

metro

SAVOUR SUMMER SAVINGS

on brands you can only find at metro



PRICES LOCKED DOWN
MAY 16TH TO JUNE 12TH, 2024

AMAZING DEALS YOU CAN'T MISS

SELECTION PICKLES OR KETCHUP 750 ml - 1 L SELECTED VARIETIES

SAVE \$1.50
2.99 ea.



SAVE \$3.98 on 2
2/\$10

LIFE SMART EXTRA LEAN GROUND CHICKEN OR TURKEY 450 g

IRRESISTIBLES LEMONADE OR ICED TEA DRINKS 1.5 L SELECTED VARIETIES

SAVE \$1.50
2.99 ea.



IRRESISTIBLES SPARKLING WATER 6 x 1 L SELECTED VARIETIES

SAVE \$2.35
4.44 ea.



SAVE UP TO \$2.50
4.99 ea.

IRRESISTIBLES ICE CREAM 1.5 L SELECTED VARIETIES

IRRESISTIBLES NEW YORK STYLE CHEESECAKE 600 g SELECTED VARIETIES

9.99 ea.



SELECTION S'MORES KIT 400 g

5.99 ea.



IRRESISTIBLES SHRIMP SKEWERS FROZEN, 400 g

SAVE \$2
9.99 ea.



SELECTION TURKEY BREAST DELI SLICED, 11.29/lb

2.49 /100 g



SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO





SAVE \$1
5.99
ea.

IRRESISTIBLES
ARTISAN DRY CURED BACON
375 g
SELECTED VARIETIES

IRRESISTIBLES
MINI MUFFINS
336 g
SELECTED VARIETIES

4.99
ea.



IRRESISTIBLES
ORANGE JUICE
1.54 L
SELECTED VARIETIES

4.99
ea.



5.99
ea.

IRRESISTIBLES
MARGARINE
907 g
SELECTED VARIETIES

WAKE UP TO SUMMER SAVINGS



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SELECTION
PEANUT BUTTER
1 kg
SELECTED VARIETIES

4.99
ea.



FOR A TASTY, PROTEIN-PACKED
BREAKFAST - ADD PEANUT BUTTER



FRONT STREET BAKERY
100% WHOLE WHEAT FLOUR



2.99
ea.

FRONT STREET BAKERY
ITALIAN OR FRENCH BREADS
450 g
SELECTED VARIETIES



SELECTION
CHEWY BAR
156 - 172 g
SELECTED VARIETIES

1.99
ea.



SAVE \$3
9.99
ea.

SELECTION
CHOCOLATE CHIPS
835 - 900 g, 1 kg
SELECTED VARIETIES



2.99
ea.

SELECTION
JUICE OR COCKTAILS
8 x 200 ml
SELECTED VARIETIES



BUY MORE

SAVE MORE!

CHECK OUT THESE
GREAT SAVINGS & MORE



2/\$10
LESS THAN 2
PAY 2.99 ea.

IRRESISTIBLES
COFFEE CAPSULES
12 UN
SELECTED VARIETIES



2/\$7
LESS THAN 2
PAY 3.99 ea.

IRRESISTIBLES
CRANBERRY JUICE
OR COCKTAILS
1.89 L
SELECTED VARIETIES



2/\$6
LESS THAN 2
PAY 3.99 ea.

SELECTION
CEREAL BARS
300 g
SELECTED VARIETIES

SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO



IRRESISTIBLES
ARTISAN SLICED
DELI MEAT OR CHEESE
100 - 180 g
SELECTED VARIETIES

749
ea.

SELECTION
SHREDDED CHEESE
SELECTED SIZES
SELECTED VARIETIES

SAVE UP
TO \$1.70
549
ea.



DELICIOUS DEALS ON LUNCH IDEAS



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IRRESISTIBLES
OLIVES STUFFED
WITH ALMONDS
375 ml



399
ea.

IRRESISTIBLES
GRANA PADANO
200 g



899
ea.

IRRESISTIBLES ARTISAN
PEPPERONI STICKS
300 g
SELECTED VARIETIES



799
ea.

SELECTION
SALSA
650 ml
SELECTED VARIETIES



399
ea.

SELECTION
CHEESE SLICES
SELECTED SIZES
SELECTED VARIETIES

SAVE UP
TO \$1.20
499
ea.



699
ea.

SELECTION
CHEESE STRINGS
336 g
SELECTED VARIETIES



SAVE \$2
599
ea.

IRRESISTIBLES
RISING CRUST PIZZA
SELECTED SIZES
SELECTED VARIETIES



Perfect for quick &
tasty meals - like
melts or quesadillas.

