

**MAY** Prices effective  
Wednesday May 1<sup>st</sup>, 2024

**HIT  
OF THE  
MONTH**



**CHEEZ-IT BAKED SNACK CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214560\_EA/21350253\_EA



**PLANTERS DELUXE WHOLE CASHEWS**  
SALTED OR UNSALTED  
200 G  
21021617\_EA/21021618\_EA



**NEW TREASURE LONG GRAIN WHITE RICE**  
2 KG  
21596582\_EA

See in-store for retails.

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*\*Must be a registered PC Optimum™ member to get this offer.  
Valid from Month May 1 - 31, 2024. While quantities last. See in-store for details.

WYIG FLAP HM





Optimum™

# Members save more.



click or visit  
pc optimum.ca  
to become a member

See back page for details.



Members save  
**\$2**



Optimum  
Members-Only Price™  
**8<sup>99</sup>**  
Non-members  
**10<sup>99</sup>**

PC® CHEESECAKE  
SELECTED VARIETIES  
FROZEN  
600 G  
20147627\_EA/21395368\_EA



Members save  
**\$1**



Optimum  
Members-Only Price™  
**3<sup>49</sup>**  
Non-members  
**4<sup>49</sup>**

SEAQUEST® CRAB OR  
LOBSTER FLAVOURED  
POLLOCK FLAKES  
OR CHUNKS  
SELECTED VARIETIES  
READY-TO-EAT  
227 G  
20699832\_EA/20749901\_EA



Members save  
**\$7**



Optimum  
Members-Only Price™  
**14<sup>99</sup>**  
Non-members  
**21<sup>99</sup>**

COTTONELLE  
BATHROOM TISSUE  
SELECTED VARIETIES  
18=72 ROLLS  
21594687\_EA/21594688\_EA





# More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board





Scan to see our complete digital flyer



**SALE**  
**SAVE \$2<sup>70</sup>LB**

**2<sup>99</sup>**  
LB

**CHICKEN DRUMSTICKS OR THIGHS**  
FAMILY SIZE  
6.59/KG  
20004494\_KG/20058163\_KG

**SALE**  
**SAVE \$2<sup>00</sup>LB**

**4<sup>49</sup>**  
LB

**LEAN GROUND BEEF**  
FAMILY SIZE  
9.90/KG  
20805731\_KG

**CUT BY OUR BUTCHERS**

**SALE**  
**SAVE \$2<sup>00</sup>LB**

**2<sup>49</sup>**  
LB

**PORK LOIN COMBINATION CHOPS**  
SIRLOIN AND RIB PORTION  
BONE-IN  
5.49/KG  
20822343\_KG

**PKG OF 4**

**4<sup>49</sup>**

**FARMER'S MARKET™ CORN**  
PRODUCT OF U.S.A. NO. 1 GRADE  
4'S  
20348977001\_EA

**SALE**  
**SAVE \$4<sup>00</sup>LB**

**11<sup>99</sup>**  
LB

**FRESH STEELHEAD TROUT FILLETS**  
26.43/KG  
FRESH SEAFOOD ITEMS SUBJECT TO AVAILABILITY.  
21025083\_KG

**11 LB AVG**

**8<sup>99</sup>**

**SEEDLESS WATERMELON**  
PRODUCT OF MEXICO OR U.S.A.  
11 LB AVERAGE EACH  
20067326001\_EA

**3 LB BAG**

**SALE**  
**SAVE \$2<sup>00</sup>**

**3<sup>99</sup>**

**FARMER'S MARKET™ NAVEL ORANGES**  
PRODUCT OF U.S.A. OR TURKEY  
3 LB BAG  
20162945001\_EA

**SALE**  
**AT LEAST 95¢**

**2<sup>99</sup>**

**MADEGOOD GRANOLA OR MORNINGS BARS, COOKIES, MINIS OR SQUARES**  
SELECTED VARIETIES  
110-150 G  
20797052001\_EA/21352121\_EA

**SALE**  
**SAVE \$1<sup>50</sup>**

**3<sup>49</sup>**

**CLASSICO PASTA SAUCE**  
SELECTED VARIETIES  
410/650 ML  
20323101001\_EA/20325609003\_EA

**4<sup>49</sup>**

**HEALTHY CHOICE STEAMERS, SIMPLY ENTRÉES** 255-306 G OR **HUNGRY-MAN ENTRÉES** 360-455 G  
SELECTED VARIETIES  
FROZEN  
20296014004\_EA/20310616007\_EA

**SAVE THIS WEEK**

**3<sup>49</sup>**

**VACHON SNACK CAKES OR SARA LEE LITTLE BITES**  
SELECTED VARIETIES AND SIZES  
20963606\_EA/21556098\_EA

**10<sup>99</sup>**

**TIDE OR GAIN DETERGENT**  
1.86-2.6 L/18-31'S, **DOWNY OR GAIN FABRIC SOFTENER**  
2.63 L OR BEADS  
379 G SELECTED VARIETIES  
21283276\_EA/21550428\_EA

**SALE**  
**SAVE UP TO 40%**

**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
EACH  
20342623\_EA/21373974\_EA

**Optimum™**

**3 DAYS ONLY**  
From Thursday May 2nd to Saturday May 4th your points are worth more.

**Bonus Redemption Event**

Redeem **70,000** pts  
and get **\$80** off\*  
your purchase of \$80 or more

That's an extra \$10 value!

OR

Redeem **150,000** pts  
and get **\$175** off\*  
your purchase of \$175 or more

That's an extra \$25 value!

