

# FRESH CO

Lowering food prices



SAVE \$1.50/lb  
**1.99**  
/lb

Fresh Chicken Drumsticks  
4.39/kg  
reg 3.49/lb  
Pilons de poulet



SAVE \$1.70  
**4.99**

Burnbrae Farms Prestige Family Pack Large Eggs 18 pk  
Gray Ridge Premium Large Eggs 18 pk  
Selections vary by store  
reg 6.69  
Œufs



**1.88**  
/lb or ea

Strawberries 454 g  
Product of USA or Mexico No. 1 Grade  
Yellow Flesh Peaches  
Product of USA No. 1 Grade  
4.14/kg  
Fraises, pêches



100 PTS when you buy 2  
BUY MORE SAVE MORE  
BUY 2 OR MORE  
**8.99**  
ea

OR BUY 1 \$10.99  
Janes Pub Style Chicken Strips, Nuggets or Burgers Frozen 1.1 kg  
Janes Ultimates Boneless Chicken Bites Frozen 710 g  
reg 12.99-14.99  
Lanières, pépites ou burgers de poulet, bouchées de poulet



**2.99**  
Sweet Bell Peppers  
4 pk  
Product of Ontario  
Poivrons doux



100 PTS when you buy 1  
SAVE up to \$2.50  
**7.99**

Compliments Smoked Sausages 900 g,  
Flattened Herb & Garlic Pork Tenderloin 450 g or  
Sea Salt & Cracked Black Pepper Pork Belly 500 g  
reg 10.00-10.49  
Saucissons fumés, filet de porc ou poitrine de porc



**4.94**

Häagen-Dazs & Confectionery Ice Cream  
400-450 mL or  
Novelties 3-4 pk  
Crème glacée ou nouveautés



Scene+ MEMBER PRICING  
**11.88**  
with Scene+ Card  
**15.79**  
without Scene+ Card  
Gallo Oil 1 L  
Huile



SAVE up to \$4.88  
**3/\$4**

Unico Tuna 198 g  
Italpasta 900 g  
Primo Pasta Sauce 680 mL  
reg 2.49-2.79  
Thon, pâtes, sauce pour pâtes



SAVE \$2.01  
**1.98**

Foco 100% Coconut Water 1 L  
Selected Varieties  
reg 3.99  
Eau de coco

GET UP TO **2,500 PTS** That's like \$25 toward your groceries  
WHEN YOU LOAD THIS OFFER MAY 30 - JUNE 26, 2024

SPEND \$50+\*

1 <sup>st</sup> Shop	GET 250 PTS
2 <sup>nd</sup> Shop	GET 250 PTS
3 <sup>rd</sup> Shop	GET 250 PTS
4 <sup>th</sup> Shop	GET 1,750 PTS

LOAD THIS OFFER AND GET 250 PTS ON 4 TRANSACTIONS OF \$50+ AND GET A 1,500 PTS BONUS FOR USING ALL 4 OFFERS.  
See Back page for full terms & conditions. Card must be registered and offer must be loaded, eligible \$50+ transactions must occur on 4 separate days. 1,000 points = \$10 of free groceries.

DISCOVER FLAVOURS OF THE WORLD!

Flyer in effect May-June 2024  
Prices in Effect in Ontario. Excludes Thunder Bay  
THUR FRI SAT SUN MON TUES WED  
30 31 1 2 3 4 5

Scene+ 1000 PTS = \$10 OF FREE GROCERIES



**SAVE UP TO \$1**

**4.99**

Compliments  
Cheese Bars 400 g or  
Shredded Cheese 226-320 g  
reg 5.79-5.99  
Fromage



**SAVE \$1.00**

**3.99**

International Delight Coffee  
Whitener 946 mL reg 5.79  
Colorant à café



**SAVE \$7**

**10.99**

Maxwell House  
Coffee Pods 30 pk  
reg 17.99  
Dosettes de café



**SAVE UP TO \$3.00**

**9.99**

Always Pads or Liners 22-36 pk or  
Tampax Tampons 22-36 pk  
reg 10.99-13.29  
Serviettes ou protège-dessous ou tampons



**SAVE 50¢**

**3.99**

Dove Bar Soap 2 pk  
reg 4.49  
Pain de savon

## Scene™ TURN POINTS INTO GROCERIES



**200 PTS**  
when you buy 2

That's like  
**\$2**  
toward your groceries

**SAVE UP TO \$1.30**

**3.99**

McCain Premium Breakfast  
Potatoes 600-650 g or  
Premium Superfries  
454-650 g reg 4.99-5.29  
Pommes de terre



