



Pocahontas

18838 Seneca Trail
Marlinton, WV 24954
Phone: 304-799-6667



FIRE UP the GRILL!



.98 Lb.
Frozen Or Previously Frozen
Jumbo Pack
**Chicken
Drumsticks**



1.98 Lb.
USDA Inspected, Whole
Boneless Pork Loin
Boneless
Center Cut Pork Chops... Lb. **3.48**

3.98 Lb.
85% Lean, Family Pack,
Fresh Ground Round
Small Pack 85% Lean
Fresh Ground Round... Lb. **4.48**



9.98 Lb.
USDA Select Beef
**T-Bone
Steak**



4.98 Lb.
USDA Select Beef
**Boneless
Shoulder
Roast**



1.98 Lb.
Frozen Or
Previously Frozen
**Pork
Tenderloin**



4.98
1-Lb. P & D, Tail Off
**41/50-Ct.
Medium Raw
Shrimp**



2.48
16-Oz., Selected
**Oscar Mayer
Meat Wieners**



**Bakery
FRESH**
2.48
20-Oz., Selected
**Lewis Sliced
Sandwich Bread**



2/\$7
Field Ripened
**Athena
Cantaloupes**



5/\$5
Seedless
**Jumbo
Cucumbers**



2/\$5
2-Lb. Bag, Selected
**Washington State
Apples**



FARMER'S MARKET

SAVINGS IN EVERY AISLE

**42-Ct. Pods Or 100.5 To 105-Oz., Selected
Arm & Hammer
Liquid Detergent**



SALE PRICE **8.98**
DIGITAL COUPON **1.00** OFF ONE
FINAL PRICE **7.98**

**12-Ct., Selected
Pop-Tarts**



SALE PRICE **2/\$7**
DIGITAL COUPON **2.00** OFF TWO
FINAL PRICE **2/\$5**

**16-Oz., Selected
Ken's
Salad Dressing**



SALE PRICE **2/\$6**
DIGITAL COUPON **1.00** OFF TWO
FINAL PRICE **2/\$5**

3.48
48-Oz., Selected
**IGA
Cooking Oil**



**32-Oz.
Heinz Squeeze
Ketchup**



SALE PRICE **3.50**
DIGITAL COUPON **1.00** OFF ONE
FINAL PRICE **2.50**

**30.65-Oz.
Maxwell House
Wake Up Roast**



7.98

2/\$4
15.5 To 24-Oz., Selected
**Ragu
Pasta Sauce**



SALE PRICE **3.98**
DIGITAL COUPON **1.00** OFF TWO
FINAL PRICE **3.48**

**11-Oz. Reg. Or Mini
Nilla
Wafers**



SALE PRICE **2/\$8**
DIGITAL COUPON **2.00** OFF TWO
FINAL PRICE **2/\$6**

**32-Oz.
Heinz Squeeze
Ketchup**



SALE PRICE **3.50**
DIGITAL COUPON **1.00** OFF ONE
FINAL PRICE **2.50**

**14 To 17.5-Oz., Selected
Duke's
BBQ Sauce**



SALE PRICE **3.98**
DIGITAL COUPON **1.00** OFF TWO
FINAL PRICE **3.48**

**30-Oz. Reg. Or Light
Duke's Real
Mayonnaise**



SALE PRICE **3.98**
DIGITAL COUPON **1.00** OFF TWO
FINAL PRICE **3.48**

**5 To 8-Oz. Natural Slices Or
Borden
Shredded
Cheese**



SALE PRICE **2/\$5**
DIGITAL COUPON **1.00** OFF TWO
FINAL PRICE **2/\$4**

4/\$6
7.4 To 11.88-Oz.,
Selected
**Banquet
Meals**



5.98
128-Oz., Selected
**Country Maid
Ice Cream**



3/\$10
7 To 10-Oz., Selected
**Cheetos Or
Fritos Snacks**



3.69
Gallon
**IGA
2% Milk**



**PRICES EFFECTIVE
THURS. MAY 16 THRU
WED. MAY 22, 2024**
We Reserve The Right To Limit Quantities And Correct
Typographical Errors. No Sales To Dealers.

