

WED	THU	FRI	SAT	SUN	MON	TUE
15	16	17	18	19	20	21

# Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials\*



**Boneless  
New York  
Strip Steak**

**9.99**

**Value Pack**  
VIC SAVINGS

per lb.

save at least \$8.00 per lb. with your VIC card



1 lb. Pkg.  
Farmers Market  
**Strawberries**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



**80% Lean  
Ground Chuck**

**4.99**

per lb.

save at least \$1.00 per lb. with your VIC card



2 lb. Bag  
**16 - 20 ct. Wild Caught  
Argentina Shrimp**

**BUY 1 GET 2  
FREE**  
save big on 3 with your VIC card



Select Varieties  
**Fresh Express  
Salads**

**1.99**

each

save big with your VIC card



per lb.  
Small Pack  
Harris Teeter  
**Boneless  
Chicken Breast**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



Fresh Foods Market  
**Rotisserie Chicken**

**6.99** each  
save big with your VIC card



1 lb. Bag  
Farmers Market  
**Baby Carrots,**  
8 oz. **Whole Cremini** or  
**Sliced Bellas Mushrooms**  
or **Tri-Color Peppers**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



4 ct. Tray  
Farmers Market  
**Sweet Corn**

**2 \$5** every aisle.  
**PRICED LOW**  
every day.

## 20% Off Case Wine Sale

Offers valid Thursday, May 16 - Sunday, May 19, 2024

All Wines • Mix or Match • Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles



12 pk. 12 oz. Cans  
**Coca-Cola  
Products**

**BUY 2 GET 2  
FREE**  
save big on 4 with your VIC card



48 oz.  
**Mayfield  
Ice Cream**  
or 15 oz. **Novelties**  
or 14 - 15 oz.  
**Ben & Jerry's Pints**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



6 - 8 oz.  
**Harris Teeter  
Shredded Cheese**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



6 pk.  
**Thomas'  
Bagels**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



12 - 16 oz.  
**Oscar Mayer  
Bacon**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



9.75 - 17 oz.  
**All Frito Lay  
Party Size**

**2 \$9** for  
save big on 2 with your VIC card



Select Varieties  
12 oz. Bag  
or 10 ct. K-Cups  
**Starbucks  
Coffee**

**6.99** each  
save big with your VIC card



3 ltr.  
**Black Box,  
Bota Box  
or Woodbridge**

**17.99** each  
Drink Responsibly - Must be 21 to Purchase

## eVIC e-VIC Members Only Sale offers valid Thursday, May 16 - Sunday, May 19, 2024

Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

**eVIC** e-VIC members only weekly limit **4**

6 Double Plus Roll  
**Bounty**  
Paper Towels  
or 12 Mega Roll  
**Charmin** Bath Tissue

**14.97**

save at least \$8.08 over our already low VIC price when you buy 4

non e-vic member price **16.99**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **10**

5.3 oz.  
**Dannon Oikos  
Triple Zero Yogurt**

**.87**

save at least \$1.30 over our already low VIC price when you buy 10

non e-vic member price **10/\$10**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **4**

4.1 - 8 oz.  
**Nature Valley Bars  
or Betty Crocker  
Fruit Snacks**

**1.97**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **4**

12 - 16.8 oz.  
**General Mills  
Large Size  
Cereals**

**2.97**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$7**

All items must be purchased in a single transaction with your VIC card.

**Friday,  
May 17**

**4X  
FRIDAYS**



on all  
qualifying  
items

download the digital coupon



**SAVE  
UP TO \$1.00  
PER GALLON\***

Offer valid Friday, May 17th, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.

\* Supplies are limited

Prices good through May 21, 2024

WED	THU	FRI	SAT	SUN	MON	TUE
15	16	17	18	19	20	21



6 pk. 16.9 oz. btl.

**Pepsi Products**

\*Pkg. may vary by location.

**4 for \$12**

save at least \$15.96 on 4 with your VIC card



52 oz.  
**Simply Orange Juice**



**2 for \$7**

save at least \$2.98 on 2 with your VIC card



28 oz.  
**Gatorade**  
or 17 oz.  
**Sparkling Ice**



**5 for \$5**

save big on 5 with your VIC card



11.8 - 29.8 oz.

**DiGiorno**  
or **CPK Pizza**

**5.49**

save big with your VIC card



15 pk. Aluminum btl.

**Miller Family**  
or **Coors Family**

**15.99** each

Drink Responsibly - Must be 21 to Purchase

**eVIC** e-VIC members only

weekly limit **4**



32 - 34 oz. Liquid

**Tide Laundry Detergent**

**4.47**

save at least \$4.08 over our already low VIC price when you buy 4

**5.49**

non e-vic member price

**eVIC COUPONS** EXCLUSIVE SAVINGS

save **\$1.50** each

With digital coupon when You Buy Any ONE (1) Tide Laundry Detergent

BGA2 BGA2 BGA2 BGA2

# Seafood Sale



Farm Raised

**16 - 20 ct.**

**Shell-On White Shrimp**

**9.99** per lb.

save big per lb. with your VIC card



6 oz.

