

food Basics

WOW

HEINZ ALPHA GETTI
ALPHABET PASTA
IN TOMATO SAUCE
175g (6.17oz)
175g (6.17oz)
HEINZ SAUCE TOMATO

HEINZ BEANS ORIGINAL
In Tomato Sauce
390 ml (13.4 fl. oz.)
HIGH SOURCE OF FIBRE

Kraft
87¢ EACH

HEINZ CANNED MEAL OR BEANS
390 ml
SELECTED VARIETIES

Silk Almond
35% ALMOND
ZERO SUGAR
Delicious & Natural Taste
LIFE LACTOSE & DAIRY FREE

Silk NEXTMILK
PLANT-BASED MILK
TASTE LIKE DAIRY MILK
DAIRY-FREE

SILK ALMOND OR NEXTMILK BEVERAGE
1.8L (3.0L)
SELECTED VARIETIES

DANONE
288¢ EACH

KEURIG
GENUINE K-CLIP PODS
CAPSULES K-CLIP
AUTHENTIQUE

Timothy's
MEDIUM ROAST / TORREFACTION
MOYENNE

COLOMBIAN LA VEREDA
COLOMBIEN LA VEREDA

Keurig DrPepper
998¢ EACH

TIMOTHY'S COFFEE PODS
30'S
SELECTED VARIETIES

Jamieson
GENTLE/DOUCE
Iron/Fer
28 mg

Jamieson
VITAMIN D3
1,000 IU

Jamieson
CHEWABLE
C
500 mg

BONUS
100-20

JAMIESON CHEWABLE VITAMIN C OR D3
120 - 240'S
IRON 90'S
SELECTED VARIETIES

498¢ EACH

ALWAYS MORE

GET READY TO SAVE! GREAT PRICES START

PRICES IN THIS FLYER AVAILABLE AT OSHAWA, COURTCRICE, PICKERING, WOODSTOCK, & *Food Basics ranked first for competitive pricing among food retailers in Ontario according to the 2024 WOW Report

SHOP ONLINE FOR LESS

- ✓ SAME FLYER SAVINGS
- ✓ SAME FRESHNESS
- ✓ SAME-DAY PICKUP

[SHOP FOODBASICS.CA](https://shop.foodbasics.ca)

FREE IN-STORE PICKUP*

\$30 OFF

\$10 OFF ON YOUR FIRST 3 ONLINE ORDERS*



*Conditions apply. Details at foodbasics.ca

food Basics

THE GROCER WITH THE BEST COMPETITIVE PRICES* wQw Leger



WOWZA!

ATLANTIC SALMON FILLET FAMILY PACK 23.99/KG

WOWZA!
\$10⁸⁸ /LB

GUARANTEED FRESHNESS YOU CAN TRACE FROM THE CATCH TO THE CASE

ALWAYS CANADIAN WE LOVE LOCAL

FRESH BONELESS SKINLESS CHICKEN BREAST FAMILY PACK 10.27/KG

WOWZA!
\$4⁶⁶ /LB

MARC ANGELO ITALIAN SLICED DELI MEAT, PILLER'S KOLBASSA OR PEPPERONI FOR PIZZA OR IRRESISTIBLES GOAT CHEESE 100 - 375 G SELECTED VARIETIES

WOWZA!
\$4⁸⁸ EACH

PRODUCT OF ITALY

SCHNEIDERS BACON 375 G SELECTED VARIETIES

WOWZA!
\$3⁸⁸ EACH

LEMONS PRODUCT OF U.S.A. OR SOUTH AFRICA 2 LB BAG GALA, AMBROSIA, HONEYCRISP, McINTOSH, RED PRINCE OR RED DELICIOUS APPLES PRODUCT OF ONTARIO, CANADA FANCY GRADE 3 LB BAG

