

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

# Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials\*



Porterhouse or T-Bone Steaks

**9.99**

per lb.

save big per lb. with your VIC card



1 lb. Pkg.  
Farmers Market  
Strawberries



each item rings at half price with your VIC card



Farmers Market  
Jumbo Cantaloupes

**2 for \$5**



93% Lean  
Ground Beef  
or Ground Turkey

**5.99**

per lb.

save big per lb. with your VIC card



Wild Caught  
4.2 oz. min. wt. each  
North Atlantic Lobster Tails  
or per lb. Wild Caught  
16 - 20 ct. Argentine Shrimp

**7.99**

save big with your VIC card



per lb.  
Baby Back Ribs



each item rings at half price with your VIC card



8 pc. Fresh Foods Market  
Double-Dipped Fried  
or Baked Chicken

**6.99**

each

save big with your VIC card



Farmers Market  
Vidalia Onions

**.99**

per lb.

save big per lb. with your VIC card



Farmers Market  
Honeycrisp or  
Cosmic Crisp Apples

**1.99**

per lb.

save big per lb. with your VIC card



## 15% Off Half Case Wine Sale

Offers valid Thursday, May 9 - Sunday, May 12, 2024

All Wines • Mix or Match • Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles



6 pk. 16.9 oz.  
Coca-Cola  
Products



save big on 4 with your VIC card



11 oz. Bag  
HT Traders  
or 10 - 12 ct. K-Cups  
Green Mountain  
Coffee



save big on 4 with your VIC card



10.1 - 14.3 oz.  
Kellogg's  
Frosted Flakes  
Apple Jacks  
or Mini Wheats



each item rings at half price with your VIC card



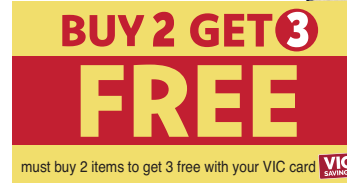
12 - 16 oz.  
Smithfield  
Bacon



each item rings at half price with your VIC card



8 oz.  
Kraft  
Shredded  
Cheese



must buy 2 items to get 3 free with your VIC card



48 oz.  
Breyers  
Ice Cream  
or 9 - 14 oz.  
Häagen-Dazs  
Pints or Novelties



each item rings at half price with your VIC card



12 ct.  
Egg-Land's Best  
Grade A Large Eggs



each item rings at half price with your VIC card



3.5 - 13.7 oz.  
Nabisco  
Ritz Crackers,  
Tosted Chips  
or Snack Crackers



save at least \$2.98 on 2 with your VIC card



5 - 7 oz.  
Lay's, Sun Chips  
or PopCorners  
Snack Chips  
or 15 oz. Lay's Dips

**2 \$7**

for

save big on 2 with your VIC card



52 oz.  
Tropicana  
Orange Juice

**2 \$7**

for

save at least \$2.58 on 2 with your VIC card



4 DAYS ONLY! MAY 9 through MAY 12, 2024  
750 ml. La Marca, Coppola Prosecco,  
Korbel Brut or  
Josh Cellars Prosecco

**14.99**  
**-15%**

**12.74**

each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE. May 9 - 12, 2024.

Drink Responsibly - Must be 21 to Purchase



12 pk.  
Sam Adams,  
Sierra Nevada,  
New Belgium,  
Blue Moon  
or Kona

**17.99**

each

Drink Responsibly - Must be 21 to Purchase

**4X FUEL POINTS**  
ON 100s OF GIFT CARDS  
TODAY!\*

WITH DIGITAL COUPON FROM OUR E-VIC EMAIL, APP OR WEBSITE.



VALID EVERY DAY  
5/1/24-5/14/24

Effective as of March 2024,  
Amazon Gift Cards will only  
earn 2X Fuel Points.



\*Restrictions apply, see Associate for details. Subject to availability. See gift cards for details, terms, and conditions. Excludes Amazon Gift Cards. All trademarks are property of their respective owners. The Visa Gift Card is issued by Pathward®, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere. Visa debit cards are accepted. No cash access. See Cardholder Agreement for details.

Prices good through May 14, 2024

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

# Happy Mother's Day



Premium  
**Dozen  
Rose Bouquet**

# 15.99

 each

save at least \$1.00 each with your VIC card



Farmers Market Small  
**Chocolate  
Covered Strawberries**

# 6.99

 each

save big with your VIC card



Custom  
Designed  
**Floral  
Arrangements**

# 39.99

 & UP

save big with your VIC card



Fresh Foods Market  
**Mother's Day  
Decorated 12"  
Message Cookie**

# 7.99

 each

save big with your VIC card



15.2 oz.  
**Lindt Truffles**

# 9.99

 each

save big with your VIC card



## 15% Off Half Case Wine Sale

Offers valid Thursday, May 9 through Sunday, May 12, 2024

All Wines • Mix or Match • Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

750 ml.  
**Bogle,  
Dark Horse  
or Cupcake**

# 9.99 -15%



# 8.49

 each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE, May 9 - 12, 2024.

Drink Responsibly - Must be 21 to Purchase

## every day **DOUBLE** manufacturers' **COUPONS** up to 99¢

see customer service for details

**Beverage & Snacks**

**Sale**



12 pk. 12 oz. Cans

**Pepsi Products**

**BUY 2 GET 2**

**FREE**

save big on 4 with your VIC card



12 pk. 12 oz. Cans

**Canada Dry or 7-UP**

**3 for \$15**

save big on 3 with your VIC card



7 - 10 oz.

