

EST. 1963

Bidgood's

YOUR LOCAL GROCER

Bidgood's Customer Loyalty Program
You can now use your unique 50/50 number to accumulate reward points!!

Need a number?
Visit our website to register!



HAPPY MOTHER'S DAY

Thanks for being you!



don't forget the

STEAK & LOBSTER FOR MOM!

RED RIPE STRAWBERRIES
California #1
1 lb clamshell



2/\$7



CANADIAN AA OR HIGHER PRIME RIB GRILLING STEAK
Family Pack
24.23 kg

10⁹⁹
lb
SAVE \$9.69/lb

RUSSET POTATOES
PEI #1 • 10 lb bags
Reg. 7.99



4⁹⁹
SAVE \$3.00



FRESH BONELESS PORK LOIN ROASTS
6.59 kg
Family Pack

SAVE \$3.43/lb
2⁹⁹
lb



SCHNEIDERS SLICED SMOKED HAM
600g • Reg. 14.99

HOT DEAL

7⁹⁹



BABY BELL PEPPERS
Ontario #1
4 pk

4⁹⁹



SAVE \$2.50

HÄAGEN-DAZS ICE CREAM 450mL
or NOVELTIES 3.7 pk • Assorted
Reg. 7.49

4⁹⁹



HOT DEAL

8" RHUBARB STRAWBERRY PIE
Seconds • Reg. 5.99

HOT DEAL
3⁹⁹



SAVE \$2.00

BLACK DIAMOND CHEESE SLICES
410g • Assorted • Reg. 5.99

3⁹⁹



50¢ A CAN!

PEPSI PRODUCTS 24x355mL • Assorted

11⁹⁹



SAVE \$1.52

CATELLI MEAT PASTA SAUCE
398mL • Assorted • Reg. 3.99

1⁷⁷



900g SIZE!

PRIMO PASTA 900g • Assorted

2/4⁴⁴



Crispers

CHRISTIE CRISPERS or BITS & BITES 145g • Assorted

2/\$5



3/\$5

MARIO'S BONELESS CHUNK CHICKEN BREAST
127g



4⁴⁹

MINUTE MAID SIMPLY JUICE
1.54L • Assorted



HOT DEALS

HOT DEAL
3⁹⁹

PHILADELPHIA CREAM CHEESE
250g Brick • Regular or Light • Reg. 5.49



IMPERIAL MARGARINE
637g • Reg. 6.99

3⁹⁹
HOT DEAL



ARMSTRONG CHEESE BLOCKS
400g • Assorted • Reg. 8.49

4⁹⁹
HOT DEAL

PRICES IN EFFECT MAY 9 10 11 12 13 14 15 2024

Fresh Produce

NEW CROP

SWEET CARROTS Mexico #1
or **YELLOW ONIONS** US #1
2 lb bags

3⁹⁹

NEW CROP

SWEET CRUNCHY AMBROSIA APPLES
Washington #1
5.49 kg

2⁴⁹ lb

FRESH BROCCOLI
California #1

3⁹⁹

SWEET RIPE HONEYDEW MELONS
Imported #1

5⁹⁹

BUY 1 GET 500 BONUS POINTS

GRAPE TOMATOES
Mexico #1 • Pint basket

2⁹⁹

HOT DEAL

2/\$3

GREEN KIWIFRUIT
Chile #1
600g basket

5⁹⁹

SEEDLESS CUCUMBERS
Ontario #1

2/\$3

PLUMP RIPE TOMATOES ON THE VINE
Ontario #1
5.49 kg

2⁴⁹ lb

SWEET JUICY CARA CARA ORANGES
California #1 • 4.39 kg

1⁹⁹ lb

FRESH AVOCADOS
Mexico #1

2/\$5

SWEET POTATOES
US #1
5.49 kg

2⁴⁹ lb

ORGANIC BLUEBERRIES
Mexico #1
6 oz clamshell

4⁴⁹

Sunshine Salad



- 1/2 cup candied pecans
- 1 bottle raspberry vinaigrette
- 1/4 cucumber, peeled and sliced
- 1 tomato, cut into wedges
- 1/2 cup crumbly blue cheese
- 1 head Romaine lettuce, sliced
- 1 (11 oz) can mandarin oranges
- 1 (6 oz) container spring mix greens
- 4 strawberries, hulled and fanned
- 2/2 cup dried cranberries
- 1/4 yellow bell pepper, cut in strips
- 1/4 red onion sliced thin