**100 PTS**  
when you buy 4

That's like  
**\$1**  
toward your groceries

**SAVE 80¢**

**2.69**

Astro Yogourt Tubs  
500-750 g reg 3.49  
Yogourt



**200 PTS**  
when you buy 4

That's like  
**\$2**  
toward your groceries

**SAVE \$1.98**

**4/\$10**

Annie's Macaroni & Cheese  
156-170 g  
reg 2.99  
Macaroni au fromage



**100 PTS**  
when you buy 2

That's like  
**\$1**  
toward your groceries

**SAVE \$1.24**

**3.25**

Doritos 210-280 g  
Ruffles 180-200 g  
reg 4.49  
Croustilles



**100 PTS**  
when you buy 2

That's like  
**\$1**  
toward your groceries

**SAVE \$1.24**

**4.29**

Pepsi Soft Drinks 6x710 mL  
reg 5.49  
Boissons gazeuses



**100 PTS**  
when you buy 1

That's like  
**\$1**  
toward your groceries

**SAVE UP TO \$2.50**

**7.49**

Fleecy Fabric Softener 2.6 L or  
Dryer Sheets  
120 pk  
reg 8.99-9.99  
Assouplissant ou feuilles

Scene™ 1000 PTS = \$10 OF FREE GROCERIES

**Scene™**  
**DIGITAL EXCLUSIVE**

MAY 30 - JUN 5, 2024



DOWNLOAD THE  
FRESHCO APP

**THAT'S LIKE**

**20%\*** back in PTS

For every dollar spent on Seedless Mini Cucumbers 6 pk  
French

\*terms and conditions apply



**Get 20 pts for every dollar spent on Seedless Mini Cucumbers, when you LOAD THIS OFFER to your card**

Offer valid May 30 - June 5, 2024. Offer must be loaded to registered Scene+ Card prior to transaction. Minimum \$50 spend must be made in a single transaction. Limit 1000 Points allotment per transaction, and four (4) total allotments on four (4) separate transactions. 1000 points bonus to be awarded within 4 weeks of the end of the offer period and qualifying purchases must be made on different days. Offer excludes taxes, rental fees, event tickets, third party sellers, pre-paid cards, postal products and services, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco, lottery, photo finishing and other products that are excluded by law. Offer valid at all FreshCo and Super FreshCo stores in Ontario. The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, food/dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCain/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. Offer valid Thursday, May 30, 2024 to Wednesday, June 5, 2024. Prices in effect while supplies last. We reserve the right to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may be discontinued by law. Limitations: 1. **LOWEST PRICE GUARANTEE:** Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario, No Frills, Food Basics, Real Canadian Superstore, and Real Canadian Superstore. Alberta, Saskatchewan, and Manitoba: No Frills, Real Canadian Superstore. West Mart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY**

This flyer is printed with vegetable based inks. Please recycle where facilities exist.



**2.99**  
/lb

**Red Seedless Grapes**  
Product of Mexico No. 1 Grade  
6.59/kg  
Raisins sans pépins

**1.99**  
/lb

**Tomatoes on the Vine**  
Product of Ontario  
**Eggplant or Zucchini**  
Product of Mexico or USA  
4.39/kg  
Tomates, aubergine ou courgettes



**3.99**  
Blueberries Pint  
Product of USA or Mexico No. 1 Grade  
Bleuets



**1.79**  
/lb  
Ambrosia Apples  
Product of Ontario  
Canada  
Extra Fancy  
Granny Smith Apples  
Product of USA  
Extra Fancy Grade  
3.95/kg  
Pommes



**2.49**  
/lb  
Green Sweet Bell Peppers  
Product of USA or Mexico  
Green Beans  
Product of Mexico 5.49/kg  
Poissons doux, haricots verts



**69¢**  
Corn  
Product of USA  
No. 1 Grade  
Maïs



**3.99**  
Compliments Bagged Seedless Oranges 3 lb  
Product of Egypt  
1.36 kg  
Golden Pineapples  
Product of Costa Rica  
Oranges sans pépins, ananas



**1.99**  
Romaine, Red or Green Leaf Lettuce  
Product of Canada  
Laitue



**2.99**  
Mini Seedless Cucumbers 6 pk  
Product of Ontario  
Canada No. 1  
Grape Tomatoes Pint  
Product of Ontario  
Mini concombres sans pépins, tomates



**4.99**  
Compliments Baby Spinach or Spring Mix  
312 g  
Product of USA  
Jeunes épinards ou mélange printanier

## WEEKLY DEALS EVERYDAY LOW PRICES

Look for these symbols while you shop.