WOWZA!
\$2⁹⁸ EACH

WE LOVE LOCAL

BLUEBERRIES 170 G PRODUCT OF U.S.A. OR MEXICO NO. 1 GRADE SEEDLESS NAVEL ORANGES PRODUCT OF SPAIN OR EGYPT 3 LB BAG

WOWZA!
\$1⁸⁸ EACH

HÄAGEN-DAZS ICE CREAM 450 ML NOVELTIES 3-45 SELECTED VARIETIES

WOWZA!
\$4⁹⁸ EACH

vanilla almond amande

strawberry fraise

YELLOW ONIONS PRODUCT OF ONTARIO OR U.S.A. NO. 1 GRADE 2 LB BAG CARROTS PRODUCT OF ONTARIO, U.S.A. OR MEXICO NO. 1 GRADE 2 LB BAG BROCCOLI CROWNS PRODUCT OF U.S.A. OR MEXICO

WOWZA!
\$1²⁵ EACH

PREMIUM DOZEN ROSES ASSORTED COLOURS

WOWZA!
\$16⁸⁸ EACH

HAPPY MOTHER'S DAY

HEREFORD CORNED BEEF OR SPAM LUNCHEON MEAT 340 G GOLD SEAL PINK SALMON 213 G OCEAN'S ALBACORE TUNA 170 G SELECTED VARIETIES

WOWZA!
\$2⁹⁸ EACH

ALWAYS MORE FOR LESS

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MAY 9TH TO WEDNESDAY, MAY 15TH, 2024

PRICES IN THIS FLYER AVAILABLE AT OSHAWA, COURTCICE, PICKERING, WOODSTOCK, STRATHROY, ST. THOMAS, PORT COLBORNE, FONTHILL, ST. CATHARINES AND WELLAND STORE LOCATIONS ONLY. *Food Basics ranked first for competitive pricing among food retailers in Ontario according to the 2024 WOW Report based on an in-store customer experience study conducted by Leger among 12,000 respondents from October 12th to November 22nd, 2023.

WOWZA!

CRACKER BARREL TEX MEX 120 G
BLACK DIAMOND CHEESTRINGS OR STICKS 252 - 384 G
CRACKER BARREL SHREDDED CHEESE 320 G
 SELECTED VARIETIES

\$ 5.99 EACH

Dempster's 12 GRAIN 100% WHOLE GRAINS
Dempster's Signature BUNS 5 - 8'S
 SELECTED VARIETIES

\$ 2.99 EACH

Natrel LACTOSE-FREE OR ORGANIC MILK 2 L
SIGGI'S SKYR YOGURT 750 G
 SELECTED VARIETIES

\$ 4.99 EACH

McCain Superfries EXTRA CRISPY CROQUETILLANTES
McCain Superfries EXTRA CRISPY CROQUETILLANTES
 SELECTED VARIETIES

\$ 2.99 EACH

HELLMANN'S REAL VRAIE MAYONNAISE 750 - 850 ML
 SELECTED VARIETIES

\$ 5.99 EACH

GENERAL MILLS HONEY NUT CHEERIOS 430 G
GENERAL MILLS CINNAMON TOAST CRUNCH 354 G
QUAKER HARVEST CRUNCH 475 G
 SELECTED VARIETIES

\$ 3.33 EACH

COCA-COLA CANADA DRY OR PEPSI 6 x 750 ML
 SELECTED VARIETIES

\$ 3.99 EACH

CLOVER LEAF LIGHT TUNA 770 G
CLOVER LEAF FLAVOURED TUNA 85 G
 SELECTED VARIETIES

\$ 1.49 EACH

COCA-COLA ORIGINAL TASTE 12 x 330 ML
PEPSI 12 x 330 ML
 SELECTED VARIETIES

\$ 6.99 EACH

Doritos 110 G
Ruffles 110 G
Cheetos 110 G
 RUFFLES POTATO CHIPS, DORITOS TORTILLA CHIPS, SMARTFOOD POPCORN, CHEETOS OR MUNCHIES SNACKS
 150 - 285 G SELECTED VARIETIES

2/6.50

Cashmere BATHROOM TISSUE 12 x 24'S
Sponge Towels Ultra 12 x 24'S
Scottie's FACIAL TISSUE 6'S
 SELECTED VARIETIES

