

Prices Good Through
May 14, 2024

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials*



1 lb. Pkg.
Farmers Market
Strawberries

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

Porterhouse or T-Bone Steaks

9.99

Value Pack
VIC SAVINGS
per lb.

save big per lb. with your VIC card



**93% Lean
Ground Beef
or Ground Turkey**

5.99

Value Pack
VIC SAVINGS
per lb.

save big per lb. with your VIC card



Wild Caught
4.2 oz. min. wt. each
North Atlantic Lobster Tails
or per lb. Wild Caught
16 - 20 ct. Argentine Shrimp

7.99

save big with your VIC card

Farmers Market
Jumbo Cantaloupes



2 for \$5

every aisle.
PRICED LOW
every day.



per lb.
Baby Back Ribs

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 pc. Fresh Foods Market
**Double-Dipped Fried
or Baked Chicken**

6.99 each

save big with your VIC card



Farmers Market
Vidalia Onions

.99 per lb.

save big per lb. with your VIC card



Farmers Market
**Honeycrisp or
Cosmic Crisp Apples**

1.99 per lb.

save big per lb. with your VIC card



Use your VIC card for more big savings!



6 pk. 16.9 oz.
**Coca-Cola
Products**

**BUY 2 GET 2
FREE**

save big on 4 with your VIC card



11 oz. Bag
HT Traders
or 10 - 12 ct. K-Cups
**Green Mountain
Coffee**

**BUY 2 GET 2
FREE**

save big on 4 with your VIC card



10.1 - 14.3 oz.
**Kellogg's
Frosted Flakes
Apple Jacks
or Mini Wheats**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 - 16 oz.
**Smithfield
Bacon**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
**Kraft
Shredded
Cheese**

**BUY 2 GET 3
FREE**

must buy 2 items to get 3 free with your VIC card



48 oz.
**Breyers
Ice Cream**
or 9 - 14 oz.
**Häagen-Dazs
Pints or Novelties**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



3.5 - 13.7 oz.
**Nabisco
Ritz Crackers,
Toasted Chips
or Snack Crackers**

2 for \$7

save at least \$2.98 on 2 with your VIC card



12 ct.
**Egg-Land's Best
Grade A Large Eggs**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



5 - 7 oz.
**Lay's, Sun Chips
or PopCorners
Snack Chips**
or 15 oz. Lay's Dips

2 for \$7

save big on 2 with your VIC card



52 oz.
**Tropicana
Orange Juice**

2 for \$7

save at least \$2.58 on 2 with your VIC card

4X FUEL POINTS ON 100s OF GIFT CARDS TODAY!

WITH DIGITAL COUPON FROM OUR E-VIC EMAIL, APP OR WEBSITE.

FUEL POINTS redeem at

VALID EVERY DAY 5/1/24-5/14/24

Effective as of March 2024, Amazon Gift Cards will only earn 2X Fuel Points.

*Restrictions apply, see Associate for details. Subject to availability. See gift cards for details, terms, and conditions. Excludes Amazon Gift Cards. All trademarks are property of their respective owners. The Visa Gift Card is issued by Pathward®, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere. Visa debit cards are accepted. No cash access. See Cardholder Agreement for details.

*Supplies are limited

Prices good through May 14, 2024

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

Happy Mother's Day



Premium
**Dozen
Rose Bouquet**

15.99

 each

save at least \$1.00 each with your VIC card



Farmers Market Small
**Chocolate
Covered Strawberries**

6.99

 each

save big with your VIC card



Custom
Designed
**Floral
Arrangements**

39.99

 & UP

save big with your VIC card



Fresh Foods Market
**Mother's Day
Decorated 12"
Message Cookie**

7.99

 each

save big with your VIC card



15.2 oz.
Lindt Truffles

9.99

 each

save big with your VIC card



every day **DOUBLE** **manufacturers'** **COUPONS** **up to 99¢**

see customer service for details

FGA1 FGA1 FGA1 BFGA1

Beverage & Snacks

Sale



12 pk. 12 oz. Cans

Pepsi Products

BUY 2 GET 2

FREE

save big on 4 with your VIC card



12 pk. 12 oz. Cans

Canada Dry or 7-UP

3 for \$15

save big on 3 with your VIC card



7 - 10 oz.

Fritos, Cheetos or Cheetos Pretzels

2 for \$8

save at least \$3.78 on 2 with your VIC card



8.25 oz.

Entenmann's Little Bites or 20 oz. Sara Lee Artesano Bread

2 for \$7

save at least \$2.29 on 2 with your VIC card



12 pk. 12 oz. Cans

Harris Teeter Mixers or Seltzers

3.79 each

save big with your VIC card



evic COUPONS
EXCLUSIVE SAVINGS

save \$1.00 each

With digital coupon when You Buy Any FIVE (5) Chobani Single Serve

4.5 oz.
Chobani Flip
or 5.3 oz.
Zero Sugar or Creations



8 for \$10

save big on 8 with your VIC card



make your
Graduation Celebration
Unforgettable

[CLICK HERE TO ORDER](#)



With a **custom cake**
from Harris Teeter!