STORE HOURS
Monday - Saturday
8am - 9pm
Sunday 9am - 9pm

We Accept EBT Cards

LIFE IS BETTER WITH TACO NIGHT



2/\$5

16 To 17.5-Oz., Selected Chi-Chi's Tortillas



2.78

16-Oz., Selected Chi-Chi's Salsa



5/\$5

1 To 1.12-Oz., Selected McCormick Taco Seasoning Mix



5/\$5

1 To 1.25-Oz., Selected McCormick Chicken Taco Seasoning

SAVINGS START HERE

4/\$5

7 To 7.6-Oz., Selected Martha White Muffin Mix



2/\$8

12 To 17.3-Oz., Selected Kellogg's Cereal



3.48

18-Oz. Old Fashioned Or Quaker Quick Oats



2.98

8-Oz. Bottles 6-Pack Mott's Juice



3.98

24-Oz. Log Cabin Syrup



8.98

McCafe Ground, 10 To 12-Ct., Selected McCafe Or Green Mountain K-Cups



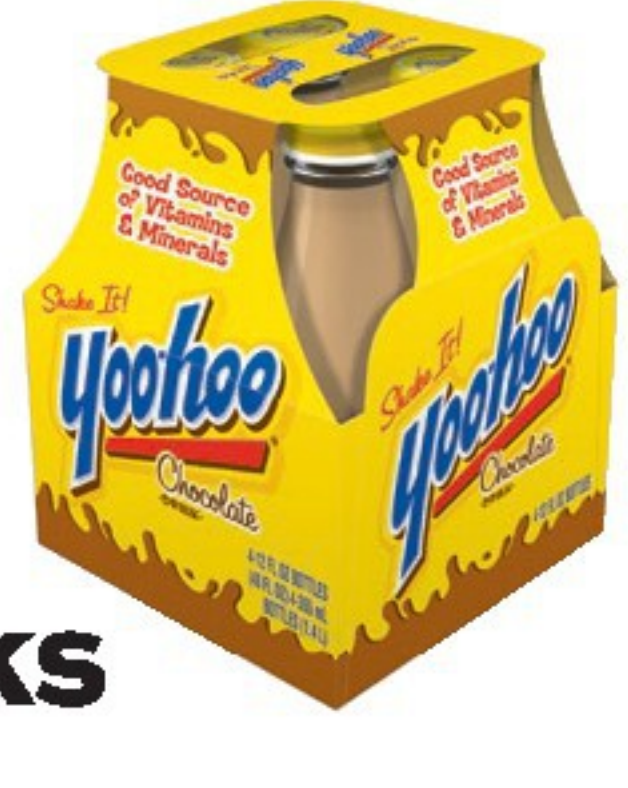
60-Oz. Grapefruit Juice Or 64-Oz. Selected Ocean Spray Cranberry Cocktail