\$ 7.49 EACH

TIDE OR GAIN LAUNDRY DETERGENT 49 - 107 LOADS, 2.48 - 4.35 L
DOWNY FABRIC SOFTENER 150 LOADS, 7.29 L
 SELECTED VARIETIES

\$ 14.99 EACH

***IN STOCK POLICY:** Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. For the flyer applicable to your area, go to foodbasics.ca/flyer or see the flyer at your local store. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional errors that may occur in the copy or in illustration. References to savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. UNAUTHORIZED COPYING OF THIS FLYER IN ANY MEDIUM (INCLUDING POSTING ONLINE) WITHOUT THE PRIOR WRITTEN CONSENT OF METRO ONTARIO INC. IS NOT PERMITTED. CUSTOMER CARE: 1-866-595-5554

9:21



DIGITAL DEAL OF THE WEEK

SAVE \$3



**BLACK DIAMOND
SHREDED CHEESE***
907 G

VISIT OUR APP FOR DETAILS.
*LIMIT ONE PER CUSTOMER,
PER TRANSACTION.

DIGITAL DEAL Food Basics

14⁹⁹ EACH

\$17.99 WITHOUT COUPON

NEW DEALS ON THE FOOD BASICS APP





ALWAYS FRESH

ALWAYS GREAT PRICES

ALWAYS IN STOCK

ALWAYS

Save Every Day



SELECTION LOAF CAKE
400 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
3.99
EACH



SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.49
EACH



SELECTION SLICED DELI MEAT
400 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
8.99
EACH



