

food Basic

WOW

***\$1 BURGER**

1/4 LB

\$ WOWZA! \$4 EACH

FRESH 100% QUARTER POUND LEAN GROUND BEEF BURGERS PKG OF 4

\$1 EACH

DEL MONTE NECTAR OR OASIS HYDRA FRUIT 945 ML ALLEN'S APPLE JUICE 1 L SELECTED VARIETIES

\$1 EACH

SELECTION BBQ SAUCE 330 ML YELLOW MUSTARD 400 ML SELECTED VARIETIES

\$ WOWZA! \$1 EACH

\$1 EACH

IRRESISTIBLES POTATO CHIPS 130 - 150 G SELECTED VARIETIES

\$ WOWZA! \$1 EACH

HAPPY

GET READY TO SAVE! GREAT PRICES \$

MOST STORES CLOSED ON MONDAY M

JUST LOW PRICES

No gimmicks. Easy to understand prices.

2.99 EACH

IRRESISTIBLES BREAD 500 - 600 G ROLLS 6-12Z SELECTED VARIETIES

4.97 EACH

SELECTION SOFT DRINKS OR SPARKLING WATER 12 X 355 ML SELECTED VARIETIES

19.99 EACH

SELECTION QUARTER POUND BEEF BURGERS VALUE PACK 2.26 KG FROZEN SELECTED VARIETIES

12.98 EACH

10" HANGING BASKETS SELECT STORES & VARIETIES WHILE QUANTITIES LAST

food Basics

THE GROCER WITH THE BEST COMPETITIVE PRICES* wQw Leger



WOWZA!

ZABIHA HALAL FRESH EXTRA LEAN GROUND CHICKEN 450 G SELECTED VARIETIES

WOWZA!
388 EACH

FRESH BONE-IN PORK COMBINATION CHOPS INCLUDING CENTRE-CUT CHOPS 4.37/KG

WOWZA!
198 /LB

Fresh Florida

WOWZA!
298 EACH

SWEET ASSORTED PEPPERS PRODUCT OF MEXICO OR HONDURAS; PKG OF 4
SWEET CORN PRODUCT OF U.S.A., NO. 1 GRADE; PKG OF 4

STRAWBERRIES PRODUCT OF U.S.A. 454 G

WOWZA!
167 EACH

Real. Simple. Vreal. Satisfying.

NATURAL Top Dogs ORIGINAL

WOWZA!
298 EACH

SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS 375 G SELECTED VARIETIES

WE LOVE LOCAL Ontario

ASPARAGUS PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 4.37/KG

WOWZA!
198 /LB

8 PRE-SLICED BUN PREPARED

WOWZA!
177 EACH

SELECTION BUNS 875 SELECTED VARIETIES

Black Diamond

GENEVE CHEDDAR STYLE SLICES

410 g 22 SLICES

BLACK DIAMOND SLICES 410 G SELECTED VARIETIES

WOWZA!
245 EACH

Lay's

Magic Masala Masala magique

Classic Classique

WOWZA!
275 EACH

LAY'S POTATO CHIPS 130 - 225 G SELECTED VARIETIES

FAMILY SIZE

Honey Nut Cheerios

WHEAT GRAIN FREE

Cinnamon Toast Crunch

GENERAL MILLS FAMILY SIZE CEREAL 475 - 725 G SELECTED VARIETIES

WOWZA!
547 EACH

OLD CHEDDAR FORT

French Cheddar Cheddar à la française

HELVA GOOD! DIP

SELECTION CHEESE SHREDS 320 G
HELVA GOOD! DIP 680 G SELECTED VARIETIES

WOWZA!
444 EACH

12

PEPSI, 7UP, COCA-COLA OR CANADA DRY 12 X 355 ML SELECTED VARIETIES

WOWZA!
625 EACH

HAPPY VICTORIA DAY!

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MAY 16TH TO WEDNESDAY, MAY 22ND, 2024
MOST STORES CLOSED ON MONDAY MAY 20TH. SEE LOCAL STORE OR FOODBASICS.CA FOR DETAILS.

WOWZA!