**Fritos, Cheetos or Cheetos Pretzels**

**2 for \$8**

save at least \$3.78 on 2 with your VIC card



8.25 oz.

**Entenmann's Little Bites or 20 oz. Sara Lee Artesan Bread**

**2 for \$7**

save at least \$2.29 on 2 with your VIC card



12 pk. 12 oz. Cans

**Harris Teeter Mixers or Seltzers**

**3.79 each**

save big with your VIC card



12 pk.

**Bud Family, Miller Family, Coors Family or Yuengling**

**11.99 each**

*Drink Responsibly - Must be 21 to Purchase*

**eVIC COUPONS**

EXCLUSIVE SAVINGS

4.5 oz.

**Chobani Flip**

or 5.3 oz.

**Zero Sugar or Creations**

save big on 8 with your VIC card

**8 for \$10**

save big on 8 with your VIC card



**save \$1.00 each**

With digital coupon

when You Buy Any

FIVE (5) Chobani

Single Serve



BGA2 BGA2 BGA2 BGA2

make your  
**Graduation Celebration**  
**Unforgettable**

[CLICK HERE TO ORDER](#)



With a **custom cake**  
from Harris Teeter!

# Seafood Sale



8 oz.  
Fishermans Market  
**Cocktail Sauce**  
**2.99**  
save at least \$1.00 each  
with your VIC card



Wild Caught  
Peeled & Deveined  
**16 - 20 ct.**  
**Argentine Shrimp**

**12.99** per lb.  
save big per lb. with your VIC card



Wild Caught  
**Snow Crab Clusters**

**9.99** per lb.  
save at least \$2.00 per lb. with your VIC card



Wild Caught  
**Tuna Steaks**

**11.99** per lb.  
save at least \$5.00 per lb. with your VIC card



**16 - 20 ct.**  
**Tail-On Cooked Shrimp**

**12.99** per lb.  
save at least \$2.00 per lb. with your VIC card



**Whole Cooked Lobster**

**13.99** per lb.  
save at least \$2.00 per lb. with your VIC card



Wild Caught  
**Dungeness Crab Clusters**

**13.99** per lb.  
save at least \$2.00 per lb. with your VIC card



**Senior Discount Thursdays**  
Seniors 60 and older get a  
**5% DISCOUNT**

Please notify your cashier if you qualify



# Elevate Everything



12 ct.  
**Private Selection K-Cup Coffee**

**BUY 1 GET 1**

**FREE**

each item rings at half price with your VIC card



4.4 - 6 oz.  
**Private Selection Crackers**

**2 for \$5**

save big on 2 with your VIC card



8.8 - 32 oz.  
**Private Selection Spaghetti**

**2 for \$5**

save big on 2 with your VIC card



12 oz.  
**Private Selection Macaroni & Cheese**

**2 for \$6**

save at least 98¢ on 2 with your VIC card



19 oz.  
**Private Selection BBQ Sauce**

**2 for \$6**

save big on 2 with your VIC card



48 oz.  
**Private Selection Ice Cream**

**3.99** each

save at least \$3.00 each with your VIC card



8 oz.  
**Private Selection Cashews,**  
8 - 9.5 oz. **Pecans**  
or 5 oz. **Macadamia Nuts**

**5.99** each

save at least \$1.00 each with your VIC card



# from our meat department

Join today! Weekly emails with fresh catch specials, great recipes and more! Visit [harristeeter.com](http://harristeeter.com) for full details on the Fresh Catch Club and information on responsibly sourced seafood at Harris Teeter.



Reserve Angus  
**T-Bone Steak**

**11.99** per lb.  
save big per lb. with your VIC card



11 - 14 oz.  
**Al Fresco or Kayem Sausage or Hot Dogs**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



21 - 30 ct. Fresh Wild Caught  
**Key West Pink Shrimp**

**10.99** per lb.  
save at least \$6.00 per lb. with your VIC card

Antibiotic Free  
**Niman Ranch Bone-In Pork Chops**  
**5.99** per lb.  
save at least \$1.00 per lb. with your VIC card

**Farmer Focus Chicken Breast**  
**7.99** per lb.  
save at least \$1.00 per lb. with your VIC card

16 oz.  
**Hickory Nut Ground Beef**  
**8.99** each  
save at least \$1.00 each with your VIC card

5 oz.  
**Pre Grass Fed Tenderloin Steak**  
**11.99** each  
save at least \$2.00 each with your VIC card

15 oz. Ball Park  
**Franks**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

16 oz. Oscar Mayer  
**Lunchmeat**  
**8.99** each  
save at least \$2.00 each with your VIC card

18 oz. Harris Teeter  
**Italian Sausage**  
**2 \$7** for  
save big on 2 with your VIC card

9.6 oz. Fully Cooked Jimmy Dean  
**Links or Patties**  
**2 \$10** for  
save big on 2 with your VIC card

8 - 9 oz. Hillshire Farm  
**Lunchmeat**  
**2 \$10** for  
save big on 2 with your VIC card

12 - 14 oz. Hillshire Smoked Sausage or Polska  
**Kielbasa**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

8.3 oz. Eckrich  
**Breakfast Sausage**  
**BUY 2 GET 3 FREE**  
limit 10  
must buy 2 items to get 3 free with your VIC card

16 oz. Hatfield  
**Sausage**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

10 - 20 ct. Fresh Wild Caught  
**Sea Scallops**  
**19.99** per lb.  
save at least \$5.00 per lb. with your VIC card

5 oz. Fresh Farm Raised  
**Mediterranean Salmon Portions**  
**\$5** each  
save at least \$2.00 each with your VIC card

