2023
AWARD WINNER

PROUD PARTNER OF
FOOD LION FEEDS

500,000 MEALS*

DONATED SINCE 2019

$1 DONATED PROVIDES 10 MEALS* TO OUR LOCAL FOOD BANK.
*VISIT FOODLION.COM/FEEDS FOR DETAILS.

SHOP NOW

2/$4

TRY NEW!

HEART & SOUL OF OUR COMMUNITIES

LOCAL GOODNESS

LOCAL GOODNESS NORTH CAROLINA

7-10 Oz.
YADKIN VALLEY POPCORN
IN THE DELI

HOTSALE!
3.49 EA
W/O MVP Card $3.99 EA.

18 Oz.
OLD MULE BBQ SAUCE

HOTSALE!
5.49 EA
W/O MVP Card $6.99 EA.

19 Oz.
Select Varieties
BATTLE TESTED BBQ SAUCE

HOTSALE!
5.49 EA
W/O MVP Card Regular Retail

18 Oz.
Select Varieties
DUTCH KETTLE JAM

HOTSALE!
4.99 EA
W/O MVP Card Regular Retail

4.2 Oz.
Select Varieties
SIPPIN' SNAX PEANUTS

HOTSALE!
5.99 EA
W/O MVP Card Regular Retail

BEVERAGE CENTER

2 Liter
Select Varieties
PEPSI PRODUCTS

HOTSALE!
4/$5
W/O MVP Card Regular Retail

HOTSALE!
9.79 EA
W/O MVP Card $10.99 EA.

6 Pack - 12 Oz. Cans
Select Varieties
MONSTER

HOTSALE!
2/$10
W/O MVP Card Regular Retail

6 Pack
16-16.9 Oz. Bottles
Select Varieties
COKE PRODUCTS

28 Oz.
Select Varieties
POWERADE

HOTSALE!
5/$5
W/O MVP Card $1.99 EA

HOTSALE!
6.49
W/O MVP Card $8.39 EA.

12 Pack
16.9 Oz. Bottles
Select Varieties
LIPTON TEA

64 Oz.
Select Varieties
MOTT'S JUICE

HOTSALE!
2/$5
W/O MVP Card $4.78 EA

HOTSALE!
3/$12
W/O MVP Card Regular Retail

8 Pack
12 Oz. Bottles
Select Varieties
PEPSI PRODUCTS

750 mL
Select Varieties
CHATEAU LA COMMANDERIE OR DARK HORSE WINE

HOTSALE!
8.99 EA

750 mL
Select Varieties
MONTE GUELFO OR MARK WEST WINE

HOTSALE!
10.99 EA

1.5 Liter
Select Varieties
COOK'S WINE
750 mL
Select Varieties
JOSH RESERVE BOURBON BARREL WINE

HOTSALE!
16.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE!
14.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
BLUE MOON, MICHELOB, BUD LIGHT LIME OR KONA

HOTSALE!
15.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
HEINEKEN, CORONA OR PACIFICO

HOTSALE!
15.99 EA

12 Pack - 12 Oz. Cans
Select Varieties
SIMPLY SPIKED, TWISTED TEA OR CANTA RITOS HARD SODA

HOTSALE!
16.99 EA

12 Pack
12 Oz. Bottles or Cans
Select Varieties
SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM

HOTSALE!
10.99 EA

6 Pack - 12 Oz. Cans
SIERRA NEVADA OR WICKED WEED
6 Pack - 12 Oz. Bottles
HOPPYUM
Select Varieties

Beer and Wine may not be available in all locations. Check your store for availability.

TASTE MORE SUMMER
CLIP COUPON
Doritos
NACHO CHEESE
Lay's
Classic
MUG
ROOT BEER
NO CAFFEINE
Mtn Dew
PEPSI
ZERO SUGAR
Starry
LEMON LIME
All brands are property of their respective owners. ©2024

BIG THINGS POPPIN'
2 FOR $5
SHOP NOW
C4
PERFORMANCE ENERGY
SPORT + FITNESS
PERFORMANCE
ENERGY DRINK
16 fl oz (473 mL)
Popsicle
ZERO SUGAR
HAWAIIAN PINEAPPLE
CHERRY
Popsicle® is a trademark of Unilever. The Popsicle® trademark is used under license. All rights reserved.