OR

Redeem **250,000** pts  
and get **\$300** off\*  
your purchase of \$300 or more

That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit [pcoptimum.ca/company-policy/terms-and-conditions](https://pcoptimum.ca/company-policy/terms-and-conditions) for further details.







# Produce



**BLACKBERRIES**  
PRODUCT OF MEXICO  
OR **RASPBERRIES**  
PRODUCT OF U.S.A.  
170 G  
20051015001\_EA/20128938001\_EA

**3<sup>49</sup>**



**PC\* EXTRA LARGE SEEDLESS GRAPES**  
PRODUCT OF CHILE,  
NO. 1 GRADE  
8.80/KG  
20159199001\_KG

**3<sup>99</sup>**  
LB



**ATAULFO MANGO**  
PRODUCT OF MEXICO  
EACH  
20121505001\_EA

**1<sup>49</sup>**



**CANADA PC\* RED, RUSSET, WHITE OR YELLOW POTATOES**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
5 LB BAG  
20600999001\_EA/20601014001\_EA

**5<sup>99</sup>**



**ASPARAGUS**  
PRODUCT OF MEXICO  
11.00/KG  
20174581001\_KG

**4<sup>99</sup>**  
LB



**WATERMELON QUARTERS**  
CUT FRESH  
IN-STORE DAILY  
3.28/KG  
20161074\_EA

**1<sup>49</sup>**  
LB



**PC\* ORGANICS MIXED SALAD GREENS**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
142 G  
20314039\_EA/20305277\_EA

**4<sup>99</sup>**



**MANN'S SNAP OR SNOW PEAS**  
PRODUCT OF U.S.A.  
170/227 G  
20712967\_EA/20712998\_EA

**5<sup>49</sup>**



**MANDARIN**  
PRODUCT OF MOROCCO OR U.S.A.  
3 LB BAG  
20864961001\_EA

**7<sup>99</sup>**



**MADE FRESH IN-STORE**

**LARGE SALADS**  
SELECTED VARIETIES  
498-926 G  
21363212\_EA/  
21363221\_EA

**\$12-14**

# Butcher



**WEST BONELESS BLADE POT ROAST**  
CUT FROM CANADA AAA  
WESTERN GRADE BEEF  
OR HIGHER  
19.82/KG  
20804772\_KG

**8<sup>99</sup>**  
LB



**CHICKEN BREASTS**  
BONELESS SKINLESS  
FAMILY SIZE  
18.72/KG  
20028450\_KG

**8<sup>49</sup>**  
LB



**SPLIT CHICKEN WINGS**  
FAMILY SIZE  
12.10/KG  
20761916\_KG

**5<sup>49</sup>**  
LB



**WEST STRIPLON GRILLING STEAK**  
BONELESS, FAMILY SIZE,  
CUT FROM CANADA AAA  
WESTERN GRADE  
BEEF OR HIGHER  
41.87/KG  
20821010\_KG

**18<sup>99</sup>**  
LB



**IMPOSSIBLE PLANT-BASED BURGER PATTIES**  
226 G  
21403522\_EA

**7<sup>99</sup>**



**MARINATED PORK BELLY**  
18.72/KG  
21418344\_KG

**8<sup>49</sup>**  
LB



**PC\* NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375-500 G  
20057892\_EA/20152629\_EA

**6<sup>99</sup>**



**PC\* WINGS**  
SELECTED VARIETIES  
FROZEN  
700-907 G  
20708932\_EA/  
20708933\_EA

**\$17**



**PC\* BURGERS**  
SELECTED VARIETIES  
FROZEN  
568 G-  
1.36 KG  
20941230\_EA/  
20941443\_EA

**2/\$30**  
LESS THAN 2 \$16.99 EA



**SWISS CHALET BBQ PORK BACK RIBS**  
SELECTED VARIETIES,  
FULLY COOKED  
600 G  
21022221\_EA

**16<sup>99</sup>**

# Seafood

Fresh seafood items subject to availability.



**COD FILLETS**  
FROZEN OR PREVIOUSLY FROZEN  
29.74/KG  
21210093\_KG

**13<sup>49</sup>**  
LB

**TUNA STEAKS**  
FROZEN OR PREVIOUSLY FROZEN  
29.74/KG  
20753134\_KG

**13<sup>49</sup>**  
LB



**SEAQUEST\* COLOSSAL PACIFIC WHITE SHRIMP RAW**  
SHRIMPBACK\* 16-20 PER LB 300 G OR  
PC\* MARYLAND-STYLE SHRIMP CAKES 170 G FROZEN  
21043887\_EA/213334615\_EA

**7<sup>99</sup>**



**PC\* SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN  
150 G  
20055009\_EA/21047088\_EA

**9<sup>99</sup>**



# Bakery



**LA ROCCA CAKE SLICE**  
SELECTED VARIETIES  
137-187 G  
21496255\_EA

**\$4**

**BAKED  
IN-STORE**



**IN-STORE BAKED COOKIES**  
SELECTED VARIETIES  
18'S  
21454952\_EA

Members  
save  
**\$1**

Optimum  
Members-Only Price™  
**5<sup>99</sup>**  
Non-members  
**6<sup>99</sup>**



**PREMIUM MUFFINS**  
SELECTED VARIETIES  
4'S  
21557676\_EA

**\$5**

**BAKED  
IN-STORE**



**PLAIN CROISSANTS 6'S  
OR CINNAMON  
RAISIN BREAD 550 G**  
20729432\_EA/21030153\_EA

**\$4**

**BAKED  
IN-STORE**



**PREMIUM BULK BAGELS**  
20038964\_EA

**8/\$4**  
LESS THAN 8  
79c EA.



**KING'S HAWAIIAN  
ROLLS**  
SELECTED SIZES  
AND VARIETIES  
21479570\_EA/21489831\_EA

**3<sup>99</sup>**



**D'ITALIANO  
BREAD OR BUNS**  
SELECTED VARIETIES  
AND SIZES  
20038335\_EA/20673208\_EA/  
20627103\_EA

BUY 2 OR MORE  
**3<sup>50</sup>**  
EA.  
LESS THAN 2  
\$3.99 EA.