Put spring mix greens in pretty bowl. Cut Romaine lettuce in slices. Mix with other greens. Cut yellow bell pepper in thin slices and place all together in one spot on greens. Peel cucumber and slice thin; placing in one spot on top of greens. Slice thin 1/4 of red onion, and place on top of greens. Cut tomato in half and then in wedges; placing on top of greens all in one place.

Take 4 strawberries, hull them and keeping whole, put slices not going all the way to the top, so you can fan them out. Add to the greens.

Sprinkle mandarin oranges on top of everything.

Sprinkle crumbly blue cheese on top of that.

Take a handful of candied pecans and the dried cranberries and put on top.

Serve with a raspberry vinaigrette.

Breakfast

BECEL MARGARINE
427g Assorted

4⁹⁹

EGGO WAFFLES
560g Assorted • Reg. 7.99

SAVE \$2.00

5⁹⁹

BONNE MAMAN HAZELNUT COCOA SPREAD 250g • Reg. 4.49

SAVE \$1.50

5⁹⁹

DEL MONTE MORNING SUNSHINE JUICE 2.5 L • Assorted

6⁹⁹

MOTT'S GARDEN COCKTAIL
945mL • Reg. 3.49

SAVE \$1.00

2⁴⁹

FOLGERS INSTANT COFFEE
200g

BUY 1 GET 500 BONUS POINTS

8⁴⁹

JUMPING BEAN WHOLE BEAN COFFEE 1 lb • Assorted

12⁹⁹

STARBUCKS CREAMERS
82mL Assorted

7⁹⁹

TETLEY SPECIALTY TEA
20-24 ct • Assorted

4⁴⁹

RED ROSE ORANGE PEKOE or DECAFFEINATED TEA BAGS
48-72 ct • Reg. 6.79

SAVE \$1.80

4⁹⁹

QUAKER INSTANT OATMEAL
232-344g • Selected • Reg. 4.99

SAVE \$1.00

3⁹⁹

QUAKER CAP'N CRUNCH
350g • Assorted • Reg. 5.79

SAVE \$1.80

3⁹⁹

POST SHREDDED WHEAT, SHREDDIES or HONEY BUNCHES OF OATS CEREAL
340-440g • Assorted

4⁴⁹

ASTRO YOGURT 12x100g Assorted • Reg. 7.59

SAVE \$1.60

5⁹⁹

ASTRO YOGURT TUB
750g • Assorted • Reg. 4.99

SAVE \$1.00

3⁹⁹

ChoiceCuts

FRESH CHICKEN LEGS
6.59 kg • Family Pack
Now AIR-CHILLED



2⁹⁹
lb

SAVE \$1.02/lb



FRESH BONELESS PORK LOIN CHOPS
8.80 kg • Family Pack



SAVE \$3.23/lb
3⁹⁹
lb



TENDERIZED ROUND STEAK
22.02 kg
Family Pack



9⁹⁹
lb

CANADIAN AA OR HIGHER PRIME RIB OVEN ROAST
26.43 kg



SAVE \$8.69/lb
11⁹⁹
lb

FRESH OR FROZEN LEAN GROUND PORK
8.80 kg

SAVE \$1.00/lb
3⁹⁹
lb



HOT DEALS



SCHNEIDERS JUICY JUMBO WIENERS
450g
Reg. 7.99

4⁹⁹
HOT DEAL



SCHNEIDERS MAPLE THICK SLICED BACON
375g

4⁹⁹
HOT DEAL



MÈRE MICHEL HAM AND TURKEY COMBO PACK
375g • Reg. 9.00

\$6
HOT DEAL