\$ 5.49
EACH

ACTIVIA YOGOURT 125
OIKOS GREEK YOGURT 650 - 750 G
PHILADELPHIA CREAM CHEESE
PRODUCT 340 G SELECTED VARIETIES



\$ 2.49
EACH

IRRISISTIBLES
HUMMUS OR
DIPS
200 - 227 G
SELECTED VARIETIES



\$ 3.99
EACH

LACTANTIA PURIFILTRE MILK OR
BEATRICE CHOCOLATE MILK 2 L
ASTRO ORIGINAL YOGURT 125
SELECTED VARIETIES



\$ 2.99
EACH

SMART ONES OR
IRRISISTIBLES MEALS
230 - 320 G FROZEN SELECTED VARIETIES



\$ 2.99
EACH

TROPHY
CASHEW
HALVES
200 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



\$ 4.49
EACH

DR. OETKER
RISTORANTE PIZZA 320 - 390 G
CASA DI MAMA 395 - 410 G FROZEN
SELECTED VARIETIES



\$ 5.49
EACH

GATORADE SPORT DRINKS
6 X 501 ML, 6 X 355 ML
SELECTED VARIETIES



\$ 2.99
EACH

McCAIN
FRENCH
FRIES
454 - 650 G
FROZEN
SELECTED VARIETIES



\$ 7.49
EACH

CASHMERE BATHROOM TISSUE 12 - 24
SPONGE TOWELS ULTRA OR
SCOTTIES FACIAL TISSUE 65
SELECTED VARIETIES



\$ 8.99
EACH

MAXWELL HOUSE
GROUND COFFEE
900 - 925 G
TETLEY TEA 215 G
SELECTED VARIETIES



\$ 21.99
EACH

TIDE LAUNDRY DETERGENT
94 - 100 LOADS, 3.9 L
TIDE PODS OR GAIN FLINGS
65 - 75 G
CASCADE DISHWASHER DETERGENT
90 - 110'S SELECTED VARIETIES



\$ 34.99
EACH

PAMPERS
BABY-DRY OR
SWADDLERS
DIAPERS
108 - 160'S
SELECTED VARIETIES

***IN STOCK POLICY:** Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. For the flyer applicable to your area, go to foodbasics.ca/flyer or see the flyer at your local store. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional errors that may occur in the copy or in illustration. References to savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. UNAUTHORIZED COPYING OF THIS FLYER IN ANY MEDIUM (INCLUDING POSTING ONLINE) WITHOUT THE PRIOR WRITTEN CONSENT OF METRO ONTARIO INC. IS NOT PERMITTED. CUSTOMER CARE: 1-866-595-5554

DOUBLE THE DIGITAL DEALS WITH YOUR FOOD BASICS APP

DIGITAL DEAL OF THE WEEK
SAVE 50¢



DIGITAL DEAL Food Basics
349
EACH
\$3.99 WITHOUT COUPON

CHRISTIE PREMIUM PLUS CRACKERS*
450 - 500 G
SELECTED VARIETIES

DIGITAL DEAL OF THE WEEK
SAVE 50¢



CHRISTIE
BITS & BITES OR
CRISPERS
SNACKS*
145 G
SELECTED VARIETIES

DIGITAL DEAL Food Basics
199
EACH
\$2.49 WITHOUT COUPON

food
Basics

Download on the
App Store

GET IT ON
Google Play

Visit our app for details.

*Limit one per customer, per transaction.



✓ ALWAYS FRESH

✓ ALWAYS GREAT PRICES

✓ ALWAYS IN STOCK

ALWAYS Save Every Day



SELECTION BREAD
875 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.99
EACH



SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER
750 G + 1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
4.44
EACH



SELECTION CHICKEN WIENERS
450 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
2.49
EACH



