

**MAY** Prices effective  
Wednesday May 1<sup>st</sup>, 2024

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
\$2.50 EA.**



**\$1<sup>50</sup>**

**CHEEZ-IT BAKED  
SNACK CRACKERS  
SELECTED VARIETIES  
191/200 G  
CRAQUELINS CUIITS CHEEZ-IT  
21214560\_EA/21350253\_EA**

**LIMIT 6  
AFTER LIMIT  
\$4.50 EA.**



**\$3**

**PLANTERS DELUXE  
WHOLE CASHEWS  
SALTED OR UNSALTED  
200 G  
NOIX DE CAJOU DE LUXE  
PLANTERS  
21021617\_EA/21021618\_EA**

**LIMIT 4  
AFTER LIMIT  
\$4.50 EA.**



**Members-Only Price<sup>™</sup>  
3<sup>50</sup>**

**Non-members  
4<sup>50</sup>**

**NEW TREASURE LONG GRAIN  
WHITE RICE  
2 KG  
RIZ BLANC À LONG GRAIN  
NEW TREASURE  
21596582\_EA**

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*Must be a registered PC Optimum<sup>™</sup> member to get this offer.  
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.

**MKT FLAP HM BIL**

# PRICE DROP

**LOWERED  
PRICES UNTIL  
MAY 15<sup>th</sup> 2024**



**SENSIBLE PORTIONS  
VEGGIE STRAWS  
SELECTED VARIETIES  
120-142 G  
PAILLES AUX LÉGUMES  
SENSIBLE PORTIONS  
21380091\_EA/20973347\_EA**

**\$2<sup>#</sup>**



**PC<sup>®</sup> CHOCOLATE COVERED  
NUTS OR DRIED FRUITS  
SELECTED VARIETIES  
200-400 G  
NOIX OU FRUITS SECS  
ENROBÉS DE CHOCOLAT PC<sup>®</sup>  
20000356\_EA/20311287\_EA**

**\$4<sup>#</sup>**



**PRIME HYDRATION DRINK  
SELECTED VARIETIES  
BOISSON PRIME  
HYDRATION  
21529789\_EA/21562805\_EA**

**1<sup>50</sup><sup>#</sup>**

†PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board



Scan to see  
our complete  
digital flyer



Atlantic  
**Superstore**

CUT BY OUR  
BUTCHERS



**PORK LOIN COMBINATION CHOPS,  
SIRLOIN AND RIB PORTION**  
BONE-IN  
5.49/KG  
**CÔTELETTES DE LONGE DE PORC,  
COMBINAISON DE COUPES, PORTIONS  
SURLONGE ET BOUT DE CÔTES**  
20822343\_KG

**SALE**  
**SAVE \$2<sup>LB</sup>**  
**2<sup>49</sup>**  
**LB**



**MEDIUM GROUND BEEF**  
FAMILY SIZE  
8.80/KG  
**BŒUF HACHÉ MI-MAIGRE**  
20797926\_KG

**SALE**  
**SAVE \$1<sup>LB</sup>**  
**3<sup>99</sup>**  
**LB**



**CANADA**  
**FRESH SALMON FILLETS**  
FAMILY SIZE  
24.23/KG  
**FRESH SEAFOOD**  
ITEMS SUBJECT TO  
AVAILABILITY.  
**FILETS DE SAUMON**  
**FRAIS**  
20720065\_KG

**SALE**  
**SAVE \$5<sup>LB</sup>**  
**10<sup>99</sup>**  
**LB**



**BLUEBERRIES**  
PRODUCT OF MEXICO, NO. 1 GRADE  
PINT  
**BLEUETS**  
20080137001\_EA

**SALE**  
**SAVE \$2<sup>20</sup>**  
**2<sup>77</sup>**  
**PINT**



**LARSEN WIENERS**  
SELECTED VARIETIES  
900 G  
**SAUCISSES FUMÉES**  
**LARSEN**  
20415978\_EA/20416522\_EA

**SALE**  
**SAVE \$3**  
**7<sup>99</sup>**



**SEEDLESS**  
**WATERMELON**  
PRODUCT OF MEXICO  
OR U.S.A.  
11 LB AVERAGE  
EACH  
**MELON D'EAU**  
**SANS PÉPINS**  
20067326001\_EA

**7<sup>99</sup>**



**FARMER'S MARKET™**  
**NAVEL ORANGES**  
PRODUCT OF SPAIN,  
MOROCCO, TURKEY  
OR EGYPT  
3 LB  
**ORANGES NAVEL**  
**DÉLICES DU MARCHÉ™**  
20162945001\_EA

**SALE**  
**SAVE \$2**  
**3<sup>99</sup>**



**MADEGOOD GRANOLA**  
OR MORNINGS BARS,  
COOKIES, MINIS  
OR SQUARES  
SELECTED VARIETIES  
110-150 G  
**BARRES GRANOLA**  
OU MORNINGS,  
BISCUITS, MINIS OU  
CARRÉS MADEGOOD  
20797052001\_EA/21352121\_EA

**SAVE**  
**AT LEAST 95¢**  
**2<sup>99</sup>**

**2<sup>99</sup>**



**VACHON SNACK CAKES OR**  
**SARA LEE LITTLE BITES**  
SELECTED VARIETIES  
AND SIZES  
**PETITS GÂTEAUX**  
**VACHON OU LITTLE**  
**BITES SARA LEE**  
20963606\_EA/21556038\_EA

**SAVE**  
**THIS WEEK**  
**3<sup>49</sup>**

**3<sup>49</sup>**



**CLASSICO**  
PASTA SAUCE  
SELECTED VARIETIES  
410/650 ML  
**SAUCE POUR PÂTES**  
**CLASSICO**  
20323101001\_EA/20325609003\_EA

**SALE**  
**SAVE \$1<sup>50</sup>**  
**3<sup>49</sup>**

**3<sup>49</sup>**



**HEALTHY CHOICE**  
**STEAMERS, SIMPLY**  
**ENTRÉES 255-306 G OR**  
**HUNGRY-MAN ENTRÉES**  
360-455 G SELECTED  
VARIETIES, FROZEN  
**PLATS CUISINÉS**  
**STEAMERS, SIMPLY**  
**HEALTHY CHOICE OU**  
**PLATS CUISINÉS**  
**HUNGRY-MAN**  
20296014004\_EA/20310616007\_EA

**SAVE**  
**THIS WEEK**  
**3<sup>99</sup>**

**3<sup>99</sup>**



**VACHON SNACK CAKES OR**  
**SARA LEE LITTLE BITES**  
SELECTED VARIETIES  
AND SIZES  
**PETITS GÂTEAUX**  
**VACHON OU LITTLE**  
**BITES SARA LEE**  
20963606\_EA/21556038\_EA

