

Garden Centre

3 DAYS ONLY!

Saturday May 18th to Monday May 20th



optimum™



click or visit
pcoptimum.ca to
become a member

Members get it.

Optimum™
20,000 pts
for every \$100*
spent

\$20
Value

IN THE GARDEN CENTER

21357792_EA/21352664_EA



MAY

**HIT
OF THE
MONTH**

LIMIT 6
AFTER LIMIT
\$2.50 EA.



\$1⁵⁰

CHEEZ-IT BAKED
SNACK CRACKERS
SELECTED VARIETIES
191/200 G
21214560_EA/21350253_EA

LIMIT 6
AFTER LIMIT
\$4.50 EA.



\$3

PLANTERS DELUXE
WHOLE CASHEWS
SALTED OR UNSALTED
200 G
21021617_EA/21021618_EA



\$3⁵⁰

NEW TREASURE LONG GRAIN
WHITE RICE
2 KG
21596582_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
**Must be a registered PC Optimum® member to get this offer.
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.



Insiders Report™

Make summer an on-budget breeze

Click or Scan to Discover More



Members save \$2

Optimum
Members-Only Price™
12⁹⁹
Non-members
\$15

PC® BURGERS
SELECTED VARIETIES
FROZEN
568 G-1.36 KG
20941230_EA/20941443_EA

Optimum
2,000^{pts}
when you buy 2

\$2 Value



3⁵⁰

TEXAS HAMBURGER OR
HOT DOG BUNS
WHITE OR SESAME
8'S
20711614_EA/20711617_EA



Members save \$12

Optimum
Members-Only Price™
12⁹⁹
Non-members
24⁹⁹

ROYALE BATHROOM TISSUE
30=60 ROLLS OR
TIGER TOWELS 6=12 ROLLS
21378233_EA/21484732_EA

Want more deals?
Our full flyer
lives online



Scan to see
 our complete
 digital flyer



**PC® ORANGE JUICE, TEA
 OR LEMONADE**
 SELECTED VARIETIES
 1.54 L
 21430531_EA/21506771_EA

3⁶⁹



TIM HORTONS K-CUPS
 SELECTED VARIETIES
 10/12'S
 20902453_EA/21004640_EA

8⁹⁹



**NO NAME® EXTRA VIRGIN
 PURE OR LIGHT OLIVE OIL**
 750 ML
 20047715_EA/20160496002_EA

7⁹⁹



PC® DE-ALCOHOLIZED BEER
 SELECTED VARIETIES
 12X355 ML
 20121729_C12/20325253_C12

7⁹⁹



APP EXCLUSIVE OFFER*

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$8
VALUE

Up to 8,000^{pts}
are up for grabs

Collect 5,000^{pts}
(1,000 points per participating product)

+

BONUS 3,000^{pts}
for buying all five!



Click to open the PC Optimum™ app 

Ends June 12



Scan to see
our complete
digital flyer



Loblaws

Happy Victoria Day



FRESH ATLANTIC SALMON FILLETS
FAMILY SIZE
22.02/KG
FRESH SEAFOOD ITEMS SUBJECT
TO AVAILABILITY.
20720065_KG

SALE
SAVE \$3⁵⁰LB

9⁹⁹
LB



CUT BY OUR BUTCHERS

MUST BUY
May 16 - 19

SAVE \$8¹¹LB

8⁸⁸
LB

STRIPLOIN GRILLING STEAK
BONELESS, FAMILY SIZE, CUT FROM
CANADAWA OR USDA SELECT GRADE
BEEF OR HIGHER
19.58/KG
20798457_KG



GRADE A DUCK
FROZEN
8.80/KG
20078801_KG

SALE
SAVE \$1¹⁰LB

3⁹⁹
LB



PORK BACK RIBS
CRYOVAC PKG 2'S
8.80/KG
20289672_KG

SALE
SAVE \$2⁵⁰LB

3⁹⁹
LB



PINT

BLUEBERRIES
PRODUCT OF U.S.A.,
MEXICO OR MOROCCO
NO. 1 GRADE
PINT
20080137001_EA

1⁹⁹



5 LB BAG THAT'S LIKE 79¢ PER LB

SALE
SAVE \$3

3⁹⁹

ONTARIO FARMER'S MARKET™ SWEET POTATOES
PRODUCT OF ONTARIO
5 LB BAG
20697331001_EA

PKG OF 6



SALE
SAVE 50%
SAVE \$2

1⁹⁹

ONTARIO FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF ONTARIO
6'S
20737570001_EA



PKG OF 3

SALE
SAVE \$1

3⁹⁹

ONTARIO FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF ONTARIO
3'S
20085851001_EA



WONDER BREAD OR BUNS
SELECTED VARIETIES AND SIZES
20276296_EA
20297455_EA
20305135_EA

BUY 2 OR MORE

LESS THAN 2 \$3.49 EA.

\$3^{EA.}



PHILADELPHIA CREAM CHEESE OR DIPS 227/250 G, KRAFT SINGLES 410 G OR CHEEZ WHIZ 450 G SELECTED VARIETIES
20659606001_EA
20866924010_EA

SAVE AT LEAST 75¢

3⁹⁹



BREYERS CLASSIC FROZEN DESSERT 1.66 L OR CHAPMAN'S COLLECTION 6/8'S SELECTED VARIETIES FROZEN
20301305006_EA/20323757001_EA

SALE
SAVE \$2²⁰

\$3



COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
20308197001_C24
20306687002_C24

11⁴⁹



PC™ NATURAL SPRING WATER
24X500 ML
20137898_C24

WHEN YOU BUY 2 SAVE 98¢

2/\$5
LESS THAN 2 \$2.99 EA.



CAVENDISH FARMS PREMIUM FRIES 400-750 G FROZEN OR PC™ OR BLUE MENU™ KETCHUP 750 ML/1 L SELECTED VARIETIES
20090124_EA/20729775_EA

SAVE AT LEAST \$1

2⁹⁹



LAY'S POTATO CHIPS, POPPABLES 130-235 G OR PRINGLES, SUPER STACKS 148-156 G SELECTED VARIETIES
21003823_EA
21241032_EA

WHEN YOU BUY 2 SAVE 98¢

2/\$6
LESS THAN 2 \$3.49 EA.

See in-store or visit loblaws.ca for holiday store hours.

Flyer prices effective from Thursday, May 16th to Wednesday, May 22nd, 2024. SEE BACK PAGE FOR DETAILS.

Excludes Loblaws 500 Lake Shore Boulevard West.