SELECTION OR LIFE SMART DICED TOMATOES
540 - 796 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.77
EACH

**ALWAYS
MORE
FOR LESS**

**MEANS
MORE**

Ways to Save



**OVER 3000
WEEKLY DEALS
IN STORE**

ALWAYS GREAT PRICE
249
EACH

**EVERYDAY
LOW PRICES**



DIGITAL DEAL
399
EACH
\$4.99 WITHOUT COUPON

**EXCLUSIVE
APP
OFFERS**



**LOCKED
DOWN**

Inevitables
Selection

**PRIVATE LABEL
SAVINGS**

V.I.P.
VERY INCREDIBLE
PRICE EVENT

**CRAZY
SALE 8**

**WOW
ZA!**

DANONE
ONE PLANET. ONE HEALTH

DANONE GO!
DRINKABLE YOGURT
150 mL
SELECTED VARIETIES
75¢ EACH

DANONE DANINO
DRINKABLE YOGURT
1.5 L
SELECTED VARIETIES
2.99 EACH

DANONE TWO GOOD
GREEK YOGURT
1.5 L
SELECTED VARIETIES
3.99 EACH

ACTIVIA
YOGURT
500 G
SELECTED VARIETIES
3.33 EACH

SILK
ALMOND BEVERAGE
UNSWEETENED
REGULARLY BOTTLED
30 CALORIES
HIGH CALCIUM
946 mL
SELECTED VARIETIES
2/\$5

BIMBO
CANADA'S

Dempster's
ENGLISH MUFFINS
ANGLAIS
WHOLE GRAIN
GRAINS ENRICHED
SELECTED VARIETIES
1.99 EACH

THOMAS'S
BREAKFAST BREAD OR SUN-MAID
RAISIN BREAD
SELECTED VARIETIES
4.49 EACH

Stonemill
NATURALLY FERMENTED
SPROUTED RYE & 12 GRAINS
SELECTED VARIETIES
4.49 EACH

Stonemill
NATURALLY FERMENTED
QUINOA & FLAX
SELECTED VARIETIES
4.49 EACH

Dempster's
ENGLISH MUFFINS
PLAIN NATURE
SELECTED VARIETIES
1.99 EACH

Dempster's
10" TORTILLAS
PLAIN OR WHOLE GRAIN
6 PK
SELECTED VARIETIES
3.99 EACH

Takis
TORTILLA CHIPS
SELECTED VARIETIES
2/6.50

Keurig DrPepper
Canada

MOTT'S
CLAMATO
Extra Spicy
1.89 L
SELECTED VARIETIES
2/\$7

Budweiser
ZERO ALCOHOL BEER
12 x 355 mL
SELECTED VARIETIES
12.99 EACH

CORONA
SUNBREW ALCOHOL FREE BEER
12 x 355 mL
SELECTED VARIETIES
17.99 EACH

MOTT'S
CLAMATO
The Original
500 mL
SELECTED VARIETIES
2/\$7

KEURIG
VAN HOUTTE
FAMILY BLEND
120 g
SELECTED VARIETIES
8.99 EACH

McCafé
100% ETHICALLY SOURCED
ARABICA BEANS
PREMIUM ROAST
30 CAPSULES
SELECTED VARIETIES
19.99 EACH

KEURIG
VAN HOUTTE
CLASSIC BLACK
NON CLASSIQUE
110 g
SELECTED VARIETIES
8.99 EACH

McCafé
COFFEE CAPSULES
30'S
SELECTED VARIETIES
19.99 EACH

SOFINA

JANES
PUB STYLE
chicken Strips
70g
SELECTED VARIETIES
8.99 EACH

JANES
PUB STYLE
Wings
GARLIC
SELECTED VARIETIES
8.99 EACH

JANES
PUB STYLE
FULLY COOKED BREADED
CHICKEN, TURKEY OR
CHICKEN WINGS
600 - 700 G FROZEN
SELECTED VARIETIES
8.99 EACH

MASTRO
SALAMETTI
SALAMI
300 g
SELECTED VARIETIES
4.44 EACH

MASTRO
CHARCUTERIE
CHICKEN PATÉ
SELECTED VARIETIES
6.49 EACH

MASTRO
BABY GENOA OR
SLICED DELI GENOA OR
SAN DANIELE
MORTADELLA OR
SLICED PROSCIUTTO
200 - 250 G SELECTED VARIETIES
WHILE QUANTITIES LAST
8.99 EACH

JANES
ultimates
Tender & juicy
BURGERS
852 g (6 Burgers)
SELECTED VARIETIES
11.99 EACH

MASTRO
MORTADELLA
MORTADELLA
SELECTED VARIETIES
8.99 EACH

CLOROX

Pine-Sol
4X CLEANING ACTION
LACTON REPTOANTS
LAUNDRY FRAICHEUR
CAUTION
SELECTED VARIETIES
3.99 EACH

CLOROX
BLEACH
2.4 L
PINE-SOL
ALL PURPOSE
CLEANER
1.41 L
SELECTED VARIETIES
3.99 EACH

GLAD
ClingWrap
30' x 18"
TIGHT SEAL
FRESHNESS
S.O.S. PADS
10'S
SELECTED VARIETIES
1.99 EACH

GLAD
BLACK
REGULAR 74 L
40 BAGS
80 x 63 cm | 26 x 33 in
SELECTED VARIETIES
11.49 EACH

LIQUID-PLUMR
DRAIN CLEANER
600 mL
CLOROX
CLEAN-UP
BATHROOM CLEANER
887 - 800 mL
SELECTED VARIETIES
3.99 EACH

BRITA
WATER JUG OR
WATER FILTERS
SELECTED VARIETIES
20.99 EACH

Lou's KITCHEN

Lou's KITCHEN
PHILLY-STYLE
SHAVED STEAK
400 g
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BIFTECK ÉMINCE
STYLE PHILLY
400 g
SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BEEF POT ROAST
AU JUS
RÔTI DE BŒUF
BRAISÉ AU JUS
400 - 450 G SELECTED VARIETIES
8.99 EACH