SELECTION OR IRRESISTIBLES LIFE SMART BEANS
540 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
1.49
EACH

**ALWAYS
MORE
FOR LESS**

**MEANS
MORE**

Ways to Save



**OVER 3000
WEEKLY DEALS
IN STORE**

ALWAYS GREAT PRICE
249
EACH

**EVERYDAY
LOW PRICES**



DIGITAL DEAL
399
EACH
\$4.99 WITHOUT COUPON

**EXCLUSIVE
APP
OFFERS**



**LOCKED
DOWN**

Inevitables
Selection

**PRIVATE LABEL
SAVINGS**

V.I.P.
\$ \$ \$
**VERY INCREDIBLE
PRICE EVENT**

**CRAZY
SALE 8**

**WOW
ZA!**
\$ \$

**W
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W
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!**

TONS OF NEW DEALS EVERY WEEK

PEPSICO CANADA

SunChips - MULTIGRAINS - HARVEST CHEDDAR CHEDDAR DE CAMPAGNE \$3.99 EACH

Miss Vickie's ORIGINAL RECIPE RECETTE ORIGINALE \$3.99 EACH

ROLD GOLD SNACKS 370 G \$3.99 EACH

STICKS-BÂTONNETS 370 g \$3.99 EACH

QUAKER CHERRY BARS 120 - 116 G \$2/4.50

DIPPS CHOCOLATEY CHIP BRISURES CHOCOLATÉES \$2/4.50

GATORADE SPORT DRINKS 6 x 250 ML \$5.49 EACH

MONTELLIER CARBONATED WATER OR BUBLY SPARKLING WATER BEVERAGE 12 x 250 ML \$5.99 EACH

bubly sparkling water limebub 12 x 250 ML \$5.99 EACH

Summer Fresh

Tzatziki Yogurt Dip - Trempeite au yaourt \$2.99 EACH

Hummus \$2.99 EACH

Hummus \$4.49 EACH

Hummus \$5.49 EACH

Hummus \$6.49 EACH

Hummus \$7.99 EACH

Summer Fresh Deli Salads \$7.99 EACH

Dare

Veggie Crisps \$2/5.50

Dare Ultimate Fudge \$2/\$5

Dare Ultimate Maple \$2/\$5

Bear Paws \$2.99 EACH

Whippet Sticks \$2.99 EACH

Breton original \$2/5.50

Vinta ORIGINAL \$2/5.50

Juicee Jubes \$3.99 EACH

Juicee Bears \$3.99 EACH

General Mills

Mini 90 \$2/\$5

Yoplait Tubes \$2/\$5

Annie's \$2/\$5

Annie's Shells & Cheese \$2/\$5

Old El Paso Dinner Kit \$3.99 EACH

Old El Paso Salsa \$3.99 EACH

Liberté Grec Greek \$2.99 EACH

Liberté \$2.99 EACH

Nature Valley Trail Mix \$2.99 EACH

Nature Valley Granola Bars \$2.99 EACH

LACTALIS CANADA

Lactantia UltraPur \$5.49 EACH

Lactantia PurFiltre \$3.99 EACH

iöGO YOGURT \$6.49 EACH

Black Diamond \$4.49 EACH

Black Diamond \$4.49 EACH

Parkay \$4.99 EACH

Minute Maid

Simply Orange \$3.99 EACH

Minute Maid Tetras \$2.99 EACH

Simply Orange \$3.99 EACH

Minute Maid Lemonades \$3.49 EACH

Simply Orange \$3.99 EACH

Minute Maid Lemonades \$3.49 EACH

Minute Maid Orange Juice or Drinks \$2/\$3

PRODUCE

WE LOVE LOCAL
SEEDLESS CUCUMBER
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

THIS WEEK ONLY
2/\$3

WE LOVE LOCAL
BLACKBERRIES
PRODUCT OF U.S.A. OR MEXICO
NO. 1 GRADE 150-170 G

THIS WEEK ONLY
2.98
EACH

WE LOVE LOCAL
WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

1 LB
THIS WEEK ONLY
3.98
EACH

FIRST OF THE SEASON
WE LOVE LOCAL
ASPARAGUS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB

WE LOVE LOCAL
TOMATOES ON THE VINE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
4.37/KG

THIS WEEK ONLY
1.98
/LB

Clementines
CLEMENTINES
PRODUCT OF SPAIN OR MOROCCO
2 LB BAG

THIS WEEK ONLY
3.98
EACH

WE LOVE LOCAL
KIWIS
PRODUCT OF GREECE, 600 G

THIS WEEK ONLY
3.98
EACH

WE LOVE LOCAL
KALE
PRODUCT OF U.S.A.

THIS WEEK ONLY
1.98
EACH

EXTRA LARGE
EXTRALARGE RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA OR CHILE
NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3.98
/LB

Fresh Florida
GREEN BEANS HARICOTS VERTS
PRODUCT OF U.S.A.
340 G

THIS WEEK ONLY
3.77
EACH

SWEET CORN
PRODUCT OF U.S.A.
PKG OF 4

THIS WEEK ONLY
3.98
EACH

Dole
CLASSIQUE Kit
CAESAR CÉSAR
SALAD KITS
PRODUCT OF U.S.A.
188 - 303 G
SELECTED VARIETIES

THIS WEEK ONLY
3.98
EACH

Dole
SUPREME Kit
SOUTHWEST SALADE DU SUD
SALAD KITS
PRODUCT OF U.S.A.
188 - 303 G
SELECTED VARIETIES

THIS WEEK ONLY
3.98
EACH

LIMES
LIMES
PRODUCT OF MEXICO OR BRAZIL, 1 LB BAG

THIS WEEK ONLY
2.98
EACH

WE LOVE LOCAL
HOTHOUSE GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO
NO. 1 GRADE 215 G

THIS WEEK ONLY
1.98
EACH

WE LOVE LOCAL
MINI CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO. 1, 397 G

THIS WEEK ONLY
1.98
EACH

WE LOVE LOCAL
MINI SEEDLESS WATERMELON
PRODUCT OF U.S.A.