SALE PRICE **2/\$6** DIGITAL COUPON **1.00** OFF TWO FINAL PRICE **2/\$5**



3.98

4-Pk., Glass Yoo-Hoo Chocolate Drinks



2.98

20-Oz. Armour Beef Stew



4/\$5

4.6 To 7.2-Oz., Selected Pasta Roni Or Rice-A-Roni



16.98

128-Oz. Mazola Corn Oil



2.48

10 To 11.5-Oz., Soy Sauce, Sweet & Sour Or Kikkoman Teriyaki Sauce



10-Oz. Heinz 57 Sauce



SALE PRICE **4.48** DIGITAL COUPON **1.00** OFF ONE FINAL PRICE **3.48**

4.48

15-Oz. Wendy's Chili W/ Beans



5/\$5

87-Oz., Reg. Or 30% Less Sodium McCormick Brown Gravy



3.98

24-Pack Crystal Geyser Water



3.48

6-Pk., Selected Veryfine Fruit 2 O



2/\$3

3-Pack, Selected Act II Microwave Popcorn



4/\$5

1.2 To 2.07-Oz., Selected M&M's Or Mars Singles



10 To 15.4-Lb. Bag Royal Oak Charcoal Briquet

SALE PRICE **7.98** DIGITAL COUPON **1.00** OFF TWO FINAL PRICE **7.48**



12.2 To 14.4-Oz., Selected Honey-Maid Graham Crackers

SALE PRICE **4.98** DIGITAL COUPON **2.00** OFF TWO FINAL PRICE **3.98**



2.48

16-Oz. Jet-Puffed Marshmallows



6.48

6-Ct., Selected Hershey's Candy

S'MORE TIME WITH LOVED ONES



HEALTH & HOME

12-Ct. Mega Rolls Simply Done Bath Tissue



SALE PRICE **8.98** DIGITAL COUPON **1.00** OFF ONE FINAL PRICE **7.98**

6-12 Double Rolls Simply Done Paper Towels



SALE PRICE **8.98** DIGITAL COUPON **1.00** OFF ONE FINAL PRICE **7.98**

2/\$3

7-Oz. Selected Renuzit Adjustable Air Freshener



4.98

4-Pack, AA Or AAA Energizer Alkaline Batteries



4/\$5

24-Ct. Clear Simply Done Forks Or Spoons



4.98

5.1-Oz., Selected Colgate Total Toothpaste



4.48

12-Oz., Selected Dove Shampoo Or Conditioner



8.98

14-Lb., 24/7 Or Instant Action Tidy Cats Scoop Litter



IGA Savings



2.48

24-Oz. IGA Kosher Spears



1.78

16-Oz. IGA Sweet Pickle Relish



2.48

8-Oz., Original Or Romano IGA Grated Parmesan



.98

32-Oz. IGA 5% White Vinegar



1.48

15-Oz. Flavored IGA Bread Crumbs



1.98

16 Oz., Selected IGA Salad Dressing



4/\$5

5.6 To 6.4-Oz., Selected IGA Dinner Mix



1.78

6-Oz., Selected IGA Olives



12 To 16-Oz., Selected IGA Peanuts

SALE PRICE **2.48** DIGITAL COUPON **1.00** OFF TWO FINAL PRICE **1.98**



2/\$4

10 To 20-Ct., Selected Slider Or 15 To 25-Ct. IGA Resealable Storage Or Freezer Bags



FARM FRESH PRODUCE

2.48

3-Lb. Bag
**Medium
Yellow
Onions**

2/\$6

16-Oz. Pkg.
**Red Ripe
Strawberries**

1.78 lb.