Lou's KITCHEN
BBQ PORK
BACK RIBS
385 - 410 G
SELECTED VARIETIES
8.99 EACH

MANDARIN
BBQ PORK
BACK RIBS
385 - 410 G
SELECTED VARIETIES
8.99 EACH

SMOKED PULLED PORK
PORC EFFILOCHÉ
FUME
500 g
SELECTED VARIETIES
12.99 EACH

BRISKET BURNT ENDS
POINTES BRÛLÉES
DE POITRINE DE BŒUF
400 - 550 G
SELECTED VARIETIES
12.99 EACH

ROUTE 66
SMOKED HOUSE
STYLE BEEF OR PORK
400 - 550 G
SELECTED VARIETIES
12.99 EACH

Johnsonville

JOHNSONVILLE
BREAKFAST SAUSAGES
OR ROUNDS
250 - 375 G
SELECTED VARIETIES
WHILE QUANTITIES LAST
3.99 EACH

JOHNSONVILLE
DINNER SAUSAGES
300 G
SELECTED VARIETIES
4.99 EACH

JOHNSONVILLE
ORIGINAL RECIPE
SMOKED SAUSAGES
375 G
SELECTED VARIETIES
WHILE QUANTITIES LAST
4.99 EACH

JOHNSONVILLE
CHEDDAR CHEESE
FRONTAGE CHEDDAR
375 g
SELECTED VARIETIES
4.99 EACH

PRODUCE



SWEET POTATOES
PRODUCT OF U.S.A.
LARGE SWEET PURPLE POTATOES
PRODUCT OF HONDURAS
2.82/KG

THIS WEEK ONLY

128
/LB



BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO

THIS WEEK ONLY

198
EACH



BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE 150 - 170 G

LIMES
PRODUCT OF MEXICO OR BRAZIL, 1 LB BAG

THIS WEEK ONLY

298
EACH



SEEDLESS WATERMELON
PRODUCT OF U.S.A.

THIS WEEK ONLY

598
EACH



CLEMENTINES
PRODUCT OF MOROCCO
2 LB BAG

KIWIS
PRODUCT OF GREECE
600 G

THIS WEEK ONLY

398
EACH



BLUEBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE PINT

RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, 170 G

THIS WEEK ONLY

398
EACH



GREEN GIANT SRAW SALADS
340 G
SELECTED VARIETIES

RED SEEDLESS GRAPES
PRODUCT OF CHILE
NO. 1 GRADE
8.77/KG

EXTRA LARGE

THIS WEEK ONLY

2/\$5

398
/LB



LEMONS
PRODUCT OF SOUTH AFRICA
2 LB BAG

GREEN BEANS
PRODUCT OF U.S.A.
340 G

THIS WEEK ONLY

398
EACH

377
EACH



TOMATOES ON THE VINE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
4.37/KG

WE LOVE LOCAL

THIS WEEK ONLY

198
/LB



SEEDLESS CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

WE LOVE LOCAL

THIS WEEK ONLY

2/\$3



PORTABELLINI MUSHROOMS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE 334 G

ATTITUDE SALADS OR SALAD KITS
PRODUCT OF CANADA OR U.S.A.
155 - 312 G SELECTED VARIETIES

WE LOVE LOCAL

THIS WEEK ONLY

488
EACH



CHERRIES
PRODUCT OF U.S.A.
NO. 1 GRADE
13.18/KG

WE LOVE LOCAL

THIS WEEK ONLY

598
/LB



AVOCADOS
PRODUCT OF MEXICO OR PERU, BAG OF 5 OR 6

YELLOW VIDALIA ONIONS
PRODUCT OF U.S.A., NO. 1 GRADE 3 LB BAG

THIS WEEK ONLY

488
EACH

398
EACH



CAULIFLOWER
PRODUCT OF U.S.A., NO. 1 GRADE

THIS WEEK ONLY

398
EACH



CHOPPED KALE
PRODUCT OF U.S.A.
284 G

CHERRY TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE 255 G

HEIRLOOM TOMATOES
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
567 G

WE LOVE LOCAL

THIS WEEK ONLY

349
EACH

298
EACH



LIGHTHOUSE RANCH DIPS
340 G
SELECTED VARIETIES

FRUIT OR VEGETABLE TRAY
920 G - 1.13 KG
SELECTED VARIETIES

THIS WEEK ONLY

399
EACH

1099
EACH

MEAT



FRESH WHOLE CHICKEN WINGS
BAGGED
INCLUDING ZARBA MARGAL
8.80/KG

THIS WEEK ONLY

399
/LB



PRIME RAISED WITHOUT ANTIBIOTICS FRESH CHICKEN DRUMSTICKS OR THIGHS FAMILY PACK
AIR CHILLED
8.80/KG

THIS WEEK ONLY

399
/LB



COHO SALMON FILLET
PREVIOUSLY FROZEN
26.43/KG

THIS WEEK ONLY

1199
/LB



FRESH BONELESS SKINLESS CHICKEN THIGHS FAMILY PACK
15.41/KG

THIS WEEK ONLY

699
/LB



SELECTION BACON
375 G SELECTED VARIETIES

THIS WEEK ONLY

399
EACH



FRESH BONELESS SIRLOIN TIP ROASTS OR FAMILY PACK STEAKS
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF
22.02/KG

THIS WEEK ONLY

999
/LB



SCHNEIDERS MEAT PIES
400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

399
EACH



MAPLE LODGE OR SUPREME CHICKEN FRANKFURTERS
300 G
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH



LEGACY MARINATED BONE-IN PORK CHOPS OR FLATTENED PORK TENDERLOIN
400 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY

699
EACH



MARGANGELO SOUVLAKI OR CHICKEN MEDALLIONS
200 - 340 G
SELECTED VARIETIES

THIS WEEK ONLY

799
EACH



BALDERSON CHEDDAR
250 G
SELECTED VARIETIES

THIS WEEK ONLY

749
EACH



TRE STELLE PARMIGIANO REGGIANO OR PADANO OR PECORINO ROMANO
200 G
SELECTED VARIETIES

PRODUCT OF ITALY

THIS WEEK ONLY

799
EACH



PILLER'S MEAT SNACKS
200 - 300 G
SELECTED VARIETIES

THIS WEEK ONLY

849
EACH



IRRESISTIBLES SLICED DELI CHEESE
200 G
SELECTED VARIETIES

THIS WEEK ONLY

499
EACH



PROVOLONE
200 G
SELECTED VARIETIES

THIS WEEK ONLY

499
EACH



COOKED-CUITES
100-150
200 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

899
EACH



ANCHOR'S BAY WHOLE TILAPIA OR COOKED SHRIMP
31 - 40 CT
400 G - 1.34 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

749
EACH



BEYOND MEAT BURGERS, SAUSAGES OR BREADED STRIPS
200 - 400 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH



VILLAGGIO BREAD
530 - 675 G
BUNS
6 - 8'S
SELECTED VARIETIES

THIS WEEK ONLY

299
EACH



DEMPSTER'S BAGELS
375 - 510 G
SELECTED VARIETIES

DIMPFLIEIER BREAD
454 - 500 G
SELECTED VARIETIES

THIS WEEK ONLY

299
EACH



HOSTESS MINI DONUTS
269 G

SARA LEE MUFFINS OR COOKIES
125 - 228 G
SELECTED VARIETIES

THIS WEEK ONLY

379
EACH



DON'S BAKERY RAISER BUNS
300 G

SELECTION GARLIC TOAST
400 G

THIS WEEK ONLY

299
EACH



SELECTION SNACK TUBS
400 - 500 G
SELECTED VARIETIES

SELECTION COOKIES
75 G
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES. ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

LOCKED DOWN



BECEL MARGARINE OR MARGARINE STICKS
427-454 G
SELECTED VARIETIES



SHAW'S ICE CREAM
1.5 L
SELECTED VARIETIES



LOCKED DOWN **4.49**
EACH



LOCKED DOWN **6.99**
EACH



DANONE OIKOS GREEK YOGURT
4 X 100 G
SELECTED VARIETIES

LOCKED DOWN **3.49**
EACH



GAY LEA NORDICA COTTAGE CHEESE
750 G
SELECTED VARIETIES

LOCKED DOWN **5.99**
EACH



BEN'S ORIGINAL CONVERTED RICE
2.2 KG

LOCKED DOWN **7.99**
EACH



HERSHEY CHOCOLATE BARS
43-58 G
SELECTED VARIETIES

LOCKED DOWN **99¢**
EACH



BEN'S ORIGINAL FAST & FANCY RICE
1.2 G
SELECTED VARIETIES

LOCKED DOWN **2/\$3**



SWANSON SKILLET OR OVEN EASY MEALS
879 G - 1.19 KG
FROZEN
SELECTED VARIETIES

LOCKED DOWN **9.99**
EACH



NUTELLA
725 G
SELECTED VARIETIES

LOCKED DOWN **5.99**
EACH



SAPORITO VEGETABLE, CANOLA OR SUNFLOWER OIL
1 L
CORN OIL
2.84 L
SELECTED VARIETIES

LOCKED DOWN **9.99**
EACH



TABASCO SAUCE
97 mL
SELECTED VARIETIES

LOCKED DOWN **2.99**
EACH



EARTH'S OWN OAT BEVERAGE
346 mL
SELECTED VARIETIES

LOCKED DOWN **2.99**
EACH



McSWEENEY'S BEEF JERKY
70 G
SELECTED VARIETIES

LOCKED DOWN **5.49**
EACH



MONSTER ENERGY DRINKS
4 X 473 mL
SELECTED VARIETIES

LOCKED DOWN **8.99**
EACH



AIR WICK ESSENTIAL OILS KIT
200 mL
SELECTED VARIETIES

LOCKED DOWN **6.99**
EACH



PLEDGE FURNITURE POLISH
275 G
SELECTED VARIETIES

LOCKED DOWN **6.99**
EACH



FLEECY FABRIC SOFTENER LIQUID OR SHEETS
1.07 L, 2.8 L
SELECTED VARIETIES

LOCKED DOWN **7.99**
EACH



MILK-BONE DOG TREATS
700 G
SELECTED VARIETIES

LOCKED DOWN **9.49**
EACH

\$300,000 MASSIVE MONEY YOUR **\$300K** COULD BE A SCRATCH AWAY! **PLAY TODAY!**

Available at **food Basics**

For more information, 1-800-987-9006

Ticket not exactly as shown. At time of purchase, some prizes may have already been claimed.