LSL 1



PRICE DROP

PC[®] SALSA
SELECTED VARIETIES
430 ML
20323181001_EA/20431884001_EA

\$2⁺



PRICE DROP

PC[®] TORTILLA CHIPS
SELECTED VARIETIES
320-350 G
20302765_EA/20305180_EA

\$2⁺



PRICE DROP

NONGSHIM NOODLE CUPS
SELECTED VARIETIES
75 G
20032441005_EA

\$1⁺



10,000⁺
for every '50'
spent on

\$10 Value

PAMPERS, WIPES,
TRAINING PANTS
OR DIAPERS
SELECTED VARIETIES
20304474001_EA/21370844_EA



10,000⁺
for every '50'
spent on

\$10 Value

HUGGIES WIPES,
DIAPERS, PULL UPS
AND GOODNITES
TRAINING PANTS
SELECTED VARIETIES
20963841_EA/21456748_EA



3,000⁺
for every '50'
spent on

\$3 Value

HUGGIES OR
PAMPERS DIAPERS
SELECTED
VARIETIES
62-174'S
21456492_EA/21551525_EA

34⁹⁹



Members save
\$1.50

Christie Kid's COOKIES
SELECTED VARIETIES
180-225 G
20303703002_EA/20303703003_EA

2⁴⁹
Members-Only Price
3⁹⁹
Non-members



Members save
\$2

PC[®] OR BLUE MENU[®]
ENTRÉES OR BOWLS
SELECTED VARIETIES
FROZEN
212-365 G
20312253001_EA/20839096_EA

2⁹⁹
Members-Only Price
4⁹⁹
Non-members



500⁺
for every '50'
spent on

ASTRO OR YOPLAIT PROTEIN
YOGURT 625-750 G, SIGGIG
OR YOPLAIT YOGURT 4X100 G
SELECTED VARIETIES
20165226001_EA/21587047_EA

3⁹⁹



MADEGOOD
GRANOLA OR
MORNINGS BARS,
SOFT BAKED
COOKIES,
MINIS OR SQUARES
110-150 G
21425468_EA
20797052001_EA

3⁹⁹



LACTANTIA
BUTTER
SELECTED VARIETIES
454 G
20296112005_EA
20639926_EA

5⁹⁹



SHOPSY'S
DELI-FRESH
WIENERS
375 G
21094890_EA

\$4



SHRIMP SKEWERS
PLAIN OR MARINATED,
PREVIOUSLY FROZEN
55 G
21204855_EA

\$1



NO NAME[®] PIZZA
SELECTED VARIETIES
FROZEN
369-411 G
21541429_EA/21541441_EA

3⁴⁹



FERRERO
ROCHER
TABLET
SELECTED VARIETIES
90 G
21428863_EA
21570452_EA

2/6⁵⁰
LESS
THAN 2
\$3.99 EA



NESTLÉ
DRUMSTICK
4'S OR
CONFECTIONERY
FROZEN DESSERT
1.5 L OR
BARS 4-10'S
SELECTED VARIETIES
FROZEN
20322380001_EA/20324757003_EA

4⁹⁹



KETTLE
POTATO CHIPS
SELECTED VARIETIES
198 G
21520692_EA
21589837_EA

2/\$4
LESS THAN 2
\$2.49 EA



CLOVER LEAF
WHITE TUNA
SELECTED VARIETIES
170 G
20167571_EA
20326358001_EA

2⁴⁹



MOTT'S CLAMATO
JUICE 1.89 L OR
OCEAN SPRAY
100% JUICE BLEND
OR COCKTAIL
1.89 L
SELECTED VARIETIES
20300006008_EA
21575320_EA

3⁹⁹



IRISH SPRING OR
IVORY BAR SOAP
6X104 G/ 10X90 G
OR IRISH SPRING,
SOFTSOAP OR
IVORY BODY WASH
591/621 ML
SELECTED VARIETIES
20347887062_EA
21219375_EA

4⁴⁹



PUREX LAUNDRY
DETERGENT
SELECTED VARIETIES
1.92-2.03 L
20856516005_EA

\$5⁺

20% off

BULK FOODS

Variable weight, selected varieties
in the bulk foods department

BUY 2

GENERAL MILLS
CEREAL
FAMILY SIZE
SELECTED VARIETIES
475-778 G
21103492_EA/21103495_EA

5⁹⁹



GET 1 FREE

NEILSON MILK
1%, 2%, SKIM OR
HOMOGENIZED 3.25%
4 L
20047439_EA/20188873_EA



CUSTOMER RELATIONS 1-800-296-2332 VISIT loblaws.ca FOR STORE HOURS.

[Loblaws on Facebook](#) [Loblaws on Instagram](#)

Please call Customer Relations at 1-800-296-2332 or visit our website at loblaws.ca for your particular store's hours and for a list of the Loblaws[®] locations that DO NOT participate in this flyer, see http://www.loblaws.ca/en_CA/company-policy/terms-and-conditions.html. Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. © 2024 The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum[™] program is provided by President's Choice Financial. President's Choice Financial is a trademark of President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. © PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum[™] program members. Membership is free. To register as a PC Optimum[™] member, see instore.com or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See loblaws.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve the right to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. **Valid for flyer duration, after which the price will be the same for both PC Optimum[™] and non-PC Optimum[™] members. Taxes applicable on the purchase amount after discounts. PC Optimum[™] member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. #PRICE DROP offer valid in-store at participating locations between May 16 - June 12, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



LSL BACK

Produce



PC® EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF CHILE,
NO. 1 GRADE
8.80/KG
20159199001_KG

3⁹⁹
LB



ONTARIO ASPARAGUS
PRODUCT OF ONTARIO,
CANADA NO. 1 GRADE
11.00/KG
20174581001_KG

4⁹⁹
LB



CORN
PRODUCT OF U.S.A.,
NO. 1 GRADE
EACH
20131170001_EA

79¢



FARMER'S MARKET® GRAPE TOMATOES
PRODUCT OF MEXICO
283 G
21367889001_EA

1⁹⁹



FARMER'S MARKET® MINI CARROTS
PRODUCT OF U.S.A.,
NO. 1 GRADE OR
YELLOW ONIONS 3 LB
BAG PRODUCT OF
CANADA, CANADA
NO. 1 GRADE
20031454001_EA/
20811994001_EA

2 LB BAG
3⁹⁹



SEEDLESS WATERMELONS
PRODUCT OF U.S.A. OR MEXICO
EACH
20067326001_EA

7⁹⁹



RED MANGO
PRODUCT OF MEXICO
EACH
20059635001_EA

99¢



JUMBO CHERRIES
PRODUCT OF U.S.A.
19.82/KG
20159690001_KG

8⁹⁹
LB



ARTE SALAD BLEND KITS
PRODUCT OF CANADA
SELECTED VARIETIES
315-359 G
21560158_EA/
21560200_EA

2/\$11
LESS THAN 2
\$5.99 EA.



