

We Proudly Serve

Boar's Head

ingles

LOW PRICES...

LOVE THE SAVINGS!

All The Ingredients For Family!



ingles ADVANTAGE
Low Prices...Love The Savings!

Tyson



Select Locations!

ingles ADVANTAGE
Low Prices...Love The Savings!

Item Of The Week!



TYSON BONELESS SKINLESS CHICKEN BREAST Family Pack
SAVE 1.50 Lb.

\$2.48 Lb.

BONELESS SIRLOIN STEAK
Ingles Premium Certified USDA Choice Beef
All Size Packs
SAVE 3.00 Lb.

\$5.98 Lb.

TOMATOES ON THE VINE
SAVE 2.00 Lb.

98¢ Lb.



ASSORTED BONE-IN OR LOIN END PORK CHOPS
SAVE 1.30 Lb.

\$1.98 Lb.

HEINZ KETCHUP 20 Oz.
SAVE 1.70 ea.

\$1.98 ea.

ENGLISH CUCUMBERS
SAVE 1.72 ea.

78¢ ea.



BONELESS BEEF BOTTOM ROUND ROAST
Ingles Premium Certified USDA Choice Beef
SAVE 1.50 Lb.

\$4.98 Lb.

MAXWELL HOUSE LARGE CAN COFFEE 24.5-36.8 Oz. - Selected Varieties
SAVE 8.40 ea.

\$6.98 ea.

BOAR'S HEAD OVENGOLD ROASTED TURKEY BREAST
SAVE 2.00 Lb.

\$11.99 Lb.



HUDSONVILLE ICE CREAM 48 Oz. - Selected Varieties
SAVE 2.00 ea.

\$3.98 ea.

SIMPLY ORANGE JUICE 52 Oz. - Selected Varieties
SAVE 2.50 ea.

\$2.88 ea.

NATURE'S OWN HONEY WHEAT BREAD 20 Oz.
SAVE 1.79 ea.

\$2.48 ea.

Sip, Snack And Save!



PEPSI GROUP OF PRODUCTS 6 Pack Bottles
Limit 3
SAVE UP TO 13.46 ON 3
3/\$8.98 for 8.98
When You Buy 3
FINAL COST
Quantities Less Than 3 will be 7.48 ea.



FRITO-LAY PARTY SIZE SNACKS 8.13-18 Oz. - Selected Varieties
SAVE UP TO 2.31

\$4.98 ea.



PEPSI GROUP OF PRODUCTS 2 Liter Limit 3
SAVE UP TO 3.00 ON 3
When You Buy 3
\$1.98 ea.
Quantities Less Than 3 will be 2.98 ea.

Do you have a party or a wedding coming up?
Let us do the work for you!

In Store... ...And... ...
Deli Delicious! Baked Fresh Daily! Made To Order Meals!

This week's REWARD!
\$2.48
Crimson Tomatoes
Exclusive AdvantagEmail member price
2 pk
Sign up for weekly emails at www.ingles-markets.com/amaill

Amerloan Owned!



ingles ONE TEAM... ONE COMMUNITY... Kindness Always Wins!

Prices Good Wednesday, May 15 Through Tuesday, May 21, 2024

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
15 MAY	16 MAY	17 MAY	18 MAY	19 MAY	20 MAY	21 MAY

Produce



SWEET KAROLINE BLACKBERRIES
6 Oz.
SAVE 1.00 ea.

\$2.98
ea.



STRAWBERRIES
1 Lb.
SAVE 1.00 ea.

\$3.98
ea.



DEL MONTE RED POTATOES
5 Lb. Bag
SAVE 1.50 ea.

\$4.48
ea.



ORGANIC SWEET ONIONS
SAVE 1.20 Lb.

\$1.28
Lb.



DRISCOLL'S MIX BERRY RAINBOW PACK
7 Oz.
SAVE 2.00 ea.

\$3.98
ea.



FLAVOR BOMBS CHERRY TOMATOES
SAVE 3.10 ea.

\$2.88
ea.



ORGANIC FRESH CILANTRO
SAVE 1.20 ea.

\$1.48
ea.



BEAN DIP
Original Or Spicy
SAVE 1.00 ea.

\$2.49
ea.



DESIGNER BOUQUET
SAVE 2.00 ea.

\$10.98
ea.

INGLES IS NOT RESPONSIBLE FOR SUPPLIER SHORTAGES

Bakery



LA BREA FRENCH LOAF
SAVE .50 ea.

\$4.48
ea.



INGLES SELECT SEEDED ITALIAN BREAD
SAVE .50 ea.

\$5.48
ea.