24⁹⁹

SCHNEIDERS OUTLAW BEEF BURGERS
1.81 kg • 1/4 Pound • Reg. 29.99



2/\$6

CHRIS BROTHERS SLICED PEPPERONI or SALAMI 250g



13⁹⁹

CARDINAL ROADHOUSE CHICKEN BURGERS 852g



4⁹⁹

SUNRISE BOLOGNA
375g • Thick or Thin sliced • Reg. 6.49



BUY 1 GET 1000 BONUS POINTS

11⁹⁹

MAPLE LEAF PORK TENDERLOIN 400g or **ROTISSERIE CHICKEN** 600g



14⁹⁹

SOUTHERN FRIED BREADED CHICKEN 1 kg

Bidgood's Cove



8⁹⁹
lb

NEWFOUNDLAND SALT FISH BITS
19.82 kg • Product of Newfoundland



10⁹⁹

NORTHLAND NEWFOUNDLAND COLD WATER SHRIMP 340g



1⁹⁹
lb

FRESH NEWFOUNDLAND MUSSELS
4.39 kg



8⁹⁹

GREEN OCEAN SHRIMP RING 312g



25⁹⁹

WILD ARGENTINIAN SHRIMP 2 lb • 13/15

Frozen

MCCAIN RED BAG FRENCH FRIES
800g • Assorted
Reg. 5.49



SAVE \$1.50
3⁹⁹

GIUSEPPE GARLIC FINGERS 317g or **PANINIS** 250g Assorted



4⁴⁴



8⁹⁹

CAVENDISH SALT AND PEPPER FRITES 4 lb



14⁹⁹

MCCAIN PIZZA POCKETS
12 pk • Assorted

SAVE \$1.00

3⁹⁹

GREEN GIANT FROZEN VEGETABLES
750g • Assorted • Reg. 4.99



5⁴⁹

KRAFT COOL WHIP
1L • Assorted



6⁴⁹

MCCAIN DEEP 'N DELICIOUS CAKE 510g • Assorted

Grocery



SAVE \$1.20

3.79

TOWN HOUSE CRACKERS
260-391g • Assorted • Reg. 4.99



1.77

KRAFT DINNER
200g • Original



3/\$5

FAVORITE
FLAKED LIGHT TUNA
170g



SAVE \$1.20

3.99

CLOVER LEAF PACIFIC
PINK SALMON 213g • Reg. 5.19



4.79

LIMFJORD MARINATED MUSSELS
340g • Original



3.79

GENERAL MILLS TREAT BARS
120g • Assorted



SAVE \$1.50

3.49

QUAKER YOGURT GRANOLA
BARS 175g • Assorted • Reg. 4.99



HP
STEAK SAUCE
400mL

5.99



HEINZ AIOLI AND BURGER
SAUCES 355mL • Assorted

4.99



DEMPSTER'S
WHOLE GRAIN
BREADS
600g
Assorted

3.99



DARE
WHIPPET, ULTIMATE or MAPLE CREAM COOKIES
140-285g • Assorted

3.69



PILLSBURY APPLE TURNOVERS
383g

4.99



LACTANTIA BUTTER
454g • Salted or Unsalted • Reg. 8.99

6.99



TRUVIA SWEETENER
80 ct or 270g • Reg. 9.99

7.99



SAVE \$1.00

3.49

BETTY CROCKER FRUIT SNACKS
226g • Assorted • Reg. 4.49



PILLSBURY GRANDS
CINNAMON ROLLS 496g

4.99



MOTT'S FRUITSATIONS
UNSWEETENED APPLE SAUCE
620mL • Assorted

2.99



V8 VEGETABLE COCKTAIL
6x156mL

4.49



HEINZ TOMATO JUICE
1.36 L

4.99



2/\$7

MINUTE MAID JUICE BOXES
6x200mL • Assorted



JELL-O PUDDING or GELS
4 pk • Assorted

4.49



ROSE'S LIME CORDIAL or