FROZEN

DON'T LET THESE DEALS MELT AWAY

24-36 Oz.
Select Varieties
LINDY'S ITALIAN ICE
HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA

9-14.8 Oz.
Select Varieties
HÄAGEN-DAZS ICE CREAM OR NOVELTIES
HOT SALE! MVP 2/$7
W/O MVP Card Regular Retail

HOT SALE! MVP 8.99 EA
W/O MVP Card Regular Retail

13-48.8 Oz.
Select Varieties
TOTINO'S PIZZA ROLLS OR OLD EL PASO BITES

16 Oz.
Select Varieties
HALO TOP ICE CREAM
HOT SALE! MVP 3.29 EA
W/O MVP Card $4.99 EA

45 Oz.
Select Varieties
BLUE RIBBON NOVELTIES
HOT SALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

18 Oz.
Select Varieties
INNOVASIAN FROZEN MEALS
HOT SALE! MVP 5.99 EA
W/O MVP Card $7.49 EA

HOT SALE! MVP 8.99 EA
W/O MVP Card $10.99 EA

16-28 Oz.
Select Varieties
SEAPAK FROZEN SEAFOOD

HOT SALE! MVP 12.99 EA
W/O MVP Card $14.99 EA

51-54 Oz.
Select Varieties
HOT POCKETS FAMILY PACK

14-26 Oz.
Select Varieties
MCCAIN FROZEN POTATOES
HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA

HOT SALE! MVP BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price

6.7-7.3 Oz.
Select Varieties
LILY'S TOASTER GRILLS

35-42 Oz.
Select Varieties
BIRDS EYE VOILA! FAMILY DINNERS
HOT SALE! MVP 6.99 EA
W/O MVP Card $8.79 EA

MVP Digital Coupons

load on app • web • in-store kiosk

HOT SALE! 2/$7
W/O MVP Card $3.99 EA
MVP Coupon -1.00 OFF 2
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

21 Oz.
Select Varieties
BOMB POP

HOT SALE! 2/$7
W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF 2
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

14.7-18.4 Oz.
Select Varieties
NESTLE DRUMSTICK CONES OR OUTSHINE BARS

HOT SALE! 2/$9
W/O MVP Card $5.99 EA
MVP Coupon -2.00 OFF 2
2/$7
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

14.87-23.45 Oz.
Select Varieties
RED BARON 12" PIZZA

BREAKFAST

24 Oz.
FOOD LION SYRUP
HOT SALE! MVP 2.19 EA
W/O MVP Card $2.49 EA

6.17-20 Oz.
Select Varieties
KODIAK CHEWY GRANOLA BARS OR FLAPJACK & WAFFLE MIX
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail

9.6 Oz. Can
Select Varieties
FOLGERS COFFEE
HOT SALE! MVP 4.49 EA
W/O MVP Card $5.49 EA

36 Ct.
Single Serve Cups
FOOD LION COFFEE
HOT SALE! MVP 13.99 EA
W/O MVP Card $15.99 EA

5.28 Oz.
Select Varieties
KELLOGG'S SPECIAL K PASTRY CRISPS
HOT SALE! MVP 2/$5
W/O MVP Card $3.99 EA

27.37.2 Oz.
Select Varieties
GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail

10 Ct. K-Cups
or 12 Oz. Bag
Select Varieties
STARBUCKS COFFEE
HOT SALE! MVP 8.99 EA
W/O MVP Card $10.49 EA

23-26 Oz. Can
Select Varieties
CHOCK FULL O'NUTS COFFEE
HOT SALE! MVP 8.99 EA
W/O MVP Card $10.49 EA

June is Pride Month

Show your support

GT's Living Foods
LGBTQ-Owned Business

16 Oz.
All Varieties
GT'S ORGANIC RAW KOMBUCHA
HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA

HOT SALE! MVP 19.99 EA
W/O MVP Card $20.99 EA

RAINBOW MIX ROSE GLOBE
WHILE SUPPLIES LASTI

White Roses Last!
9.99 EA
KALEIDOSCOPE BOUQUET

6 ZDPH ZDSA ZGCX ZGCR ZGCT ZGRY ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCG ZNCE ZNCR ZNCT ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZPAL ZPHA ZPHI ZSCO ZSGL ZSGV ZTCA ZTCH ZTKN ZTTR ZVDC ZVRA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 05/29/24

A lasting impression — Decades in the making
Vint
FOUNDED BY
ROBERT MONDAVI
PRIVATE SELECTION
SHOP COLLECTION
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DAL 1877
Barilla
CLIP COUPON
SPAGHETTI
16oz
FARFALLE
16oz
ORZO
16oz
RIGATONI