**SAVE**  
**THIS WEEK**  
**3<sup>49</sup>**

**3<sup>49</sup>**



**TIDE OR GAIN DETERGENT**  
1.86-2.6 L/18-31'S, **DOWNY**  
OR **GAIN FABRIC SOFTENER**  
2.63 L OR BEADS 379 G  
SELECTED VARIETIES  
**DÉTERGENT TIDE OU GAIN,**  
**ASSOUPLEISSANT TEXTILE**  
**OU PERLES DOWNY OU GAIN**  
21283276\_EA/21550428\_EA

**8<sup>99</sup>**



**JAMIESON VITAMINS**  
OR **SUPPLÉMENTS**  
SELECTED VARIETIES  
AND SIZES  
EACH  
**VITAMINES OU**  
**SUPPLÉMENTS**  
**JAMIESON**  
20342623\_EA/21373974\_EA

**SALE**  
**SAVE UP TO**  
**40%**

**40%**

Optimum™

**3 DAYS ONLY**  
From Thursday May 2nd to Saturday  
May 4th your points are worth more.

**Bonus**  
**Redemption**  
**Event**

Redeem  
**70,000** pts  
and get  
**\$80** off\*  
your purchase of  
\$80 or more  
That's an extra  
**\$10** value!

Redeem  
**150,000** pts  
and get  
**\$175** off\*  
your purchase of  
\$175 or more  
That's an extra  
**\$25** value!

Redeem  
**250,000** pts  
and get  
**\$300** off\*  
your purchase of  
\$300 or more  
That's an extra  
**\$50** value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit [pcoptimum.ca/company-policy/terms-and-conditions](https://pcoptimum.ca/company-policy/terms-and-conditions) for further details.

Flyer prices effective from Thursday, May 2nd to Wednesday, May 8th, 2024. SEE BACK PAGE FOR DETAILS.

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**COTTONELLE BATHROOM TISSUE**  
18=72 ROLLS  
SELECTED VARIETIES  
PAPIER HYGIÉNIQUE COTTONELLE  
21594687\_EA/21594688\_EA

Members save \$7

Optimum  
Members-Only Price™  
**14.99**  
Non-members  
**21.99**

**PAMPERS SUPER BIG PACK DIAPERS**  
SELECTED VARIETIES  
36-108'S  
COUCHES SUPER GROS FORMAT PAMPERS  
21370844\_EA/21455865\_EA

Optimum  
3,000 Points

\$3 Value

**\$27**

**PC® CHEESECAKE**  
SELECTED VARIETIES  
FROZEN  
600 G  
GÂTEAU AU FROMAGE PC™  
20147627\_EA/21395368\_EA

Members save \$2

Optimum  
Members-Only Price™  
**8.99**  
Non-members  
**10.99**

**SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS**  
SELECTED VARIETIES  
READY-TO-EAT  
227 G  
GOBERGE À SAVEUR DE CRABE OU DE HOMARD SEAQUEST® FLOCONS OU MORCEAUX  
20695832\_EA/20749901\_EA

Members save \$1.50

Optimum  
Members-Only Price™  
**2.49**  
Non-members  
**3.99**

**PC® OR BLUE MENU® ROASTED, SALTED PISTACHIOS**  
PRODUCT OF U.S.A.  
225 G  
PISTACHES GRILLÉES SALÉES PC™ OU MENU BLEU™  
20940332\_EA/20940014\_EA

Optimum  
3,000 Points

\$3 Value

**5.99**

**PC® PODS 30'S, BALZAC'S PODS 18'S OR PRIDE OF ARABIA WHOLE BEAN** 907 G  
COFFEE SELECTED VARIETIES  
CARTOUCHES DE CAFÉ PC®, CARTOUCHES BALZAC OU CAFÉ EN GRAINS  
PRIDE OF ARABIA  
20081005\_EA/21038677\_EA  
21363800\_EA

**13.99**

**PC® OLD FASHION STYLE BACON**  
1 KG  
BACON À L'ANCIENNE PC™  
20115704\_EA/21372769\_EA

**SALE SAVE \$3**

**13.99**

**CAPTAIN JAC CRAB FLAVORED SEAFOOD**  
FROZEN OR PREVIOUSLY FROZEN  
8.80/KG  
PRODUIT DE LA MER AROMATISÉ AU CRABE CAPTAIN JAC  
21396015\_KG

**3.99 LB**

**ACTIVIA YOGURT 8X100 G OR LIBERTÉ MÉDITERRANÉE YOGURT 500 G**  
SELECTED VARIETIES  
YOGOURT ACTIVIA OU YOGOURT MÉDITERRANÉE LIBERTÉ  
20325384002\_EA/21547564\_EA

**WHEN YOU BUY 2 SAVE \$1.98**

**2/\$8**  
LESS THAN 2 \$4.99 EA.

**NO NAME® LARGE WHITE EGGS**  
12'S  
GROS ŒUFS BLANCS SANS NOM®  
20812144001\_EA

**3.99**

**PC® PANCAKE MIX 905 G OR TABLE SYRUP 750 ML**  
SELECTED VARIETIES  
MÉLANGE À CRÊPES OU SIROP DE TABLE PC™  
20076385\_EA/20175129\_EA

**WHEN YOU BUY 2 SAVE \$1.48**

**2/7.50**  
LESS THAN 2 \$4.49 EA.

**BLACK DIAMOND CHEESE BARS** 400 G, SHREDS 300-320 G OR BECEL MARGARINE 2 LB  
SELECTED VARIETIES  
BARRÉS DE FROMAGE, FROMAGE RÂPÉ  
BLACK DIAMOND OU MARGARINE BECEL  
20297818002\_EA/21275221\_EA

**6.99**

**LANTIC FINE GRANULATED SUGAR**  
SELECTED VARIETIES  
2 KG  
SUCRE GRANULÉ FIN LANTIC  
20145033\_EA

**3.29**

**BEN & JERRY'S 473 ML OR MAGNUM BARS 4'S OR HALO TOP FROZEN DESSERT 473 ML**  
SELECTED VARIETIES FROZEN  
BEN & JERRY'S OU BARRÉS MAGNUM OU DESSERT GLACÉ HALO TOP  
21087007\_EA/21568089\_EA

**4.99**

**PC® FROZEN VEGETABLES**  
SELECTED VARIETIES  
FROZEN  
LÉGUMES SURGELÉS PC™  
20318915\_EA/21520140\_EA

**SAVE THIS WEEK**

**3.49**

**GENERAL MILLS CEREAL**  
FAMILY SIZE  
SELECTED VARIETIES  
475-778 G  
CÉRÉALES GENERAL MILLS  
21103503\_EA/21103505\_EA

**5.99**

**SILK NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
1.75/1.89 L  
BOISSONS NON LAITIÈRES SILK  
20315090001\_EA/21243598\_EA