JOSEPH'S PITA BREAD OR WRAPS
8-11 Oz. -
Selected Varieties
SAVE 1.00 ea.

Joseph's Multigrain Lavash
10 Oz.
\$3.98 ea.
Save 1.00 ea.

\$2.98
ea.



OLD FASHIONED POUND CAKE LOAF
16 Oz. -
Selected Varieties
SAVE .50 ea.

\$3.48
ea.



STRAWBERRY TORTE CAKE
SAVE 1.00 ea.

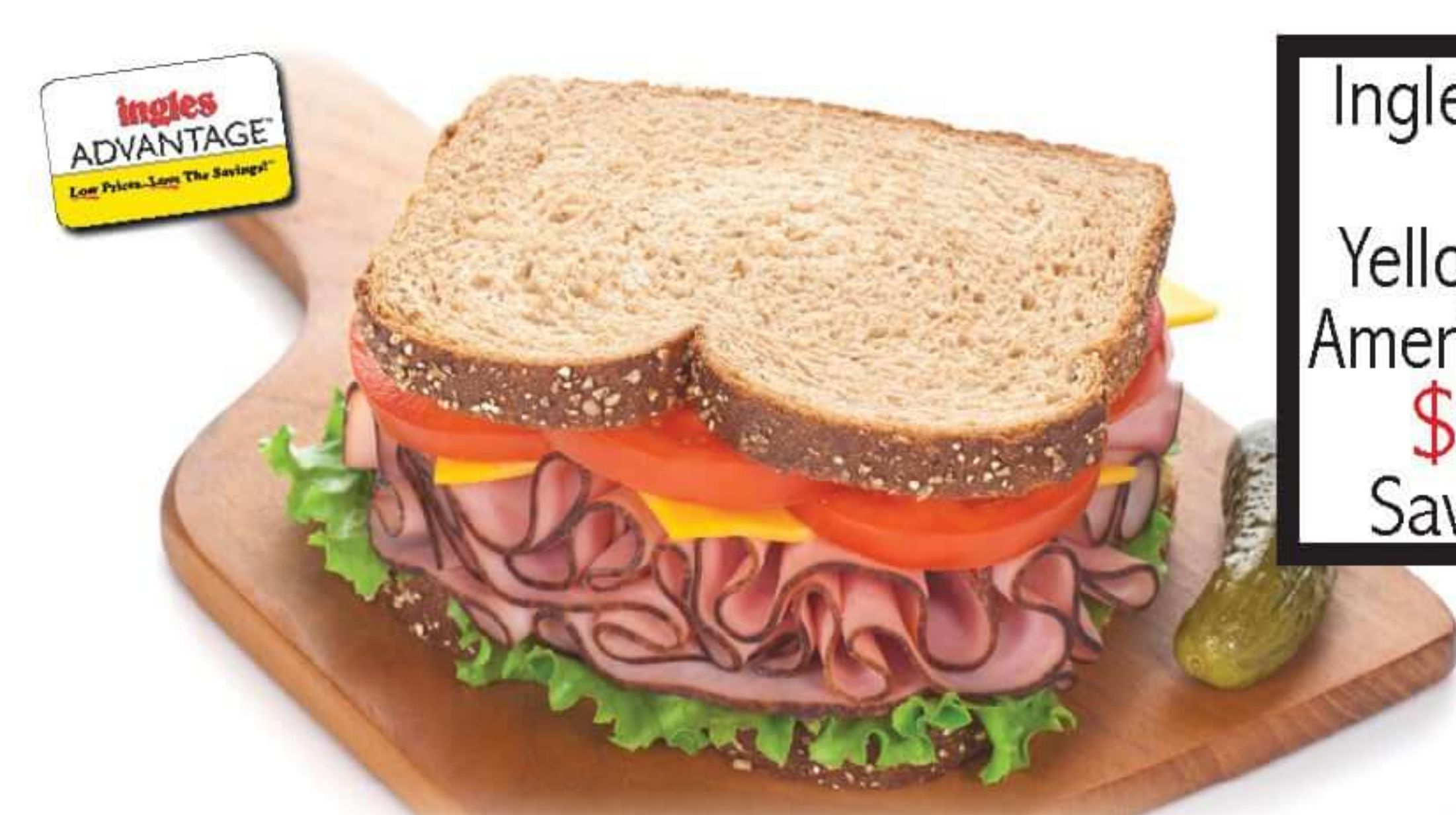
\$10.98
ea.



APPLE FRITTER
12 Count
SAVE .50 ea.

\$10.48
ea.

Deli



Ingles Premium Select Yellow Or White American Cheese
\$6.99 Lb.
Save 1.00 Lb.