HEALTH & BEAUTY

SAVINGS TO FEEL GOOD ABOUT

HOTSALE! MVP 2/$4
5.7 Oz. Select Varieties CREST TOOTHPASTE
W/O MVP Card $2.59 EA

1 Ct. Select Varieties ORAL-B 3D TOOTHBRUSH
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.49 EA

1 Ct. Select Varieties SCHWARZKOPF KERATIN HAIR COLOR
HOTSALE! MVP 11.99 EA
W/O MVP Card $12.99 EA

2.6-3 Oz. Select Varieties OLD SPICE RED ZONE DEODORANT
HOTSALE! MVP 5.99 EA
W/O MVP Card $7.99 EA

25 Ct. Select Varieties ZANTAC 360
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

CareOne OMEPRAZOLE Delayed Release Tablets 20mg
PRICED LOW EVERY DAY 6.99 EA

14-28 Ct. Select Varieties CAREONE OMEPRAZOLE

BABY

1.75 Oz. Select Varieties PLUM ORGANICS FRUITS SNACKS
HOTSALE! MVP 3.19 EA
W/O MVP Card $3.49 EA

1 Qt. Select Varieties GERBER GRADUATES YOGURT MELTS
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

HOTSALE! MVP 2.39 EA
W/O MVP Card $2.89 EA

52-72 Ct. Select Varieties PAMPERS BABY WIPES

MVP Digital Coupon
load on app • web • in-store kiosk

17.29 EA
MVP Coupon -4.00 OFF1
54-92 Ct. Select Varieties LUVS FAMILY PACK DIAPERS
13.29 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

HOUSE & HOME

BRING THE SAVINGS HOME

12.5 Oz. - Select Varieties LYSOL DISINFECTANT SPRAY
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.49 EA

HOTSALE! MVP 2/$4
W/O MVP Card $2.29 EA

10-20 Ct. Slider or 20-50 Ct. Recloseable Select Varieties FOOD LION STORAGE OR FREEZER BAGS

6.2 Oz. Spray Refill or 2 Pk. Oil Refills Select Varieties GLADE
HOTSALE! MVP 5.79
W/O MVP Card Regular Retail

20-48 Ct. Select Varieties FOOD LION PLATES OR BOWLS
HOTSALE! MVP 2/$5
W/O MVP Card $2.99 EA

6 Mega Rolls Select Varieties FOOD LION PREMIUM BATH TISSUE
HOTSALE! MVP 6.49 EA
W/O MVP Card $7.59 EA

MVP Digital Coupons
load on app web in-store kiosk

28-43 Ct. Select Varieties CASCADE
HOT SALE! 12.99
W/O MVP Card $13.99 EA
MVP Coupon -2.00 OFF1
10.99 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

16 Oz. Clean Freak or 41 Oz. Poundale Select Varieties MR. CLEAN
HOT SALE! 5.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF1
3.99 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

16 Oz. Select Varieties DAWN POWERWASH DISH SPRAY
HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -2.00 OFF1
2.99 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

1 Ct. SPATULA WITH RUBBER HANDLE
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

1 Ct. PLASTIC GRILL BRUSH WITH SCRAPER
HOTSALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

1 Ct. TONGS WITH RUBBER HANDLE
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

12-16 Lb. KINGSFORD ORIGINAL OR MATCHLIGHT BRIQUETS
MVP PRICED LOW EVERY DAY 10.99 EA
W/O MVP Card $13.49 EA

HOTSALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

80 Ct. Mega or 160 Ct. Regular Select Varieties BOUNCE
HOT SALE! 6.99 EA
W/O MVP Card $7.99 EA
MVP Coupon -2.00 OFF1
4.99 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

32 Oz. Infusions or 44 Oz. Fabric Softener Select Varieties DOWNY
PRICED LOW EVERY DAY 4.99 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF1
3.99 EA
MVP 1ST 100% DISCOUNT SAVINGS (MAX 1)

PET

3.15-3.5 Lb. Select Varieties PURINA CAT CHOW
HOTSALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP 10.99 EA
W/O MVP Card $12.99 EA

20 Lb. Box SCOOP AWAY CLEAN MULTI-CAT CAT LITTER

HOTSALE! MVP 14.99 EA
W/O MVP Card $16.99 EA

42.3 Oz. - 12 Pack Select Varieties CESAR WET DOG FOOD

6-7 Lb. Bag Select Varieties IAMS DOG FOOD
HOTSALE! MVP 17.99 EA
W/O MVP Card $19.99 EA

Better Tasting Coffee for Less

SHOP NOW

Here to help you *save more* with our weekly hot sales

Count on us for affordable organic must-haves and your everyday favorites.