7 oz. Fishermans Market  
**Cajun Crab Dip**  
**2.99** each  
save at least \$1.00 each with your VIC card

8 oz. Phillips  
**Crab Claw Meat**  
**9.99** each  
save at least \$3.00 each with your VIC card

8 - 10 ct. Farm Raised  
**Black Tiger Shrimp**  
**16.99** per lb.  
save at least \$3.00 per lb. with your VIC card

50 ct. Fresh Farm Raised  
**Littleneck Virginia Clams**  
**15.99** each  
save at least \$2.00 each with your VIC card

3 oz. Heartshaped  
**Eastern Shore Crab Cakes**  
**2 \$6** for  
save at least \$2.00 on 2 with your VIC card

10 oz. Fishermans Market  
**Cooked Shrimp Ring**  
**6.99** each  
save at least \$2.00 each with your VIC card

Wild Caught  
**Alaska Sockeye Salmon Fillets**  
**13.99** per lb.  
save big per lb. with your VIC card

Wild Caught  
**Southern King Crab Legs**  
**19.99** per lb.  
save at least \$5.00 per lb. with your VIC card

# from our grocery department

18 - 19.3 oz.  
**General Mills Cereal**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

19 oz.  
**Country Time Lemonade**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

16 oz.  
**BodyArmor**  
**5 \$5** for  
save big on 5 with your VIC card

15 oz.  
**Harris Teeter Lemon or Lime Juice**  
**1.79**  
save big with your VIC card

6 pk. 10 oz. Glass Btls.  
**Harris Teeter Mixers**  
**2 \$8** for  
save big on 2 with your VIC card

10.3 - 11.3 oz.  
**Chock full o'Nuts**  
**2 \$9** for  
save big on 2 with your VIC card

7.25 oz.  
**Kraft Mac & Cheese**  
**4 \$5** for  
save big on 4 with your VIC card

6 oz.  
**Harris Teeter Croutons**  
**4 \$5** for  
save big on 4 with your VIC card

16 - 24 oz.  
**Vlasic Pickles** or 15 oz. **Wishbone Salad Dressing**  
**2 \$5** for  
save big on 2 with your VIC card

30 oz.  
**Hellmann's Mayonnaise**  
**5.49**  
save big with your VIC card

16.9 oz.  
**Filippo Berio Olive Oil**  
**7.99**  
save big with your VIC card

12 oz.  
**Harris Teeter Honey Bear**  
**2 \$6** for  
save big on 2 with your VIC card

8 ct.  
**Kellogg's Pop-Tarts**  
**2 \$5** for  
save big on 2 with your VIC card

8 ct.  
**Wonder Buns**  
**2.99**  
save at least 80¢ each with your VIC card

8.25 oz. **Entenmann's Little Bites** or 20 oz. **Sara Lee Artesan Bread**  
**2 \$7** for  
save at least \$2.29 on 2 with your VIC card

7 - 8 oz.  
**Harris Teeter Kettle Chips**  
**2 \$5** for  
save big on 2 with your VIC card

9 - 11 oz.  
**HT Traders Granola**  
**3.99**  
save big with your VIC card

7 oz.  
**Magic Spoon Cereal**  
**7.99**  
save big with your VIC card

60 - 160 ct.  
**Harris Teeter Facial Tissues**  
**5 \$5** for  
save at least \$1.95 on 5 with your VIC card

30 oz.  
**Oxi Clean Fabric Enhancers**  
**3.99**  
save big with your VIC card

36 oz. Liquid  
**All Laundry Detergent**  
**2 \$10** for  
save at least \$5.98 on 2 with your VIC card

8 Double Roll  
**Brawny Paper Towels**  
**12.99**  
save big with your VIC card

12 Mega Roll  
**Quilted Northern Bath Tissue**  
**12.99**  
save big with your VIC card

300 ct.  
**Clorox Disinfecting Wipes**  
**17.99**  
save at least \$5.00 each with your VIC card

\* Supplies are limited

# beverages

64 oz.  
**Pure Leaf Tea**  
**BUY 2 GET 1 FREE**  
save big on 3 with your VIC card

4 pk.  
**Starbucks Frappuccino**  
**BUY 2 GET 1 FREE**  
save big on 3 with your VIC card

8 pk. 12 oz. Btls.  
**Canada Dry Products**  
**7.99**  
save big with your VIC card

2 ltr.  
**Coca-Cola Products**  
**BUY 2 GET 1 FREE**  
save big on 3 with your VIC card

28 oz.  
**Gatorade or 1 ltr. Propel**  
**3 \$5**  
save at least \$3.98 on 3 with your VIC card

1 ltr.  
**Gatorade Water**  
**2 \$3**  
save at least 98¢ on 2 with your VIC card

64 oz.  
**Harris Teeter Cranberry Juice Cocktail**  
**2.99**  
save at least 80¢ each with your VIC card

6 pk. 12 oz.  
**Coca-Cola Products**  
**2 \$8**  
save big on 2 with your VIC card

6 pk. 16.9 oz.  
**Snapple Tea**  
**5.99**  
save at least \$3.00 each with your VIC card

4 pk. 16 oz.  
**Monster Energy**  
**7.99**  
save at least \$2.00 each with your VIC card

# snacks

7 - 13.8 oz.  
**Town House or Toasteds**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

4.5 oz.  
**Milton's Crackers**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

4.4 - 5.3 oz.  
**Skinny Pop Popcorn**  
**2 \$6**  
save at least \$1.49 on 2 with your VIC card