\$9.99
Lb.



GORGONZOLA POTATO SALAD
SAVE 1.00 Lb.

\$5.99
Lb.



ITHACA HUMMUS
Selected Varieties
SAVE 1.70 ea.

Pretzel Crisps
14 Oz. -
Selected Varieties
\$7.99 ea.
Save 1.00 ea.

\$3.79
ea.



NATURAL SMOKE & BACON CHEDDAR CHEESE
SAVE 2.00 Lb.

\$10.99
Lb.



ATHENOS FETA CRUMBLES
Selected Varieties
SAVE .90 ea.

\$5.59
ea.



BELLETOILE TRIPLE CRÈME BRIE
SAVE 1.00 Lb.

\$19.99
Lb.



APPLEGATE NATURALS PRE-SLICED MEAT
7 Oz. -
Selected Varieties
SAVE 1.00 ea.

\$6.99
ea.



STELLA CHEESE CUP
5 Oz. -
Selected Varieties
SAVE .60 ea.

\$4.59
ea.



ANTIBIOTIC FREE ROTISSERIE CHICKEN
Everyday Low Price!

Reser's Sides
2.75-3 Lb. -
Selected Varieties
\$9.49 ea.
Save 1.30 ea.

\$8.99
ea.

ingles

LOW PRICES... LOVE THE SAVINGS!™

Meat & Seafood



INGLES ADVANTAGE
 HARVEST FARMS
 BONELESS SKINLESS
 CHICKEN BREAST FILLETS
 All Natural
 SAVE 2.40 Lb.



INGLES ADVANTAGE
 TYSON
 BULK DRUMSTICKS
 OR THIGHS
 Sold In 5 Lb. Bag
 SAVE 1.40 ea.



INGLES ADVANTAGE
 PLAINVILLE FARMS
 ABF GROUND TURKEY
 16 Oz. -
 85% Fat Free
 SAVE 3.76 ON 2



INGLES ADVANTAGE
 BALL PARK
 MEAT FRANKS
 15 Oz. -
 Regular Or Bun Size
 SAVE 2.96 ON 2



INGLES ADVANTAGE
 CLAUSSEN
 PICKLES
 20-32 Oz. -
 Selected Varieties
 SAVE 2.96 ON 2



INGLES ADVANTAGE
 OSCAR MAYER
 BOLOGNA
 16 Oz. -
 Selected Varieties
 SAVE 1.56 ON 2



INGLES ADVANTAGE
 JOHNSONVILLE
 SMOKED SAUSAGE
 14 Oz. -
 Selected Varieties
 SAVE 1.00 ea.



INGLES ADVANTAGE
 PERDUE
 FRESH BREADED CHICKEN
 12 Oz. -
 Selected Varieties
 SAVE 4.88 ON 2



INGLES ADVANTAGE
 TORTILLA
 CRUSTED TILAPIA
 SAVE 1.00 Lb.



INGLES ADVANTAGE
 COD LOINS
 SAVE 2.20 Lb.



INGLES ADVANTAGE
 SOCKEYE SALMON
 FILLETS OR SIDES
 SAVE 2.00 Lb.



INGLES ADVANTAGE
 SEA BEST
 COOKED SHRIMP
 26-30 Count - 16 Oz. -
 Peeled & Deveined
 SAVE 1.30 ea.

Grocery



INGLES ADVANTAGE
 LAURA LYNN™
 BAR OR SHREDDED
 CHEESE
 12-16 Oz. -
 Selected Varieties
 SAVE 1.70 ea.



INGLES ADVANTAGE
 BLUE BONNET
 MARGARINE TUB
 15 Oz.
 SAVE 1.00 ea.



INGLES ADVANTAGE
 REDDI WIP
 6.5 Oz. -
 Selected Varieties
 SAVE 2.40 ea.



INGLES ADVANTAGE
 PILLSBURY
 BISCUITS, CINNAMON ROLLS
 OR CRESCENTS
 4-10 Count -
 Selected Varieties
 SAVE UP TO 3.18 ON 2



INGLES ADVANTAGE
 BIZZY
 COLD BREW COFFEE
 48 Oz. -
 Selected Varieties
 SAVE 6.98 ON 2



INGLES ADVANTAGE
 KELLOGG'S
 KIDS CEREAL
 8.8-12 Oz. -
 Selected Varieties
 SAVE 5.48 ON 2



INGLES ADVANTAGE
 QUAKER
 OATS
 42 Oz. -
 Quick 1-Minute
 Or Old Fashioned
 SAVE 8.38 ON 2