ONTARIO GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF ONTARIO
4.39/KG
20026703001_KG

1⁹⁹
LB



PREMIUM SALADS
SELECTED VARIETIES
245-367 G
21237366_EA/21237411_EA

MADE FRESH IN-STORE

\$7

Butcher



LEAN GROUND BEEF
FAMILY SIZE
16.51/KG
20357787_KG

7⁴⁹
LB



CHICKEN LEGS
FAMILY SIZE,
BACK ATTACHED
6.59/KG
20153925_KG

2⁹⁹
LB



CANADA PC® CHICKEN DRUMSTICKS
8'S OR THIGHS BONE-IN 6'S
AIR CHILLED
21341035_EA/21341042_EA

\$11



ONTARIO BONELESS BLADE POT ROAST
CUT FROM CERTIFIED
ONTARIO CORN FED CANADA
AA GRADE BEEF OR HIGHER
19.82/KG
20797470_KG

8⁹⁹
LB



LEAN BEEF MEATBALLS
425 G
21587897_EA

\$8



MAPLE LODGE FARMS ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
500 G
21378310_EA/21378346_EA

6⁹⁹



SUFRA® HALAL GROUND CHICKEN
454 G
21430675_EA

\$8



PC® NATURALLY SMOKED BACON
375-500 G OR
STREET CART SAUSAGE 500 G
SELECTED VARIETIES
20152629_EA/21525048_EA

5⁹⁹



PC® PIES SHEPHERD'S PIE OR PÂTE CHINOIS
700 G CHICKEN
SELECTED VARIETIES
FROZEN
20003749_EA/
21191828_EA

14⁹⁹



PC® HORS D'OEUVRES COLLECTION
SELECTED VARIETIES
FROZEN
225-800 G
20698133_EA/
21116020_EA

2/\$20
LESS THAN 2
\$10.99 EA.

Seafood

Fresh seafood items subject to availability.



TUNA STEAKS
FROZEN OR PREVIOUSLY FROZEN
29.74/KG
20753134_KG

13⁴⁹
LB



FRESH ASC TILAPIA FILLETS
22.02/KG
20897812_KG

9⁹⁹
LB



SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP
RAW ZIPPERBACK®
16-20 PER LB 300 G
OR CALAMARI RINGS
UNCOOKED 340 G
FROZEN
20027170_EA/21043887_EA

7⁹⁹



SEAQUEST® FISH FILLETS 400 G OR
PC® SHRIMP OR FISH CAKES 170/290 G
SELECTED VARIETIES
FROZEN
20153570_EA/21001233_EA

6⁹⁹

Bakery

FARMER'S MARKET COOKIES
SELECTED VARIETIES
12'S
20566774_EA

5⁹⁹

PC S'MORES CREAM PIE
FROZEN
730 G
21574358_EA

10⁹⁹

FARMER'S MARKET BUTTER CROISSANTS
SELECTED VARIETIES
6'S
20975943_EA

\$5

BAKED IN-STORE

MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH
SELECTED VARIETIES
4'S
21464142_EA/21464199_EA

4⁴⁹

BAKED IN-STORE

BAGUETTE
WHITE OR WHOLE WHEAT
255 G
21529211_EA

1⁵⁰

PC FLATBREAD 220/300 G OR SURAJ NAAN 5'S
SELECTED VARIETIES
20910042_EA/21051353_EA

\$3

FURLANI TEXAS TOAST, GARLIC OR GARLIC PARM 638 G OR KING'S HAWAIIAN ROLLS 312/340 G
SELECTED VARIETIES
20041579_EA/21475970_EA

4⁴⁹

D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
20038335_EA/20627101_EA/20627103_EA

BUY 2 OR MORE
3⁵⁰
LESS THAN 2 \$3.99 EA.

Great to go

Great to go items plus applicable taxes.

CHICKEN, FAJITA, TANDOORI OR GYRO TACO TRAYS
SELECTED VARIETIES
1-1.1 KG
21395977_EA/21595419_EA

\$20

5,000 Value

CHICKEN WINGS AND WEDGES BUCKET
1.2-2.12 KG
21541872_EA/21541877_EA

\$5 Value
\$28

The Deli

5,000 Value

PARTY PLATTERS
SELECTED VARIETIES
696 G/1.8 KG
21217521_EA/21217522_EA

\$25

PC NATURAL CHOICE OR BLUE MENU SLICED DELI MEATS 175 G OR PC CHEESE SLICES 140-170 G
SELECTED VARIETIES
20216643_EA/20310580_EA

6⁴⁹

1,000 Value

PREMIUM SALADS
425-454 G
21544608_EA/21544611_EA

\$1 Value
\$5

ZIGGY'S PASTA
SELECTED VARIETIES
1 KG
21521156_EA

10²⁹

SCHNEIDERS PEPPERETTES
SELECTED VARIETIES
250-375 G
20976093_EA/20976110_EA

Members save \$4
7⁹⁹
Non-members **11⁹⁹**

PC CHICKEN SERVICE CASE MEATS
SELECTED VARIETIES
20301114_KG

2⁹⁹
/100 G

BUY RAW SALMON OR CHICKEN ENTRÉES
472-637 G
21533960_EA/1595451_EA

FROM \$12

GET 1 50% OFF
RAW SIDE
545-865 G
21595452_EA

NORWEGIAN JARLSBERG CHEESE
21388103_KG

2⁹⁹
/100 G

BABYBEL 6'S OR THE LAUGHING COW 8'S
SELECTED VARIETIES
20319107_EA/20574332_EA

2/\$9
LESS THAN 2 \$4.99 EA.

Floral

COLOUR POP DAISIES
21437439_EA

3/\$30
LESS THAN 3 \$12 EA.

SIGNATURE GIFT BOUQUETS
SELECTED VARIETIES
21436377_EA/21436378_EA

\$25

ALOE VERA
4 INCH POT
21047366_EA

\$8

DOUBLE SPIKE ORCHID IN CERAMIC
SELECTED VARIETIES
20997631_EA

\$28

Garden Centre Open Victoria Day

7AM - 6PM



Freeman Herbs

Specializing in potted organic herb production year-round, Freeman Herbs began in 1947 as a tender fruit and vegetable farm. In 2004, the neighbouring Hendriks family bought the herb operation located in Beamsville, Ont. and now employ over 140 people. Built on core values which include sustainability and integrity, innovation and technology have been the cornerstone of their growth. Spring production includes proudly certified organic potted herbs, veggies, lavender, Boston ferns and value added live garden products.