ALWAYS GREAT PRICE



SELECTION FLOUR
2.5 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



IRRESISTIBLES ICE CREAM
1.5 L
NOVELTIES
8-15
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



ALWAYS GREAT PRICE 
2.27
EACH

SELECTION SHREDDED COCONUT
200 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.57
EACH

SELECTION VEGETABLES
500 - 750 G FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.97
EACH

SELECTION PASTA
900 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.97
EACH

SELECTION PASTA SAUCE
410 - 450 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
2.99
EACH

LIFE SMART NATURALIA TORTILLA CHIPS
300 G
SELECTION SALSA
430 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
4.99
EACH

SELECTION PEANUTS
700 - 800 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
99c
EACH

SELECTION FLAVOURED SPARKLING WATER
1 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.99
EACH

SELECTION JAM
500 ML
LIFE SMART NATURALIA SPREAD
250 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
99c
EACH

SELECTION SPICES
150 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.99
EACH

SELECTION OLIVES
300 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.29
EACH

SELECTION PICKLES
1 L
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.49
EACH

SELECTION WAFERS
200 G
SELECTED VARIETIES



ALWAYS GREAT PRICE 
1.97
EACH

SELECTION DISHWASHING DETERGENT
420 - 428 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE 
3.49
EACH

SELECTION LAUNDRY DETERGENT
1.6 L (56 FL OZ)
SELECTION FABRIC SOFTENER
48 LOADS (1.6 L)
SELECTED VARIETIES



ALWAYS GREAT PRICE 
6.99
EACH

SELECTION SANDWICH BAGS
300'S
SELECTED VARIETIES



ALWAYS GREAT PRICE 
12.99
EACH

SELECTION FACIAL TISSUE
12'S
SELECTED VARIETIES

BBQ ESSENTIALS FOR LESS

<p>SELECTION SMOKED SAUSAGES 900 G SELECTED VARIETIES</p>	<p>IRRESISTIBLES STUFFED BEEF BURGERS 1.02 KG FROZEN SELECTED VARIETIES</p>
<p>ALWAYS GREAT PRICE</p> <p>7⁹⁹ EACH</p>	<p>THIS WEEK ONLY</p> <p>14⁹⁹ EACH</p>
<p>SELECTION DELI SALADS 454 G SELECTED VARIETIES</p>	<p>THIS WEEK ONLY</p> <p>2⁴⁹ EACH</p> <p>IRRESISTIBLES MAMMOTH BUNS & STONEFIRE NAAN ROUNDS 360 G SELECTED VARIETIES</p> <p>THIS WEEK ONLY</p> <p>3⁴⁹ EACH</p>
<p>TOSTITOS TORTILLA CHIPS 205 - 295 G SALSA 416 - 418 ML SELECTED VARIETIES</p> <p>THIS WEEK ONLY</p> <p>2/\$7</p>	<p>SELECTION LEMONADES 1.75 L SELECTED VARIETIES</p> <p>THIS WEEK ONLY</p> <p>1⁹⁹ EACH</p>
<p>CLUB HOUSE LA GRILLE SPICES 120 - 248 G SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>4⁴⁹ EACH</p>	<p>SELECTION SLICES 210 - 230 G SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>3⁹⁹ EACH</p>
<p>PAM COOKING SPRAY 347 - 170 G SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>4⁹⁹ EACH</p>	<p>VH SAUCE 347 - 380 ML SELECTED VARIETIES</p> <p>ALWAYS GREAT PRICE</p> <p>2/\$6</p> <p>GRISSEOL CROUTONS 135 G SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>2⁴⁹ EACH</p> <p>IRRESISTIBLES LEMONADES OR ICED TEAS 1.5 L SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>2⁸⁸ EACH</p>
<p>MAILLE DIJON MUSTARD 500 ML SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>6⁹⁹ EACH</p>	<p>ORVILLE REDENBACHER POPPING CORN 240 - 300 G SELECTED VARIETIES</p> <p>LOCKED DOWN</p> <p>4⁹⁹ EACH</p> <p>PEACE TEA OR NESTEA ICED TEA 1.2 X 241 ML SELECTED VARIETIES</p> <p>ALWAYS GREAT PRICE</p> <p>7⁴⁹ EACH</p>
<p>SELECTION BOWLS OR PAPER PLATES 24 - 30'S SELECTED VARIETIES</p> <p>ALWAYS GREAT PRICE</p> <p>4⁹⁹ EACH</p>	<p>SELECTION ULTRA PAPER TOWELS 12 X 21'S SELECTED VARIETIES</p> <p>ALWAYS GREAT PRICE</p> <p>19⁹⁹ EACH</p> <p>SELECTION ALUMINUM FOIL 200 M PLASTIC WRAP 762 M SELECTED VARIETIES</p> <p>ALWAYS GREAT PRICE</p> <p>21⁹⁹ EACH</p>

ALL AISLES LEAD HOME KITCHENS OF THE WORLD

Prince Edward Island POTATOES
GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE JAUNES GOURMET