GRENADINE 739mL • Reg. 5.29

SAVE \$1.30

3.99



OCEAN SPRAY SPARKLING
DRINKS 6pk • Assorted

6.99



WARREN'S PICKLED WIENERS
10 ct

11.99

Around the Home



SAVE \$4.50

18.99

CASHMERE
BATHROOM TISSUE
30 Jumbo Roll
Reg. 23.49



SAVE \$1.50

2.99

ULTRA PRO
SPONGE TOWELS
2 Roll
Reg. 4.49



4.99

DOVE SOAP
212g • Assorted



SAVE \$1.50

3.99

FEBREZE AIR
250g • Assorted • Reg. 5.49



1.99

VIM LEMON CREAM
CLEANSER 250g



SAVE \$1.72

3.77

OLD DUTCH LAUNDRY DETERGENT
2L • Assorted • Reg. 5.49



14.99

TIDE PODS
42 ct • Assorted

SAVE \$1.50

5.49

BOUNCE FABRIC SHEETS
80 ct • Assorted • Reg. 6.99



2/\$3

YELLOW LATEX HOUSEHOLD
GLOVES 1 pair • Assorted



SAVE \$2.00

3.99

ALCAN FOIL WRAP
50 ft • Reg. 5.99



SAVE \$5.00

8.99

SUNLIGHT DISHWASHER
PACK 48 ct • Reg. 13.99



2/4.44

RAINBOW SCRUBBY or SPONGE
CLEANING CLOTH 1 ct



PINESOL
1.4L • Assorted

5.99



SEPTOBAC SEPTIC TANK
POWDER 8 pk

5.99



SAVE \$3.00

7.99

CLR CLEANER
820mL • Reg. 10.99

Bakery & Deli



**BIDGOOD'S
BROCCOLI SALAD**
21.14 kg • Store made

9⁵⁹
lb



RACK OF RIBS
15.19 kg • Store made

6⁸⁹
lb



MAC AND CHEESE
12.10 kg • Store made
Pre-Packaged

5⁴⁹
lb



8" MINCEMEAT PIE
Store made
Pre-Packaged

7²⁹



7⁴⁹

**6 PK MOTHER'S DAY
CUPCAKES**
Store made

MOTHER'S DAY CAKES
Store made

13⁹⁹



**BUY 1
GET 500
BONUS
POINTS**



**LARGE
GARLIC BREAD**
Store made

4⁴⁹



**TRADITIONAL
APPLE IRISH
CUSTARD PIE**
600g
Store made

6⁹⁹

Baking



**FAVORITE
FLOUR**
7 lb
6⁹⁹



QUAKER MUFFIN MIXES
900g • Assorted or
PAM COOKING SPRAY 170g



5⁴⁹



HERSHEY'S CHIPITS
180-300g • Assorted

4⁴⁹



MAY is Celiac AWARENESS MONTH



**Betty Crocker
Gluten Free
Cookie Mix**
425g • Assorted
Sans gluten
Dore



**Betty Crocker
Gluten Free
Cookie Mix**
425g • Assorted
Sans gluten
Dore



**Betty Crocker
Gluten Free
Cookie Mix**
425g • Assorted
Sans gluten
Dore

Gluten Free

5⁹⁹

BETTY CROCKER GLUTEN FREE COOKIE AND CAKE MIXES
425-539g • Assorted



2/\$4

**KRAFT JET-PUFFED
MARSHMALLOWS**
250g • Assorted



2/4⁴⁴

**DR. OETKER SHIRRIFF
PIE CRUST** 270g



2⁹⁹
HOT DEAL

**DR. OETKER SHIRRIFF LEMON
PIE FILLING** 425g • Reg. 4.69



Gluten Free

4⁹⁹

**MI-DEL GLUTEN FREE
GRAHAM FLAVOURED
PIE CRUST** 200g



Gluten Free sans gluten

6⁹⁹

BISQUICK GLUTEN FREE 454g or