**Shrimp Bowl**

or 7 oz. **Snow Leg Bowl**

**\$5** each

save big with your VIC card



Wild Caught

**41 - 50 ct.**

**Tail-On Cooked Shrimp**

**9.99** per lb.

save at least \$1.00 per lb. with your VIC card



Wild Caught

**Mahi Mahi Fillets**

**9.99** per lb.

save at least \$2.00 per lb. with your VIC card



Wild Caught

**Dungeness Crab Clusters**

**13.99** per lb.

save at least \$2.00 per lb. with your VIC card



Wild Caught

**10 - 20 ct.**

**Sea Scallops**

**14.99** per lb.

save at least \$2.00 per lb. with your VIC card



**Senior Discount Thursdays**

Seniors 60 and older get a

**5% DISCOUNT**

Please notify your cashier if you qualify

# from our meat department



**Boneless  
New York Strip Steak**

**13.99** per lb.  
save at least \$5.00 per lb. with your VIC card



18 - 27.2 oz.  
**Smithfield Boneless  
Pork Loin Filet**

**BUY 1 GET 1  
FREE**

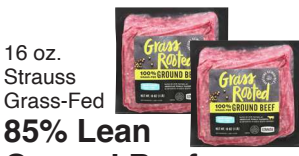
each item rings at half price with your VIC card



16 oz.  
Niman  
Antibiotic Free  
**Ground Pork**  
**2 \$10**  
save big on 2  
with your VIC card



SMART Natural  
**Boneless  
Chicken Breast**  
**7.99** per lb.  
save at least \$1.00 per lb.  
with your VIC card



16 oz.  
Strauss  
Grass-Fed  
**85% Lean  
Ground Beef**  
**8.99** each  
save at least \$1.00 each  
with your VIC card



16 oz.  
Perdue  
**Ground  
Chicken**  
**3.99** each  
save at least \$1.00 each  
with your VIC card



16 oz.  
**Oscar Mayer Franks**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



22 - 24 oz.  
Smithfield  
**Bacon**  
**8.99**  
save at least \$2.00 each  
with your VIC card



22 - 26 oz.  
Perdue  
**Chicken**  
**9.99**  
save big  
with your VIC card



7.5 - 9 oz.  
Oscar Mayer  
**Lunchmeat**  
**2 \$10**  
save big on 2  
with your VIC card



12 oz.  
Harris Teeter  
**Bacon**  
**3.99**  
save at least \$1.00 each  
with your VIC card



28 - 32 oz.  
Bob Evans  
**Sides**  
**2 \$10**  
for  
save big on 2  
with your VIC card



14 oz. Eckrich  
**Smoked  
Sausage**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



19 oz.  
Carando  
**Grilling Sausage**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



16 oz.  
Land O'Frost  
**Lunchmeat**  
**6.99**  
save at least \$1.00 each  
with your VIC card

Join today! Weekly emails with fresh catch specials, great recipes and more! Visit harristeeter.com for full details on the Fresh Catch Club and information on responsibly sourced seafood at Harris Teeter.



**Fresh Catch Seafood from Your  
Local and Regional Neighbors**  
this week's fresh catch items



Fresh Farm Raised  
**Catfish Fillets**

**7.99** per lb.  
save at least \$2.00 per lb. with your VIC card

Fresh Wild Caught  
**East Coast  
Head-On Shrimp**

**6.99** per lb.  
save at least \$6.00 per lb.  
with your VIC card



6 oz. Gochujang  
**Salmon Portions**

**\$7** each  
save at least \$1.00 each  
with your VIC card



3.5 oz.  
**Charleston Style  
Crab Cakes**

**2 \$8**  
for  
save at least \$2.00 on 2  
with your VIC card



4 oz. Blue Circle  
Norwegian  
**Smoked  
Salmon**

**4.99** each  
save at least \$2.00 each  
with your VIC card



Wild Caught  
**Haddock  
Fillets**

**9.99** per lb.  
save at least \$2.00 per lb.  
with your VIC card



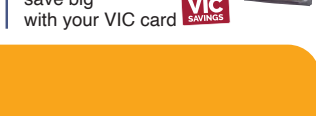
Wild Caught 16 - 20 ct.  
Peeled & Deveined  
**Argentine  
Shrimp**

**12.99** per lb.  
save big per lb.  
with your VIC card



10 oz. Fresh Farm Raised  
Mediterranean, Boubon or Cedar  
**Plank  
Salmon**

**\$12** each  
save big  
with your VIC card



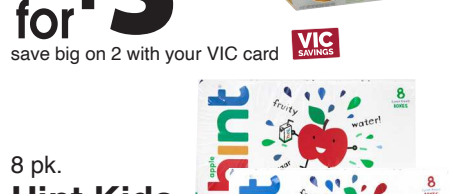
# from our grocery department



24 ct. Family Size  
**Lipton  
Tea Bags**  
**2 \$4**  
for  
save big on 2 with your VIC card



4 pk.  
**Dole  
Fruit Bowls**  
**2 \$5**  
for  
save big on 2 with your VIC card



8 pk.  
**Hint Kids**  
**2 \$7**  
for  
save big on 2 with your VIC card



8 pk. 12 oz. Btls.  
**Canada Dry**  
**7.99**  
save big with your VIC card



12 pk. 12 oz.  
**Waterloo  
Sparkling  
Water**  
**4.99**  
save big with your VIC card



33 - 36 oz.  
**Hershey's  
Party Size  
Chocolate**  
**14.99**  
save big with your VIC card