**PC® NAAN ROUNDS**  
ORIGINAL OR  
STONEFIRE  
CARAMELIZED ONION  
20757871\_EA/21594557\_EA

BUY 2 OR MORE  
**\$4**  
EA.  
LESS THAN 2  
\$4.49 EA.

# Great to go

Great to go items plus applicable taxes.

**PREPARED  
IN-STORE**



**CHICKEN, EGG  
OR TUNA SOFTY  
SANDWICHES**  
1.1 KG  
21503465\_EA

**\$16**



**BENTO SUSHI  
MAKI BOAT**  
400 G  
20171858\_EA

**13<sup>49</sup>**

# The Deli



**PC® HAM  
SERVICE CASE**  
SELECTED  
VARIETIES  
20301724\_KG

**2<sup>99</sup>**  
/100 G



**MASTRO  
TRIO PACKS**  
SELECTED  
VARIETIES  
150/250 G  
21554465\_EA

**8<sup>99</sup>**



**CHICKEN FAVORITES**  
ASSORTED  
VARIETIES  
SERVED HOT  
OR CHILLED  
320-700 G  
20137058\_EA/20992187\_EA

**\$15**



**OLIVIERI FAMILY  
PACK PASTA**  
SELECTED  
VARIETIES  
540-700 G  
20312412\_EA/  
20915948\_EA

Members save  
**\$1.20**  
Optimum  
Members-Only Price™  
**10<sup>79</sup>**  
Non-members  
**11<sup>99</sup>**



**SAPUTO FETA**  
SELECTED  
VARIETIES  
170/200 G  
20573975\_EA

**5<sup>99</sup>**



**TRE STELLE  
BOCCONCINI**  
SELECTED  
VARIETIES  
200 G  
20318663\_EA

**6<sup>99</sup>**

**PREPARED  
IN-STORE**



**GENERAL TAO  
CHICKEN, TERIYAKI  
CHICKEN, SZECHUAN,  
BEEF OR BUTTER  
CHICKEN WITH  
RICE ENTRÉES**  
900 G  
21533950\_EA/21533951\_EA

**\$16**



**PREMIUM SALADS**  
850-908 G  
21544597\_EA/21544612\_EA

**\$8**



**SABRA HUMMUS**  
SELECTED  
VARIETIES  
283 G  
20005858\_EA/  
20103117\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.



**PILLER'S KOLBASSA**  
250/375 G OR  
**BALDERSON CHEESE**  
250/280 G  
SELECTED  
VARIETIES  
20308469\_EA/21495455\_EA

**6<sup>99</sup>**

# Floral

**CELEBRATE  
CINCO DE  
MAYO  
SUNDAY  
MAY 5TH**



**15 STEM TULIPS**  
21593048\_EA

**\$15**



**SPRING BULBS**  
ASSORTED  
VARIETIES  
4 INCH  
20546496\_EA

**5<sup>99</sup>**



**MOTHER'S DAY  
MINI ROSE**  
20284956\_EA

**\$14**



**GERBERA  
DAISIES**  
ASSORTED  
VARIETIES  
21087796\_EA

**3/\$21**  
LESS THAN 3  
\$9 EA.



**Garden Centre  
NOW OPEN**

**100%  
Canadian  
grown. Eh.**

**How do we  
recycle?**

**Empty Pots**  
are shipped back  
to the greenhouse  
where they are  
compacted/  
crushed.

**Plastic**  
is shredded to  
make pellets, which  
are used to make  
new pots and flats.

Established in 2008.

May 2 - June 19  
bring back your empty  
pots/flats and you can earn

**100 pts**  
for each pot or flat you return

PC® STRAWBERRY  
HANGING BASKET OR  
PC® DELUXE ANNUAL  
HANGING BASKET  
SELECTED VARIETIES  
11 INCH  
20753916\_EA/20753918\_EA

**2/\$40**  
LESS THAN 2  
\$23 EA.



PC® GIGANTICO™  
ANNUALS  
SELECTED VARIETIES  
4.33 INCH  
21352664\_EA

**5/\$25**  
LESS THAN 5  
\$5.50 EA.



PC® DELUXE  
ANNUAL PLANTER  
SELECTED VARIETIES  
12 INCH  
20753963\_EA

**\$30**

PC® LAVENDER  
SHRUB  
11 INCH  
20753916\_EA

**\$25**

PC® ANNUAL PLANTER  
SELECTED VARIETIES  
10.8 INCH  
21001606\_EA

**\$26**



ANNUALS  
SELECTED  
VARIETIES  
3.5 INCH, 6" S  
21351207\_EA

**2/\$10**  
LESS THAN 3  
\$6 EA.



PC® ANNUAL BOWL  
SELECTED VARIETIES  
10 INCH  
20753946\_EA

**\$20**



PC® SALAD BOWL  
SELECTED VARIETIES  
10 INCH  
20753972\_EA

**\$12**

**Perennials**



PC® PERENNIALS  
9 CM  
21350463\_EA

**2/\$9**  
LESS THAN 2  
\$5 EA.

CLEMATIS  
1 GALLON  
21097226\_EA



**\$15**

**Our plant  
guarantee**

**Evergreens\*, trees, shrubs, rose bushes and perennials\*  
are guaranteed for one full year.**

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money.  
All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.