**SAVE AT LEAST \$1**

**2.99**

**UNICO PASTA 700/750 G, PRIMO PASTA SAUCE 680 ML OR UNICO PASSATA 680 ML**  
SELECTED VARIETIES  
PÂTES UNICO, SAUCE POUR PÂTES PRIMO OU PASSATA UNICO  
20731317003\_EA/20794827\_EA

**WHEN YOU BUY 2 SAVE \$1.08**

**2/4.50**  
LESS THAN 2 \$2.79 EA.

**BUSH'S BAKED BEANS**  
SELECTED VARIETIES  
398 ML  
FÈVES BUSH'S BEST  
20101518001\_EA/20940466\_EA

**SALE SAVE 50¢**

**1.99**

**REACTINE ALLERGY RELIEF**  
EXTRA STRENGTH OR RAPID DISSOLVE TABLETS 48'S OR EXTRA STRENGTH LIQUI-GELS 40'S  
SELECTED VARIETIES  
COMPRIMÉS EXTRA-FORT OU À DISSOLUTION RAPIDE POUR LES ALLERGIES OU LIQUI-GELS EXTRA FORTS REACTINE  
20316120001\_EA

**SALE SAVE \$6**

**31.99**

CUSTOMER RELATIONS 1-866-727-0771. VISIT [atlanticsuperstore.ca](http://atlanticsuperstore.ca) FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone numbers. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [atlanticsuperstore.ca](http://atlanticsuperstore.ca) for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. †PRICE DROP offer valid in-store at participating locations between April 4 - May 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

RA BACK



# Produce



**BLACKBERRIES**  
PRODUCT OF MEXICO  
170 G  
MÛRES  
20051015001\_EA



**PC® BLACK SABLE OR EXTRA LARGE RED SEEDLESS GRAPES**  
PRODUCT OF CHILE, NO. 1 GRADE  
8.80/KG  
**RAISINS BLACK SABLE OU TRÈS GROS RAISINS ROUGES SANS PÉPINS PC®**  
20711275001\_KG/20159199001\_KG



**ATAULFO OR RED MANGO**  
PRODUCT OF MEXICO  
EACH  
MANGUES ATAULFO OU ROUGES  
20121505001\_EA/20059635001\_EA



**CANADA PC® RED, RUSSET, WHITE OR YELLOW POTATOES**  
PRODUCT OF CANADA, CANADA NO. 1 GRADE  
5 LB BAG  
**POMMES DE TERRE ROUGES, RUSSET, BLANCHES OU JAUNES PC®**  
20600999001\_EA/20601014001\_EA



**ASPARAGUS**  
PRODUCT OF MEXICO, NO. 1 GRADE  
13.21/KG  
**ASPERGES**  
20174581001\_KG



**WATERMELON QUARTERS**  
CUT FRESH IN-STORE DAILY  
3.28/KG  
**QUARTIERS DE MELON D'EAU FRAIS COUPÉS CHAQUE JOUR EN MAGASIN**  
20161074\_EA



**PC® ORGANICS MIXED SALAD GREENS**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
142 G  
**MÉLANGE DE LÉGUMES-FEUILLES PC® BIOLOGIQUE**  
20314039\_EA/20305277\_EA



**MANN'S SNAP OR SNOW PEAS**  
PRODUCT OF U.S.A.  
170/227 G  
**POIS SUGAR SNAP OU MANGE-TOUT MANN'S**  
20712967\_EA/20712998\_EA



**FARMERS MARKET MANDARINS**  
PRODUCT OF TURKEY, MOROCCO OR SPAIN OR NO NAME  
**NATURALLY IMPERFECT LIMES**  
PRODUCT OF MEXICO  
2 LB  
**MANDARINES DÉLICIES DU MARCHÉ™ OU LIMES NATURELLEMENT IMPARFAITS™ SANS NOM**  
20099819001\_EA/21124368001\_EA

**MADE FRESH IN-STORE**

**LARGE SALADS**  
SELECTED VARIETIES  
498-926 G  
**GROSSES SALADES**  
21363212\_EA/21363221\_EA

**\$12-14**

# Butcher

**CUT BY OUR BUTCHERS**



**PORK LOIN CENTRE-CUT CHOPS**  
BONE-IN, FAMILY SIZE  
8.36/KG  
**CÔTELETTES DE LONGE DE PORC, COUPE DU CENTRE**  
20823075\_KG



**CHICKEN BREASTS**  
BONE-IN, SKIN-ON, FAMILY SIZE  
11.00/KG  
**POITRINES DE POULET**  
201131612\_KG



**CHICKEN WINGS**  
FAMILY SIZE  
9.90/KG  
**AILES DE POULET**  
20168158\_KG

**CUT BY OUR BUTCHERS**



**CANADA TOP SIRLOIN STEAK**  
BONELESS, FAMILY SIZE, CUT FROM CANADA AA GRADE BEEF OR HIGHER  
28.64/KG  
**BIFTECK DE HAUT DE SURLONGE**  
20797507\_KG



**IMPOSSIBLE PLANT-BASED BURGER PATTIES**  
226 G  
**GALETTES DE BURGER À BASE DE PLANTES IMPOSSIBLE**  
21403522\_EA

**PREPARED IN-STORE**



**PORK LOIN BREADED SCHNITZEL**  
BONELESS  
300 G  
**ESCALOPE DE LONGE DE PORC PANÉE**  
21588065\_EA



**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375-500 G  
**BACON FUMÉ NATURELLEMENT PC®**  
20057892\_EA/20152629\_EA



**PC® WINGS**  
SELECTED VARIETIES FROZEN  
700-907 G  
**AILES PC®**  
20708932\_EA/20708933\_EA



**PC® BURGERS**  
SELECTED VARIETIES FROZEN  
568 G-1.36 KG  
**BURGERS PC®**  
20941230\_EA/20941443\_EA

**4,000<sup>00</sup> \$4 Value**

**SWISS CHALET BBQ PORK BACK RIBS**  
SELECTED VARIETIES, FULLY COOKED  
600 G  
**CÔTES DE DOS DE PORC BBQ SWISS CHALET**  
21022221\_EA

**16<sup>99</sup>**

# Seafood

Fresh seafood items subject to availability.



