



WESTERN FOODS

6660 Sooke Road
Open 7 Days a Week 7:00am to 9:00pm
We reserve the right to limit quantities.
Items may not be exactly as shown
WESTERNFOODS.COM • 250.642.4134

YOUR COMMUNITY FOOD STORE



GROCERY

Cheez It Snack Crackers
191g



2/6⁰⁰

Nature Valley Granola Bars
175g-230g



2/7⁰⁰

Sharwoods Butter Chicken Cooking Sauce
395ml



2/6⁰⁰

Sunshine Valley Liquid Honey
500g



6⁴⁹

Unico Tomatoes
796ml



2/4⁰⁰

Voet's Organic Coffee
300g



7⁹⁹

El Paso Taco Seasonings
24g



1⁶⁹

Coca Cola Mini Bottles
8x300ml



6⁹⁹ +dep

Bick's Dill Pickles
Selected Varieties 1L



4⁴⁹

Sun-Rype Pure or Blended Juice
900ml **2²⁹** +dep

Budweiser Zero Non-Alcoholic Beer
12x355ml **17⁹⁹** +dep

Chef Boy-Ar-Dee Pasta in Meat Sauce
425g **2/5⁰⁰**

Pepsi Cola Products
2L **2/5⁰⁰** +dep

Unico Artichoke Hearts
680ml **5⁹⁹**

Tropic Isle Coconut Milk
400ml **2/4⁰⁰**

Peace Tea
695ml **4/5⁰⁰** +dep

Lays XXL Potato Chips
235g **2/8⁵⁰**

Dempster's Tortillas
10 inch **4²⁹**

China Lily Soya Sauce
483ml **3⁴⁹**

Classico Pesto
218ml **3⁹⁹**

Stove Top Stuffing
120g **2/4⁰⁰**

Old Dutch Boxed Potato Chips
220g **3/10⁰⁰**

Bakers Chocolate Chips
300g **3⁷⁹**

Gallo Extra Virgin Olive Oil
500ml **11⁹⁹**

Rockstar Energy Drinks
473ml **2/5⁰⁰** +dep

Havoc Snack Chips
190g **2/7⁵⁰**

De Cecco Pasta Nests
500g **3⁴⁹**

Ocean Spray Cranberry Cocktail
3L **7⁹⁹** +dep

Kraft Cheez Whiz
450g **4⁹⁹**

Sunmaid Raisins
750g **8⁴⁹**

Texana Long Grain Rice
2Kg **6⁴⁹**

Milkbone Farmers Medley Dog Treats
340g **4⁴⁹**

Purex Double Roll Bathroom Tissue
12's **9⁹⁹**

NATURAL FROZEN

Amy's **Burritos**
170g



3⁹⁹

Washington Honeycrisp Apples
1.96kg



89¢ /lb

PRODUCE

California **Short N Sweet Strawberries**
1Lb **3⁹⁹**

California **Curly Parsley**
Ea **79¢**

MEAT

Farmhouse Chicken Whole Fryers
8.49kg



3⁸⁵ /lb

DAIRY

Island Farms Sour Cream
500ml



3⁹⁹

NATURAL & ORGANIC

Tribal Coffee
400g



10⁹⁹

Bob's Red Mill Gluten Free Quick Oats
794g



8⁹⁹

GLUTEN FREE

Glutino **Gluten Free Pretzels**
400g



7⁹⁹

California **Snap Top Carrots**
2.18kg **99¢** /lb

Boneless Porkchops
10.99kg **4⁹⁸** /lb

Boneless Pork Center or Rib End Roast
10.59kg **4⁸⁰** /lb

Philadelphia Cream Cheese
340g **5⁹⁹**

Island Farms Whipping Cream
473ml **3²⁹**

Yoplait Source Yogurt
630g **3⁹⁹**

Pacific Foods Creamy Soup
1L



5⁹⁹

Everland Organic Pasta Sauce
739g



4⁹⁹

BAKERY

Made in Store **Mini French Bread**
Ea **1⁰⁹**

Mexico **Limes** **4/2⁰⁰**

Idaho **Sweet Onions**
3.28kg **1⁴⁹** /lb

Grimm's Sizzlin' Smokies
450g **7⁴⁹**

Grimm's Original, Hot or Honey Garlic Pepperoni
450g **8⁴⁹**

Glenwood Burgers
2.27kg **34⁴⁹**

Compliments Maple Bacon
375g **6⁹⁹**

Eggo Waffles
280g




2/7⁰⁰

Nuts to You Organic Tahini
500g



7⁴⁹

Ginger People Sushi or Minced Ginger
190g



5⁹⁹

Made in Store **Multigrain Buns 6's** **2⁶⁹**

Made in Store **Apple Spice Muffins 6's** **5⁸⁹**

BC **Butter Lettuce**
Ea **2⁹⁹**

BC **Hot House Tomatoes**
3.51kg **1⁵⁹** /lb

Fresh Wild Grey Cod Fillets
100g **3²⁹**

SEAFOOD

Wild Raw Argentina Prawns
454g **13⁹⁹**

BBQ Salmon Tips
100g **3⁷⁹**

Snowcrest Fruit Chunks or Berries
400g-600g **5⁴⁹**

McCain Potato Patties
1.3kg **6⁴⁹**

Everland Organic Dried Mango
150g



6⁴⁹

DELI

Grimm's **Turkey Breast Seasoned or Smoked**
100g **2⁴⁹**

California **Bunched Celery**
2.18kg **99¢** /lb

Mexico **Organic on The Vine Tomatoes**
5.49kg **2⁴⁹** /lb

Mexico **Organic Avocadoes** **4/5⁰⁰**

Loaded Potato Salad 100g **1²⁹**

German Butter Cheese 100g **2⁹⁹**

Fresh Fried Chicken Wings **2/3⁰⁰**

Giuseppe Thin Crust Pizza
480g **7⁴⁹**

Farming Karma Fruit Soda
6x285ml



6⁹⁹ +dep

THURSDAYS ARE Senior's Days - SAVE 10% ON MOST ITEMS

MORE Great specials in-store!
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PRICES IN EFFECT MAY 08 — MAY 14, 2024