6.5 oz.  
**Kettle or Air Fried Kettle Chips**  
**2 \$7**  
save at least \$3.58 on 2 with your VIC card

4.47 - 7.23 oz.  
**Quaker Rice Cakes**  
**2 \$7**  
save at least \$1.49 on 2 with your VIC card

10.1 - 15.25 oz.  
**Nabisco Oreo or Chips Ahoy! Cookies**  
**2 \$7**  
save at least \$2.98 on 2 with your VIC card

9 - 10.75 oz.  
**Doritos**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

7.5 - 9.75 oz.  
**Planters NUT•rition**  
**4.49**  
save at least \$3.00 each with your VIC card

6 ct.  
**Angie's Multipack**  
**4.99**  
save at least \$2.20 each with your VIC card

6.5 - 10 oz.  
**Tillamook Beef Jerky or Smoked Sausage**  
**8.99**  
save at least \$5.00 each with your VIC card

# health & beauty

3.2 oz.  
**Colgate Optic White Toothpaste**  
**5.99**  
save at least \$1.50 each with your VIC card

2.12 oz.  
**ONE Bars**  
**2 \$4**  
save at least \$1.78 on 2 with your VIC card

2.6 oz.  
**Dove Deodorant**  
**7.49**  
save at least \$1.50 each with your VIC card

Assorted  
**Huggies Little Snugglers or Little Movers Jumbo Diapers**  
**9.99**  
save big with your VIC card

# dairy and frozen

11 oz.  
**La Colombe Draft Latte**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

5.3 oz.  
**Fage Greek Yogurt**  
**4 \$5**  
save big on 4 with your VIC card

12 oz.  
**Kraft Singles**  
**2 \$6**  
save big on 2 with your VIC card

9 - 12 oz.  
**Harris Teeter Snack Cheese**  
**2 \$6**  
save big on 2 with your VIC card

52 oz.  
**Planet Oat Oatmilk**  
**2 \$6**  
save big on 2 with your VIC card

12 ct. **Harris Teeter Cage Free Extra Large Brown Eggs** or 64 oz. **Simple Truth Organic Milk**  
**2 \$7**  
save big on 2 with your VIC card

24 oz.  
**Siggi's Skyr Yogurt**  
**2 \$10**  
save big on 2 with your VIC card

48 oz.  
**STÖK Cold Brew Coffee**  
**4.99**  
save big with your VIC card

12 ct.  
**Vital Farms Pasture-Raised Eggs**  
**6.99**  
save big with your VIC card

14.2 - 25 oz.  
**Connie's or Palermo's Pizza**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

10 - 10.8 oz.  
**Birds Eye Vegetables**  
**4 \$5**  
save big on 4 with your VIC card

16 oz.  
**Harris Teeter French Toast Sticks** or Select Varieties **Frozen Fruit**  
**2 \$6**  
save big on 2 with your VIC card

9 - 10 oz.  
**Healthy Choice Simply Steamers or Power Bowls**  
**2 \$7**  
save big on 2 with your VIC card

6 ct.  
**Outshine Bars**  
**3.49**  
save big with your VIC card

8 ct.  
**Drumstick**  
**5.99**  
save big with your VIC card

4 ct.  
**Jimmy Dean Breakfast Sandwiches**  
**5.99**  
save big with your VIC card

20.8 - 24 oz.  
**Tyson Chicken Sandwiches or Sliders**  
**7.99**  
save big with your VIC card

20 - 28 oz.  
**Tyson Chicken Strips**  
**7.99**  
save big with your VIC card

# home essentials

4 ct.  
**Spiegelau Champagne Flutes**  
**12.99**  
save \$2.00 each with your VIC card

13.75 oz. Assorted  
**Village Candles**  
**14.99**  
save at least \$4.00 each with your VIC card

\* Supplies are limited





# Mother's Day brunch made fresher

**eVIC e-VIC members only** weekly limit 4

8 ct. Pillsbury Cinnamon Rolls, Crescents or Grands! Biscuits

**2.47**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

**eVIC e-VIC members only** weekly limit 4

6.5 oz. Reddi Wip Original Whipped Topping

**2.47**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

**eVIC e-VIC members only** weekly limit 4

5 - 7 oz. Pepperidge Farm Sweet & Simple or Milano Cookies

**2.97**

save at least \$4.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$8**

All items must be purchased in a single transaction with your VIC card.

1 - 3 oz. Lindor Specialty Chocolate Bars

**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

14.54 - 29.04 oz. Freschetta Pizza

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 ct. Blue Bunny Ice Cream Cones or Sandwiches

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

4.8 - 6.8 oz. Nonni's Biscotti or Biscotti Bites

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12 oz. Harris Teeter Links or Patties Breakfast Sausage