THIS WEEK ONLY
3.98
EACH

THE LITTLE POTATO CO.
LITTLE YELLOWS PITTES JAUNES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
680 G

THIS WEEK ONLY
2.98
EACH

WE LOVE LOCAL
LPC POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
680 G

THIS WEEK ONLY
2.98
EACH

WE LOVE LOCAL
AVOCADOS
PRODUCT OF MEXICO OR PERU BAG OF 5 OR 8

THIS WEEK ONLY
4.98
EACH

WE LOVE LOCAL
SWEET ASSORTED PEPPERS
PRODUCT OF HONDURAS OR MEXICO, PKG OF 4

THIS WEEK ONLY
4.98
EACH

WE LOVE LOCAL
ONTARIO HEIRLOOM TOMATOES
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
547 G

THIS WEEK ONLY
2.98
EACH

WE LOVE LOCAL
ONTARIO GREENHOUSE STRAWBERRIES
PRODUCT OF ONTARIO
CANADA NO. 1
340 G

THIS WEEK ONLY
3.98
EACH

IRRESISTIBLES NUTS
200 - 250 G
SELECTED VARIETIES

THIS WEEK ONLY
3.98
EACH

Fontaine Santé
TOFU
400 G
SELECTED VARIETIES

THIS WEEK ONLY
2/\$5

MEAT

FRESH FROM THE FARM OR ZABIHA HALAL WHOLE CHICKEN
WASH CHILLED
7.69/KG

THIS WEEK ONLY
3.49
/LB

FRESH MEDIUM GROUND BEEF FAMILY PACK
11.00/KG

THIS WEEK ONLY
4.99
/LB

BUTTERBALL
BUTTERBALL FRESH RAISED WITHOUT ANTIBIOTICS SEASONED TURKEY THIGHS OR DRUMSTICKS 9.90/KG

THIS WEEK ONLY
4.49
/LB

SELECTION HONEY GARLIC MIEL D'AIL
FRESH SELECTION PORK SAUSAGES
FAMILY PACK
HOT MILD, HONEY GARLIC OR BREAKFAST
9.90/KG

THIS WEEK ONLY
4.49
/LB

Chicken Wings Ailes de poulet
CHICKEN WINGS, SPICE GLAZED
AILES DE POULET, MARISEUX, BLANCHES
1.2 kg

THIS WEEK ONLY
10.99
EACH

TILLSONBURG SPLIT CHICKEN WINGS
INCLUDING HALAL
1.2 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
10.99
EACH

FRESH BONELESS PORK COMBINATION CHOPS
INCLUDING CENTRE CUT CHOPS
11.00/KG

THIS WEEK ONLY
4.99
/LB

CHICKEN INCH
POULTE
BACON

THIS WEEK ONLY
4.99
EACH

Maple Lodge
ULTIMATE DINNER OR BREAKFAST SAUSAGES OR CAVENDISH POTATO PATTIES
375 G - 1.2 KG
SELECTED VARIETIES

THIS WEEK ONLY
4.99
EACH

SELECTION SMOKED BONELESS HALF HAM
675 G SELECTED VARIETIES

THIS WEEK ONLY
\$8
EACH

SCHNEIDERS SMOKIES OR ORIGINAL JUMBO WIENERS
800 G - 1.5 KG
SELECTED VARIETIES

THIS WEEK ONLY
11.99
EACH

Buddig
SLICED DELI MEAT
25 G
SELECTED VARIETIES

THIS WEEK ONLY
1.49
EACH

Tre Stelle
PANIERI
TRE STELLE PANIERI HALLOUMI
200 - 230 G
SELECTED VARIETIES

THIS WEEK ONLY
4.99
EACH

Maple Leaf
NATURAL SELECTION 5 SLICED DELI MEAT
125 - 175 G SELECTED VARIETIES

THIS WEEK ONLY
4.99
EACH

Pogo
ORIGINAL BREADED SAUSAGES
1.5 KG FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
13.99
EACH

Fontaine Santé
SANTÉ SALADS OR RESER'S SIDES
350 - 547 G
SELECTED VARIETIES

THIS WEEK ONLY
4.99
EACH

SEAHORSE
COOKED SHRIMP
91 - 120 CT
340 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
6.49
EACH