INGLES ADVANTAGE
 QUAKER
 INSTANT GRITS
 11.2-12 Oz. -
 Selected Varieties
 SAVE 4.18 ON 2



INGLES ADVANTAGE
 POST
 HONEY BUNCHES
 OF OATS CEREAL
 11-12 Oz. -
 Selected Varieties
 SAVE 4.98 ON 2



INGLES ADVANTAGE
 BLUE DIAMOND
 ALMONDS
 16 Oz. -
 Selected Varieties
 SAVE 9.98 ON 2



INGLES ADVANTAGE
 FILIPPO BERIO
 OLIVE OIL
 16.9 Oz. -
 Selected Varieties
 SAVE UP TO 13.68 ON 2



INGLES ADVANTAGE
 WATERLOO
 SPARKLING WATER
 12 Count -
 Selected Varieties
 SAVE 2.40 ea.

Health & Wellness

<p>TUMS CHEWABLES 28-96 Count - Selected Varieties SAVE 1.00 ea.</p> <p>\$6.48 ea.</p>	<p>QC IBUPROFEN 100 Count - 200 mg - Selected Varieties SAVE 9.96 ON 2</p> <p>2/\$4 for 4</p>	<p>QC MAXIMUM STRENGTH URINARY PAIN RELIEF 12 Tablets SAVE 2.50 ea.</p> <p>\$1.98 ea.</p>	<p>QC EAR CARE .4-.5 Oz. - Selected Varieties SAVE UP TO 7.98 ON 2</p> <p>Buy One Get One FREE!</p>
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Savings On Every Aisle!

<p>KOOL-AID JAMMERS 10 Count - Selected Varieties SAVE UP TO 4.96 ON 2</p> <p>2/\$5 for 5</p>	<p>HELLMAN'S MAYONNAISE 24-30 Oz. - Selected Varieties SAVE UP TO 6.00</p> <p>\$4.98 ea.</p>	<p>RO*TEL OR HUNT'S TOMATOES OR SAUCE 10-15 Oz. - Selected Varieties SAVE UP TO 1.50</p> <p>98¢ ea.</p>	<p>ORVILLE REDENBACHER'S POPCORN 3 Count - Selected Varieties SAVE 2.10 ea.</p> <p>\$1.88 ea.</p>
<p>ATKINS MEAL BARS OR READY TO DRINK SHAKES 7.34-10.6 Oz. Or 4 Count - Selected Varieties SAVE UP TO 3.00</p> <p>\$7.98 ea.</p>	<p>DIAL BODY WASH 16 Oz. - Selected Varieties SAVE 3.80 ea.</p> <p>\$2.98 ea.</p>	<p>SPARKLING ICE 12 Count - Selected Varieties (Excludes Seltzer) SAVE 2.00 ea.</p> <p>\$10.98 ea.</p>	<p>ANGEL SOFT MEGA ROLL BATH TISSUE 16 Count SAVE 5.00 ea.</p> <p>\$10.98 ea.</p>
<p>PEPSI BORN IN THE CAROLINAS SINCE 1898</p> <p>PEPSI GROUP OF PRODUCTS 10 Pack 7.5 Oz. SAVE UP TO 1.50</p> <p>\$4.98 ea.</p>	<p>FAMILY SIZE OREO, RITZ OR HONEY MAID GRAHAMS 10.68-20.5 Oz. - Selected Varieties SAVE 6.98 ON 2</p> <p>Buy One Get One FREE!</p>	<p>BUBLY 8 Pack - 12 Oz. Where Available SAVE UP TO 4.96 ON 3</p> <p>3/\$9.98 for 9</p>	

Beer & Wine

<p>APOTHIC FAMILY 750 mL SAVE UP TO 5.41</p> <p>\$10.98 ea.</p>	<p>STELLA ROSA FAMILY 750 mL SAVE UP TO 5.71</p> <p>\$11.98 ea.</p>	<p>LIBERTY CREEK FAMILY 1.5 Liter SAVE UP TO 7.41</p> <p>\$8.98 ea.</p>	<p>FRANCISCAN CABERNET SAUVIGNON OR HAHN FAMILY 750 mL Selected Varieties SAVE UP TO 8.21</p> <p>\$13.98 ea.</p>
<p>SIERRA NEVADA FAMILY 12 Pack Selected Varieties SAVE BIG!</p> <p>\$16.98 ea.</p>	<p>MODELO FAMILY 12 Pack Cans SAVE BIG!</p> <p>\$14.98 ea.</p>	<p>BEAST FAMILY 12 Pack Cans SAVE BIG!</p> <p>\$14.98 ea.</p>	
<p>MICHELOB ULTRA OR BUDWEISER FAMILY 16 Oz. 12 Pack Or 15 Pack Aluminum Pints SAVE BIG!</p> <p>\$17.98 ea.</p>	<p>MILLER OR COORS FAMILY 15 Pack Aluminum Pints SAVE BIG!</p> <p>\$16.98 ea.</p>		<p>COORS LIGHT 16 Oz. 15 Pack SAVE BIG!</p> <p>\$16.98 ea.</p>