DAINTY GLUTEN FREE FLOUR 907g



Gluten Free

6⁹⁹

Pet Supplies

PUP OF THE WEEK



ARM & HAMMER CAT LITTER
6.4 kg • Assorted

10⁹⁹



FANCY FEAST WET CAT FOOD
12x85g • Assorted

12⁹⁹



PURINA ONE SMART BLEND
368g • Assorted

2⁴⁹



CESAR DOG FOOD
100g • Assorted

2/\$4



Drew

Treat Mom to Brunch

SAVE \$2.00



3.49

PEARL MILLING COMPANY PANCAKE MIX 905g
or SYRUP 710mL • Assorted • Reg. 5.49

SAVE \$2.00



3.49

KRAFT COOL WHIP
225g • Regular or Light • Reg. 5.49



6.49

CELLOGG'S CEREALS 480-625g • Selected

2/\$5



FUSSELL'S THICK CREAM
170mL

1.77



FAVORITE EVAPORATED MILK
354mL • Assorted

SAVE \$4.50



10.99

MAXWELL HOUSE GROUND COFFEE
925g • Reg. 14.49

4.99 HOT DEAL



SCHNEIDERS MAPLE THICK SLICED BACON
375g

3.99



CAVENDISH HASHBROWNS
800g

3.47 HOT DEAL



DORA MY SPREADS
500mL • Assorted • Reg. 4.49

2/6.50



DEMPSTER'S XTRA SANDWICH BREAD 675g • Assorted

SAVE \$1.50



4.49

JIF SQUEEZE CREAMY PEANUT BUTTER 375g • Reg. 5.99

6.99



EVERSWEET MARGARINE
850g

BUY 2 GET 500 BONUS POINTS

4.99



DOLE PINEAPPLE JUICE
1.36 L

5.44



CASA DI MAMA OR RISTORANTE PIZZA
320-410g • Assorted

SAVE \$2.30

7.99



HORNE'S GRAVY
1.36 L • Reg. 10.29

BUY 2 GET 500 BONUS POINTS

3.49



PRIMO KETCHUP
1L • Squeeze

SAVE \$2.10

4.49



MONTANA'S BBQ SAUCE
350mL • Assorted • Reg. 6.59

4.77



ALLEN'S WHITE VINEGAR
4L

2/\$6



DEMPSTER'S HOTDOG or HAMBURGER BUNS 8 pk • Assorted

2/\$6



HOSTESS CAKES
202-360g • Assorted

SAVE \$1.00

3.99



PILLSBURY EASY ROLL PIE CRUST 400g • Reg. 4.99

5.99



BLACK DIAMOND COMBO 129g or NATURAL SLICES 220-280g • Assorted

6.99



BLACK DIAMOND CHEESE SHREDS 300-320g • Assorted

SAVE \$4.00

6.99



IMPERIAL MARGARINE
1.36 kg • 79 cup squares
Reg. 10.99

13.99



PRIMO VEGETABLE OIL
3L

7.99



MINUTE RICE
1.2-1.4 kg • Regular or Whole Grain

4.77



MARIO'S CORNED BEEF 340g

3.49



ORVILLE REDENBACHER MICROWAVE POPCORN
3-4 pk TAKIS ROLLED TORTILLAS CHIPS 200-280g Assorted • Reg. 4.79

2/6.50



NATURE VALLEY SWEET & SALTY GRANOLA BARS 130-210g • Assorted

4/\$5



FRUIT 20 SPARKLING WATER
502mL • Assorted

2/6.50



OLD DUTCH POTATO CHIPS
225g • Family size • Assorted

2/5.50



PRINGLES CHIPS
148-182g • Assorted

3.99



PEPSI PRODUCTS
6x710mL • Assorted