Seafood Sale



8 oz.
Fishermans Market
Cocktail Sauce
2.99
save at least \$1.00 each
with your VIC card



Wild Caught
Peeled & Deveined
16 - 20 ct.
Argentine Shrimp

12.99 per lb.
save big per lb. with your VIC card



Wild Caught
Snow Crab Clusters

9.99 per lb.
save at least \$2.00 per lb. with your VIC card



Wild Caught
Tuna Steaks

11.99 per lb.
save at least \$5.00 per lb. with your VIC card



16 - 20 ct.
Tail-On Cooked Shrimp

12.99 per lb.
save at least \$2.00 per lb. with your VIC card



Whole Cooked Lobster

13.99 per lb.
save at least \$2.00 per lb. with your VIC card



Wild Caught
Dungeness Crab Clusters

13.99 per lb.
save at least \$2.00 per lb. with your VIC card

Senior Discount Thursdays
Seniors 60 and older get a
5% DISCOUNT

Please notify your cashier if you qualify



Elevate Everything



12 ct.
**Private Selection
K-Cup Coffee**

BUY 1 GET 1

FREE

each item rings at half price with your VIC card



4.4 - 6 oz.
**Private Selection
Crackers**

2 for \$5

save big on 2 with your VIC card



8.8 - 32 oz.
Private Selection Spaghetti

2 for \$5

save big on 2 with your VIC card



12 oz.
**Private Selection
Macaroni & Cheese**

2 for \$6

save at least 98¢ on 2 with your VIC card



19 oz.
**Private Selection
BBQ Sauce**

2 for \$6

save big on 2 with your VIC card



48 oz.
**Private Selection
Ice Cream**

3.99 each

save at least \$3.00 each with your VIC card



8 oz.
**Private
Selection
Cashews,**
8 - 9.5 oz. **Pecans**
or 5 oz. **Macadamia Nuts**

5.99 each

save at least \$1.00 each with your VIC card



from our meat department

Join today! Weekly emails with fresh catch specials, great recipes and more! Visit harristeeter.com for full details on the Fresh Catch Club and information on responsibly sourced seafood at Harris Teeter.



Reserve Angus
T-Bone Steak

11.99 per lb.
save big per lb. with your VIC card



11 - 14 oz.
Al Fresco or Kayem Sausage or Hot Dogs

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



21 - 30 ct. Fresh Wild Caught
Key West Pink Shrimp

10.99 per lb.
save at least \$6.00 per lb. with your VIC card

Antibiotic Free
Niman Ranch Bone-In Pork Chops
5.99 per lb.
save at least \$1.00 per lb. with your VIC card

Farmer Focus Chicken Breast
7.99 per lb.
save at least \$1.00 per lb. with your VIC card

16 oz.
Hickory Nut Ground Beef
8.99 each
save at least \$1.00 each with your VIC card

5 oz.
Pre Grass Fed Tenderloin Steak
11.99 each
save at least \$2.00 each with your VIC card

15 oz. Ball Park
Franks
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz. Oscar Mayer
Lunchmeat
8.99 each
save at least \$2.00 each with your VIC card

18 oz. Harris Teeter
Italian Sausage
2 \$7 for
save big on 2 with your VIC card

9.6 oz. Fully Cooked Jimmy Dean
Links or Patties
2 \$10 for
save big on 2 with your VIC card

8 - 9 oz. Hillshire Farm
Lunchmeat
2 \$10 for
save big on 2 with your VIC card

12 - 14 oz. Hillshire Smoked Sausage or Polska
Kielbasa
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

8.3 oz. Eckrich
Breakfast Sausage
BUY 2 GET 3 FREE
limit 10
must buy 2 items to get 3 free with your VIC card

16 oz. Hatfield
Sausage
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

10 - 20 ct. Fresh Wild Caught
Sea Scallops
19.99 per lb.
save at least \$5.00 per lb. with your VIC card

5 oz. Fresh Farm Raised
Mediterranean Salmon Portions
\$5 each
save at least \$2.00 each with your VIC card

7 oz. Fishermans Market
Cajun Crab Dip
2.99 each
save at least \$1.00 each with your VIC card

8 oz. Phillips
Crab Claw Meat
9.99 each
save at least \$3.00 each with your VIC card

8 - 10 ct. Farm Raised
Black Tiger Shrimp
16.99 per lb.
save at least \$3.00 per lb. with your VIC card

50 ct. Fresh Farm Raised
Littleneck Virginia Clams
15.99 each
save at least \$2.00 each with your VIC card

3 oz. Heartshaped
Eastern Shore Crab Cakes
2 \$6 for
save at least \$2.00 on 2 with your VIC card

10 oz. Fishermans Market
Cooked Shrimp Ring
6.99 each
save at least \$2.00 each with your VIC card