Naturalia
LIFE SMART NATURALIA COD, HADDOCK OR SOLE FISH FILLETS
140 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
7.99
EACH

Pan-Sear
HADDOCK
CATCH OF THE DAY FISH FILLETS
425 - 1.12 KG
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
11.99
EACH

BAKERY

IRRESISTIBLES BRIOCHE BREAD OR BUNS
480 - 500 G
SELECTED VARIETIES

THIS WEEK ONLY
4.49
EACH

SELECTION BAGELS
340 - 310 G
ENGLISH MUFFINS
6'S
SELECTED VARIETIES

THIS WEEK ONLY
1.99
EACH

Apple Pommes
IRRESISTIBLES PIE
750 G - 1 KG
COFFEE CAKE
850 G SELECTED VARIETIES

THIS WEEK ONLY
6.99
EACH

SELECTION SQUARES
400 - 450 G
CHARLOTTE'S CAKE
400 - 475 G
SELECTED VARIETIES

THIS WEEK ONLY
5.49
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES. ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

LOCKED DOWN



ASTRO ORIGINAL OR BIOBEST YOGOURT
630 - 750 G
SELECTED VARIETIES

267
EACH



PILLSBURY PIZZA POPS
380 G
TOASTER STRUDEL
326 G FROZEN
SELECTED VARIETIES

299
EACH



DANONE TWO GOOD GREEK YOGURT
SELECTED VARIETIES

333
EACH



JORDANS MORNING CRISP OR MUESLI CEREAL
400 G
SELECTED VARIETIES

599
EACH



NATURA ORGANIC SOY BEVERAGE
946 ML
SELECTED VARIETIES

249
EACH



POWERADE SPORT DRINK OR PEATEA ICED TEA
495 - 750 ML
SELECTED VARIETIES

99¢
EACH



ROCKSTAR ENERGY DRINK
473 ML
SELECTED VARIETIES

249
EACH



HALO TOP FROZEN DESSERT
473 ML
SELECTED VARIETIES

649
EACH



TROPHY CASHEWS OR DELUXE MIXED NUTS
200 G
SELECTED VARIETIES

349
EACH



GALLO OLIVE OIL
1 L

1499
EACH



CAMPBELL'S CONDENSED SOUP
284 ML
SELECTED VARIETIES

199
EACH



CLUB HOUSE SPICES
70 - 270 G
SELECTED VARIETIES

599
EACH



HAMBURGER HELPER
165 - 200 G
SELECTED VARIETIES

199
EACH



ALLEN'S WHITE OR CLEANING VINEGAR
2.5 - 4 L
SELECTED VARIETIES

299
EACH



PLEDGE FURNITURE POLISH
275 G
SELECTED VARIETIES

699
EACH



LYSOL DISINFECTANT SPRAY OR WIPES
350 G, 75 - 84'S
SELECTED VARIETIES

599
EACH



AIR WICK SPRAY OR REFILLS
175 - 180 G, 20 ML
SELECTED VARIETIES

699
EACH



ALCAN ALUMINIUM FOIL
180 G, 20 ML
SELECTED VARIETIES

799
EACH

Happy Mother's Day

\$10 OFF

\$50 Boston Pizza and \$50 H&M Gift Cards

Offer valid May 9 - 15, 2024

Available at 



\$50



\$50/\$05

Always the perfect gift
Toujours le cadeau idéal

ALWAYS GREAT PRICE



IRRESISTIBLES PIZZA
340 - 390 G FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.97
EACH



IRRESISTIBLES FRUIT
400 - 600 G FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

4.44
EACH



SELECTION CHOCOLATE CHIPS
835 G - 1 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE

10.99
EACH



SELECTION DRINKS
283 ML FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

99¢
EACH



1.13 KG

SELECTION DELUXE MIXED NUTS
1.13 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE

19.99
EACH



IRRESISTIBLES OR SELECTION PARMESAN CHEESE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

6.49
EACH



IRRESISTIBLES CRANBERRY COCKTAIL OR JUICE BLENDS
1.89 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.99
EACH



SELECTION ORIENTAL SAUCE
350 - 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.99
EACH