5.75 - 6 oz.  
**Harris Teeter  
Black Olives**  
**1.99**  
save big with your VIC card



13.8 oz.  
**HT Traders  
Artichokes**  
**2.99**  
save at least 50¢ each with your VIC card



4 pk.  
**Kraft Mac &  
Cheese Cups**  
**3.99**  
save big with your VIC card



24 oz.  
**HT Traders  
Pasta Sauce**  
**3.99**  
save at least \$1.00 each with your VIC card



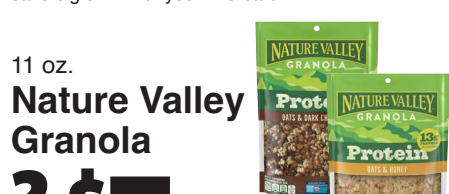
18 oz.  
**Stubb's  
Bar-B-Q Sauce**  
**4.49**  
save big with your VIC card



17 - 24 oz.  
**Pepperidge Farm  
Farmhouse Rolls**  
**3.99**  
save at least \$1.00 each with your VIC card



15 - 20.5 oz. Post  
**Honey Bunches  
of Oats**  
or Grape Nuts  
**2 \$7**  
for  
save big on 2 with your VIC card



11 oz.  
**Nature Valley  
Granola**  
**2 \$7**  
for  
save big on 2 with your VIC card



40 oz. Harris Teeter  
**Peanut Butter**  
or 13 oz. Private Selection  
**Preserves**  
**3.99**  
save big with your VIC card



6.5 - 8.4 oz.  
**Bobo's  
Oat Bites**  
or PB&J's  
**3.99**  
save big with your VIC card



9 oz.  
**Catalina  
Crunch Cereal**  
**6.99**  
save big with your VIC card



16 oz.  
**Nudges by  
Blue Buffalo  
Jerky Treats**  
**14.99**  
save big with your VIC card



113 oz. Liquid  
**Gain Laundry  
Detergent**  
**12.99**  
save at least \$2.00 each with your VIC card



120 ct.  
**Harris Teeter  
Dryer Sheets**  
**3.69**  
save at least 80¢ each with your VIC card



160 - 200 ct.  
**Vanity Fair  
Napkins**  
**5.49**  
save big with your VIC card



4 Double Roll  
**Harris Teeter  
Ultra  
Paper Towels**  
**5.49**  
save at least 90¢ each with your VIC card



25 - 80 ct.  
**Glad  
Trash Bags**  
**8.99**  
save big with your VIC card



5 lb. Bag  
**Blue Buffalo  
Dry Dog Food**  
**17.99**  
save big with your VIC card

# beverages

12 pk. 12 oz. Cans  
**Canada Dry**  
 or **7-UP**  
**3 \$15**  
 for  
 save big on 3 with your VIC card



8 pk. 12 oz.  
**Powerade**  
**2 \$9**  
 for  
 save at least \$1.98 on 2 with your VIC card



13.7 oz.  
**Starbucks Frappuccino** or  
 14 oz. **Pink Drink**  
**2 \$6**  
 for  
 save at least \$3.98 on 2 with your VIC card



6 pk. 6 oz. Cans  
**Dole Juice**  
**2 \$7**  
 for  
 save big on 2 with your VIC card



24 pk. 16.9 oz.  
**Purelife Water**  
**2 \$8**  
 for  
 save big on 2 with your VIC card



6 pk. 16.9 oz.  
**Propel Fitness Water**  
**2 \$9**  
 for  
 save at least \$4.98 on 2 with your VIC card



10 pk.  
**Canada Dry**  
 or **7-UP**  
**Mini Cans**  
**5.99**  
 for  
 save at least 80¢ each with your VIC card



6 pk. 11.15 oz.  
**SanPellegrino Sparkling**  
**5.99**  
 for  
 save at least \$2.00 each with your VIC card



6 pk. .5 ltr.  
**Smartwater**  
 or **Vitaminwater**  
**7.49**  
 for  
 save big with your VIC card



6 pk. 1 ltr.  
**Fiji Water**  
**10.99**  
 for  
 save at least \$4.00 each with your VIC card



# snacks

3 pk.  
**Orville Redenbacher's Popcorn**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



7.75 - 16 oz.  
**Utz Family Size Chips, Pretzels**  
 or **Kettle Chips**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



6 ct.  
**DunkAros**  
**4 \$5**  
 for  
 save at least 74¢ on 4 with your VIC card



8 - 9 oz.  
**Voortman Wafers**  
 or **Cookies**  
**2 \$6**  
 for  
 save at least 99¢ on 2 with your VIC card



5.9 - 6.6 oz.  
**Pepperidge Farm Goldfish**  
**2 \$6**  
 for  
 save at least 69¢ on 2 with your VIC card



8 oz.  
**Miss Vickie's Kettle Chips**  
 or 4.5 - 9 oz.  
**Simply**  
**2 \$7**  
 for  
 save at least \$3.58 on 2 with your VIC card



10 - 16 oz.  
**Snyder's Seasoned Pieces**  
 or **Twists Pretzels**  
**2 \$8**  
 for  
 save at least \$1.58 on 2 with your VIC card



10 - 20.6 oz. Nabisco  
**Family Size Snack Crackers, Ritz**  
 or **Toasted Chips**  
**2 \$7**  
 for  
 save at least \$4.58 on 2 with your VIC card