HOTSALE! MVP 3.99 LB — W/O MVP Card Regular Retail
FRESH CHERRIES

HOTSALE! MVP 1.99 LB — W/O MVP Card Regular Retail
Large
RED SEEDLESS GRAPES

HOTSALE! MVP 79¢ EA — W/O MVP Card Regular Retail
HASS AVOCADOS

24 Oz.
Select Varieties
TASTEFUL SELECTIONS STEAM & SAVOR POTATOES

HOTSALE! MVP BOGO FREE — W/O MVP Card Regular Retail
Single Item Half Price

2 Lb. Pkg.
FOOD LION BABY CUT CARROTS

HOTSALE! MVP 1.89 EA — W/O MVP Card Regular Retail

6.4-13 Oz.
Select Varieties
FRESH EXPRESS SALAD KITS

HOTSALE! MVP 2/$7 — W/O MVP Card Regular Retail

10 Oz.
NATURE'S SWEET CHERUB TOMATOES

HOTSALE! MVP 1.99 EA — W/O MVP Card Regular Retail

8 Oz.
FOOD LION WHITE SLICED MUSHROOMS

HOTSALE! MVP 1.89 EA — W/O MVP Card Regular Retail

BAMBOO BONSAI IN CERAMIC
White Sapphire Leaf

9.99 EA

Best in *season*

Take advantage of Vidalia onion season. So sweet and amazing when caramelized on the grill.

HOTSALE! MVP 1.19 LB — W/O MVP Card Regular Retail
Bulk or Tote Bag
VIDALIA ONIONS

ORGANIC

6 Oz. Pkg.
ORGANIC BLUEBERRIES

HOTSALE! MVP 2.99 EA — W/O MVP Card Regular Retail
USDA ORGANIC

HOTSALE! MVP 3.59 EA — W/O MVP Card Regular Retail
NATURE'S PROMISE ORGANIC BROCCOLI
USDA ORGANIC

100% fresh or *double* your money back

See foodlion.com for details

Text CountOnUs to MVPMVP (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply)
Find us online: foodlion.com

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We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: American Express, VISA, MasterCard, ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Littleton, Roanoke Rapids

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

3 DAY DAIRY MVP HOT SALE!

MAY 31 - JUNE 2, 2024 • FRIDAY - SUNDAY ONLY • PARTICIPATING DAIRY ITEMS

52 Oz.
Select Varieties
GOLD PEAK ICED TEA

HOT SALE! MVP
2/$4
W/O MVP Card $3.09 EA
REST OF WEEK 2/$5 MVP

52 Oz.
Select Varieties
SIMPLY ADES OR PUNCHES

HOT SALE! MVP
2/$4
W/O MVP Card $3.68 EA
REST OF WEEK 2/$5 MVP

HOT SALE! MVP
2/$5
W/O MVP Card $3.99 EA

16.3 Oz.
Select Varieties
PILLSBURY GRANDS! BISCUITS

REST OF WEEK 2/$6 MVP

7-8 Oz.
Select Varieties
TILLAMOOK SLICED OR SHREDDED CHEESE

HOT SALE! MVP
2/$5
W/O MVP Card $3.99 EA
REST OF WEEK 2/$7 MVP

52 Oz.
Select Varieties
ALMOND BREEZE ALMONDMILK

HOT SALE! MVP
2/$5
W/O MVP Card $3.59 EA
REST OF WEEK 2/$6 MVP

64 Oz.
Select Varieties
SUNNY DELIGHT

HOT SALE! MVP
2/$3
W/O MVP Card $2.48 EA
REST OF WEEK 2/$4 MVP

HOT SALE! MVP
BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price Off Regular Retail

4.5 Oz.
Select Varieties
SARGENTO BALANCED BREAKS

REST OF WEEK $2.99 EA MVP

HOT SALE! MVP
88¢ EA
W/O MVP Card 2/$3

4.5-5.3 Oz.
Select Varieties
CHOBANI GREEK OR ZERO SUGAR YOGURT

REST OF WEEK 5/$5 MVP

W-1 ZNCO ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVRA ZVTI ZVTR 05/29/24

Prices good May 29 - June 4, 2024

June is National Dairy Month!