PC* VEGETABLES IN CAGE
SELECTED VARIETIES
12 INCH
20753922_EA/20753957_EA

\$18



PC* HERB IN WHISKEY BARREL
SELECTED VARIETIES
10 INCH
20753949_EA

\$20



PC* WINDOW BOX PLANTER
SELECTED VARIETIES
24 INCH
20753920_EA

\$32



MIX AND MATCH
PC* GIGANTICO* ANNUALS, HERBS OR VEGETABLES
SELECTED VARIETIES
4.33 INCH
21350302_EA/21350301_EA/21352664_EA
21350306_EA/21350305_EA

5/\$25
LESS THAN 5
\$5.50 EA.



PC* JUMBO ANNUAL HANGING BASKET
SELECTED VARIETIES
12 INCH
20753924_EA

2/\$55
LESS THAN 2
\$32 EA.



MIX AND MATCH
PC* DELUXE ANNUAL HANGING BASKET
SELECTED VARIETIES
11 INCH
20753924_EA

2/\$36
LESS THAN 2
\$20 EA.



PC* ANNUAL PLANTER
SELECTED VARIETIES
10.8 INCH
21001606_EA

\$26



PC* SUPER GIGANTICO* ANNUALS
SELECTED VARIETIES
6 INCH
21352513_EA

\$9



PC* 4-SEASON TROPICALS
SELECTED VARIETIES
6 INCH
21347083_EA

\$12



TROPICAL PLANTS
SELECTED VARIETIES
10 INCH
21518651_EA
21214925_EA

\$30-45



CAT PALM
SELECTED VARIETIES
10 INCH
2157215_EA
21518651_EA

\$30



HIBISCUS
SELECTED VARIETIES
6 INCH
21346532_EA

\$10



ASSORTED TROPICALS (SAMBA AND TROPICAL CENTRE)
6 INCH
21517127_EA
20642640_EA

\$10



PC* CAMPANULA
4 INCH
20642640_EA

\$5⁵⁰



PC* PERENNIALS
SELECTED VARIETIES
9 CM
EACH
21350463_EA

2/\$9
LESS THAN 2
\$5 EA.



PC* PERENNIALS
SELECTED VARIETIES
13 CM
21350465_EA

2/\$18
LESS THAN 2
\$10 EA.



PC* PERENNIALS
SELECTED VARIETIES
15 CM
EACH
21350466_EA

2/\$26
LESS THAN 2
\$15 EA.

Our plant guarantee

Evergreens*, trees, shrubs, rose bushes and perennials* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. *Does not apply to evergreen and perennial planters in decorative containers.

100% Canadian grown

How do we recycle?



Empty Pots are shipped back to the greenhouse where they are compacted/ crushed.

Plastic is shredded to make pellets, which are used to make new pots and flats.

Established in 2008.

May 2 - June 19
bring back your empty pots/flats and you can earn

100 pts

for each pot or flat you return

BURPEE OR MCKENZIE SEEDS SELECTED VARIETIES EACH 20752992_EA 20752876_EA

1⁸⁹-5⁴⁹

SPRING BULBS PLANT NOW FOR SUMMER BLOOMS, SELECTED VARIETIES EACH 21423977_EA 21426050_EA

\$8-17



SHRUBS OR EVERGREENS SELECTED VARIETIES 2 GALLON 20217146_EA 20217255_EA

\$18-40

GROW YOUR OWN SELECTION OF FRUITS AND VEGETABLES SELECTED VARIETIES 21430587_EA 21430596_EA

4⁹⁹-9⁹⁹

PC[®] FLOWER & GARDEN BED SOIL 50 L 21363856_EA

2/\$20
LESS THAN 2 \$11.50 EA.



PLANT FOOD FERTILIZER OR GRASS SEED SELECTED VARIETIES AND SIZES 21567431_EA 21359480_EA

\$8-25

NO NAME[®] ALL PURPOSE SOIL 50 L 21358664_EA

2/\$20
LESS THAN 2 \$11.50 EA.



PC[®] POTTING SOIL 25 L 21349090_EA

2/\$12
LESS THAN 2 \$7 EA.

PC[®] VEGETABLE & HERB SOIL 25 L 21349109_EA

2/\$12
LESS THAN 2 \$7 EA.

PC[®] MOISTURE LOCK POTTING SOIL 25 L 21349077_EA

\$10



GARDEN DÉCOR AND POTS SELECTED SIZES EACH 21570498_EA 21570439_EA

SEE GARDEN CENTRE FOR RETAILS

SEE GARDEN CENTRE FOR RETAILS

PC[®] YARD WASTE BAGS 5'S 20429980_EA

2/\$8
LESS THAN 2 \$4.99 EA.

Our plant guarantee

Evergreens*, trees, shrubs, rose bushes and perennials* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. *Does not apply to evergreen and perennial planters in decorative containers.

Long weekend essentials

MADE FRESH IN-STORE

TOP SIRLOIN BEEF KEBAB
CUT FROM CANADA AA GRADE BEEF OR HIGHER
30.84/KG
21462765_KG

13⁹⁹
LB

TROPICAL FRUIT AND VEGETABLE KEBABS
SELECTED VARIETIES
2'S
21456957_EA/21456947_EA

\$6

PC[®] BURGERS
SELECTED VARIETIES, FROZEN
568 G-1.36 KG
20941230_EA/20941443_EA

Members save **\$2**

Optimum
Members-Only Price
12⁹⁹
Non-members
\$15

PC[®] GRILLING RAW SHRIMP SKEWERS
SELECTED VARIETIES
FROZEN
360 G
21283307_EA/21517019_EA

11⁹⁹

DEMPSTER'S HAMBURGER OR HOT DOG BUNS
8'S
21311477_EA/21311479_EA

3⁴⁹

MADE FRESH IN-STORE

40 WINGS
NAKED OR BREADED
AVAILABLE UN-SAUCE
OR YOUR CHOICE OF SAUCE
(INCLUDES CELERY & CARROTS)
21558990_EA

\$45

MADE FRESH IN-STORE

IN-STORE PREPARED CLASSIC ITALIAN STYLE OR PULLED PORK SLIDERS
716/853 G
21562105_EA/21595416_EA

\$15

MADE FRESH IN-STORE

SANDWICH OR WRAP PLATTERS
1.1-3.4 KG
21557919_EA/
21558137_EA

\$20-25

MADE FRESH IN-STORE

VEGETABLE SAMOSA PLATTERS
12 PACK
21558137_EA

\$12

PREPARED IN-STORE

12-PIECE CHILLED PACK OUT WINGS WITH ANY PIZZA OR FLATBREAD
21532556_EA/21456401_EA

\$20

MEDIUM CLASSIC SERVICE CASE SALADS
SELECTED VARIETIES
400 G
20096760_EA/21595710_EA

2/\$8
LESS THAN 2 \$5 EA.