**SHRIMP SKEWERS**  
PLAIN OR MARINATED, PREVIOUSLY FROZEN  
55 G  
**BROCHETTES DE CREVETTES**  
21204855\_EA



**CANADIAN COVE MUSSELS**  
FRESH  
907 G  
**MOULES CANADIAN COVE**  
21556624\_EA



**SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP**  
RAW ZIPPERBACK™  
16-20 PER LB 300 G OR  
**CALAMARI RINGS UNCOOKED**  
340 G FROZEN  
**CREVETTES BLANCHES COLOSSALES DU PACIFIQUE OU RONDELLES DE CALMAR SEAQUEST®**  
20027170\_EA/21043887\_EA



**SEAQUEST® FISH FILLETS** 400 G  
OR **WATERVIEW MARKET CRISPY CALAMARI UNCOOKED** 300 G  
SELECTED VARIETIES, FROZEN  
**FILETS DE POISSON SEAQUEST® OU CALMARS CROUSTILLANTS WATERVIEW MARKET**  
20153570\_EA/21454797\_EA

**6<sup>49</sup>**

# Bakery



**LA ROCCA CAKE SLICE**  
SELECTED VARIETIES  
137-187 G  
TRANCHE DE GÂTEAU  
LA ROCCA  
21496255\_EA

**\$4**



**BAKED IN-STORE**  
**IN-STORE BAKED COOKIES**  
SELECTED VARIETIES  
18'S  
BISCUITS CUITS EN MAGASIN  
21454952\_EA

Members save **\$1**

**Optimum**  
Members-Only Price™  
**5<sup>99</sup>**  
Non-members  
**6<sup>99</sup>**



**PREMIUM MUFFINS**  
SELECTED VARIETIES  
4'S  
MUFFINS DE QUALITÉ  
SUPÉRIEURE  
21557676\_EA

**\$5**



**BAKED IN-STORE**  
**PLAIN CROISSANTS**  
6'S OR CINNAMON  
RAISIN BREAD 550 G  
CROISSANTS NATURE OU PAIN  
CANNELLE ET RAISINS  
20729432\_EA/21030153\_EA

**\$4**



**BAKED IN-STORE**  
**PREMIUM BULK BAGELS**  
BAGELS DE CHOIX  
EN VRAC  
20038964\_EA

**8/\$4**  
LESS THAN 8  
79c EA.



**KING'S HAWAIIAN ROLLS**  
SELECTED SIZES  
AND VARIETIES  
PETITS PAINS  
KING'S HAWAIIAN  
21479570\_EA/21489831\_EA

**3<sup>99</sup>**



**D'ITALIANO BREAD OR BUNS**  
SELECTED VARIETIES  
AND SIZES  
PAIN OU PETITS PAINS  
D'ITALIANO  
20038335\_EA/20627103\_EA/  
20673208\_EA

**BUY 2 OR MORE**  
**3<sup>25</sup>**  
EA.  
LESS THAN 2  
\$3.99 EA.



**PC® NAAN ROUNDS**  
ORIGINAL OR  
STONEFIRE  
CARAMELIZED ONION  
PAINS NAAN ROUNDS  
PC™ ORIGINAL  
OU OIGNONS  
CARAMELISÉS  
STONEFIRE  
20757871\_EA/21584557\_EA

**BUY 2 OR MORE**  
**\$4**  
EA.  
LESS THAN 2  
\$4.49 EA.

## Great to go

Great to go items plus applicable taxes.



**PREPARED IN-STORE**  
**CHICKEN, EGG OR TUNA SOFTY SANDWICHES**  
1.1 KG  
SANDWICHS  
MOELLEUX AU  
POULET, AUX ŒUFS  
OU AU THON  
21503465\_EA

**\$16**



**BENTO SUSHI MAKI BOAT**  
400 G  
BATEAU  
DE MAKI  
BENTO SUSHI  
20171858\_EA

**13<sup>49</sup>**



**PC® HAM SERVICE CASE**  
SELECTED VARIETIES  
JAMBON PC™  
DU COMPTOIR  
DE SERVICE  
20301724\_KG

**2<sup>99</sup>**  
/100 G



**MASTRO TRIO PACKS**  
SELECTED VARIETIES  
150/250 G  
TRIOS MASTRO  
21554465\_EA

**8<sup>99</sup>**



**CHICKEN FAVORITES**  
ASSORTED VARIETIES  
SERVED HOT  
OR CHILLED  
320-700 G  
MORCEAUX PRÉFÉRÉS  
DE POULET  
20137058\_EA/20992187\_EA

**\$15**



**OLIVIERI FAMILY PACK PASTA**  
SELECTED VARIETIES  
540-700 G  
SAUCE EN  
EMBALLAGE  
FAMILIAL  
OLIVIERI  
20312412\_EA/  
20915948\_EA

**Optimum**  
Members-Only Price™  
**10<sup>79</sup>**  
Non-members  
**11<sup>99</sup>**



**2,000<sup>00</sup>**  
when you buy 2  
**\$2**  
Value  
**SAPUTO FETA 200 G**  
OR SHREDDED  
CHEESE  
140 G SELECTED  
VARIETIES  
FETA OU FROMAGE  
RÂPÉ SAPUTO  
20573975\_EA/21081222\_EA

**5<sup>99</sup>**



**TRESTELLE BOCCONCINI 200 G**  
OR RICOTTA 475 G  
SELECTED VARIETIES  
BOCCONCINI OU  
RICOTTA TRESTELLE  
20318663\_EA/  
20528878\_EA

**6<sup>99</sup>**



**SWEET SOUR CHICKEN WITH GENERAL TAO, GINGER BEEF, OR HONEY GARLIC PORK WITH FRIED RICE OR LO MEIN NOODLES AND SPRING ROLL**  
537 G  
POULET AIGRE-DOUX AVEC GÉNÉRAL TAO, BŒUF AU GINGEMBRE OU PORC MIEL ET AIL AVEC RIZ FRIT OU NOUILLES LO MEIN OU ROULEAU DE PRINTEMPS  
21594018\_EA/21594020\_EA

**\$12**



**PREMIUM SALADS**  
850-908 G  
SALADES DE QUALITÉ  
SUPÉRIEURE  
21544597\_EA/21544612\_EA

**\$8**



**SABRA HUMMUS**  
SELECTED VARIETIES  
283 G  
HUMMUS SABRA  
20005858\_EA/20103117\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.



**PILLAR'S KOLBASSA**  
250/375 G OR  
BALDERSON CHEESE  
250/280 G  
SELECTED VARIETIES  
KOLBASSA PILLAR'S  
OU FROMAGE  
BALDERSON  
20308469\_EA/21495455\_EA

**6<sup>99</sup>**

## Floral



**CELEBRATE CINCO DE MAYO SUNDAY MAY 5TH**  
**10 STEM RAINBOW TULIPS**  
10 TULIPES  
ARC-EN-CIEL  
SUR TIGE  
21523713\_EA

**\$11**



**SPRING BULBS**  
ASSORTED VARIETIES  
BULBES DU  
PRINTEMPS  
20956925\_EA

**2/\$18**  
LESS THAN 2  
\$10 EA.



**MINI ROSE WITH TRELLIS**  
SELECTED VARIETIES  
6 INCH  
MINI-ROSIER  
AVEC TREILLIS  
21524787\_EA

**\$20**



**CARNATIONS AND MINI CARNATIONS**  
GILLETTS OU  
MINI-ŒILLETTS  
21087794\_EA/21087795\_EA

**\$9**

# Garden Centre NOW OPEN

# 100% Canadian grown. Eh.

## How do we recycle?

**Empty Pots**  
are shipped back  
to the greenhouse  
where they are  
compacted/  
crushed.

**Plastic**  
is shredded to  
make pellets, which  
are used to make  
new pots and flats.

Established in 2008.