399
ea.

SELECTION
10" TORTILLAS
384 - 450 g
SELECTED VARIETIES

BUY MORE

SAVE MORE!

CHECK OUT THESE
GREAT SAVINGS & MORE



2/\$9
LESS THAN 2
PAY \$3.99 ea.

IRRESISTIBLES
FROZEN FRUITS
SELECTED SIZES
SELECTED VARIETIES



2/\$8
LESS THAN 2
PAY \$3.79 ea.

IRRESISTIBLES
FROZEN PIZZA
SELECTED SIZES
SELECTED VARIETIES



2/\$5
LESS THAN 2
PAY \$2.99 ea.

IRRESISTIBLES
CHIPS
130 - 150 g
SELECTED VARIETIES

SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO



**BUY MORE
SAVE MORE!**

2/\$10
LESS THAN 2
PAY 5.00 ea.

IRRESISTIBLES
RICOTTA, KOLBASSA
OR SELECTION FETA
200 - 400 g
SELECTED VARIETIES



PRODUCT
OF ITALY

SAVE \$1.50
3/49
ea.

IRRESISTIBLES
GLAZE OR
BALSAMIC VINEGAR
250 - 500 ml
SELECTED VARIETIES

GREAT VALUE ON LUNCH ESSENTIALS



PRICES LOCKED DOWN
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8/99
ea.

IRRESISTIBLES
PREMIUM ULTIMATE
SNACKING MIXES
550 - 700 g
SELECTED VARIETIES



2/\$7
OR PAY
3.99 ea.

IRRESISTIBLES
CROUTONS
145 g
SELECTED VARIETIES

IRRESISTIBLES
DRESSING
350 ml
SELECTED VARIETIES

3/49
ea.



2/99
ea.

IRRESISTIBLES
ROASTED
SUNFLOWER SEEDS
300 g
SELECTED VARIETIES

IRRESISTIBLES
PASTA SAUCE
650 ml
SELECTED VARIETIES

SAVE \$1.50
2/99
ea.



1/69
ea.

IRRESISTIBLES
TOMATOES
796 ml
SELECTED VARIETIES



4/99
ea.

SELECTION
CANOLA OR VEGETABLE OIL
946 ml
SELECTED VARIETIES



4/99
ea.

STORE MADE
BENTO KITS
253 - 279 g



1/49
ea.

SELECTION
BEANS
540 ml
SELECTED VARIETIES

**BUY MORE
SAVE MORE!**

CHECK OUT THESE
GREAT SAVINGS & MORE



2/\$5
LESS THAN 2
PAY 2.99 ea.

SELECTION
POPPIN' CORN
282 g
SELECTED VARIETIES



2/\$3
LESS THAN 2
PAY 1.99 ea.

SELECTION
LIGHT TUNA
85 - 170 g
SELECTED VARIETIES

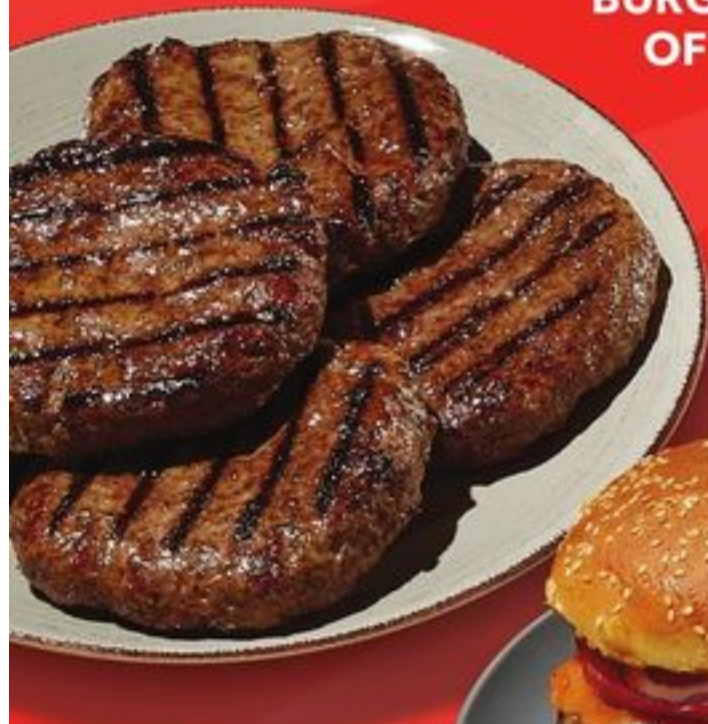


2/\$4
LESS THAN 2
PAY 2.49 ea.