# Time to dig in!



**SHRUBS**  
SELECTED VARIETIES  
1 GALLON  
20020362\_EA/21095156\_EA

**\$13**



**EVERGREENS**  
SELECTED VARIETIES  
1 GALLON  
20020362\_EA/21095156\_EA

**\$13**



**NO NAME® COW MANURE COMPOST**  
12.5 KG  
21349331\_EA

**3/\$12**  
LESS THAN 3  
\$4.50 EA.



**PC® BLACK EARTH SOIL**  
25 L  
2135792\_EA

**4/\$13**  
LESS THAN 4  
\$3.50 EA.



**PLANT FOOD FERTILIZER**  
SELECTED VARIETIES  
AND SIZES  
21567431\_EA/21157858\_EA/21567705\_EA

**\$8-23**



**HENS AND CHICKS**  
9 CM  
21350515\_EA

**2/\$9**  
LESS THAN 2  
\$5 EA.



**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES  
20752992\_EA/20752876\_EA

**1<sup>89</sup>-5<sup>49</sup>**



**PC® GRASS SEED**  
SELECTED VARIETIES  
1 KG  
21350471\_EA/21350479\_EA

**2/\$20**  
LESS THAN 2  
\$12 EA.



**GARDEN DÉCOR**  
SELECTED VARIETIES  
EACH  
21570498\_EA  
21570439\_EA  
21570523\_EA

**SEE GARDEN CENTRE FOR RETAILS**



**GARDEN TOOLS**  
SELECTED VARIETIES  
EACH  
21570571\_EA/21570637\_EA/21570559\_EA

**\$16**

## Our plant guarantee

**Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.**

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# Greenhouse Grown

From the greenhouse to your house...



**CANADA**  
GREENHOUSE EXTRA LARGE  
ORANGE, RED OR YELLOW  
SWEET PEPPERS  
PRODUCT OF CANADA  
6.59/KG  
20166880001\_KG/20007535001\_KG