MADE FRESH IN-STORE

GOURMET BAGUETTE, DELUXE SUB OR WRAPS LARGE PLATTER
21558211_EA/
21558212_EA

\$55-65

MADE FRESH IN-STORE

FRIED TORTILLA CHIPS
450 G OR FRESH GUACAMOLE 320 G
21534615_EA/21525868_EA

\$5

PC[®] SMOKIN' STAMPEDE[®] BBQ SAUCE
SELECTED VARIETIES
500 ML
21021473_EA/21021521_EA

3⁴⁹

PC[®] MEMORIES OF[®] SAUCE
SELECTED VARIETIES
350 ML
20311313001_EA/
20311313008_EA

4⁹⁹

PC[®] CROUTONS
SELECTED VARIETIES
140 G
20796248001_EA

2/\$7
LESS THAN 2 \$3.99 EA.

mini HUMMUS
200g | 4 x 50g

Stone Fire NAAN CRISPS
Crispy & Chewy
CROQUANTS NAAN
Avec fromage

2/\$7
LESS THAN 2 \$4 EA.

KETTLE COOKED MARMITE
Sweet & Salty
With 0% Salt

KETTLE COOKED ORIGINAL NATURE
CUTES À LA MARMITE

2/\$6
LESS THAN 2 \$3.49 EA.

PC[®] READY TO EAT POPCORN OR KETTLE COOKED, LOADS OF FLAVOUR OR WORLD OF FLAVOUR POTATO CHIPS OR PC[®] GARDEN STIX
SELECTED VARIETIES
142-250 G
20910769_EA/21422931_EA

PC[®] MINI CANS
SELECTED VARIETIES
6X222 ML
21093763_C06/21094147_C06

2/\$6
LESS THAN 2 \$3.49 EA.

mini DIET GINGER ALE
Low Sodium

mini CLUB SODA
Low Sodium

2/\$6
LESS THAN 2 \$3.49 EA.

PC[®] BLUE MENU OR PC[®] SPARKLING WATER
SELECTED VARIETIES
12X355 ML
20688034002_C01
21518575_C01

2/\$9
LESS THAN 2 \$4.99 EA.

Long weekend treats

PC® ICE CREAM SHOP
ICE CREAM
SELECTED VARIETIES
FROZEN
946 ML
21575127_EA/21575303_EA

\$4

PC® BLACK LABEL
ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
20604543004_EA/20604543004_EA

\$4

PC® COOKIE DOUGH
ICE CREAM BITES - BOUCHÉES DE CRÈME GLACÉE
PÂTE À BISCUITS
SELECTED VARIETIES FROZEN
6'S
21506998_EA/21507016_EA

\$5

PC® MOCHI
FROZEN DESSERT
SELECTED VARIETIES
6'S
21166581_EA/21167338_EA

5⁴⁹

PC® WAFFLE BOWLS OR CONES
SELECTED VARIETIES
135/205 G
21203795_EA/21203798_EA

4⁴⁹

PC® SYRUP SQUEEZABLE BOTTLE
SELECTED VARIETIES
428 ML
20338077_EA/20339669_EA

5⁴⁹

NO NAME® ICE CREAM SANDWICHES OR BARS
CLUB SIZE
SELECTED VARIETIES
FROZEN
24/30'S
20347400002_EA/21013432_EA

\$10

NO NAME® ICE MILK
SELECTED VARIETIES
FROZEN
4 L
20015284002_EA

7⁹⁹

NO NAME® ICE CREAM CONES OR CUPS
SELECTED VARIETIES
75-80 G
21203830_EA/21203883_EA

\$2

CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
21511147_EA/21511200_EA

4⁹⁹

CHAPMAN'S SUPER NOVELTIES
SELECTED VARIETIES
FROZEN
20012328002_EA/20111532_EA

5⁹⁹

MAGNUM BARS
SELECTED VARIETIES
FROZEN
4'S
20342005003_EA/20950739_EA

4⁹⁹

NO NAME® WHIPPED TOPPING
SELECTED VARIETIES
FROZEN
1 L
20113422001_EA

3⁹⁹

NO NAME® MARSHMALLOW
SELECTED VARIETIES
400 G
20304672001_EA/21023141_EA

2/\$7
LESS THAN 2 \$3.99 EA.

PC® CHOCOLATE BARS
SELECTED VARIETIES
90-100 G
20024823_EA/20313501_EA

2/\$4⁵⁰
LESS THAN 2 \$2.79 EA.



Insiders Report™

Must Try

Welcome to our Best Summer Yet!

APP EXCLUSIVE OFFER
Open your PC Optim™ app or visit pcoptim.com to get the offer

2,000 pts
\$2 Value



\$5

PC® FLAVOURED ICE POPS
SELECTED VARIETIES
FROZEN
6X60 ML
21575381_EA



new

APP EXCLUSIVE OFFER
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\$8 VALUE

Up to 8,000 pts
are up for grabs

Collect 5,000 pts
(1,000 points per participating product)

+ BONUS 3,000 pts
for buying all five!



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Ends June 12



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2,000 pts
\$2 Value



5.99

PC® CHOPPED SALAD KITS
PRODUCT OF U.S.A.
SELECTED VARIETIES
285-369 G
21378885_EA



Must Try

\$14

PC® PORK BELLY BURNT ENDS
FROZEN
500 G
21565531_EA



Must Try

\$6

PC® BARESE SAUSAGE
250 G
21576127_EA



Must Try

\$17

PC® CHICKEN YAKITORI
480 G
21575909_EA



Must Try

\$5

PC® CINNAMON SUGAR OR CHILI LIME PINEAPPLE SKEWERS
FROZEN
300 G
21560146_EA/21560219_EA



Must Try

\$15

PC® SWEET & SMOKY BARBECUE BUTTERFLIED BLACK TIGER SHRIMP
FROZEN
360 G
21559382_EA



Must Try

\$6

PC® CHEESE OR MUSHROOM FRUSTA
FROZEN
2X165 G
21549514_EA/21549100_EA



Must Try

\$5

PC® CHICKEN MASALA ON RICE, CHICKEN YELLOW CURRY ON RICE OR CHICKEN BUN CHA
FROZEN
300 G
21565933_EA/21565869_EA/21566111_EA



Must Try

4.50

PC® BLACK LABEL WHITE BARBECUE SAUCE
350 ML
21589265_EA



Must Try

4.50

PC® M'AQUA COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21590669_C06
21590689_C06



Must Try

\$7

PC® CHURRO FLAKE OUTS®
CROISSANT DONUTS
224 G
21590246_EA

Grocery



BETTY CROCKER DUNKAROOS 168 G,
NATURE VALLEY MUFFIN BAR 175 G,
NATURE VALLEY CRUNCHY DIP 132 G OR
PC® BLUE MENU® PEANUT BUTTER 750 G
SELECTED VARIETIES
20057669001_EA/21449886_EA

2/\$9
LESS THAN 2
\$5.49 EA.