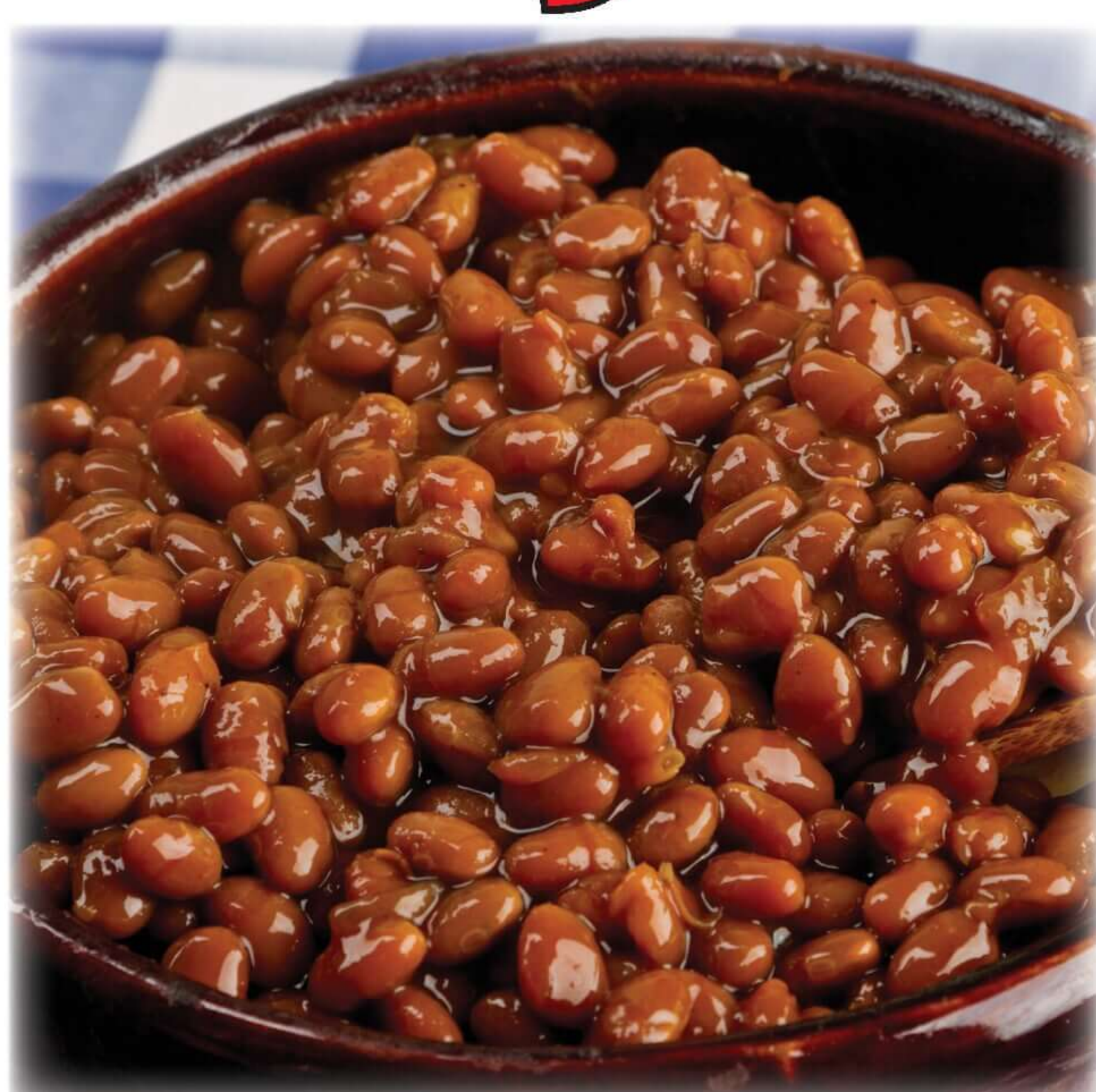


Monthly Savings!