**2<sup>99</sup>**  
lb



**CANADA**  
FARMER'S MARKET™  
MINI CUCUMBERS  
PRODUCT OF CANADA  
6'S  
20737570001\_EA

**3<sup>99</sup>**



**WEST**  
ENGLISH CUCUMBERS  
PRODUCT OF WESTERN PROVINCES  
EACH  
20070132001\_EA

**1<sup>99</sup>**



**CANADA**  
GREENHOUSE  
BEEFSTEAK TOMATOES  
PRODUCT OF CANADA  
6.59/KG  
20426141001\_KG

**2<sup>99</sup>**  
lb



**PC® ORGANICS GRAPE TOMATOES**  
PRODUCT OF MEXICO  
255 G  
20171177001\_EA

**3<sup>99</sup>**



**CANADA**  
PC® ORGANICS PEPPERS  
PRODUCT OF CANADA  
2'S  
20690699001\_EA

**5<sup>49</sup>**



**FARMER'S MARKET™**  
GRAPE TOMATOES  
PRODUCT OF MEXICO  
283 G  
21367880001\_EA

**3<sup>99</sup>**



**CANADA**  
PC® LIVE LETTUCE  
GREEN, RED OR TRIO  
PRODUCT OF CANADA  
EACH  
21178850\_EA/21506580\_EA

**3<sup>99</sup>**



# Cinco de Mayo

click here to shop our full assortment 



**CILANTRO**  
PRODUCT OF COLOMBIA, MEXICO, U.S.A. OR DOMINICAN  
EACH  
20091825001\_EA

**1<sup>99</sup>**



**GREENHOUSE ROMA TOMATOES**  
PRODUCT OF MEXICO  
4.39/KG  
20143381001\_KG

**1<sup>99</sup>**  
LB



**LA COSTENA REFRIED BEANS**  
SELECTED VARIETIES  
546 ML  
20054076001\_EA/20054076002\_EA

**2<sup>99</sup>**



**TOASTED CORN CHILI PICANTE**  
21564006\_EA

**1<sup>99</sup>**  
/100 G



**ASC TILAPIA FILLETS**  
FROZEN OR PREVIOUSLY FROZEN  
22.02/KG  
20897812\_KG

**9<sup>99</sup>**  
LB



**PC® BLUE MENU® GROUND CHICKEN OR TURKEY**  
454 G  
21100091\_EA/21100092\_EA



**2/\$12**  
LESS THAN 2 \$8 EA.



**PC® HORS D'OEUVRES COLLECTION**  
SELECTED VARIETIES, FROZEN  
225-800 G  
21312041\_EA  
21369924\_EA

**2/\$18**  
LESS THAN 2 \$9.99 EA.



**PC® MINI TORTILLAS**  
192 G  
20985848\_EA

**\$3**



**PC® OR BLUE MENU® TORTILLAS**  
SELECTED VARIETIES  
390/650 G  
20182857\_EA/20185659\_EA



**2/6<sup>50</sup>**  
LESS THAN 2 \$3.99 EA.



**LA COSTEÑA SAUCE**  
SELECTED VARIETIES  
455 ML  
20318656001\_EA/20318656002\_EA

**3<sup>99</sup>**



**VALENTINA HOT SAUCE**  
SELECTED VARIETIES  
370 ML  
20056649002\_EA

**2<sup>49</sup>**



**LA COSTEÑA CHIPOTLE PEPPERS**  
186 ML  
20318080\_EA

**2<sup>99</sup>**



**JARRITOS SOFT DRINKS**  
SELECTED VARIETIES  
370 ML  
20147354011\_EA/20147354012\_EA

**2<sup>29</sup>**



**CHARRAS NATURAL YELLOW, CHIPOTLE OR JALAPENO**  
350 G  
21117787\_EA

**3<sup>49</sup>**



**MASECA CORN FLOUR MIX**  
1.8 KG  
21457445\_EA

**7<sup>99</sup>**

**ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS:** EDSON'S YIG 4431 4TH AVENUE, EDSON, AB, JOLY'S YIG 251 POWDER DRIVE, FORT McMURRAY, AB, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY, RED DEER, AB, PEARSON'S YIG 925 ST. ALBERT TRAIL, ST. ALBERT, AB, ELDOH'S YIG 1792 A 9TH AVENUE, FERNIE, BC, PETER'S YIG 1835 GORDON DR., KELOWNA, BC, LONSDALE CITY MARKET, 1850 LONSDALE AVENUE, NORTH SIDE, BC, NIELSEN'S YIG 18765 FRASER HIGHWAY, SURREY, BC, MILLER'S YIG 7190 KERR ST., VANCOUVER, BCPARK ROYAL CITY MARKET YIG, 845 PARK ROYAL NORTH, VANCOUVER, BC, NIEL'S YIG REGINA 1341 BROADWAY AVE., REGINA, SK, MICHAEL'S YIG 2815 WANUSKEWIN RD., SASKATOON, SK YIG 335 HORNER CRES., SASKATOON, SK



# Cinco de Mayo



**MADE FRESH IN-STORE**

**\$5**

**GUACAMOLE OR PICO DE GALLO SALSA**  
220-320 G  
21525868\_EA/21552223\_EA



**2/\$8**  
LESS THAN 2  
\$4.79 EA.



**MANNY'S CORN TORTILLA**  
SELECTED VARIETIES  
255 G  
21497563\_EA

**2.79**

**PC® TACO KITS 421/427 G OR SALSA 430 ML SELECTED VARIETIES**  
20295845002\_EA/20431884001\_EA



**3.99**

**PC® HOT JALAPENO PEPPERS**  
PRODUCT OF U.S.A.  
21454762001\_EA



**PC® CREMA**  
SELECTED VARIETIES  
245 ML  
21369941\_EA/21369954\_EA

**2.99**



**ROTEL HEIRLOOM TOMATOES**  
SELECTED VARIETIES  
283 ML  
21154450\_EA

**1.99**



**CRACKER BARREL OR BLACK DIAMOND CHEESE SHREDS**  
SELECTED VARIETIES  
250-320 G  
21278845\_EA/21290616\_EA

**6.49**



**NO NAME® SOUR CREAM**  
SELECTED VARIETIES  
500 ML  
20297641001\_EA/20297641002\_EA

**2/\$7**  
LESS THAN 2  
\$3.99 EA.



**PC® TORTILLA CHIPS**  
SELECTED VARIETIES  
320-350 G  
20302765\_EA/20305180\_EA

**2.79**



**CORONA SUNBREW 0.0% ALCOHOL**  
SELECTED VARIETIES  
6X330 ML  
21433615\_C06

**9.99**



**PC® DE-ALCOHOLIZED BEER**  
SELECTED VARIETIES  
12X355 ML  
20121729\_C12/20325253\_C12

**8.99**



# Grocery

**7,000** for every '20 spent on

**\$7 Value**

**4.99**

**2/\$10**

**LESS THAN 2 \$5.99 EA.**

**COLGATE ORAL CARE, TRISH SPRING, SOFTSOAP, SPEED STICK, HELLO OR TOM'S OF MAINE DEODORANT SELECTED VARIETIES 45-170 G, 221-1.47 L 21166717\_EA/21167194\_EA**

**POST CEREAL FAMILY SIZE, SELECTED VARIETIES 340-725 G 20940327\_EA/21542452\_EA**

**BETTY CROCKER DUNKAROOS 168 G, NATURE VALLEY MUFFIN BAR 175 G OR NATURE VALLEY CRUNCHY DIP 132 G SELECTED VARIETIES 21449886\_EA/21449897\_EA**

**1,000**

**\$1 Value**

**3.99**

**7.49**

**2/\$11**

**LESS THAN 2 \$6.99 EA.**

**JELLO OR HERSHEY'S REFRIGERATED PUDDING SNACKS SELECTED VARIETIES 4'S 21019795\_EA/21019806\_EA**

**STARBUCKS ICED COFFEE 1.18/1.42 L OR DEL MONTE JUICE 2.5 L SELECTED VARIETIES 21215530\_EA/21437174\_EA**

**COFFEEMATE COFFEE ENHANCER SELECTED VARIETIES REFRIGERATED 946 ML 21091209\_EA/21091262\_EA**

**5.99**

**4.49**

**10.99**

**CRACKER BARREL CHEESE SLICES 220/240 G, SNACKS 168 G OR AMOOZA! 228 G SELECTED VARIETIES 21290684\_EA/21403514\_EA**

**GAY LEA SPREADABLE BUTTER SELECTED VARIETIES 227 G 20119926001\_EA/20119926002\_EA**

**SAPUTO MOZZARELLISSIMA SELECTED VARIETIES 690/700 G 20107017001\_EA**

**2.99**

**2/\$6**

**LESS THAN 2 \$3.49 EA.**

**2/\$8**

**LESS THAN 2 \$4.49 EA.**

**1.99**

**GOGO SQUEEZ FRUIT SAUCE POUCHES SELECTED VARIETIES 4X90 G 20322697001\_EA/2084377001\_EA**

**DEL MONTE FRUIT BOWL 4 X 112.5 ML OR DARE BEAR PAWS COOKIE OR CRUNCHY 150-240 G SELECTED VARIETIES 20642323002\_EA 21080779\_EA**