QUAKER CEREAL
SELECTED VARIETIES
288-500 G
20637355_EA/21082500_EA



4²⁹



STARBUCKS
COFFEE ENHANCERS
SELECTED VARIETIES
828 ML
21358473_EA/21436900_EA

6⁹⁹



KOZY SHACK
RICE PUDDING
SELECTED VARIETIES
452-678 G
20323829001_EA/203225154001_EA

3⁹⁹



STARBUCKS ICED
COFFEE 1.18/1.42 L OR
IÖGO YOGURT 16X100 G
SELECTED VARIETIES
20609583001_EA/21215530_EA

7⁹⁹



BLACK DIAMOND
CHEESE BARS
400 G OR SHREDS
300-320 G
SELECTED VARIETIES
20297818003_EA/21279221_EA

6⁹⁹



GAY LEA SOUR CREAM
SELECTED VARIETIES
500 ML
20317536001_EA

3⁴⁹



CRACKER BARREL
CHEESE SLICES
SELECTED VARIETIES
220/240 G
21290705_EA

4⁹⁹



MISS VICKIE'S
KETTLE COOKED
POTATO CHIPS
OR SMARTFOOD
POPCORN
SELECTED
VARIETIES
150-250 G
21240703_EA
20972859_EA

2/\$10
LESS
THAN 2
\$5.49 EA.



CHRISTIE
RITZ, WHEAT
THINS OR
TRISCUIT
CRACKERS
SELECTED
VARIETIES
175-454 G
21030905_EA
21547034_EA

2/7⁵⁰
LESS
THAN 2
\$3.99 EA.



PC® CRACKERS
142-225 G OR
SWISS STICKS
100 G
SELECTED
VARIETIES
20538543003_EA
20588938003_EA

3⁴⁹



DARE
ULTIMATE COOKIES,
VIVA PUFFS, WHIPPET
OR WAGON WHEELS
SELECTED VARIETIES
230-360 G
20025850002_EA
20419986001_EA

2/\$7
LESS THAN 2
\$4.29 EA.



TETLEY TEA 80'S OR
1850 GROUND OR
BEAN COFFEE 340 G
SELECTED VARIETIES
20711064_EA/21196935_EA

8⁹⁹



BALZAC'S GROUND OR
WHOLE BEAN COFFEE
300/340 G OR
DAVID'S TEA
MATCHA SINGLE
SERVE 78 G
SELECTED
VARIETIES
20987612_EA
21405091_EA

12⁹⁹



JORDAN'S CEREAL
SELECTED VARIETIES
375-400 G
21522230_EA/21522267_EA

4⁹⁹



QUE PASA CHIPS,
TACO SHELLS
130/350 G OR
SALSA 420 ML
SELECTED VARIETIES
21031316_EA/21410537_EA

3⁴⁹



LYSOL TOILET CLEANER
710-950 ML,
LYSOL ALL PURPOSE
CLEANERS
650 ML/1.2 L OR
LYSOL GEL 4'S
SELECTED VARIETIES
20319677001_EA
20309873002_EA

2/\$8
LESS THAN 2
\$4.49 EA.



FLEECY FABRIC
SOFTENER 1.36 L OR
SHEETS 80'S,
OXICLEAN STAIN
REMOVER SPRAYS
354-636 ML OR
GEL STICK 183 ML
SELECTED VARIETIES
EACH
20043178_EA/21311876_EA

5⁴⁹



DOWNY OR GAIN
FABRIC SOFTENER 2.63 L,
BOUNCE, BEADS 379 G,
DOWNY OR GAIN SHEETS
120-200'S OR
ZIPLOC MEGA PACK BAGS
60-260'S
SELECTED VARIETIES
21195085_EA/21549966_EA

9⁹⁹



WHISKAS CAT FOOD
SELECTED VARIETIES
1.5/2 KG
20754051_EA

9⁹⁹

For your family



JERGENS LOTION, COPPERTONE SUNSCREEN, NIVEA CREAM OR BIORÉ FACE CARE SELECTED VARIETIES AND SIZES
21089622_EA/21176321_EA

SALE
SAVE UP TO
25%



J.R. WATKINS OR METHOD BODY WASH 532 ML OR J.R. WATKINS OR SOFTSOAP LIQUID HAND SOAP REFILL 828 ML-1.47 L SELECTED VARIETIES
21167194_EA/21425299_EA

6⁴⁹



DOVE, BATISTE, AVEENO OR GARNIER WHOLE BLENDS HAIR CARE OR STYLING SELECTED VARIETIES AND SIZES
20419882001_EA/20850398_EA

8⁹⁹



TAMPAX PEARL TAMPONS 18'S, ALWAYS PREMIUM INFINITY FLEX FOAM PADS 16'S OR U BY KOTEX CLICK COMPACT UNSCENTED TAMPONS 16'S SELECTED VARIETIES AND SIZES
21284541_EA/21287976_EA

2/\$8
LESS THAN 2
\$4.99 EA.