Hot House Grown
**Beefsteak
Tomatoes**



1.98

10-Oz. Matchstix
Or 16-Oz.
**Bolthouse
Crisp
Carrot Chips**



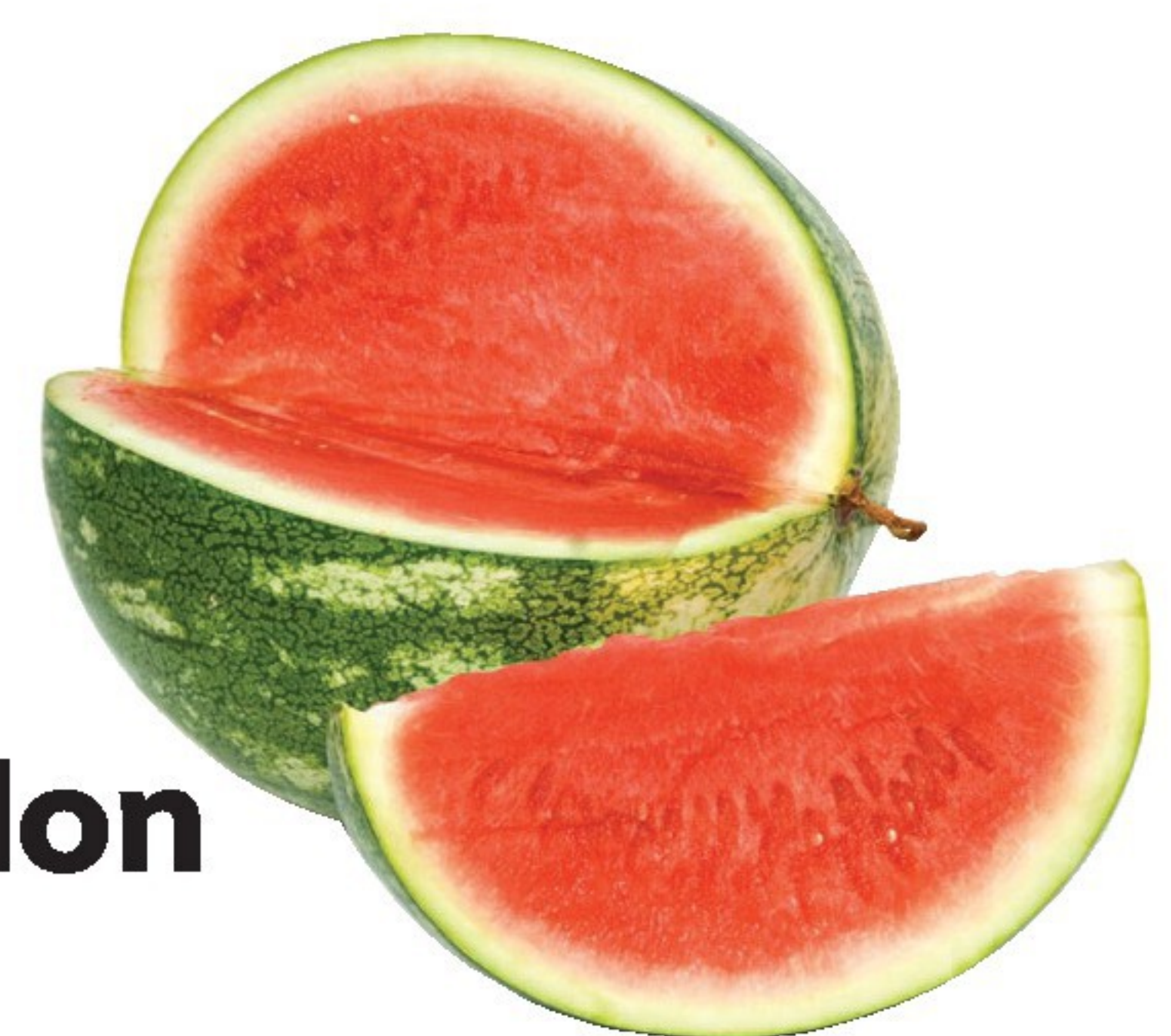
2/\$5

11-Oz., Green & Crisp
Or 9-Oz.
**Fresh Express
Romaine Salad**



.78 lb.