Wild Caught
Alaska Sockeye Salmon Fillets
13.99 per lb.
save big per lb. with your VIC card

Wild Caught
Southern King Crab Legs
19.99 per lb.
save at least \$5.00 per lb. with your VIC card

from our grocery department

18 - 19.3 oz.
General Mills Cereal
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

19 oz.
Country Time Lemonade
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz.
BodyArmor
5 \$5 for
save big on 5 with your VIC card

15 oz.
Harris Teeter Lemon or Lime Juice
1.79
save big with your VIC card

6 pk. 10 oz. Glass Btls.
Harris Teeter Mixers
2 \$8 for
save big on 2 with your VIC card

10.3 - 11.3 oz.
Chock full o'Nuts
2 \$9 for
save big on 2 with your VIC card

7.25 oz.
Kraft Mac & Cheese
4 \$5 for
save big on 4 with your VIC card

6 oz.
Harris Teeter Croutons
4 \$5 for
save big on 4 with your VIC card

16 - 24 oz.
Vlasic Pickles or 15 oz. **Wishbone Salad Dressing**
2 \$5 for
save big on 2 with your VIC card

30 oz.
Hellmann's Mayonnaise
5.49
save big with your VIC card

16.9 oz.
Filippo Berio Olive Oil
7.99
save big with your VIC card

12 oz.
Harris Teeter Honey Bear
2 \$6 for
save big on 2 with your VIC card

8 ct.
Kellogg's Pop-Tarts
2 \$5 for
save big on 2 with your VIC card

8 ct.
Wonder Buns
2.99
save at least 80¢ each with your VIC card

8.25 oz. **Entenmann's Little Bites** or 20 oz. **Sara Lee Artesan Bread**
2 \$7 for
save at least \$2.29 on 2 with your VIC card

7 - 8 oz.
Harris Teeter Kettle Chips
2 \$5 for
save big on 2 with your VIC card

9 - 11 oz.
HT Traders Granola
3.99
save big with your VIC card

7 oz.
Magic Spoon Cereal
7.99
save big with your VIC card

60 - 160 ct.
Harris Teeter Facial Tissues
5 \$5 for
save at least \$1.95 on 5 with your VIC card

30 oz.
Oxi Clean Fabric Enhancers
3.99
save big with your VIC card

36 oz. Liquid
All Laundry Detergent
2 \$10 for
save at least \$5.98 on 2 with your VIC card

8 Double Roll
Brawny Paper Towels
12.99
save big with your VIC card

12 Mega Roll
Quilted Northern Bath Tissue
12.99
save big with your VIC card

300 ct.
Clorox Disinfecting Wipes
17.99
save at least \$5.00 each with your VIC card

beverages

64 oz.
Pure Leaf Tea
BUY 2 GET 1 FREE
save big on 3 with your VIC card

4 pk.
Starbucks Frappuccino
BUY 2 GET 1 FREE
save big on 3 with your VIC card

8 pk. 12 oz. Btls.
Canada Dry Products
7.99
save big with your VIC card

2 ltr.
Coca-Cola Products
BUY 2 GET 1 FREE
save big on 3 with your VIC card

28 oz.
Gatorade or 1 ltr. Propel
3 \$5
save at least \$3.98 on 3 with your VIC card

1 ltr.
Gatorade Water
2 \$3
save at least 98¢ on 2 with your VIC card

64 oz.
Harris Teeter Cranberry Juice Cocktail
2.99
save at least 80¢ each with your VIC card

6 pk. 12 oz.
Coca-Cola Products
2 \$8
save big on 2 with your VIC card

6 pk. 16.9 oz.
Snapple Tea
5.99
save at least \$3.00 each with your VIC card

4 pk. 16 oz.
Monster Energy
7.99
save at least \$2.00 each with your VIC card

snacks

7 - 13.8 oz.
Town House or Toasteds
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

4.5 oz.
Milton's Crackers
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

4.4 - 5.3 oz.
Skinny Pop Popcorn
2 \$6
save at least \$1.49 on 2 with your VIC card

6.5 oz.
Kettle or Air Fried Kettle Chips
2 \$7
save at least \$3.58 on 2 with your VIC card

4.47 - 7.23 oz.
Quaker Rice Cakes
2 \$7
save at least \$1.49 on 2 with your VIC card

10.1 - 15.25 oz.
Nabisco Oreo or Chips Ahoy! Cookies
2 \$7
save at least \$2.98 on 2 with your VIC card

9 - 10.75 oz.
Doritos
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

7.5 - 9.75 oz.
Planters NUT•rition
4.49
save at least \$3.00 each with your VIC card

6 ct.
Angie's Multipack
4.99
save at least \$2.20 each with your VIC card

6.5 - 10 oz.
Tillamook Beef Jerky or Smoked Sausage
8.99
save at least \$5.00 each with your VIC card

health & beauty

3.2 oz.
Colgate Optic White Toothpaste
5.99
save at least \$1.50 each with your VIC card