GOURMET MINI WHITE POTATOES
PETITES POMMES DE TERRE BLANCHES GOURMET

MINI GOURMET WHITE OR YELLOW POTATOES
PRODUCT OF CANADA; CANADA NO. 1 GRADE
5 LB BAG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.98
EACH

Freybe
EUROPEAN WIENERS
SAUCISSES FUMÉES EUROPÉENNES

Nutrition Facts
Valeur nutritive
Per 1 wiener (56 g)
per 1 saucisse (56 g)

FREYBE EUROPEAN WIENERS
375 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4.99
EACH

Petit Beurre Biscuits
800 G

Prens Cookies
200 G

KRAS NAPOLITANKE WAFERS
187 G

Petit Beurre
Biscuits

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.49
EACH

Rocosta Weinkraut
Sauerkraut

Fritsch Egg Noodles
454 G

NOWKA OR GLORIA SAUERKRAUT
750 G

RUGEN FISCH HERRING FILLETS
200 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH

VEGETA
Vegeta Seasoning

BÖREK BITES
360-454 G FROZEN VEGETA SEASONING

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4.99
EACH

SIELSKI'S OR GLORIA DILL PICKLES
500 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3.49
EACH

Unico Pepper Rings
750 ML

ARGETA PATE
375 G

MARQUIS MUSTARD
375 ML

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH

JJ WILK PIEROGIES
217 G FROZEN

RITTER SPORT CHOCOLATE BARS
100 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH

JORDANKA MINERAL WATER
1.5 L

3 CROWN TEA
20'S

CREAM CRACKERS
200g 7.5oz

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4/\$5

ADRIATIC QUEEN SARDINES
130 G

PODRAVKA PATE
100 G

SEA SALT
100 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.49
EACH

S&F JAM
375 ML

CUÉTARA MARIA COOKIES
800 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH

RIGA SMOKED SPRATS
150 G

S&F SARDINES
150 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.99
EACH

HAPPY SWING WAFERS
150 G

KRAKUS COOKIES
175 G

GOLDEN ALPS CHOCOLATE BAR
100 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.49
EACH

GLORIA HERB TEA
275 G

CREMICA SHORTBREAD COOKIES
170 G

CARL JUNG DEALCOHOLIZED WINE
750 ML

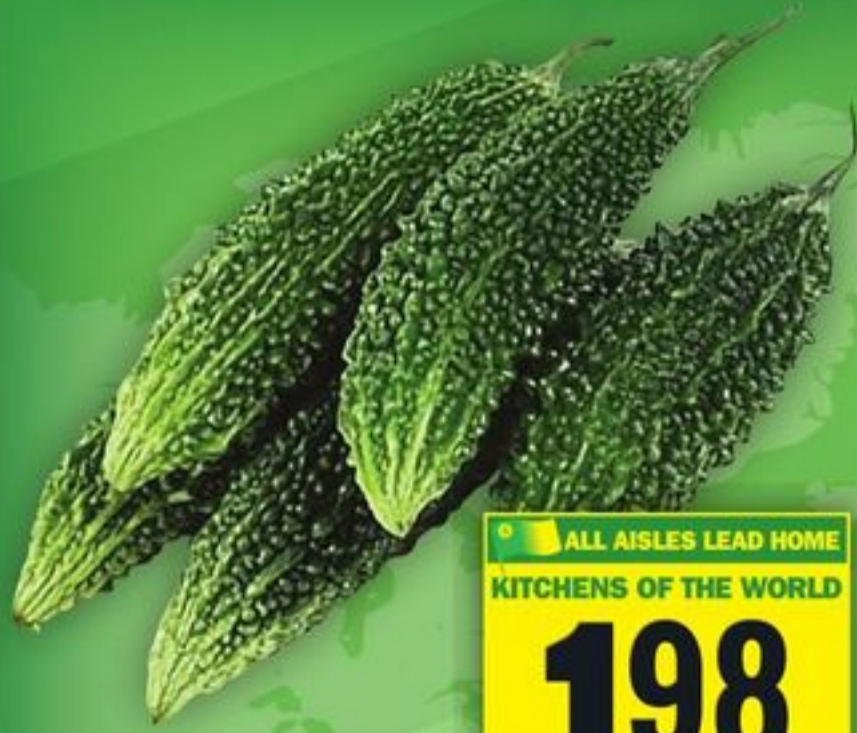
MR. GARDEN PEACH HALVES
300 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