16 - 20.2 oz. Nabisco  
**Family Size Oreo, Chips Ahoy!**  
 or **Nutter Butter**  
**2 \$7**  
 for  
 save at least \$4.58 on 2 with your VIC card



12 - 14 oz.  
**Second Nature Trail Mix**  
**6.99**  
 for  
 save at least \$2.00 each with your VIC card



# health & beauty

Select Varieties  
**Vital Proteins Collagen Powders, Gummies or Greens**  
**20% off**  
 save big with your VIC card



Select 33.8 oz.  
**Listerine Ultra Care, Total Care or Sensitive Rinses**  
**8.99**  
 for  
 save at least \$2.00 each with your VIC card



Select 160 - 200 ct.  
 Tablets, Caplets, Minis or Liqui-Gels  
**Advil Pain Relievers**  
**17.99**  
 for  
 save at least \$5.00 each with your VIC card



10 - 12 ct.  
**BIC Disposable Razors**  
**3.69**  
 for  
 save at least \$1.00 each with your VIC card



Select  
**Libman Mops, Brooms or Brushes**  
**20% off**  
 save big with your VIC card



6 ct. AA/AAA  
**Harris Teeter Ultra Max Batteries**  
**30% off**  
 save big with your VIC card



# dairy and frozen

52 oz.  
**Fairlife Milk**  
**2 \$9**  
 for  
 save big on 2 with your VIC card



32 oz.  
**Silk Plant Based Creamer**  
**4.49**  
 for  
 save big with your VIC card



12 ct.  
**Egg-Land's Best Grade A Extra Large Eggs**  
**2 \$6**  
 for  
 save big on 2 with your VIC card



64 oz.  
**Lactaid Milk**  
**2 \$7**  
 for  
 save big on 2 with your VIC card



15.5 oz.  
**Jell-O Pudding**  
**2 \$5**  
 for  
 save big on 2 with your VIC card



12 ct.  
**Egg-Land's Best Organic Pasture Raised Eggs**  
**5.49**  
 for  
 save big with your VIC card



16 oz.  
**Breakstone's Cottage Cheese**  
**2 \$4**  
 for  
 save big on 2 with your VIC card



3.8 oz. **NEW**  
**Once Upon a Farm Organic Pouches & Bars**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



7 - 8 oz.  
**Cracker Barrel Chunk Cheese**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



14 oz.  
**Noosa Gelato**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



6 ct.  
**Fat Boy Ice Cream**  
**BUY 1 GET 1 FREE**  
 each item rings at half price with your VIC card



9.5 - 14 oz.  
**Healthy Choice Cafe Steamer**  
 or **Marie Callender's**  
**2 \$5**  
 for  
 save big on 2 with your VIC card



12 oz.  
**Snickers**  
 or **Twix Ice Cream Bars**  
**2 \$8**  
 for  
 save big on 2 with your VIC card



14.54 - 29.04 oz.  
**Freschetta Pizza**  
**4.99**  
 for  
 save big with your VIC card



28 oz.  
**Made in Idaho Fries**  
**2 \$10**  
 for  
 save big on 2 with your VIC card



10 oz. Select Varieties  
**Simple Truth Organic Fruit**  
**2 \$6**  
 for  
 save big on 2 with your VIC card



22 oz.  
**Bertolli's**  
 or **P.F. Chang's Meals**  
**5.99**  
 for  
 save big with your VIC card



12.7 oz. Frozen  
**Pillsbury Waffles**  
**2 \$7**  
 for  
 save big on 2 with your VIC card



\* Supplies are limited



Spring  
**Fresh tival**  
at Harris Teeter

**Grilling faves**  
Fresh flavors & fresh air



2 Ltr.  
**Pepsi Products**  
**4 for \$5**  
save at least \$9.76 on 4 with your VIC card

18 oz.  
**Harris Teeter Grilling Sausage Links**  
**2 for \$8**  
save big on 2 with your VIC card

**Harris Teeter Pub Burgers**  
**4.99** per lb.  
save big per lb. with your VIC card

24 oz.  
**Harris Teeter Ketchup**  
or 20 oz.  
**Mustard**  
**1.59**  
save big with your VIC card

16 oz.  
**Breakstone's Sour Cream**  
**2 for \$4**  
save big on 2 with your VIC card

8 oz.  
**Harris Teeter Natural Sliced Cheese**  
**2 for \$4**  
save big on 2 with your VIC card

8 pk.  
**Ball Park Hamburger or Hot Dog Buns**  
**2 for \$6**  
save at least 99¢ on 2 with your VIC card

28 oz.  
**Saucy Spoon Baked Beans**  
**2 for \$4**  
save big on 2 with your VIC card

Gallon  
**Harris Teeter Iced Tea**  
**2 for \$4**  
save big on 2 with your VIC card

2.50 - 3.50 oz.  
**McCormick Grill Mates Seasonings**  
**2 for \$5**  
save big on 2 with your VIC card

16 - 32 oz.  
Select Varieties  
**Harris Teeter Pickles**  
**2 for \$4**  
save big on 2 with your VIC card

16 oz.  
**Country Crock Plant Butter with Olive Oil**  
**2 for \$7**  
save big on 2 with your VIC card

30 oz.  
**Duke's Mayonnaise**  
**3.99**  
save big with your VIC card

1 lb.  
**Challenge Salted Butter**  
**4.99**  
save big with your VIC card

50 sq. ft. Heavy Duty or Non-Stick or 75 sq. ft.  
**Harris Teeter Aluminum Foil**  
**2 for \$7**  
save big on 2 with your VIC card



Spring  
**Fresh tival**  
at Harris Teeter

**Freshen up salads**  
with fun add-ins

16 oz.  
Select Varieties  
**Harris Teeter Salad Dressing**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

6 oz.  
**Farmers Market Baby Spinach**  
**2 for \$5**  
every aisle. PRICED LOW every day.