2.12 oz.
ONE Bars
2 \$4
save at least \$1.78 on 2 with your VIC card

2.6 oz.
Dove Deodorant
7.49
save at least \$1.50 each with your VIC card

Assorted
Huggies Little Snugglers or Little Movers Jumbo Diapers
9.99
save big with your VIC card

dairy and frozen

11 oz.
La Colombe Draft Latte
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

5.3 oz.
Fage Greek Yogurt
4 \$5
save big on 4 with your VIC card

12 oz.
Kraft Singles
2 \$6
save big on 2 with your VIC card

9 - 12 oz.
Harris Teeter Snack Cheese
2 \$6
save big on 2 with your VIC card

52 oz.
Planet Oat Oatmilk
2 \$6
save big on 2 with your VIC card

12 ct. **Harris Teeter Cage Free Extra Large Brown Eggs** or
64 oz. **Simple Truth Organic Milk**
2 \$7
save big on 2 with your VIC card

24 oz.
Siggi's Skyr Yogurt
2 \$10
save big on 2 with your VIC card

48 oz.
STÖK Cold Brew Coffee
4.99
save big with your VIC card

12 ct.
Vital Farms Pasture-Raised Eggs
6.99
save big with your VIC card

14.2 - 25 oz.
Connie's or Palermo's Pizza
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

10 - 10.8 oz.
Birds Eye Vegetables
4 \$5
save big on 4 with your VIC card

16 oz.
Harris Teeter French Toast Sticks or **Select Varieties Frozen Fruit**
2 \$6
save big on 2 with your VIC card

9 - 10 oz.
Healthy Choice Simply Steamers or Power Bowls
2 \$7
save big on 2 with your VIC card

6 ct.
Outshine Bars
3.49
save big with your VIC card

8 ct.
Drumstick
5.99
save big with your VIC card

4 ct.
Jimmy Dean Breakfast Sandwiches
5.99
save big with your VIC card

20.8 - 24 oz.
Tyson Chicken Sandwiches or Sliders
7.99
save big with your VIC card

20 - 28 oz.
Tyson Chicken Strips
7.99
save big with your VIC card

* Supplies are limited



Mother's Day brunch made fresher

eVIC e-VIC members only **weekly limit 4**

8 ct. Pillsbury Cinnamon Rolls, Crescents or Grands! Biscuits

2.47

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only **weekly limit 4**

6.5 oz. Reddi Wip Original Whipped Topping

2.47

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only **weekly limit 4**

5 - 7 oz. Pepperidge Farm Sweet & Simple or Milano Cookies

2.97

save at least \$4.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$8**

All items must be purchased in a single transaction with your VIC card.

1 - 3 oz. Lindor Specialty Chocolate Bars

BUY 2 GET 1 FREE

save big on 3 with your VIC card

14.54 - 29.04 oz. Freschetta Pizza

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8 ct. Blue Bunny Ice Cream Cones or Sandwiches

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

4.8 - 6.8 oz. Nonni's Biscotti or Biscotti Bites

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

12 oz. Harris Teeter Links or Patties Breakfast Sausage

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

19.6 oz. Pepperidge Farms Cakes

4.99

save big with your VIC card

16 oz. Harris Teeter CandiQuik

2 \$7 for \$7

save at least \$1.98 on 2 with your VIC card

1 ct. Toblerone Specialty Chocolate Bars

2 \$6 for \$6

save big on 2 with your VIC card

8 oz. Harris Teeter Whipped or Soft Cream Cheese

2 \$4 for \$4

save big on 2 with your VIC card

4 oz. Harris Teeter Baking Nuts

2 \$6 for \$6

save big on 2 with your VIC card

8 oz. HT Traders Butter

2 \$7 for \$7

save big on 2 with your VIC card

16.5 oz. Nestle Chocolate Chip Cookie Dough

2 \$7 for \$7

save big on 2 with your VIC card

14 - 21 oz. Pepperidge Farm Swirl Bread, Bagels or Farmhouse Bread

3.99

save big with your VIC card

12 pk. Ball Park Buns

2 \$7 for \$7

save big on 2 with your VIC card

48 oz. Califia Farms Almond Milk

2 \$7 for \$7

save big on 2 with your VIC card

9.5 - 10.6 oz. Kodiak Oatmeal or Bars

4.99

save big with your VIC card

18 - 20 oz. Kodiak Flapjack Mixes

4.99

save big with your VIC card

24 oz. Log Cabin Syrup

2 \$6 for \$6

save big on 2 with your VIC card

12 ct. Happy Egg Free Range Large Eggs

4.99

save big with your VIC card

59 oz. Florida's Natural Lemonade or Juice

2 \$5 for \$5

save big on 2 with your VIC card

12 oz. Bag or 12 ct. K-Cups Gevalia Coffee

6.99

save big with your VIC card

4 oz. Ghirardelli Chocolate Squares

4.99

save big with your VIC card

7.614 - 8.46 oz. Dove Chocolate

5.79

save big with your VIC card

20 - 30 ct. Harris Teeter Ultra Paper Plates or Bowls

2 \$6 for \$6

save at least \$1.98 on 2 with your VIC card

40 - 100 ct. Harris Teeter Occasions Napkins **2/\$4** save big on 2 with your VIC card