Fresh
**Seedless
Watermelon
Quarters**



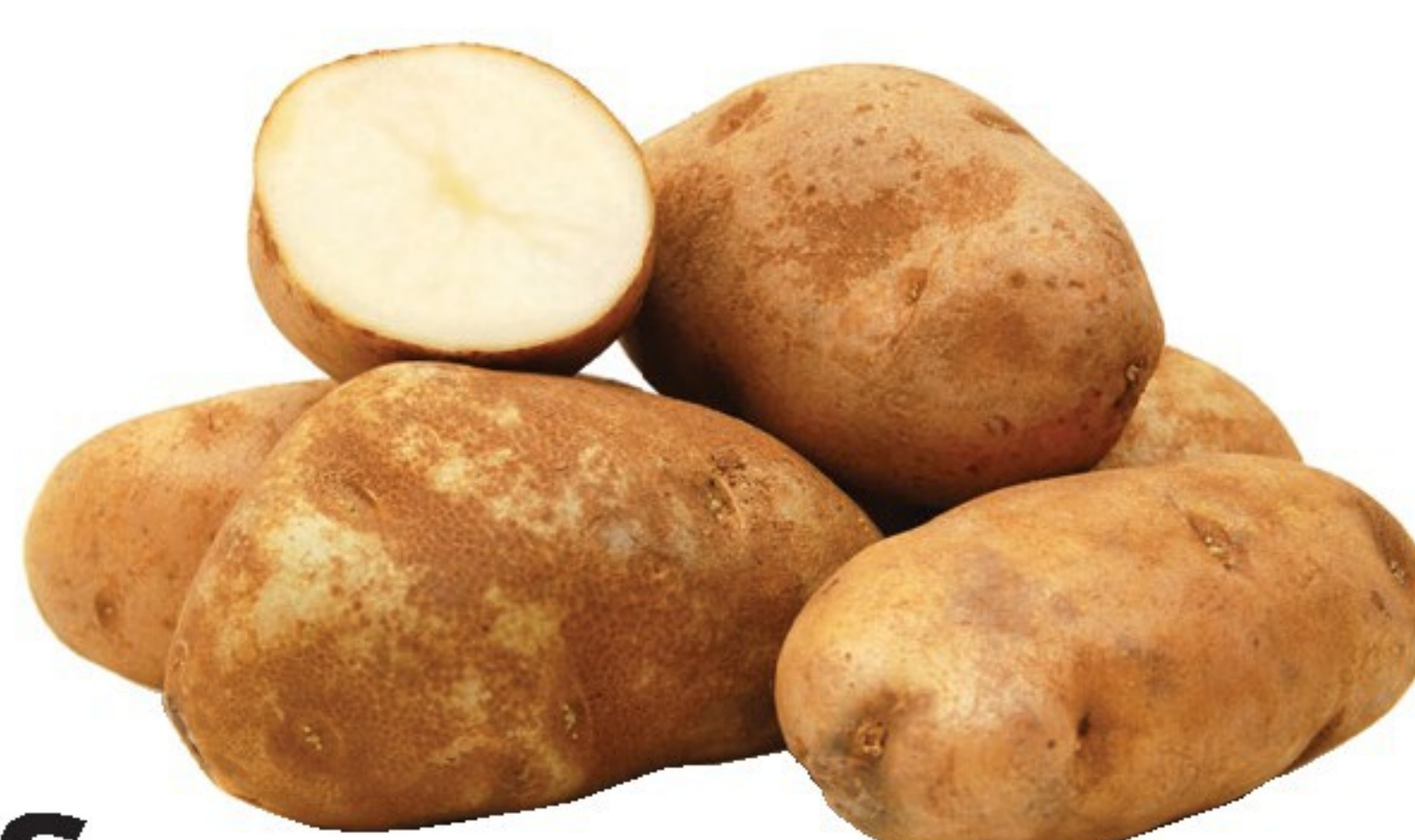
1.98 lb.

'No Waste'
**Broccoli
Crowns**



2/\$6

5-Lb. Bag
**Russet
Potatoes**



3.98

In-Store 5-Count Tray
**Yellow,
White Or
Bi-Color Corn**



4/\$5

Tropical Ripe
**Juicy
Mangoes**



2/\$4

8-Oz. Sliced Or Whole
**Champs
White
Mushrooms**



8.98

10-Stem
**Simply
Spring
Bouquet**



WHERE AVAILABLE

DAIRY & FROZEN

3.98

52-Oz., Selected
**Florida's
Natural
Orange Juice**



2/\$3

15 To 16-Oz., Selected
**Blue Bonnet
Spread**



4.48

13.5-Oz. 5-Cheese
Texas Toast Or 11.5-Oz.
**Cole's
Cheesesticks**



2/\$3

5.3 To 6-Oz., Selected
**Daisy Cottage
Cheese Singles**



4.98

96-Oz., Selected
**Almond Breeze
Almond Milk**



4.98

50 Ct., Selected
**Totino's
Pizza Rolls**



3.98

11.5 To 15-Oz., Selected
**Marie
Callender's
Pot Pies**



2/\$7

16-Ct., Selected
**Kraft
Singles**



3/\$5

11.5-Oz., Selected
**Simply
Juice**



8.98

16 To 24-Oz., Selected
**Foster Farms
Frozen Chicken**



2.98

14-Oz., Regular Or
Cinnamon
**Murry's French
Toast Sticks**



5/\$5

4.5-Oz., Selected
**Noosa
Yogurt**



32-Oz. Selected
**International
Delight Creamer**

SALE PRICE **2/\$8**
DIGITAL COUPON
1.00
OFF TWO
FINAL PRICE **2/\$7**



2/\$6

4-Ct. Mexican Street
Corn Or 11 To 18-Oz.,
Selected
**PictSweet
Farms Vegetables**