BUSH'S
BAKED OR GRILLIN'
BEANS
22-28 Oz. -
Selected Varieties
SAVE 2.38 ON 2

2/\$4
for



KRAFT NATURAL
CHEESE SHREDS
OR CHUNKS
8 Oz. -
Selected Varieties
SAVE 5.36 ON 2

2/\$5
for



CHEEZ-IT
CRACKERS
5.75-12.4 Oz. -
Selected Varieties
SAVE 2.30 ea.

\$2.98
ea.



SARGENTO
SLICED CHEESE
5-8 Oz. -
Selected Varieties
SAVE 3.40 ea.

\$1.98
ea.



MALT O MEAL
FAMILY SIZE
BAG CEREAL
23-30 Oz. -
Selected Varieties
SAVE 3.00 ea.

\$2.98
ea.



CHICK-FIL-A,
BUFFALO WILD WINGS
OR ARBY'S SAUCES
12-16 Oz. -
Selected Varieties
SAVE UP TO 1.50

\$2.98
ea.



GREEN MOUNTAIN,
DONUT SHOP, KRISPY KREME,
NEWMAN'S OWN
OR MCCAFÉ COFFEE OR
SWISS MISS
10-12 Count Or 10-12 Oz. -
Selected Varieties
SAVE 5.60 ea.

\$5.98
ea.



CRISCO
OIL
40 Oz. -
Selected Varieties
SAVE 3.00 ea.

\$3.98
ea.



DEER PARK
WATER
24 Pack - 16.9 Oz.
SAVE 3.50 ea.

\$3.98
ea.



BRAWNY
TEAR-A-SQUARE
PAPER TOWELS
4 Count -
Double Roll
SAVE 4.00 ea.

\$6.98
ea.



QUILTED NORTHERN
ULTRA SOFT & STRONG
BATH TISSUE
6 Count -
Mega Roll
SAVE 4.00 ea.

\$6.98
ea.

Movie Night Favs!

JOLLY TIME POPCORN
3-4 Count - Selected Varieties
SAVE 2.48 ON 2



Jolly Time Blast O Butter
ULTIMATE THEATRE STYLE BUTTER®
Artificial Flavor

Jolly Time Healthy Pop100's
KETTLE CORN 100 CALORIE SINGLES

Buy One Get One FREE!



JACK LINK'S BEEF JERKY OR BITES
2.85 Oz. - Selected Varieties
SAVE 2.50 ea.



JACK LINK'S BEEF JERKY ORIGINAL
MADE WITH 100% BEEF 10g PROTEIN

JACK LINK'S BEEF TENDER BITES TERIYAKI
MADE WITH 100% BEEF 10g PROTEIN

\$4.98 ea.

THE CAROLINA NUT CO. PEANUTS
12 Oz. - Selected Varieties
SAVE 4.68 ON 2



The Carolina Nut Co. Sriracha Ranch Peanuts

The Carolina Nut Co. Salted Gourmet Peanuts

Buy One Get One FREE!

STUCKEY'S PECANS
4 Oz. - Selected Varieties
SAVE 1.40 ea.



The ORIGINAL PECAN SHOPPE Stuckey's Toasted Pecans
Honey Roasted

The ORIGINAL PECAN SHOPPE Stuckey's Candied Pecans
Kettle Glazed

\$3.98 ea.

FROSTIE
4 Count - Selected Varieties
SAVE 1.56 ON 2



Frostie Root Beer

2/\$5 for 5

MOON PIE MINIS
12 Oz. - Selected Varieties
SAVE 1.30 ea.



Moon Pie Minis Vanilla

Moon Pie Minis Chocolate

\$2.38 ea.

ANDES CREME DE MENTHE THINS
4.67 Oz. - Selected Varieties
SAVE 1.00 ea.



Andes CREME DE MENTHE THINS

\$1.98 ea.

CHARMS BLOW POP OR DUBBLE BUBBLE
10.4-16 Oz. - Selected Varieties
SAVE 1.00 ea.



CHARMS BLOW POP

DUBBLE BUBBLE BUBBLE GUM

\$2.98 ea.

TOOTSIE CHILD'S PLAY CANDY
26 Oz. - Selected Varieties
SAVE 1.00 ea.



TOOTSIE CHILD'S PLAY CANDY

\$5.98 ea.


TOOTSIE ROLL CANDY
10.12-15 Oz. - Selected Varieties
SAVE 1.00 ea.



TOOTSIE ROLL CANDY

\$2.98 ea.

SHELIA G'S BROWNIE BRITTLE
4 Oz. - Selected Varieties
SAVE 1.60 ea.



SHELIA G'S BROWNIE BRITTLE

BROWNIE BRITTLE m&m's mini's

\$1.98 ea.