**LECLERC CÉLÉBRATION COOKIES SELECTED VARIETIES 240 G 20853797001\_EA/20965368\_EA**

**NO NAME® CHEESE FLAVOURED CORN SNACKS OR CORN CHIPS 200 G SELECTED VARIETIES 20048210\_EA/20962493\_EA**

**8.99**

**4.99**

**24.99**

**3.99**

**DAVID'S TEA 12'S OR LOOSE LEAF TEA 40-50 G OR LAVAZZA GROUND OR BEAN COFFEE 300/340 G SELECTED VARIETIES 21481194/21549865**

**LIVIVA ORGANIC GLUTEN-FREE BEAN OR SHIRATAKI PASTA SELECTED VARIETIES 200-400 G 21154070\_EA/21154073\_EA**

**DR. BRONNER'S CASTILE SOAP SELECTED VARIETIES 946 ML 20360359003\_EA 20360359004\_EA**

**TETLEY TEA 20/24'S OR NESCAFÉ INSTANT COFFEE 95 G SELECTED VARIETIES 20711158\_EA/21589014\_EA**

**500**

**11.99**

**4.49**

**29.99**

**29.99**

**GLAD OUTDOOR WASTE BAGS 20-40'S SELECTED VARIETIES 20166439001\_EA 21165477\_EA**

**FEBREZE AIR 250 G, CAR 2 ML, SMALL SPACES 7.5 ML, MR. CLEAN ALL PURPOSE CLEANER 1.3 L, MAGIC ERASER 2-3'S ERASER SHEETS 8'S, CLEAN FREAK 473 ML REFILL SELECTED VARIETIES 21005017\_EA/21166047\_EA**

**IAMS DOG FOOD SELECTED VARIETIES 6.8/6.12 KG 20646724002\_EA**

**TIDE PODS 112/85'S OR POWER PODS 63'S SELECTED VARIETIES 21450133\_EA 21450151\_EA**



# For your family



**TRESEMME**  
HAIR CARE OR STYLING  
SELECTED VARIETIES  
AND SIZES  
21170103\_EA/21571326\_EA

**5<sup>99</sup>**



**DOVE BAR SOAP** 2X106 G,  
**AXE SHOWERGEL OR**  
**HAIRCARE** 473 ML,  
**DEODORANT** 76/85 G OR  
**BODYSPRAY** 113 G  
SELECTED VARIETIES  
21220738\_EA/21436066\_EA



**3<sup>99</sup>**



**COLGATE TOTAL TOOTHPASTE**  
3'S, **MANUAL TOOTHBRUSH**  
2'S, **BATTERY TOOTHBRUSH**,  
**COLGATE TOTAL OR**  
**PRO RELIEF MOUTHWASH**  
SELECTED VARIETIES  
AND SIZES  
20124776002\_EA/21166709\_EA

**7<sup>49</sup>**



**FINESSE HAIR CARE**  
AND STYLING  
SELECTED VARIETIES  
AND SIZES  
20306667004\_EA/20308415002\_EA  
20312912004\_EA/20318838\_EA

**2<sup>99</sup>**

**OLAY REGENERIST**  
**VITAMIN C**  
**MOISTURIZER** OR **GARNIER**  
**MICELLAR WATER**  
SELECTED VARIETIES  
OR SIZES  
21040515\_EA/211411706002\_EA



**SALE**  
**SAVE UP TO**

**25%**



**ALWAYS ULTRA THIN**  
**PADS** SIZE 4, 50'S,  
**TAMPAX PEARL**  
**REGULAR**  
**TAMPONS** 50'S  
OR **U BY KOTEX**  
**BALANCE ULTRA**  
**THIN PADS OR**  
**WINGS** 38'S  
SELECTED  
VARIETIES  
AND SIZES  
21374646\_EA  
21518478\_EA



**2/\$25**  
**LESS THAN 2**  
**\$13.99 EA.**



**LISTERINE CLASSIC** 1 L OR  
**KIDS** 500 ML **MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA/21091207\_EA

**5<sup>99</sup>**

**EVERY MAN JACK**  
**DEODORANT** 88 G OR  
**BODY WASH** 500 ML  
OR **J.R. WATKINS** **BODY**  
**WASH** 532 ML OR  
**LIQUID HAND SOAP**  
**REFILL** 828 ML/1 L  
SELECTED VARIETIES  
20968244\_EA/21400051\_EA



**6<sup>49</sup>**



**THE HONEST**  
**COMPANY SHAMPOO,**  
**CONDITIONER** OR **WASH**  
SELECTED VARIETIES  
250-355 ML  
21303537\_EA/21303553\_EA