52 Oz.
Select Varieties
PLANET OAT OATMILK

MVP PRICED LOW EVERY DAY
3.69 EA
W/O MVP Card $4.58 EA

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

16 Oz. - Select Varieties
CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS

8 Oz.
Select Varieties
I CAN'T BELIEVE IT'S NOT BUTTER SPRAY
NEW ITEM

HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail

6.5 Oz.
Select Varieties
REDDI-WIP WHIPPED TOPPING

HOT SALE! MVP
2.99 EA
W/O MVP Card $3.49 EA

4-6 Oz.
Select Varieties
YOPLAIT YOGURT

MVP PRICED LOW EVERY DAY
10/$7
W/O MVP Card 86¢ EA

16 Oz.
Select Varieties
GORDO'S ORIGINAL CHEESE DIP

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

24 Oz.
Select Varieties
HELUVA GOOD! DIP

HOT SALE! MVP
3.79 EA
W/O MVP Card $4.69 EA

32 Oz.
Select Varieties
INTERNATIONAL DELIGHT CREAMERS

MVP PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.89 EA

HOT SALE! MVP
3.49 EA
W/O MVP Card $3.99 EA

6 Pack or 22 Oz.
Select Varieties
KOZY SHACK RICE PUDDING

1.5-2 Oz.
Select Varieties
CRACKER BARREL BITES OR CUBES

HOT SALE! MVP
4/$5
W/O MVP Card 3/$5

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 05/29/24

Prices good May 29 - June 4, 2024

Fill your fridge *today!*

6 Ct.
Select Varieties
LENDER'S BAGELS

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA

12 Oz.
Select Varieties
SWEET LOREN'S COOKIES

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

HOT SALE! MVP
2/$4
W/O MVP Card 2/$5

2.25-3 Oz.
Select Varieties
ORE-IDA JUST CRACK AN EGG

6 Pack - 32 Oz.
Select Varieties
6 Pack or Tubs
STONYFIELD YOBABY OR ORGANIC YOGURT

HOT SALE! MVP
3.99 EA
W/O MVP Card $4.99 EA

16 Oz.
Select Varieties
DAISY SOUR CREAM

MVP PRICED LOW EVERY DAY
2/$5
W/O MVP Card $3.09 EA

89 Oz.
Select Varieties
TROPICANA PURE PREMIUM ORANGE JUICE

HOT SALE! MVP
6.49 EA
W/O MVP Card $6.99 EA

52 Oz.
Select Varieties
PROMISED LAND MILK

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

HOT SALE! MVP
2/$6
W/O MVP Card $5.49 EA

6-12 Oz.
Select Varieties
FRIGO STRING CHEESE OR COMBO PACK

48 Oz.
Select Varieties
STOK COLD BREW ICED COFFEE

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

18 Pk. Large
EGGLAND'S BEST EGGS

W-3 ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVRA 05/29/24

BUY 3 OR MORE MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

16 Oz.
Select Varieties
KRAFT SHREDDED CHEESE

5.69 EA
MIX & MATCH 3 OR MORE -1.00
4.69 EA MVP
WHEN YOU BUY 3 OR MORE

16 Oz.
Select Varieties
KRAFT SINGLES

4.99 EA
MIX & MATCH 3 OR MORE -1.00
3.99 EA MVP
WHEN YOU BUY 3 OR MORE

24 Oz.
Select Varieties
BREAKSTONE'S COTTAGE CHEESE

3.99 EA
MIX & MATCH 3 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 3 OR MORE

4 Pack
Select Varieties
JELL-O GELATIN OR PUDDING
W/O MVP Card $3.68 EA

PRICED LOW EVERY DAY 2.99 EA
MIX & MATCH 3 OR MORE -1.00
1.99 EA MVP
WHEN YOU BUY 3 OR MORE

2 Pack
PHILADELPHIA CREAM CHEESE BARS

5.99 EA
MIX & MATCH 3 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 3 OR MORE

8 Oz.
Select Varieties
CRACKER BARREL CHEESE BARS

3.99 EA
MIX & MATCH 3 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 3 OR MORE

8 Oz.
Select Varieties
KRAFT VELVEETA SHREDS

2.99 EA
MIX & MATCH 3 OR MORE -1.00
1.99 EA MVP
WHEN YOU BUY 3 OR MORE

32 Oz.
Select Varieties
KRAFT VELVEETA CHEESE
W/O MVP Card $8.99 EA

HOT SALE! 7.99 EA
MIX & MATCH 3 OR MORE -1.00
6.99 EA MVP
WHEN YOU BUY 3 OR MORE

W-4 ZNCO ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVRA 05/29/24