2.25 oz.  
**Mario Sliced Black Ripe Olives**  
**2 for \$4**  
save big on 2 with your VIC card

2.8 - 3 oz.  
**Harris Teeter Real Bacon Bits or Pieces**  
**2 for \$5**  
save big on 2 with your VIC card

Select  
**McCormick Grinders**  
**2 for \$5**  
save big on 2 with your VIC card

4 oz.  
**Mrs. Cubbison's Tortilla or Wonton Strips**  
**2 for \$5**  
save big on 2 with your VIC card

10 oz.  
**Private Selection Petite Cherry or Medley Tomatoes**  
**2.99**  
save at least 50¢ each with your VIC card

16.9 oz.  
**Harris Teeter Classic, Extra Virgin or Light Olive Oil**  
**6.99**  
save big with your VIC card

**Harris Teeter Money Services**

Money Orders, Money Transfers, Bill Pay and Check Cashing \*Limits apply  
Visit Customer Service or [www.harristeeter.com](http://www.harristeeter.com)



\* Supplies are limited

— ways to —  
**SAVE**

my  Harris Teeter

every aisle. every day.

**PRICED  
LOW**

on essentials



Look Inside for More **GREAT SAVINGS!**

**Value Pack**  
VIC



every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

Heritage Farm  
**Chicken  
Thighs**

**1.29**  
per lb.

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

Smithfield  
**St. Louis  
Pork  
Spare Ribs**

**2.99**  
per lb.



every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

Farmers Market  
**Jumbo  
Cantaloupes**

**2 \$5**  
for

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

6 ct. Tray  
Farmers Market  
**Mini Seedless  
Cucumbers**

**2 \$5**  
for



every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

16 oz.  
Harris Teeter  
**Whipped Topping**  
**1.99** each

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

32 oz.  
Highland Crest  
**Half & Half**  
**2.79** each

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

12 oz.  
Sunshine  
**Evaporated Milk**  
**1.39** each



every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

8 oz.  
Harris Teeter  
**Pineapple Chunks**  
**.99** each

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

21 oz.  
Harris Teeter  
**Apple Pie Filling**  
**2.19** each

every aisle. every day.  
**PRICED  
LOW**  
on items you use the most

14.4 oz.  
Smart Way  
**Graham Crackers**  
**1.99** each

Prices valid May 15 through May 21, 2024.

PO1 PO1 PO1 PO1

# wine & beer

\*not available at all stores

**harris teeter**  
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

## 20% Off Case Wine Sale

Offers valid Thursday, May 16 - Sunday, May 19, 2024

All Wines • Mix or Match • Any Combination of 12 - 750 ml. or 6 - 1.5 ltr. bottles

750 ml.  
**Imagery**  
Cabernet or  
Sauvignon Blanc

**14.99**  
-20%

**11.99** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.

750 ml.  
**Cook's Brut,**  
**Cycles**  
Gladiator Cabernet  
or **Barefoot**  
Bubbly Brut

**9.99**  
-20%

**7.99** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.



750 ml.  
**Simi**  
Sauvignon Blanc or  
**J Vineyards** Pinot Gris  
or 12 pk. **Michelob Ultra**

**14.99** each



750 ml.  
**St. Hubert's**  
The Stag Cabernet or  
**Louis Martini**  
Sonoma Cabernet  
or 12 pk. **Cigar City**

**16.99** each



750 ml.  
**DAOU**  
Chardonnay or  
**Chalk Hill**  
Sonoma Chardonnay

**16.99**  
-20%

**13.59** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.



750 ml.  
**Root 66**  
Cabernet  
or Chardonnay

**8.99**  
-20%

**7.19** each

Final Price each when you buy any 12 - 750 ml. bottles case purchase during 4 DAY SALE, MAY 16 - 19, 2024.



750 ml.  
**Alamos** Malbec  
or 6 pk. **Sierra Nevada**

**10.99** each



750 ml.  
**Grove Mill**  
Sauvignon Blanc  
or 12 pk. **Happy Dad**  
or **SweetWater**