**SALE**  
**SAVE UP TO**

**20%**



**BOOST MEAL**  
**REPLACEMENT**  
**DRINKS**  
SELECTED  
VARIETIES  
4X325/6X237 ML  
20304429002\_C06  
20986361\_C06

**SALE**  
**SAVE UP TO**

**15%**



**PEPTO, GAVISCON,**  
**RESTORALAX** OR  
**RESTORAFIBRE**  
**GUMMIES,**  
**CHEWS, TABLETS**  
**OR LIQUIDS**  
SELECTED  
VARIETIES  
AND SIZES  
20055323\_EA  
20673738\_EA

**SALE**  
**SAVE UP TO**

**20%**



**SECRET OR OLD SPICE**  
**ANTIPERSPIRANT**  
**OR DEODORANT**  
SELECTED VARIETIES  
45-107 G, 2X45 G,  
175 ML  
20098094\_EA  
20757237001\_EA

**SALE**  
**SAVE UP TO**

**15%**



**MITCHUM SOLID,**  
**GEL, ROLL ON** OR  
**ALUMINUM FREE**  
**DEODORANT**  
SELECTED  
VARIETIES  
45-96 G, 50 ML  
20336985002\_EA  
20757875004\_EA

**SALE**  
**SAVE UP TO**

**20%**



**LIVE CLEAN**  
**BODY WASH**  
SELECTED  
VARIETIES  
500 ML  
20862253\_EA

**5<sup>99</sup>**



**AERIUS 5 MG** 40'S OR  
**CLARITIN ALLERGY**  
**RELIEF TABLETS,**  
**LIQUID GELS** OR  
**CAPSULES**  
50-70'S  
SELECTED  
VARIETIES  
20946006\_EA

**30<sup>99</sup>**



**ALIGN PROBIOTIC**  
**CAPSULES, CHEWS**  
**GUMMIES** 21-60'S  
OR **NERVIVE NERVE**  
**HEALTH** OR **PAIN**  
**RELIEF** 30'S  
SELECTED  
VARIETIES  
21359037\_EA  
21465063\_EA

**SALE**  
**SAVE UP TO**

**20%**



**BAND-AID CHILDREN**  
**AND PREMIUM**  
**BANDAGES,**  
**POLYSPORIN**  
**OINTMENT** OR  
**DDROPS** **VITAMIN**  
**SUPPLEMENT**  
SELECTED  
VARIETIES  
AND SIZES  
20034059\_EA  
20380516001\_EA

**SALE**  
**SAVE UP TO**

**15%**



**ALWAYS DISCREET**  
10-54'S OR  
**TENA** 12-48'S  
**INCONTINENCE**  
**UNDERWEAR**  
OR **PADS**  
SELECTED  
VARIETIES  
AND SIZES  
20814896\_EA  
21033778\_EA

**16<sup>99</sup>**



**COLGATE OPTIC WHITE**  
OR **SENSITIVE PRO RELIEF**  
**TOOTHPASTE** 70-133 ML,  
**BATTERY TOOTHBRUSH,**  
**MANUAL TOOTHBRUSH,**  
**HELLO TOOTHPASTE**  
82-98 ML OR **COLGATE**  
**PERIOGARD** **TOOTHPASTE**  
21517424\_EA/21220507\_EA

**5<sup>99</sup>**



**SENSODYNE**  
OR **PRONAMEL**  
**TOOTHPASTE,**  
**POLIDENT** **DENTURE**  
**TABLETS** OR **POLIGRIP**  
**DENTURE ADHESIVE**  
SELECTED VARIETIES  
AND SIZES  
20301179001\_EA/20756075\_EA

**4<sup>99</sup>**



**ALWAYS** OR **PRONAMEL**  
**TAMPAX PADS,**  
**LINERS** OR  
**TAMPONS**  
SELECTED  
VARIETIES  
26-216'S  
21019589\_EA  
21449590\_EA

**12<sup>99</sup>**



**Optimum**  
**10,000** pts  
 for every \$100 spent on

**\$10 Value**

**Happy Active, Happy Her and Happy Teen gift cards**

Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Active, Happy Her, and Happy Teen cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

**MAKE Summer SIMPLE**

**2/\$8**  
 LESS THAN 2 \$4.99 EA

VH® Sauces selected varieties 341/355 mL

**OLDELPASO**

CELEBRATES **CINCO DE MAYO**

**WIN**  
 1 OF 3 PRIZES OF **\$5,000**  
 TOWARDS A TRIP TO **MEXICO**

Old El Paso™ Seasonings 24 g Selected Varieties 21049505\_EA **\$1**

Old El Paso™ taco shells 125-191 g, Tortillas 297/334 g, Refried Beans 398 mL, Taco Sauce or Peppers 127-250 mL, selected varieties 20306992001\_EA/20314171001\_EA **2/\$6** LESS THAN 2 \$3.99 EA

Old El Paso™ Dinner Kits 264-510 g or salsa 650 g Selected Varieties 20795534\_EA **2/\$9** LESS THAN 2 \$4.99 EA

OldElPasoContest.ca

\*NO PURCHASE NECESSARY. TO ENTER: Purchase at least \$15 of participating Old El Paso products in one transaction on one receipt and snap a photo of your receipt. Upload your receipt and follow instructions at [www.oldelPASOcontest.ca](http://www.oldelPASOcontest.ca) to be entered for a chance to win one of (3) \$5,000 Grand Prizes. Open only to age of majority legal residents of Canada. Contest begins on April 4, 2024, at 12:00 AM (ET) and ends on May 16, 2024, at 11:59 PM (ET). Odds of winning depends on the number of entries received. For Official Rules, participating products & no purchase entry visit [www.oldelPASOcontest.ca](http://www.oldelPASOcontest.ca). Sponsor: General Mills Canada Corporation.