SELECTION
PASTA
900 g
SELECTED VARIETIES

SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO

BUILD YOUR BEST
BURGER WITH A VARIETY
OF TASTY TOPPINGS



SAVE \$2
11.99
ea.

SELECTION
BEEF BURGERS
1.36 kg
FROZEN



2.99
ea.

IRRESISTIBLES
MAYONNAISE
300 ml
SELECTED VARIETIES

SELECTION
MAYONNAISE
750 - 890 ml
SELECTED VARIETIES

4.99
ea.



SELECTION
YELLOW MUSTARD
400 ml

1.49
ea.



SELECTION
PEPPER RINGS
750 ml

2.99
ea.



GREAT DEALS ON DINNER TIME



PRICES LOCKED DOWN
MAY 16TH TO JUNE 12TH, 2024



SAVE \$3
11.99
ea.

SELECTION
CHICKEN WINGS
800 - 850 g, FROZEN
SELECTED VARIETIES



25.00
ea.

FRESH 2 GO
MEAT LASAGNA
1.5 kg



SAVE \$1
5.99
ea.

LIFE SMART NATURALIA
PORK SAUSAGES
HOT OR MILD ITALIAN,
500 g



9.99
ea.

IRRESISTIBLES
PACIFIC WHITE LARGE
SHRIMP RING
312 g, FROZEN

REEL IN GREAT-TASTING SEAFOOD



7.99
ea.

IRRESISTIBLES ARGENTINIAN
WILD RAW SHRIMP
20-30 SIZE, 300 g
FROZEN

Farm-raised Tilapia
is a good source of
protein and Omega-3
fatty acids.



5.99
ea.

LIFE SMART NATURALIA
TILAPIA FILLETS
400 g
FROZEN



10.99
ea.

IRRESISTIBLES
TEMPURA SHRIMP
500 g
FROZEN

BUY MORE

SAVE MORE!

CHECK OUT THESE
GREAT SAVINGS & MORE



2/\$3.50
LESS THAN 2
PAY 2.49 ea.

SELECTION
SOFT DRINKS
2 L
SELECTED VARIETIES



2/\$6
LESS THAN 2
PAY 3.99 ea.

SELECTION
NATURAL SPRING WATER
24 x 500 ml



2/\$10
LESS THAN 2
PAY 6.99 ea.

SELECTION
SPARKLING WATER
12 x 355 ml
SELECTED VARIETIES

SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO

STOCK UP ON SUMMER SAVINGS



PRICES LOCKED DOWN
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SAVE \$2
4.99
ea.

SELECTION ICE POPS
SELECTED SIZES
SELECTED VARIETIES



SAVE UP TO \$2
4.99
ea.

SELECTION ICE CREAM SANDWICHES
SELECTED SIZES
SELECTED VARIETIES

IRRESISTIBLES TRIFLE CAKES
500 g
SELECTED VARIETIES

8.99
ea.



IRRESISTIBLES WAIKIKI OR SIGNATURE COOKIES
240 - 275 g
SELECTED VARIETIES

SAVE \$1.30
2.99
ea.



2/\$10
OR PAY \$4.49 ea.

SELECTION SUMMER CANDIES
325 - 400 g
SELECTED VARIETIES

2.49
ea.

SELECTION COTTON CANDY
60 g

SELECTION PARTY MIX OR CORN CHIPS
SELECTED SIZES
SELECTED VARIETIES

SAVE \$1
2.99
ea.



SAVE \$2
1.99
ea.

SELECTION PRETZELS OR CHEESE PUFFS
SELECTED SIZES
SELECTED VARIETIES



3.99
ea.

SELECTION TRAIL MIX
275 - 300 g
SELECTED VARIETIES

8.99
ea.

IRRESISTIBLES NON-ALCOHOLIC BEER
6 x 355 ml
SELECTED VARIETIES



2/\$6
OR PAY \$4.49 ea.

SELECTION WATER ENHANCER
48 ml
SELECTED VARIETIES



AMAZING LOW PRICES ON HOUSEHOLD HELPERS



4.49
ea.

SELECTION ECO COMPOSTABLE PAPER PLATES OR BOWLS
12 un
SELECTED VARIETIES



2.99
ea.

SELECTION ALUMINUM FOIL, PLASTIC WRAP OR PARCHMENT PAPER
SELECTED SIZES
SELECTED VARIETIES

1.99
ea.