**16.99** each



12 pk.  
**Corona, Heineken,**  
**Stella Artois** or **Modelo**

**15.99** each



6 pk.  
**Athletic,**  
**Heineken 0.0**  
or **Mike's Hard**

**9.99** each



6 pk.  
**Victory, Blake's**  
or **New Belgium**

**10.99** each



12 pk.  
**Smirnoff or Mango Cart**  
or 15 pk. **Founders**

**17.99** each

save more  
with the  
**Harris Teeter**  
brand



64 oz.  
**Harris Teeter**  
**Grape Juice**

**2 \$6**  
for

save big on 2  
with your VIC card



10 oz.  
**Harris Teeter**  
**Maraschino**  
**Cherries**

**2 \$5**  
for

save big on 2  
with your VIC card



7 oz.  
**Harris Teeter**  
**Coconut**  
**Flakes**

**1.99**

save big  
with your VIC card



11.3 - 13 oz.  
**Harris Teeter**  
**Chip Blitz**  
**Cookies**

**2.79**

save big  
with your VIC card



15 ct.  
**Harris Teeter**  
**Protein Bars**

**6.49**

save big  
with your VIC card



12 pk. 12 oz.  
**Harris Teeter**  
**Seltzer Water**

**3.79**

save big  
with your VIC card



16 oz.  
**Harris Teeter**  
**Dry Roasted**  
**Peanuts**

**2.29**

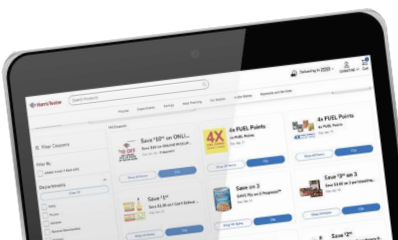
save big  
with your VIC card



150 ct.  
**Harris Teeter**  
**Disinfecting**  
**Wipes**

**5.69**

save big  
with your VIC card



**A GREAT WAY TO SAVE!**

**evic COUPONS**

EXCLUSIVE SAVINGS

Click online. Clip these offers. Save BIG!

Download savings directly to your VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout.

download  
these  
digital  
coupons



120 ct.  
**Bounce**  
**Fabric Sheets**

save

**\$1.50**  
each

When You Buy  
ONE (1)  
Bounce  
Fabric Sheets,  
120 ct.  
4/28/2024 - 5/25/2024



32 oz.  
**Armanino**  
**Meatballs**

save

**\$2.00**  
each

When You Buy  
ONE (1)  
Armanino Foods  
Frozen Meatballs,  
32 oz.  
5/1/2024 - 5/31/2024



14.8 oz. **Delizza**  
**Patisserie**  
**Product**

save

**\$1.50**  
each

When You Buy  
ONE (1)  
Delizza Patisserie  
Product, 14.8 oz.  
4/28/2024 - 5/25/2024



Look Inside for More GREAT SAVINGS!





Spring  
**Fresh Festival**  
at Harris Teeter

**Buy more,  
save more**  
with fresh ways to save

**eVIC e-VIC members only** weekly limit **10**

6 oz. **Yoplait Single Serve Yogurt**

**.47**

save at least \$1.30 over our already low VIC price when you buy 10

non e-vic member price **10/\$6**

All items must be purchased in a single transaction with your VIC card.

**eVIC e-VIC members only** weekly limit **4**

64 oz. **Silk Almondmilk**

**2.47**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

12 pk. 12 oz. Cans **Harris Teeter Soda**

**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

46 oz. **Blue Bunny Soft Serve Ice Cream**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 pk. 20 oz. **Gatorade Sports Drinks**