SELECTION KETCHUP
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.27
EACH



SELECTION SALAD DRESSING
473 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.79
EACH



SELECTION FLAVOURED SPARKLING WATER
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

99¢
EACH



SELECTION RELISH
375 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.79
EACH



SELECTION OR LIFE SMART SWEETENER
300 G
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.99
EACH



SELECTION CANNED FRUIT
390 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.99
EACH



SELECTION ECO PAPER STRAWS
100'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.99
EACH



SELECTION BOWLS OR PAPER PLATES
24 - 30'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

4.99
EACH



SELECTION DISHWASHING DETERGENT
600 - 828 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.97
EACH



SELECTION BLEACH
2.4 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.49
EACH

SHARE A
S'MORE
LIKE NEVER BEFORE



CADBURY DAIRY MILK BARS
200 G
SELECTED VARIETIES
LOCKED DOWN
3.99
EACH



CADBURY CHOCOLATE POUCHES
152 - 170 G
SELECTED VARIETIES
LOCKED DOWN
3.99
EACH



CHRISTIE HONEYMAID WAFERS
400 G
SELECTED VARIETIES
LOCKED DOWN
4.99
EACH



SELECTION MARSHMALLOWS
554 G
SELECTED VARIETIES
ALWAYS GREAT PRICE
2.99
EACH

COCOA LIFE IS OUR SUSTAINABLE COCOA SOURCING PROGRAM THAT DOES GOOD BY ENCOURAGING RESPONSIBLE FARMING, AND BY HELPING FIGHT DEFORESTATION AND SUPPORT COCOA FARMING COMMUNITIES. COCOALIFE.ORG

**START YOUR
SUMMER
RIGHT**



CHRISTIE FAMILY SIZE COOKIES
408 - 488 G
SELECTED VARIETIES



LOCKED DOWN
3.99
EACH



SOUR PATCH KIDS OR FUZZY PEACH MAYNARDS CANDY
150 - 154 G
SELECTED VARIETIES
LOCKED DOWN
3/\$7



CHRISTIE BITS & BITES OR CRISPERS SNACKS
145 G
SELECTED VARIETIES

LOCKED DOWN
2.49
EACH



TRISCUIT CRACKERS
185 - 200 G
SELECTED VARIETIES



LOCKED DOWN
2.49
EACH



CHRISTIE RITZ OR WHEAT THINS CRACKERS
180 - 386 G
SELECTED VARIETIES

LOCKED DOWN
2.49
EACH



OREO OR CHIPS AHOY! MINI SNAK PAKS
150 - 156 G
SELECTED VARIETIES
LOCKED DOWN
2.49
EACH



CHRISTIE PEAK FREANS OR DAD'S OATMEAL COOKIES
275 - 330 G
SELECTED VARIETIES

LOCKED DOWN
2/\$6

BREAKFAST FOR MOM



HAPPY MOTHER'S DAY
4.99
EACH

IRRESISTIBLES MUFFINS 500 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
4.49
/LB

FRESH SELECTION PORK SAUSAGES FAMILY PACK 10% MEAT, HONEY GARLIC OR BREAKFAST 9.90/KG



HAPPY MOTHER'S DAY
4.49
EACH

NESTLÉ COFFEE MATE 820 - 946 ML SELECTED VARIETIES



HAPPY MOTHER'S DAY
4.44
EACH

SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER 750 G - 1 KG SELECTED VARIETIES



HAPPY MOTHER'S DAY
3.88
EACH

IRRESISTIBLES ORANGE JUICE 1.5 L SELECTED VARIETIES



HAPPY MOTHER'S DAY
3.99
EACH

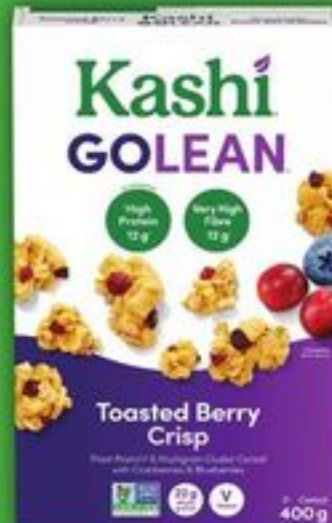
VERY HIGH FIBRE MADE WITH 100% WHOLE GRAIN ORIGINAL