May 2 - June 19  
bring back your empty  
pots/flats and you can earn

**100 pts**  
for each pot or flat you return

PC® STRAWBERRY  
HANGING BASKET OR  
PC® DELUXE ANNUAL  
HANGING BASKET  
SELECTED VARIETIES  
11 INCH  
20753916\_EA/20753918\_EA

**2/\$36**  
LESS THAN 2  
\$20 EA.



PC® GIGANTICO®  
ANNUALS  
SELECTED VARIETIES  
4.33 INCH  
21352664\_EA

**5/\$25**  
LESS THAN 5  
\$5.50 EA.



PC® ANNUAL PLANTER  
SELECTED VARIETIES  
10.8 INCH  
21001606\_EA

**\$26**



PC® ANNUAL BOWL  
SELECTED VARIETIES  
10 INCH  
20753946\_EA

**\$20**



## Perennials

PERENNIALS  
SELECTED VARIETIES  
9 CM  
21350463\_EA

**2/\$8**  
LESS THAN 2  
\$4.50 EA.



## Our plant guarantee

Evergreens\*, trees, shrubs, rose bushes and perennials\*  
are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money.  
All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.





# Time to dig in!



**SHRUBS**  
SELECTED VARIETIES  
1 GALLON  
20116656\_EA

# \$13



**EVERGREENS**  
SELECTED VARIETIES  
1 GALLON  
20741130\_EA/20741475\_EA

# \$13



**PC® FLOWER & GARDEN BED SOIL**  
50 L  
21363856\_EA

# 2/\$20

LESS THAN 2  
\$11.50 EA.



**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES  
20752992\_EA  
20752876\_EA



# 1<sup>89</sup>-5<sup>49</sup>



**PC® GRASS SEED**  
SELECTED VARIETIES  
1 KG  
21359477\_EA/  
21359479\_EA

# 2/\$20

LESS THAN 2  
\$12 EA.



**PC® ENRICHED LAWN SOIL**  
25 L  
21349080\_EA

# 2/\$12

LESS THAN 2  
\$7 EA.



**PC® BLACK EARTH SOIL**  
25 L  
21357792\_EA

# 4/\$11

LESS THAN 4  
\$3 EA.



**PLANT FOOD FERTILIZER**  
SELECTED VARIETIES  
AND SIZES  
21567431\_EA/  
2157858\_EA/  
21567705\_EA

# \$8-23



**NO NAME® COW MANURE COMPOST**  
12.5 KG  
21349331\_EA

# 3/\$12

LESS THAN 3  
\$4.50 EA.



**NO NAME® CEDAR MULCH**  
AVAILABLE IN NATURAL, BLACK OR RED  
42.5 L  
21358531\_EA/  
21358573\_EA

# 3/\$12

LESS THAN 3  
\$4.50 EA.

## Our plant guarantee

**Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.**

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.

# Greenhouse Grown

From the greenhouse to your house...



**GREENHOUSE EXTRA LARGE ORANGE, RED OR YELLOW SWEET PEPPERS**  
PRODUCT OF MEXICO  
6.59/KG  
20166880001\_KG/20007535001\_KG

