

# Blush Lane

## ORGANIC MARKET



May 26 - June 1 / 2024

Spread out the picnic blanket and dine al fresco with **premium snacks** this summer!



### Weekly Deals



**25% OFF**

NOW **2<sup>99</sup>**  
/100g

7 Seas  
**Sockeye Salmon Fillet**  
Reg. \$3.99/100g



**25% OFF**

NOW **7<sup>49</sup>**  
/lb (\$16.50/kg)

Local  
**Asparagus**  
Reg. \$9.99/lb (\$22/kg)  
Product of AB



**30% OFF**

NOW **5<sup>59</sup>**

Organic  
**Mini Watermelon**  
Reg. \$7.99/each  
Product of MEX



**OVER 25% OFF**

NOW **1<sup>89</sup>**  
/100g

Platinum Alberta  
**Premium Pork Tenderloin**  
Reg. \$2.59/100g

### Featured Deal



**30% OFF**

#### SeaSnax Seaweed Snacks

assorted sizes & prices

Naturally delicious, with no artificial flavours or preservatives. Sea Snax is the organic roasted seaweed snack that will surprise you with how addictive it can be. Enjoy SeaSnax wrapped around rice or other cooked grains, in your favorite soup, salad or sandwich, as a pizza topping, or just right out of the bag!

## Produce



Local

### Mini Cucumbers

Reg. \$5.99/1lb (454g) Bag  
Product of AB



Organic

### Avocados

Reg. \$2.49/Each  
(for your first 2)  
Product of MEX



Organic

### Blueberries Pint

Reg. \$9.99/1 Pint  
Product of USA



### Wildcrafted Fiddleheads

Reg. \$9.99/170g  
Product of BC  
\*Cook before eating

## Monthly Savings



### Yorkshire Valley Farms Organic Breaded Chicken Fillets or Bites

Reg. \$19.99/454-480g



Raincoast Global  
Sustainable  
Canned Tuna  
assorted prices/74-142g

Sales valid from May 26 - June 1 / 2024



May 29 – June 1

## Sip & Save

Save **25%** on select juices,  
sodas, kombuchas & more  
when you shop in store



# Grocery

20%  
OFF



Chosen Foods  
**Cooking Sprays, Oils,  
Mayonnaise & Dressings**  
assorted sizes & prices

OVER  
20%  
OFF



NOW  
**4<sup>99</sup>**

Lily's  
**No Sugar Chocolate Bars**  
Reg. \$6.49/80-85g

20%  
OFF



Mary's Organic  
**Gluten Free Crackers**  
assorted sizes & prices

25%  
OFF



NOW  
**4<sup>09</sup>**

The Good Crisp  
**Gluten Free Stacked Chips**  
Reg. \$5.49/160g

OVER  
20%  
OFF



NOW  
**6<sup>99</sup>**

Be Fresh  
**Organic Peanut Butter**  
Reg. \$8.99/500g

25%  
OFF



Pacific Foods  
**Organic Soups**  
assorted sizes & prices

20%  
OFF



NOW  
**3<sup>79</sup>**

Rise Kombucha  
**Organic Kombucha**  
Reg. \$4.79/414ml

OVER  
20%  
OFF



NOW  
**5<sup>29</sup>**

Saputo  
**Assorted Sliced Cheese**  
Reg. \$6.79/12x180g

OVER  
15%  
OFF



NOW  
**7<sup>29</sup>**  
TO  
**8<sup>99</sup>**

Beyond Meat  
**Plant Based Proteins**  
Reg. \$8.99-10.99/226-400g

## Grocery



Squamish Water Kefir  
**Frozen Probiotic Popsicles**  
 Reg. \$6.99/4x80ml

MAY 5 - JUNE 1

# A-May-zing Savings

Shop this month's unbeatable deals

**SHOP IN STORE**

\*product availability may vary

## Meat & Deli



Grimm's Fine Foods  
**European Wieners**  
 Reg. \$9.69/375g



Platinum Alberta  
**Regular or Maple Bacon**  
 Reg. \$13.49/454g



Platinum Alberta  
**Natural Grass Fed Ribeye Steak**  
 Reg. \$9.89/100g



Yorkshire Valley Farms  
**Organic Turkey Wieners**  
 Reg. \$13.29/300g

## Dine In



Konscious Foods  
**Assorted Sushi**  
 Reg. \$8.79-9.79/204-293g



Amy's Kitchen  
**Assorted Burritos**  
 Reg. \$4.99-5.99/170-369g

# Health & Beauty



**Smart Solutions  
Women's Health**  
assorted sizes & prices



**LEANFIT  
Collagen**  
Reg. \$29.99/253g



**Heritage Store  
Castor Oil & Rose Water**  
assorted sizes & prices



**Enerex  
All Products**  
assorted sizes & prices

Sales valid from May 26 - June 1 / 2024

**ASPEN WOODS,  
CALGARY**  
#3000 - 10 Aspen Stone  
Blvd SW  
t: 403 210 1247  
Mon - Sun | 8 am - 9 pm

**MARDA LOOP,  
CALGARY**  
2044 33rd Ave SW  
t: 587 535 6713  
Free 1 hour parking!  
Mon - Sun | 9 am - 9 pm

**BRIDGELAND,  
CALGARY**  
617 Meredith Rd NE  
t: 587 393 4041  
Free 45 min parking!  
Mon - Sun | 9 am - 9 pm

**WHYTE AVE,  
EDMONTON**  
8135 - 102nd Street NW  
t: 780 988 5655  
Sun - Fri | 9 am - 9 pm  
Saturday | 8 am - 9 pm

All items are available on sale at all Blush Lane Organic Markets between May 26-June 1/2024. All sales are valid while quantities last and are subject to availability. The sales in this flyer are exclusive to only Blush Lane Organic Market locations and may or may not be reflected as the regular or sale price between these dates at SPUD.ca. Blush Lane reserves the right to cancel these promotions at any time. Blush Lane Whyte Ave Edmonton does not carry all products shown in this flyer. All meat and seafood products mentioned in this flyer will only be available frozen, not fresh at the Blush Lane Whyte Ave location.

## The Blush Lane Wellness Club

Sign up for \$30 and save on health and body care all year long!

**MEMBERS RECEIVE  
15% OFF ON**



Protein & Herbal  
Powders



Cosmetics



Body Care



Homeopathy