**vileda**

**SuperTwist XL** 20057952\_EA **11<sup>99</sup>**

**Oskar WITH DUSTPAN** 20007949\_EA **11<sup>99</sup>**

**EasyWring SPIN MOP & BUCKET SYSTEM** 20765408\_EA **44<sup>99</sup>**

**ProMist MAX SPRAY MOP** 21042793\_EA **27<sup>99</sup>**

**500<sup>+</sup>** all Vileda GLOVES, SPONGES, SCOURERS OR REFILLS SELECTED VARIETIES 20027109\_EA **SAVE UP TO 20% OFF**

**TRUSTED SOFTNESS. BETTER TEAR**

\*vs. leading US 1-ply bargain brand

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, soft 21549779\_EA

**Cleans Better So You Can Use Less\***

**17<sup>99</sup>** Charmin Bath Tissue, 12=48 roll, strong 21484810\_EA

\*vs. Leading USA 1-Ply Bargain Brand

**MORE ABSORBENT**

**+50% MORE ABSORBENT**  
 \*vs. leading ordinary brand.

**17<sup>99</sup>** Bounty Paper Towel, Select A Size, 6=12 roll 21515966\_EA

**THICKER AND MORE ABSORBENT**  
 \*vs. the leading US 2-ply napkin

**10<sup>99</sup>** Bounty Napkin 400's 21053171\_EA

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**THIRST IS EVERYTHING**

**Sprite OBEY YOUR THIRST**

**Sprite** 12x355 mL 20319214002\_C12 **2/\$12** LESS THAN 2 \$7.49 EA

**Coca-Cola soft drinks** selected varieties 6x710 mL 20304419001\_C06 **2/\$6** LESS THAN 2 \$3.99 EA

**Monster Energy® beverages** selected varieties 473 mL 20938249\_EA **2/\$6.50** LESS THAN 2 \$3.99 EA

**Glaceau smartwater® beverages** selected varieties 1 L 20154181\_EA **2/\$6** LESS THAN 2 \$3.99 EA

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations from May 2nd to May 8th, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.  
 † This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

**Life BRAND**

**Quality you can count on:**

**\$150 Value** when you buy 2

**1,500<sup>+</sup>** when you buy 2

**\$150 Value** when you buy 2

**1,500<sup>+</sup>** when you buy 2

Life Brand® body wash 710 mL or liquid hand soap refill 950 mL selected varieties and sizes **save up to 25% off** 2104537\_EA/21357582006\_EA

Life Brand® overnight maxi wing pads or regular liners selected varieties, 1-135's **save up to 25% off** 21202823\_EA/212034446\_EA

\*Satisfaction guaranteed or your money back with proof of purchase. Product availability may vary by store.





**LIBERTÉ**



**\$3.69**

Yoplait® Tubes® 8 x 56 g,  
Minigo® 6 x 60 g,  
Source® 630 g

20275868001\_EA  
21391318001\_EA



**\$6.99**

Liberté Greek®  
650 - 750 g

20642273\_EA  
21588215\_EA

**\$3.99**

Yoplait Source®  
Protein 4 x 100 g

21588150\_EA  
21588256\_EA



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APRIL 4<sup>TH</sup> - MAY 15<sup>TH</sup>  
**CHEER ON  
TEAM  
CANADA**  
& Earn Points<sup>†</sup>



OFFICIAL SUPPORTER  
SUPPORTEUR OFFICIEL



**5,000 pts**  
WHEN YOU SPEND \$15\*  
OR MORE

**10,000 pts**  
WHEN YOU SPEND \$25\* OR MORE

**2,000 pts**  
WHEN YOU SPEND \$10\*  
OR MORE



\*Participating General Mills products: Family size cereal (475 - 778g), Nature Valley retail size granola bars (120-230g) and Old El Paso dinner kits (250-510g). Minimum spend thresholds must be met in a single transaction before applicable taxes and after all coupons, discounts or PC Optimum™ points redemptions are deducted. Product availability may vary by store. We are not obligated to award points based on error or misprints. † PC Optimum™ points

**SNACK IT UP.**

MADE WITH  
**REAL  
FRUIT**

**iöGO**  
is taking  
over snack  
time.



**\$7.99**

iöGO  
0%, CREAMY OR LACTOSE-FREE  
16 X 100 G, YOGURT  
SELECTED VARIETIES



**\$3.99**

iöGO nano  
DRINKABLE YOGURT  
6 X 93 ML  
SELECTED VARIETIES

**\$15.99**

iöGO nano  
DRINKABLE YOGURT  
24 X 93 ML  
SELECTED VARIETIES

**\$10.99**

iöGO  
CREAMY  
2 KG, YOGURT  
SELECTED VARIETIES

**\$5.99**

iöGO nano  
DRINKABLE YOGURT  
900 ML  
SELECTED VARIETIES



**1,000**  
when you buy 2

**\$1**  
Value

BUY 2 OR MORE

**\$4**  
EA.

CASA MENDOSA OR  
WONDER TORTILLAS  
10"  
SELECTED VARIETIES



WONDER WRAPS Whole Wheat 10"  
640 g  
21182510\_EA

WONDER WRAPS WHITE 10"  
640 g  
20976826\_EA

CASA MEN TORTILLA 10"  
640 g  
20318788\_EA

CASA MEN TORTILLA  
Whole Wheat 10" 640 g  
20276307\_EA

Elevate your  
**FIESTA**  
this CINCO DE MAYO

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