SAVE \$1.00 PER GALLON on Fuel with Harris Teeter Pharmacy*

Transfer prescriptions today and earn 1000 Fuel Points for each prescription filled

SCAN HERE to transfer your prescriptions

*There is no limit on the number of pharmacy transfer rewards that a VIC household can earn. Offer valid from 2/1/24 through 5/31/24. Due to government regulations, this offer is not available for supplies or services paid for in whole or in part by any government program, including Medicaid and Medicare. Offer not eligible for prescriptions transferred from or previously filled at another Harris Teeter Pharmacy. Some restrictions apply. See pharmacist for details. Fuel Points terms and conditions apply. Visit harristeeter.com for complete details.



- ways to -

SAVE

my  Harris Teeter

every aisle. every day.

PRICED LOW

on essentials



Look Inside for More GREAT SAVINGS!



Value Pack
VIC



every aisle. every day.
PRICED LOW
on items you use the most

Harris Teeter
Whole
Chicken

1.99

per lb.

every aisle. every day.
PRICED LOW
on items you use the most

Assorted
Harris Teeter
Pork Chops

2.99

per lb.



every aisle. every day.
PRICED LOW
on items you use the most

8 lb. Bag
Farmers Market
Russet
Potatoes

4.99

each

every aisle. every day.
PRICED LOW
on items you use the most

Farmers Market
Bunch
Tomatoes
on the Vine

1.49

per lb.



every aisle. every day.
PRICED LOW
on items you use the most

16 oz.
Harris Teeter
Garlic Bread

2.39

each

every aisle. every day.
PRICED LOW
on items you use the most

32 oz.
Highland Crest
Half & Half

2.99

each

every aisle. every day.
PRICED LOW
on items you use the most

42 oz.
Harris Teeter
Old Fashioned Oats

3.99

each



every aisle. every day.
PRICED LOW
on items you use the most

5 oz. Harris Teeter
Solid White
Albacore Tuna

1.69

each

every aisle. every day.
PRICED LOW
on items you use the most

14 oz. Harris Teeter
Boil-In-Bag
White Rice

1.59

each

every aisle. every day.
PRICED LOW
on items you use the most

4 pk.
Smart Way
Cut Green Beans

2.79

each

Prices valid May 8 through May 14, 2024.