KELLOGG'S MINI-WHEATS 510 G VECTOR CEREAL 400 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
3.99
EACH

ACTIVIA YOGOURT 8'S SELECTED VARIETIES



HAPPY MOTHER'S DAY
4.99
EACH

KASHI CEREAL 345 - 460 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
6.99
EACH

LIFE SMART NATURALIA FREE RUN OMEGA-3 EGGS 12'S SELECTED VARIETIES



HAPPY MOTHER'S DAY
2.88
EACH

SELECTION OATS 1 KG INSTANT OATMEAL 330 - 430 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
5.99
EACH

SELECTION HONEY 375 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
2.77
EACH

SELECTION WAFFLES OR PANCAKES 280 - 320 G FROZEN SELECTED VARIETIES



HAPPY MOTHER'S DAY
11.47
EACH

STARBUCKS NESPRESSO VERTUO COFFEE CAPSULES 8 - 10'S SELECTED VARIETIES



HAPPY MOTHER'S DAY
3.49
EACH

BURNBRAE EGG BAKES 90 G FROZEN SELECTED VARIETIES



HAPPY MOTHER'S DAY
2.97
EACH

SELECTION WHIPPING CREAM 473 ML SELECTED VARIETIES



HAPPY MOTHER'S DAY
4.49
EACH

IMPERIAL MARGARINE 837 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
2.99
EACH

BETTY CROCKER BROWNIE MIX 440 G SELECTED VARIETIES



HAPPY MOTHER'S DAY
2.97
EACH

SELECTION PANCAKE MIX 80'S TABLE SYRUP 750 ML SELECTED VARIETIES

HAPPY MOTHER'S DAY



HAPPY MOTHER'S DAY
16⁸⁸
EACH

PREMIUM DOZEN ROSES ASSORTED COLOURS



HAPPY MOTHER'S DAY
18⁸⁸
EACH

MOTHER'S DAY MIXED BOUQUET ASSORTED COLOURS



HAPPY MOTHER'S DAY
\$12
EACH

MIXED LARGE BOUQUET ASSORTED COLOURS



HAPPY MOTHER'S DAY
\$15
EACH

MIXED SIGNATURE BOUQUET OR GRAB'N GO VASE ARRANGEMENT ASSORTED COLOURS



HAPPY MOTHER'S DAY
\$7
EACH

10 STEM TULIPS



HAPPY MOTHER'S DAY
11⁸⁸
EACH

15 STEM CARNATIONS ASSORTED COLOURS



HAPPY MOTHER'S DAY
6⁸⁸
EACH

4.5" SINGLE BLOOM HYDRANGEAS ASSORTED COLOURS



HAPPY MOTHER'S DAY
\$25
EACH

MIXED DELUXE BOUQUET ASSORTED COLOURS



HAPPY MOTHER'S DAY
8⁹⁸
EACH

6" MINI ROSES



HAPPY MOTHER'S DAY
14⁸⁸
EACH

5" PREMIUM ORCHIDS OR 6" HYDRANGEAS ASSORTED COLOURS



HAPPY MOTHER'S DAY
5⁹⁸
EACH

6" ASSORTED SPRING BULBS



HAPPY MOTHER'S DAY
10⁹⁸
EACH

ASSORTED FRUIT PLANTS 1 GALLON SELECTED SORTS WHILE QUANTITIES LAST



HAPPY MOTHER'S DAY
12⁹⁸
EACH

10" HANGING BASKETS SELECTED SORTS WHILE QUANTITIES LAST



HAPPY MOTHER'S DAY
19⁹⁸
EACH

10" MAJESTY PALMS SELECTED SORTS WHILE QUANTITIES LAST