4.98

15.77 To 23.54-Oz.,
Selected Brick Oven Or
**Red Baron
Classic Crust Pizza**





2.98 lb.
Springer Mountain Farms
Fresh Boneless
Chicken
Thighs



4.98 lb.
85% Lean
Fresh Ground
Round
Patties



7.98
16.2-Oz., Frozen
Ball Park
Beef Patties



4.98
16-Oz., 93% Lean
Butterball
Ground Turkey



2.98 lb.
Boneless
Country Style
Pork Ribs



6.98
18.4-Oz., Selected
Prairie Fresh
Signature Pork
Tenderloin



2.48 lb.
Sold in 5-Lb. Bag
@ \$12.40
Boneless
Chicken Breasts



6.98 lb.
IQF, Ready To Cook
Chicken
Tenders



2.98 lb.
Corned
Beef
Brisket



5.98 lb.
USDA Select Boneless
Beef Stew Or
Cubed Steaks



Rise AND Shine

16-Oz. Roll
IGA Mild
Pork Sausage..... **3.48**

12-Oz., Links Or
Smithfield
Sausage Patties..... **3.98**

12-Oz. Center Cut Or 16-Oz., Selected
Hormel
Sliced Bacon..... **4.98**

24-Oz., Stack Pack Selected
Wright
Brand Bacon..... **8.98**

27-Oz.
Smoky Farms
Sausage Patties..... **4.98**

QUICK MEALS

3.48
12 To 14-Oz., Selected
Kielbasa Or
Hillshire Farm
Smoked Sausage



3.98
7 To 9-Oz., Selected
Oscar Mayer
Deli Fresh
Lunch Meat



3.98
16-Oz., Diced Or
Smithfield
Cubed Ham



8.98
64 To 70-Oz.,
Selected
Lunchables
Ready 5 Pack



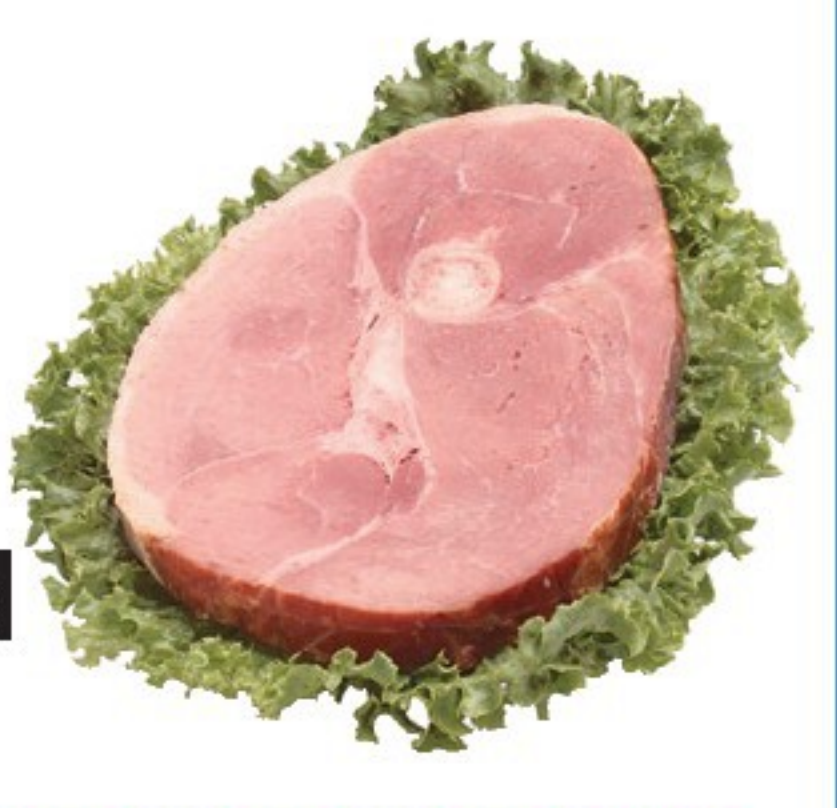
5.98
15 To 16-Oz., Selected
Oscar Mayer
Deli Fresh
Lunch Meat



2.28
16-Oz., Selected
Fischer's
Bologna



3.48 lb.
Smithfield, Reg.
Or Brown Sugar
Bone-In Smoked
Ham Steak



1.48
12-Oz., Selected
Sugardale
Franks



3.98
12-Oz.
Armour Sliced
Pepperoni



3.98
7.5-Oz. Ham Or
Oscar Mayer
Carving Board
Turkey



Skip the
Drive
-THRU-
for Dinner!