**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

4 pk. **Chobani Greek Yogurt**

**2 \$8**

save big on 2 with your VIC card

15.25 oz. **Duncan Hines Cake Mix**

**4 \$5**

save big on 4 with your VIC card

16 oz. **Private Selection Pasta**

**3 \$5**

save big on 3 with your VIC card

32 oz. **Harris Teeter Broth**

**2 \$3**

save at least 58¢ on 2 with your VIC card

12 oz. **Harris Teeter Flavored Mustards**

**4 \$5**

save big on 4 with your VIC card

6 - 12.87 oz. **Stouffer's or Lean Cuisine Entrees**

**3 \$9**

save big on 3 with your VIC card

12.7 oz. **Birds Eye Steamfresh Vegetables**

**2 \$5**

save big on 2 with your VIC card

8.8 oz. **Harris Teeter 90 Second Rice**

**3 \$5**

save big on 3 with your VIC card



**Fresh ways to save for spring**

Spring  
**Fresh Festival**  
at Harris Teeter

52 oz. **Planet Oat Oatmilk**

**2 \$6**

save big on 2 with your VIC card

32 oz. **Planet Oat Creamers**

**2 \$5**

save big on 2 with your VIC card

96 oz. **Almond Breeze Almondmilk**

**4.99**

save at least 50¢ each with your VIC card

16 oz. **Lactaid Sour Cream**

**2 \$6**

save big on 2 with your VIC card

5 - 8 oz. **Sargento Shredded Cheese**

**3.99**

save at least 80¢ each with your VIC card

6 - 8 oz. **Sargento Sliced Cheese**

**3.99**

save at least 70¢ each with your VIC card

9 - 12 oz. **Sargento Snack Cheese**

**2 \$7**

save big on 2 with your VIC card

2 pk. **Sargento Fun! Breaks** or 4.5 oz. **Balanced Breaks**

**2 \$7**

save big on 2 with your VIC card

12 oz. **Heluva Good! Dips**

**2 \$4**

save big on 2 with your VIC card

28 - 48 ct. **Ziploc Double Zip Storage Bags**

**5.99**

save at least \$2.00 each with your VIC card

10 - 20 ct. **Ziploc Slider Storage Bags**

**3.49**

save at least 79¢ each with your VIC card

22 oz. **Shout Stain Remover**

**3.99**

save big with your VIC card

4 - 12 oz. **Stem Insect Repellents**

**6.99**

save at least \$1.50 each with your VIC card

\* Supplies are limited

Live Naturally



# BIG Savings on Produce



12 oz. Private Selection Celery Sticks

**2 \$7** for

save big on 2 with your VIC card



.78 - 2.01 oz. Select Varieties Private Selection Spices

**25% off**

save big with your VIC card



12 oz. Select Varieties Harris Teeter Steamable or Non-Steam Vegetables

**3 \$5** for

save big on 3 with your VIC card



64 oz. Simple Truth Organic Grass-Fed Milk

**4.99**

save big with your VIC card



1 oz. Simple Truth Freeze-Dried Strawberries

**2 \$6** for

save big on 2 with your VIC card



7.8 oz. Simple Truth Organic Fruit & Grain Bars

**3.29**

save big with your VIC card



3 oz. Simple Truth Organic Rice Cakes

**2 \$4** for

save big on 2 with your VIC card



2 Roll Simple Truth Paper Towels

**2 \$5** for

save at least 98¢ on 2 with your VIC card



Farmers Market Golden Pineapples

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

1 lb. Farmers Market Campari Tomatoes

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12 oz. Farmers Market Ready Veggie Green Beans

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

3 lb. Bag Farmers Market Honey Crisp or Pink Lady Apples

**4.99** each

save big with your VIC card

Farmers Market Beefsteak Tomatoes

**1.99** per lb.

save big per lb. with your VIC card

11 oz. Driscoll's Sweetest Batch Blueberries

**7.99** each

save big with your VIC card

floral not available in all stores

Bright Colors! Farmers Market Fun Bunch

**8.99** each

save at least \$1.00 each with your VIC card

1 lb. Farmers Market Gold Kiwi

**4.99** each

save big with your VIC card

12.5 - 14 oz. Taylor Farms Stir Fry Kits

**4.49** each

save big with your VIC card

Farmers Market Red, Anjou or Bartlett Pears

**1.99** per lb.

save big per lb. with your VIC card

Farmers Market Green Asparagus

**3.99** per lb.

save big with your VIC card

Fantastic Savings! 5 Stem Sunflower Bunch

**6.99** each

save at least \$1.01 each with your VIC card

every aisle. every day.

**PRICED LOW**

on items you use the most

Farmers Market Green Kiwi **4 \$2** for

3 lb. Bag Farmers Market Fuji Apples **3.99** each

Farmers Market Large Lemons **2 \$1** for

2 ct. Tray Farmers Market Green Bell Peppers **3 \$5** for

big savings from our fresh foods market

Fresh Foods Market Cake Slices

**2 for \$7**

save at least 98¢ on 2 with your VIC card

16 oz. Galbani Mozzarella Log

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12 ct. King's Hawaiian Rolls

**2 for \$8**

save at least \$3.98 on 2 with your VIC card

Boar's Head Lower Sodium Deluxe Ham

**9.99** per lb.

save big per lb. with your VIC card

12 ct. Fresh Foods Market Fresh Baked Cookies

**4.99** each

save at least \$1.50 each with your VIC card

Fresh Foods Market Rotisserie Chicken Salad

**6.99** per lb.

save big per lb. with your VIC card

- ways to -  
**SAVE**  
my  Harris Teeter.





Look for quality and value *right here!*



You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.



Try it **FREE** for 30 days



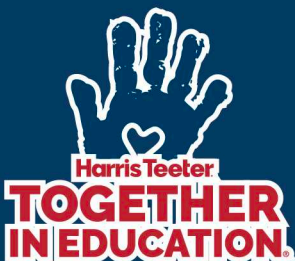
**FREE Delivery & 2X** 


Plus, **EXCLUSIVE** access to over \$100 in savings over a 12-month timeframe

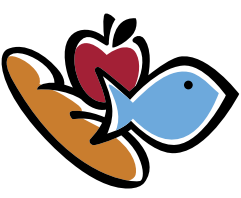
**START YOUR FREE TRIAL NOW**

New Way  
to Earn

**LINK. SIGN UP. EARN!**



- 1 LINK** your VIC Card
- 2 SIGN UP** for a **FREE TRIAL**  membership!
- 3 EARN** \$10 for your school



This Mental Health Awareness Month, P&G is **proud to support Pet Partners**, whose mission is to improve well-being through the human-animal bond.