**2<sup>99</sup>**  
lb



**CANADA FARMER'S MARKET™ MINI CUCUMBERS**  
PRODUCT OF CANADA  
6'S  
20737570001\_EA

**3<sup>99</sup>**



**ATLANTIC ENGLISH CUCUMBERS**  
PRODUCT OF ATLANTIC CANADA  
EACH  
20070132001\_EA

**1<sup>99</sup>**



**CANADA TOMATOES CHERTO 255 G OR VERO TOMATOES 680 G**  
PRODUCT OF CANADA  
21046464001\_EA/21068372001\_EA

**5<sup>99</sup>**



**GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
4'S  
21049092001\_EA

**5<sup>49</sup>**



**CANADA PC® ORGANICS SWEET PEPPERS**  
PRODUCT OF CANADA  
2'S  
20690699001\_EA

**5<sup>49</sup>**



**FARMER'S MARKET™ GRAPE TOMATOES**  
PRODUCT OF MEXICO  
283 G  
21367880001\_EA

**3<sup>99</sup>**



**CANADA PC® LIVE LETTUCE GREEN, RED OR TRIO**  
PRODUCT OF CANADA  
EACH  
21178850\_EA/21506580\_EA

**3<sup>99</sup>**

# Cinco de Mayo

click here to shop our full assortment 



**CILANTRO**  
PRODUCT OF COLOMBIA, MEXICO, U.S.A. OR DOMINICAN EACH  
20091825001\_EA

**2<sup>99</sup>**



**GREENHOUSE ROMA TOMATOES**  
PRODUCT OF MEXICO  
5.49/KG  
20143381001\_KG

**2<sup>49</sup>**  
LB



**LA COSTENA REFRIED BEANS**  
SELECTED VARIETIES  
546 ML  
20054076001\_EA/20054076002\_EA

**3<sup>99</sup>**



**TOASTED CORN CHILI PICANTE**  
21564006\_EA

**1<sup>99</sup>**  
/100 G



**MSC HADDOCK FILLETS**  
FROZEN OR PREVIOUSLY FROZEN  
22.02/KG  
21506253\_KG

**9<sup>99</sup>**  
LB



**PC® BLUE MENU® MINCED TURKEY**  
454 G  
21100091\_EA/21100092\_EA



**2/\$12**  
LESS THAN 2 \$8 EA.

**12**



**PC® HORS D'OEUVRES COLLECTION**  
SELECTED VARIETIES, FROZEN  
225-800 G  
21312041\_EA  
21369924\_EA

**2/\$18**  
LESS THAN 2 \$9.99 EA.



**PC® OR BLUE MENU® TORTILLAS**  
SELECTED VARIETIES  
390/650 G  
20182857\_EA/20185659\_EA

**2/6<sup>50</sup>**  
LESS THAN 2 \$3.99 EA.



**PC® MINI TORTILLAS**  
192 G  
20985848\_EA

**\$3**



**VALENTINA HOT SAUCE**  
SELECTED VARIETIES  
370 ML  
2005649002\_EA

**2<sup>99</sup>**



**MASECA CORN FLOUR MIX**  
1.8 KG  
21457445\_EA

**8<sup>99</sup>**



**CHARRAS NATURAL YELLOW, CHIPOTLE OR JALAPENO**  
350 G  
21117787\_EA

**3<sup>79</sup>**



**LA COSTEÑA SAUCE**  
SELECTED VARIETIES  
455 ML  
20318656001\_EA/20318656002\_EA

**3<sup>99</sup>**



**JARRITOS SOFT DRINKS**  
SELECTED VARIETIES  
370 ML  
20147354011\_EA/20147354012\_EA

**2<sup>29</sup>**



**LA COSTEÑA CHIPOTLE PEPPERS**  
186 ML  
20318080\_EA

**2<sup>99</sup>**

# Cinco de Mayo



**MADE FRESH IN-STORE**  
**GUACAMOLE OR PICO DE GALLO SALSA**  
 220-320 G  
 21525868\_EA/21552223\_EA

**\$5**



**PC® TACO KITS 421/427 G OR SALSA 430 ML SELECTED VARIETIES**  
 20295845002\_EA/20431884001\_EA

**2/\$8**  
 LESS THAN 2 \$4.79 EA.



**MANNY'S CORN TORTILLA**  
 SELECTED VARIETIES  
 255 G  
 21497563\_EA

**2<sup>79</sup>**



**PC® HOT JALAPENO PEPPERS**  
 PRODUCT OF U.S.A.  
 21454762001\_EA

**3<sup>99</sup>**



**PC® CREMA**  
 SELECTED VARIETIES  
 245 ML  
 21369941\_EA/21369954\_EA

**2<sup>99</sup>**



**ROTEL HEIRLOOM TOMATOES**  
 SELECTED VARIETIES  
 283 ML  
 21154450\_EA

**1<sup>99</sup>**



**CRACKER BARREL OR BLACK DIAMOND CHEESE SHREDS**  
 SELECTED VARIETIES  
 250-320 G  
 21278845\_EA/21290616\_EA

**6<sup>49</sup>**



**NO NAME® SOUR CREAM**  
 SELECTED VARIETIES  
 500 ML  
 20297641001\_EA/20297641002\_EA

**2/\$7**  
 LESS THAN 2 \$3.99 EA.



**PC® TORTILLA CHIPS**  
 SELECTED VARIETIES  
 320-350 G  
 20302765\_EA/20305180\_EA

**2<sup>79</sup>**



**CORONA SUNBREW 0.0% ALCOHOL**  
 SELECTED VARIETIES  
 6X330 ML  
 21433615\_C06

**9<sup>99</sup>**



**PC® DE-ALCOHOLIZED BEER**  
 SELECTED VARIETIES  
 12X355 ML  
 20121729\_C12/20325253\_C12

**7<sup>99</sup>**

# Grocery



POST CEREAL  
FAMILY SIZE, SELECTED  
VARIETIES  
340-725 G  
20940327\_EA/21542452\_EA

**4.99**



JASMINE GOLD THAI  
SCENTED JASMINE RICE  
8 KG  
21496274\_EA

Members save  
**\$6**  
Optimum  
Members-Only Price  
**9.99**  
Non-members  
**15.99**



COLGATE ORAL CARE, TRISH SPRING, SOFTSOAP,  
SPEED STICK, HELLO OR TOM'S OF MAINE DEODORANT  
SELECTED VARIETIES 45-170 G, 221-1.47 L  
21166717\_EA/21167194\_EA

7,000<sup>00</sup>  
for every '20'  
spent on

**\$7**  
Value



JELLO OR HERSHEY'S  
REFRIGERATED  
PUDDING SNACKS  
SELECTED VARIETIES  
4'S  
21019795\_EA/21019806\_EA

**3.99**



STARBUCKS ICED  
COFFEE 1.18/1.42 L OR  
DEL MONTE JUICE 2.5 L  
SELECTED VARIETIES  
21215530\_EA/21437174\_EA

1,000<sup>00</sup>  
**\$1**  
Value  
**7.49**



COFFEEMATE  
COFFEE ENHANCER  
SELECTED  
VARIETIES  
REFRIGERATED  
946 ML  
21091209\_EA/21091262\_EA

**2/\$11**  
LESS THAN 2  
\$6.99 EA.



CRACKER BARREL  
CHEESE SLICES  
220/240 G,  
SNACKS 168 G OR  
AMOOZA! 228 G  
SELECTED VARIETIES  
21290684\_EA/21403514\_EA

**5.99**



GAY LEA  
SPREADABLE BUTTER  
SELECTED VARIETIES  
227 G  
20119926001\_EA/20119926002\_EA

**4.49**



SAPUTO  
MOZZARELLISSIMA  
SELECTED  
VARIETIES  
690/700 G  
20107017001\_EA

**10.99**



BETTY  
CROCKER  
DUNKAROOS  
168 G,  
NATURE  
VALLEY  
MUFFIN BAR  
175 G OR  
NATURE  
VALLEY  
CRUNCHY DIP  
132 G  
SELECTED  
VARIETIES  
21449886\_EA  
21449897\_EA

**2/\$10**  
LESS THAN 2  
\$5.99 EA.



GOGO  
SQUEEZ  
FRUIT  
SAUCE POUCHES  
SELECTED VARIETIES  
4X90 G  
20322697001\_EA/20843777001\_EA

**2.99**



DEL MONTE  
FRUIT BOWL  
4 X 112.5 ML OR  
DARE BEAR PAWS  
COOKIE OR CRUNCHY  
150-240 G  
SELECTED  
VARIETIES  
20642323002\_EA  
21080779\_EA

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



LECLERC  
CÉLÉBRATION  
COOKIES  
SELECTED VARIETIES  
240 G  
20853797001\_EA/20965368\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.



NO NAME<sup>®</sup>  
CHEESE FLAVOURED  
CORN CHIPS OR  
CORN CHIPS  
SELECTED VARIETIES  
200 G  
20048210\_EA/20962493\_EA

**1.99**



TETLEY TEA 20/24'S  
OR NESCAFÉ INSTANT  
COFFEE 95 G  
SELECTED VARIETIES  
20711158\_EA/21589014\_EA

**3.99**



DAVID'S TEA  
12'S OR LOOSE LEAF  
TEA 40-50 G OR  
LAVAZZA GROUND  
OR BEAN COFFEE  
300/340 G  
SELECTED VARIETIES  
21481194/21549865