**11.99**  
/lb  
Value Pack Beef Tri-Tip Steak  
Cut from Canada  
AA or Higher  
26.43/kg  
Bifteck de triangle



**2.99**  
/lb  
Fresh Chicken Thighs  
6.59/kg  
reg. 4.49/lb  
Cuisse de poulet



**6.99**  
Schneiders Pepperettes  
250-375 g  
reg. 9.99  
Bâtonnets de pepperoni



**1.99**  
ea  
OR BUY 1 \$2.49  
Maple Lodge Farms or Zabiha Halal Chicken Bologna or Wieners 375-450 g  
Bologna ou saucisses fumées de poulet



**14.99**  
Marcellino Chicken & Bacon Spiedini or Honey Garlic Beef Short Ribs  
480-500 g  
Brochettes de poulet et bacon ou bouts de côtes de boeuf



**14.99**  
Compliments Naturally Smoked Thick Cut Bacon  
1 kg  
Bacon



**7.99**  
Swiss Chalet or Montana's Meat Pies  
Frozen 470-655 g  
reg. 8.49-9.99  
Pâtés à la viande



**9.99**  
Compliments Sliced Deli Meat 400 g  
reg. 11.99-13.99  
Côtes, burgers



**2.49**  
Dempster's White or Whole Wheat Bread  
675 g  
Hamburger or Hot Dog Buns 8 pk  
Pain, pains à hamburger ou hot-dog



**2.79**  
Vachon Snack Cakes 252-336 g  
Dempster's 7" Tortillas  
272-340 g  
Petits gâteaux, tortillas



**4.99**  
Summer Fresh Dips 454 g  
Compliments Hummus 454 g  
Tremettes, hummus



**7.88**  
Compliments Sliced Deli Meat 400 g  
Charcuterie en tranches

Scene+

JOIN SCENE+ TODAY.

Scan the QR code to get started, or visit [sceneplus.ca/register](http://sceneplus.ca/register)





**SAVE UP TO \$1.99**  
**2.99** Liberté Greek Yogourt 4 pk or Méditerranée Yogourt 500 g



**SAVE \$2**  
**3.99** Simply Lemonade 1.54 L Limonade



**SAVE \$1**  
**5.99** International Delight Iced Coffee 1.89 L Café glacé



**SAVE \$2**  
**6.99** Becel Margarine 637-850 g



**100 PTS** when you buy 2  
That's like **\$1** toward your groceries  
**SAVE UP TO \$1.29**  
**4.29** Coca-Cola Soft Drinks 6x710 mL or Mini Cans 6x222 mL



**SAVE \$1**  
**6.99** San Pellegrino Naturali or Momenti Sparkling Drinks 6x330 mL



**BUY MORE SAVE MORE**  
**BUY 2 OR MORE**  
**2.22** OR BUY 1 \$2.99 Bear Paws 168-240 g Viva Puffs 300 g



**150 PTS** when you buy 2  
That's like **\$1.50** toward your groceries  
**SAVE UP TO \$1.29**  
**4.29** Christie Family Cookies Selected Varieties 303-520 g



**SAVE UP TO \$3**  
**5.99** Red Rose Orange Pekoe Tea Bags 144 pk Lipton Green Tea or Yellow Label Tea Bags 100 pk



**SAVE UP TO \$4**  
**8.99** Tim Hortons Single Serve K-Cups 10-12 pk



**SAVE \$1.49**  
**3.50** Que Pasa Chips 156-350 g



**SAVE 50¢**  
**2.99** Nature Valley Granola Bars or Betty Crocker Fruit Snacks Selected Varieties 128-230 g



**SAVE \$1**  
**2.99** Allen's Apple Juice 1.89 L SunRype Juice 1.36 L



**200 PTS** when you buy 2  
That's like **\$2** toward your groceries  
**SAVE 50¢**  
**2.49** Gatorade FIT 828 mL Gatorlyte 591 mL



**150 PTS** when you buy 2  
That's like **\$1.50** toward your groceries  
**SAVE UP TO \$1.29**  
**2.99** Old Dutch Potato Chips 235 g, Ridgies 200 g or Restaurant Tortilla Chips 275-290 g



**150 PTS** when you buy 3  
That's like **\$1.50** toward your groceries  
**SAVE 70¢**  
**3.49** Old Dutch Crunch 200 g Humpty Dumpty Snacks 250-300 g



**200 PTS** when you buy 2  
That's like **\$2** toward your groceries  
**SAVE \$2.50**  
**5.49** General Mills Cereal Selected 475-778 g