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

19.6 oz. Pepperidge Farms Cakes

**4.99**

save big with your VIC card

16 oz. Harris Teeter CandiQuik

**2 \$7 for \$7**

save at least \$1.98 on 2 with your VIC card

1 ct. Toblerone Specialty Chocolate Bars

**2 \$6 for \$6**

save big on 2 with your VIC card

8 oz. Harris Teeter Whipped or Soft Cream Cheese

**2 \$4 for \$4**

save big on 2 with your VIC card

4 oz. Harris Teeter Baking Nuts

**2 \$6 for \$6**

save big on 2 with your VIC card

8 oz. HT Traders Butter

**2 \$7 for \$7**

save big on 2 with your VIC card

16.5 oz. Nestle Chocolate Chip Cookie Dough

**2 \$7 for \$7**

save big on 2 with your VIC card

14 - 21 oz. Pepperidge Farm Swirl Bread, Bagels or Farmhouse Bread

**3.99**

save big with your VIC card

12 pk. Ball Park Buns

**2 \$7 for \$7**

save big on 2 with your VIC card

48 oz. Califia Farms Almond Milk

**2 \$7 for \$7**

save big on 2 with your VIC card

9.5 - 10.6 oz. Kodiak Oatmeal or Bars

**4.99**

save big with your VIC card

18 - 20 oz. Kodiak Flapjack Mixes

**4.99**

save big with your VIC card

24 oz. Log Cabin Syrup

**2 \$6 for \$6**

save big on 2 with your VIC card

12 ct. Happy Egg Free Range Large Eggs

**4.99**

save big with your VIC card

59 oz. Florida's Natural Lemonade or Juice

**2 \$5 for \$5**

save big on 2 with your VIC card

12 oz. Bag or 12 ct. K-Cups Gevalia Coffee

**6.99**

save big with your VIC card

4 oz. Ghirardelli Chocolate Squares

**4.99**

save big with your VIC card

7.614 - 8.46 oz. Dove Chocolate

**5.79**

save big with your VIC card

20 - 30 ct. Harris Teeter Ultra Paper Plates or Bowls

**2 \$6 for \$6**

save at least \$1.98 on 2 with your VIC card

40 - 100 ct. Harris Teeter Occasions Napkins **2/\$4** save big on 2 with your VIC card

**SAVE \$1.00 PER GALLON on Fuel with Harris Teeter Pharmacy\***

Transfer prescriptions today and earn 1000 Fuel Points for each prescription filled

SCAN HERE to transfer your prescriptions

\*There is no limit on the number of pharmacy transfer rewards that a VIC household can earn. Offer valid from 2/1/24 through 5/31/24. Due to government regulations, this offer is not available for supplies or services paid for in whole or in part by any government program, including Medicaid and Medicare. Offer not eligible for prescriptions transferred from or previously filled at another Harris Teeter Pharmacy. Some restrictions apply. See pharmacist for details. Fuel Points terms and conditions apply. Visit harristeeter.com for complete details.



- ways to -

# SAVE

my  Harris Teeter

every aisle. every day.

# PRICED LOW

on essentials



Look Inside for More GREAT SAVINGS!



**Value Pack**  
VIC



every aisle. every day.  
**PRICED LOW**  
on items you use the most

Harris Teeter  
Whole  
Chicken

# 1.99

per lb.

every aisle. every day.  
**PRICED LOW**  
on items you use the most

Assorted  
Harris Teeter  
Pork Chops

# 2.99

per lb.



every aisle. every day.  
**PRICED LOW**  
on items you use the most

8 lb. Bag  
Farmers Market  
Russet  
Potatoes

# 4.99

each

every aisle. every day.  
**PRICED LOW**  
on items you use the most

Farmers Market  
Bunch  
Tomatoes  
on the Vine

# 1.49

per lb.



every aisle. every day.  
**PRICED LOW**  
on items you use the most

16 oz.  
Harris Teeter  
Garlic Bread

# 2.39

each

every aisle. every day.  
**PRICED LOW**  
on items you use the most

32 oz.  
Highland Crest  
Half & Half

# 2.99

each

every aisle. every day.  
**PRICED LOW**  
on items you use the most

42 oz.  
Harris Teeter  
Old Fashioned Oats

# 3.99

each



every aisle. every day.  
**PRICED LOW**  
on items you use the most

5 oz. Harris Teeter  
Solid White  
Albacore Tuna

# 1.69

each

every aisle. every day.  
**PRICED LOW**  
on items you use the most

14 oz. Harris Teeter  
Boil-In-Bag  
White Rice

# 1.59

each

every aisle. every day.  
**PRICED LOW**  
on items you use the most

4 pk.  
Smart Way  
Cut Green Beans

# 2.79

each

Prices valid May 8 through May 14, 2024.

PO1 PO1 PO1 PO1

# wine & beer \*not available at all stores

**harris teeter**  
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

## 15% Off Half Case Wine Sale

Offers valid Thursday, May 9 - Sunday, April 12, 2024

All Wines • Mix or Match • Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles



750 ml.  
**Decoy** Chardonnay  
or Sauvignon Blanc  
or 12 pk. **White Claw**

**16.99** each



750 ml.  
**Line 39**  
Sauvignon Blanc or  
6 pk. **Corona** or **Modelo**

**9.99** each



750 ml.  
**Trivento** Malbec  
or 6 pk. **Heineken**

**10.99** each



750 ml.  
**Hess Select** Cabernet  
or 8 pk. **Guinness**

**15.99** each



750 ml.  
**Decoy** Cabernet,  
**Meiomi** Pinot Noir or  
**Banshee** Mordecai Red Blend

**19.99**  
**-15%**

**16.99** each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE, MAY 9 - 12, 2024.



750 ml.  
**Ruffino** Prosecco Rosé,  
**Mionetto** Prosecco  
or **Riondo** Prosecco

**13.99**  
**-15%**

**11.89** each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE, MAY 9 - 12, 2024.



750 ml.  
**Coppola** Sonoma  
Sauvignon Blanc  
or **Federalist**  
Cabernet

**15.99**  
**-15%**

**13.59** each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE, MAY 9 - 12, 2024.



750 ml.  
**Firesteed** Pinot Noir or  
**Wente** Morning Fog  
Chardonnay

**12.99**  
**-15%**

**11.04** each

Final Price each when you buy any 6 - 750 ml. bottles half case purchase during 4 DAY SALE, MAY 9 - 12, 2024.