24 Mega Roll  
**Charmin**  
Bath Tissue

8 Triple Roll  
**Bounty**  
Paper Towels

**29.99**

save at least \$4.00 each with your VIC card **VIC SAVINGS**

**24.99**

save at least \$5.00 each with your VIC card **VIC SAVINGS**



8 - 9.6 oz.  
**Pantene**  
Nutrient Blends  
Shampoo or Conditioner

**8.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



13.5 oz.  
**Old Spice**  
2 in 1  
Shampoo & Conditioner

**5.99**

save at least \$1.50 each with your VIC card **VIC SAVINGS**



18 oz.  
**Old Spice**  
Body Wash

**5.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



5.1 oz.  
**Old Spice**  
Body Spray

**6.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



1.7 oz.  
**Olay Regenerist**  
Multi-Sculpting Cream

**24.99**

save at least \$8.00 each with your VIC card **VIC SAVINGS**



2 ct.  
**Oral-B**  
Advantage  
Toothbrush

**5.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



6.6 oz.  
**Crest 3D White**  
Twin Pack Toothpaste

**9.99**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



28 ct.  
**Align Probiotic**  
Women's Dual Action

**35.99**

save at least \$2.00 each with your VIC card **VIC SAVINGS**



34 oz. Liquid  
or 12 - 16 ct. Pods  
**Tide**  
Laundry Detergent

**5.49**

save at least \$1.00 each with your VIC card **VIC SAVINGS**



24 oz.  
**Downy Infusions**  
In-Wash Scent Beads

**15.99**

save at least \$2.00 each with your VIC card **VIC SAVINGS**



23.6 oz.  
**Febreze**  
Fabric Refresher  
or 0.87 oz. Plug Refill

**5.49**

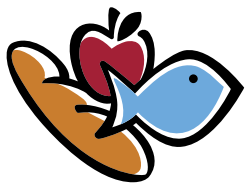
save at least \$1.00 each with your VIC card **VIC SAVINGS**



52 - 72 ct.  
**Pampers**  
Free & Gentle  
Baby Wipes

**2 \$5**  
for

save big on 2 with your VIC card **VIC SAVINGS**



**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 5.21.24

\* Supplies are limited



**Great finds  
for Feline friends**



2.64 oz.  
**SHEBA**  
Perfect Portions  
Cuts in Gravy

**5 \$6**  
for

save at least 79¢ on 5 with your VIC card



2.64 oz.  
**SHEBA**  
Perfect Portions  
Paté in Natural Juices

**5 \$6**  
for

save at least 79¢ on 5 with your VIC card



12 pk.  
**SHEBA**  
Perfect Portions  
Paté Multipacks

**13.99**

save at least \$3.00 each with your VIC card



12 pk.  
**SHEBA**  
Perfect Portions  
Cuts in Gravy Multipacks

**13.99**

save at least \$3.00 each with your VIC card

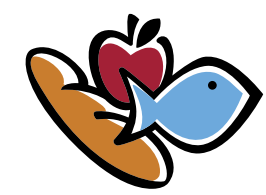


24 ct.  
**SHEBA**  
Perfect Portions  
Variety Value Packs

**24.99**

save at least \$4.00 each with your VIC card





**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 5.21.24

\* Supplies are limited



**Fresh sips  
for spring**



12 pk. 12 oz.

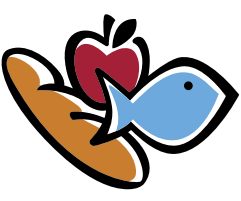
**La Croix Sparkling Water**

**2 for \$10**

save at least \$1.39 on 2 with your VIC card



**SHOPPER MARKETING**



# Build a better Burger with



8 oz.  
**Farmers Market  
Stuffer  
Mushroom Caps**

**2 \$7**  
for

save big on 2 with your VIC card



32 oz.  
**Private  
Selection  
Angus Beef Patties**

**11.99**

save big with your VIC card



32 oz.  
**Simple Truth  
Turkey Burgers**

**10.99**

save big with your VIC card



12 oz.  
**Harris Teeter  
Singles  
Wrapped Cheese**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



10 oz.  
**Farmers Market  
Romaine Blend or  
Hearts of Romaine**

**2.99**

save at least 50¢ each with your VIC card



2 pk.  
**Simple Truth  
Organic  
Scarlett Ray Tomatoes**

**3.99**

save at least 30¢ each with your VIC card



10 oz.  
**Private Selection  
Hot Pepper  
Bacon Spread**

**3.99**

save big with your VIC card



11 oz.  
**Harris Teeter  
Chicken sandwich  
or Burger Sauce**

**2 \$4**  
for

save big on 2 with your VIC card



20 oz.  
**Harris Teeter  
Yellow Mustard**

**1.59**

save big with your VIC card



12 oz.  
**Harris Teeter  
Barbecue Sauce**

**4 \$5**  
for

save big on 4 with your VIC card



16 oz.  
**Harris Teeter  
Thick & Chunky  
Salsa**

**2 \$4**  
for

save big on 2 with your VIC card



12 oz.  
**Simple Truth  
Organic Marinades**

**3.29**

save big with your VIC card



36 ct.  
**Harris Teeter  
Fun Pops**

**2 \$6**  
for

save big on 2 with your VIC card



12 ct.  
**Harris Teeter  
Ice Cream  
Sugar Cones**

**2 \$4**  
for

save big on 2 with your VIC card



12 ct.  
**Harris Teeter  
Ice Cream  
Cake Cups**

**2 \$3**  
for

save at least 98¢ on 2 with your VIC card



33.8 oz.  
**Simple Truth Organic  
Coconut Water**

**2 \$6**  
for

save big on 2 with your VIC card



6 oz.  
**HT Traders  
Popcorn**

**2 \$5**  
for

save at least \$1.98 on 2 with your VIC card



250 ct.  
**Harris Teeter  
Napkins**

**2 \$4**  
for

save at least \$1.58 on 2 with your VIC card



48 ct.  
**Harris Teeter  
Everyday Cutlery  
or 20 ct.  
Occasions  
Party Cups**

**2 \$4**  
for

save big 2 with your VIC card



40 - 50 ct.  
**Harris Teeter  
Everyday or  
Ultra Designer Plates**

**5.69**

save at least \$1.00 each with your VIC card



8 lb.  
**Harris Teeter  
Natural Hardwood  
Grilling Briquets**

**7.99**

save at least \$1.50 each with your VIC card