**SAVE UP TO \$2.50**  
**3.49** Quaker Cereal 350-500 g



**100 PTS** when you buy 2  
That's like **\$1** toward your groceries  
**SAVE 50¢**  
**3.99** Old El Paso Taco Kits 250-510 g



**100 PTS** when you buy 4  
That's like **\$1** toward your groceries  
**1.50** Cheetos Mac'N Cheese 164-170 g Rice or Pasta Roni 136-227 g



**SAVE \$1.30**  
**2.99** Takis 190-280 g



**SAVE UP TO \$1.02**  
**4.77** Bick's Pickles 1 L



**50 PTS** when you buy 5  
**SAVE 69¢**  
**\$1** Old El Paso Seasoning Mix 24 g



**SAVE UP TO \$5**  
**13.99** Tide Liquid 2.48 L Tide Pods 25-42 Un or Gain Flings! 890 g

**Scene+** **EARN REWARDS FASTER WITH UP TO 7,500 BONUS SCENE+ POINTS\*** with the Scotiabank Scene+ Visa® Card. Apply now at [scotiabank.com/earnpointsfaster](http://scotiabank.com/earnpointsfaster)

# HAPPY DRAGON BOAT FESTIVAL

PREFERRED ANGUS



Angus Beef  
Inside Round Stir-Fry  
Cut from Canada AA or Higher  
28.64/kg  
Intérieur de ronde de bœuf Angus

SAVE \$1/lb  
**12.99**  
/lb

CANADIAN BEEF



**4.99**  
/lb

Lychee  
Product of Mexico  
11.00/kg  
Litchi



**99¢**  
/lb

Bok Choy, Napa or Flat Cabbage  
Product of USA or Mexico  
2.18/kg  
Pak-choi ou chou



**1.88**  
/lb

Yellow or Brown Asian Pears  
Product of China  
Fancy Grade 4.14/kg  
Poires



**99¢**

Green Onions  
Product of Mexico  
Oignons verts



**2.99**

Dragon Fruit  
Product of Vietnam  
Pitaya



SAVE 51¢  
**2.28**

ChaCha Sunflower Seeds  
260 g  
Selected Varieties  
Graines de tournesol



SAVE 51¢  
**1.48**

Y&Y Longlife Egg or 3 Minute Chow Mein Noodles  
454 g  
Nouilles



20 PTS when you buy 1

SAVE \$1.41  
**3.88**

Tao Kae Noi Seaweed Roll  
27 g  
Selected Varieties  
Rouleau d'algues



20 PTS when you buy 1

SAVE \$2.11  
**6.88**

Samyang Noodles  
600-725 g  
Nouilles



20 PTS when you buy 1

SAVE \$2.91  
**4.98**

Baixiang Instant Noodle Soup  
555-565 g  
Selected Varieties  
Soupe de nouilles instantanée



20 PTS when you buy 1

SAVE 81¢  
**2.98**

Wei-Chuan Frozen Edamame  
454 g  
Selected Varieties  
Edamame



SAVE 61¢  
**2.88**

Huang Fei Hong Spicy Peanuts  
210 g  
Arachides



20 PTS when you buy 1

SAVE 91¢  
**3.88**

Orion Turtle Chips  
160 g  
Selected Varieties  
Croustilles



SAVE \$1.91  
**3.98**

Lotte Milkis  
1.5 L  
Boisson



SAVE \$1.91  
**4.98**

Korea Pocari Sweat Beverage  
1.5 L  
Boisson



SAVE \$1.19 ON 2/\$7

Thai Kitchen Green or Red Curry Paste  
112 g  
Pâte de cari



SAVE \$1.91  
**3.48**

Sheng Hsiang Jen Green Peas  
240 g  
Selected Varieties  
Pois verts



SAVE \$1.91  
**3.98**

KO&C Tea  
200 g  
Selected Varieties  
Thé



SAVE 51¢  
**1.98**

Nescafé 1+2 Coffee Mix  
150 g  
Mélange de café



SAVE \$4.01  
**9.98**

Sheng Hsiang Jen Fruit Jelly  
1500 g  
Selected Varieties  
Gelée de fruits



SAVE \$2.11  
**8.88**

Carole's Cheesecake  
500 g  
Gâteau au fromage



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY.