**8.99**



LIVIVA ORGANIC  
GLUTEN-FREE BEAN  
OR SHIRATAKI PASTA  
SELECTED VARIETIES  
200-400 G  
21154070\_EA/21154073\_EA

**4.99**



DR. BRONNER'S  
CASTILE SOAP  
SELECTED  
VARIETIES  
946 ML  
20360359003\_EA  
20360359004\_EA

**24.99**



GLAD  
OUTDOOR<sup>®</sup>  
WASTE BAGS  
SELECTED VARIETIES  
20-40'S  
20166439001\_EA  
21165477\_EA

**11.99**



FEBREZE AIR  
250 G, CAR  
2 ML, SMALL SPACES  
7.5 ML, MR. CLEAN ALL  
PURPOSE CLEANER  
1.3 L, MAGIC ERASER  
2-3'S ERASER SHEETS  
8'S, CLEAN FREAK  
473 ML REFILL  
SELECTED VARIETIES  
21005017\_EA/21166047\_EA

**4.49**



IAMS DOG FOOD  
SELECTED  
VARIETIES  
6.8/6.12 KG  
2064674002\_EA

**29.99**



TIDE PODS  
112/85'S OR  
POWER PODS  
63'S  
SELECTED  
VARIETIES  
21450133\_EA  
21450151\_EA

**29.99**

# For your family



TRESEMMÉ, HERBAL ESSENCES OR GÖT2B HAIR CARE OR STYLING SELECTED VARIETIES AND SIZES  
21170103\_EA/21571326\_EA

**5<sup>99</sup>**



DOVE BAR SOAP 2X106 G, AXE SHOWERGEL OR HAIRCARE 473 ML, DEODORANT 76/85 G OR BODYSPRAY 113 G SELECTED VARIETIES  
21220738\_EA/21436066\_EA



**3<sup>99</sup>**



COLGATE TOTAL TOOTHPASTE 3'S, MANUAL TOOTHBRUSH 2'S, BATTERY TOOTHBRUSH, COLGATE TOTAL OR PRO RELIEF MOUTHWASH SELECTED VARIETIES AND SIZES  
20124776002\_EA/21166709\_EA

**7<sup>49</sup>**



EXCELLENCE, PREFERENCE, ROOT COVER UP, NATURAL INSTINCTS OR OLTA HAIR CARE SELECTED VARIETIES AND SIZES  
20306667004\_EA/20308415002\_EA  
20312912004\_EA/20318838\_EA

**11<sup>99</sup>**

OLAY REGENERIST VITAMIN C MOISTURIZER OR GARNIER MICELLAR WATER SELECTED VARIETIES OR SIZES  
21040515\_EA/2111706002\_EA



**SALE  
SAVE UP TO**

**25%**



ALWAYS ULTRA THIN PADS SIZE 4, 50'S, TAMPAX PEARL REGULAR TAMPONS 50'S OR U BY KOTEX BALANCE ULTRA THIN PADS OR WINGS 38'S SELECTED VARIETIES AND SIZES  
21374646\_EA  
21518478\_EA



**2/\$25  
LESS THAN 2  
\$13.99 EA.**



LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH SELECTED VARIETIES  
20348438001\_EA/21091207\_EA

**5<sup>99</sup>**

EVERY MAN JACK DEODORANT 88 G OR BODY WASH 500 ML OR J.R. WATKINS BODY WASH 532 ML OR LIQUID HAND SOAP REFILL 828 ML/1 L SELECTED VARIETIES  
20968244\_EA/21400651\_EA



**6<sup>49</sup>**



THE HONEST COMPANY SHAMPOO, CONDITIONER OR WASH SELECTED VARIETIES 250-355 ML  
21303537\_EA/21303553\_EA

**SALE  
SAVE UP TO**

**20%**



BOOST MEAL REPLACEMENT DRINKS SELECTED VARIETIES 4X325/6X237 ML  
20304429002\_C06  
20986361\_C06

**SALE  
SAVE UP TO**

**15%**

PEPTO, GAVISCON, RESTORALAX OR RESTORAFIBRE GUMMIES, CHEWS, TABLETS OR LIQUIDS SELECTED VARIETIES AND SIZES  
20955323\_EA  
20673738\_EA



**SALE  
SAVE UP TO**

**20%**



SECRET OR OLD SPICE ANTIPERSPIRANT OR DEODORANT SELECTED VARIETIES 45-107 G, 2X45 G, 175 ML  
20098994\_EA  
20757237001\_EA

**SALE  
SAVE UP TO**

**15%**



MITCHUM SOLID, GEL, ROLL ON OR ALUMINUM FREE DEODORANT SELECTED VARIETIES 45-96 G, 50 ML  
20336985002\_EA  
20757875004\_EA

**SALE  
SAVE UP TO**

**20%**



LIVE CLEAN BODY WASH SELECTED VARIETIES 500 ML  
20862253\_EA

**5<sup>99</sup>**



AERIUS 5 MG 40'S OR CLARITIN ALLERGY RELIEF TABLETS, LIQUID GELS OR CAPSULES 50-70'S SELECTED VARIETIES  
20946006\_EA

**29<sup>99</sup>**



ALIGN PROBIOTIC CAPSULES, CHEWS GUMMIES 21-60'S OR NERVEIVE NERVE HEALTH OR PAIN RELIEF 30'S SELECTED VARIETIES  
21359037\_EA  
21465063\_EA

**SALE  
SAVE UP TO**

**20%**



BAND-AID CHILDREN AND PREMIUM BANDAGES, POLYSPORIN OINTMENT OR DDROPS VITAMIN SUPPLEMENT SELECTED VARIETIES AND SIZES  
20034059\_EA  
20380516001\_EA

**SALE  
SAVE UP TO**

**15%**



ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES  
20814896\_EA  
21033778\_EA

**16<sup>99</sup>**

COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSH, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE  
21517424\_EA/21220587\_EA

**5<sup>99</sup>**



SENSODYNE OR PRONAMEL TOOTHPASTE, POLIDENT DENTURE TABLETS OR POLIGRIP DENTURE ADHESIVE SELECTED VARIETIES AND SIZES  
20301179001\_EA/20756075\_EA

**4<sup>99</sup>**



ALWAYS OR TAMPAX PADS, LINERS OR TAMPONS SELECTED VARIETIES 26-216'S  
21019589\_EA  
21449590\_EA

**12<sup>99</sup>**

**Optimum**  
**10,000** pts  
 for every \$100 spent on

**\$10 Value**

**Happy Active, Happy Her and Happy Teen gift cards**

Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Active, Happy Her, and Happy Teen cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

**MAKE Summer SIMPLE**

**2/\$8**  
 LESS THAN 2 \$4.99 EA

VH® Sauces selected varieties 341/355 mL

**OLDELPASO**

**CELEBRATES CINCO DE MAYO**

**WIN**  
 1 OF 3 PRIZES OF **\$5,000**  
 TOWARDS A TRIP TO **MEXICO**

Old El Paso™ Seasonings 24 g Selected Varieties 21049505\_EA **\$1**

Old El Paso™ taco shells 125-191 g, Tortillas 297/334 g, Refried Beans 398 mL, Taco Sauce or Peppers 127-250 mL, Selected Varieties 20306992001\_EA/20314171001\_EA **2/\$6** LESS THAN 2 \$3.99 EA