KAR'S NUTS OR SECOND NATURE MEDLEY
10-34 Oz. - Selected Varieties
SAVE UP TO 2.80



SECOND NATURE WHOLESOME MEDLEY

Kar's THE AMERICAN TRAIL MIX SWEET 'N SALTY MIX

\$5.98 ea.

SANDERS CARAMELS
18 Oz. - Selected Varieties
SAVE 3.00 ea.



SANDERS SMALL BATCH WONDERS

SANDERS SMALL BATCH WONDERS

\$4.98 ea.

STUFFED PUFFS CLASSIC MILK CHOCOLATE
8.6 Oz. - Selected Varieties
SAVE 1.40 ea.




Stuffed Puffs Classic Milk Chocolate

Stuffed Puffs Classic Milk Chocolate

\$2.98 ea.

GHIRADELLI CANDY
4.1-5.32 Oz. - Selected Varieties
SAVE 1.60 ea.



GHIRADELLI SQUARES

GHIRADELLI SQUARES

\$3.98 ea.

HI-CHEW ORIGINAL MIX
12.7 Oz. - Selected Varieties
SAVE 1.50 ea.



HI-CHEW Intensely Fruity Candy

HI-CHEW Intensely Fruity Candy

\$4.98 ea.

HI-CHEW FRUIT COMBOS OR TROPICAL MIX
11.65 Or 12.7 Oz. - Selected Varieties
SAVE 1.50 ea.



HI-CHEW Intensely Fruity Candy

HI-CHEW Intensely Fruity Candy

\$4.98 ea.

Frozen Favorites!



BELLATORIA
ULTIMATE PIZZA
12.76-21.71 Oz. -
Selected Varieties
SAVE 9.96 ON 2



2/\$10
for



GREEN GIANT
BOX SAUCED VEGETABLES
7-9 Oz. -
Selected Varieties
SAVE 9.00 ON 9



9/\$9
for



OUTSHINE
FRUIT BARS
6 Count -
Selected Varieties
SAVE 1.50 ea



\$3.98
ea.



EGGO
WAFFLES OR
PANCAKES
8.4-14.8 Oz. -
Selected Varieties
SAVE 1.56 ON 2



2/\$6
for



MAYFIELD
SUPER NOVELTIES
4-6 Count -
Selected Varieties
SAVE 5.36 ON 2



2/\$6
for



HOT POCKETS
STUFFED SANDWICHES
8.5-9 Oz. -
Selected Varieties
SAVE 5.12 ON 4



4/\$10
for



MCCAIN
POTATOES
19-28 Oz. -
Selected Varieties
SAVE 2.96 ON 2



2/\$8
for



HÄAGEN-DAZS
ICE CREAM
14 Oz. -
Selected Varieties
SAVE 2.20 ea.



\$3.98
ea.



TOTINO'S
PIZZA ROLLS
15 Count - 7.5 Oz. -
Selected Varieties
SAVE 1.96 ON 2



2/\$4
for



RED BARON
SINGLE SERVE PIZZA
10.8-11.6 Oz. -
Selected Varieties
SAVE 5.84 ON 3



3/\$10
for



CELENTANO
PASTA
12.5-24 Oz. -
Selected Varieties
SAVE 4.76 ON 2



2/\$7
for



ROSINA
MEATBALLS
20-26 Oz. -
Selected Varieties
SAVE 2.50 ea.



\$5.98
ea.



TALENTI
SORBET OR GELATO
16 Oz. -
Selected Varieties
SAVE 3.76 ON 2



2/\$8
for



HALO TOP
ICE CREAM
16 Oz. -
Selected Varieties
SAVE 1.80 ea.



\$4.48
ea.



SMART ONES
ENTREES
4.4-11 Oz. -
Selected Varieties
SAVE 5.52 ON 4



4/\$8
for

Amazing Savings!



MILTON'S
GLUTEN FREE CRACKERS
4.5 Oz. -
Selected Varieties
SAVE 1.70 ea.



\$2.98
ea.



WALKERS
SHORTBREAD COOKIES
4.9 Oz. -
Selected Varieties
SAVE 1.50 ea.

\$3.98
ea.



BEANITOS
BEAN CHIPS
4.5-6 Oz. -
Selected Varieties
SAVE 1.50 ea.



\$2.98
ea.



BOB'S RED MILL
PEANUT BUTTER BARS
1.76 Oz. -
Selected Varieties
SAVE .80 ea.

98¢
ea.