# FLAVOURS OF ITALY



2.99

Rapini  
Product of USA  
Rapini

Scene+  
MEMBER  
PRICING

\$8

with  
Scene+  
Card

\$10  
without  
Scene+  
Card



Compliments  
Trio 250 g  
Viandes froides

99¢

Milano Giant Lady  
Fingers Biscuits  
150 g  
Biscottes



SAVE 55¢  
4.44

Lavazza Espresso Bricks  
250 g  
Espresso



SAVE 50¢  
1.99

Emma Passata 660 mL or  
Divella Pasta 500 g  
Tomates, pâtes



SAVE 80¢  
3.99

Milano or Di Manno  
Cream Filled  
Croissants 300 g or  
Balconi Mix Max  
330 g  
Croissants ou petit-gâteau



SAVE \$1  
2.99

Loacker Wafers  
175 g, Tre Marie  
Wafers 140 g or  
Vicenzi Mini Pastry  
Snack 125 g  
Gaufrettes ou mini-pâtisserie



1.29

Brio 355 mL  
Soda



88¢

Unico Tomato  
Paste 156 mL  
Pâte de tomate



1.49

Unico Beans  
540 mL  
Fèves



SAVE 80¢  
2.49

Unico Olives  
375 mL  
Olives



SAVE 70¢  
2.99

Unico Peppers  
750 mL  
Piments



SAVE 50¢  
1.49

Aurora Sea Salt  
1 kg  
Sel



SAVE \$1.19¢  
4/\$5

Aurora Bouillon  
Cubes 66 g  
Cubes



SAVE 70¢  
2.99

Molisana  
Eggplants or  
Antipasto in Oil  
375 mL  
Aubergines ou  
antipasto



SAVE \$1.99  
5.99

Frangulla Grilled  
Mushrooms,  
Eggplant Strips or  
Cheese Stuffed  
Cherry Peppers  
314 mL  
Champignons,  
aubergines ou piments



SAVE \$1  
5.49

Callipo Tuna  
in Oil 2 pk  
Glass 160 g  
Thon



SAVE \$2.99  
9.99

Tutto Calabrian  
Hot Honey 180 g  
or Nduja Sausage  
Spread 170 mL  
Miel ou tartinaide



SAVE \$1  
3.49

Frangulla Olive or  
Artichoke Spread  
212 mL  
Mutti Pizza Sauce  
398 mL  
Tartinades ou sauce



SAVE \$2.99  
8.99

Frangulla  
Black Olive Spread  
or Pitted  
Calabrese Olives  
580 mL  
Oignons ou olives

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY LOCATION.

# GARDEN CENTRE DEALS



**6<sup>49</sup>**

Premium Assorted  
Annuals or Herbs  
1 Gallon Pot  
Annuelles ou herbes



**3/\$45**  
or \$15.99 ea

11" Premium  
Hanging Baskets  
Paniers



**3/\$45**  
or \$15.99 ea

Assorted Mixed  
Planters 11" Pot  
Jardinières



**\$2**  
ea

Flowering  
Annuals  
4" Pot  
Annuelles



**2/\$24**  
or \$12.99 ea

Assorted  
Annual Summer  
Sizzler Planters  
11" Pot  
Jardinières



**4/\$10**  
or \$2.50 ea

Compliments  
Black Earth Topsoil 25 L  
Terreau



**7<sup>99</sup>**

Citrosa 6" Pot  
Géranium



**19<sup>99</sup>**

Majesty Palms  
10" Pot  
Palmes



# EARN UP TO **7,500** WELCOME BONUS SCENE+ POINTS<sup>1</sup>

with the Scotiabank<sup>®</sup> Scene+<sup>™</sup> Visa<sup>\*</sup> Card.  
That's \$75 in groceries.<sup>^</sup>

**APPLY NOW**

<sup>1</sup>With minimum spend on everyday purchases in the first year. Other conditions apply. Offer subject to change.

<sup>\*</sup>Visa Int/Licensed user

<sup>^</sup>Scene+ points redeemed at any Participating Empire Location must be redeemed in increments of 1,000.

See full list of participating merchants across Canada at [Scotiabank.com/participatingstores](https://www.scotiabank.com/participatingstores).

<sup>2</sup>On all eligible purchases at participating grocery stores. Conditions Apply.



MONSIEUR  
**GUSTAV**™/MC

Simple and...  
sooo good.



Buy 2 & get

**100** Scene  
POINTS



**\$4.99** MONSIEUR  
GUSTAV  
Gouda cheese  
170 g  
Selected Varieties

**\$5.49** MONSIEUR  
GUSTAV  
Raclette  
150 g  
Selected Varieties



**\$6.99** MONSIEUR GUSTAV  
Saint-Paulin  
190 g  
Selected Varieties

**\$6.99** OKA  
Classique, Original, Beer  
190 g  
Selected Varieties

MAY 30 - JUNE 5, 2024

ONT