SELECTION DISH SOAP
591 - 828 ml
SELECTED VARIETIES

1.99
ea.



PERSONNELLE FOAMING HAND WASH
251 ml
SELECTED VARIETIES



5.99
ea.

SELECTION ECO COMPOSTABLE NAPKINS
500 un



5.99
ea.

SELECTION PAPER TOWELS
6 = 8 rolls



9.99
ea.

SELECTION BATHROOM TISSUE
12 = 36 rolls



6.99
ea.

SELECTION FACIAL TISSUES
6 un

SUMMER SAVINGS ON BRANDS YOU CAN ONLY FIND AT METRO

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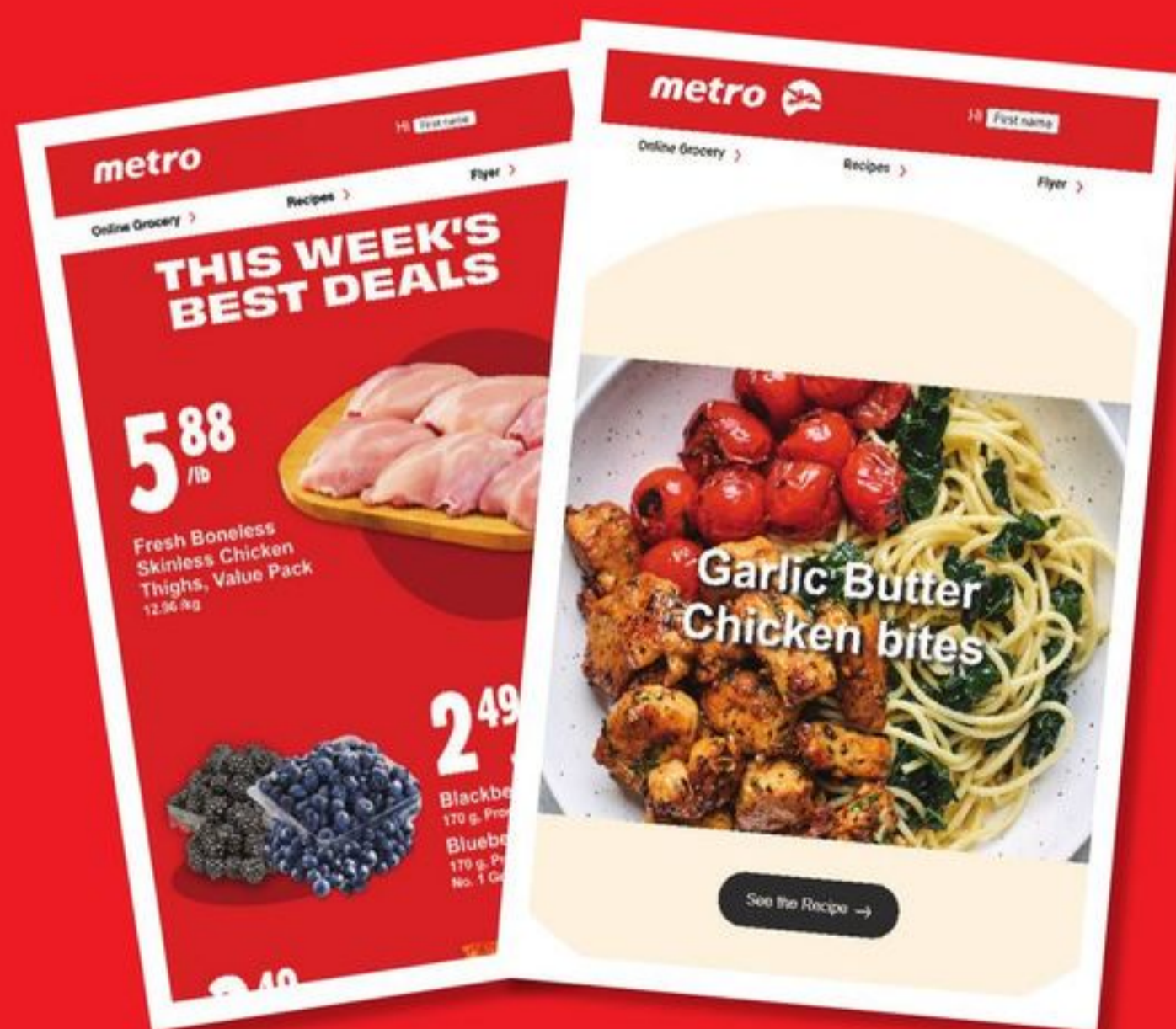


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