26 To 28-Oz., Selected
On-Cor
Frozen Entrées..... **3.98**

22.5 To 27.5-Oz., Selected
On-Cor Value Bag
Boneless Chicken..... **4.98**

Sold in 5-Lb. Bag at \$12.40
Seasoned
Potato Wedges..... lb. **2.48**

3.48
11 To 14-Oz., Frozen, Selected
Armour
Meatballs



1.48
12-Oz., Potato Or
Ballard's
Macaroni
Salad



REEL IN THE SAVINGS

6.98
1-Lb., P & D, Southern Seas
41/50-Ct.
Medium Cooked
Tail On Shrimp



9.98 lb.
Fresh Atlantic
Salmon
Fillets



6.98 lb.
Sold in 2-Lb. Bag
at \$13.96
Snow Crab



3.98
16-Oz.
Sea Best
Tilapia Fillets



\$25
36-Oz.
Southern Seas
Shrimp Ring



4.98
12-Oz.
BBQ Bay
Shrimp Skewers



4.98
2 To 3-Oz., Frozen
Lobster
Tails



DELI & BAKERY

5.98
8-Pc., Crunch Time
Fried at \$8.98 Or
Dark Meat
Fried
Chicken



**FEED the
FAMILY**
-for-
LESS THAN
\$20

**CHEESE
OF THE MONTH**



5.98
6 To 7-Oz., Selected
Old Croc
Cheddar Cheese



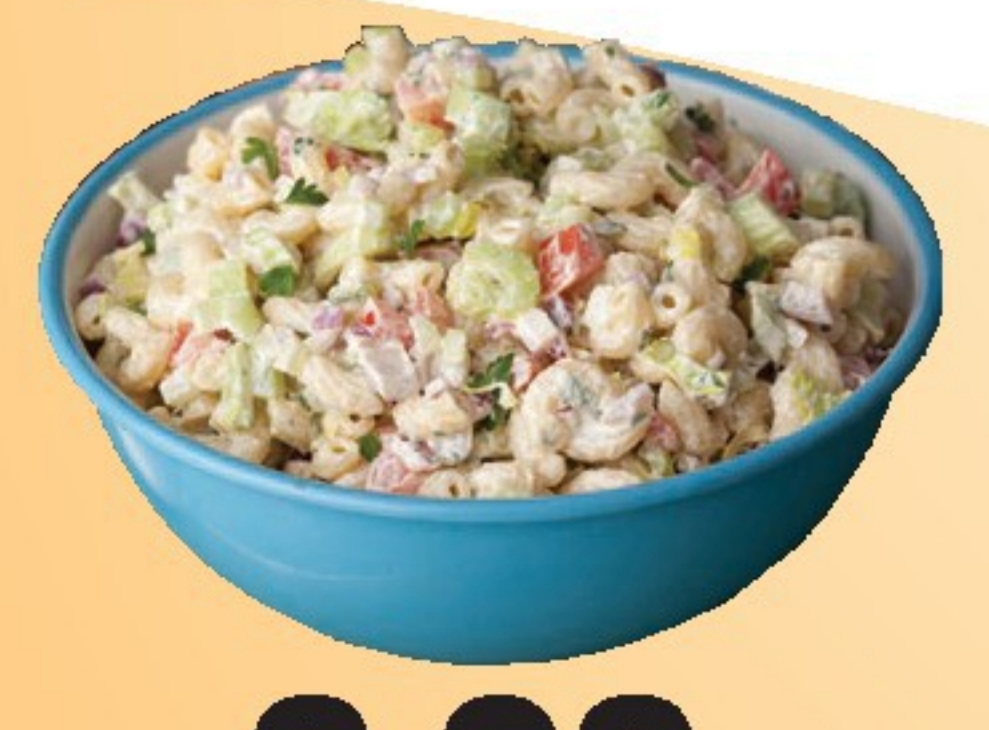
3.98
4.4-Oz., Selected
Briette
Cheese



3.98
2.12-Oz., Selected
Whisps
Crisps



2.98 lb.
Resers Gourmet
Macaroni With
Cheese Salad



2.48
11-Oz., Powdered Or Glazed
Donut Time
Mini Donuts



2.98
128-Oz., Lemonade Or
Sunny South
Sweet Tea



10.98
49-Oz.
Luscious
Lemon
Cake



5.98
8-Inch
Bakery Fresh
Blueberry Pie



4.98
6-Ct., Selected
Nikola's Bakery
Coffee Cake



4.98 lb.
Honey Or Smoked
Kretschmar
Virginia
Ham



6.98 lb.
Kretschmar
Deli Fresh
Provolone Cheese



4.98 lb.
Our Pride
Deli Pimento
Cheese



3.48
7.2-Oz., Selected
Pretzel
Crisps



4.98
4-Ct., Selected
Cafe Valley
Muffins



4.58
12-Ct., Selected
Bakery Fresh
Cookies



2.48
5-Oz., Selected
Parfait
Cups



3.69
Gallon
IGA
Whole Milk