PO1 PO1 PO1 PO1

save more
with the
Harris Teeter
brand



18 oz.
Harris Teeter Preserves
2.69



save big with your VIC card **VIC SAVINGS**

14.4 oz.
Harris Teeter Graham Crackers
2.79



save big with your VIC card **VIC SAVINGS**

12 oz.
Harris Teeter Jumbo Marshmallows
1.79



save big with your VIC card **VIC SAVINGS**

12.4 oz.
Harris Teeter Cheese Crackers
2.99



save big with your VIC card **VIC SAVINGS**

12 oz.
Harris Teeter Flavored Mustards
3 \$5 for



save big on 3 with your VIC card **VIC SAVINGS**

28 oz.
Harris Teeter Diced Tomatoes
2 \$3 for



save at least 98¢ on 2 with your VIC card **VIC SAVINGS**

32 oz.
Harris Teeter Soy Sauce
3.79



save big with your VIC card **VIC SAVINGS**

15 pk. 16.9 oz.
Harris Teeter Spring Water
2 \$6 for



save big on 2 with your VIC card **VIC SAVINGS**

80 ct. 9 inch
Harris Teeter Heavy Duty White Plates
4.99



save big with your VIC card **VIC SAVINGS**

Long term VIC

savings that stick around

16 oz.
Simple Truth Organic Coconut Flour
3.79



save big with your VIC card **VIC SAVINGS**

4 pk.
Harris Teeter Peaches Fruit Cup
2 \$5 for



save big on 2 with your VIC card **VIC SAVINGS**

24 oz.
Harris Teeter Traditional Pasta Sauce
1.99



save big with your VIC card **VIC SAVINGS**

12 oz.
HT Traders Bruschetta
3.69



save big with your VIC card **VIC SAVINGS**

9.3 oz.
Harris Teeter Hard-Cooked Eggs
2 \$6 for



save big on 2 with your VIC card **VIC SAVINGS**

12 oz.
HT Traders Virginia Peanuts
4.99



save big with your VIC card **VIC SAVINGS**

7.4 oz.
Simple Truth Organic Waffles
3.49



save big with your VIC card **VIC SAVINGS**

100 ct.
Harris Teeter Acetaminophen PM Caplets
7.99



save big with your VIC card **VIC SAVINGS**

6 ct.
Harris Teeter Scrubber Sponges
5.99



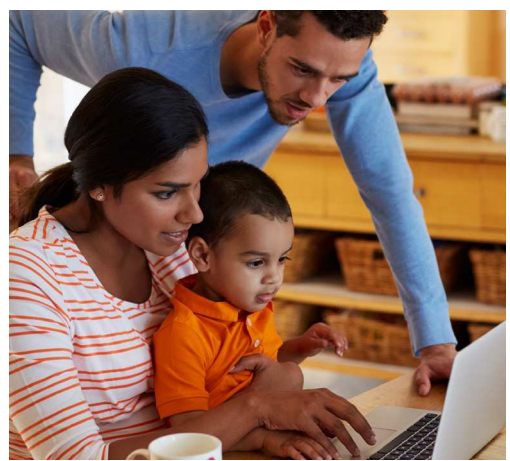
save big with your VIC card **VIC SAVINGS**

SAVE \$100s
every month when you join



- Access to hundreds of digital coupons
- Wednesday and Friday emails with personalized offers & savings
- Exclusive e-VIC items of the week
- Weekly prizes
- Entry into e-VIC only sweepstakes

Scan to join or visit harristeeter.com



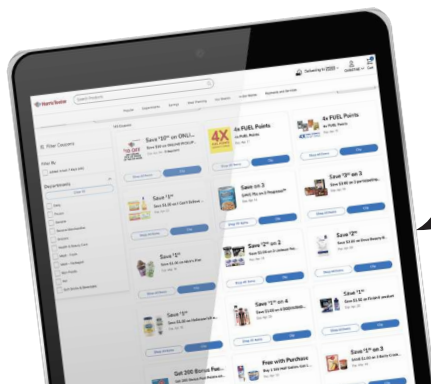
A GREAT WAY TO SAVE!

eVIC COUPONS
EXCLUSIVE SAVINGS

Click online. Clip these offers. **Save BIG!**

Download savings directly to your VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout.

download these digital coupons



15 oz.
Country Crock
save \$1.00 each



When You Buy ONE (1)

4/23/2024 - 5/20/2024

16 oz.
Armanino
save \$1.00 each



When You Buy ONE (1)

5/01/2024 - 5/31/2024

12 pk. Cans Variety Pack
I and Love and You Wet Cat Food
save \$4.00 each



When You Buy ONE (1)

3/01/2024 - 6/30/2024

Look Inside for More GREAT SAVINGS!



Fresh picks from big brands

Spring Fresh Festival at Harris Teeter

24 pk. .5 Ltr. Deer Park Water

2 \$9 for

save at least \$2.29 on 2 with your VIC card

VIC SAVINGS

48 oz. Tillamook Ice Cream or 6 ct. Novelties

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

VIC SAVINGS

8 oz. Tillamook Shredded, Sliced or Chunk Cheese

2 \$7 for

save at least \$1.49 on 2 with your VIC card

VIC SAVINGS

Tillamook MOZZARELLA, SHARP CHEDDAR, COLBY JACK

VIC SAVINGS

16 oz. Dot's Pretzels

5.99

save at least \$1.50 each with your VIC card

VIC SAVINGS

16 oz. Pace Salsa or Picante

2 \$5 for

save at least 69¢ on 2 with your VIC card

VIC SAVINGS

32 oz. Swanson Broth or Stock

2 \$5 for

save at least 79¢ on 2 with your VIC card

VIC SAVINGS

64 oz. V8 Splash

2 \$4 for

save at least 49¢ on 2 with your VIC card

VIC SAVINGS

24 oz. Ben's Original Ready Rice

2 \$5 for

save at least 29¢ on 2 with your VIC card

VIC SAVINGS

22 oz. McCain Potatoes

2 \$7 for

save big on 2 with your VIC card

VIC SAVINGS

4.4 oz. Skinny Pop Popcorn

2 \$6 for

save at least \$1.49 on 2 with your VIC card

VIC SAVINGS

10 ct. Eggo Waffles

2 \$6 for

save at least 59¢ on 2 with your VIC card

VIC SAVINGS

5 oz. Bag Emerald Snack Nuts

2 \$6 for

save at least \$1.79 on 2 with your VIC card

VIC SAVINGS

14 oz. International Delight Cold Foam Creamer

4.49

save at least \$1.00 each with your VIC card

VIC SAVINGS

52 oz. Gold Peak Tea

2 \$4 for

save at least 99¢ on 2 with your VIC card

VIC SAVINGS

4 pk. Oikos Triple Zero or Light + Fit Greek Yogurt

3.99

save at least \$1.80 each with your VIC card

VIC SAVINGS

Wake up to fresh flavors

Spring Fresh Festival at Harris Teeter

Chobani Coffee Creamer: Cookie Dough, Caramel Macchiato, Cinnamon Coffee Cake

Chobani Sweet Cream Coffee Creamer

©2024 Chobani, LLC.