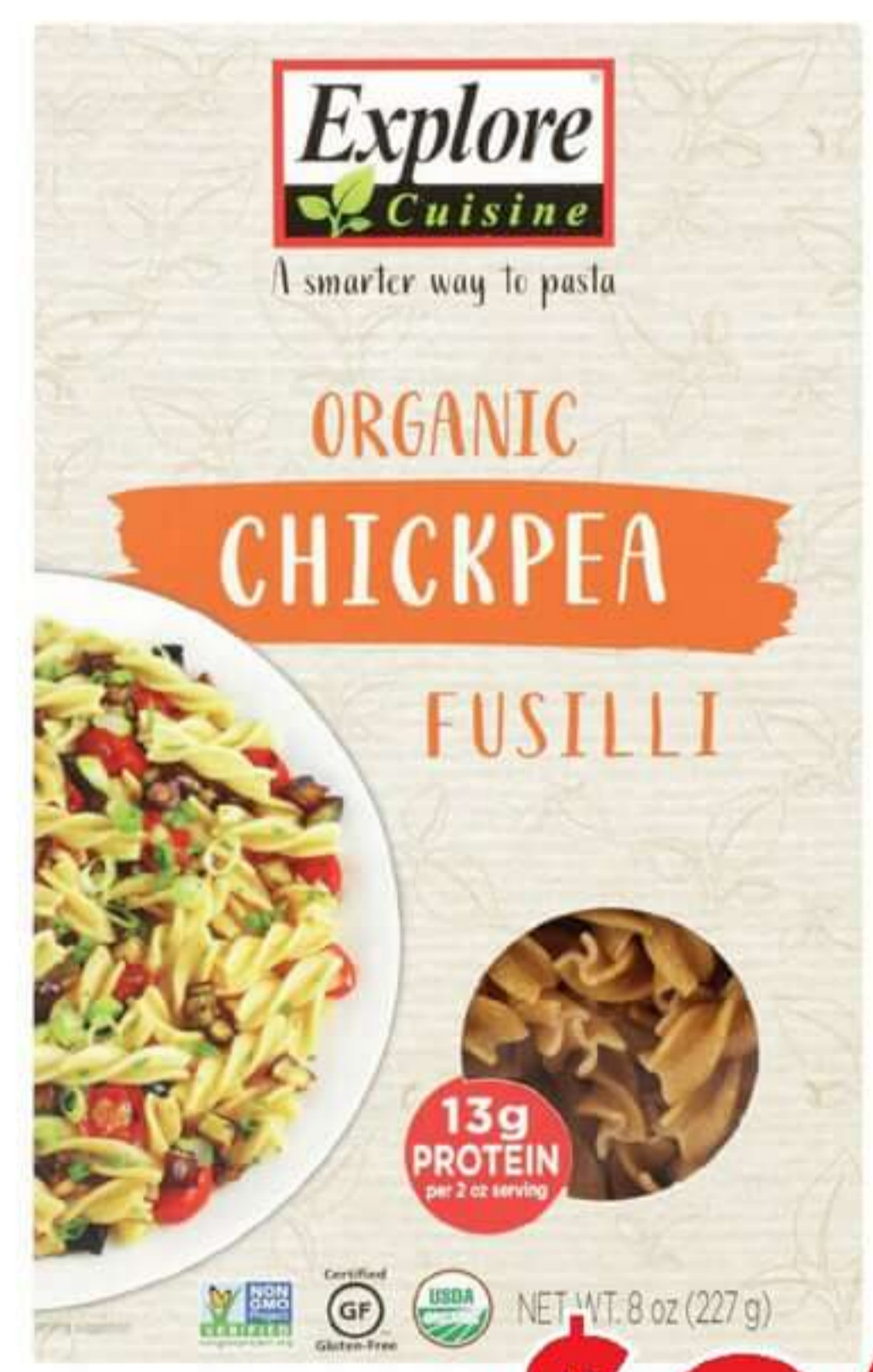
CRUNCHMASTER
CRACKERS
4 Oz. -
Selected Varieties
SAVE 1.20 ea.



\$2.98
ea.



EXPLORE CUISINE
ORGANIC PASTA
8 Oz. -
Selected Varieties
SAVE 1.60 ea.



\$3.98
ea.



FROM THE GROUND UP
TORTILLA CHIPS
4.5 Oz. -
Selected Varieties
SAVE 1.50 ea.



\$2.98
ea.



SCHÄR
ARTISAN BAKER BREAD
14.1 Oz. -
Selected Varieties
SAVE 2.00 ea.



\$5.48
ea.



TINKYÁDA
PASTA
16 Oz. -
Selected Varieties
SAVE 2.00 ea.



\$2.98
ea.



SIMPLE MILLS
SWEET THINS,
CRACKERS OR COOKIES
4-4.28 Oz. -
Selected Varieties
SAVE 2.00 ea.



\$3.98
ea.