3.69
Gallon
United 1%
Or Chocolate
Milk



2.99
12-Oz.
United
Sour Cream



2.99
12-Oz.
United French
Onion Dip





BACK

THURSDAYS

Download your **DIGITAL COUPON** for a **CRAZY LOW PRICE.**

THESE CRAZY PRICES GOOD THURSDAY, MAY 16 - SUNDAY, MAY 19, 2024 ONLY! COUPON VALID FOR ONE-TIME USE ONLY



SALE PRICE	FINAL PRICE
2.98	1.98
DIGITAL COUPON	
1.00	
OFF ONE	

LIMIT 1 OFFER
12-Oz., Reg. Or Thick
Sugardale Sliced Bacon



SALE PRICE	FINAL PRICE
1.28	0.78
DIGITAL COUPON	
0.50	
OFF ONE	

LIMIT 1 OFFER
5.5 To 7.25-Oz., Selected
Kraft Macaroni & Cheese



SALE PRICE	FINAL PRICE
1.48	0.48
DIGITAL COUPON	
1.00	
OFF ONE	

LIMIT 1 OFFER
17.5 To 18-Oz., Selected
Kraft BBQ Sauce



SALE PRICE	FINAL PRICE
2.48	1.48
DIGITAL COUPON	
1.00	
OFF ONE	

LIMIT 1 OFFER
8-Oz., Selected
Food Club Sliced Cheese



SALE PRICE	FINAL PRICE
2.48	0.98
DIGITAL COUPON	
1.50	
OFF ONE	

LIMIT 1 OFFER
8.5 To 9-Oz., Selected
Hot Pockets

WHY PAY MORE?



2/\$3

20-Oz. IGA Ketchup



1.98

16-Oz. Salad Cubes, Bread & Butter Chips Or IGA Hamburger Slices



.98

20-Oz. IGA Squeeze Mustard



.98

4.25-Oz., Selected IGA Potato Chips



1.98

28-Oz., Selected IGA Baked Beans



1.98

10-Oz. IGA Steak Sauce



1.48

10-Oz. IGA Worcestershire Sauce



1.98

12.25-Oz., Selected IGA Marinade



1.48

18-Oz., Selected IGA BBQ Sauce



1.28

25-Sq. Ft. Roll IGA Aluminum Foil



4.48

12-Ct. IGA Fudge Bars



4.48

12-Count Bars Or IGA Ice Cream Sandwiches



16-Oz. Salted IGA Butter Quarters



.98

8-Oz., Selected IGA Whipped Topping

SALE PRICE **2/\$7** FINAL PRICE **2/\$6**
DIGITAL COUPON OFF TWO USE UP TO 5x TIMES IN ONE TRANSACTION