7 oz. Chobani Greek Yogurt Drinks

2 \$3 for

save big on 2 with your VIC card

VIC SAVINGS

7 oz. Chobani Zero Sugar Drinks

2 \$3 for

save big on 2 with your VIC card

VIC SAVINGS

10 oz. Chobani Complete Drinks

2 \$4 for

save big on 2 with your VIC card

VIC SAVINGS

32 oz. Chobani Greek Yogurt

2 \$10 for

save big on 2 with your VIC card

VIC SAVINGS

eVIC COUPONS EXCLUSIVE SAVINGS

32 oz. Chobani Oatmilk or 24 oz. Creamer

2 for \$7 ea. with VIC card

-1.00 Digital Coupon

2 \$6 for

Final Price with Digital Coupon

Limit 1 per offer.

Friday, May 10

4X FUEL POINTS on all qualifying items

download the digital coupon

SAVE UP TO \$1.00 PER GALLON*

redeem at Harris Teeter Fuel

Offer valid Friday, May 10th, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.

*Supplies are limited

5-50 5-50 5-50

Live Naturally

Mother's Day Favorities!

3.9 oz. Farmers Market
Gutzy Fruit Pouches



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

6 - 10 oz. Farmers Market
Ready Veggies



2 \$5 for

save big on 2 with your VIC card

12 oz. Select Varieties Simple Truth
Organic Frozen Vegetables



2 \$5 for

save at least 29¢ on 2 with your VIC card

2 oz. Simple Truth
Organic Madagascar Vanilla Extract



5.99

save big with your VIC card

32 oz. Simple Truth
Organic Chicken Broth



3 \$5 for

save big on 3 with your VIC card

5 oz. Simple Truth
Grain Free Tortilla Chips



3 \$8 for

save big on 3 with your VIC card

6 oz. Simple Truth
Organic Snack Cheese



2 \$7 for

save big on 2 with your VIC card

8 pk. 12 oz. Simple Truth
Organic Seltzer Water



2 \$8 for

save big on 2 with your VIC card

20.5 oz. Dave's Killer Bread
Organic Thin-Sliced Bread



4.99

save at least \$1.00 each with your VIC card

8 oz. Simple Truth
Organic Syrup



4.99

save at least \$1.00 each with your VIC card

Large Farmers Market
Chocolate Covered Strawberries



19.99

save big with your VIC card

Small Farmers Market
Chocolate Covered Strawberries



6.99

save big with your VIC card

52 oz. Farmers Market
Fresh Orange Juice



6.99

save big with your VIC card

Del Monte
Pink Glow Pineapple
While Supplies Last



Farmers Market
Yogurt or Greek Yogurt Parfaits



2 \$7 for

save big on 2 with your VIC card

Farmers Market
Sweet White Corn



6 \$3 for

save big on 6 with your VIC card

Farmers Market
Yellow, Orange or Red Bell Peppers



1.79 each

save big with your VIC card

Select
Fresh Express Salad Blends



3.99 each

save big with your VIC card

1 lb. pkg. Farmers Market
Campari Tomatoes



2 \$7 for

save big on 2 with your VIC card

floral
not available in all stores

The Flower Gallery
Beautiful
Spring Breeze Bouquet



14.99 each

save at least \$1.00 each with your VIC card

3 lb. Bag
Navel Oranges



5.49 each

save big with your VIC card

8 oz. Farmers Market
Whole or Sliced White Mushrooms



2 \$4 for

save big on 2 with your VIC card

1 lb. Bag
Baby Carrots



3 \$5 for

save big on 3 with your VIC card

Farmers Market
Envy Apples



2.99 per lb.

save big per lb. with your VIC card

8 inch
Boston Fern Hanging Baskets



12.99 each

save at least \$2.00 each with your VIC card

Great Produce Savings

Farmers Market
Green Asparagus



3.99 per lb.

save big per lb. with your VIC card

5 lb. Bag Farmers Market
Yukon Gold Potatoes



4.99 each

save big with your VIC card

1 lb. Bag Farmers Market
Brussels Sprouts



3.99 each

save big with your VIC card

4 oz. Bright Farms
Salad Blends



2 \$7 for

save big on 2 with your VIC card

Farmers Market
Broccolini



2.99 each

save big with your VIC card

big savings from our fresh foods market

Fresh Foods Market
Cheesecakes



12.99 each

save at least \$2.00 with your VIC card

10 oz. Assorted Varieties
Sabra Hummus



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

6 ct. Fresh Foods Market
Mother's Day Decorated Cupcakes



4.99 each

save at least \$1.50 each with your VIC card

Boar's Head
Cracked Pepper Mill Turkey Breast



9.99 per lb.

save big per lb. with your VIC card

Fresh Foods Market
Artisan Italian Round Bread



3.99 each

save big with your VIC card

5 - 8 oz. Assorted Varieties
Private Selection Pre-Sliced Meats or Cheeses



2 for \$10

save big on 2 with your VIC card

Prices In This Ad Effective May 8 - 14, 2024
In The Following Stores Only:
*Supplies are limited

•DUNKIRK •OLNEY •LAUREL •ELLCOTT CITY •COLUMBIA •FULTON •CLARKSBURG •BOWIE
•GERMANTOWN •GAIHERSBURG •BETHESDA •POTOMAC •BALTIMORE •SEVERNA PARK
•CALIFORNIA •SELBYVILLE •MILLSBORO •WATERFOWL VILLAGE, EASTON
•CANTON CROSSING, 3779 BOSTON STREET, BALTIMORE
•MCHENRY ROW, 1801 WHETSTONE WAY, BALTIMORE

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.