12 pk.  
**Wicked Weed** Pernicious  
or 24 pk. **Michelob Ultra**

**22.99** each



12 pk.  
**Stone,**  
**Angry Orchard**  
or **Leinenkugel's**

**17.99** each



12 pk.  
**Sweetwater**  
or **Mike's Hard**  
or 15 pk. **Bold Rock**

**17.99** each



4 pk.  
**Solace**  
or **Aslin**

**12.99** each

save more  
with the  
**Harris Teeter**  
brand



18 oz.  
**Harris Teeter**  
Preserves

**2.69**

save big with your VIC card **VIC SAVINGS**

14.4 oz.  
**Harris Teeter**  
Graham  
Crackers

**2.79**

save big with your VIC card **VIC SAVINGS**

12 oz.  
**Harris Teeter**  
Jumbo  
Marshmallows

**1.79**

save big with your VIC card **VIC SAVINGS**

12.4 oz.  
**Harris Teeter**  
Cheese  
Crackers

**2.99**

save big with your VIC card **VIC SAVINGS**

12 oz.  
**Harris Teeter**  
Flavored  
Mustards

**3 for \$5**

save big on 3 with your VIC card **VIC SAVINGS**

28 oz.  
**Harris Teeter**  
Diced  
Tomatoes

**2 for \$3**

save at least 98¢ on 2 with your VIC card **VIC SAVINGS**

32 oz.  
**Harris Teeter**  
Soy Sauce

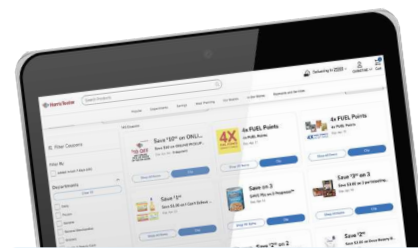
**3.79**

save big with your VIC card **VIC SAVINGS**

15 pk. 16.9 oz.  
**Harris Teeter**  
Spring Water

**2 for \$6**

save big on 2 with your VIC card **VIC SAVINGS**



**A GREAT WAY TO SAVE!**

**eVIC COUPONS**

EXCLUSIVE SAVINGS

Click online. Clip these offers. Save BIG!

Download savings directly to your VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout.

download these digital coupons



15 oz.  
**Country Crock**

save

**\$1.00** each

When You Buy ONE (1)

4/23/2024 - 5/20/2024

16 oz.  
**Armanino**

save

**\$1.00** each

When You Buy ONE (1)

5/01/2024 - 5/31/2024

12 pk. Cans Variety Pack  
**I and Love and You Wet Cat Food**

save

**\$4.00** each

When You Buy ONE (1)

3/01/2024 - 6/30/2024

Look Inside for More GREAT SAVINGS!



# Fresh picks from big brands

## Spring Fresh Festival at Harris Teeter

24 pk. .5 Ltr. Deer Park Water

**2 \$9** for

save at least \$2.29 on 2 with your VIC card

**VIC SAVINGS**

48 oz. Tillamook Ice Cream or 6 ct. Novelties

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**VIC SAVINGS**

8 oz. Tillamook Shredded, Sliced or Chunk Cheese

**2 \$7** for

save at least \$1.49 on 2 with your VIC card

**VIC SAVINGS**

Tillamook MOZZARELLA, SHARP CHEDDAR, COLBY JACK

**VIC SAVINGS**

16 oz. Dot's Pretzels

**5.99**

save at least \$1.50 each with your VIC card

**VIC SAVINGS**

16 oz. Pace Salsa or Picante

**2 \$5** for

save at least 69¢ on 2 with your VIC card

**VIC SAVINGS**

32 oz. Swanson Broth or Stock

**2 \$5** for

save at least 79¢ on 2 with your VIC card

**VIC SAVINGS**

64 oz. V8 Splash

**2 \$4** for

save at least 49¢ on 2 with your VIC card

**VIC SAVINGS**

24 oz. Ben's Original Ready Rice

**2 \$5** for

save at least 29¢ on 2 with your VIC card

**VIC SAVINGS**

22 oz. McCain Potatoes

**2 \$7** for

save big on 2 with your VIC card

**VIC SAVINGS**

4.4 oz. Skinny Pop Popcorn

**2 \$6** for

save at least \$1.49 on 2 with your VIC card

**VIC SAVINGS**

10 ct. Eggo Waffles

**2 \$6** for

save at least 59¢ on 2 with your VIC card

**VIC SAVINGS**

5 oz. Bag Emerald Snack Nuts

**2 \$6** for

save at least \$1.79 on 2 with your VIC card

**VIC SAVINGS**

14 oz. International Delight Cold Foam Creamer

**4.49**

save at least \$1.00 each with your VIC card

**VIC SAVINGS**

52 oz. Gold Peak Tea

**2 \$4** for

save at least 99¢ on 2 with your VIC card

**VIC SAVINGS**

4 pk. Oikos Triple Zero or Light + Fit Greek Yogurt

**3.99**

save at least \$1.80 each with your VIC card

**VIC SAVINGS**

# Wake up to fresh flavors

## Spring Fresh Festival at Harris Teeter

Chobani Coffee Creamer: Cookie Dough, Caramel Macchiato, Cinnamon Coffee Cake

Chobani Sweet Cream Coffee Creamer

©2024 Chobani, LLC.