ASPIRIN 100/120'S, ALEVE 40-100'S, ALEVE-X 72 G, TYLENOL 72-150'S, MOTRIN 60/150'S OR ADVIL 40-72'S PAIN RELIEF TABLETS, CAPLETS, GELS OR RUB SELECTED VARIETIES
21532778_EA/20328051_EA

15⁹⁹



HEAD & SHOULDERS 370 ML, OLD SPICE 400 ML OR HERBAL ESSENCE 400-600 ML HAIR CARE SELECTED VARIETIES AND SIZES
2155016_EA

5⁹⁹

DIAL BODY WASH 473 ML, FOAMING LIQUID HAND SOAP 221 ML OR LIFE BRAND LIQUID HAND SOAP 950 ML SELECTED VARIETIES
21311819_EA/21357582001_EA

2⁹⁹

ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES
20814896_EA/21033778_EA

16⁹⁹



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE, POLIDENT TABLETS 84-96'S, ORAL-B BATTERY TOOTHBRUSH, CREST PRO HEALTH OR SCOPE MOUTHWASH OR CREST GUM DETOXIFY TOOTHPASTE SELECTED VARIETIES AND SIZES
20437569002_EA/205598749_EA

7⁴⁹

SIX STAR WHEY PROTEIN SELECTED VARIETIES 821/907 G 21559849_EA/21559977_EA

\$5 Value
5,000⁺

COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSHES, MANUAL TOOTHBRUSHES, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES
21220587_EA/21517424_EA

5⁹⁹

For your baby



PC* CLUB PACK* BABY WIPES 1200'S, HUGGIES, PAMPERS 6, 9, 10'S OR BABY WIPES 336-720'S SELECTED VARIETIES 21432245_EA

\$20



HELLO BELLO OR MILLIE MOON DIAPERS SELECTED VARIETIES, CLUB SIZE 21280046_EA/21520459_EA

24⁹⁹



ENFAMIL A+ BABY FORMULA POWDER REFILL STAGE 1 & STAGE 2 SELECTED VARIETIES 992 G 20435527002_EA/20435527003_EA

54⁹⁹



PC* ORGANICS BABY FOOD POUCHES SELECTED VARIETIES 128 ML 20651248004_EA/210651270002_EA

5/\$7
LESS THAN 5 \$1.79 EA.



BABY GOURMET SNACKS AND BARS 40-90 G OR JARS 113 ML SELECTED VARIETIES 21123961_EA/21414273_EA

20%
SALE SAVE UP TO



Q-TIPS COTTON SWABS 500'S 2032307001_EA

4⁴⁹



SIMILAC STAGE 1 & 2 READY TO FEED BABY FORMULA SELECTED VARIETIES 16X235 ML 21334496_C01/21334752_C01

51⁹⁹



HELLO BELLO 10X WIPES SELECTED VARIETIES 600'S 21280051_EA

19⁹⁹

Pampers

UP TO **100%** LEAKPROOF PROTECTION

34⁹⁹ Swaddlers diapers selected varieties and sizes 21455969_EA

36⁹⁹ Easy Ups Training Pants selected varieties and sizes 21089194_EA

26⁹⁹ Ninjamas Nighttime Underwear selected varieties and sizes 21308929_EA

pull-Ups

SIMPLIFY THE POTTY TRAINING JOURNEY

100% LEAK FREE protection where boys and need it most

\$36⁹⁹

Pull-Ups' training pants selected varieties 66-104's 21021427_EA

HUGGIES

natural care

Thicker & more absorbent for a gentle clean*

\$8⁹⁹

Huggies' wipes selected varieties 168-192's 20558604_EA

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MARC ANGELO

#1 IMPORTED ITALIAN BRAND

MORTADELLA
125 g
21383148_EA
3.99

EUROPEAN CHARCUTERIE
100 g
21289363_EA
7.49

ANTIPASTO MISTO AND ASSORTED - 100 g
20865352_EA
7.49

ASSORTED SALAMI CHUBS
225 - 300 g
21362680_EA/21021493_EA
8.99 - 11.99

100% PRODUCT OF ITALY

* Refers to the #1 Imported Deli Brand

yves VEGGIE CUISINE™

MMMM... PLANTS

Great plant-based food.

LEARNING SUGGESTION

YVES™ FAMILY PACK VEGGIE BURGERS
20061102_EA
10.99

YVES™ FAMILY PACK VEGGIE DOGS
20032594_EA
6.49

YVES™ VEGGIE BACON STRIPS
20573903_EA
5.49

Find us in store or online

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Sabra

SUNNY DAY Snacks

SABRA HUMMUS SELECTED VARIETIES
283 G
20183342_EA
LESS THAN 2 \$4.49 EA.
2/\$8

SABRA HUMMUS SELECTED VARIETIES
482 G
20083342_EA
LESS THAN 2 \$7.49 EA.
2/\$12

FAMILY SIZE FOMAT FAMILIAL
Sabra
ROASTED RED PEPPER POYBON ROUGE GRILLE HUMMUS

Johnsonville

6.99 Smoked Beef Sausage
Assorted varieties (375 g)

5.99 Smoked Pork Sausage
Assorted flavours (375 g)

2/\$13 Fresh Sausage
Assorted varieties (250 - 500 g)

LESS THAN 2 \$6.99 EA.

Dr. Oetker

Pizza for everyone TO ENJOY

GIUSEPPE PIZZERIA STUFFED CRUST

\$7.99 Giuseppe Stuffed Crust
(685 - 771 g)
21555844_EA

PIZZA TRADIZIONALE SALAME ROMANO

\$6.49 Tradizionale
(385 - 415 g)
21561829_EA

ARMSTRONG 1902

Bring the Love. Bring Armstrong Cheese.

4.99 NATURAL CHEESE SLICES
SELECTED VARIETIES
220-240 g
ARMSTRONG
21333850_EA

5.99 COMBOS SNACKS
SELECTED VARIETIES
180 g
ARMSTRONG
21440781_EA

5.99 NIBBLERS CHEESE SNACKS
SELECTED VARIETIES
200 g
ARMSTRONG
21539032_EA

8.99 MOZZARELLISSIMA & LACTOSE FREE MOZZARELLISSIMA BLOCKS
SELECTED VARIETIES
500 g
SAPUTO
20759241002_EA

2.49 NACHO QUESO SUPREME & FRENCH ONION
250 g
HELLVA GOOD!
20872654_EA

YOUR ESSENTIALS FOR THE BBQ SEASON

SWISS CHALET

15.99 Swiss Chalet BBQ or Honey & Garlic Pork Back Ribs (Refrigerated)
21022221_EA/21093780_EA

MONTANA'S BBQ & BAR

15.99 Montana's Texan BBQ Pork Back Ribs (Refrigerated)
21203458_EA

I ♥ Reese's DAY

MAY 18TH

Hershey Family Bars, selected varieties (90 - 120 g) 2048143_EA
LESS THAN 2 \$3.29 EA.
2/\$5

Hershey King Size Bars, selected varieties (62 - 85 g) 209883_EA/209591_EA
LESS THAN 2 \$2.49 EA.
2/\$4.50

Hershey Single Bars, selected varieties (34 - 58 g) 2093002_EA
LESS THAN 2 \$1.79 EA.
2/\$2.50

Hershey Multi 4 packs, selected varieties (170 - 198 g) 20575405_EA
LESS THAN 2 \$5.99 EA.
2/\$9

Hershey Packaged Candy, selected varieties (160 - 230 g) 2020287004_EA/20232804_EA
LESS THAN 2 \$5.99 EA.
2/\$9

VAN HOUTTE

LIVE FLAVOURFULLY™

\$17.99
Van Houtte® 30 K-Cup® pods selected varieties 20745469_EA/21588231_EA

\$13.99
Van Houtte® ground coffee selected varieties 340 g 20973094_EA/20973133_EA

bai

Bai® selected varieties 530 mL 21362966_EA
LESS THAN 2 \$3.29 EA.
2/\$6

NEW

21432571_EA, 21362998_EA, 21362940_EA, 21583387_EA

DrinkBaiCanada.com
Contains Caffeine. Trademark used under license by Canada Dry Mott's Inc.