M

S-BP S-BP S-BP S-BP

- ways to -
SAVE

my  Harris Teeter.



HTPlus

Look for quality and value *right here!*




You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.

Save up to
\$1.00 per gallon*

When you shop with your VIC card



4X 
FRIDAYS

DOWNLOAD THE DIGITAL COUPON

SAVE
UP TO **\$1.00**
PER GALLON*

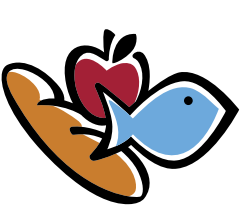
on all
qualifying items

Friday, May 10

redeem at



Offer valid Friday, May 10th, 2024 with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.



Healthy Made Simple



32 oz.
Simple Truth Organic
or **Simple Truth Plant Based Milk**

2 \$4
for

save big on 2 with your VIC card

22 oz.
Simple Truth Lightly Coated Chicken Breast Bites

10.99

save at least \$2.00 each with your VIC card

12 oz.
Simple Truth Sliced Bacon

4.99

save big with your VIC card

16 oz.
Simple Truth Organic Peanut Butter

4.99

save big with your VIC card

16 oz.
Simple Truth Organic Kombucha

2.79

save big with your VIC card

5 oz.
Simple Truth Organic Parmesan Cheese Cup

2 \$6
for

save big on 2 with your VIC card

16 oz.
Simple Truth Organic Butter

4.99

save big with your VIC card

6.5 oz.
Simple Truth Trail Mix
or 5 - 5.5 oz.
KETO / Probiotic Trail Mix

4.99

save big with your VIC card

12 pk.
Simple Truth Organic Baked Energy Bars

6.99

save big with your VIC card

21 oz.
Simple Truth Organic Microwave Popcorn

3.99

save big with your VIC card

3.5 oz.
Simple Truth Rice & Almond Crackers

2 \$5
for

save big on 2 with your VIC card

23 - 24 oz.
Simple Truth Organic Applesauce

3.49

save at least 40c each with your VIC card

30 oz.
Simple Truth Purple Popcorn

3.99

save big with your VIC card

16 oz.
Simple Truth Organic Pasta

3 \$5
for

save big on 3 with your VIC card

24 oz.
Simple Truth Organic Pasta Sauce

3.49

save at least 80c each with your VIC card

12 oz.
Simple Truth Organic Mustards
or 20 oz.
Ketchup

1.79

save big with your VIC card

25.5 oz.
Simple Truth Organic Canola Oil

4.49

save big with your VIC card

14 oz.
Simple Truth Organic Pizza Sauce

2.69

save at least 30c each with your VIC card

32 oz.
Simple Truth Organic Yellow Onions

3.99

save at least \$1.00 each with your VIC card

45 ct.
Simple Truth Triple Power Dish Pacs

9.99

save at least \$2.00 each with your VIC card

12 Double Roll
Simple Truth Bath Tissue

5.99

save at least \$1.00 each with your VIC card

8 Double Roll
Simple Truth Paper Towels

9.99

save at least \$2.00 each with your VIC card

20 - 54 ct.
Simple Truth Plates or Bowls

5.39

save big with your VIC card



6 Double Roll
Scott Paper Towel

6.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



84 ct.
Cottonelle Flushable Wipes

2 \$8
 for

save at least \$1.50 on 2 with your VIC card **VIC SAVINGS**



12 Double Roll
Scott Comfort Plus Bath Tissue

4.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



4 pk. 70 ct.
Kleenex Facial Tissue

5.99

save at least \$1.69 each with your VIC card **VIC SAVINGS**



45 ct. Select
U by Kotex Tampons

11.69

save big with your VIC card **VIC SAVINGS**



120 - 160 ct.
Kleenex Facial Tissue Single Flat Boxes

2 \$4
 for

save at least \$1.38 on 2 with your VIC card **VIC SAVINGS**



12 Mega Roll
Cottonelle Bath Tissue

12.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



40 - 112 ct.
U by Kotex Pads or Liners

8.99

save big with your VIC card **VIC SAVINGS**



12 - 66 ct.
Poise or Depend Pads, Liners or Underwear

15.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



18 - 32 ct.
Huggies Little Movers or Snugglers Diapers

9.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**



9 - 44 ct.
Goodnites Training Pants

9.99

save at least \$2.00 each with your VIC card **VIC SAVINGS**