7 oz. Chobani Greek Yogurt Drinks

**2 \$3** for

save big on 2 with your VIC card

**VIC SAVINGS**

7 oz. Chobani Zero Sugar Drinks

**2 \$3** for

save big on 2 with your VIC card

**VIC SAVINGS**

10 oz. Chobani Complete Drinks

**2 \$4** for

save big on 2 with your VIC card

**VIC SAVINGS**

32 oz. Chobani Greek Yogurt

**2 \$10** for

save big on 2 with your VIC card

**VIC SAVINGS**

**eVIC COUPONS EXCLUSIVE SAVINGS**

32 oz. Chobani Oatmilk or 24 oz. Creamer

**2 for \$7** ea. with VIC card

**-1.00** Digital Coupon

**2 \$6** for

Final Price with Digital Coupon

Limit 1 per offer.

**Friday, May 10**

**4X FUEL POINTS** on all qualifying items

download the digital coupon

**SAVE UP TO \$1.00 PER GALLON\***

redeem at Harris Teeter Fuel

Offer valid Friday, May 10th, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.

\*Supplies are limited

5-50 5-50 5-50

# Live Naturally

3.9 oz. Farmers Market  
**Gutzy Fruit Pouches**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

# Mother's Day Favorities!

Large Farmers Market  
**Chocolate Covered Strawberries**  
**19.99**  
save big with your VIC card



Small Farmers Market  
**Chocolate Covered Strawberries**  
**6.99**  
save big with your VIC card



6 - 10 oz. Farmers Market  
**Ready Veggies**  
**2 \$5**  
for  
save big on 2 with your VIC card



52 oz. Farmers Market  
**Fresh Orange Juice**  
**6.99**  
save big with your VIC card



Del Monte  
**Pink Glow Pineapple**  
While Supplies Last  
**9.99**  
save big with your VIC card



Farmers Market  
**Yogurt or Greek Yogurt Parfaits**  
**2 \$7**  
for  
save big on 2 with your VIC card



12 oz. Select Varieties Simple Truth  
**Organic Frozen Vegetables**  
**2 \$5**  
for  
save at least 29¢ on 2 with your VIC card



2 oz. Simple Truth  
**Organic Madagascar Vanilla Extract**  
**5.99**  
save big with your VIC card



32 oz. Simple Truth  
**Organic Chicken Broth**  
**3 \$5**  
for  
save big on 3 with your VIC card



5 oz. Simple Truth  
**Grain Free Tortilla Chips**  
**3 \$8**  
for  
save big on 3 with your VIC card



6 oz. Simple Truth  
**Organic Snack Cheese**  
**2 \$7**  
for  
save big on 2 with your VIC card



8 pk. 12 oz. Simple Truth  
**Organic Seltzer Water**  
**2 \$8**  
for  
save big on 2 with your VIC card



20.5 oz. Dave's Killer Bread  
**Organic Thin-Sliced Bread**  
**4.99**  
save at least \$1.00 each with your VIC card



8 oz. Simple Truth  
**Organic Syrup**  
**4.99**  
save at least \$1.00 each with your VIC card



Farmers Market  
**Sweet White Corn**  
**6 \$3**  
for  
save big on 6 with your VIC card



Farmers Market  
**Yellow, Orange or Red Bell Peppers**  
**1.79** each  
save big with your VIC card



Select  
**Fresh Express Salad Blends**  
**3.99** each  
save big with your VIC card



1 lb. pkg. Farmers Market  
**Campari Tomatoes**  
**2 \$7**  
for  
save big on 2 with your VIC card



floral  
not available in all stores  
Beautiful  
**Spring Breeze Bouquet**  
**14.99** each  
save at least \$1.00 each with your VIC card



3 lb. Bag  
**Navel Oranges**  
**5.49** each  
save big with your VIC card



8 oz. Farmers Market  
**Whole or Sliced White Mushrooms**  
**2 \$4**  
for  
save big on 2 with your VIC card



1 lb. Bag Farmers Market  
**Baby Carrots**  
**3 \$5**  
for  
save big on 3 with your VIC card



Farmers Market  
**Envy Apples**  
**2.99** per lb.  
save big per lb. with your VIC card



8 inch  
**Boston Fern Hanging Baskets**  
**12.99** each  
save at least \$2.00 each with your VIC card



## Great Produce Savings

Farmers Market  
**Green Asparagus**  
**3.99** per lb.  
save big per lb. with your VIC card



5 lb. Bag Farmers Market  
**Yukon Gold Potatoes**  
**4.99** each  
save big with your VIC card



1 lb. Bag Farmers Market  
**Brussels Sprouts**  
**3.99** each  
save big with your VIC card



4 oz. Bright Farms  
**Salad Blends**  
**2 \$7**  
for  
save big on 2 with your VIC card



Farmers Market  
**Broccolini**  
**2.99** each  
save big with your VIC card



## big savings from our fresh foods market

Fresh Foods Market  
**Cheesecakes**  
**12.99** each  
save at least \$2.00 with your VIC card



10 oz. Assorted Varieties  
**Sabra Hummus**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



6 ct. Fresh Foods Market  
**Mother's Day Decorated Cupcakes**  
**4.99** each  
save at least \$1.50 each with your VIC card



Boar's Head  
**Cracked Pepper Mill Turkey Breast**  
**9.99** per lb.  
save big per lb. with your VIC card



Fresh Foods Market  
**Artisan Italian Round Bread**  
**3.99** each  
save big with your VIC card



5 - 8 oz. Assorted Varieties  
**Private Selection Pre-Sliced Meats or Cheeses**  
**2 for \$10**  
save big on 2 with your VIC card



Prices In This Ad Effective May 8 - 14, 2024  
In The Following Stores Only:

•ALDIE •ALEXANDRIA •ARLINGTON •ASHBURN •BRISTOW •CHANTILLY  
•FAIRFAX •FALLS CHURCH •GAINESVILLE •HERNDON •LEESBURG •MANASSAS  
•MCLEAN •PURCELLVILLE •RESTON •STERLING •VIENNA •WARRENTON

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.