Old El Paso™ Dinner Kits 264-510 g or salsa 650 mL Selected Varieties 20795534\_EA **2/\$9** LESS THAN 2 \$4.99 EA

OldElPasoContest.ca

\*NO PURCHASE NECESSARY. TO ENTER: Purchase at least \$15 of participating Old El Paso products in one transaction on one receipt and snap a photo of your receipt. Upload your receipt and follow instructions at [www.oldel Pasocontest.ca](http://www.oldel Pasocontest.ca) to be entered for a chance to win one of (3) \$5,000 Grand Prizes. Open only to age of majority legal residents of Canada. Contest begins on April 4, 2024, at 12:00 AM (ET) and ends on May 16, 2024, at 11:59 PM (ET). Odds of winning depends on the number of entries received. For Official Rules, participating products & no purchase entry visit [www.oldel Pasocontest.ca](http://www.oldel Pasocontest.ca). Sponsor: General Mills Canada Corporation.

**vileda**

**SuperTwist XL** 20057952\_EA **11<sup>99</sup>**

**Oskar WITH DUSTPAN** 20007949\_EA **11<sup>99</sup>**

**EasyWring SPIN MOP & BUCKET SYSTEM** 20765408\_EA **44<sup>99</sup>**

**ProMist MAX SPRAY MOP** 21042793\_EA **27<sup>99</sup>**

**500<sup>+</sup>** all Vileda GLOVES, SPONGES, SCOURERS OR REFILLS SELECTED VARIETIES 20027109\_EA **SAVE UP TO 20% OFF**

**TRUSTED SOFTNESS. BETTER TEAR**

\*vs. leading US 1-ply bargain brand

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, soft 21549779\_EA

**Cleans Better So You Can Use Less\***

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, strong 21484810\_EA

\*vs. Leading USA 1-Ply Bargain Brand

**MORE ABSORBENT**

**+50% MORE ABSORBENT**  
 \*vs. leading ordinary brand.

**17<sup>99</sup>** Bounty Paper Towel, Select A Size, 6=12 roll 21515966\_EA

**THICKER AND MORE ABSORBENT**  
 \*vs. the leading US 2-ply napkin

**10<sup>99</sup>** Bounty Napkin 400's 21053171\_EA

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**THIRST IS EVERYTHING**

**Sprite OBEY YOUR THIRST**

**2/\$14** LESS THAN 2 \$7.99 EA Coca-Cola or Canada Dry soft drinks selected varieties 12x355 mL 20319214002\_C12

**2/\$12** LESS THAN 2 \$7.99 EA Coca-Cola soft drinks selected varieties 6x710 mL 20304419001\_C06

**2/\$6.50** LESS THAN 2 \$3.99 EA Monster Energy® beverages\* selected varieties 473 mL 20938249\_EA

**2/\$6** LESS THAN 2 \$3.99 EA Glaceau smartwater® beverages selected varieties 1 L 20154181\_EA

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations from May 2nd to May 8th, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.  
 † This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

**Life BRAND**

**Quality you can count on.†**

**\$150 Value** when you buy 2

**1,500<sup>+</sup>** when you buy 2

**\$150 Value** when you buy 2

**1,500<sup>+</sup>** when you buy 2

Life Brand® body wash 710 mL or liquid hand soap refill 950 mL selected varieties and sizes **save up to 25% off** 2104537\_EA/21357682006\_EA

Life Brand® overnight maxi wing pads or regular liners selected varieties, 1-135's **save up to 25% off** 21202823\_EA/212034446\_EA

**\*Satisfaction guaranteed or your money back with proof of purchase. Product availability may vary by store.**



**LIBERTÉ**



**\$3.69**

Yoplait® Tubes® 8 x 56 g,  
Minigo® 6 x 60 g,  
Source® 630 g

20275868001\_EA  
21391318001\_EA



**\$6.99**

Liberté Greek®  
650 - 750 g

**\$3.99**

Yoplait Source®  
Protein 4 x 100 g

**NEW!**

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**APRIL 4<sup>TH</sup> - MAY 15<sup>TH</sup>**  
**CHEER ON**  
**TEAM**  
**CANADA**  
& Earn Points<sup>†</sup>



OFFICIAL SUPPORTER  
SUPPORTEUR OFFICIEL



**\$5 Value**  
**5,000 pts**  
WHEN YOU SPEND \$15\*  
OR MORE

**\$10 Value**  
**10,000 pts**  
WHEN YOU SPEND \$25\* OR MORE

**\$2 Value**  
**2,000 pts**  
WHEN YOU SPEND \$10\*  
OR MORE

\*Participating General Mills products: Family size cereal (475 - 778g), Nature Valley retail size granola bars (120-230g) and Old El Paso dinner kits (250-510g). Minimum spend thresholds must be met in a single transaction before applicable taxes and after all coupons, discounts or PC Optimum™ points redemptions are deducted. Product availability may vary by store. We are not obligated to award points based on error or misprints. † PC Optimum™ points

**SNACK IT UP.**

**MADE WITH  
REAL  
FRUIT**

**iöGO**  
is taking  
over snack  
time.



**\$7.99**  
iöGO  
0%, CREAMY OR LACTOSE-FREE  
16 X 100 G, YOGURT  
SELECTED VARIETIES  
20606778001\_EA  
20609563001\_EA

**\$3.99**  
iöGO nano  
DRINKABLE YOGURT  
6 X 93 ML  
SELECTED VARIETIES  
20609687001\_EA  
20609687001\_EA  
21219007\_EA

**\$15.99**  
iöGO nano  
DRINKABLE YOGURT  
24 X 93 ML  
SELECTED VARIETIES  
20881477\_EA

**\$10.99**  
iöGO  
CREAMY  
2 KG, YOGURT  
SELECTED VARIETIES  
20630892\_EA  
20608217\_EA

**\$5.99**  
iöGO nano  
DRINKABLE YOGURT  
900 ML  
SELECTED VARIETIES  
21481056\_EA  
21481057\_EA



**1,000<sup>pts</sup>**  
when you buy 2

**\$1 Value**  
BUY 2 OR MORE  
**\$4.50**  
EA.  
LESS THAN 2 \$4.79 EA.

CASA MENDOSA OR  
WONDER TORTILLAS  
10"  
SELECTED VARIETIES



WONDER WRAPS Whole Wheat 10"  
640 g  
21182510\_EA

WONDER WRAPS White 10"  
640 g  
20976626\_EA

CASA MEN TORTILLA 10"  
640 g  
20318788\_EA

CASA MEN TORTILLA  
Whole Wheat 10" 640 g  
20276307\_EA

Elevate your  
**FIESTA**  
this CINCO DE MAYO

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