99¢
EACH

5.99
EACH

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD



KARELA
 PRODUCT OF MEXICO
 4.37/KG

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
1.98
 /LB



COCONUT
 PRODUCT OF THE DOMINICAN REPUBLIC

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
1.48
 EACH



YUCA
 PRODUCT OF COSTA RICA
 2.16/KG

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
98c
 /LB



GARLIC
 PRODUCT OF CHINA
 PKG OF 5

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
1.28
 EACH



Zabiha Halal

ZABIHA HALAL
 FRESH WHOLE CHICKEN WINGS
 BAGGED
 8.80/KG

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
3.99
 /LB



CHELSEA FISH BITS
 400 G

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
3.99
 EACH



AL SAFA HALAL
 ANGUS OR
 CHEESE BEEF BURGERS
 800 G FROZEN
 SELECTED VARIETIES

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
11.99
 EACH



CRISPY POUND CAKES
 700 G
 SELECTED VARIETIES

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
3.49
 EACH



DIVYA OR
 LAZEEZ
 SAMOSAS,
 LAZEEZ
 SPRING ROLLS
 400 G FROZEN
 SELECTED VARIETIES



ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
2.79
 EACH



KFI SAUCES
 375 - 395 ML
 SELECTED VARIETIES

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
3.99
 EACH



NATIONAL
 PICKLES
 950 ML
 SELECTED VARIETIES

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
3.99
 EACH



NOOR DATES
 800 G
 SELECTED VARIETIES

ALL AISLES LEAD HOME
 KITCHENS OF THE WORLD
4.99
 EACH

GARDEN BASICS FOR LESS

10" HANGING BASKETS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

ALWAYS GREAT PRICE

12⁹⁸
EACH

12" PLANTERS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

ASSORTED PERENNIALS
1 GALLON
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁸
EACH

ASSORTED TEA, HARDY OR CLIMBER ROSES
2 GALLONS
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

ASSORTED FRUIT PLANTS
1 GALLON
SELECT STORES & VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

10⁹⁸
EACH

10" MAJESTY PALMS
SELECT STORES
WHILE QUANTITIES LAST

THIS WEEK ONLY

19⁹⁸
EACH

6" LAVENDER
SELECT STORES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁸
EACH

8" ASSORTED FOLIAGE
SELECT VARIETIES

THIS WEEK ONLY

14⁸⁸
EACH

5" MONEY TREE

THIS WEEK ONLY

9⁸⁸
EACH

5" PREMIUM ORCHIDS

THIS WEEK ONLY

14⁸⁸
EACH

ASSORTED *BULBS GROW KITS

LOCKED DOWN

3⁴⁸
EACH

5 STEM GERBERAS
ASSORTED COLOURS

THIS WEEK ONLY

\$6

5 STEM ROSES
ASSORTED COLOURS

THIS WEEK ONLY

\$7

12 STEM POM BOUQUET

THIS WEEK ONLY

9⁹⁸
EACH

PERSONAL AND BABY CARE FOR LESS

HUGGIES PULL-UPS
64'S
GOODNITES DIAPERS
44'S
SELECTED VARIETIES

LOCKED DOWN

29⁹⁹
EACH

HUGGIES
snug & dry
diapers
ABSORBS
IN SECONDS

THIS WEEK ONLY

39⁹⁹
EACH

HUGGIES
SNUG & DRY DIAPERS
104 - 144'S
LITTLE MOVERS
136 - 168'S
SELECTED VARIETIES

TRESemmé
HAIR CARE
828 ML
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH

LISTERINE
MOUTHWASH
1 L
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH

COLGATE
MAX FRESH
TOOTHPASTE
375
COLGATE
VALUE PACK
TOOTHBRUSHES
4'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

BANANA BOAT
SUNSCREEN
150 - 315 ML, 141 - 226 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁹
EACH

PERSONNELLE
BABY DIAPERS
96 - 144'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

26⁹⁹
EACH

PAMPERS
EASY UPS
56 - 74'S
SELECTED VARIETIES

LOCKED DOWN

26⁹⁹
EACH

PERSONNELLE
BABY PUREE
123 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1¹⁷
EACH

PERSONNELLE
BABY TRAINING PANTS
33'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

12⁹⁹
EACH

POISE
PADS
30
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH

IRISH SPRING
BODY WASH
487 ML
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

Aveeno.
Daily Moisturizing
body wash with natural
hydrating oatmeal

AVEENO
ACTIVE
NATURALS
BODY WASH
537 ML
SELECTED VARIETIES

LOCKED DOWN

9⁹⁹
EACH

Aveeno.
Daily Moisturizing
lotion with natural
hydrating oatmeal

AVEENO
ACTIVE
NATURALS
MOISTURIZING
LOTION
537 ML
SELECTED VARIETIES

LOCKED DOWN

12⁹⁹
EACH

PAMPERS
BABY WIPES
40'S
SELECTED VARIETIES

LOCKED DOWN

3⁹⁹
EACH

Q-TIPS
400
SELECTED VARIETIES

LOCKED DOWN

3⁹⁹
EACH

BABY GOURMET
PUREE
112 ML
SELECTED VARIETIES

LOCKED DOWN

3/\$6

NESTLÉ
NIDO
NUTRITIONAL
SUPPLEMENT
850 G
SELECTED VARIETIES

LOCKED DOWN

23⁹⁹
EACH