\*Supplies are limited

S-BP S-BP S-BP S-BP

- ways to -  
**SAVE**

my  Harris Teeter



**HTPlus**

Look for quality and value *right here!*



You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.

Save up to  
**\$1.00 per gallon\***

When you shop with your VIC card



**4X**   
**FRIDAYS**

DOWNLOAD THE DIGITAL COUPON

**SAVE**  
UP TO **\$1.00**  
PER GALLON\*

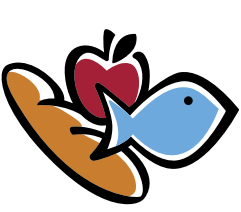
on all  
qualifying items

**Friday, May 10**

redeem at



Offer valid Friday, May 10th, 2024 with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.



# Healthy Made Simple



32 oz.  
**Simple Truth Organic**  
or **Simple Truth Plant Based Milk**

**2 \$4**  
for

save big on 2 with your VIC card



22 oz.  
**Simple Truth Lightly Coated Chicken Breast Bites**

**10.99**

save at least \$2.00 each with your VIC card



12 oz.  
**Simple Truth Sliced Bacon**

**4.99**

save big with your VIC card



16 oz.  
**Simple Truth Organic Peanut Butter**

**4.99**

save big with your VIC card



16 oz.  
**Simple Truth Organic Kombucha**

**2.79**

save big with your VIC card



5 oz.  
**Simple Truth Organic Parmesan Cheese Cup**

**2 \$6**  
for

save big on 2 with your VIC card



16 oz.  
**Simple Truth Organic Butter**

**4.99**

save big with your VIC card



6.5 oz.  
**Simple Truth Trail Mix**  
or 5 - 5.5 oz.  
**KETO / Probiotic Trail Mix**

**4.99**

save big with your VIC card



12 pk.  
**Simple Truth Organic Baked Energy Bars**

**6.99**

save big with your VIC card



21 oz.  
**Simple Truth Organic Microwave Popcorn**

**3.99**

save big with your VIC card



3.5 oz.  
**Simple Truth Rice & Almond Crackers**

**2 \$5**  
for

save big on 2 with your VIC card



23 - 24 oz.  
**Simple Truth Organic Applesauce**

**3.49**

save at least 40c each with your VIC card



30 oz.  
**Simple Truth Purple Popcorn**

**3.99**

save big with your VIC card



16 oz.  
**Simple Truth Organic Pasta**

**3 \$5**  
for

save big on 3 with your VIC card



24 oz.  
**Simple Truth Organic Pasta Sauce**

**3.49**

save at least 80c each with your VIC card



12 oz.  
**Simple Truth Organic Mustards**  
or 20 oz.  
**Ketchup**

**1.79**

save big with your VIC card



25.5 oz.  
**Simple Truth Organic Canola Oil**

**4.49**

save big with your VIC card



14 oz.  
**Simple Truth Organic Pizza Sauce**

**2.69**

save at least 30c each with your VIC card



32 oz.  
**Simple Truth Organic Yellow Onions**

**3.99**

save at least \$1.00 each with your VIC card



45 ct.  
**Simple Truth Triple Power Dish Pacs**

**9.99**

save at least \$2.00 each with your VIC card



12 Double Roll  
**Simple Truth Bath Tissue**

**5.99**

save at least \$1.00 each with your VIC card



8 Double Roll  
**Simple Truth Paper Towels**

**9.99**

save at least \$2.00 each with your VIC card



20 - 54 ct.  
**Simple Truth Plates or Bowls**

**5.39**

save big with your VIC card






Freshen up  
your supply

Spring  
**Fresh Festival**  
at Harris Teeter



6 Double Roll  
**Scott Paper Towel**


**6.99**

save at least \$2.00 each with your VIC card 



84 ct.  
**Cottonelle  
Flushable Wipes**


**2 \$8**  
for

save at least \$1.50 on 2 with your VIC card 



12 Double Roll  
**Scott Comfort Plus Bath Tissue**


**4.99**

save at least \$2.00 each with your VIC card 



4 pk. 70 ct.  
**Kleenex  
Facial Tissue**

**5.99**

save at least \$1.69 each with your VIC card 



45 ct. Select  
**U by Kotex  
Tampons**

**11.69**

save big with your VIC card 



120 - 160 ct.  
**Kleenex Facial  
Tissue Single Flat Boxes**

**2 \$4**  
for

save at least \$1.38 on 2 with your VIC card 



12 Mega Roll  
**Cottonelle  
Bath Tissue**

**12.99**

save at least \$2.00 each with your VIC card 



40 - 112 ct.  
**U by Kotex  
Pads or Liners**


**8.99**

save big with your VIC card 



12 - 66 ct.  
**Poise or Depend  
Pads, Liners or Underwear**

**15.99**

save at least \$2.00 each with your VIC card 



18 - 32 ct.  
**Huggies  
Little Movers  
or Snugglers Diapers**

**9.99**

save at least \$2.00 each with your VIC card 



9 - 44 ct.  
**Goodnites  
Training Pants**

**9.99**

save at least \$2.00 each with your VIC card 