Campbell's SNACK INTO Summer

2/\$7 LESS THAN 2 \$3.99 EA.
NEW Pepperidge Farm® Goldfish® Crisps 177 g selected varieties 21575178_EA/21575294_EA

3.99
Snyder's of Hanover® Pretzels 240 g selected varieties 20316052004_EA/20316052002_EA

2/\$4 LESS THAN 2 \$2.49 EA.
NEW Kettle Brand® Kettle Cooked Air Fried Chips 156 g selected varieties 21589837_EA/21589952_EA

2/\$7 LESS THAN 2 \$3.99 EA.
Pepperidge Farm® Goldfish® Crackers 156-227 g, 6x28 G selected varieties 20320900_EA/21574954_EA

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WE'VE GOT THE FLAVOUR

EXPLORE GRILLING RECIPES & TIPS ON OUR FLAVOUR MAKER APP

6.49
FRANK'S REDHOT® CLUB HOUSE® LA GRILLE SEASONING BLENDS AND RUBS SELECTED VARIETIES 120-248 G 20321740001_EA 20321740002_EA
LESS THAN 2 \$2.49 EA.
2/\$4

2.99
FRANK'S REDHOT® MUSTARDS SELECTED VARIETIES 325 - 400 ML 20063738_EA

7.99
FRANK'S REDHOT® CLUB HOUSE® SEASONING BLENDS SELECTED VARIETIES 111 - 181 G 20304004001_EA 20309777001_EA

4.99
FRANK'S REDHOT® HOT SAUCES SELECTED VARIETIES 354 ML 20187820001_EA 21352812_EA

2.99
FRANK'S REDHOT® KETCHUP 750 ML / 1 L STUBB'S® BBQ SAUCE 450 ML SELECTED VARIETIES 20033951_EA 21021204_EA

5.49
FISH CRISP® COATING MIXES SELECTED VARIETIES 230-340 G 20355902_EA

3.49
FRANK'S® CREAMY MUSTARD SELECTED VARIETIES 325 ML 21432829_EA 21432854_EA

Get great recipe ideas at: clubhouse.ca frankshredhot.ca

5.99
Rio Mare light tuna selected varieties 3x80 g 20035383_EA

3.99
Rio Mare tuna salad selected varieties 160 g 20971498_EA

Real Italian Taste

SAVE On Your Favourite Household Brands

15.99
Gain laundry detergent 4.55 L/42's, Gain/Downy fabric softener 2.4 L-3.29 L, beads 515 g, Downy/Tide Rinse 48 oz, Bounce Sheets 240's, selected varieties 21405182_EA/20965291_EA

16.99
Tide laundry detergent 3.4 L, Downy fabric softener 2.98-4.16 L, Tide PODS 57/43's, Downy/Gain beads 680 g, selected varieties 21454815_EA/21549792_EA

4.99
Dawn 825 - 982 mL, Dawn EZ Squeeze 535 - 650 mL, Dawn Powerwash Refill 473 mL, selected varieties 21430569_EA/21516486_EA

4.49
Febreze Air 250 g, Car 2 mL, Mr. Clean All Purpose Cleaner 1.2 L, selected varieties 21005017_EA/20976906_EA

12.99
Swiffer Duster Refills 6-10's, Wet Refills 12-24's, Dry Refills 16-32's, selected varieties 21176851_EA/21176876_EA

17.99
Charmin Bath Tissue, 12-48 Rolls, selected varieties 21549779_EA/21484810_EA

17.99
Bounty Paper Towels, 6-12, 21515966_EA

10.99
Bounty Napkins 400's 21053171_EA

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Same Size. Less Plastic.

\$2
Value

Optimum
2,000TM

\$8.99*

SIMPLY ORANGE
JUICE
2.63 L
21592119_EA



\$2
Value

Optimum
2,000TM

\$7.49*

GOLD PEAK
ICED TEA
2.63 L
21592193_EA



Made with 12% Less Plastic.

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.
*The Coca-Cola Company, used under license.

START YOUR ACTIVIA[®] GUT HEALTH CHALLENGE

2 ACTIVIA PER DAY FOR 14 DAYS



\$4.49
Activia[®] - 850 g
2568904_EA



\$4.49
Activia[®] - 2 x 150 g
2568942_EA



\$11.99
Activia[®] - 2 kg
2477281_EA



less than 2 \$2.29 ea.
2/\$3.50
Activia[®] - 180 ml
25348503_EA



\$7.49
Activia[®] - 12 x 100 g
2600340203_EA



\$6.49
Activia[®] - 8 x 83 ml
242052_EA

Activia may help reduce the frequency of minor digestive issues like - bloating, gas, discomfort and rumbling when consumed twice* per day for 2 weeks as part of a balanced diet and healthy lifestyle. *2 servings.

CREAMY TEXTURE, ANYTIME, ANYWHERE

less than 2 \$2.29 ea.
2/\$3.50



Oikos[®] - 190 ml
21402286_EA



less than 3 \$4.79 ea.
3/\$12

Oikos[®] - 4 x 100 g
2049375005_EA
2049375004_EA



\$6.99
Oikos[®] - 850/750 g
21008860_EA

10-HOUR BREW BOLD AND SMOOTH TASTE



less than 2 \$8.99 ea.
2/\$14.50
Stok[®] 1.42 L
21203738_EA
21203737_EA



LOW IN SUGAR BIG ON TASTE

\$4.49

Two Good[®]
4 x 95 g
21475047_EA



\$4.99

Two Good[®]
825 g
21475037_EA



DANONE GO!

less than 3 \$1.29 ea.
3/\$3

Danone Go[®]
190 ml
21349097_EA/21349123_EA



DANONE Danino

less than 2 \$4.49 ea.
2/\$7

Danino[®]
6 x 83 ml
21520245_EA



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